# Insect-borne diseases in the news: Chagas and Zika—what you need to know

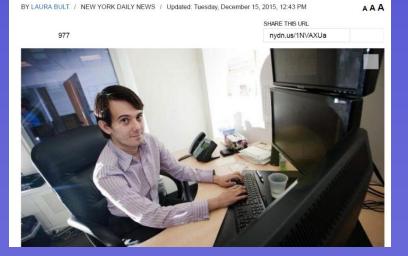




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'Kissing bug' infections remain a problem in Texas, reports suggest

America's War on the Kissing Bug and Chagas Disease - The New Yorker http://www.newyorker.com/tech/elements/

Print

**NOVEMBER 20, 2015** 

AMERICA'S WAR ON THE KISSING BUG

BY JENNIE ERIN SMITH

Triatomines, also known as kissing bugs, are responsible for transmitting the parasite that causes Chagas disease. PHOTOGRAPH VIA THE NATURAL HISTORY MUSEUM / ALAMY

#### Deadly 'kissing bug' reported in Indiana

POSTED 6:07 PM, NOVEMBER 24, 2015, BY TRIBUNE MEDIA WIRE, UPDATED AT 06:08PM, NOVEMBER 24, 2015



## Deadly 'Kissing Bug' creeps into several states including Ohio

POSTED 4:59 PM, NOVEMBER 24, 2015, BY FOX8WEBCENTRAL

- a chronic illness in humans and canines caused by a single-celled parasite, *Trypanosoma cruzi*
- transmitted by a group of blood-feeding insects known as kissing bugs (a.k.a. reduviid or triatomid bugs)

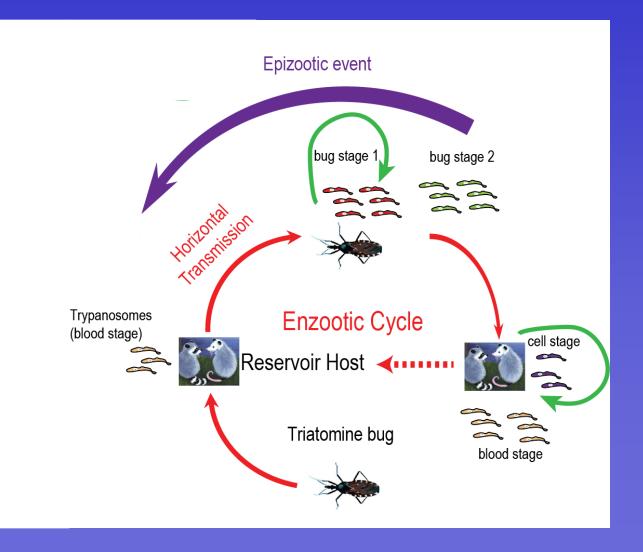
Pathogen (Trypanosoma cruzi)



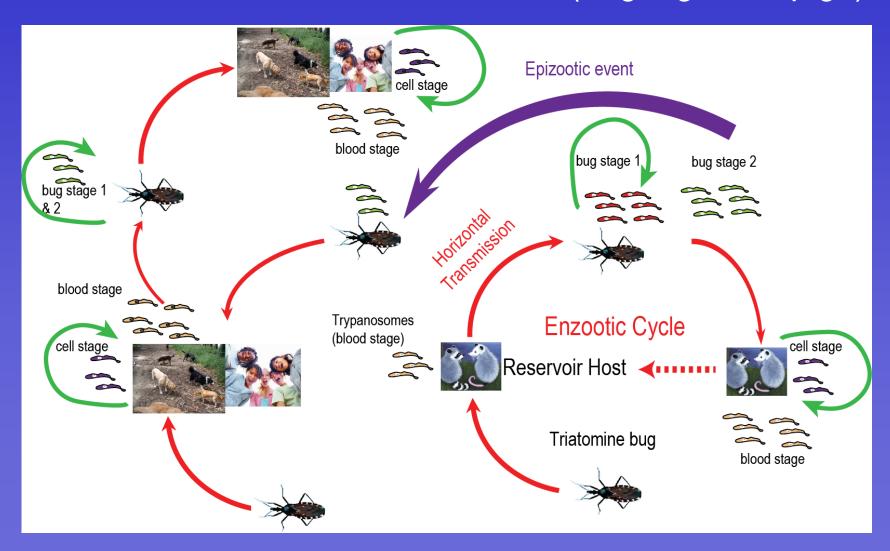
Vector (kissing bug)



