

COUNTRY  
PROFILES

# Global status report on physical activity 2022



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## Global status report on physical activity 2022: country profiles

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# Background

The Global status report on physical activity 2022 (1) summarises global progress towards implementation of the policy recommendations outlined in the Global action plan on physical activity 2018-2030 (GAPPA) (2) using a monitoring framework and set of 29 indicators.

## Country profiles

The following country profiles summarize the data for each of the 194 WHO Member States and present contextual metrics across demographics, health and economics, in addition to achievement of specific GAPPA monitoring framework indicators.

In summary, these present:

- population demographics;
- economic metrics;
- percentage of deaths due to NCDs;
- the prevalence of physical inactivity;
- cost of inactivity; and
- achievement of a sub-set of 20 of the 29 GAPPA indicators.

The data presented in these country profiles were derived from several data sources, that are referenced for each metric and indicator in the following explanatory notes.

# Definitions and data sources

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## Demographics

**Total Population:** the total population of the country in 2022, rounded to nearest 1 000, or 100 if total population under 10 000 *(3)*.

**Population aged <20 (%):** the population of a country aged under 20 years *(3)*.

**Population aged >60 (%):** the population of a country aged 60 years and older *(3)*.

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## Economics

**World Bank Income Group:** the world's economies assigned into one of the four income groups—low, lower-middle, upper-middle, and high-income countries. Data from 2021 *(4)*.

**Gross domestic product per capita (INT\$):** the per capita values for a countries gross domestic product (GDP) expressed in current international dollars converted by purchasing power parity (PPP) conversion factor. GDP is the sum of gross value added by all resident producers in the country plus any product taxes and minus any subsidies not included in the value of the products. PPP is a price relative that show the ratio of the prices in national currencies of the same good or service in

reference to the same good or service in the United States. They make it possible to compare the gross domestic product (GDP) in terms of U.S. Dollars (USD) by eliminating the price level differences between countries.

**Cost of inaction on physical activity:** the direct health care costs for new preventable cases of coronary heart disease, stroke, type-2 diabetes, hypertension, seven cancers (breast, colon, endometrial, gastric, oesophageal, renal, and bladder), dementia and depression resulting from physical inactivity per year and between 2020 and 2030 (2020 prices). For further detail of the methods of the computation see Santos et al 2022 *(6)*.

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## Mortality

**NCD Mortality:** the percentage of deaths from NCDs and other conditions and total number of

NCD deaths are reported for 2019 for all countries with a population greater than 90,000 *(7)*.

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## Prevalence of physical inactivity

**Prevalence of physical inactivity in adolescents:** crude prevalence of adolescents (aged 11-17 years) that do not meet physical activity recommendations; which for adolescents is at least 60 minutes of moderate-to vigorous-intensity physical activity daily *(8)*.

**Prevalence of physical inactivity in adults:** age-adjusted prevalence of adults (over 18

years of age) that do not meet physical activity recommendations; which for adults is at least 150 minutes of moderate-intensity aerobic physical activity; or at least 75 minutes of vigorous intensity aerobic physical activity; or an equivalent combination of moderate- and vigorous-intensity activity throughout the week *(9)*.

# Global Action Plan on Physical Activity monitoring framework indicators

To assess whether policies recommended by GAPPA are being implemented at country level, a set of indicators to track policy implementation process is required. This set of indicators capture the diversity of policy-related activities recommended to countries in GAPPA, many of which require implementation by sectors outside of health. Therefore, consistent with GAPPA itself,

the monitoring framework of GAPPA adopted a systems approach and incorporated indicators of policy implementation outside the health sector.

For this first global assessment (1), 29 indicators were identified that align with the recommended policy actions in each of the four GAPPA policy areas, and definitions are provided below.

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## ACTIVE SOCIETIES: changing knowledge and mindsets

- **National physical activity communications campaigns:** the country has completed at least one recent national public awareness programme on physical activity using mass media channels within the last 2 years (10).
- **National physical activity communications campaigns with integrated links to community-based initiatives:** the country has completed a national campaign on physical activity including links to community programmes or initiatives (10).
- **National physical activity communications campaigns supported by environmental improvements:** the country has completed a national campaign on physical activity supported environmental changes that promote physical activity (10).
- **National physical activity communications campaigns promoting the co-benefits of physical activity:** the country has completed a national campaign on physical activity that includes mention of the co-benefits of physical activity. Co-benefits of physical activity refer to social (better social cohesion through physical activity), environmental (such as reducing the carbon footprint or helping climate change) and economic benefits of physical activity (such as reduced sick leaves or more active at work and hence, increase productivity), in addition to the health benefits (10).
- **National mass participation events on physical activity:** the country has completed at least one recent (withinb the last 2 years) free national or subnational mass participation event to encourage physical activity by the general community (people of all ages and abilities) (10).

## ACTIVE ENVIRONMENTS: enabling environments

- **National policy on walking and cycling:** the country has national policy on walking and/or cycling (11).
  - **National policy on public transport:** the country has policy and investment in increasing access to public transport (11).
  - **National road safety strategy:** the country has a national road safety strategy/ies (11).
  - **Street design standards for separate walking and cycling infrastructure:** the country has roads design standards for separation of pedestrians and cyclists from vehicular traffic (11).
  - **Street design standards for safe pedestrian and cycling crossings:** the country has roads design standards for safe crossings for pedestrians and cyclists (11).
  - **Street design standards for management of speed:** the country has roads design standards for managing speed where pedestrians and cyclists are present (11).
  - **Legislation on speed limits:** the country has national/provincial/state speed legislations (11).
- Speed limit legislation meets best practice criteria when** the country has:
- a national speed limit law (11)
  - urban speed limits not exceeding 50km/hr (11)
  - devolved power to local authorities to modify speed limits for different contexts (11).
- **Legislation on driving and alcohol use:** the country has national/provincial/state drink driving legislations (11).
- Driving and alcohol use legislation meets best practice criteria when** the country has:
- A national drink-driving law (11)
  - A blood alcohol content (BAC) limit for the general population not exceeding 0.05 g/dl (11)
  - A BAC limit for young and novice drivers not exceeding 0.02 g/dl (11).
- **Legislation on driving and drug use:** the country has national/provincial/state legislation on distracted driving due to drug use (11).
  - **Legislation on driving and mobile phone use:** the country has national/ provincial/state legislation on distracted driving due to mobile phone use (11).



## ACTIVE PEOPLE: opportunities and programmes

- **Promotion of physical activity in workplaces:** the country reports implementing national policy actions to promote physical activity in the workplace (10).
- **Promotion of physical activity in childcare settings:** the country reports implementing national policy actions to promote physical activity in childcare settings (10).
- **Promotion of physical activity through community sports:** the country reports implementing national policy actions to promote physical activity through community-based physical activity and sports initiatives (10).
- **Promotion of physical activity in public open spaces:** the country reports implementing national policy actions to promote physical activity in public open spaces (including parks) (10).
- **Promotion of physical activity through walking and cycling:** the country reports implementing national policy actions to promote walking and/or cycling (10).
- **Promotion of physical activity for older adults:** the country reports implementing national policy actions to promote physical activity as part of active ageing and to address physical activity in older adults (10).
- **Promotion of physical activity for people living with disability:** No global data source available.
- **Brief intervention on physical activity in primary health:** the country reports national guidelines/protocols/standards available for the management of physical activity through a primary care approach recognized/approved by government or competent authorities (10).
- **Brief intervention on physical activity in primary health with referral:** the country reports national guidelines/protocols/standards available for the management of physical activity through a primary care approach recognized/approved by government or competent authorities, that include referral criteria (10).
- **Brief intervention on physical activity in primary health used in >50% of facilities:** the country reports national guidelines/protocols/standards available for the management of physical activity through a primary care approach recognized/approved by government or competent authorities and these are utilized in at least 50% of facilities (10).
- **Use of digital health - mHealth programs for NCD prevention:** the country has implemented any national, NCD-related mHealth initiatives within the past 2 years (10).
- **School based approaches:** quality physical education in schools: No global data source available.

## ACTIVE SYSTEMS: national policy and governance

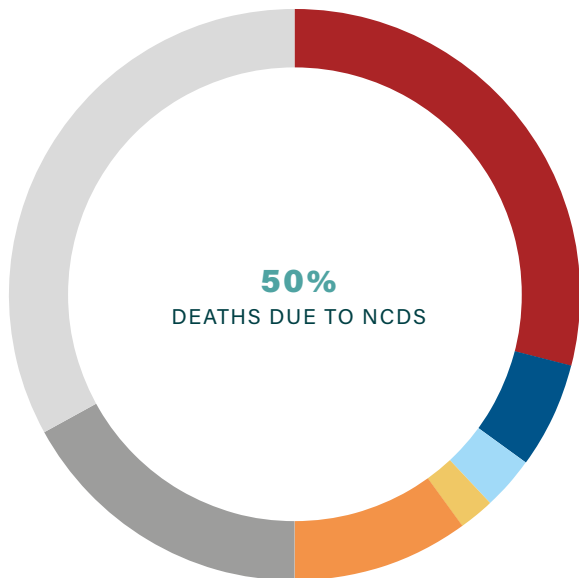
- **National NCD policy including physical activity:** the country has a national NCD policy, strategy, or action plan, including physical activity (10). This may be operational (funded/implemented) or not operational.
- **National physical activity policy:** the country has a standalone national policy, strategy, or action plan on physical activity (10). This may be operational (defined as being funded and implemented) or not operational.
- **National guidelines on physical activity for children under 5 years:** the country has national guidelines which provide recommended levels of physical activity for children under five years of age (10).
- **National guidelines on physical activity for children and adolescents:** the country has national guidelines which provide recommended levels of physical activity for children and adolescents (ages 5 -19) (10).
- **National guidelines on physical activity for adults:** the country has national guidelines which provide recommended levels of physical activity for adults (10).
- **National guidelines on physical activity for older adults:** the country has national guidelines which provide recommended levels of physical activity for older adults (10).
- **National NCD coordinating mechanism:** the country has a national multisectoral commission, agency or mechanism to oversee NCD or physical activity specific engagement, policy coherence and accountability of sectors beyond health (10).
- **National surveillance of physical activity in children:** the country conducts national surveillance on levels of physical activity in children (10).
- **National surveillance of physical activity in adolescents:** the country conducts national surveillance on levels of physical activity in adolescents (10).
- **National surveillance of physical activity in adults:** the country conducts national surveillance on levels of physical activity in adults (10).
- **National target for physical activity:** the country has national target(s) for population level physical activity (10).

# References

1. [Global status report on physical activity 2022](https://apps.who.int/iris/handle/10665/363607). Geneva: World Health Organization; 2022 <https://apps.who.int/iris/handle/10665/363607>.
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4. The World Bank. Classifying countries by income. Online 2022 [cited 2022]; <https://datatopics.worldbank.org/world-development-indicators/stories/the-classification-of-countries-by-income.html>.
5. The World Bank. GDP per capita, PPP (current international \$) [database on the Internet]. 2021 [cited July 2022]. <https://data.worldbank.org/indicator/NY.GDP.PCAP.PP.CD>.
6. Santos A, Willumsen, J., Meheus, F., Ilbawi, A., Bull, FC. The cost of inaction on physical inactivity to healthcare systems. *Lancet of Global Health* (in press). 2022.
7. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000–2019. Geneva, World Health Organization; 2020. <https://www.who.int/data/global-health-estimates>
8. Guthold R, Stevens GA, Riley LM, Bull FC. Global trends in insufficient physical activity among adolescents: a pooled analysis of 298 population-based surveys with 1.6 million participants. *Lancet Child Adolesc Health*. 2020;4(1):23–35.
9. Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. Geneva: World Health Organization; 2018 <https://apps.who.int/gho/data/node.main.A893?lang=en>
10. Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. Geneva: World Health Organization; (in press)
11. Global status report on road safety 2018. Geneva, World Health Organization; 2018. <https://apps.who.int/iris/handle/10665/276462>

TOTAL POPULATION (2022)	<b>41,129,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>55</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>2,078</b>
POPULATION AGED >60 (%)	<b>4</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 18,615,357**

**INT\$ 74,779,861**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 204,768,924**

**INT\$ 822,578,470**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

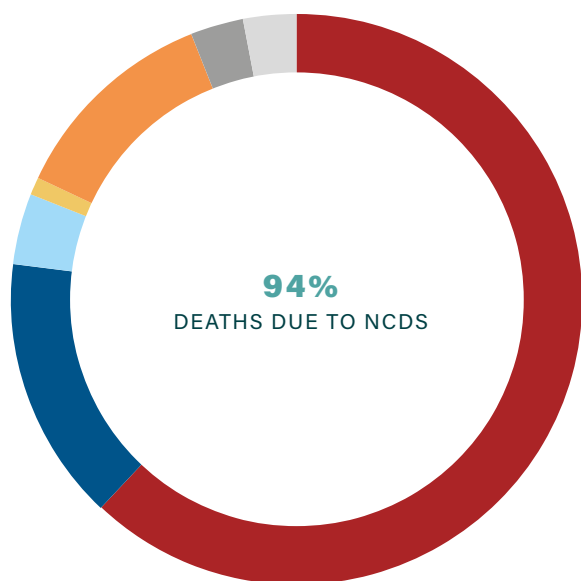
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>2,843,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>22</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>13,632</b>
POPULATION AGED >60 (%)	<b>23</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 3,519,885**

**INT\$ 8,998,890**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 38,718,739**

**INT\$ 98,987,793**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS






**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**





○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	 <b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
 <b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	 <b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
 <b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	




no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	 <b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
	 <b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	 <b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

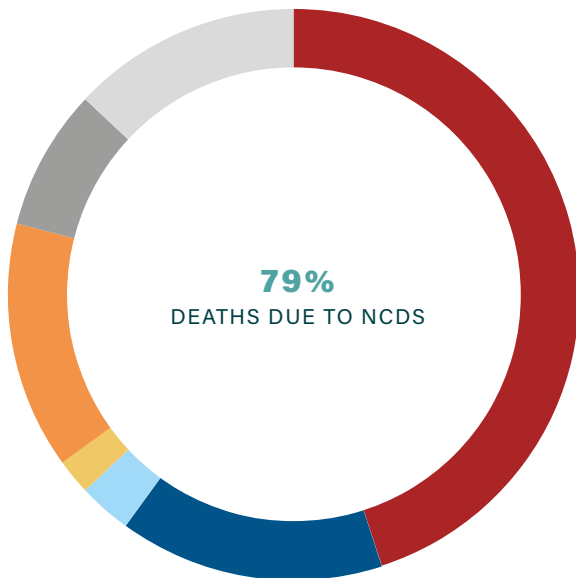
 <b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	 <b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
 <b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	 <b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
 <b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	 <b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>44,904,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>38</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>11,323</b>
POPULATION AGED >60 (%)	<b>10</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 137,305,837**

**INT\$ 470,199,680**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 1,510,364,202**

**INT\$ 5,172,196,480**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> –	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> –
<b>NATIONAL ROAD SAFETY STRATEGY</b> –	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits –</li> <li>▪ driving and alcohol use –</li> <li>▪ driving and drug use –</li> <li>▪ driving and mobile phone use –</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure –</li> <li>▪ safe pedestrian and cycling crossings –</li> <li>▪ management of speed –</li> </ul>	

○ no ● yes ● yes and best practice – not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ○</li> <li>▪ for older adults ○</li> <li>▪ for people with disability ○</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ○ <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> ○ <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> ○ <ul style="list-style-type: none"> <li>▪ quality physical education ○</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

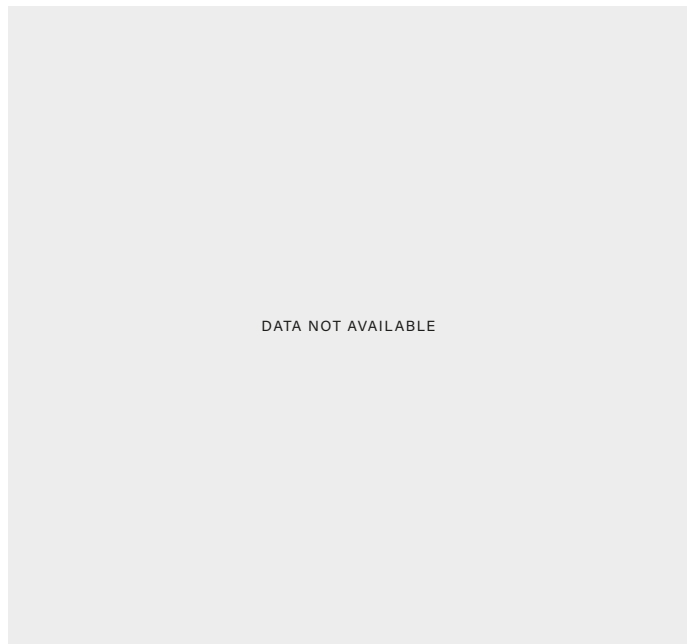
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ○
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

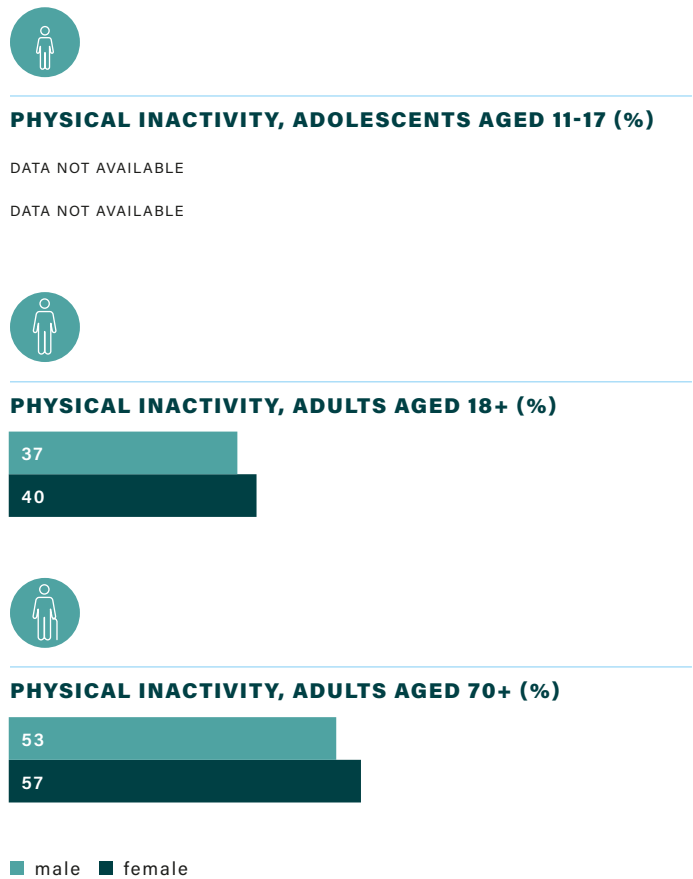
TOTAL POPULATION (2022)	<b>80,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>18</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	
POPULATION AGED >60 (%)	<b>22</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 3,278,627**

**INT\$ NO DATA AVAILABLE**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 36,064,900**

**INT\$ 74,185,604**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="checkbox"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="checkbox"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="checkbox"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="checkbox"/></li> <li>▪ driving and alcohol use <input type="checkbox"/></li> <li>▪ driving and drug use <input type="checkbox"/></li> <li>▪ driving and mobile phone use <input type="checkbox"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="checkbox"/></li> <li>▪ safe pedestrian and cycling crossings <input type="checkbox"/></li> <li>▪ management of speed <input type="checkbox"/></li> </ul>	

no  
  yes  
  yes and best practice  
  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="checkbox"/></li> <li>▪ in childcare settings <input type="checkbox"/></li> <li>▪ through community sports <input type="checkbox"/></li> <li>▪ in public open spaces <input type="checkbox"/></li> <li>▪ through walking and cycling <input type="checkbox"/></li> <li>▪ for older adults <input type="checkbox"/></li> <li>▪ for people with disability <input type="checkbox"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="checkbox"/></li> <li>▪ used in &gt;50% of facilities <input type="checkbox"/></li> </ul>
<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="checkbox"/></li> </ul>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="checkbox"/></li> </ul>

no  
  yes  
 NOT AVAILABLE

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

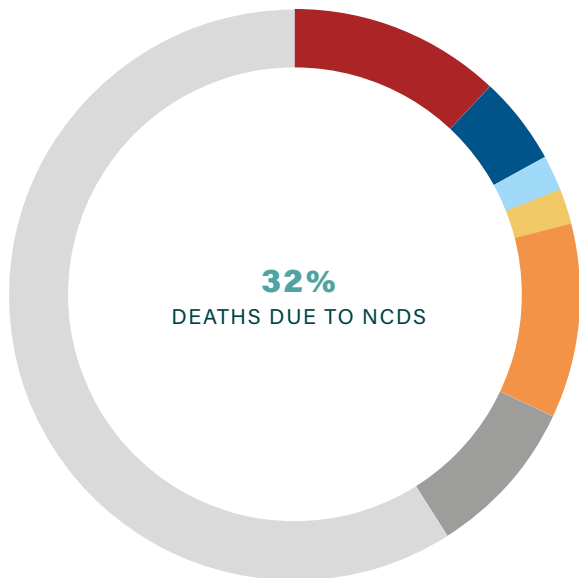
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="checkbox"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="checkbox"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="checkbox"/></li> <li>▪ children and adolescents <input checked="" type="checkbox"/></li> <li>▪ adults <input checked="" type="checkbox"/></li> <li>▪ older adults <input checked="" type="checkbox"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="checkbox"/></li> <li>▪ adolescents <input checked="" type="checkbox"/></li> <li>▪ adults <input checked="" type="checkbox"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="checkbox"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="checkbox"/>

no  
  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>35,589,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>56</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>6,478</b>
POPULATION AGED >60 (%)	<b>4</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 19,756,537**

**INT\$ 71,693,391**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 217,321,903**

**INT\$ 788,627,303**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

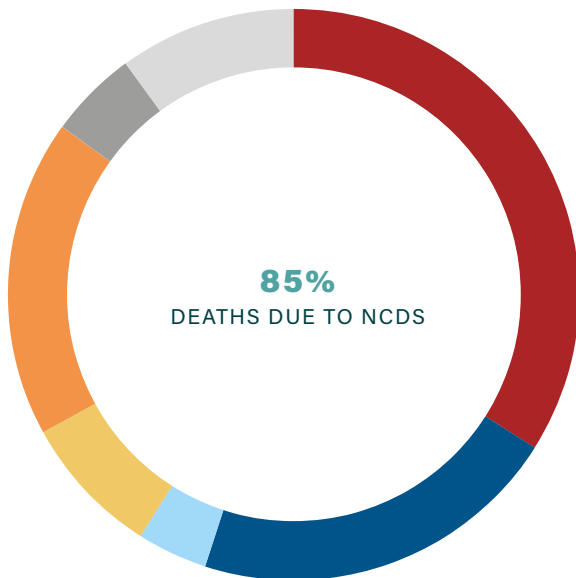
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<p><input type="radio"/> no <input type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>93,800</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>25</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>18,240</b>
POPULATION AGED >60 (%)	<b>16</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 239,563**

**INT\$ 312,310**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 2,635,191**

**INT\$ 3,435,410**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS






**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**





no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/></p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/></p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/></p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/></p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/></p>
---	---

no  yes, but not operational  yes and operational

 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input type="radio"/></li> </ul>
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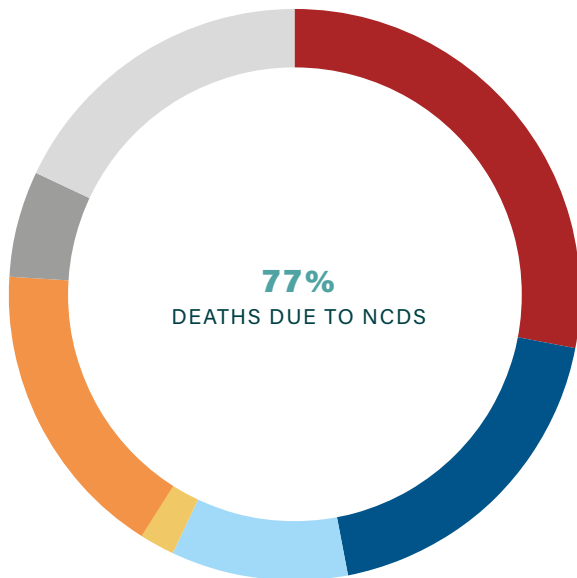
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/></p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/></p>
--	---

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>45,511,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>31</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>20,769</b>
POPULATION AGED >60 (%)	<b>16</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 204,649,557**

**INT\$ 495,093,069**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 2,251,145,132**

**INT\$ 5,446,023,761**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

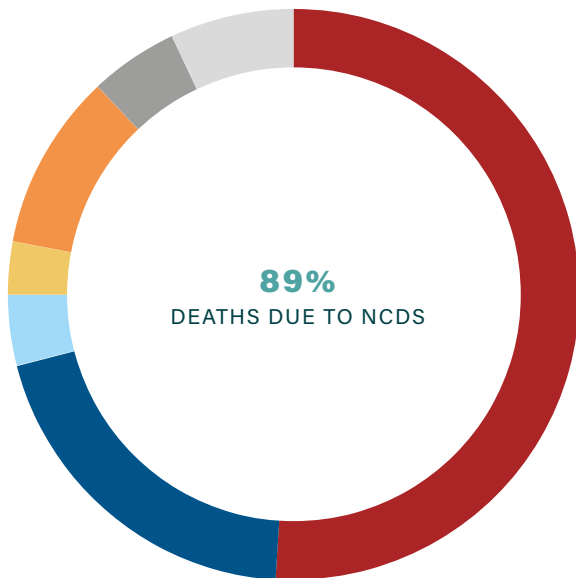
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>2,781,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>26</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>13,311</b>
POPULATION AGED >60 (%)	<b>20</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 4,453,809**

**INT\$ 13,898,114**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 48,991,899**

**INT\$ 152,879,259**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

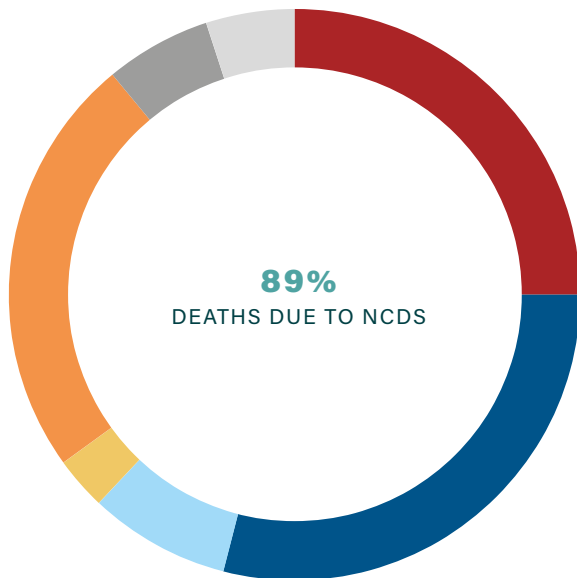
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	26,178,000	WORLD BANK INCOME GROUP	HIGH
POPULATION AGED <20 (%)	24	GROSS DOMESTIC PRODUCT per capita (INT\$)	53,317
POPULATION AGED >60 (%)	23		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 365,959,510**

**INT\$ 367,750,352**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 4,025,554,615**

**INT\$ 4,045,253,871**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ○
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ○</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ○</li> <li>▪ in public open spaces ○</li> <li>▪ through walking and cycling ○</li> <li>▪ for older adults ○</li> <li>▪ for people with disability ○</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education ○</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

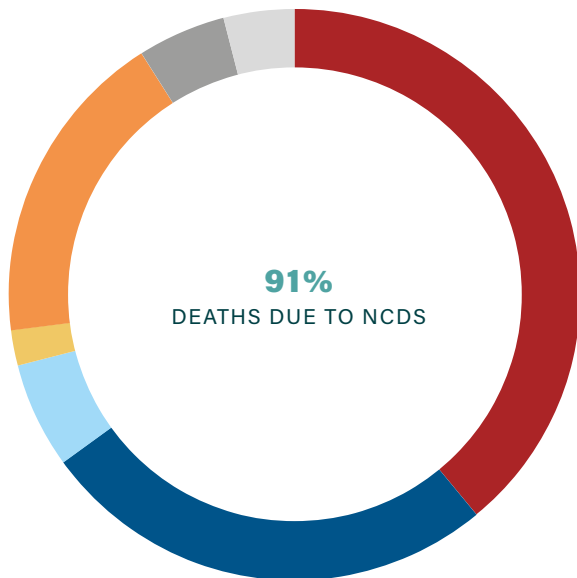
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ○	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ○

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>8,940,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>19</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>55,686</b>
POPULATION AGED >60 (%)	<b>27</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 142,922,306**

**INT\$ 163,798,866**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 1,572,145,367**

**INT\$ 1,801,787,523**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ●</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> ○ <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

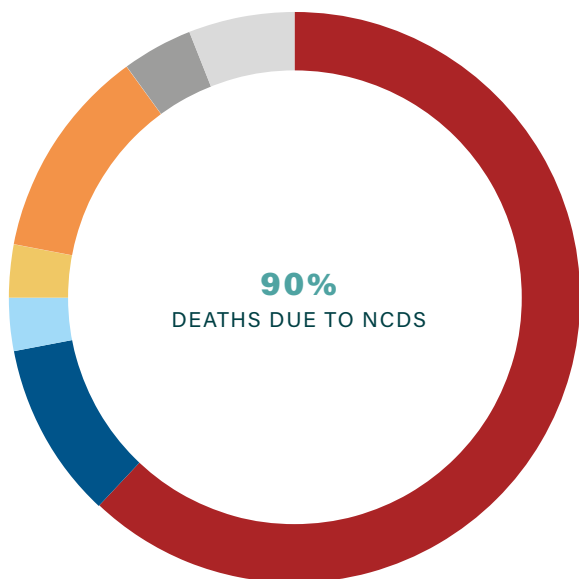
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>10,359,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>30</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>14,479</b>
POPULATION AGED >60 (%)	<b>12</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 15,417,409**  
**INT\$ 52,882,728**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 169,591,502**  
**INT\$ 581,710,011**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
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no  yes, but not operational  yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
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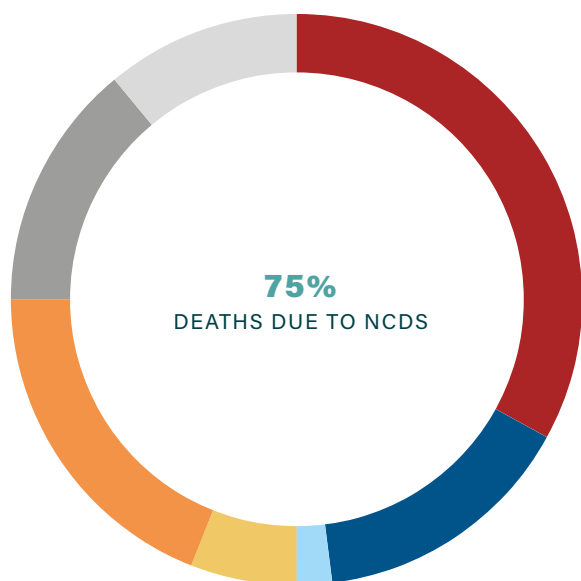
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>
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no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
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 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>410,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>27</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>29,065</b>
POPULATION AGED >60 (%)	<b>14</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 1,830,082**  
**INT\$ 2,363,586**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 20,130,902**  
**INT\$ 25,999,448**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> –	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> –
<b>NATIONAL ROAD SAFETY STRATEGY</b> –	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits –</li> <li>▪ driving and alcohol use –</li> <li>▪ driving and drug use –</li> <li>▪ driving and mobile phone use –</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure –</li> <li>▪ safe pedestrian and cycling crossings –</li> <li>▪ management of speed –</li> </ul>	

○ no ● yes ● yes and best practice – not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ○</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ○</li> <li>▪ in public open spaces ○</li> <li>▪ through walking and cycling ○</li> <li>▪ for older adults ○</li> <li>▪ for people with disability ○</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ○ <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> ○ <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> ○ <ul style="list-style-type: none"> <li>▪ quality physical education ○</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

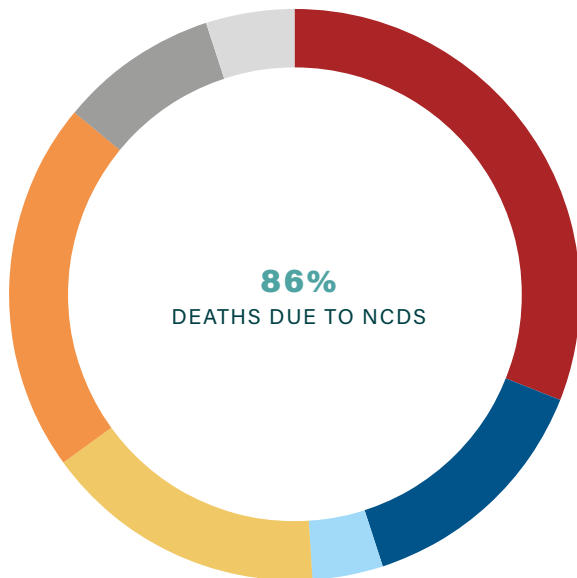
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ○
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ○</li> <li>▪ adults ○</li> <li>▪ older adults ○</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ○

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>1,473,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>26</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>43,821</b>
POPULATION AGED >60 (%)	<b>7</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 12,204,470**  
**INT\$ 26,164,539**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 134,249,167**  
**INT\$ 287,809,934**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> –	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> –
<b>NATIONAL ROAD SAFETY STRATEGY</b> –	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits –</li> <li>▪ driving and alcohol use –</li> <li>▪ driving and drug use –</li> <li>▪ driving and mobile phone use –</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure –</li> <li>▪ safe pedestrian and cycling crossings –</li> <li>▪ management of speed –</li> </ul>	

○ no ● yes ● yes and best practice – not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ●</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> ● <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> ● <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

