SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS INFOGRAPHIC SNAPSHOT MALAWI 2021^{1*}

This country snapshot provides an overview of national data relating to sexual and reproductive health and rights (SRHR) throughout the life course. Realization of SRHR² requires provision of comprehensive, people-centred services, that address the different elements of SRHR, and which are supported by an enabling environment, quality health systems, and meaningful community engagement. Multiple, synergistic cross-linkages exist within and between the different SRHR elements, leading to sequential outcome benefits throughout the life course.³

By highlighting the national SRHR situation - including successes, areas for improvement, and data gaps - this snapshot can be used for determining priorities, planning of programmes, resource mobilization, and strengthening of health systems, service delivery and community engagement.

This snapshot uses the latest data publically available at the publication date¹, from reputable international sources (see endnotes for the year and source of each data point). It is acknowledged that intersectionality and people-centredness are not well reflected in available data, and that many categories of information currently collected are gender-binary.



CONTEXT

The Sustainable Development Goals (SDGs) and Universal Health Coverage (UHC) agendas provide important opportunities to realise sexual and reproductive health and rights for all, including key and vulnerable populations, and to reimagine and enhance equitable access and quality coverage of SRH services. Delivery of comprehensive SRHR interventions throughout the life course is an essential component of UHC.

 ND = No Data
 Global Targets:
 Achieved O
 Challenges remain O
 Major challenges remain O

Demographic data





Sexual and Reproductive Health



HIV incidence per 1,000 population (15+)¹⁷





HIV prevalence among adults (15-49)¹⁸



8.9%

ENABLING ENVIRONMENT

Supportive laws and policies, and access to justice are essential to eliminate stigma, discrimination, violence, coercion and exclusion in health care. Such laws and policies create a safe and supportive enabling environment that meets the SRHR needs of all people, especially key and vulnerable populations. Harmful laws need to be amended, and damaging practices need to be countered at all levels.

ND		No	Па	ta
	- '		Du	u

Achieved O Challenges remain O

Major challenges remain 🔘

Laws and policies

Impact on integrated SRHR: Supportive 🔵 Partial 🔶 Punitive 🔴

People living with HIV Are there laws or policies that:

Criminalize transmission, exposure or non- disclosure of HIV ¹⁹	Partial 🥚
Restrict entry, stay and residence of people living with HIV ²⁰	No 🌑
Protect against discrimination on basis of HIV status ²¹	Yes 🌑
Allow HIV self-testing ²²	Yes 🌑
Make oral pre-exposure prophylaxis for HIV (PrEP) available ²³	No 🔴

Global Targets:

Key populations Are there laws or policies that:

Criminalize same-sex sexual behaviour ²⁴	Yes 🔴
Criminalize sex work ²⁵	Partial 🛑
Allow the death penalty for people convicted of drug-related offences ²⁶	No 🌑
Support a harm reducation approach for people who use drugs ²⁷	No 🔴
Legally recognize a third gender ²⁸	ND

SRHR and gender-based violence Are there laws or policies that:

Allow safe abortion ²⁹	
- To save a woman's life	Yes 🔵
- To preserve a woman's physical health	ND 📃
- To preserve a woman's mental health	ND 📃
- In case of rape	ND 📃
- In case of incest	ND 📃
- Owing to foetal impairment	ND 📃
- For economic or social reasons	ND 📃
- On request	ND 🔵
Require spousal consent for married women to access SRH services ³⁰	No 🌑
Explicitly criminalize marital rape ³¹	No 🔴
Criminalize domestic violence ³²	Yes 🔴
Criminalize sexual harassment ³³	No 🔴
Require provision of CSE in primary school ³⁴	Yes 🔵
National strategy or policy on self-care interventions ³⁵	ND 🔵

Extent to which laws and regulations guarantee access to SRH care and education (SDG 5.6.2)³⁶





Laws requiring parental consent for adolescents to access SRH services³⁹

115

ND

Yes <14yrs

18

Women's empowerment

Percentage of women that Percentage of women (15-49) believe they should have final making SRHR decisions⁴¹ say in decisions regarding their own healthcare⁴⁰









Ranking

Male

Stigma

Male





HEALTH SYSTEMS



SERVICE DELIVERY: REPRODUCTIVE HEALTH

Global Targets:

Women have the right to decide whether, when and how many children they want to have, and to do so safely, without fear of acquiring STIs including HIV, or of maternal morbidity and mortality. Women require access to a choice of modern contraceptive methods and quality antenatal, childbirth and postnatal care, safe abortion care (to the full extent of the law), post abortion care and infertility services.