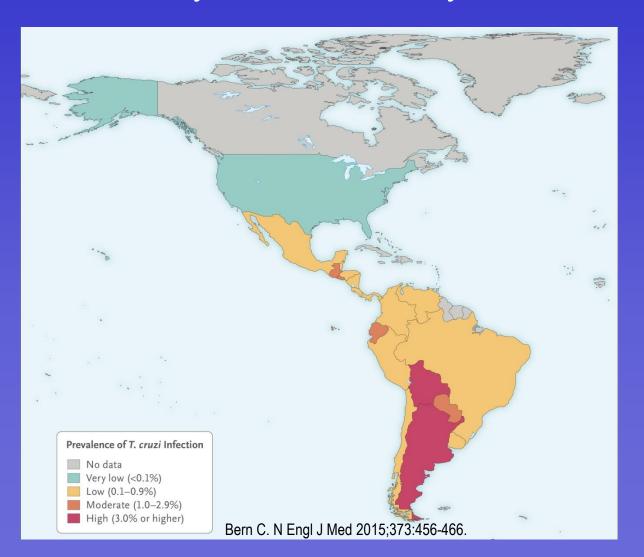
the pathogen normally circulates between bugs and wild animals in sylvatic habitats



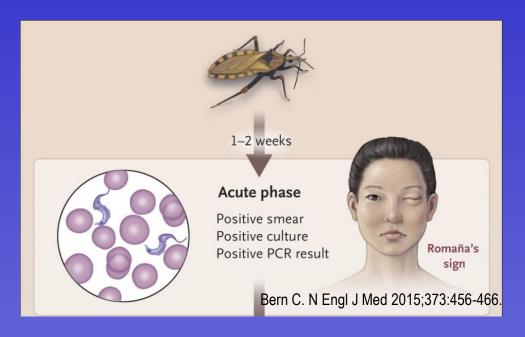
- infected bugs in domestic habitats can transmit Chagas to humans and domestic animals (dogs, guinea pigs)



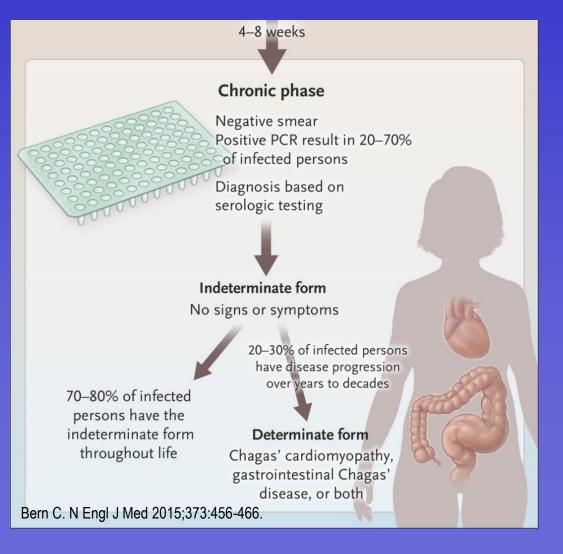
a significant public health issue in Latin America
 (~8 million cases/yr, ~16K deaths/yr, ~700K DALY)