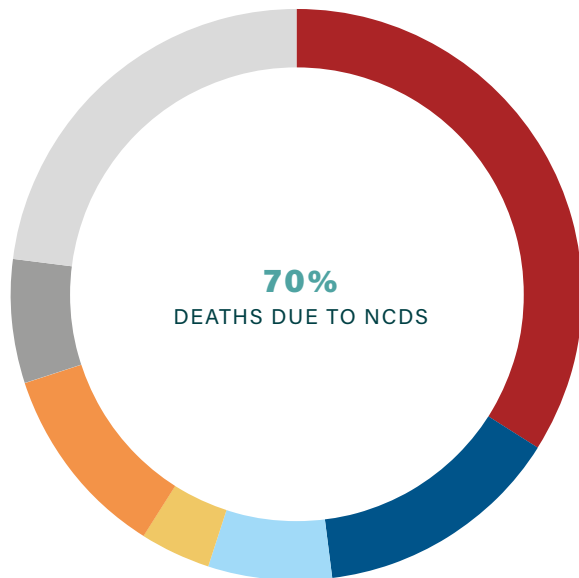
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	171,187,000	WORLD BANK INCOME GROUP	LOWER MIDDLE
POPULATION AGED <20 (%)	36	GROSS DOMESTIC PRODUCT per capita (INT\$)	5,995
POPULATION AGED >60 (%)	9		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 61,708,652**

**INT\$ 161,799,645**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 678,795,177**

**INT\$ 1,779,796,093**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

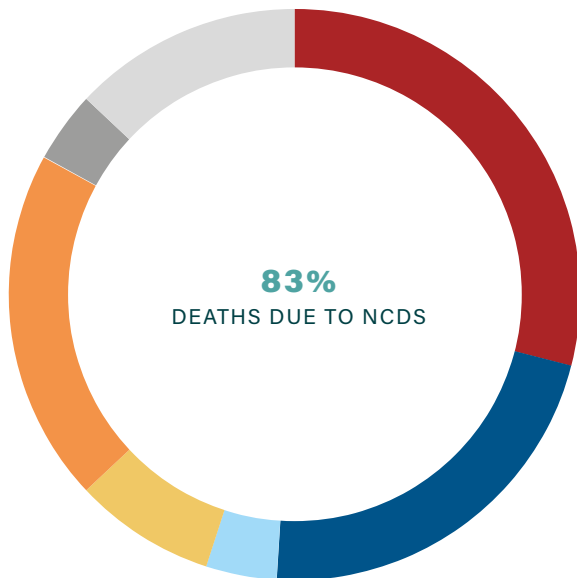
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>282,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>23</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>14,046</b>
POPULATION AGED >60 (%)	<b>23</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 1,597,159**

**INT\$ 1,386,860**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 17,568,744**

**INT\$ 15,255,457**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes







## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/></p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/></p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/></p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	







no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

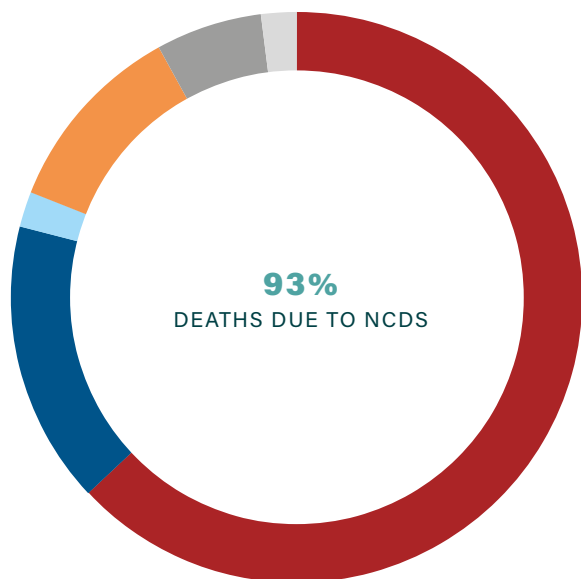
 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/></p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/></p>
 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/></p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/></p>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>9,535,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>22</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>20,238</b>
POPULATION AGED >60 (%)	<b>25</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

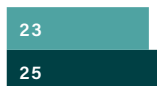
DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 20,246,388**  
**INT\$ 63,785,309**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 222,710,265**  
**INT\$ 701,638,394**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability ●</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ●</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
--	--

○ no ● yes, but not operational ● yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
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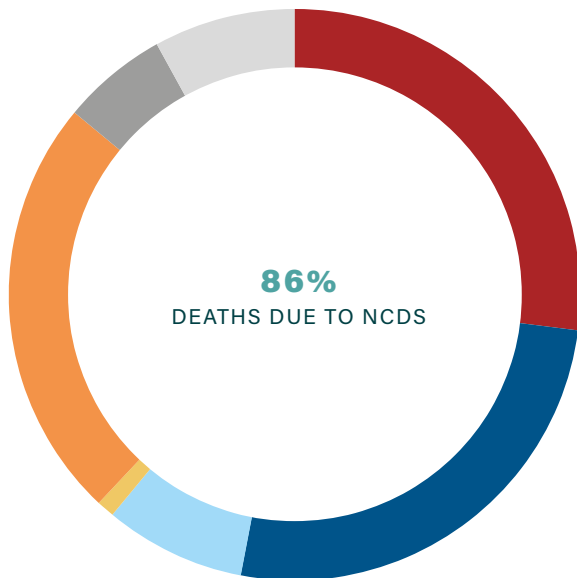
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●
--	--

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	11,656,000	WORLD BANK INCOME GROUP	HIGH
POPULATION AGED <20 (%)	22	GROSS DOMESTIC PRODUCT per capita (INT\$)	53,070
POPULATION AGED >60 (%)	26		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 187,367,814**

**INT\$ 220,044,024**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 2,061,045,949**

**INT\$ 2,420,484,260**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <input type="radio"/> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

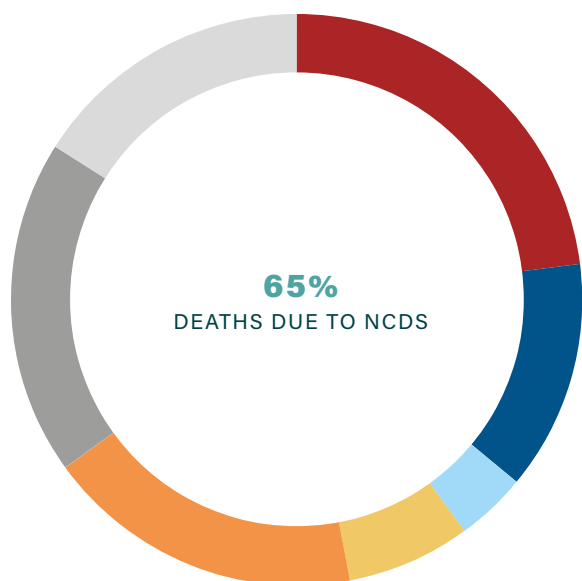
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>406,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>37</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>6,166</b>
POPULATION AGED >60 (%)	<b>8</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 315,702**  
**INT\$ 495,407**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 3,472,723**  
**INT\$ 5,449,482**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

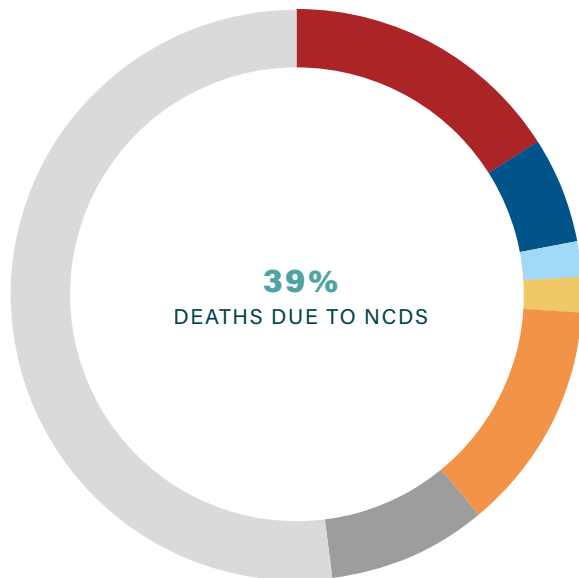
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>13,353,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>53</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>3,505</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 767,640**  
**INT\$ 2,079,613**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 8,444,036**  
**INT\$ 22,875,738**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

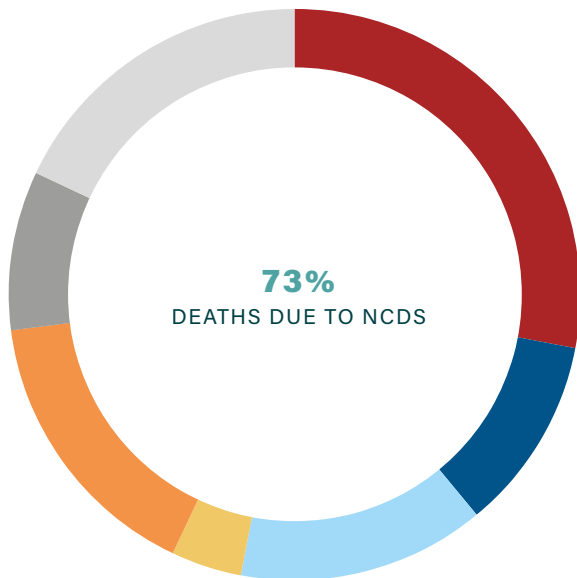
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>783,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>31</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>11,129</b>
POPULATION AGED >60 (%)	<b>9</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 589,079**  
**INT\$ 2,184,960**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 6,479,874**  
**INT\$ 24,034,556**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
---	--

no  yes, but not operational  yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
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<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
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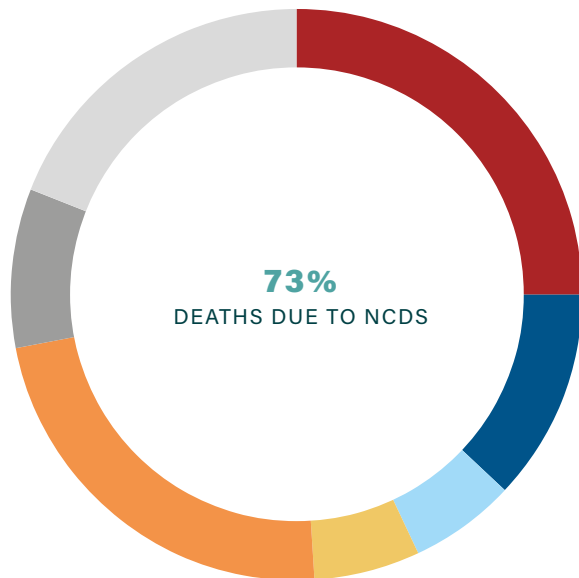
no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

# BOLIVIA (PLURINATIONAL STATE OF)

TOTAL POPULATION (2022)	12,225,000	WORLD BANK INCOME GROUP	LOWER MIDDLE
POPULATION AGED <20 (%)	41	GROSS DOMESTIC PRODUCT per capita (INT\$)	8,283
POPULATION AGED >60 (%)	8		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 9,907,686**  
**INT\$ 26,169,282**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 108,984,549**  
**INT\$ 287,862,106**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

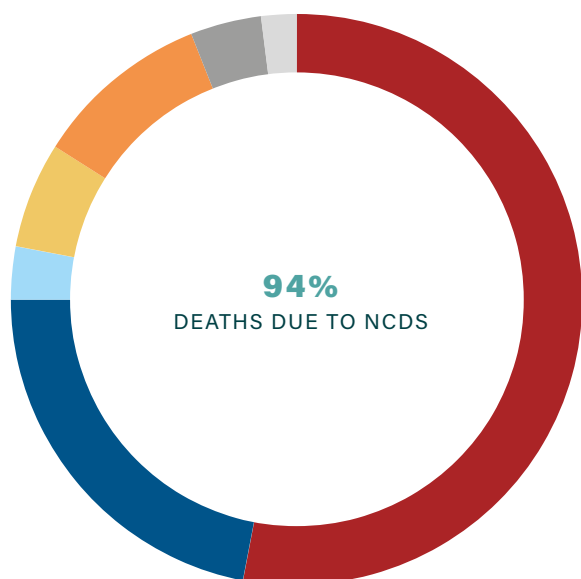
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
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 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
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 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>3,234,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>20</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>15,598</b>
POPULATION AGED >60 (%)	<b>26</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 8,364,442**  
**INT\$ 21,455,439**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 92,008,860**  
**INT\$ 236,009,831**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

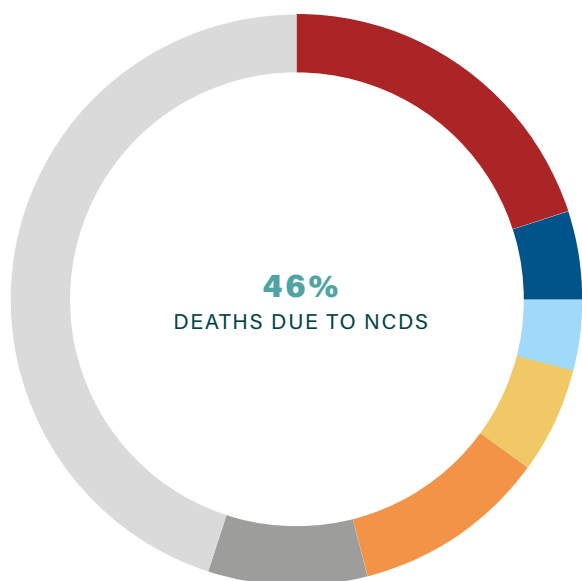
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>2,631,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>42</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>15,471</b>
POPULATION AGED >60 (%)	<b>6</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 3,352,149**  
**INT\$ 8,090,575**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 36,873,636**  
**INT\$ 88,996,321**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

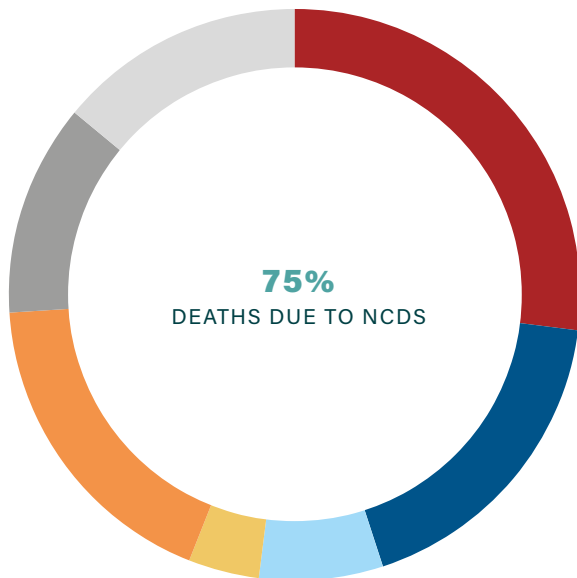
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>215,314,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>28</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>14,834</b>
POPULATION AGED >60 (%)	<b>15</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 3,867,168,386**  
**INT\$ 8,440,835,632**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 42,538,852,247**  
**INT\$ 92,849,191,955**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ○</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ○</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

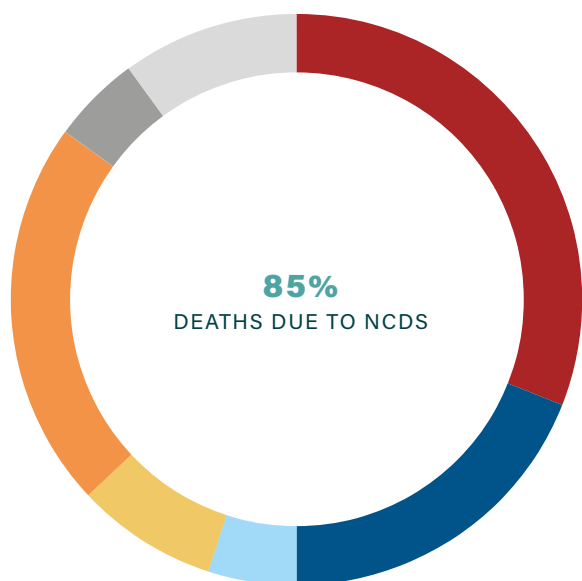
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>450,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>29</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>65,607</b>
POPULATION AGED >60 (%)	<b>10</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 1,066,549**  
**INT\$ 2,549,992**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 11,732,035**  
**INT\$ 28,049,912**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> –	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> –
<b>NATIONAL ROAD SAFETY STRATEGY</b> –	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits –</li> <li>▪ driving and alcohol use –</li> <li>▪ driving and drug use –</li> <li>▪ driving and mobile phone use –</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure –</li> <li>▪ safe pedestrian and cycling crossings –</li> <li>▪ management of speed –</li> </ul>	

○ no ● yes ● yes and best practice – not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability ●</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> ○ <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

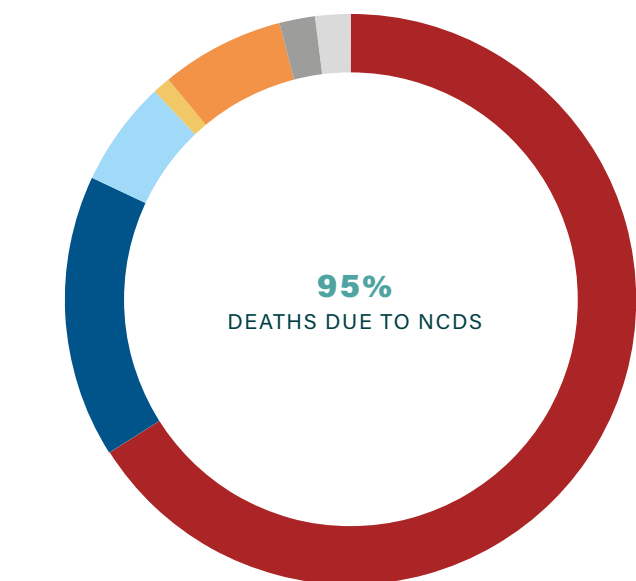
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ○

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>6,782,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>19</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>24,564</b>
POPULATION AGED >60 (%)	<b>29</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 30,912,769**  
**INT\$ 75,339,699**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 340,040,457**  
**INT\$ 828,736,693**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul>

no  yes  NOT AVAILABLE

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

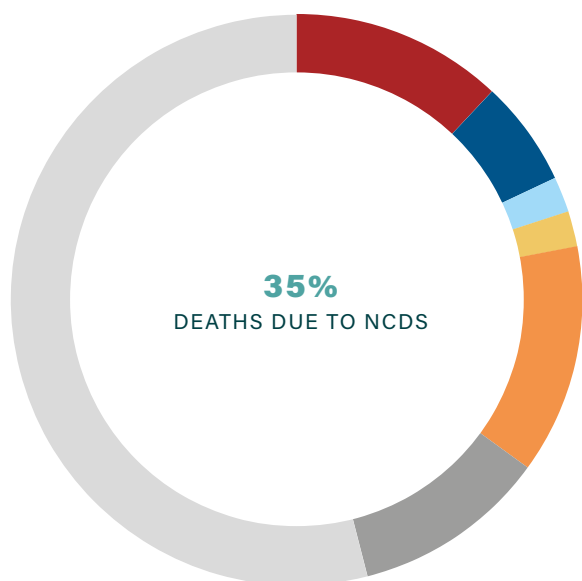
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes  yes, but not operational  yes and operational

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>22,674,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>55</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>2,274</b>
POPULATION AGED >60 (%)	<b>4</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



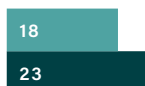
### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 2,085,072**  
**INT\$ 5,526,644**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 22,935,792**  
**INT\$ 60,793,085**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

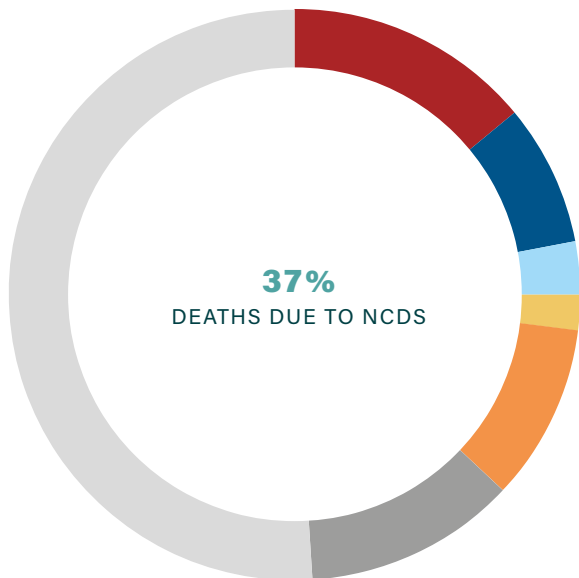
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>12,890,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>57</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>771</b>
POPULATION AGED >60 (%)	<b>4</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 777,535**  
**INT\$ 2,188,270**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 8,552,890**  
**INT\$ 24,070,969**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

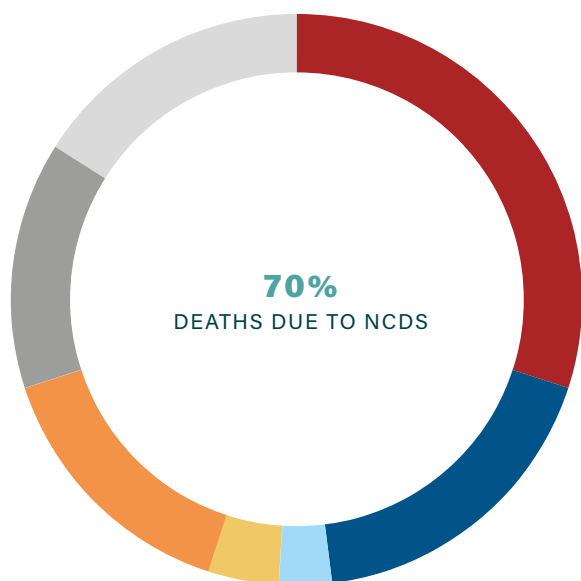
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>594,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>35</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>6,376</b>
POPULATION AGED >60 (%)	<b>9</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 189,852**  
**INT\$ 395,076**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 2,088,374**  
**INT\$ 4,345,835**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY





○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/></p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/></p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/></p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	




no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <input type="radio"/></p> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

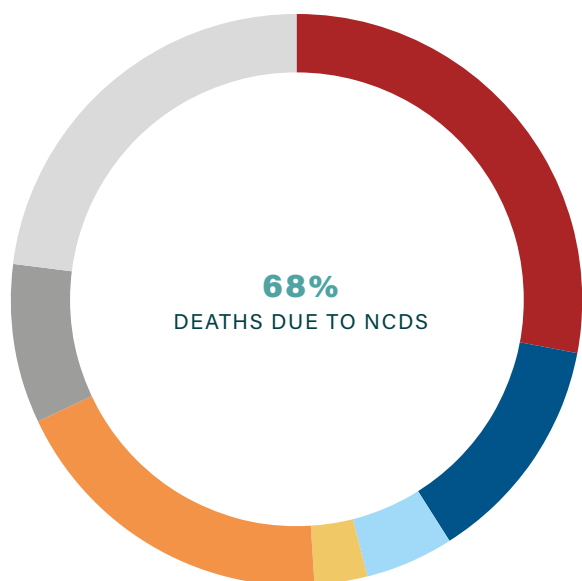
 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/></p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/></p>
 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/></p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/></p>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>16,768,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>38</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>4,423</b>
POPULATION AGED >60 (%)	<b>10</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



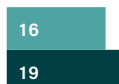
### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 2,511,076**  
**INT\$ 7,192,392**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 27,621,839**  
**INT\$ 79,116,316**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

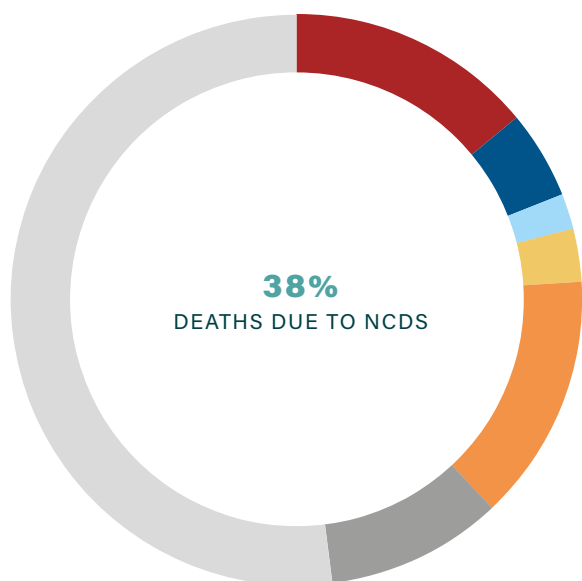
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	27,915,000	WORLD BANK INCOME GROUP	LOWER MIDDLE
POPULATION AGED <20 (%)	53	GROSS DOMESTIC PRODUCT per capita (INT\$)	3,867
POPULATION AGED >60 (%)	4		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ 5,542,978  
INT\$ 13,946,492



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ 60,972,758  
INT\$ 153,411,412

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity








### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes







## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/></p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/></p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/></p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	







no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

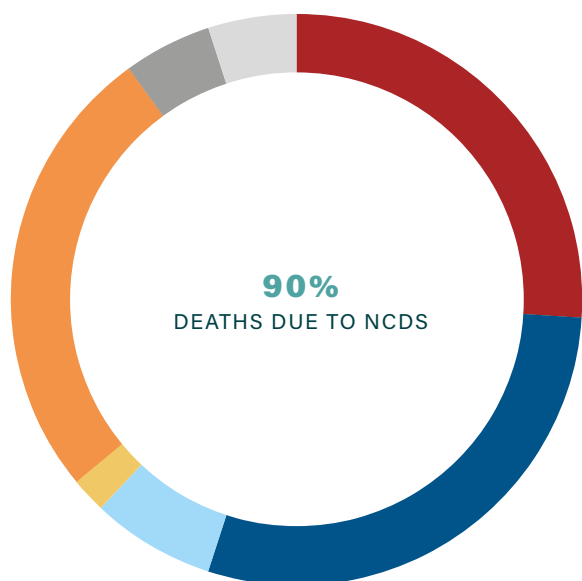
 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/></p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/></p>
 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/></p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/></p>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>38,455,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>21</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>46,572</b>
POPULATION AGED >60 (%)	<b>26</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 420,873,550**  
**INT\$ 453,115,290**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 4,629,609,045**  
**INT\$ 4,984,268,193**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

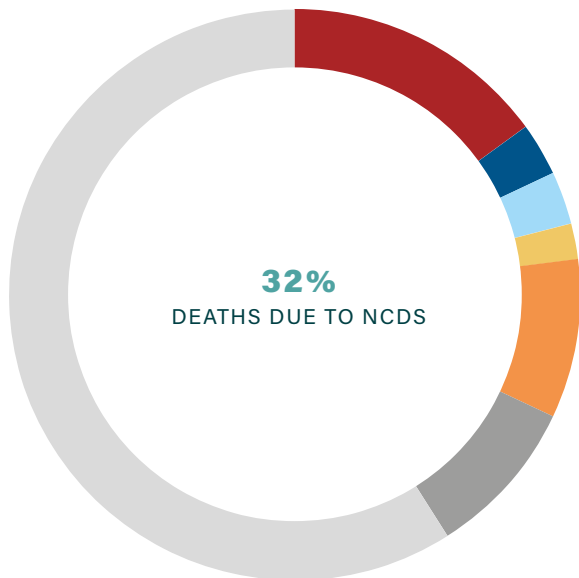
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>5,580,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>60</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>989</b>
POPULATION AGED >60 (%)	<b>4</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 296,227**  
**INT\$ 593,688**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 3,258,496**  
**INT\$ 6,530,565**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY





no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/></p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/></p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/></p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	







no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

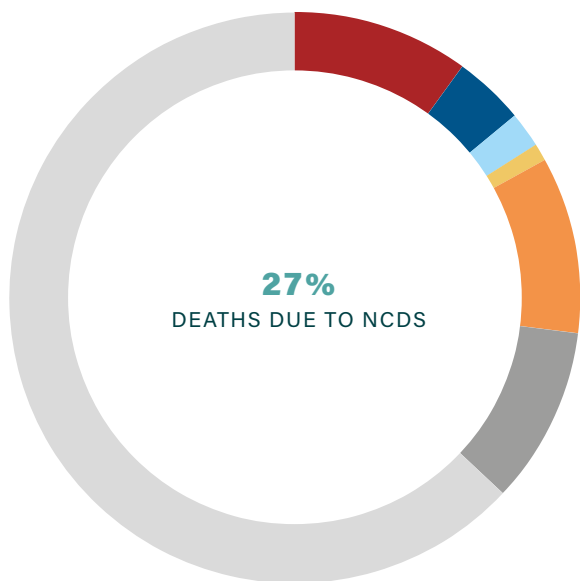
 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/></p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/></p>
 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/></p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/></p>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>17,724,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>58</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>1,592</b>
POPULATION AGED >60 (%)	<b>3</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 1,615,921**  
**INT\$ 3,927,502**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 17,775,127**  
**INT\$ 43,202,517**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

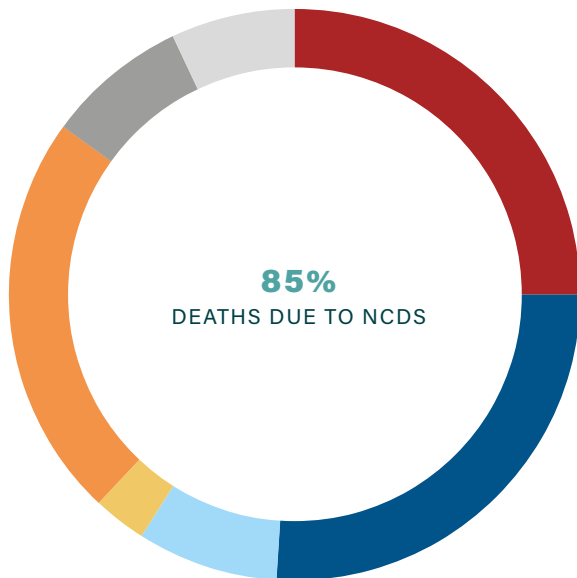
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>19,604,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>24</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>25,089</b>
POPULATION AGED >60 (%)	<b>18</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 105,754,802**  
**INT\$ 200,693,723**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 1,163,302,825**  
**INT\$ 2,207,630,953**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

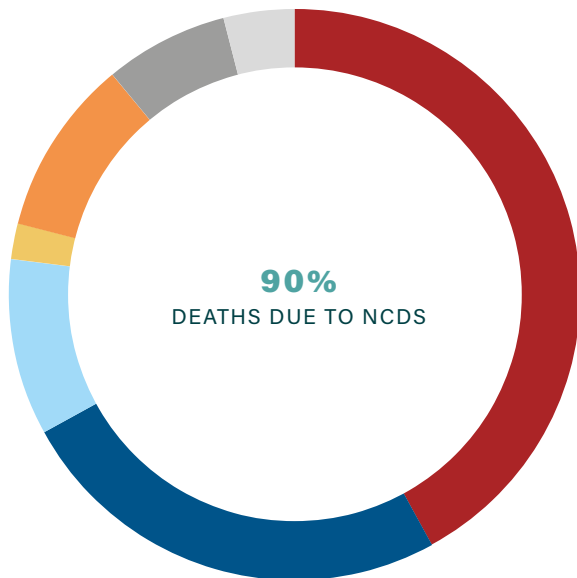
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>1,425,888,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>23</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>17,189</b>
POPULATION AGED >60 (%)	<b>19</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 17,771,653,435**  
**INT\$ 29,311,824,430**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 195,488,187,786**  
**INT\$ 322,430,068,731**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
--	--

○ no ● yes, but not operational ● yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
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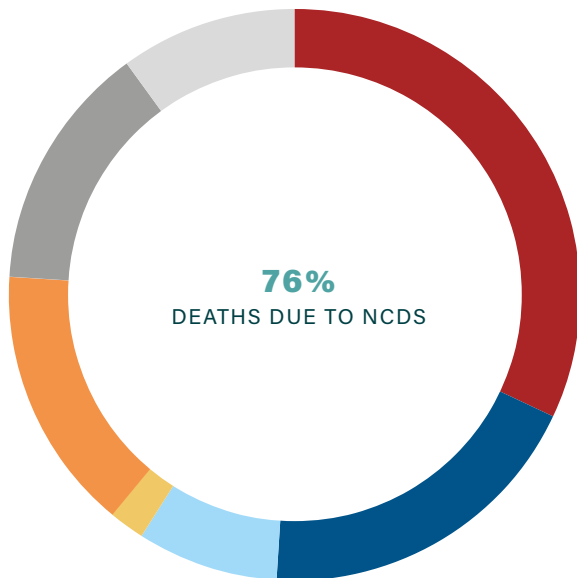
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●
--	--

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>51,875,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>29</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>14,868</b>
POPULATION AGED >60 (%)	<b>14</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 205,647,453**

**INT\$ 575,592,740**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 2,262,121,979**

**INT\$ 6,331,520,136**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

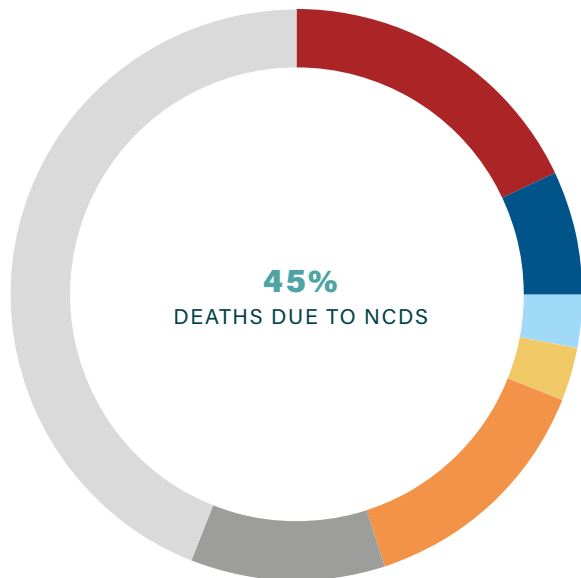
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>837,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>48</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>3,148</b>
POPULATION AGED >60 (%)	<b>7</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 95,269**

**INT\$ 211,447**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 1,047,956**

**INT\$ 2,325,917**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no    yes    yes and best practice    not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no    yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

