

Alcohol use

Alcohol use is a major risk factor for death and disability worldwide. In some countries, it is the number one risk factor for men.

Photo by Chuttersnap, Unsplash.

1.34 billion

people consumed harmful amounts of alcohol in 2020.

49.3%

of cirrhosis and other liver diseases are attributable to alcohol use.

2.4 million

deaths were attributable to alcohol use disorders in 2019.

76.7%

of people who consumed harmful amounts of alcohol were male.

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How much alcohol is safe to drink?

The risks of drinking alcohol depend on age, local disease patterns, and underlying health conditions.