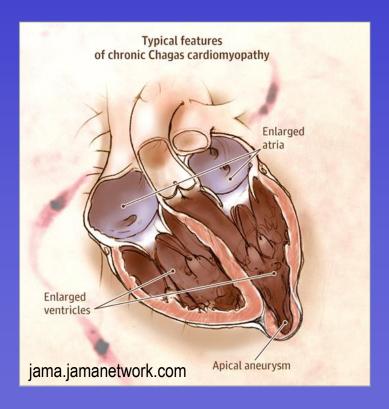


- a 'silent killer' that leads to chronic heart and gastrointestinal disease



a 'silent killer' that leads to chronic heart and gastrointestinal disease



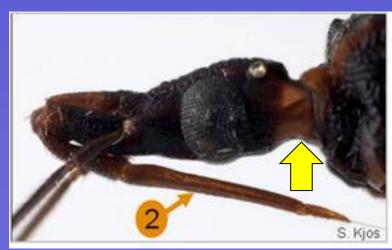


 kissing bugs are the primary vector (Order Hemiptera, Family Reduviidae, Subfamily Triatominae)





- Large bug (5-45 mm), dark coloration
- Long, conical head (cone-nose)
- Thin, thread-like antennae
- Piercing, sucking mouthparts
- Large eyes, distinct 'neck'



- kissing bugs can be confused with other common bugs









kissing bugs are obligate blood feeders



infected bugs transmit Trypansoma cruzi via defecation when feeding



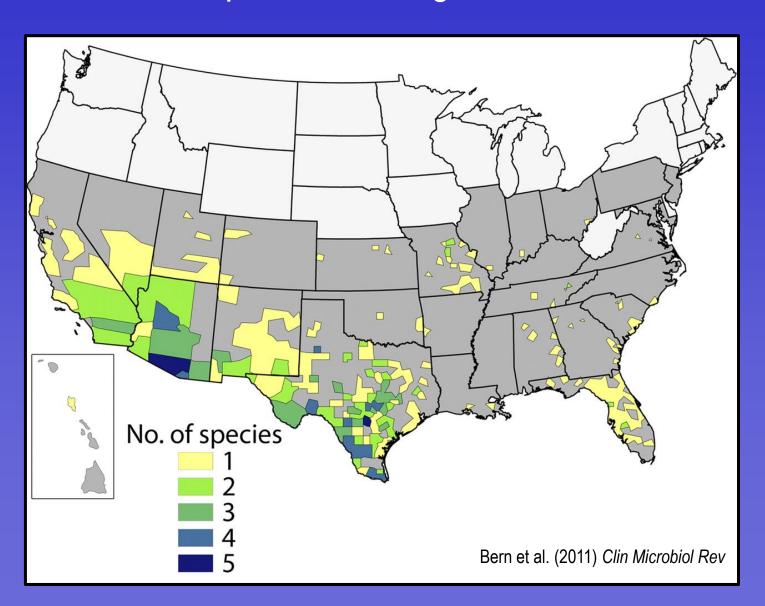
- only one species of kissing bug is found in Ohio

Triatoma sanguisuga

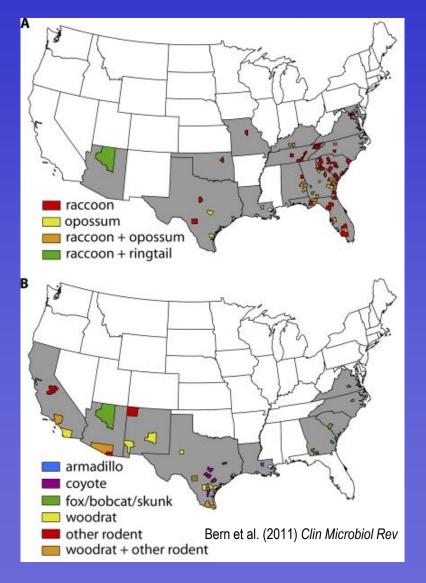


- a sylvatic species that feeds on small mammals and birds
- a potential vector of Chagas, but no evidence for transmission in Ohio

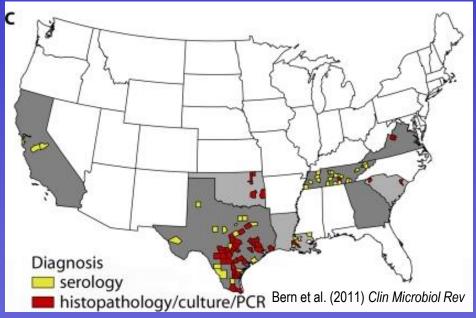
distribution of potential Chagas vectors in the U.S.