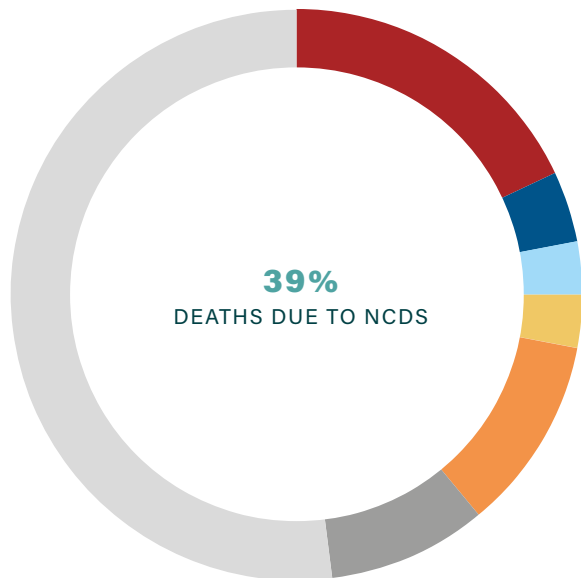
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no    yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>5,971,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>51</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>3,689</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 1,783,951**  
**INT\$ 3,500,312**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 19,623,459**  
**INT\$ 38,503,433**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

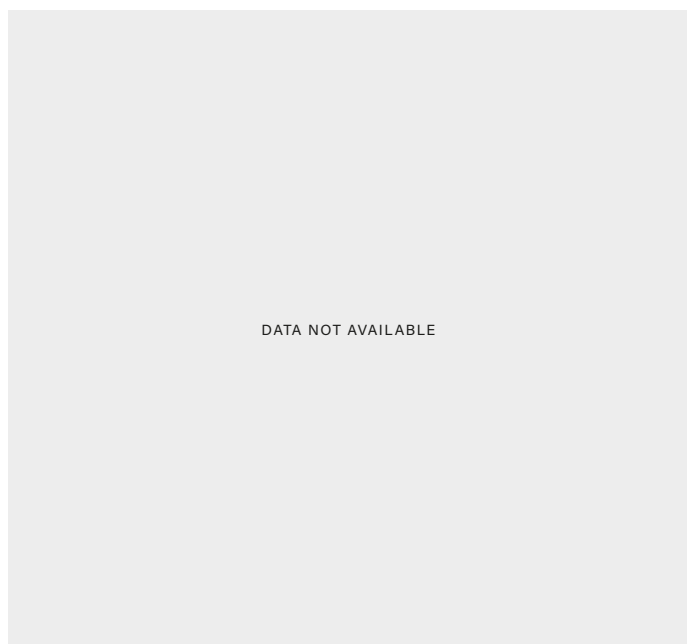
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
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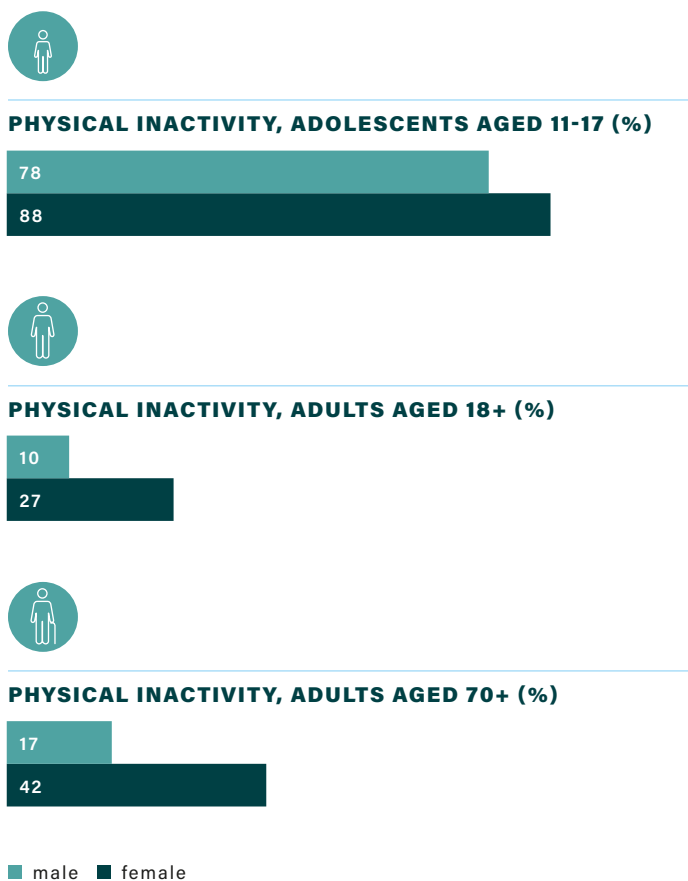
TOTAL POPULATION (2022)	17,100	WORLD BANK INCOME GROUP	UPPER MIDDLE
POPULATION AGED <20 (%)	31	GROSS DOMESTIC PRODUCT per capita (INT\$)	
POPULATION AGED >60 (%)	17		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

- NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**
- with links to community programmes
  - supported by environmental improvements
  - promoting the co-benefits of physical activity

- NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**
- 

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ○
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ○</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ○</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ○</li> <li>▪ through walking and cycling ○</li> <li>▪ for older adults ○</li> <li>▪ for people with disability ○</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ○ <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education ○</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

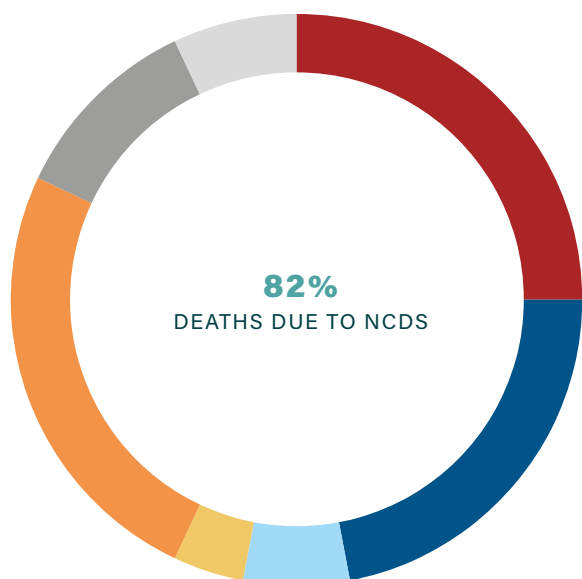
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ○</li> <li>▪ adults ○</li> <li>▪ older adults ○</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
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 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>5,181,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>27</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>22,244</b>
POPULATION AGED >60 (%)	<b>16</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 16,794,802**  
**INT\$ 30,616,496**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 184,742,820**  
**INT\$ 336,781,453**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

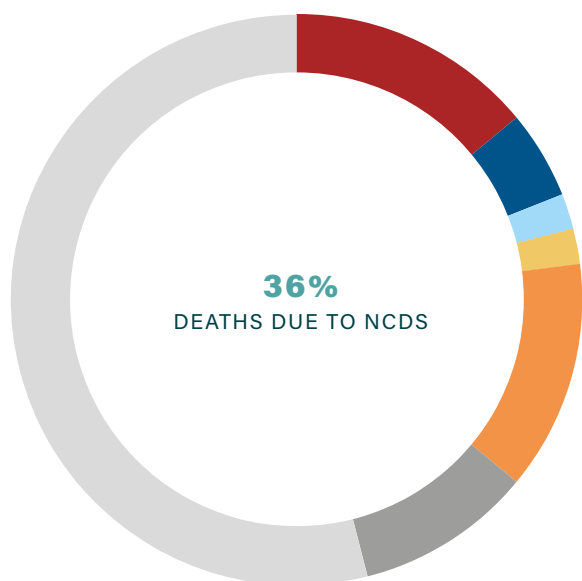
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>28,161,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>53</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>5,465</b>
POPULATION AGED >60 (%)	<b>4</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 6,238,917**

**INT\$ 14,661,626**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 68,628,084**

**INT\$ 161,277,883**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

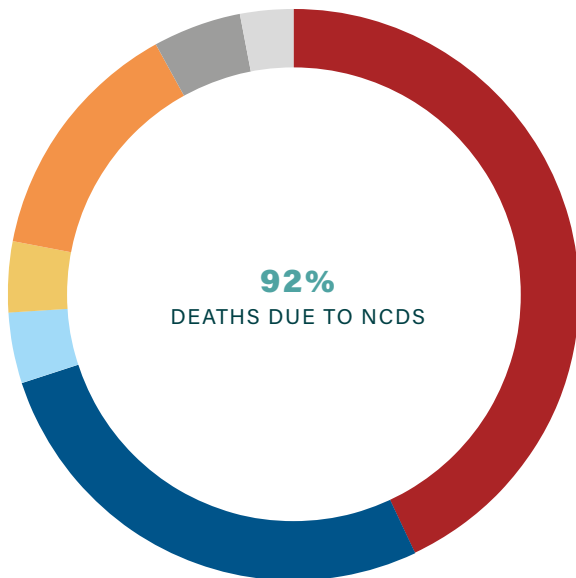
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	4,031,000	WORLD BANK INCOME GROUP	HIGH
POPULATION AGED <20 (%)	19	GROSS DOMESTIC PRODUCT per capita (INT\$)	28,780
POPULATION AGED >60 (%)	30		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 20,978,653**

**INT\$ 42,722,145**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 230,765,184**

**INT\$ 469,943,592**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
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no  yes, but not operational  yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> </ul>
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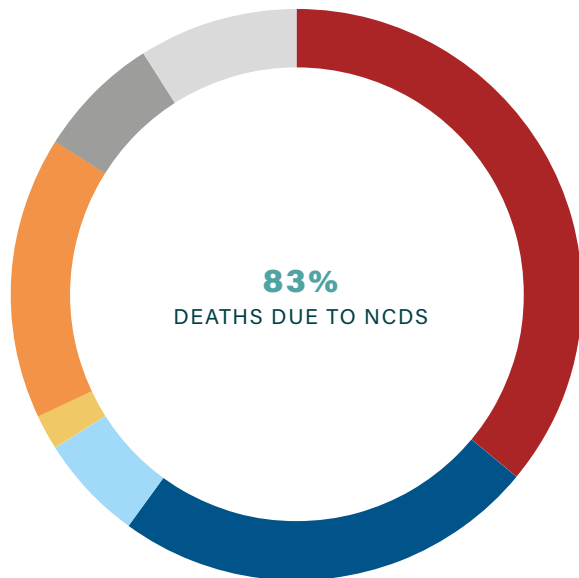
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>
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no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	11,213,000	WORLD BANK INCOME GROUP	UPPER MIDDLE
POPULATION AGED <20 (%)	21	GROSS DOMESTIC PRODUCT per capita (INT\$)	
POPULATION AGED >60 (%)	22		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 102,071,073**

**INT\$ NO DATA AVAILABLE**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 1,122,781,798**

**INT\$ 2,190,049,085**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

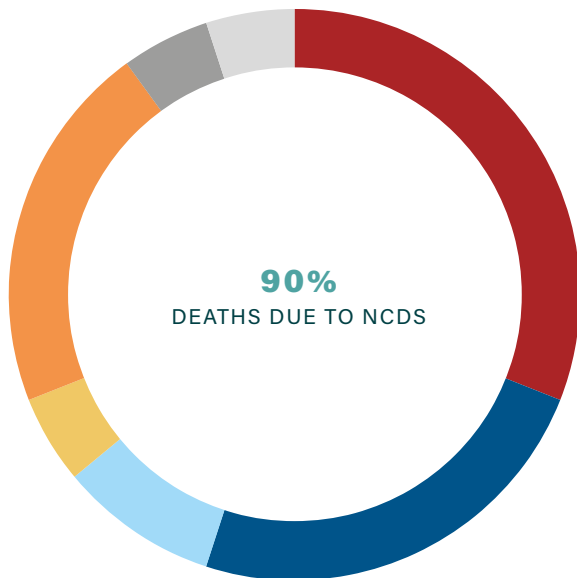
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	1,252,000	WORLD BANK INCOME GROUP	HIGH
POPULATION AGED <20 (%)	21	GROSS DOMESTIC PRODUCT per capita (INT\$)	39,593
POPULATION AGED >60 (%)	20		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 7,406,350**

**INT\$ 10,593,470**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 81,469,853**

**INT\$ 116,528,169**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

○ no   ● yes   ● yes and best practice   — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

○ no   ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

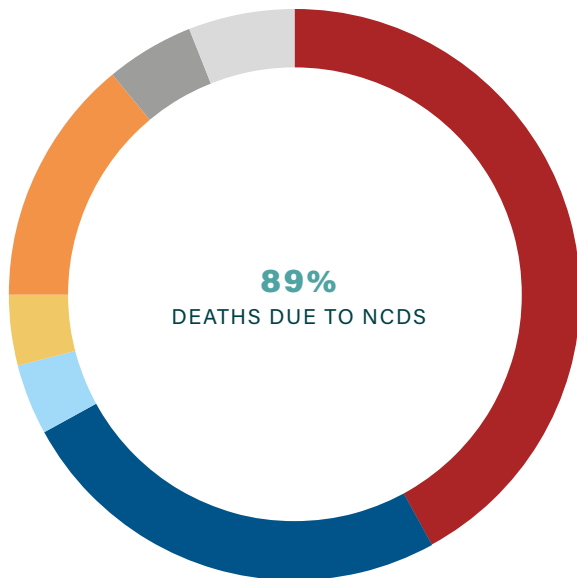
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

○ no   ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
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 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	10,494,000	WORLD BANK INCOME GROUP	HIGH
POPULATION AGED <20 (%)	21	GROSS DOMESTIC PRODUCT per capita (INT\$)	41,608
POPULATION AGED >60 (%)	26		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ 79,209,241  
INT\$ 143,708,557



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ 871,301,656  
INT\$ 1,580,794,123

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

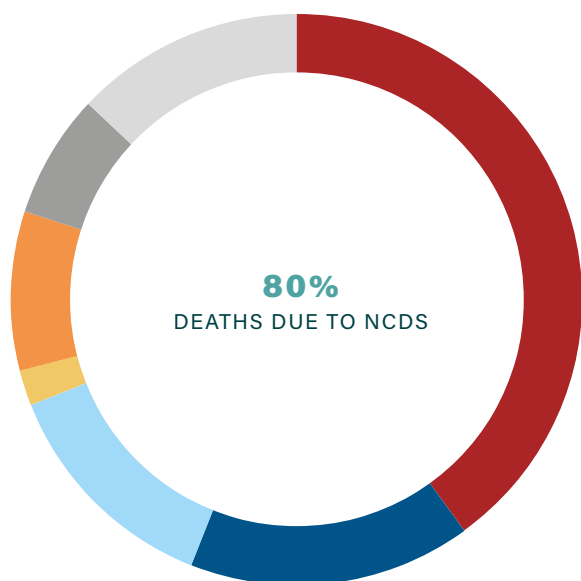
no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

# DEMOCRATIC PEOPLE'S REPUBLIC OF KOREA

TOTAL POPULATION (2022)	<b>26,070,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>25</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	
POPULATION AGED >60 (%)	<b>17</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 18,664,967**  
**INT\$ NO DATA AVAILABLE**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 205,314,636**  
**INT\$ 629,659,805**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> –	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> –
<b>NATIONAL ROAD SAFETY STRATEGY</b> –	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits –</li> <li>▪ driving and alcohol use –</li> <li>▪ driving and drug use –</li> <li>▪ driving and mobile phone use –</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure –</li> <li>▪ safe pedestrian and cycling crossings –</li> <li>▪ management of speed –</li> </ul>	

○ no ● yes ● yes and best practice – not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ○</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ○</li> <li>▪ in public open spaces ○</li> <li>▪ through walking and cycling ○</li> <li>▪ for older adults ○</li> <li>▪ for people with disability ○</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ○ <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> ○ <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> ○ <ul style="list-style-type: none"> <li>▪ quality physical education ○</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ○
--	--

○ no ● yes, but not operational ● yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ○</li> <li>▪ adults ○</li> <li>▪ older adults ○</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ○</li> <li>▪ adults ●</li> </ul>
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<b>NATIONAL NCD COORDINATING MECHANISM</b> ○	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●
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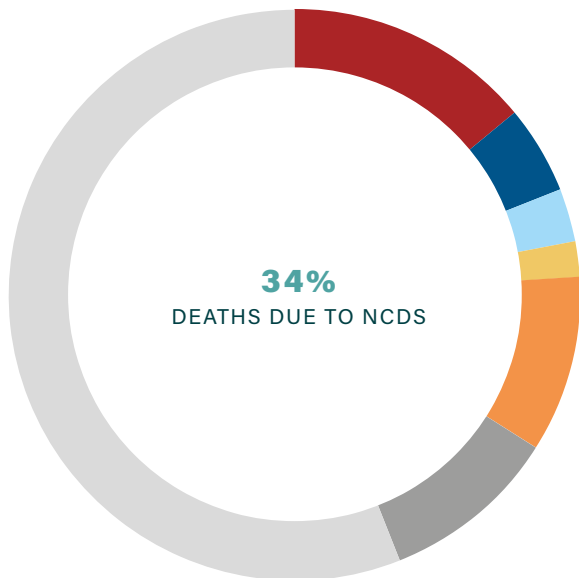
○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

# DEMOCRATIC REPUBLIC OF THE CONGO

TOTAL POPULATION (2022)	<b>99,011,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>57</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>1,142</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 5,463,030**

**INT\$ 11,467,576**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 60,093,332**

**INT\$ 126,143,331**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

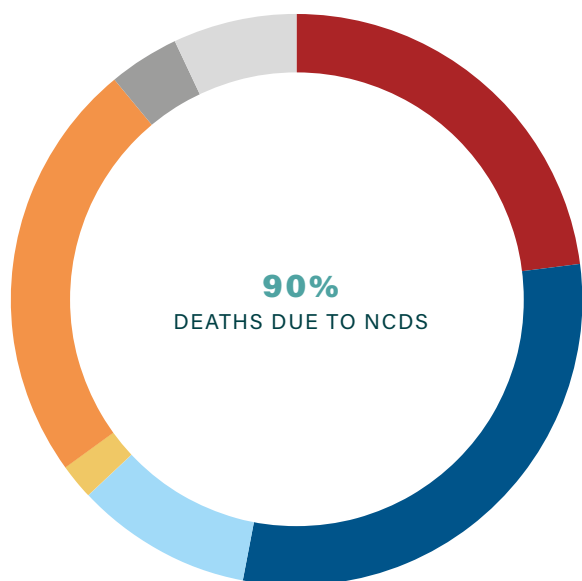
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>5,883,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>22</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>60,230</b>
POPULATION AGED >60 (%)	<b>26</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 81,679,374**

**INT\$ 80,564,602**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 898,473,118**

**INT\$ 886,210,617**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability ●</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ●</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> ● <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education ●</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
--	--

○ no ● yes, but not operational ● yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
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<b>NATIONAL NCD COORDINATING MECHANISM</b> ○	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●
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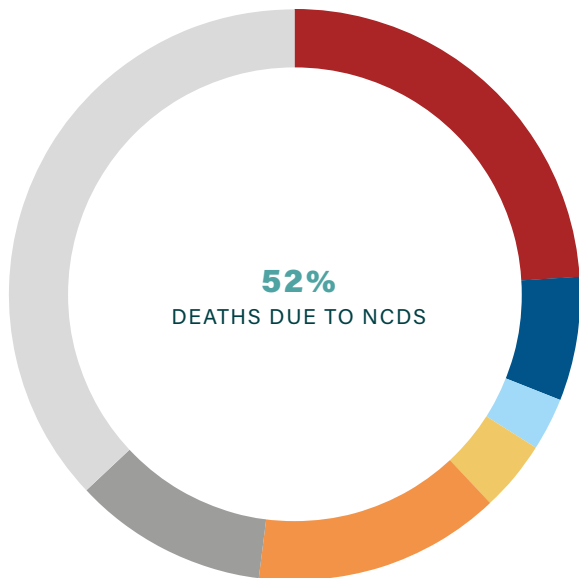
○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>1,121,000</b>
POPULATION AGED <20 (%)	<b>41</b>
POPULATION AGED >60 (%)	<b>7</b>

WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>5,533</b>

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 409,340**  
**INT\$ 690,912**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 4,502,740**  
**INT\$ 7,600,028**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> –	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> –
<b>NATIONAL ROAD SAFETY STRATEGY</b> –	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits –</li> <li>▪ driving and alcohol use –</li> <li>▪ driving and drug use –</li> <li>▪ driving and mobile phone use –</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure –</li> <li>▪ safe pedestrian and cycling crossings –</li> <li>▪ management of speed –</li> </ul>	

○ no ● yes ● yes and best practice – not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ○</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ○</li> <li>▪ in public open spaces ○</li> <li>▪ through walking and cycling ○</li> <li>▪ for older adults ○</li> <li>▪ for people with disability ○</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ○ <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> ○ <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> ○ <ul style="list-style-type: none"> <li>▪ quality physical education ○</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ○	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ○
--	--

○ no ● yes, but not operational ● yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ○</li> <li>▪ adults ○</li> <li>▪ older adults ○</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ○</li> </ul>
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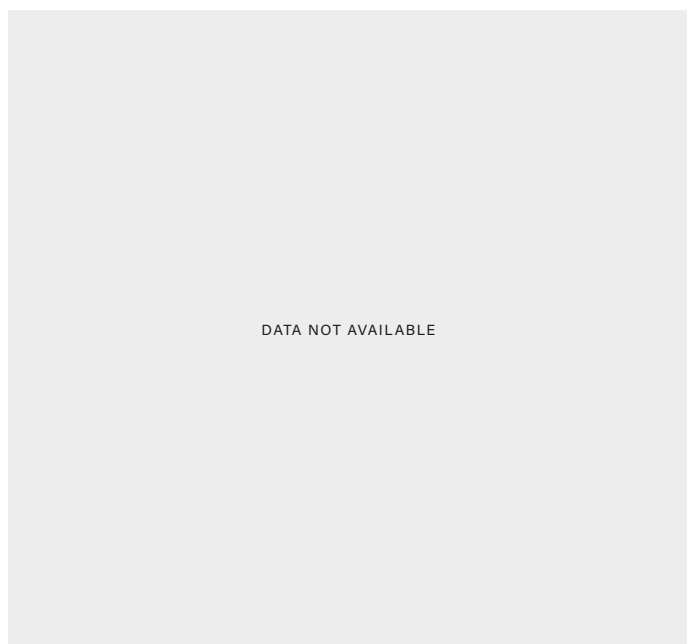
<b>NATIONAL NCD COORDINATING MECHANISM</b> ○	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ○
--	--

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

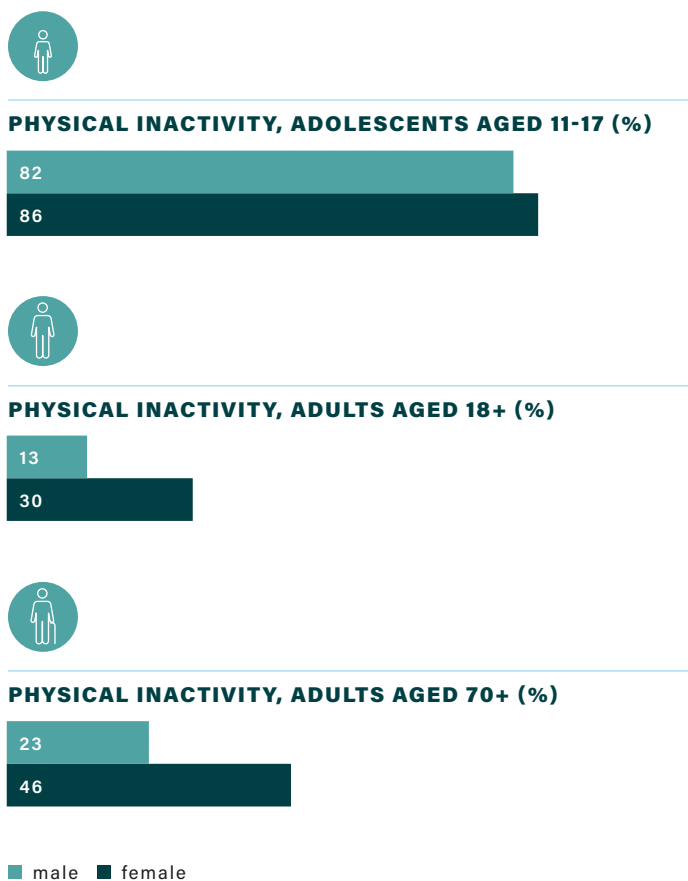
TOTAL POPULATION (2022)	<b>72,800</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>27</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>10,818</b>
POPULATION AGED >60 (%)	<b>14</b>		

## NCD MORTALITY

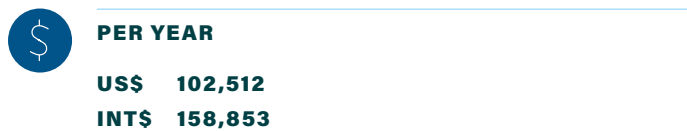


- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

- NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**
- with links to community programmes
  - supported by environmental improvements
  - promoting the co-benefits of physical activity

- NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**
- 

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

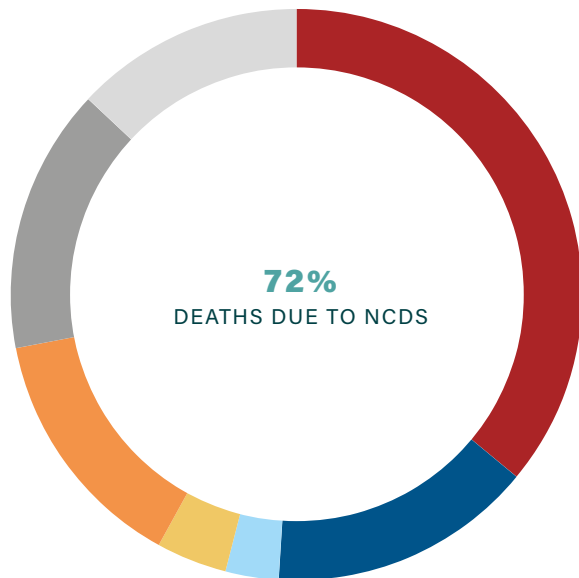
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	11,229,000	WORLD BANK INCOME GROUP	UPPER MIDDLE
POPULATION AGED <20 (%)	36	GROSS DOMESTIC PRODUCT per capita (INT\$)	17,934
POPULATION AGED >60 (%)	11		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 26,229,623**

**INT\$ 64,726,615**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 288,525,858**

**INT\$ 711,992,763**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS






**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**





○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●</p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●</p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> ●</p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ○</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	







○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces ○</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ○</li> <li>▪ in public open spaces ○</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ○</li> <li>▪ for people with disability ○</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education ○</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

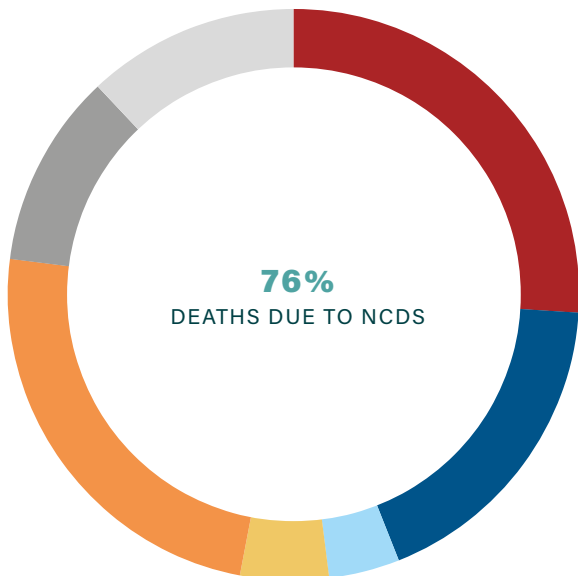
 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●</p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ○</p>
 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ○</li> <li>▪ adults ○</li> <li>▪ older adults ○</li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> ○</p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●</p>

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>18,001,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>34</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>10,890</b>
POPULATION AGED >60 (%)	<b>11</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 24,507,840**  
**INT\$ 47,680,940**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 269,586,242**  
**INT\$ 524,490,345**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

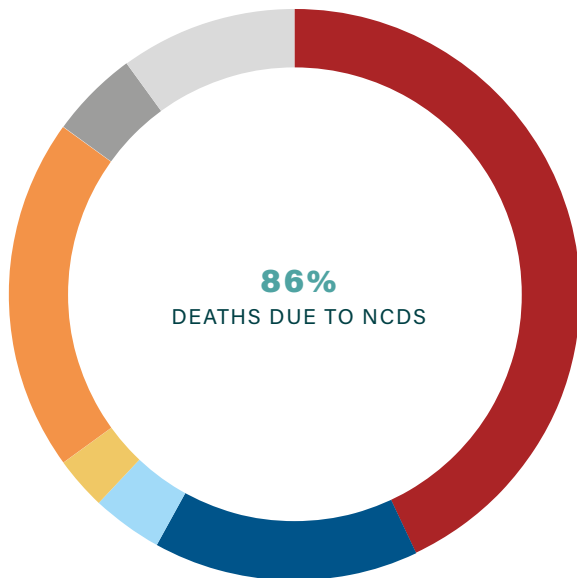
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>110,991,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>42</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>12,606</b>
POPULATION AGED >60 (%)	<b>8</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 281,304,802**

**INT\$ 976,826,013**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 3,094,352,821**

**INT\$ 10,745,086,143**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

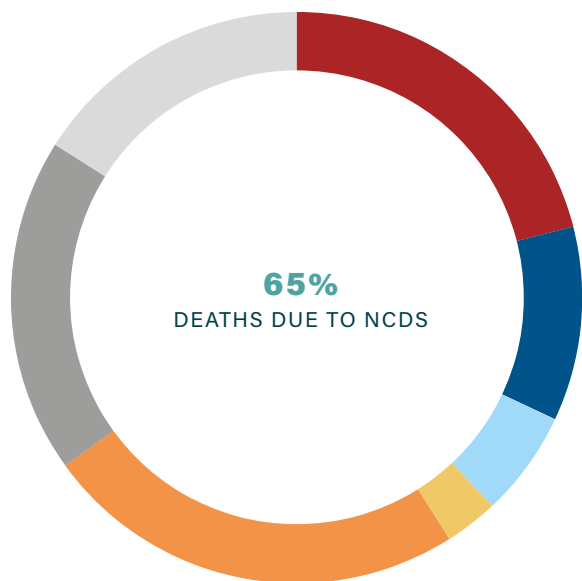
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>6,337,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>34</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>8,420</b>
POPULATION AGED >60 (%)	<b>12</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 6,735,390**

**INT\$ 14,930,425**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 74,089,288**

**INT\$ 164,234,672**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ○</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ○</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ○</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ●</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

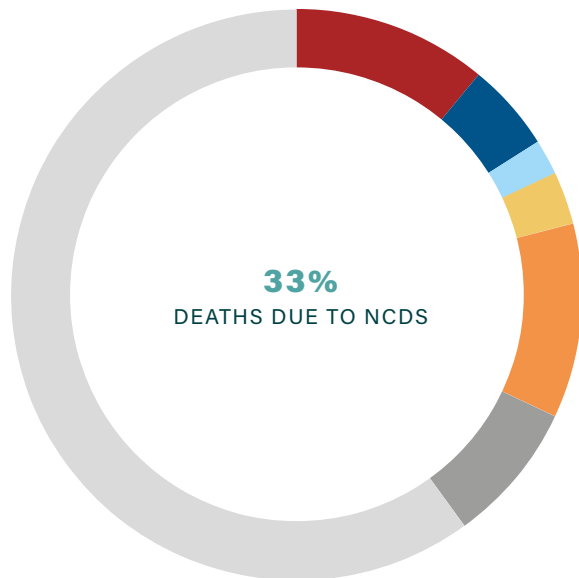
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ○

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>1,675,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>47</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>18,158</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 1,466,950**  
**INT\$ 3,684,301**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 16,136,446**  
**INT\$ 40,527,308**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY





no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/></p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/></p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/></p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	


no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

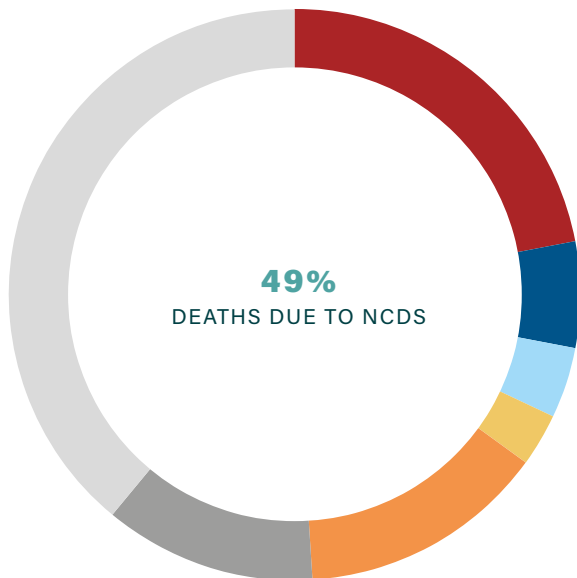
 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/></p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/></p>
 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> </ul>
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/></p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/></p>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>3,685,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>51</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	
POPULATION AGED >60 (%)	<b>6</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ **487,371**  
INT\$ **NO DATA AVAILABLE**



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ **5,361,078**  
INT\$ **13,905,529**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY





no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/></p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/></p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/></p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/></p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/></p>
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no  yes, but not operational  yes and operational

 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
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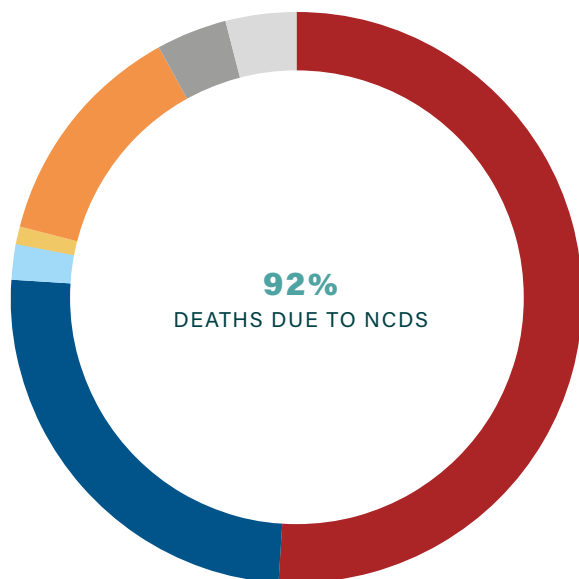
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/></p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/></p>
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no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	1,327,000	WORLD BANK INCOME GROUP	HIGH
POPULATION AGED <20 (%)	22	GROSS DOMESTIC PRODUCT per capita (INT\$)	37,645
POPULATION AGED >60 (%)	27		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ 8,702,330  
INT\$ 14,209,943



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ 95,725,627  
INT\$ 156,309,378

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ○
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