Achieved O

ND = No Data

Challenges remain 🔘

Major challenges remain O

ND

Contraception / Family Planning



once⁶⁴ At least 4 50.6% ۰ì times65

89.8%

Vertical transmission of HIV





Early infant diagnosis

(HIV-testing of infants at

Vertical transmission of syphilis

Tested for syphilis at 1st antenatal care visit⁷³





Percentage testing



5.9%

Vertical transmission (at

6.1%

Births by caesarean

section

||_|_||_||

12 months)⁷

Congenital syphilis rate⁷⁵ (per 100,000 live births)



Injection 51.6% Self injectable

Modern contraceptive method (women 15-49)⁶¹

Pill	4.1%
Male condom	3.3%
IUD	1.9%
Implant	19.8%
Female sterilization	18.8%
Other modern methods	0.5%

Postnatal checkup in first two days after birth⁶⁸



Primary infertility among women ND

Abortion

Abortions per 1,000 women (15-49)⁷⁶



SERVICE DELIVERY: SEXUAL HEALTH

Sexual health is a state of physical, emotional, mental and social well-being in relation to sexuality. It requires a positive and respectful approach to sexuality and sexual relationships, as well as the possibility of having pleasurable and safe sexual experiences, free of coercion, stigma, discrimination and violence.

12



SERVICE DELIVERY: SEXUAL AND REPRODUCTIVE HEALTH FOR ALL

Everyone has the right to access sexual and reproductive health services and information, free of force or coercion, and irrespective of age, sex, sexual orientation, gender identity, ability, socio-economic or occupational status.

ND = <i>No Data</i>	Global Targets: Achie	eved O Challenges	remain <mark>O</mark> Major c	nallenges remain O
Harmful practices Comprehensive Sexuality Education				
Girls married before 18 ⁹⁶	Female genital mutilation / cutting ⁹⁷	Primary school implementing CSE policy ⁹⁸	national impl	ndary schools fully ementing national policy ⁹⁹
42.1%	ND		76-100%	76-100%
Adolescent sexual hea	th			
Had multiple partners and used a 19) ¹⁰⁰	a condom at last sex (15-	Correct knowle	edge of HIV prevention ((15-24) ¹⁰¹
Female 36.1%	52.2% Sale	Female	41.1%) Ma	44.3%) Ile
Key populations ¹⁰²				
	Population size estimate	HIV prevalence	Knowledge of HIV status	Condom use at last sex
Men who have sex with men ¹⁰³⁻¹⁰⁶	42,600	6.8%	ND	44.0%
Sex workers ¹⁰⁷⁻¹¹⁰	36,400	55.0%	72.4%	65.0%
People who inject drugs ¹¹¹⁻¹¹⁴	ND	ND	ND	ND
Transgender people ¹¹⁵⁻¹	¹⁸ 400	ND	80.8%	ND
Prisoners ¹¹⁹⁻¹²²	14,000	19.0%	ND	ND

