



What is Asthma ?

Asthma is a chronic lung disease, a respiratory condition marked by spasms in the bronchi of the lungs. It causes difficulty in breathing, and includes symptoms such as coughing, wheezing and shortness of breath. Asthma affects people in varying degrees. For some, the symptoms are minor; for others, they may be life threatening. Find out more about what asthma is [HERE](#)