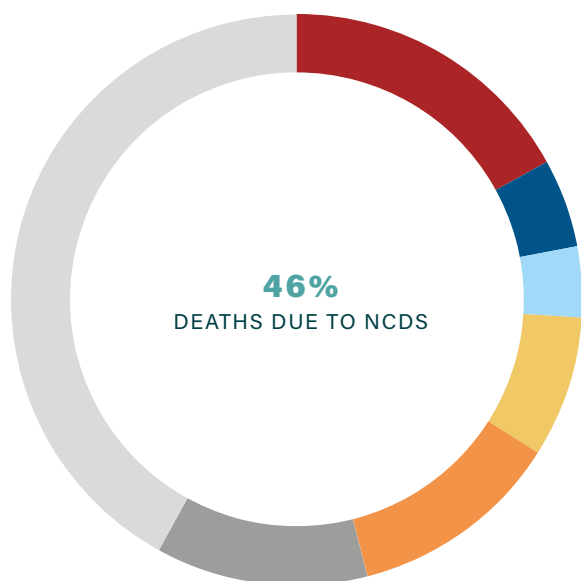
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ○	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
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 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>1,202,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>45</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>8,865</b>
POPULATION AGED >60 (%)	<b>6</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 1,510,919**

**INT\$ 3,911,880**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 16,620,111**

**INT\$ 43,030,679**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

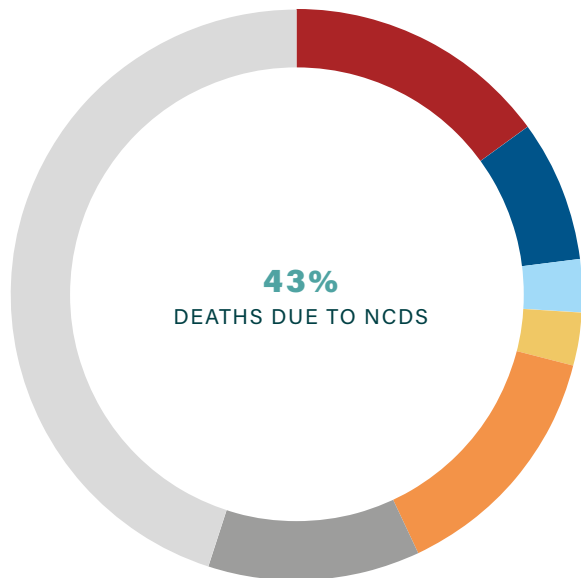
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
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 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>123,380,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>51</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>2,423</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 10,612,523**

**INT\$ 30,596,517**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 116,737,748**

**INT\$ 336,561,686**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

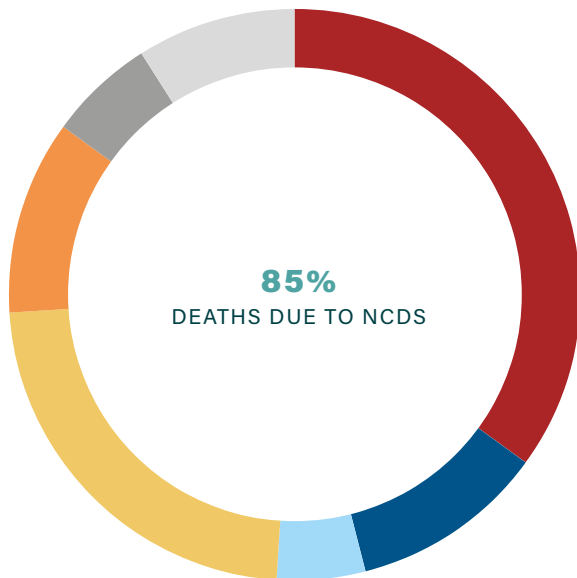
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>930,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>37</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>12,158</b>
POPULATION AGED >60 (%)	<b>10</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 302,313**  
**INT\$ 721,999**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 3,325,446**  
**INT\$ 7,941,984**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

**ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS**

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ○</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ○</li> </ul>	

○ no ● yes ● yes and best practice — not available

**ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES**

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ○</li> <li>▪ for older adults ○</li> <li>▪ for people with disability ○</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> ● <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education ○</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

○ no ● yes

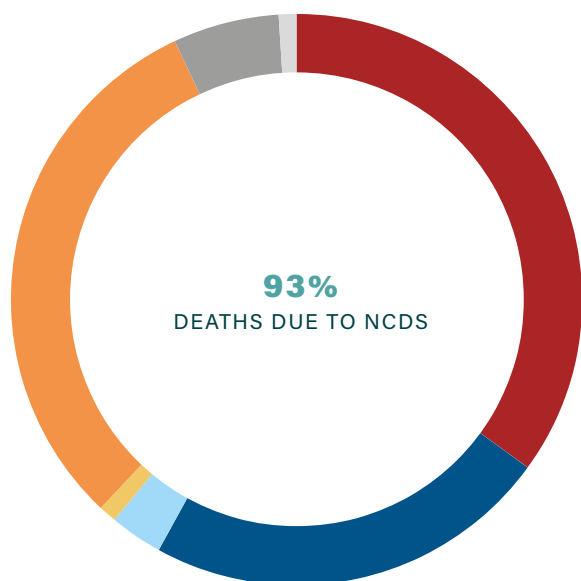
**ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE**

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<p>○ no ● yes, but not operational ● yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ○</li> <li>▪ adults ●</li> <li>▪ older adults ○</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ○	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ○
<p>○ no ● yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>5,541,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>21</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>50,937</b>
POPULATION AGED >60 (%)	<b>30</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 40,820,920**  
**INT\$ 42,295,898**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 449,030,121**  
**INT\$ 465,254,882**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability ●</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
--	--

○ no ● yes, but not operational ● yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
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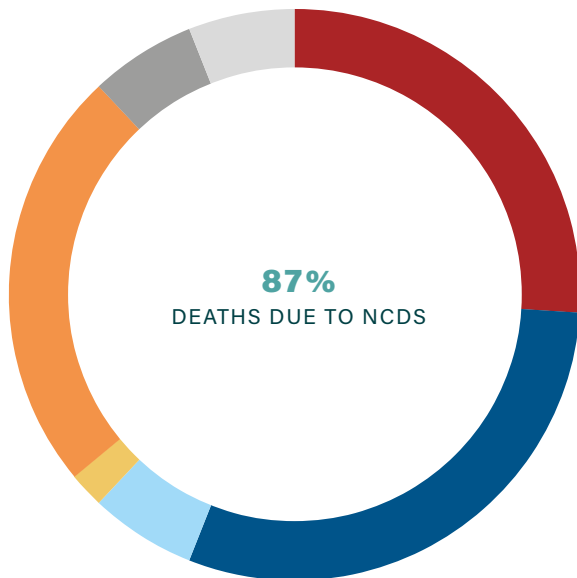
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●
--	--

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>64,627,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>23</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>46,991</b>
POPULATION AGED >60 (%)	<b>28</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 981,744,776**  
**INT\$ 1,181,781,452**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 10,799,192,531**  
**INT\$ 12,999,595,969**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●</p>	<p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●</p>
<p><b>NATIONAL ROAD SAFETY STRATEGY</b> ●</p>	<p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability ●</li> </ul>	<p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ●</p> <ul style="list-style-type: none"> <li>▪ with referral ●</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
<p>NOT AVAILABLE</p>	<p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
<p>NOT AVAILABLE</p>	<p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●</p>	<p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●</p>
---	---

○ no ● yes, but not operational ● yes and operational

<p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
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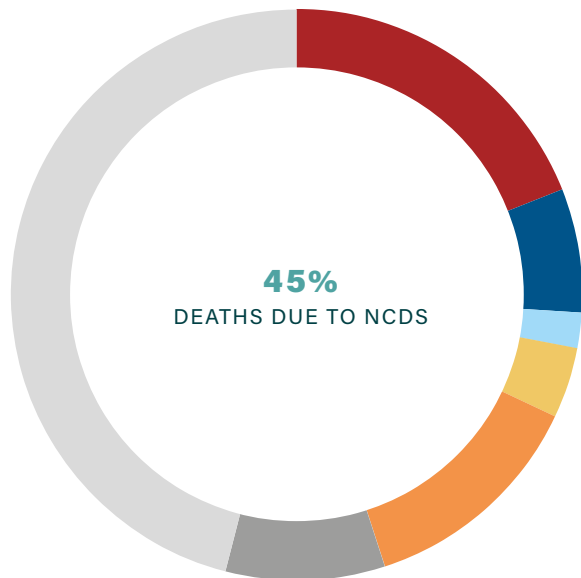
<p><b>NATIONAL NCD COORDINATING MECHANISM</b> ●</p>	<p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●</p>
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○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>2,389,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>46</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>15,105</b>
POPULATION AGED >60 (%)	<b>6</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 1,781,988**

**INT\$ 3,911,722**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 19,601,863**

**INT\$ 43,028,943**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

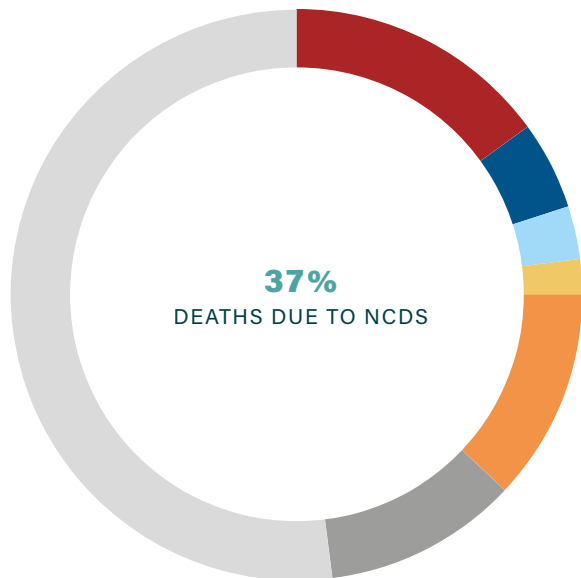
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
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 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>2,706,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>54</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>2,277</b>
POPULATION AGED >60 (%)	<b>4</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY

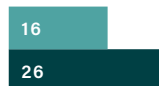


### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 222,570**  
**INT\$ 655,055**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 2,448,269**  
**INT\$ 7,205,602**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

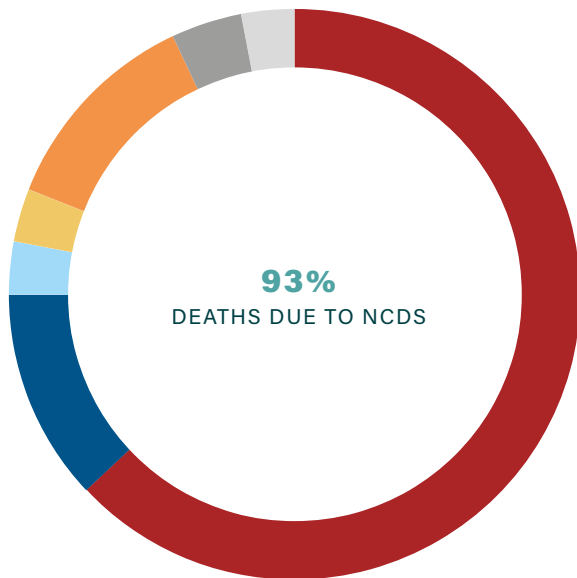
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>3,745,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>27</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>14,731</b>
POPULATION AGED >60 (%)	<b>21</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 5,395,121**

**INT\$ 18,672,563**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 59,346,333**

**INT\$ 205,398,192**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input checked="" type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

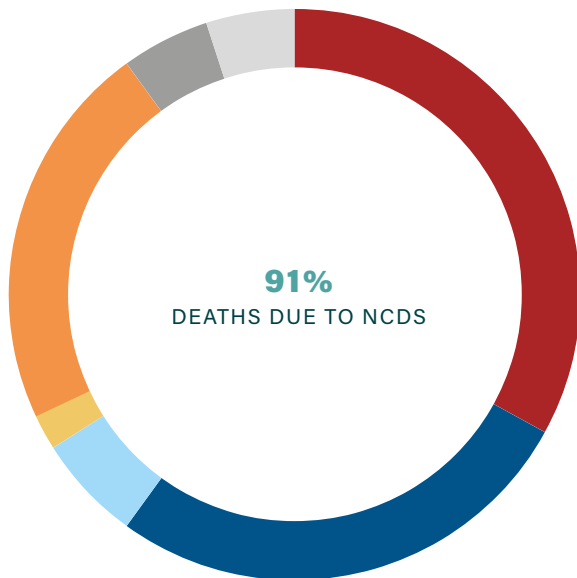
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>83,370,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>19</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>54,845</b>
POPULATION AGED >60 (%)	<b>30</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 3,005,798,479**  
**INT\$ 3,564,152,817**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 33,063,783,268**  
**INT\$ 39,205,680,983**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

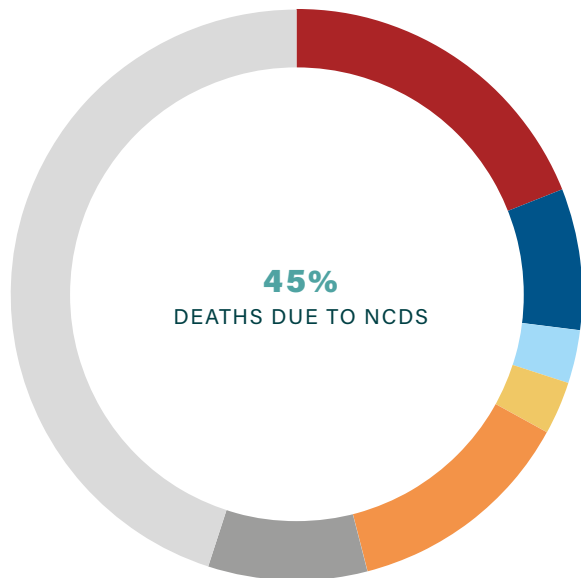
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>33,476,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>47</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>5,750</b>
POPULATION AGED >60 (%)	<b>6</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 8,770,871**  
**INT\$ 22,844,293**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 96,479,581**  
**INT\$ 251,287,218**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/></p>	<p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/></p>
<p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/></p>	<p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/></p>	<p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/></p>
---	---

no  yes, but not operational  yes and operational

<p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input type="radio"/></li> </ul>
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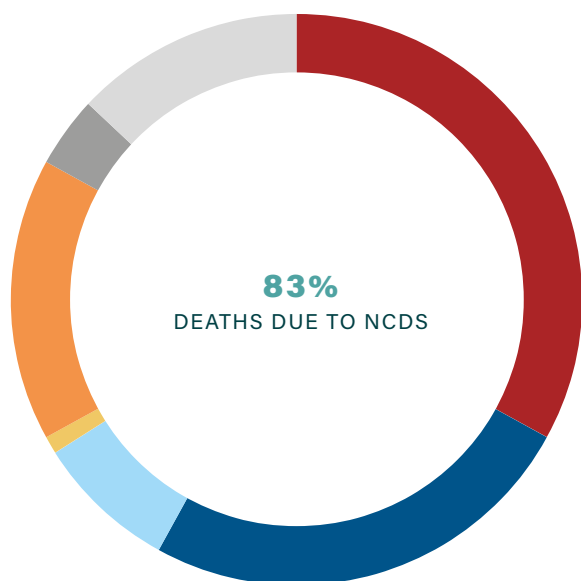
<p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/></p>	<p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/></p>
---	---

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
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 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>10,385,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>19</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>27,949</b>
POPULATION AGED >60 (%)	<b>29</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 73,679,956**  
**INT\$ 116,689,983**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 810,479,515**  
**INT\$ 1,283,589,811**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

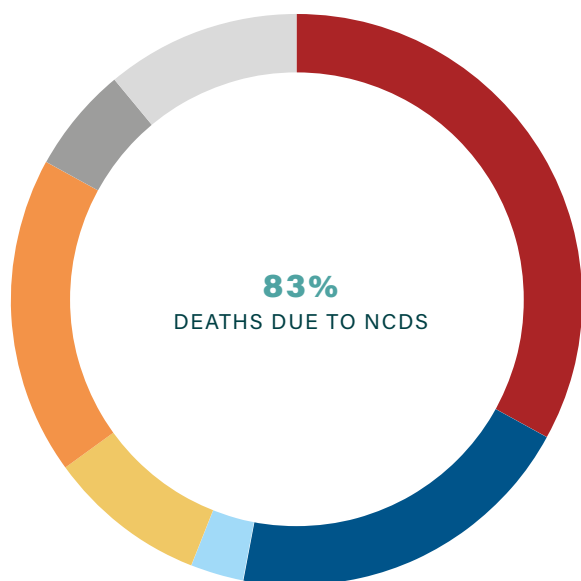
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	126,000	WORLD BANK INCOME GROUP	UPPER MIDDLE
POPULATION AGED <20 (%)	31	GROSS DOMESTIC PRODUCT per capita (INT\$)	15,274
POPULATION AGED >60 (%)	15		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ 116,746  
INT\$ 192,652



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,284,208  
INT\$ 2,119,177

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no    yes    yes and best practice    not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no    yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

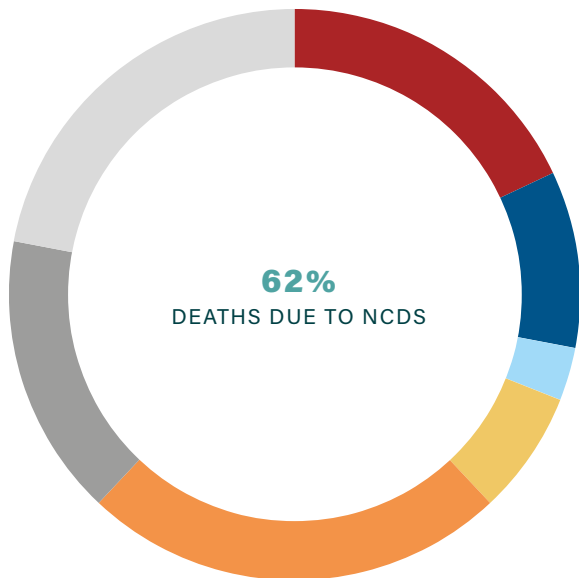
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no    yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	17,844,000	WORLD BANK INCOME GROUP	UPPER MIDDLE
POPULATION AGED <20 (%)	43	GROSS DOMESTIC PRODUCT per capita (INT\$)	8,853
POPULATION AGED >60 (%)	7		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ 20,733,356  
INT\$ 39,876,766



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ 228,066,921  
INT\$ 438,644,426

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

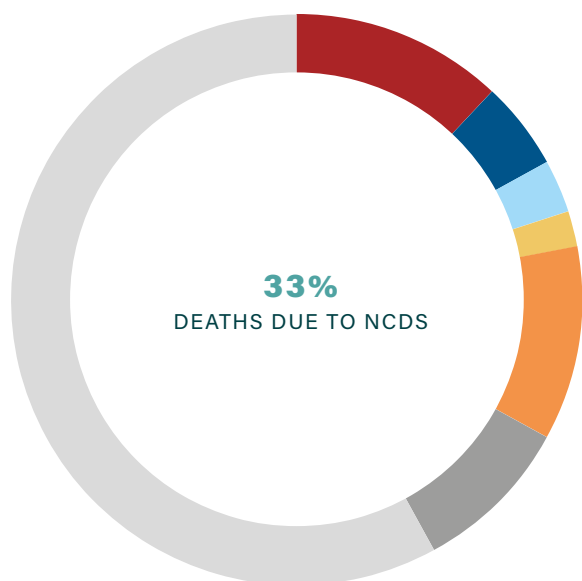
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>13,860,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>52</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>2,754</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 2,066,962**  
**INT\$ 4,876,972**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 22,736,586**  
**INT\$ 53,646,696**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

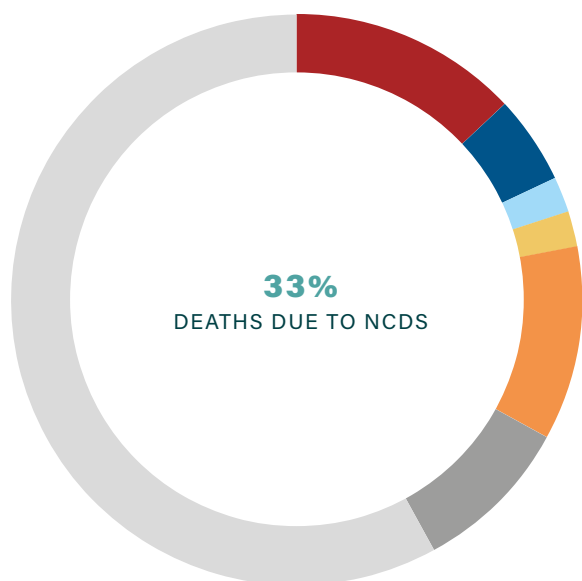
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>2,106,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>51</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>1,949</b>
POPULATION AGED >60 (%)	<b>4</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 565,144**  
**INT\$ 1,513,848**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 6,216,588**  
**INT\$ 16,652,324**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS






**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**





no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/></p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/></p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/></p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <input type="radio"/></p> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

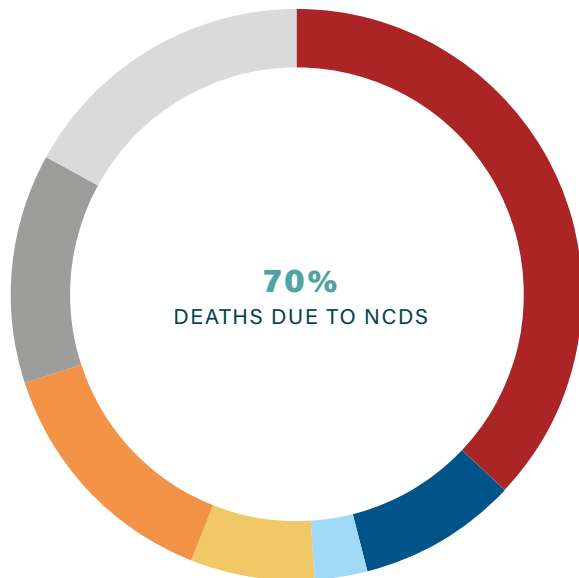
 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/></p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/></p>
 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> </ul>
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/></p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/></p>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
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 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>809,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>38</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>19,703</b>
POPULATION AGED >60 (%)	<b>10</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 1,144,646**  
**INT\$ 3,242,519**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 12,591,104**  
**INT\$ 35,667,713**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

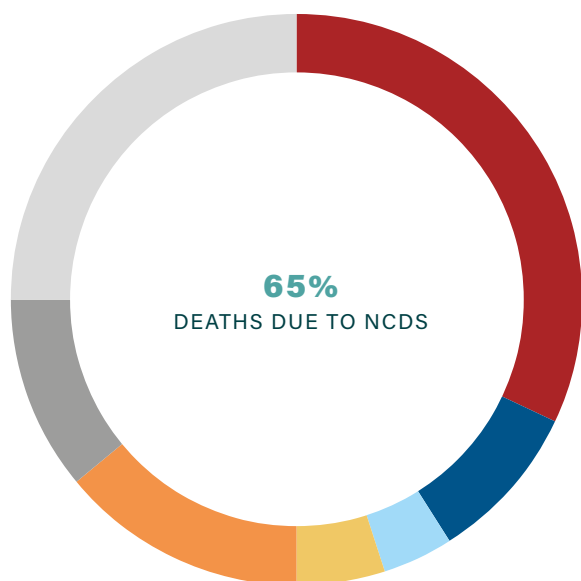
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>11,585,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>42</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>3,095</b>
POPULATION AGED >60 (%)	<b>7</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 7,744,185**  
**INT\$ 17,627,382**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 85,186,035**  
**INT\$ 193,901,197**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="checkbox"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="checkbox"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="checkbox"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="checkbox"/></li> <li>▪ driving and alcohol use <input type="checkbox"/></li> <li>▪ driving and drug use <input type="checkbox"/></li> <li>▪ driving and mobile phone use <input type="checkbox"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="checkbox"/></li> <li>▪ safe pedestrian and cycling crossings <input type="checkbox"/></li> <li>▪ management of speed <input type="checkbox"/></li> </ul>	

no  
  yes  
  yes and best practice  
  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="checkbox"/></li> <li>▪ in childcare settings <input type="checkbox"/></li> <li>▪ through community sports <input type="checkbox"/></li> <li>▪ in public open spaces <input type="checkbox"/></li> <li>▪ through walking and cycling <input type="checkbox"/></li> <li>▪ for older adults <input type="checkbox"/></li> <li>▪ for people with disability <input type="checkbox"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="checkbox"/></li> <li>▪ used in &gt;50% of facilities <input type="checkbox"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="checkbox"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="checkbox"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  
  yes

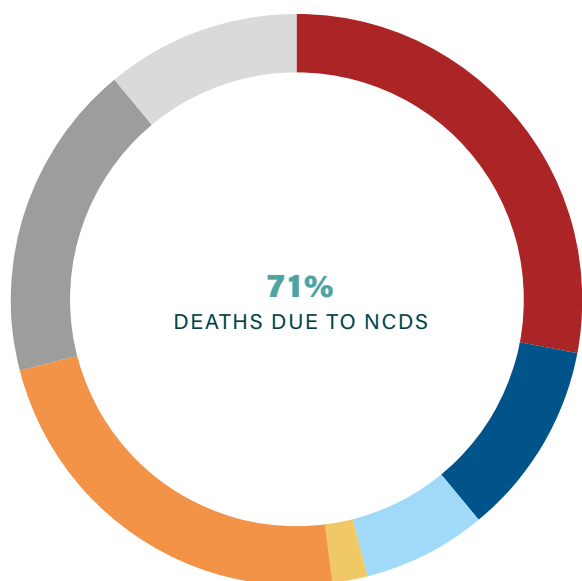
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="checkbox"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="checkbox"/>
<p> <input type="radio"/> no                   <input checked="" type="radio"/> yes, but not operational                   <input checked="" type="radio"/> yes and operational             </p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="checkbox"/></li> <li>▪ children and adolescents <input type="checkbox"/></li> <li>▪ adults <input type="checkbox"/></li> <li>▪ older adults <input type="checkbox"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="checkbox"/></li> <li>▪ adolescents <input type="checkbox"/></li> <li>▪ adults <input type="checkbox"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="checkbox"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="checkbox"/>
<p> <input type="radio"/> no                   <input checked="" type="radio"/> yes             </p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>10,433,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>40</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>5,420</b>
POPULATION AGED >60 (%)	<b>7</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 6,083,624**  
**INT\$ 13,706,693**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 66,919,867**  
**INT\$ 150,773,627**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS






**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**





no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/></p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/></p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/></p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	







no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

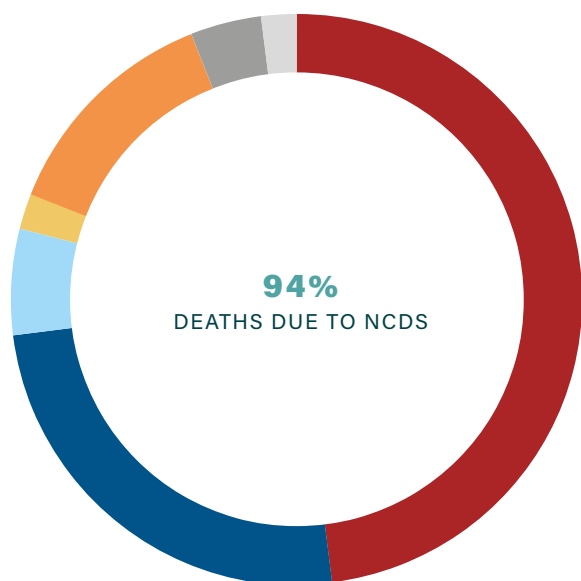
 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/></p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/></p>
 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/></p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/></p>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>9,968,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>20</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>33,274</b>
POPULATION AGED >60 (%)	<b>26</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 69,824,266**  
**INT\$ 144,523,560**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 768,066,922**  
**INT\$ 1,589,759,162**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

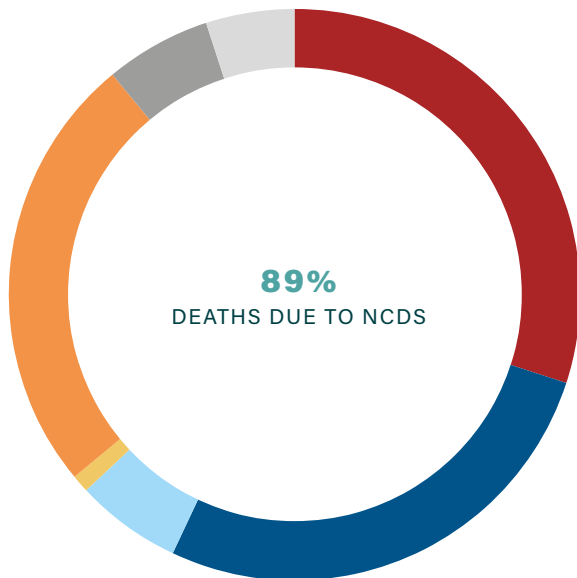
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>373,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>25</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>53,617</b>
POPULATION AGED >60 (%)	<b>21</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 3,623,802**

**INT\$ 3,278,485**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 39,861,818**

**INT\$ 36,063,332**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ○</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> ● <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ○
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ○	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

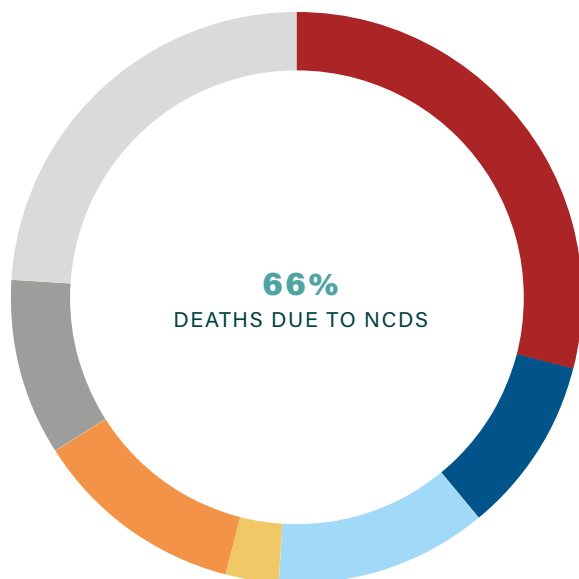
○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>1,417,174,000</b>
POPULATION AGED <20 (%)	<b>34</b>
POPULATION AGED >60 (%)	<b>10</b>

WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>6,525</b>

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 3,218,129,877**  
**INT\$ 10,839,391,054**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 35,399,428,644**  
**INT\$ 119,233,301,598**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

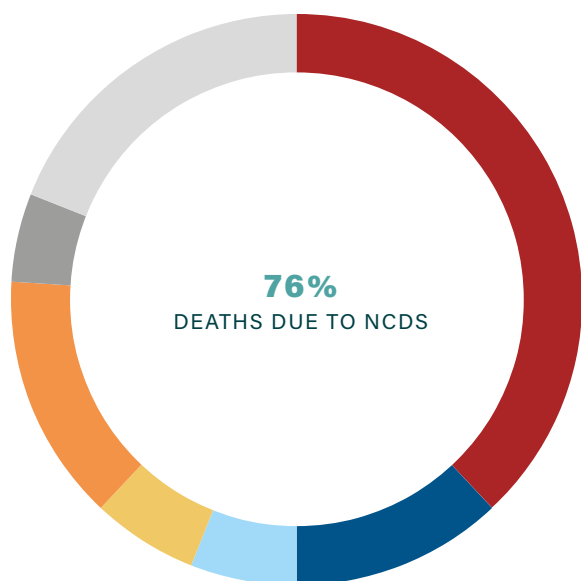
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>275,502,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>33</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>12,072</b>
POPULATION AGED >60 (%)	<b>11</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

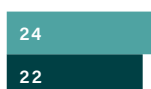
## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 271,470,954**  
**INT\$ 846,962,686**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 2,986,180,493**  
**INT\$ 9,316,589,551**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

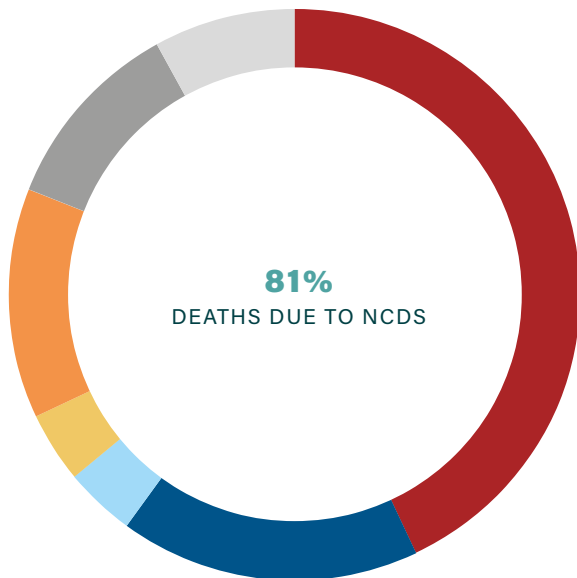
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>88,551,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>30</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>15,791</b>
POPULATION AGED >60 (%)	<b>12</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 1,196,241,613**

**INT\$ 1,604,294,553**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 13,158,657,744**

**INT\$ 17,647,240,086**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

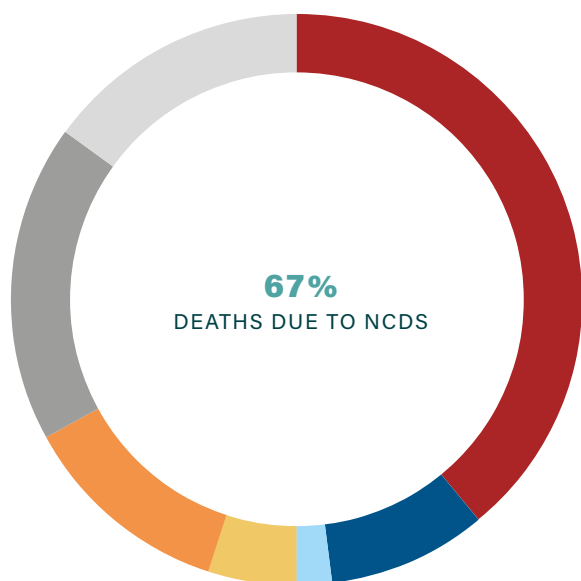
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>44,497,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>48</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>9,954</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 83,438,261**  
**INT\$ 191,329,199**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 917,820,876**  
**INT\$ 2,104,621,184**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

