

Welcome to the National Asthma Education Programme



naepr@netactive.co.za

www.asthmasa.org



WHAT IS THE NATIONAL ASTHMA EDUCATION PROGRAMME?

The National Asthma Education Programme (or NAEP for short) was started in 2008. We are a registered Non-Profit Organisation that aims to disseminate impartial information about asthma diagnosis and treatment to health professionals and the South African public.

We work alongside other international organisations to create and disseminate asthma information. We subscribe to management guidelines set out by GINA (Global Initiative for Asthma), SATS (South African Thoracic Society) and ALLSA (Allergy Society of Asthma).

Our objectives are three fold:

- To raise awareness among patients, health professionals, and the public, that asthma is a serious chronic disease.
- To ensure that symptoms of asthma are recognised by patients, families, and the public. And that the appropriate diagnosis is made by health professionals.
- To ensure effective control of asthma by encouraging a partnership among patients, physicians, and other health professionals using appropriate, modern treatment and education programmes.

In order to accomplish these objectives, we have a number of projects running throughout the year:

- Our **6-month distance learning course** for medical professionals (more information can be found in this pamphlet).
- **CME events** for health care workers.
- Our **leaflets** which are available for medical professionals and the public via our website.

These include:

- What is asthma?
- Allergy and asthma
- Asthma and pregnancy
- Asthma medicines and how they work
- Keeping asthma under control
- Lung function tests
- Risk factors for asthma
- Sports and asthma
- **Newsletters** to our professional and public members.
- A media campaign leading up to **World Asthma Day** which is the first Tuesday in May. We take advantage of this with press releases to media outlets, as well as a social media campaign.



Join the NAEP!

Fill out the application form below and email or complete the form online on our website: www.asthmasa.org

APPLICATION FOR MEMBERSHIP

Register as a private member (ie medical professional at R150 per annum) or public member (at no cost).

Private Member OR Public Member

Title: _____ Date of Birth: _____

Full Name: _____

Postal Address: _____

Physical Address: _____

Cell Number: _____

Email Address: _____

Our banking details are as follows:

Bank: Nedbank - Cape Gate
Branch No: 198765
Account No: 1202 4333 91

Email: naepr@netactive.co.za

NAEP 6-MONTH ASTHMA DISTANCE LEARNING COURSE

COURSE CONTENT:

- Module 1: Asthma Basics
- Module 2: Diagnosis of asthma
- Module 3: Special Investigations in the diagnosis of asthma
- Module 4: Management of asthma
- Module 5: Drugs and delivery systems
- Module 6: Special situations:
 - Occupational asthma
 - Asthma in the elderly
 - Asthma in pregnancy
 - Asthma in sports and exercise
- Module 7: Asthma education and setting up an asthma clinic.

COST: R4 000 per candidate

A deposit of R1 000 is required to secure your registration for the course.

COURSE PROCESS:

- Study material and training video / DVD
- Asthma literature
- Revision workshop
- Oral and written examination

To register, please complete the application form, attach your CV, and send proof of payment for deposit:

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APPLICATION FORM

Self-Paying OR Employer Sponsored

Name of Sponsor _____

PERSONAL DETAILS:

Title: _____ Date of Birth: _____

Full Name: _____

Postal Address: _____

Physical Address: _____

Cell Number: _____

Email Address: _____

INVOICING DETAILS:

WHO WILL BE RESPONSIBLE FOR SETTLEMENT OF FEES?

Name: _____

Company Details: _____

Postal Address: _____

Postal Code: _____

Cell Number: _____

Fax Number: _____

Email Address: _____

Company Tax No.: _____

Signed: _____

Date: _____

GENERAL:

How did you get to hear about this course? _____

Previous Asthma Experience: _____