ENDNOTES

- The cutoff for data included in this Infographic Snapshot is 15/04/2021. The year provided for each endnote is the date of the latest available data with an earliest date of 2011. Where data is not available in an international data source 'No data' is stated. This does not mean that no data exists for this indicator but that no data was found in internationally validated data sources.
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- 2019. Indicator: Percentage of primary schools that have fully implemented education policies on life skills-based HIV and sexuality education. Source: UNAIDS Laws and Policies Analytics -<u>http://lawsandpolicies.unaids.org/</u>
- 2019. Indicator: Percentage of secondary schools that have fully implemented education policies on life skills-based HIV and sexuality education. Source: UNAIDS Laws and Policies Analytics -<u>http://lawsandpolicies.unaids.org/</u>
- 100. 2016. Indicator: Percentage of adolescents (aged 15–19) who reported having sexual intercourse with more than one partner in the last 12 months and who reported the use of a condom during their last sexual intercourse. Source: Demographic and Health Survey 2015-16. Compiled by UNICEF - <u>https://data.unicef.org/topic/hivaids/adolescents-youngpeople/</u>
- 101. 2016. Indicator: Percent of young people (15-24) with comprehensive, correct knowledge of HIV. Source: UNAIDS estimates -<u>https://aidsinfo.unaids.org</u>
- 102. It is recognised that there are also a number of vulnerable populations at greater risk of poor HIV or SRH outcomes such as migrants/refugees, indigenous populations, people with disabilities, people experiencing homelessness etc. These are not included in this snapshot due to a lack of data.
- 103. 2017. Indicator: Men who have sex with men population size estimate. Source: UNAIDS estimates - <u>https://aidsinfo.unaids.org</u>
- 104. 2019. Indicator: Percentage of men who have sex with men who are living with HIV. Source: UNAIDS estimates <u>https://aidsinfo.unaids.org</u>

- 105. No Data. Indicator: Percentage of men who have sex with men who received an HIV test in the past 12 months and know their results. Source: UNAIDS estimates - <u>https://aidsinfo.unaids.org</u>
- 106. 2018. Indicator: Percentage of men reporting the use of a condom the last time they had anal sex with a male partner. Source: UNAIDS estimates -<u>https://aidsinfo.unaids.orgg</u>
- 107. 2018. Indicator: Sex workers population size estimate. Source: UNAIDS estimates <u>https://aidsinfo.unaids.org</u>
- 2018. Indicator: Percentage of sex workers who are living with HIV. Source: UNAIDS estimates - <u>https://aidsinfo.unaids.org</u>
- 109. 2019. Indicator: Percentage of sex workers who received an HIV test in the past 12 months and know their results. Source: UNAIDS estimates -<u>https://aidsinfo.unaids.org</u>
- 110. 2018. Indicator: Percentage of female and male sex workers reporting the use of a condom with their most recent client. Source: UNAIDS estimates <u>https://aidsinfo.unaids.org</u>
- 111. No Data. Indicator: People who inject drugs population size estimate. Source: UNAIDS estimates - <u>https://aidsinfo.unaids.org</u>
- 112. No Data. Indicator: Percentage of people who inject drugs who are living with HIV. Source: UNAIDS estimates <u>https://aidsinfo.unaids.org</u>
- 113. No Data. Indicator: Percentage of people who inject drugs who received an HIV test in the past 12 months and know their results. Source: UNAIDS estimates - <u>https://aidsinfo.unaids.org</u>
- 114. No Data. Indicator: Percentage of people who inject drugs reporting the use of a condom the last time they had sexual intercourse. Source: UNAIDS estimates <u>https://aidsinfo.unaids.org</u>
- 115. 2019. Indicator: Transgender people population size estimate. Source: UNAIDS estimates - <u>https://aidsinfo.unaids.org</u>
- No Data. Indicator: Percentage of transgender people who are living with HIV. Source: UNAIDS estimates - <u>https://aidsinfo.unaids.orgg</u>
- 117. 2019. Indicator: Percentage of transgender people who received an HIV test in the past 12 months and know their results. Source: UNAIDS estimates <u>https://aidsinfo.unaids.org</u>
- 118. No Data. Indicator: Percentage of transgender people reporting the use of a condom the last time they had sexual intercourse. Source: UNAIDS estimates - <u>https://aidsinfo.unaids.org</u>
- 2019. Indicator: Prisoner population size estimate. Source: UNAIDS estimates - <u>https://aidsinfo.unaids.org</u>
- 120. 2019. Indicator: Percentage of prisoners who are living with HIV. Source: UNAIDS estimates - <u>https://aidsinfo.unaids.org</u>
- 121. No Data. Indicator: Percentage of prisoner who received an HIV test in the past 12 months and know their results. Source: No known source
- 122. No Data. Indicator: Percentage of prisoners reporting the use of a condom the last time they had sexual intercourse. Source: No known source



To find out more: https://www.who.int/health-topics/self-care

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