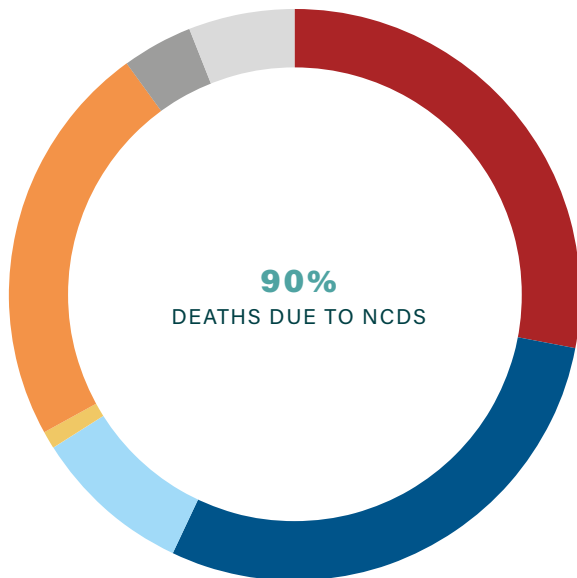
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	5,024,000	WORLD BANK INCOME GROUP	HIGH
POPULATION AGED <20 (%)	26	GROSS DOMESTIC PRODUCT per capita (INT\$)	93,350
POPULATION AGED >60 (%)	20		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ 61,092,456  
INT\$ 66,762,074



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ 672,017,013  
INT\$ 734,382,809

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●</p>	<p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●</p>
<p><b>NATIONAL ROAD SAFETY STRATEGY</b> ●</p>	<p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
	<p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
	<p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●</p>	<p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●</p>
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○ no ● yes, but not operational ● yes and operational

<p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
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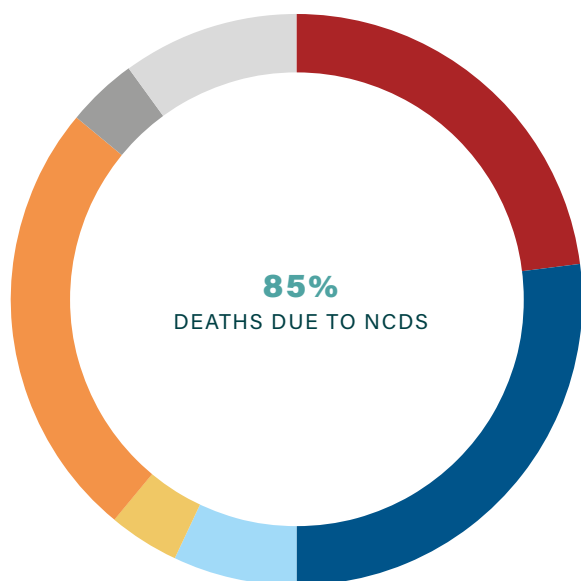
<p><b>NATIONAL NCD COORDINATING MECHANISM</b> ○</p>	<p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●</p>
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○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>9,039,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>36</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>39,489</b>
POPULATION AGED >60 (%)	<b>16</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 64,769,034**

**INT\$ 57,895,500**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 712,459,375**

**INT\$ 636,850,500**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS






**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**





no  yes

**ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS**

 <b>NATIONAL POLICY ON WALKING AND CYCLING</b>	 <b>NATIONAL POLICY ON PUBLIC TRANSPORT</b>
 <b>NATIONAL ROAD SAFETY STRATEGY</b>	 <b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
 <b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	


no  
  yes  
  yes and best practice  
  not available

**ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES**

 <b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	 <b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	 <b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	 <b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  
  yes

**ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE**

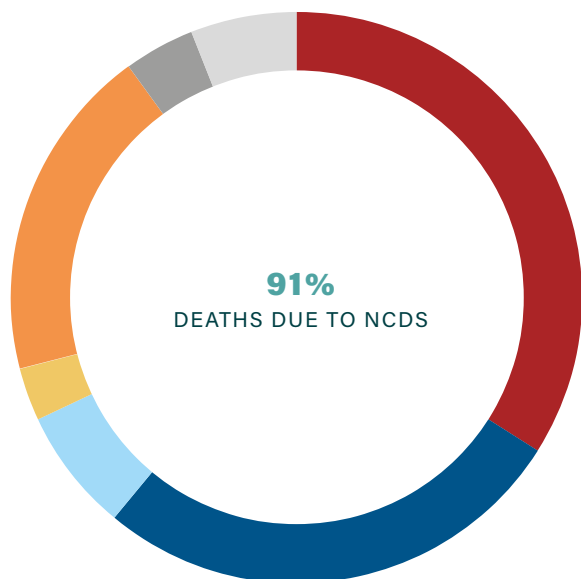
 <b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b>	 <b>NATIONAL PHYSICAL ACTIVITY POLICY</b>
 <b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	 <b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
 <b>NATIONAL NCD COORDINATING MECHANISM</b>	 <b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b>

no  
  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>59,038,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>17</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>41,988</b>
POPULATION AGED >60 (%)	<b>31</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 1,060,803,773**  
**INT\$ 1,399,116,441**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 11,668,841,500**  
**INT\$ 15,390,280,848**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●</p>	<p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●</p>
<p><b>NATIONAL ROAD SAFETY STRATEGY</b> ●</p>	<p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability ●</li> </ul>	<p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ●</p> <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
<p>NOT AVAILABLE</p>	<p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
<p>NOT AVAILABLE</p>	<p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●</p>	<p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●</p>
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○ no ● yes, but not operational ● yes and operational

<p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
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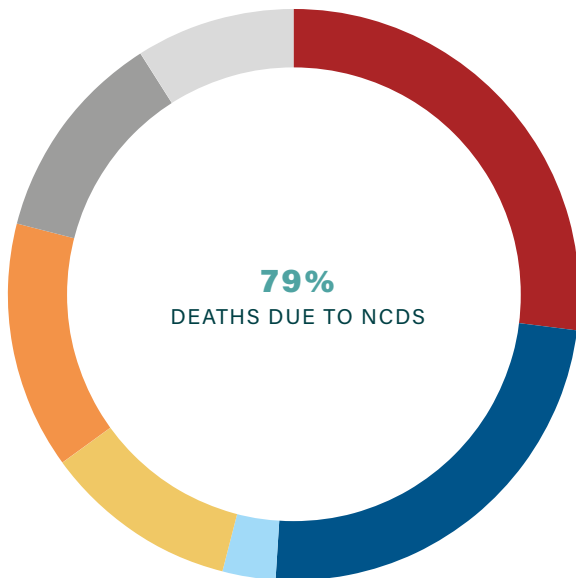
<p><b>NATIONAL NCD COORDINATING MECHANISM</b> ●</p>	<p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●</p>
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○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>2,828,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>28</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>9,241</b>
POPULATION AGED >60 (%)	<b>12</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 3,525,014**

**INT\$ 6,983,917**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 38,775,153**

**INT\$ 76,823,082**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ○</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ○</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ○</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ○</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ○</li> <li>▪ for older adults ○</li> <li>▪ for people with disability ○</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education ○</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

○ no ● yes

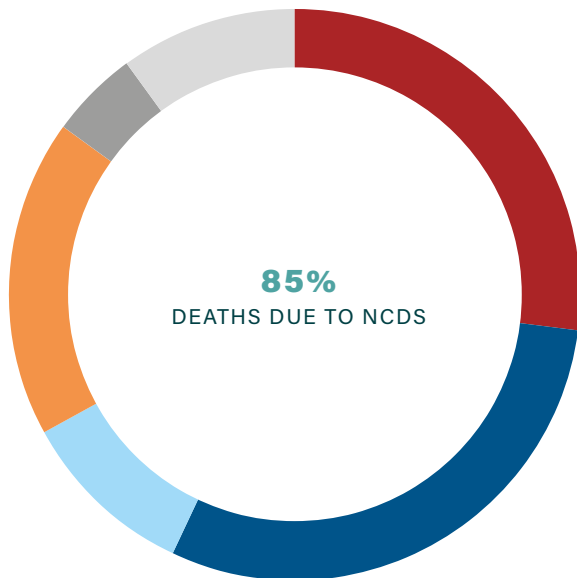
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ○
<p>○ no ● yes, but not operational ● yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●
<p>○ no ● yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>123,952,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>16</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>42,100</b>
POPULATION AGED >60 (%)	<b>36</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 1,551,542,637**

**INT\$ 1,636,356,297**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 17,066,969,009**

**INT\$ 17,999,919,266**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
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no  yes, but not operational  yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
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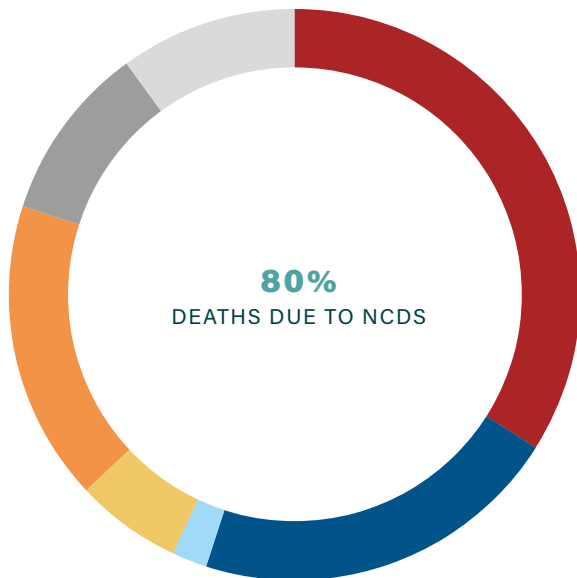
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
--	--

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	11,286,000	WORLD BANK INCOME GROUP	UPPER MIDDLE
POPULATION AGED <20 (%)	42	GROSS DOMESTIC PRODUCT per capita (INT\$)	10,354
POPULATION AGED >60 (%)	6		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



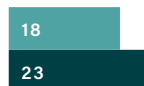
### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ 6,454,760  
INT\$ 15,606,526



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ 71,002,362  
INT\$ 171,671,789

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

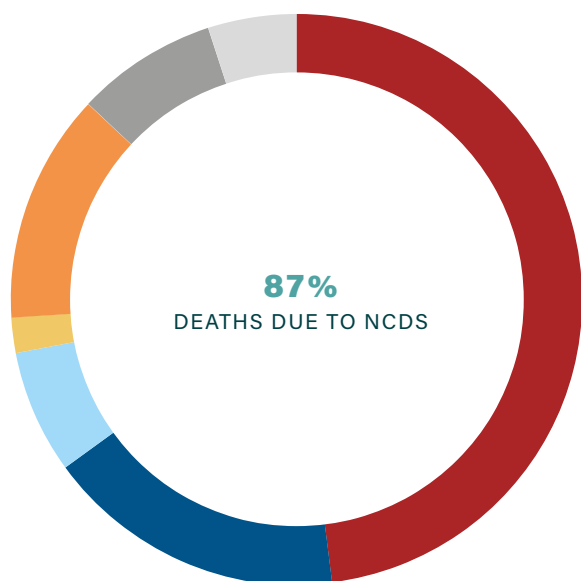
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>19,398,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>37</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>26,750</b>
POPULATION AGED >60 (%)	<b>13</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 38,087,894**  
**INT\$ 111,707,068**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 418,966,829**  
**INT\$ 1,228,777,743**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

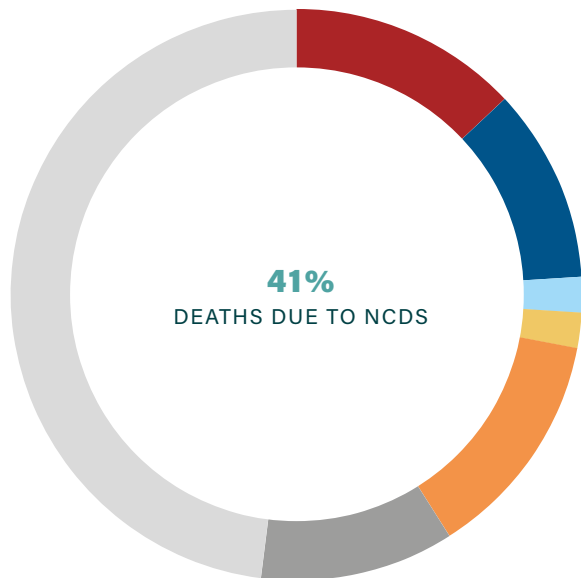
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>54,028,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>49</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>4,587</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 7,744,429**  
**INT\$ 18,872,361**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 85,188,715**  
**INT\$ 207,595,975**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

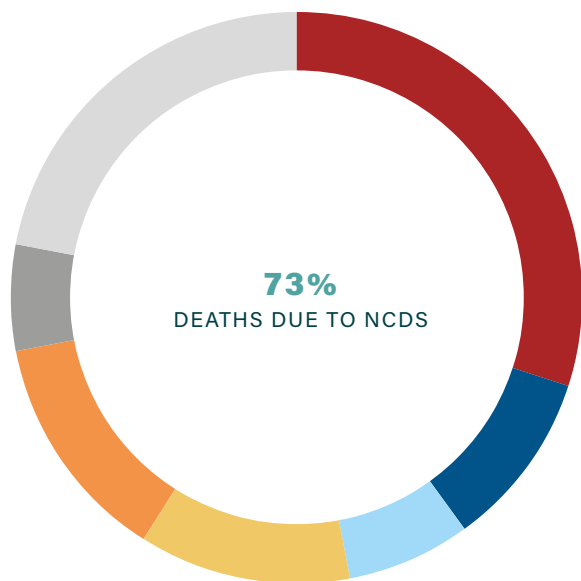
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	132,000	WORLD BANK INCOME GROUP	LOWER MIDDLE
POPULATION AGED <20 (%)	45	GROSS DOMESTIC PRODUCT per capita (INT\$)	2,172
POPULATION AGED >60 (%)	6		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ 2,119,730  
INT\$ 3,055,376



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ 23,317,033  
INT\$ 33,609,135

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ○</li> <li>▪ safe pedestrian and cycling crossings ○</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ○</li> <li>▪ in public open spaces ○</li> <li>▪ through walking and cycling ○</li> <li>▪ for older adults ○</li> <li>▪ for people with disability ○</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ○ <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> ○ <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education ○</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

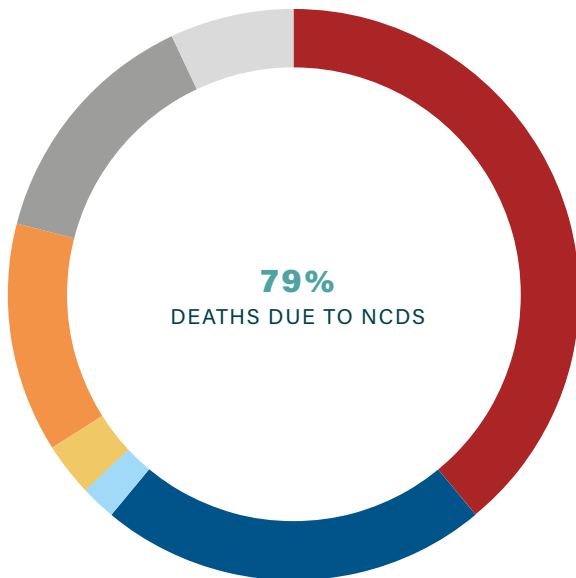
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ○</li> <li>▪ adults ○</li> <li>▪ older adults ○</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ○

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>4,269,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>26</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>47,303</b>
POPULATION AGED >60 (%)	<b>9</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 75,753,263**

**INT\$ 144,449,445**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 833,285,893**

**INT\$ 1,588,943,894**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

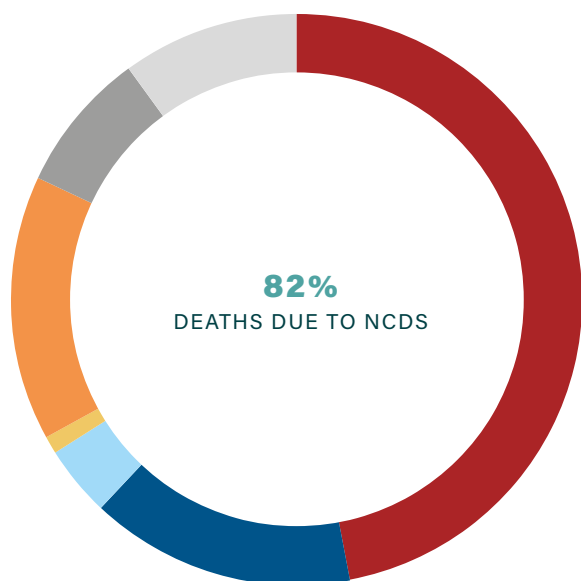
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	6,631,000	WORLD BANK INCOME GROUP	LOWER MIDDLE
POPULATION AGED <20 (%)	43	GROSS DOMESTIC PRODUCT per capita (INT\$)	4,985
POPULATION AGED >60 (%)	8		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ 1,412,299  
INT\$ 5,974,486



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ 15,535,287  
INT\$ 65,719,345

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b>
<b>NATIONAL ROAD SAFETY STRATEGY</b>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits</li> <li>▪ driving and alcohol use</li> <li>▪ driving and drug use</li> <li>▪ driving and mobile phone use</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure</li> <li>▪ safe pedestrian and cycling crossings</li> <li>▪ management of speed</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces</li> <li>▪ in childcare settings</li> <li>▪ through community sports</li> <li>▪ in public open spaces</li> <li>▪ through walking and cycling</li> <li>▪ for older adults</li> <li>▪ for people with disability</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral</li> <li>▪ used in &gt;50% of facilities</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years</li> <li>▪ children and adolescents</li> <li>▪ adults</li> <li>▪ older adults</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children</li> <li>▪ adolescents</li> <li>▪ adults</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b>

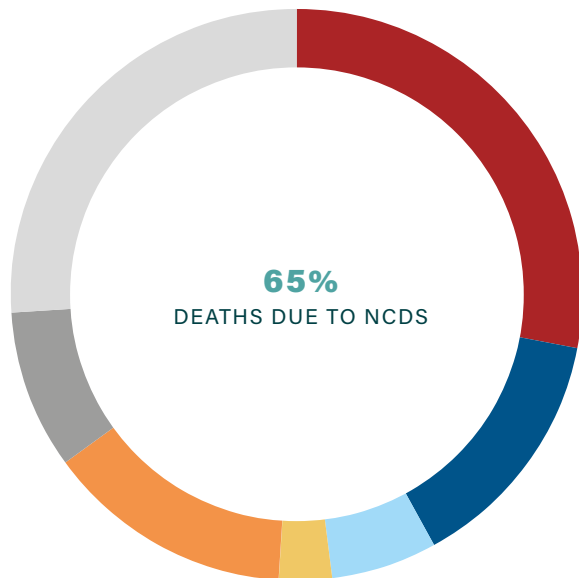
○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

# LAO PEOPLE'S DEMOCRATIC REPUBLIC

TOTAL POPULATION (2022)	<b>7,530,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>40</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>8,238</b>
POPULATION AGED >60 (%)	<b>7</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

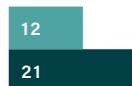
## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 5,463,555**  
**INT\$ NO DATA AVAILABLE**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 60,099,101**  
**INT\$ 99,509,413**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
---	--

no  yes, but not operational  yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
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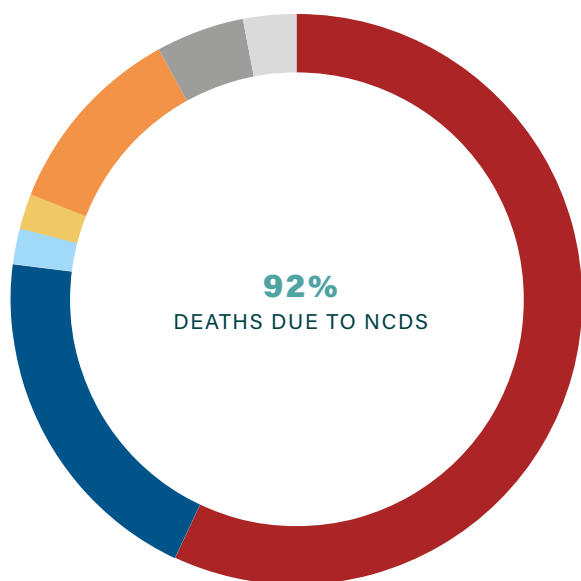
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
---	--

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
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 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	1,851,000	WORLD BANK INCOME GROUP	HIGH
POPULATION AGED <20 (%)	21	GROSS DOMESTIC PRODUCT per capita (INT\$)	31,425
POPULATION AGED >60 (%)	29		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 10,040,753**  
**INT\$ 17,822,554**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 110,448,278**  
**INT\$ 196,048,095**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

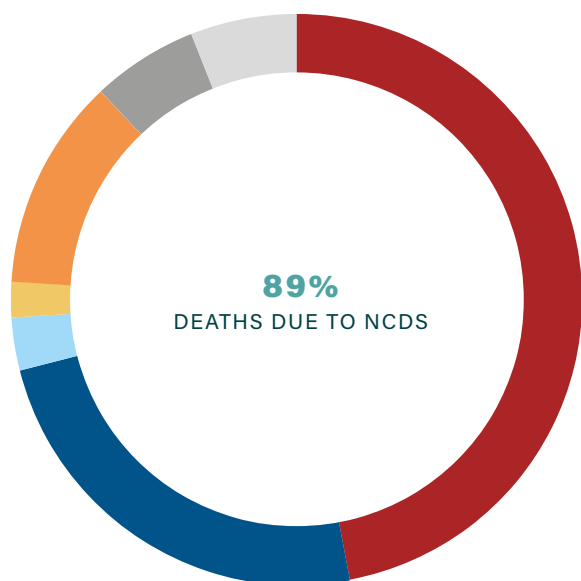
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
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 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>5,490,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>36</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>11,377</b>
POPULATION AGED >60 (%)	<b>14</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 45,469,723**  
**INT\$ 48,442,831**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 500,166,958**  
**INT\$ 532,871,140**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

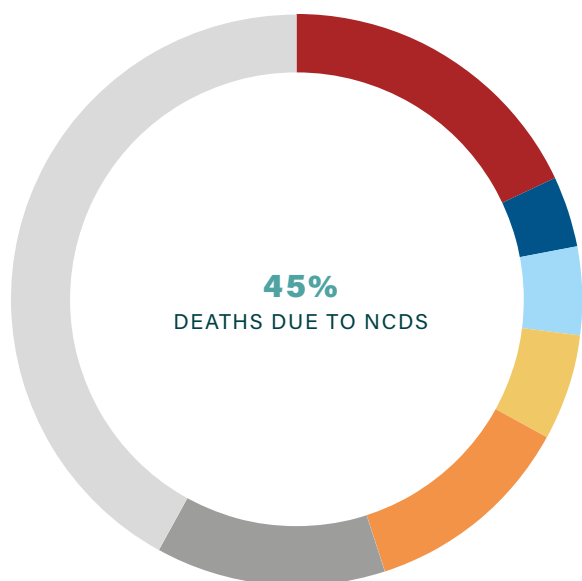
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
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 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>2,306,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>44</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>2,569</b>
POPULATION AGED >60 (%)	<b>7</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

7

6



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

11

11

■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ 1,835,250

INT\$ 5,119,824



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ 20,187,745

INT\$ 56,318,067

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
--	--

no  yes, but not operational  yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
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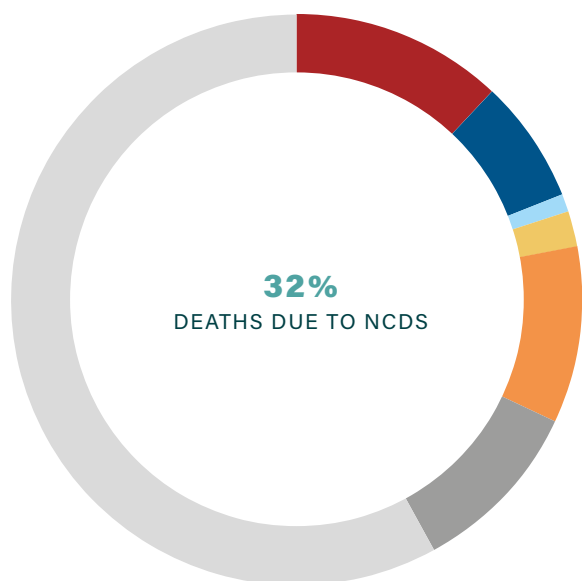
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
--	--

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
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 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>5,303,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>52</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>1,468</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 1,529,559**

**INT\$ 3,967,360**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 16,825,148**

**INT\$ 43,640,957**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input checked="" type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

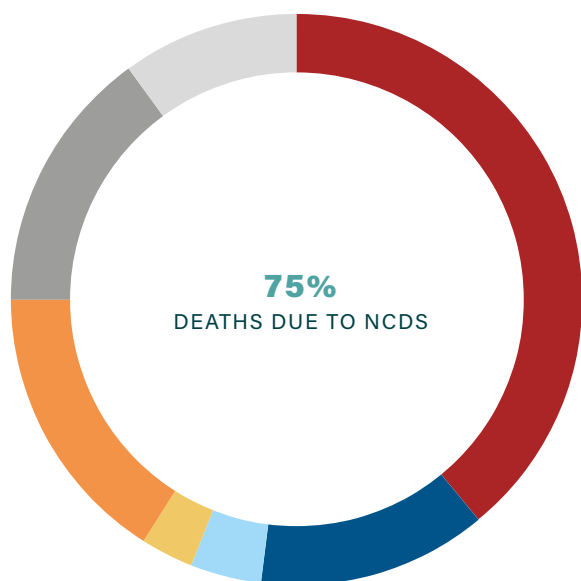
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>6,813,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>38</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>17,286</b>
POPULATION AGED >60 (%)	<b>8</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 34,848,803**  
**INT\$ 82,729,769**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 383,336,835**  
**INT\$ 910,027,462**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

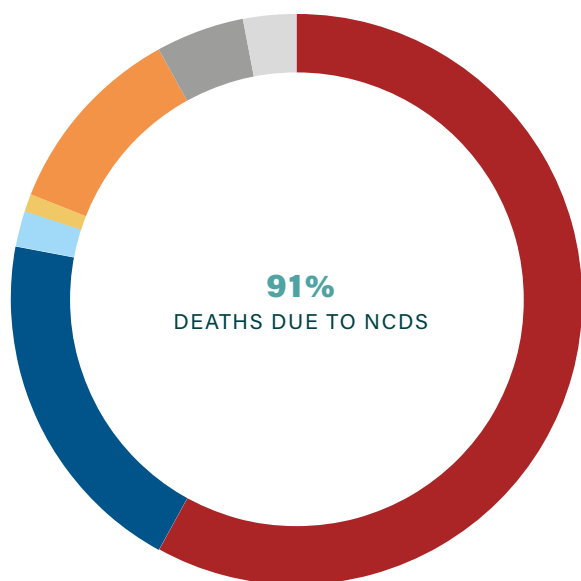
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	2,751,000	WORLD BANK INCOME GROUP	HIGH
POPULATION AGED <20 (%)	20	GROSS DOMESTIC PRODUCT per capita (INT\$)	38,881
POPULATION AGED >60 (%)	28		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ 15,647,636  
INT\$ 30,070,163



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ 172,123,996  
INT\$ 330,771,792

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability ●</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ●</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
--	--

○ no ● yes, but not operational ● yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
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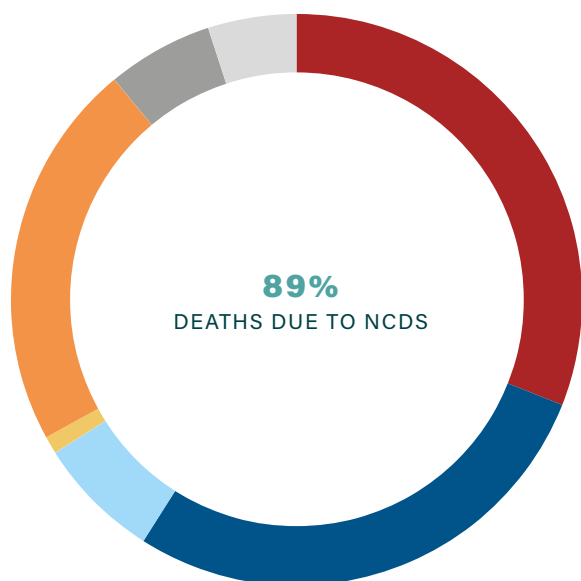
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●
--	--

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>648,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>21</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>117,846</b>
POPULATION AGED >60 (%)	<b>21</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 9,902,743**  
**INT\$ 10,029,551**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 108,930,174**  
**INT\$ 110,325,060**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY





○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●</p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●</p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> ●</p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	







○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

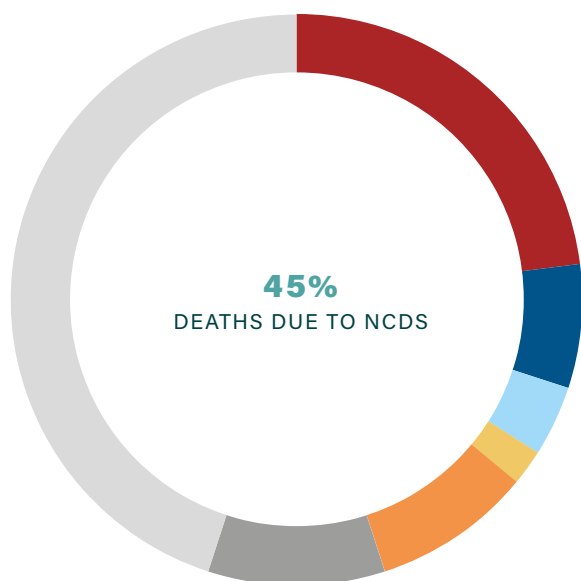
 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●</p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●</p>
 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> ○</p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●</p>

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>29,612,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>50</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>1,544</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 2,557,142**  
**INT\$ 8,374,778**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 28,128,559**  
**INT\$ 92,122,563**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY





no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/></p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/></p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/></p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	





no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

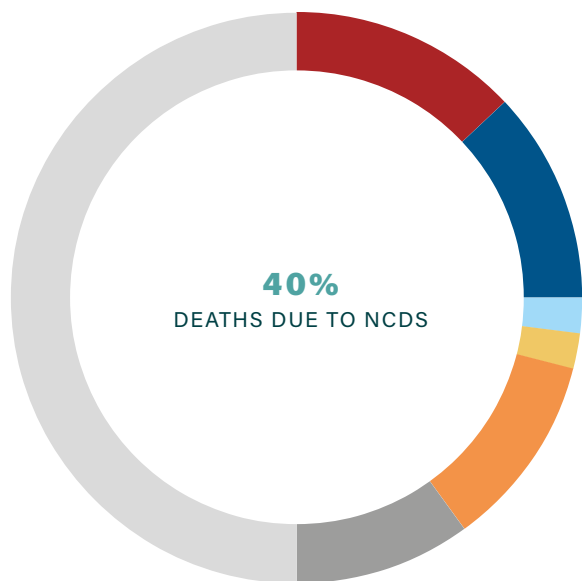
 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/></p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/></p>
 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/></p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/></p>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>20,406,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>55</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>1,591</b>
POPULATION AGED >60 (%)	<b>4</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

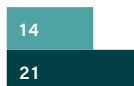
DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 3,383,352**

**INT\$ 8,456,010**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 37,216,870**

**INT\$ 93,016,112**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

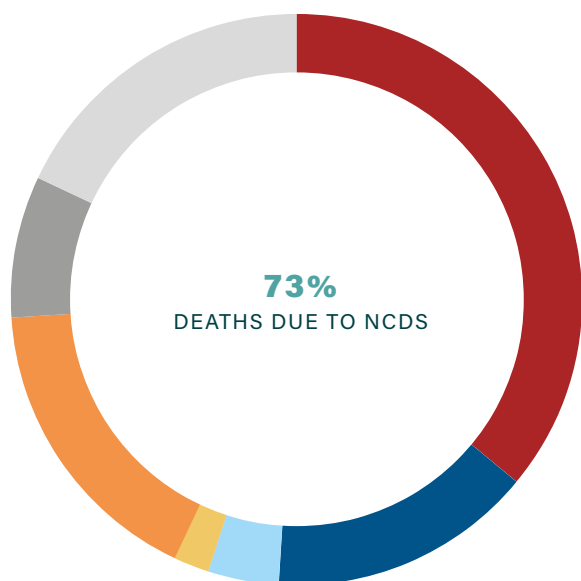
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>33,939,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>31</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>27,921</b>
POPULATION AGED >60 (%)	<b>11</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 113,802,832**  
**INT\$ NO DATA AVAILABLE**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 1,251,831,149**  
**INT\$ 2,072,726,208**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ○</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> ● <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

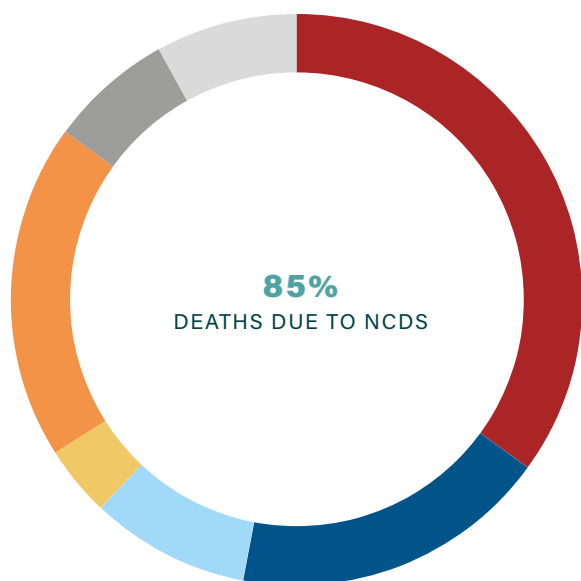
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>524,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>28</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>13,442</b>
POPULATION AGED >60 (%)	<b>8</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 842,378**  
**INT\$ 1,635,514**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 9,266,156**  
**INT\$ 17,990,650**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