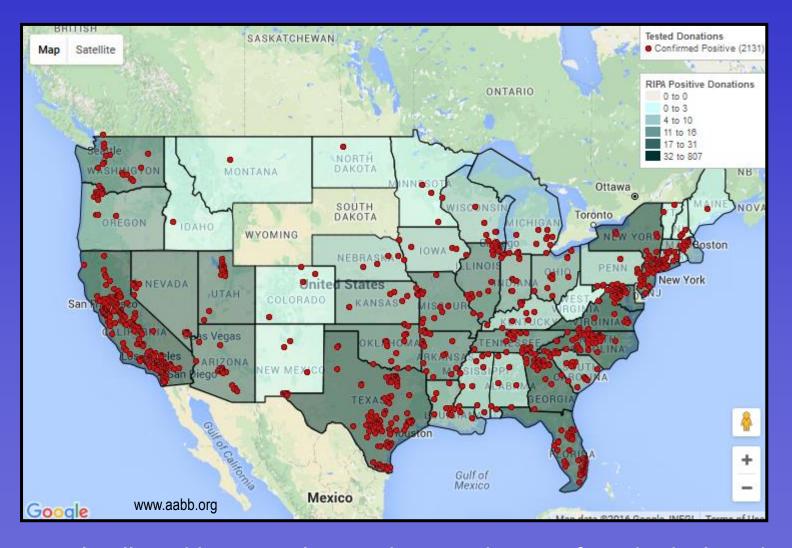
- no evidence for Chagas in animal reservoirs of Ohio



#### Canine cases



the U.S. blood supply is screened for Chagas



nearly all positive samples are imported cases from Latin America

don't lose any sleep over kissing bugs in Ohio



 be aware of risk factors when travelling to areas of Latin America with endemic Chagas (rural areas, poor housing quality, raw foods)

- an arthropod-borne (arbo) virus that causes an acute febrile illness in humans
- transmitted by mosquitoes of the genus Aedes (Aedes aegypti, Aedes albopictus)
- sexual transmission between humans is also possible

