

What is COPD?

Chronic obstructive pulmonary disease (COPD) is the medical term used to describe a lung condition that causes the airways to narrow and become obstructed which in turn makes breathing difficult.[1]

When the term is broken down, you can see how the definition gets its meaning:

Chronic: a long-term and ongoing condition that won't go away

Obstructive: the airways in your lungs have narrowed and become obstructed or blocked, making it difficult for them to move air out



Pulmonary: a condition that affects your lungs

Disease: a recognized medical condition