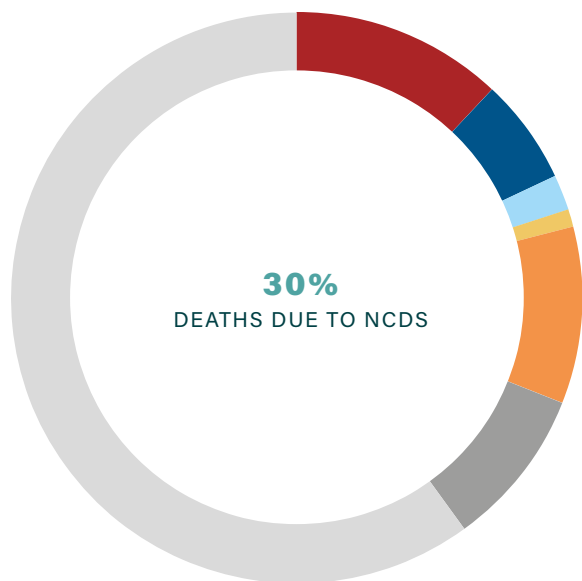
no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
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 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>22,594,000</b>
POPULATION AGED <20 (%)	<b>58</b>
POPULATION AGED >60 (%)	<b>4</b>

WORLD BANK INCOME GROUP	<b>LOW</b>
GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>2,348</b>

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 2,534,452**

**INT\$ 6,899,928**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 27,878,975**

**INT\$ 75,899,211**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

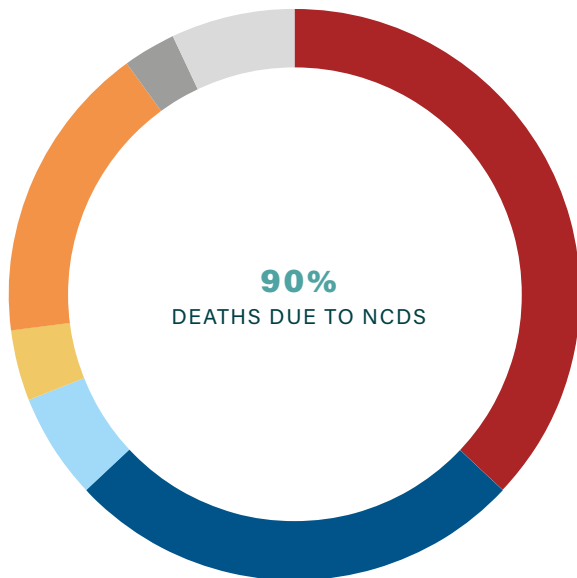
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
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 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>534,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>17</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>43,243</b>
POPULATION AGED >60 (%)	<b>25</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 4,980,582**  
**INT\$ 7,440,516**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 54,786,397**  
**INT\$ 81,845,679**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ○</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ○</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ○</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ○</li> <li>▪ through walking and cycling ○</li> <li>▪ for older adults ●</li> <li>▪ for people with disability ○</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ○ <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
<b>USE OF DIGITAL PROGRAMMES</b> ○ <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

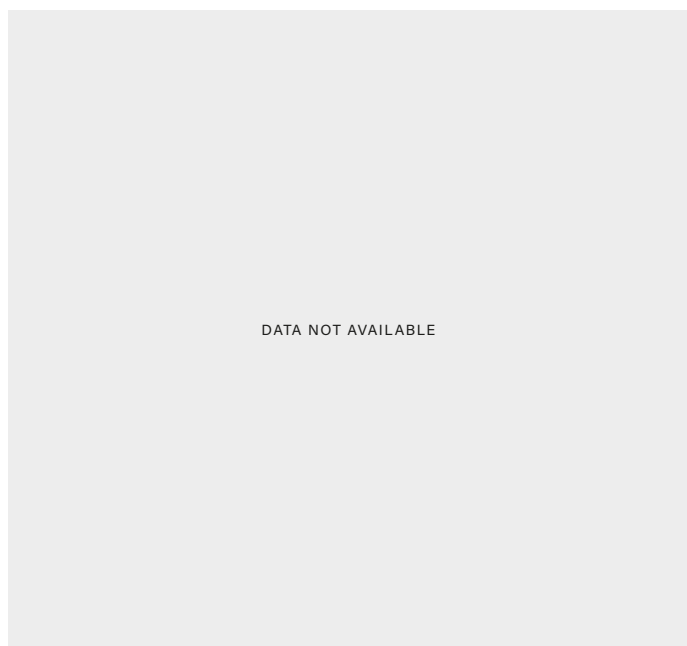
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>41,600</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>41</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>4,147</b>
POPULATION AGED >60 (%)	<b>8</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY

**PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)**

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

**PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)**



**PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)**



## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 103,026**  
**INT\$ 103,477**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 1,133,281**  
**INT\$ 1,138,245**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> –	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> –
<b>NATIONAL ROAD SAFETY STRATEGY</b> –	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits –</li> <li>▪ driving and alcohol use –</li> <li>▪ driving and drug use –</li> <li>▪ driving and mobile phone use –</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure –</li> <li>▪ safe pedestrian and cycling crossings –</li> <li>▪ management of speed –</li> </ul>	

○ no ● yes ● yes and best practice – not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ○</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ○</li> <li>▪ in public open spaces ○</li> <li>▪ through walking and cycling ○</li> <li>▪ for older adults ○</li> <li>▪ for people with disability ○</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ○ <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education ○</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

○ no ● yes

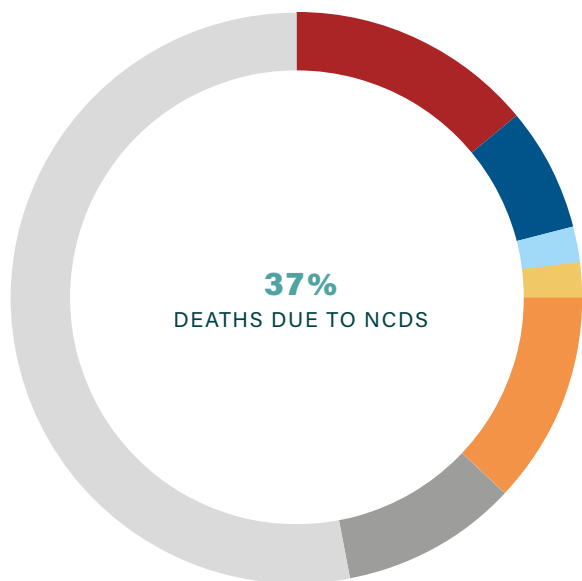
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ○	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ○
<p>○ no ● yes, but not operational ● yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ○</li> <li>▪ adults ○</li> <li>▪ older adults ○</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ○</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ○
<p>○ no ● yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>4,737,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>53</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>5,390</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 3,112,790**  
**INT\$ 9,855,116**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 34,240,690**  
**INT\$ 108,406,275**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

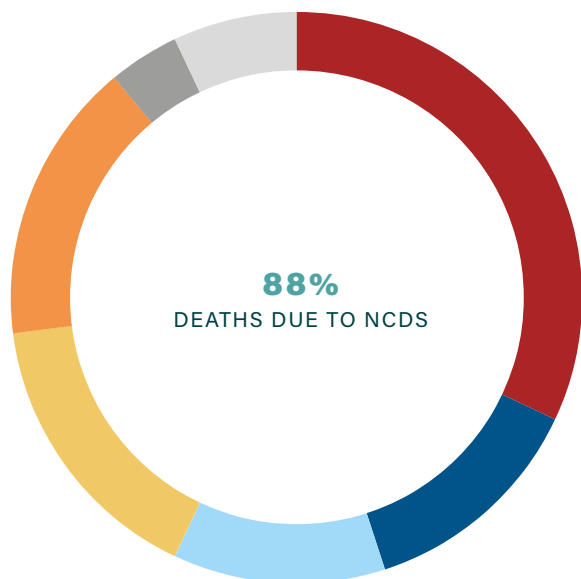
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>1,300,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>23</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>20,529</b>
POPULATION AGED >60 (%)	<b>19</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 5,511,220**  
**INT\$ 13,114,312**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 60,623,418**  
**INT\$ 144,257,427**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY





no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/></p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/></p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/></p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

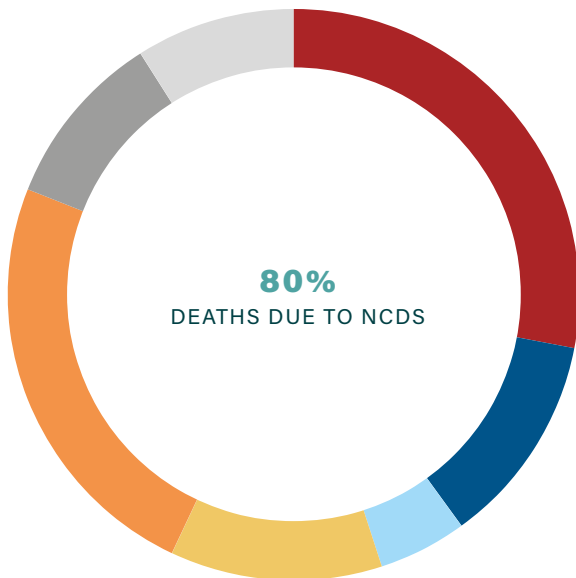
 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/></p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/></p>
 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/></p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/></p>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>127,505,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>33</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>18,671</b>
POPULATION AGED >60 (%)	<b>12</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 978,338,127**  
**INT\$ 2,166,401,621**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 10,761,719,396**  
**INT\$ 23,830,417,831**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

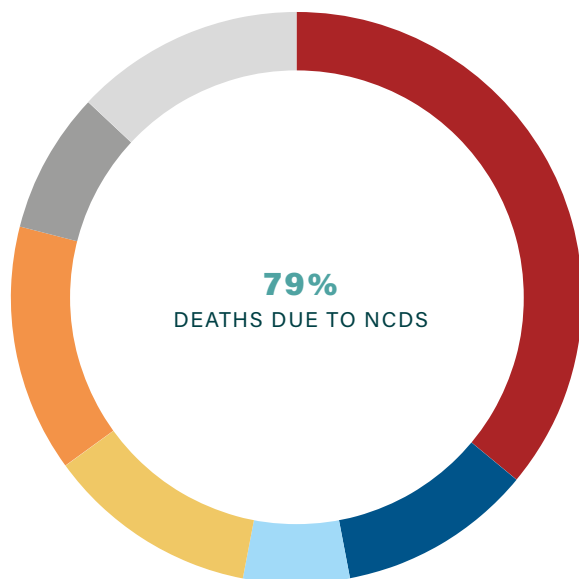
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<p><input type="radio"/> no <input type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

# MICRONESIA (FEDERATED STATES OF)

TOTAL POPULATION (2022)	115,000	WORLD BANK INCOME GROUP	LOWER MIDDLE
POPULATION AGED <20 (%)	41	GROSS DOMESTIC PRODUCT per capita (INT\$)	3,553
POPULATION AGED >60 (%)	10		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 615,821**  
**INT\$ 613,752**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 6,774,028**  
**INT\$ 6,751,272**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

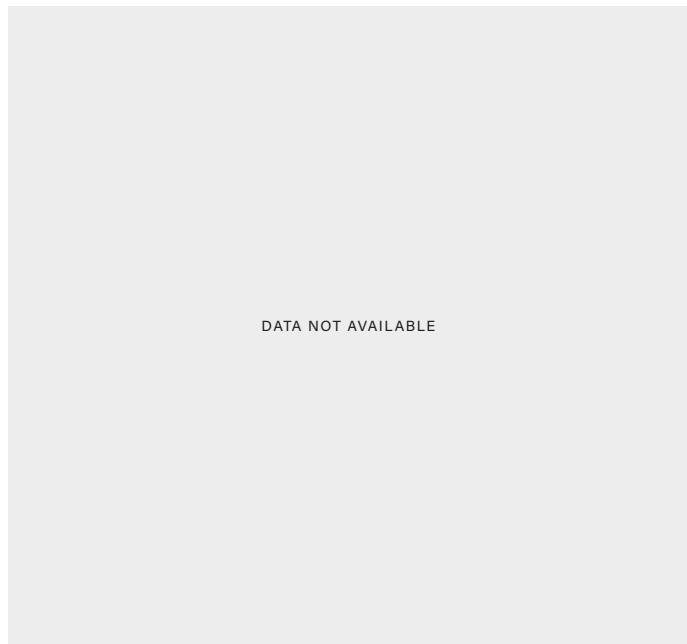
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>36,500</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>17</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	
POPULATION AGED >60 (%)	<b>44</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 162,122**

**INT\$ NO DATA AVAILABLE**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 1,783,346**

**INT\$ 3,668,349**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="checkbox"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="checkbox"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="checkbox"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="checkbox"/></li> <li>▪ driving and alcohol use <input type="checkbox"/></li> <li>▪ driving and drug use <input type="checkbox"/></li> <li>▪ driving and mobile phone use <input type="checkbox"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="checkbox"/></li> <li>▪ safe pedestrian and cycling crossings <input type="checkbox"/></li> <li>▪ management of speed <input type="checkbox"/></li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="checkbox"/></li> <li>▪ in childcare settings <input type="checkbox"/></li> <li>▪ through community sports <input type="checkbox"/></li> <li>▪ in public open spaces <input type="checkbox"/></li> <li>▪ through walking and cycling <input type="checkbox"/></li> <li>▪ for older adults <input type="checkbox"/></li> <li>▪ for people with disability <input type="checkbox"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="checkbox"/></li> <li>▪ used in &gt;50% of facilities <input type="checkbox"/></li> </ul>
<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="checkbox"/></li> </ul>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="checkbox"/></li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

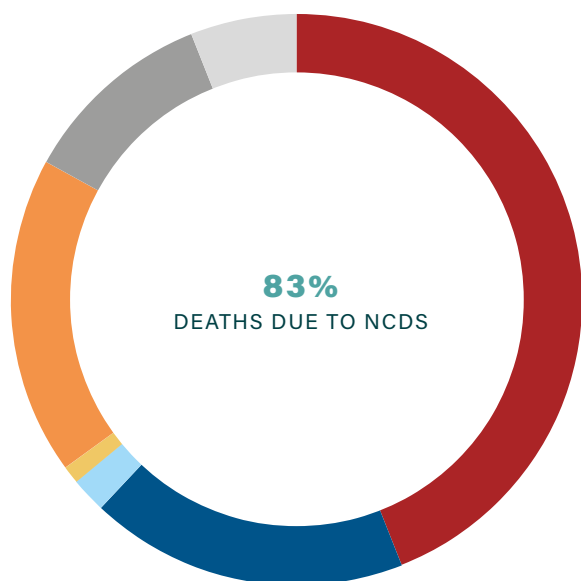
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="checkbox"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="checkbox"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="checkbox"/></li> <li>▪ children and adolescents <input type="checkbox"/></li> <li>▪ adults <input type="checkbox"/></li> <li>▪ older adults <input type="checkbox"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="checkbox"/></li> <li>▪ adolescents <input type="checkbox"/></li> <li>▪ adults <input type="checkbox"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="checkbox"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="checkbox"/>

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>3,399,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>39</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>12,366</b>
POPULATION AGED >60 (%)	<b>8</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 2,960,385**  
**INT\$ 9,015,360**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 32,564,239**  
**INT\$ 99,168,957**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ○</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ○</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ○</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability ○</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ○ <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education ○</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

○ no ● yes

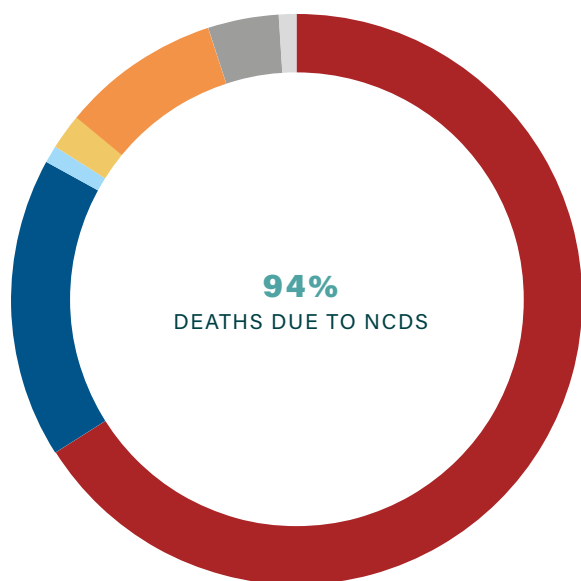
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<p>○ no ● yes, but not operational ● yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●
<p>○ no ● yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>628,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>24</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>19,990</b>
POPULATION AGED >60 (%)	<b>23</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 2,320,236**  
**INT\$ 6,041,201**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 25,522,599**  
**INT\$ 66,453,209**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes







## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/></p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/></p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/></p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	


no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

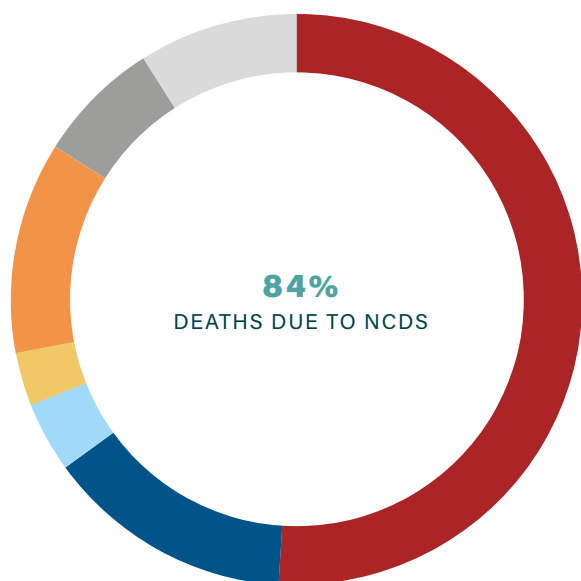
 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/></p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/></p>
 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/></p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/></p>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>37,458,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>35</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>7,369</b>
POPULATION AGED >60 (%)	<b>12</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 41,353,553**  
**INT\$ 99,636,135**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 454,889,078**  
**INT\$ 1,095,997,489**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ○</li> <li>▪ safe pedestrian and cycling crossings ○</li> <li>▪ management of speed ○</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ○ <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> ○ <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

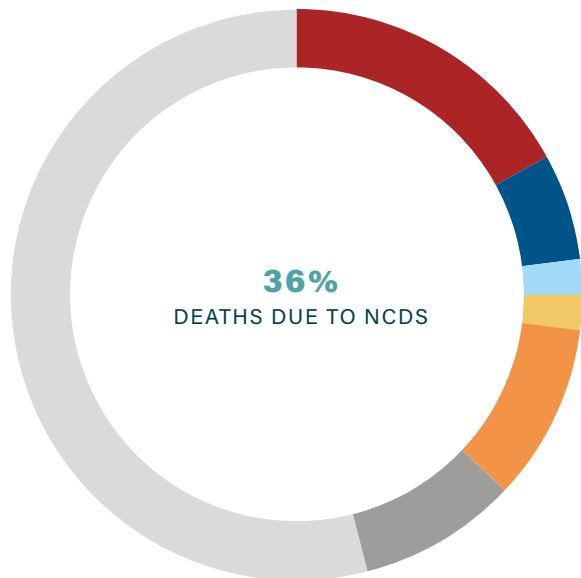
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ○
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ○</li> <li>▪ adults ○</li> <li>▪ older adults ○</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ○

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>32,970,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>54</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>1,297</b>
POPULATION AGED >60 (%)	<b>4</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 1,044,409**  
**INT\$ 3,018,914**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 11,488,501**  
**INT\$ 33,208,057**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

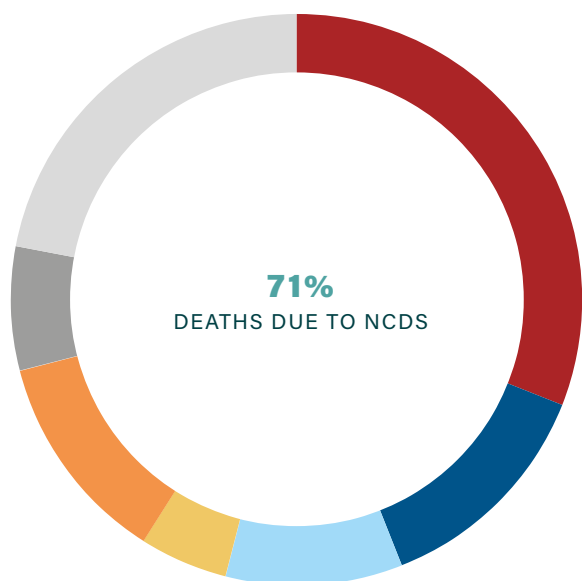
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>54,180,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>33</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>5,123</b>
POPULATION AGED >60 (%)	<b>11</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 9,921,377**  
**INT\$ 33,495,019**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 109,135,146**  
**INT\$ 368,445,207**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ○</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ○</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ○</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ○</li> <li>▪ in public open spaces ○</li> <li>▪ through walking and cycling ○</li> <li>▪ for older adults ○</li> <li>▪ for people with disability ○</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ○ <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education ○</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ○
--	--

○ no ● yes, but not operational ● yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ○</li> <li>▪ adults ○</li> <li>▪ older adults ○</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
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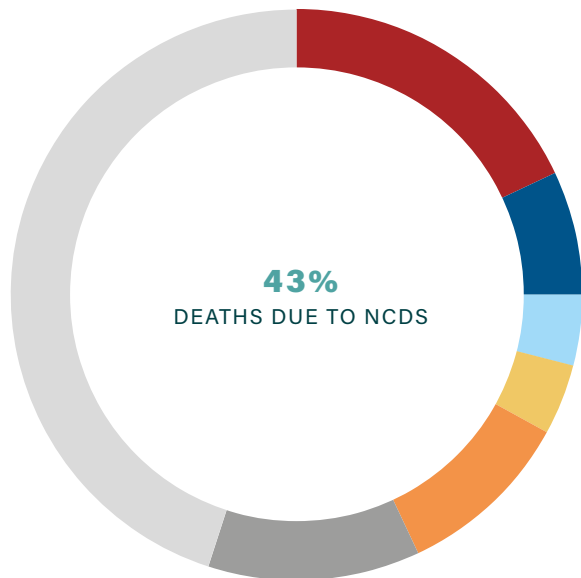
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ○
--	--

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>2,568,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>46</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>9,359</b>
POPULATION AGED >60 (%)	<b>6</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 17,012,003**  
**INT\$ 37,848,345**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 187,132,032**  
**INT\$ 416,331,799**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

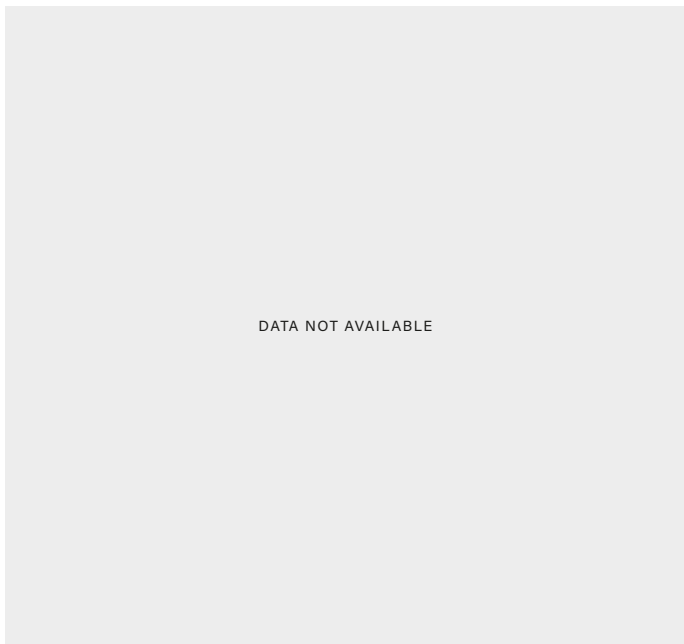
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<p><input type="radio"/> no <input type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

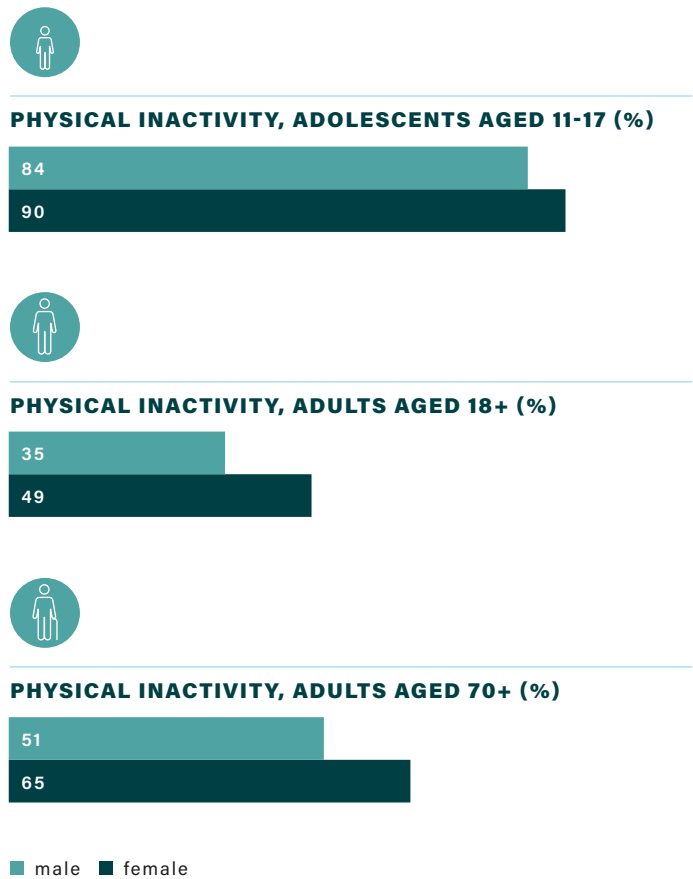
TOTAL POPULATION (2022)	<b>12,700</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>48</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>14,337</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY

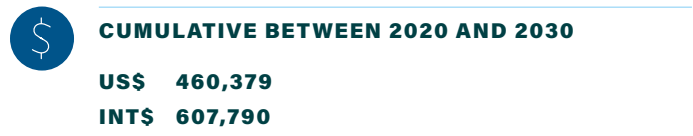
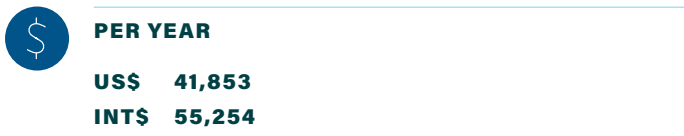


- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

- NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**
- with links to community programmes
  - supported by environmental improvements
  - promoting the co-benefits of physical activity

- NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**
- 

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="checkbox"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="checkbox"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="checkbox"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="checkbox"/></li> <li>▪ driving and alcohol use <input type="checkbox"/></li> <li>▪ driving and drug use <input type="checkbox"/></li> <li>▪ driving and mobile phone use <input type="checkbox"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="checkbox"/></li> <li>▪ safe pedestrian and cycling crossings <input type="checkbox"/></li> <li>▪ management of speed <input type="checkbox"/></li> </ul>	

no  
  yes  
  yes and best practice  
  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="checkbox"/></li> <li>▪ in childcare settings <input type="checkbox"/></li> <li>▪ through community sports <input type="checkbox"/></li> <li>▪ in public open spaces <input type="checkbox"/></li> <li>▪ through walking and cycling <input type="checkbox"/></li> <li>▪ for older adults <input type="checkbox"/></li> <li>▪ for people with disability <input type="checkbox"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="checkbox"/></li> <li>▪ used in &gt;50% of facilities <input type="checkbox"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="checkbox"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="checkbox"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  
  yes

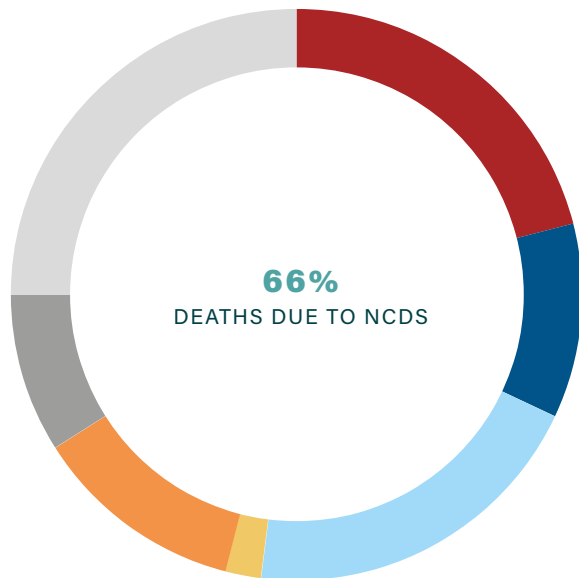
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="checkbox"/>
<p> <input type="radio"/> no                   <input checked="" type="radio"/> yes, but not operational                   <input checked="" type="radio"/> yes and operational             </p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="checkbox"/></li> <li>▪ children and adolescents <input type="checkbox"/></li> <li>▪ adults <input type="checkbox"/></li> <li>▪ older adults <input type="checkbox"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="checkbox"/></li> <li>▪ adolescents <input checked="" type="checkbox"/></li> <li>▪ adults <input checked="" type="checkbox"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="checkbox"/>
<p> <input type="radio"/> no                   <input checked="" type="radio"/> yes             </p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
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 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>30,548,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>39</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>3,997</b>
POPULATION AGED >60 (%)	<b>9</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 5,895,364**  
**INT\$ 20,815,510**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 64,849,001**  
**INT\$ 228,970,613**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

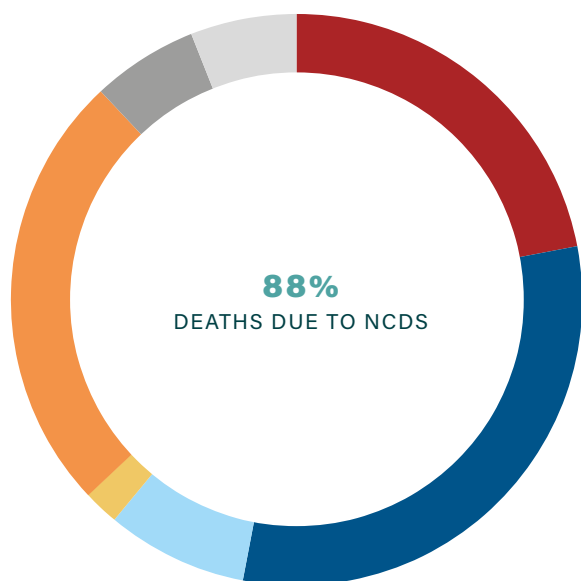
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	17,565,000	WORLD BANK INCOME GROUP	HIGH
POPULATION AGED <20 (%)	21	GROSS DOMESTIC PRODUCT per capita (INT\$)	59,267
POPULATION AGED >60 (%)	27		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ 276,415,027  
INT\$ 312,662,304



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ 3,040,565,299  
INT\$ 3,439,285,343

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ○</li> <li>▪ in public open spaces ○</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

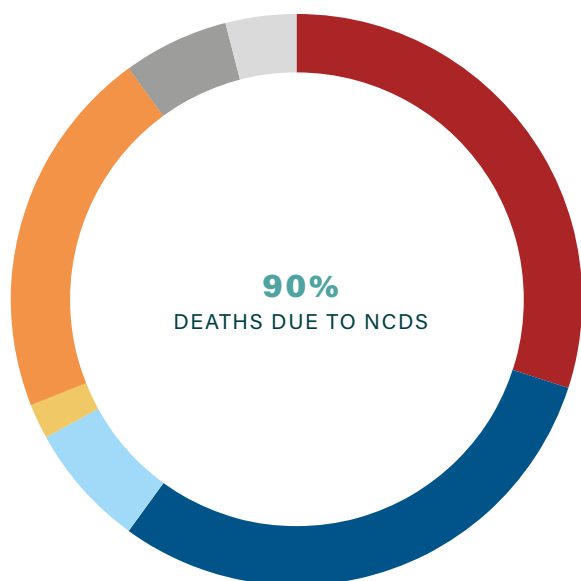
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ○	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	5,186,000	WORLD BANK INCOME GROUP	HIGH
POPULATION AGED <20 (%)	25	GROSS DOMESTIC PRODUCT per capita (INT\$)	44,658
POPULATION AGED >60 (%)	22		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ 54,286,416  
INT\$ 58,281,590



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ 597,150,572  
INT\$ 641,097,487

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

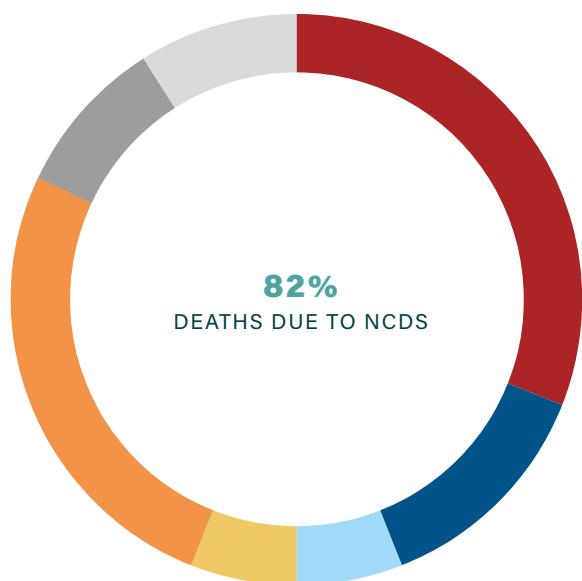
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<p><input type="radio"/> no <input type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>6,949,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>39</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>5,574</b>
POPULATION AGED >60 (%)	<b>8</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 5,648,448**  
**INT\$ 16,512,331**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 62,132,927**  
**INT\$ 181,635,639**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> –	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> –
<b>NATIONAL ROAD SAFETY STRATEGY</b> –	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits –</li> <li>▪ driving and alcohol use –</li> <li>▪ driving and drug use –</li> <li>▪ driving and mobile phone use –</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure –</li> <li>▪ safe pedestrian and cycling crossings –</li> <li>▪ management of speed –</li> </ul>	

○ no ● yes ● yes and best practice – not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ○</li> <li>▪ for people with disability ○</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ○ <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> ○ <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> ○ <ul style="list-style-type: none"> <li>▪ quality physical education ○</li> </ul>