Aedes aegypti

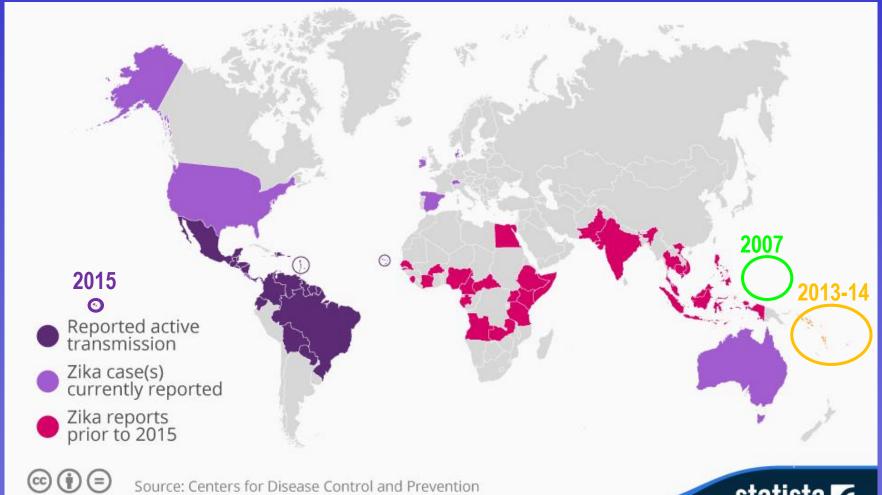


Aedes albopictus



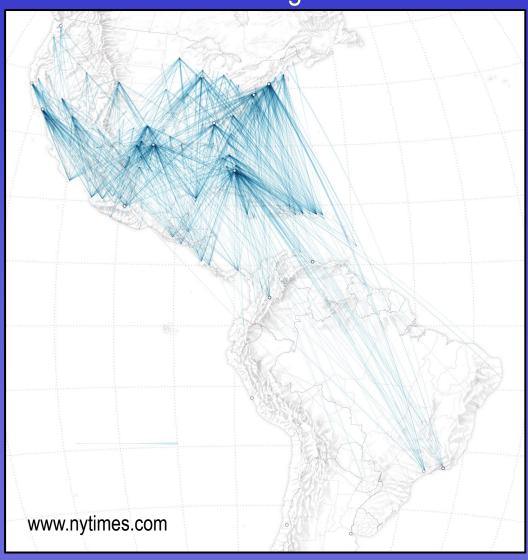
@Statista com

is the most recent exotic arbovirus to reach the Western hemisphere (after West Nile & chikungunya)

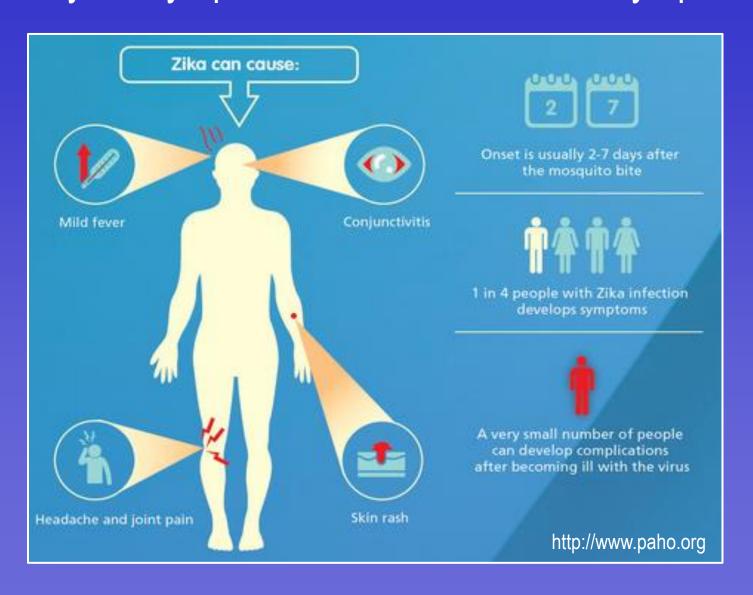


- so far, all cases in the U.S. are travel/sex related

Zika-related flight routes

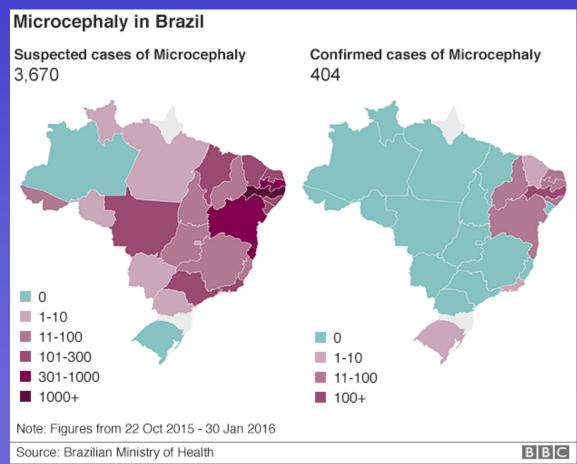


- usually is asymptomatic or causes minor symptoms



- however, emergence of Zika in Brazil has coincided with elevated reporting of a rare birth defect (microcephaly) and autoimmune disorder (Guillan-Barre syndrome)

