

Fig. 1: GINA treatment recommendations for patients aged ≤ 5 years, 6–11 years and ≥ 12 years⁹.

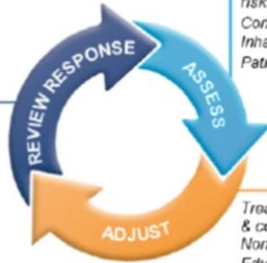
From: [Comparing LAMA with LABA and LTRA as add-on therapies in primary care asthma management](#)

a

Adults and adolescents 12+ years

Personalized asthma management:
Assess, adjust, review response

Symptoms
Exacerbations
Side effects
Lung function
Patient satisfaction



Confirmation of diagnosis if necessary
Symptom control & modifiable risk factors (including lung function)
Comorbidities
Inhaler technique & adherence
Patient goals

Treatment of modifiable risk factors & comorbidities
Non-pharmacological strategies
Education & skills training
Asthma medications

Asthma medication options:
Adjust treatment up and down for