○ no ● yes

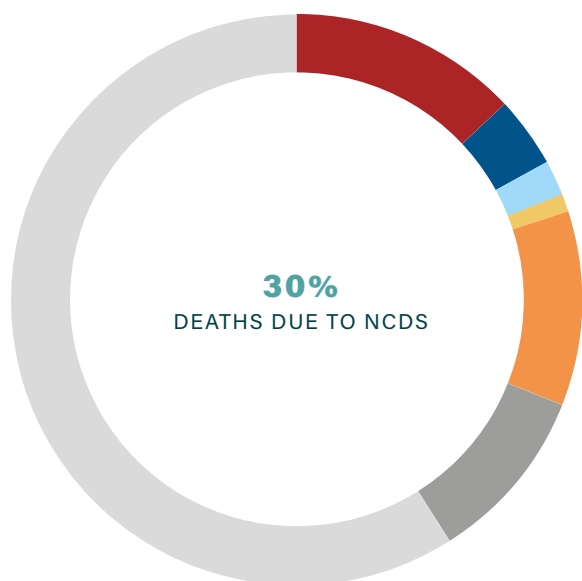
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ○	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ○
<p>○ no ● yes, but not operational ● yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ○</li> <li>▪ adults ○</li> <li>▪ older adults ○</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ○</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ○	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ○
<p>○ no ● yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>26,208,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>60</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>1,288</b>
POPULATION AGED >60 (%)	<b>4</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 1,162,678**

**INT\$ 2,638,557**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 12,789,454**

**INT\$ 29,024,128**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

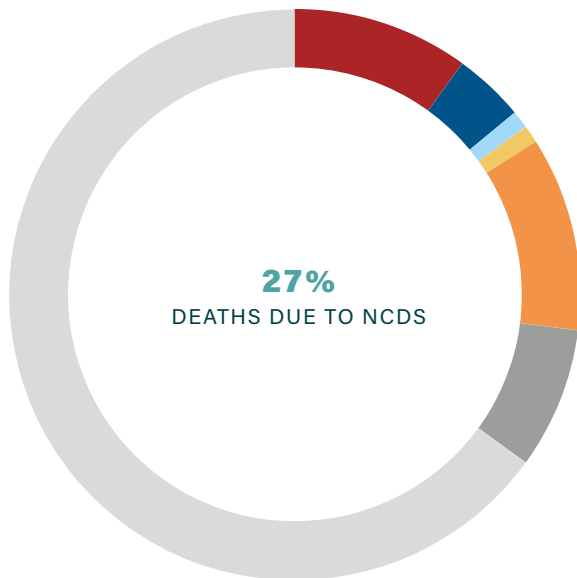
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>218,542,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>54</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>5,186</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 109,758,156**

**INT\$ 272,959,984**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 1,207,339,716**

**INT\$ 3,002,559,823**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

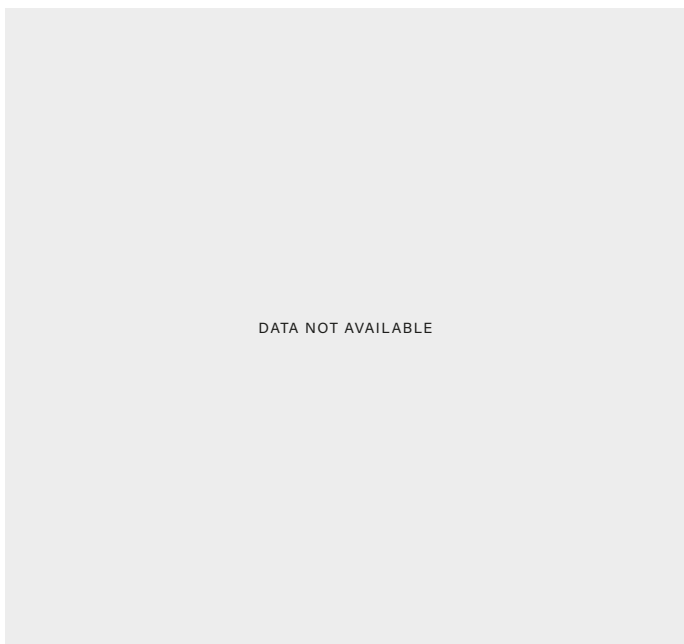
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<p><input type="radio"/> no <input type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>2,000</b>
POPULATION AGED <20 (%)	<b>34</b>
POPULATION AGED >60 (%)	<b>21</b>

WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
GROSS DOMESTIC PRODUCT per capita (INT\$)	

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

- NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**
- with links to community programmes
  - supported by environmental improvements
  - promoting the co-benefits of physical activity

- NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**
- 

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="checkbox"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="checkbox"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="checkbox"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="checkbox"/></li> <li>▪ driving and alcohol use <input type="checkbox"/></li> <li>▪ driving and drug use <input type="checkbox"/></li> <li>▪ driving and mobile phone use <input type="checkbox"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="checkbox"/></li> <li>▪ safe pedestrian and cycling crossings <input type="checkbox"/></li> <li>▪ management of speed <input type="checkbox"/></li> </ul>	

no    yes    yes and best practice    not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no    yes

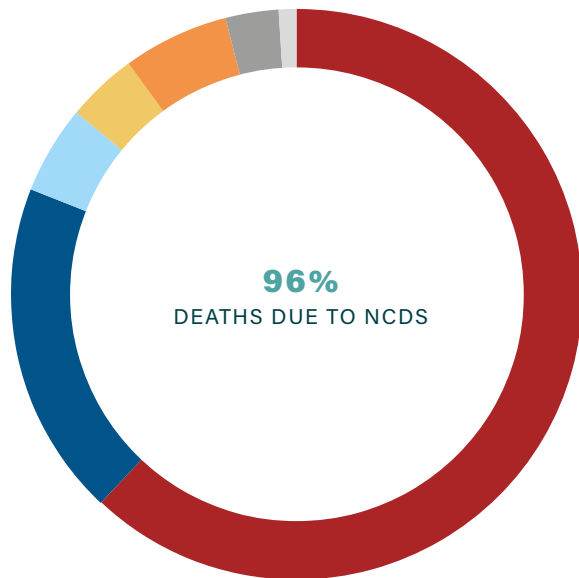
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<p> <input type="radio"/> no   <input checked="" type="radio"/> yes, but not operational   <input checked="" type="radio"/> yes and operational         </p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
<p> <input type="radio"/> no   <input checked="" type="radio"/> yes         </p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>2,094,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>22</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>16,720</b>
POPULATION AGED >60 (%)	<b>21</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 4,402,272**

**INT\$ 12,592,099**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 48,424,993**

**INT\$ 138,513,090**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS






**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**





○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/></p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/></p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/></p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <input type="radio"/></p> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

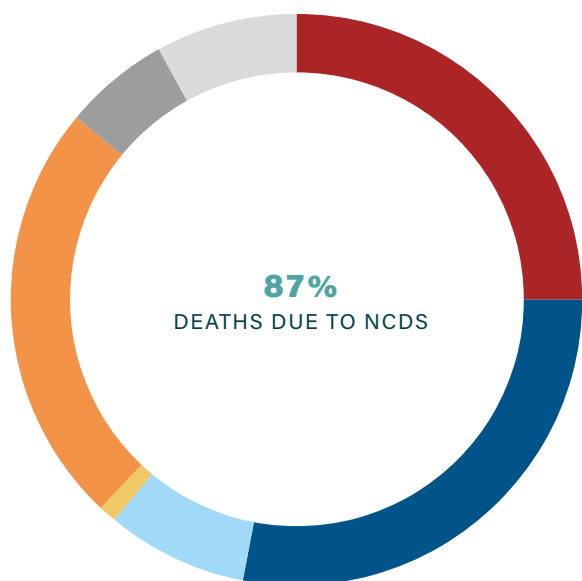
 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/></p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/></p>
 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/></p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/></p>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	5,435,000	WORLD BANK INCOME GROUP	HIGH
POPULATION AGED <20 (%)	23	GROSS DOMESTIC PRODUCT per capita (INT\$)	62,645
POPULATION AGED >60 (%)	24		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ 89,836,259  
INT\$ 83,585,408



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ 988,198,847  
INT\$ 919,439,486

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ○</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

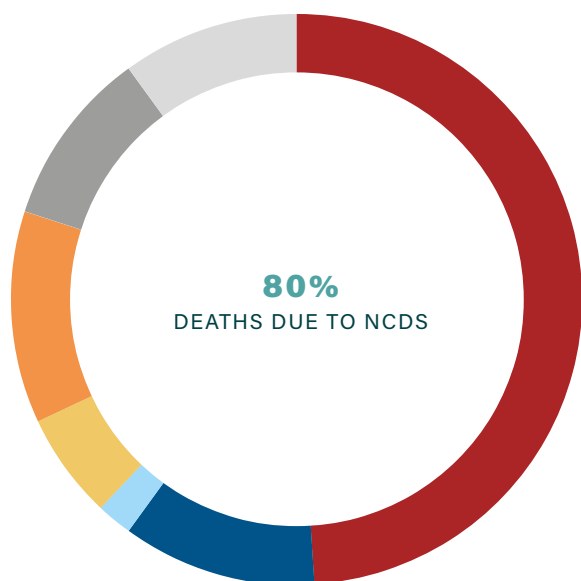
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>4,577,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>33</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>31,118</b>
POPULATION AGED >60 (%)	<b>4</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 19,669,537**  
**INT\$ 42,257,888**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 216,364,912**  
**INT\$ 464,836,768**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

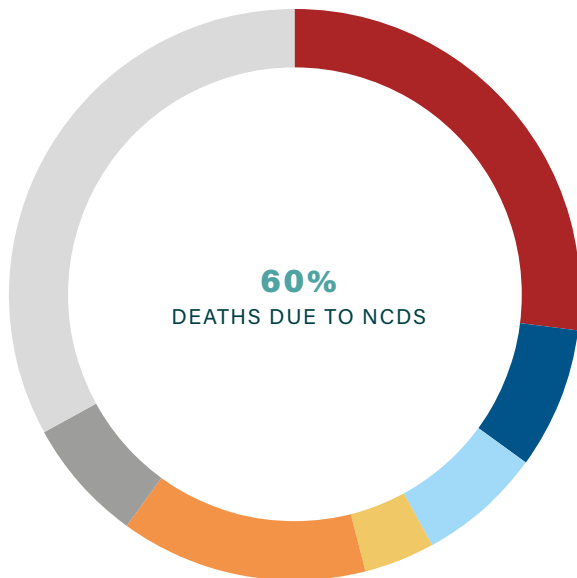
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>235,825,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>47</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>5,426</b>
POPULATION AGED >60 (%)	<b>7</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 188,199,841**  
**INT\$ 779,202,711**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 2,070,198,248**  
**INT\$ 8,571,229,817**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

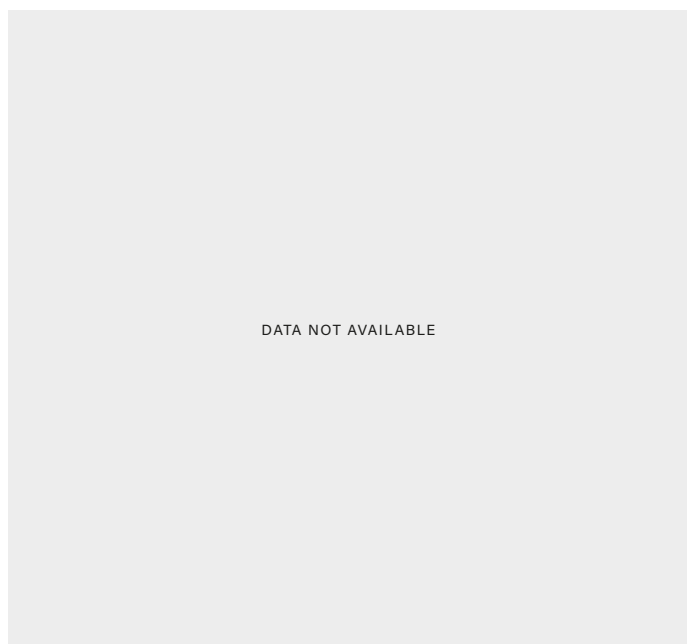
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

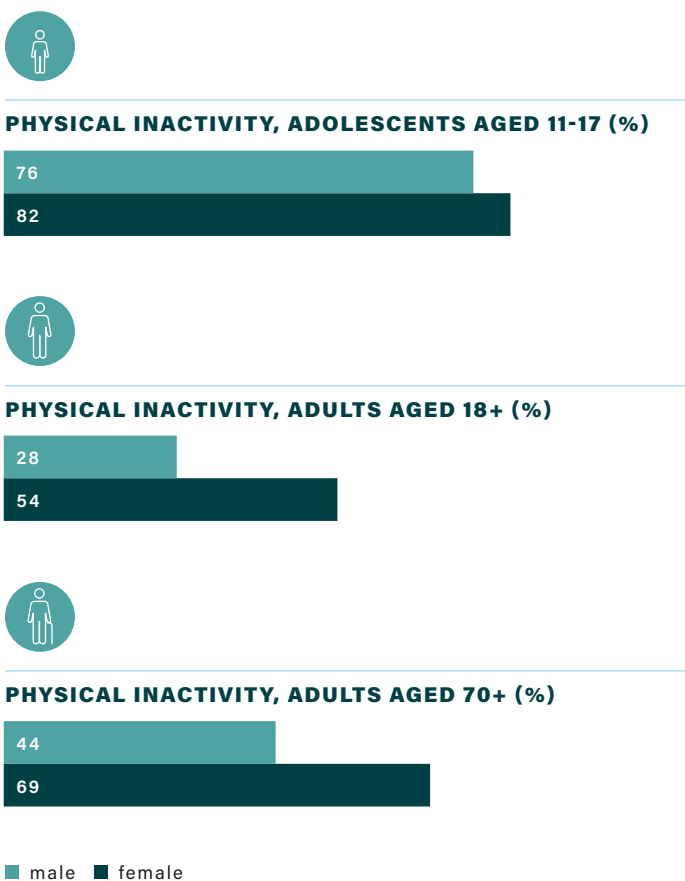
TOTAL POPULATION (2022)	<b>18,100</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>28</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>16,319</b>
POPULATION AGED >60 (%)	<b>16</b>		

## NCD MORTALITY

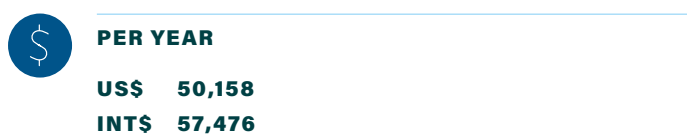


- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

- NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**
- with links to community programmes
  - supported by environmental improvements
  - promoting the co-benefits of physical activity

- NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**
- 

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> –	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> –
<b>NATIONAL ROAD SAFETY STRATEGY</b> –	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits –</li> <li>▪ driving and alcohol use –</li> <li>▪ driving and drug use –</li> <li>▪ driving and mobile phone use –</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure –</li> <li>▪ safe pedestrian and cycling crossings –</li> <li>▪ management of speed –</li> </ul>	

○ no ● yes ● yes and best practice – not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability ●</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ●</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

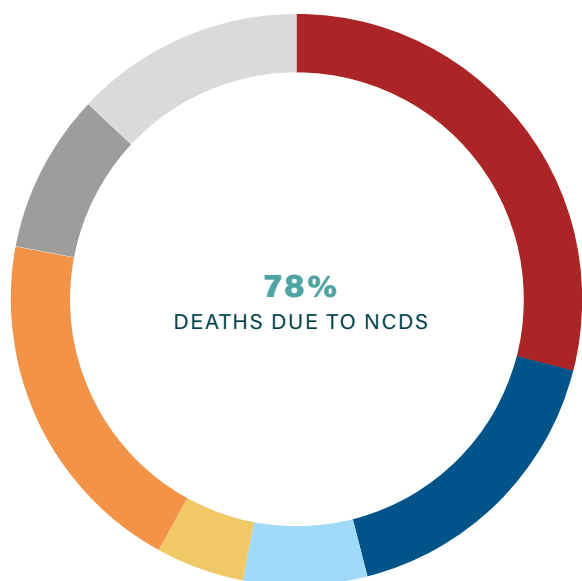
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ○
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ○</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>4,409,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>34</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>26,780</b>
POPULATION AGED >60 (%)	<b>13</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 13,784,729**  
**INT\$ 29,511,923**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 151,632,019**  
**INT\$ 324,631,154**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

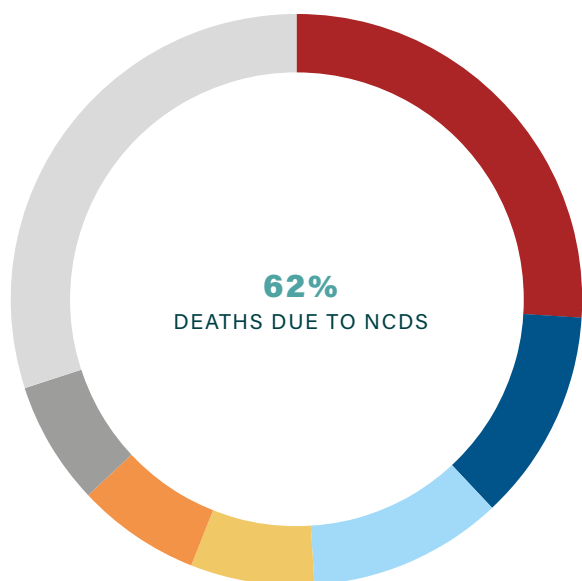
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	10,143,000	WORLD BANK INCOME GROUP	LOWER MIDDLE
POPULATION AGED <20 (%)	44	GROSS DOMESTIC PRODUCT per capita (INT\$)	4,286
POPULATION AGED >60 (%)	6		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 883,868**  
**INT\$ 1,374,135**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 9,722,546**  
**INT\$ 15,115,489**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY





no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/></p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/></p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/></p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

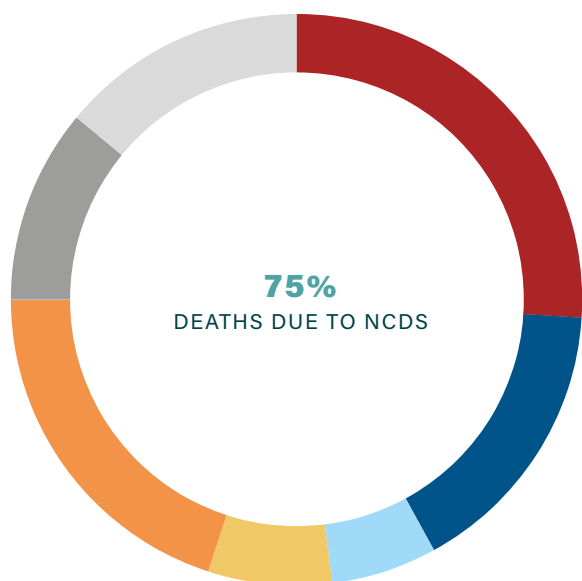
 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/></p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/></p>
 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/></p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/></p>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
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 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>6,781,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>38</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>13,035</b>
POPULATION AGED >60 (%)	<b>9</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 13,929,412**  
**INT\$ 36,401,379**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 153,223,536**  
**INT\$ 400,415,166**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

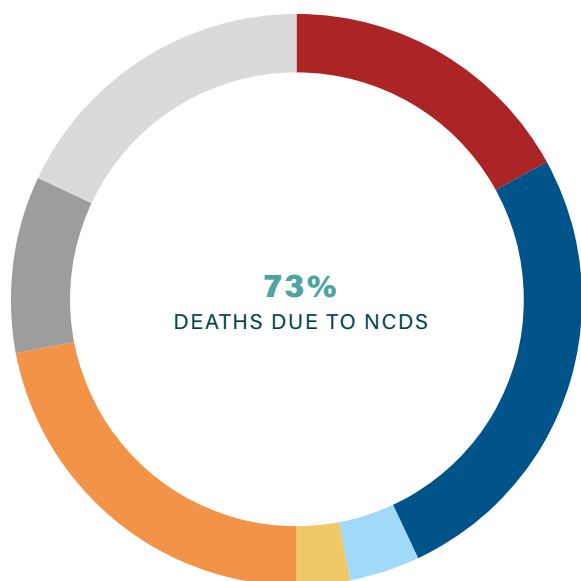
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
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 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>34,050,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>35</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>11,908</b>
POPULATION AGED >60 (%)	<b>12</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 37,404,511**  
**INT\$ 72,519,116**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 411,449,622**  
**INT\$ 797,710,280**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ○
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ○</li> <li>▪ safe pedestrian and cycling crossings ○</li> <li>▪ management of speed ○</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ●</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> ● <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

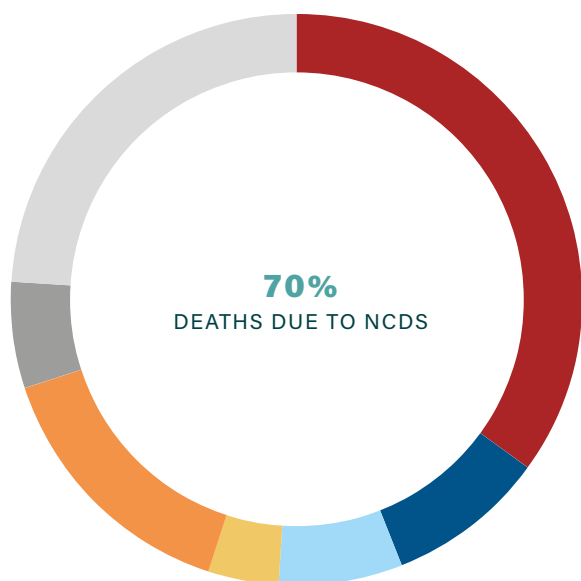
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ○
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ○	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ○

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>115,560,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>40</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>8,394</b>
POPULATION AGED >60 (%)	<b>9</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 109,202,917**  
**INT\$ 277,733,614**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 1,201,232,084**  
**INT\$ 3,055,069,758**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ○</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ○</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability ○</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ●</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> ● <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education ○</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

○ no ● yes

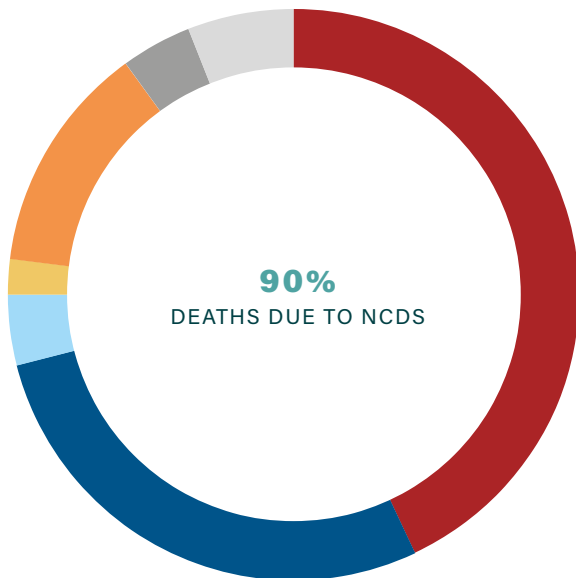
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ○
<p>○ no ● yes, but not operational ● yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ○	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ○
<p>○ no ● yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>39,858,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>20</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>34,287</b>
POPULATION AGED >60 (%)	<b>25</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 216,060,192**  
**INT\$ 470,583,040**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 2,376,662,112**  
**INT\$ 5,176,413,441**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ○ <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ○
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○ no ● yes, but not operational ● yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
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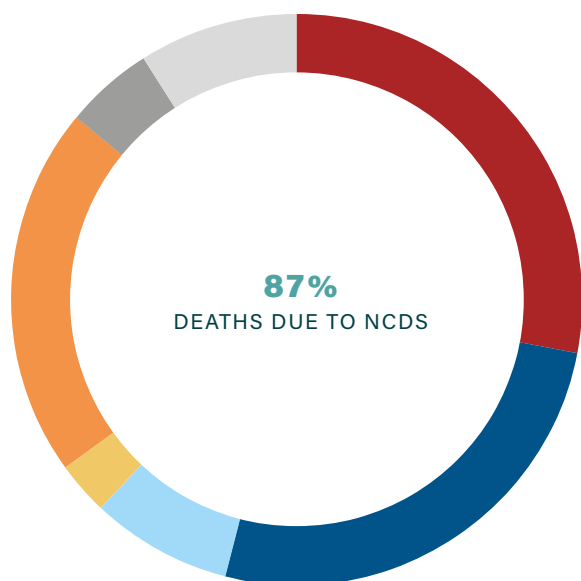
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●
--	--

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	10,271,000	WORLD BANK INCOME GROUP	HIGH
POPULATION AGED <20 (%)	18	GROSS DOMESTIC PRODUCT per capita (INT\$)	34,177
POPULATION AGED >60 (%)	30		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 242,315,843**  
**INT\$ 373,138,600**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 2,665,474,268**  
**INT\$ 4,104,524,596**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ○</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability ●</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ●</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> ● <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
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○ no ● yes, but not operational ● yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
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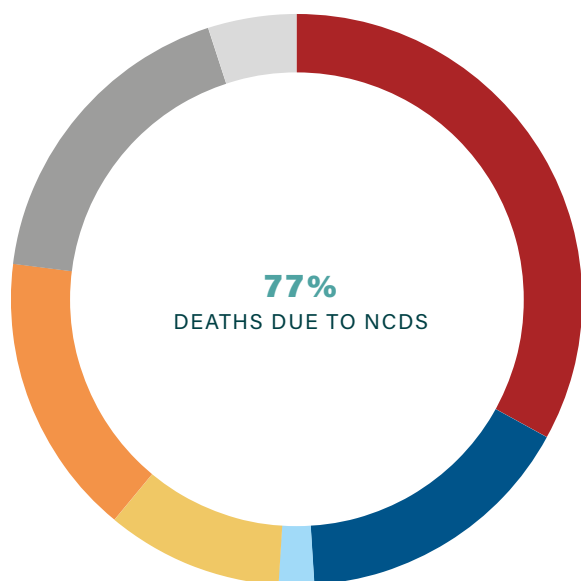
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●
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○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>2,696,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>19</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>89,961</b>
POPULATION AGED >60 (%)	<b>3</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 28,014,375**  
**INT\$ 50,283,288**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 308,158,129**  
**INT\$ 553,116,165**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ○</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

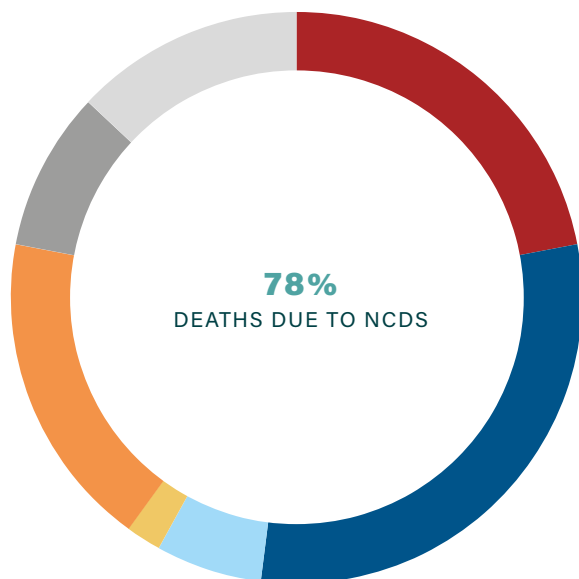
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ○</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	51,816,000	WORLD BANK INCOME GROUP	HIGH
POPULATION AGED <20 (%)	16	GROSS DOMESTIC PRODUCT per capita (INT\$)	45,226
POPULATION AGED >60 (%)	26		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ 280,836,502  
INT\$ 401,964,284



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ 3,089,201,517  
INT\$ 4,421,607,119

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
---	--

no  yes, but not operational  yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
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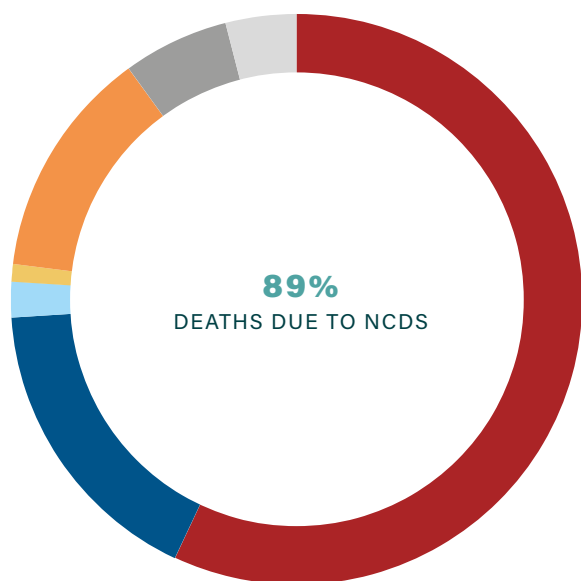
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
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no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>3,273,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>25</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>12,942</b>
POPULATION AGED >60 (%)	<b>19</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



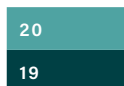
### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 2,844,687**  
**INT\$ 8,134,000**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 31,291,561**  
**INT\$ 89,473,999**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY





○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/></p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/></p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/></p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/></p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/></p>
--	---

no  yes, but not operational  yes and operational

 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
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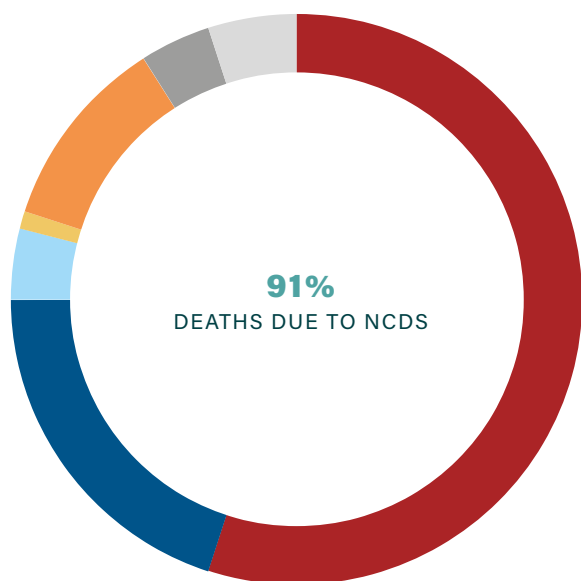
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/></p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/></p>
--	--

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	19,660,000	WORLD BANK INCOME GROUP	UPPER MIDDLE
POPULATION AGED <20 (%)	21	GROSS DOMESTIC PRODUCT per capita (INT\$)	32,202
POPULATION AGED >60 (%)	24		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 74,201,263**  
**INT\$ 184,418,655**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 816,213,888**  
**INT\$ 2,028,605,206**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

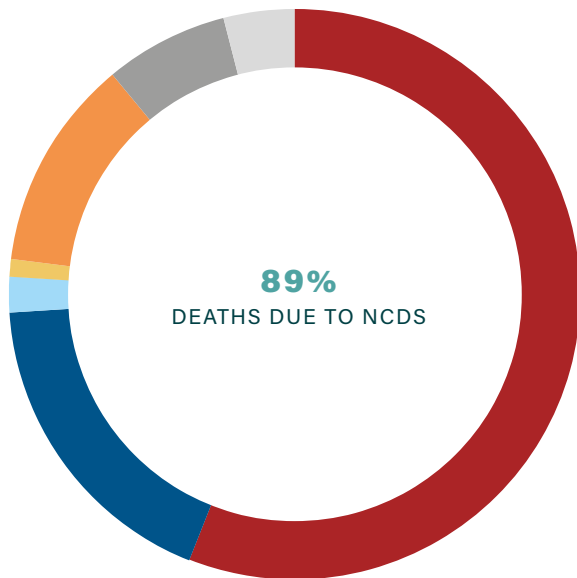
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	144,714,000	WORLD BANK INCOME GROUP	UPPER MIDDLE
POPULATION AGED <20 (%)	23	GROSS DOMESTIC PRODUCT per capita (INT\$)	29,916
POPULATION AGED >60 (%)	23		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



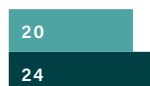
### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 472,557,863**  
**INT\$ 1,391,170,440**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 5,198,136,498**  
**INT\$ 15,302,874,838**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

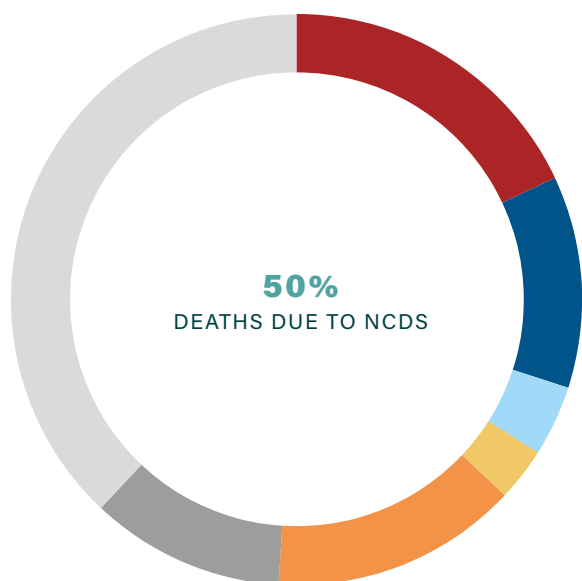
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>13,777,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>50</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>2,214</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 8,184,826**  
**INT\$ 22,714,000**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 90,033,088**  
**INT\$ 249,854,002**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

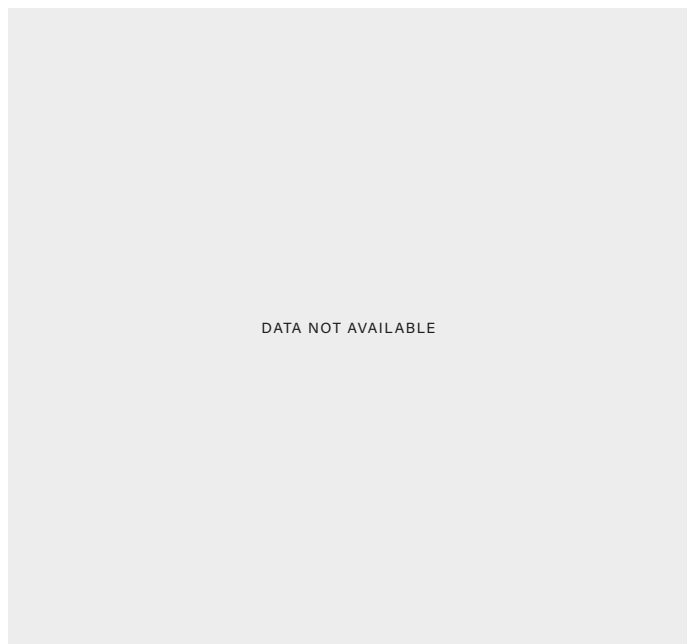
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