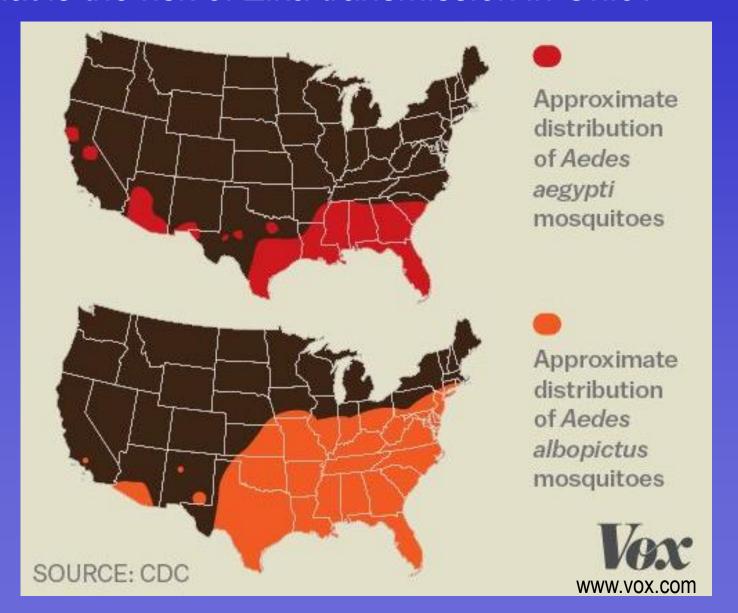




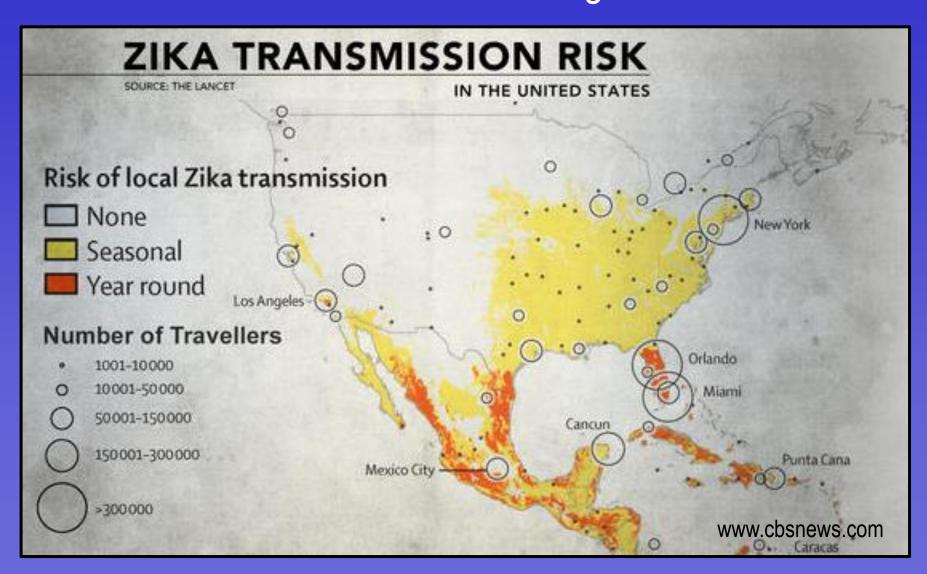
CDC has issued travel alerts for women who are pregnant or planning a pregnancy (male partners also)



What is the risk of Zika transmission in Ohio?



risk of transmission in the U.S. is greatest in the south



- exercise vigilance during mosquito season









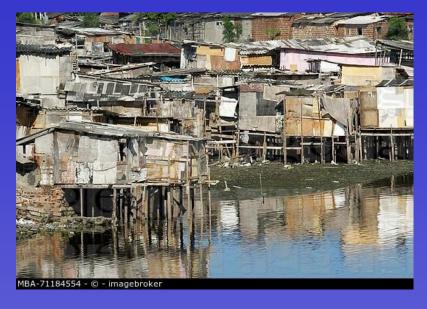




 avoid mosquito bites if travelling to areas of Latin America with endemic Zika and within 1 week of returning

## For both Chagas and Zika, socioeconomics is a major contributing factor









## Questions?

