

COPD Foundation Educational Materials

Thank you for your interest in the COPD Foundation's educational library. We have a variety of useful booklets, flyers, and tools to help you learn more about living and thriving with COPD – everything from the basics of lung conditions to specific topics such as exercise and exacerbations (flare-ups).

The following are available to download to your computer, tablet, or smartphone. Hard copies are available to purchase through our [online store](#).

If you are a health care professional, would you please take a minute to [register](#) for our COPD360social community?

- [Guides for Better Living](#)
- [The Basics of COPD](#)
- [COPD 101/201](#)
- [All About Bronchiectasis](#)
- [Oxygen Therapy Basics](#)
- [COPD Pocket Consultant Guide](#)
- [Disaster Preparedness Plan \(DPP\)](#)
- [COVID-19 Defenses: What You Need to Know](#)
- [The Impact of Smoking](#)
- [My COPD Action Plan](#)
- [Tips for Living Well with COPD](#)