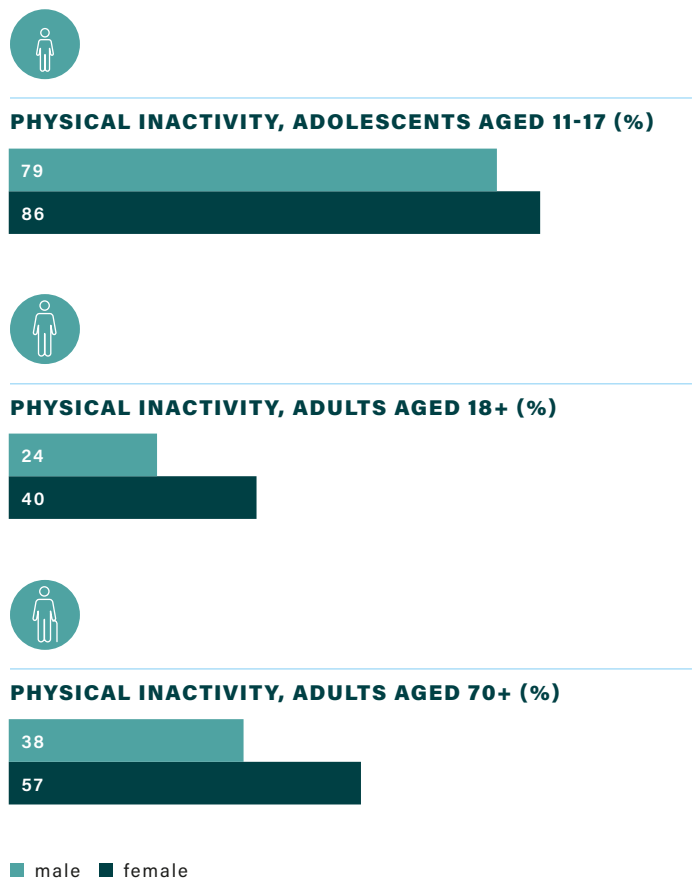
TOTAL POPULATION (2022)	<b>47,700</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>26</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>25,639</b>
POPULATION AGED >60 (%)	<b>16</b>		

## NCD MORTALITY

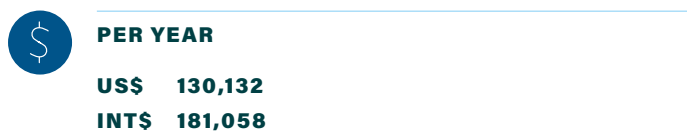


- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

- NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**
- with links to community programmes
  - supported by environmental improvements
  - promoting the co-benefits of physical activity

- NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**
- 

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="checkbox"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="checkbox"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="checkbox"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="checkbox"/></li> <li>▪ driving and alcohol use <input type="checkbox"/></li> <li>▪ driving and drug use <input type="checkbox"/></li> <li>▪ driving and mobile phone use <input type="checkbox"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="checkbox"/></li> <li>▪ safe pedestrian and cycling crossings <input type="checkbox"/></li> <li>▪ management of speed <input type="checkbox"/></li> </ul>	

no  
  yes  
  yes and best practice  
  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="checkbox"/></li> <li>▪ in childcare settings <input type="checkbox"/></li> <li>▪ through community sports <input type="checkbox"/></li> <li>▪ in public open spaces <input type="checkbox"/></li> <li>▪ through walking and cycling <input type="checkbox"/></li> <li>▪ for older adults <input type="checkbox"/></li> <li>▪ for people with disability <input type="checkbox"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="checkbox"/></li> <li>▪ used in &gt;50% of facilities <input type="checkbox"/></li> </ul>
<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="checkbox"/></li> </ul>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="checkbox"/></li> </ul>

no  
  yes  
 NOT AVAILABLE

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

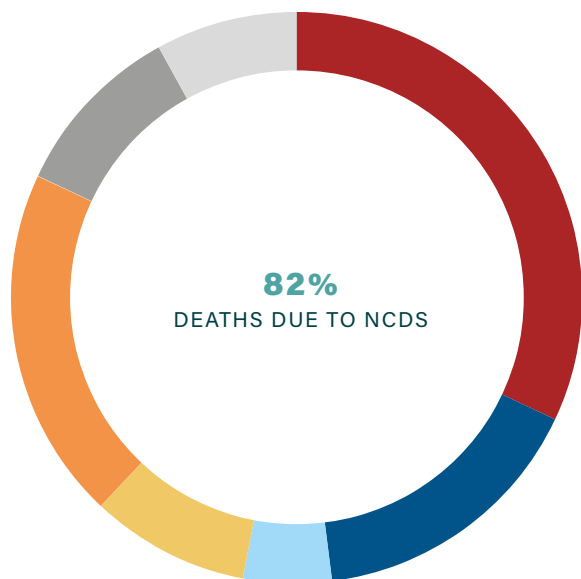
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="checkbox"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="checkbox"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="checkbox"/></li> <li>▪ children and adolescents <input type="checkbox"/></li> <li>▪ adults <input type="checkbox"/></li> <li>▪ older adults <input type="checkbox"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="checkbox"/></li> <li>▪ adolescents <input checked="" type="checkbox"/></li> <li>▪ adults <input checked="" type="checkbox"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="checkbox"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="checkbox"/>

no  
  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>180,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>25</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>12,709</b>
POPULATION AGED >60 (%)	<b>14</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 284,498**  
**INT\$ NO DATA AVAILABLE**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 3,129,482**  
**INT\$ 6,104,231**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

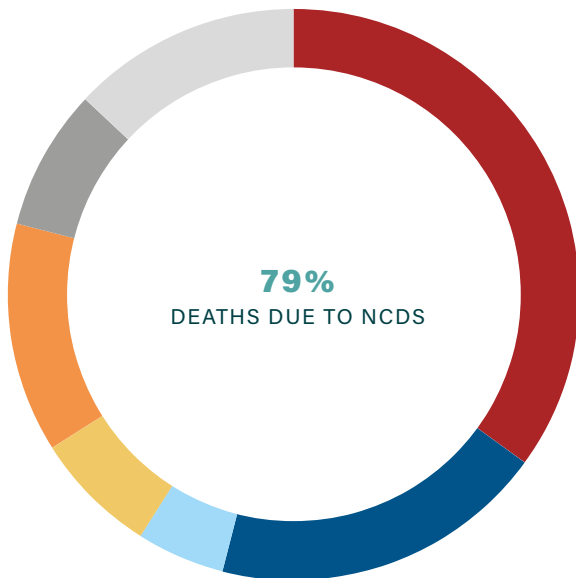
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes, but not operational <input type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

# SAINT VINCENT AND THE GRENADINES

TOTAL POPULATION (2022)	104,000	WORLD BANK INCOME GROUP	UPPER MIDDLE
POPULATION AGED <20 (%)	29	GROSS DOMESTIC PRODUCT per capita (INT\$)	13,403
POPULATION AGED >60 (%)	16		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 119,444**  
**INT\$ 208,510**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 1,313,885**  
**INT\$ 2,293,611**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> –	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> –
<b>NATIONAL ROAD SAFETY STRATEGY</b> –	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits –</li> <li>▪ driving and alcohol use –</li> <li>▪ driving and drug use –</li> <li>▪ driving and mobile phone use –</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure –</li> <li>▪ safe pedestrian and cycling crossings –</li> <li>▪ management of speed –</li> </ul>	

○ no ● yes ● yes and best practice – not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ○</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ○ <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
--	--

○ no ● yes, but not operational ● yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
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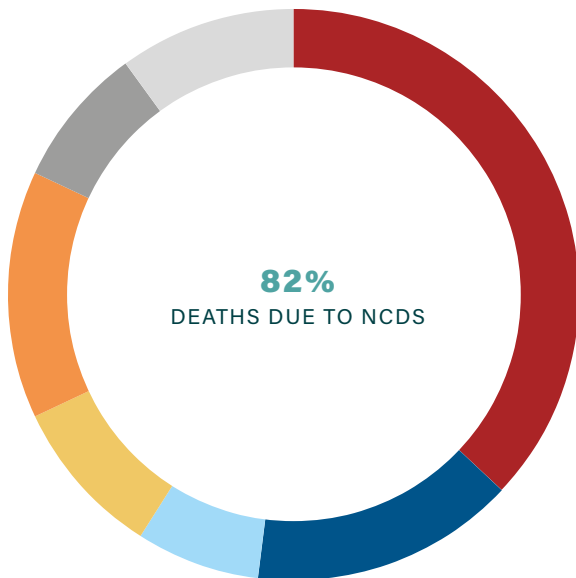
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●
--	--

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>223,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>47</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>6,765</b>
POPULATION AGED >60 (%)	<b>8</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 47,295**

**INT\$ 77,739**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 520,243**

**INT\$ 855,128**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

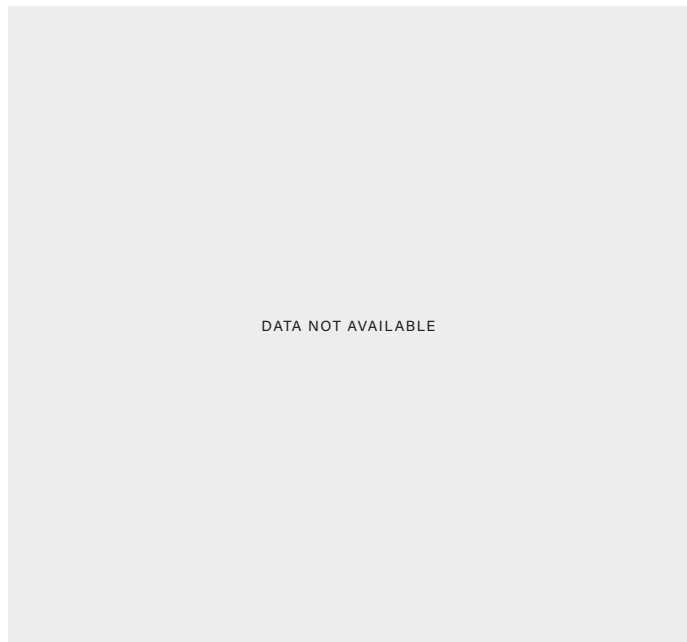
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>33,700</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>18</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>59,572</b>
POPULATION AGED >60 (%)	<b>28</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 142,389**

**INT\$ NO DATA AVAILABLE**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 1,566,274**

**INT\$ 3,221,830**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

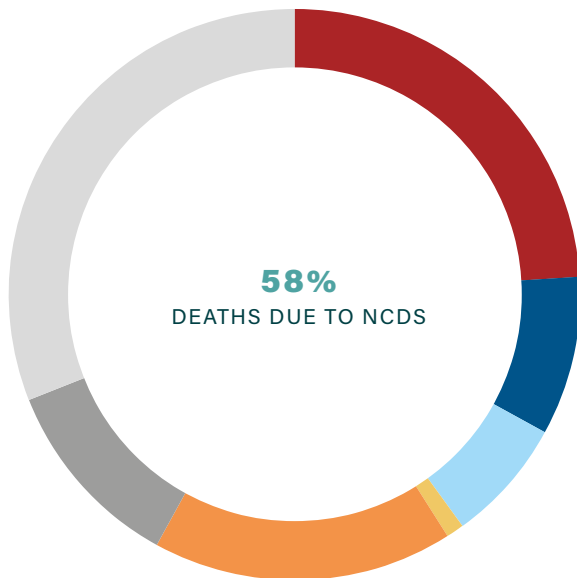
no  yes, but not operational  yes and operational

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>228,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>51</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>4,273</b>
POPULATION AGED >60 (%)	<b>6</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



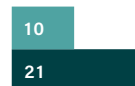
### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 705,142**

**INT\$ 1,386,213**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 7,756,564**

**INT\$ 15,248,344**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes







## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/></p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/></p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/></p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	


no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

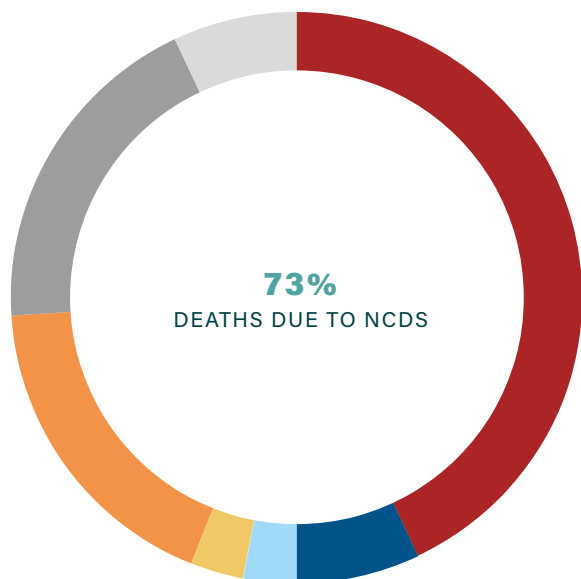
 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/></p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/></p>
 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/></p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/></p>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>36,409,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>33</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>46,778</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 560,379,179**  
**INT\$ 1,302,969,983**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 6,164,170,973**  
**INT\$ 14,332,669,812**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

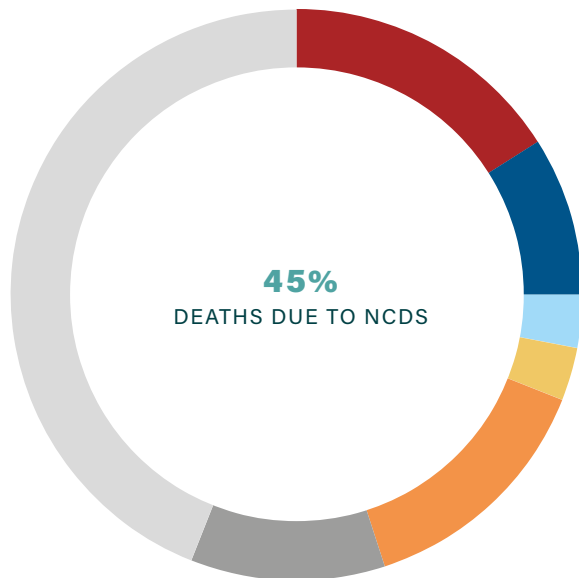
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	17,317,000	WORLD BANK INCOME GROUP	LOWER MIDDLE
POPULATION AGED <20 (%)	52	GROSS DOMESTIC PRODUCT per capita (INT\$)	3,504
POPULATION AGED >60 (%)	5		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 1,744,959**

**INT\$ 4,152,840**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 19,194,551**

**INT\$ 45,681,237**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

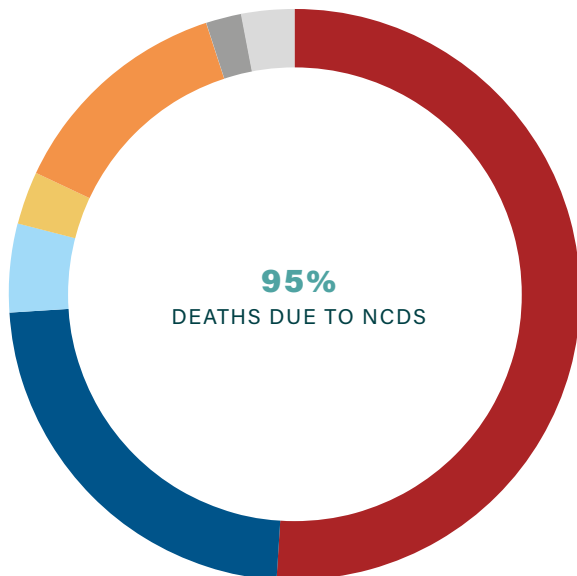
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
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 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>7,222,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>19</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>19,094</b>
POPULATION AGED >60 (%)	<b>27</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 43,140,235**  
**INT\$ 106,551,108**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 474,542,583**  
**INT\$ 1,172,062,183**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

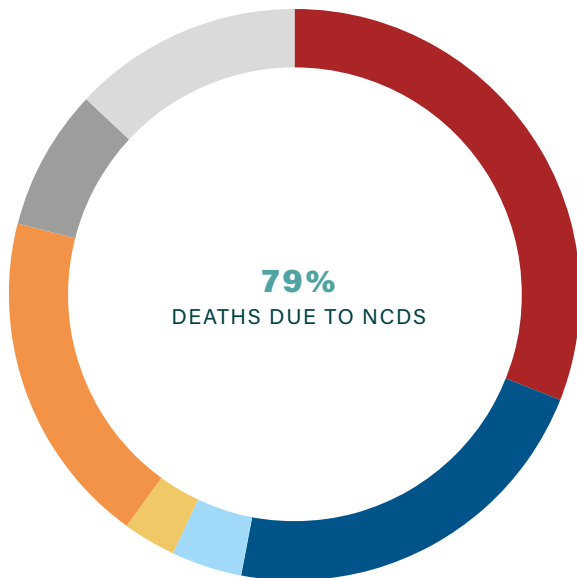
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>108,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>30</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>28,339</b>
POPULATION AGED >60 (%)	<b>13</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 6,712,728**

**INT\$ 16,083,851**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 73,840,012**

**INT\$ 176,922,357**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ○ <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> ○ <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

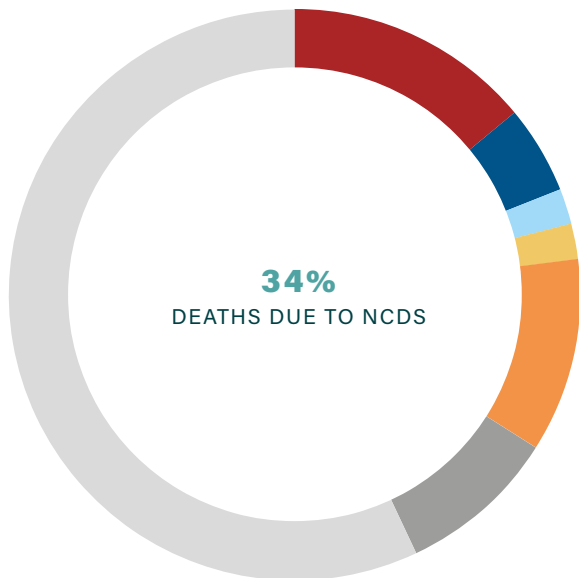
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ○</li> <li>▪ adults ○</li> <li>▪ older adults ○</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ○

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>8,606,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>50</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>1,727</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 2,669,986**

**INT\$ 9,053,775**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 29,369,848**

**INT\$ 99,591,530**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="checkbox"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="checkbox"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="checkbox"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="checkbox"/></li> <li>▪ driving and alcohol use <input type="checkbox"/></li> <li>▪ driving and drug use <input type="checkbox"/></li> <li>▪ driving and mobile phone use <input type="checkbox"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="checkbox"/></li> <li>▪ safe pedestrian and cycling crossings <input type="checkbox"/></li> <li>▪ management of speed <input type="checkbox"/></li> </ul>	

no  
  yes  
  yes and best practice  
  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="checkbox"/></li> <li>▪ in childcare settings <input type="checkbox"/></li> <li>▪ through community sports <input type="checkbox"/></li> <li>▪ in public open spaces <input type="checkbox"/></li> <li>▪ through walking and cycling <input type="checkbox"/></li> <li>▪ for older adults <input type="checkbox"/></li> <li>▪ for people with disability <input type="checkbox"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="checkbox"/></li> <li>▪ used in &gt;50% of facilities <input type="checkbox"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="checkbox"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="checkbox"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  
  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

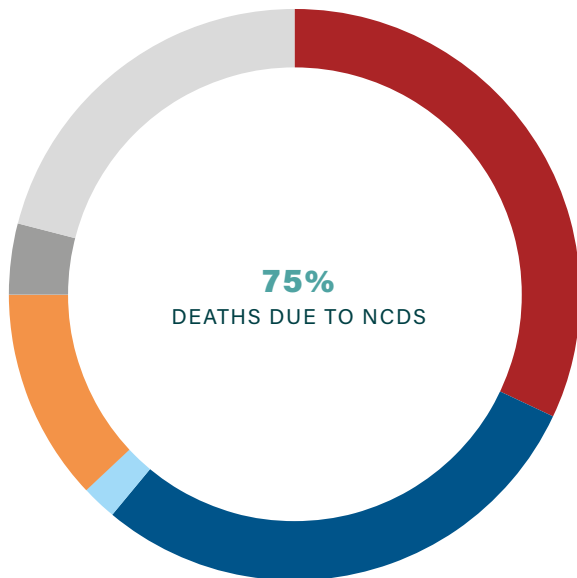
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="checkbox"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="checkbox"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="checkbox"/></li> <li>▪ children and adolescents <input type="checkbox"/></li> <li>▪ adults <input type="checkbox"/></li> <li>▪ older adults <input type="checkbox"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="checkbox"/></li> <li>▪ adolescents <input checked="" type="checkbox"/></li> <li>▪ adults <input checked="" type="checkbox"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="checkbox"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="checkbox"/>

no  
  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>5,976,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>16</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>99,681</b>
POPULATION AGED >60 (%)	<b>23</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 48,560,950**

**INT\$ 80,009,206**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 534,170,447**

**INT\$ 880,101,268**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

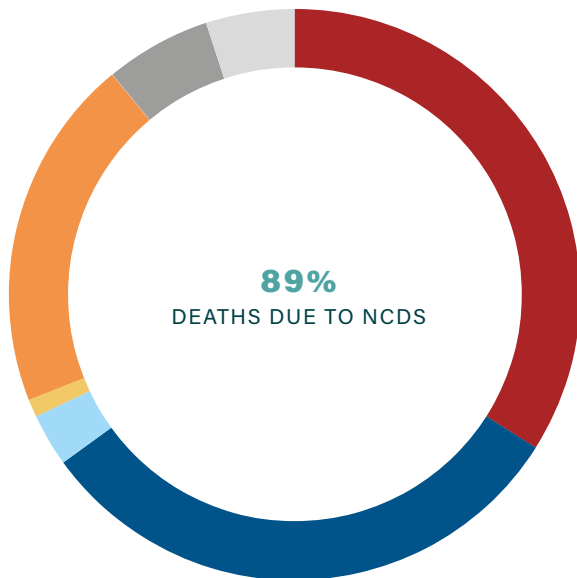
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	5,644,000	WORLD BANK INCOME GROUP	HIGH
POPULATION AGED <20 (%)	21	GROSS DOMESTIC PRODUCT per capita (INT\$)	31,356
POPULATION AGED >60 (%)	23		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 30,906,915**

**INT\$ 50,301,336**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 339,976,061**

**INT\$ 553,314,700**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

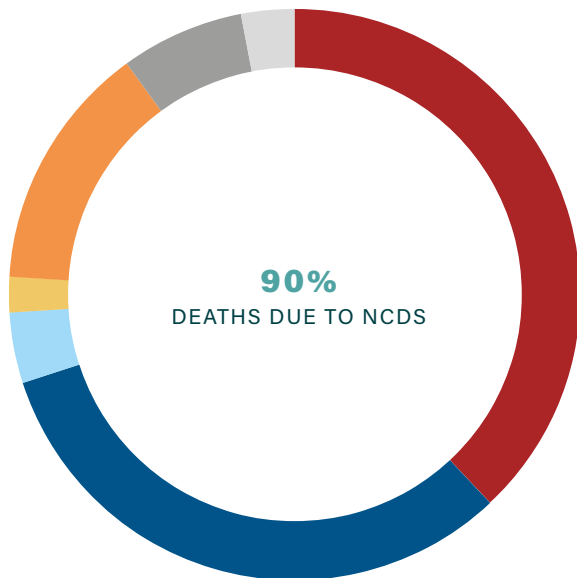
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	2,120,000	WORLD BANK INCOME GROUP	HIGH
POPULATION AGED <20 (%)	20	GROSS DOMESTIC PRODUCT per capita (INT\$)	39,725
POPULATION AGED >60 (%)	28		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ 18,050,524  
INT\$ 28,131,652



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ 198,555,765  
INT\$ 309,448,171

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ●</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

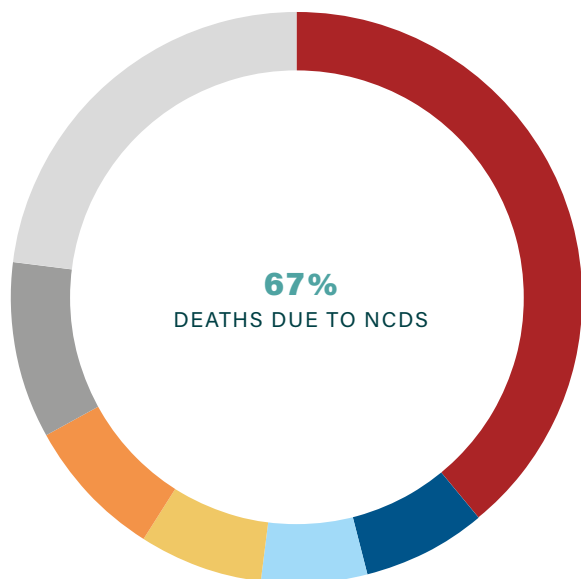
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ○</li> <li>▪ older adults ○</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>725,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>49</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>2,618</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 61,012**  
**INT\$ 71,001**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 671,132**  
**INT\$ 781,009**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
---	--

no  yes, but not operational  yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
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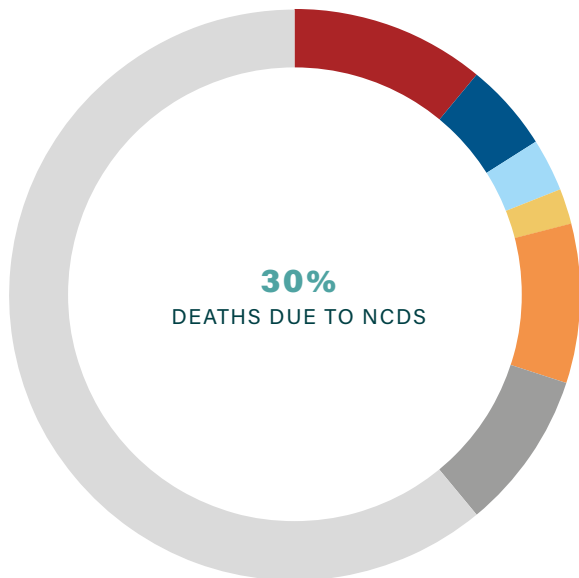
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
--	--

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>17,598,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>58</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>1,246</b>
POPULATION AGED >60 (%)	<b>4</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 44,495,089**

**INT\$ NO DATA AVAILABLE**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 489,445,982**

**INT\$ 1,101,077,474**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

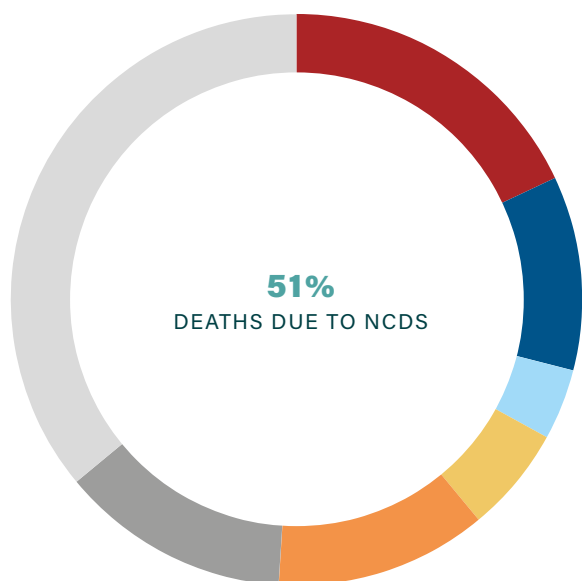
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>59,894,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>37</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>13,359</b>
POPULATION AGED >60 (%)	<b>9</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 248,949,482**  
**INT\$ 588,081,134**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 2,738,444,298**  
**INT\$ 6,468,892,474**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

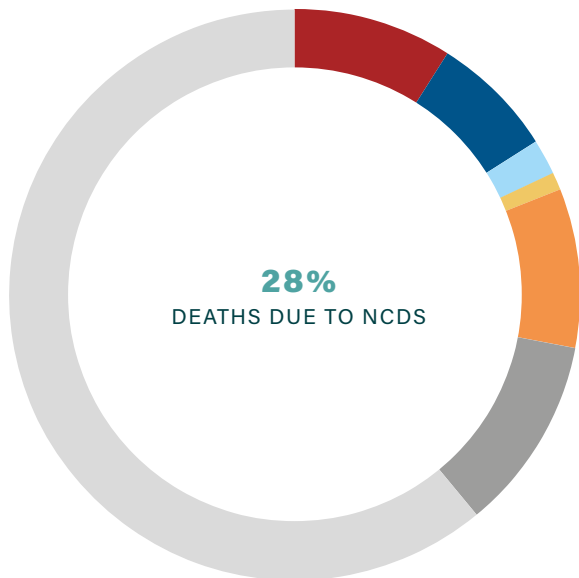
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<p><input type="radio"/> no <input type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>10,914,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>56</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 5,301,612**

**INT\$ NO DATA AVAILABLE**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 58,317,733**

**INT\$ 151,264,146**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

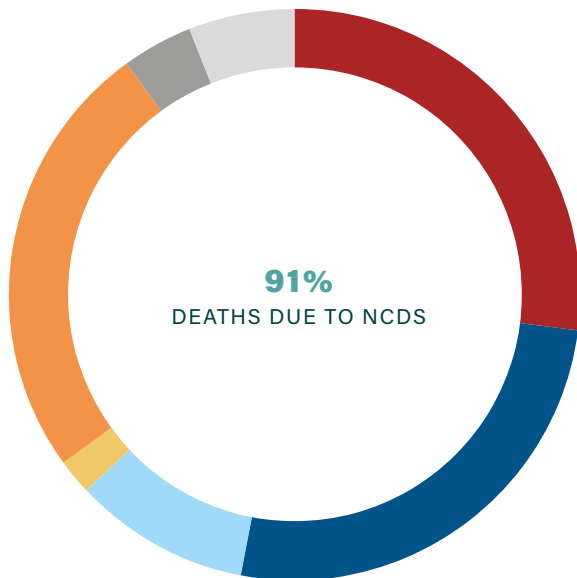
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>47,559,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>19</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>37,756</b>
POPULATION AGED >60 (%)	<b>27</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 470,046,764**  
**INT\$ 655,934,875**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 5,170,514,407**  
**INT\$ 7,215,283,624**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●</p>	<p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●</p>
<p><b>NATIONAL ROAD SAFETY STRATEGY</b> ●</p>	<p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ●</p> <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
	<p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
	<p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

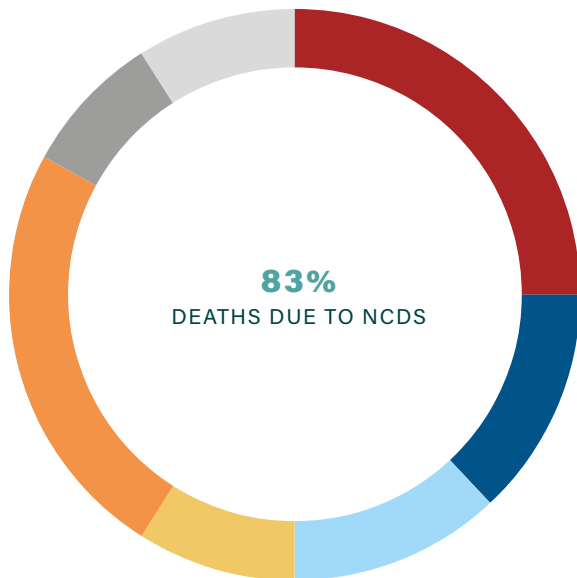
<p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●</p>	<p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●</p>
<p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<p><b>NATIONAL NCD COORDINATING MECHANISM</b> ●</p>	<p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●</p>

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	21,833,000	WORLD BANK INCOME GROUP	UPPER MIDDLE
POPULATION AGED <20 (%)	31	GROSS DOMESTIC PRODUCT per capita (INT\$)	13,227
POPULATION AGED >60 (%)	17		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 20,481,558**

**INT\$ 73,589,965**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 225,297,142**

**INT\$ 809,489,614**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

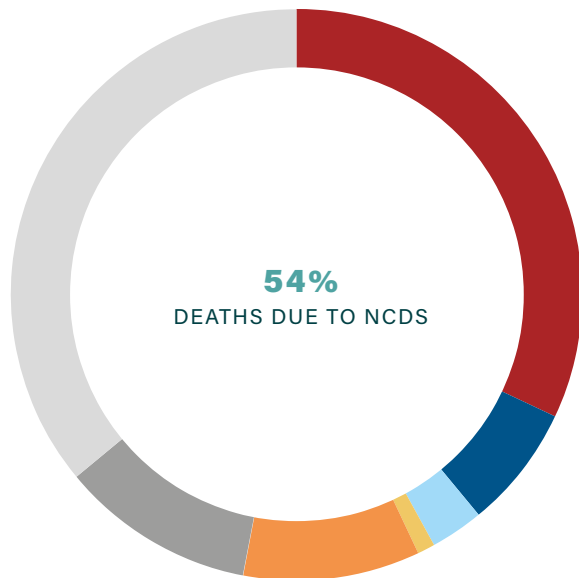
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>46,875,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>51</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>4,142</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 41,138,683**

**INT\$ 99,407,704**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 452,525,514**

**INT\$ 1,093,484,746**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

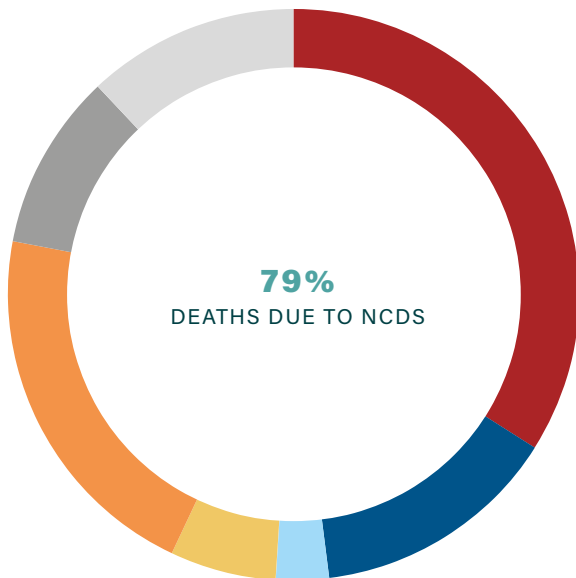
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>619,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>35</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>16,733</b>
POPULATION AGED >60 (%)	<b>11</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 14,223,610**  
**INT\$ 33,894,199**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 156,459,712**  
**INT\$ 372,836,188**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

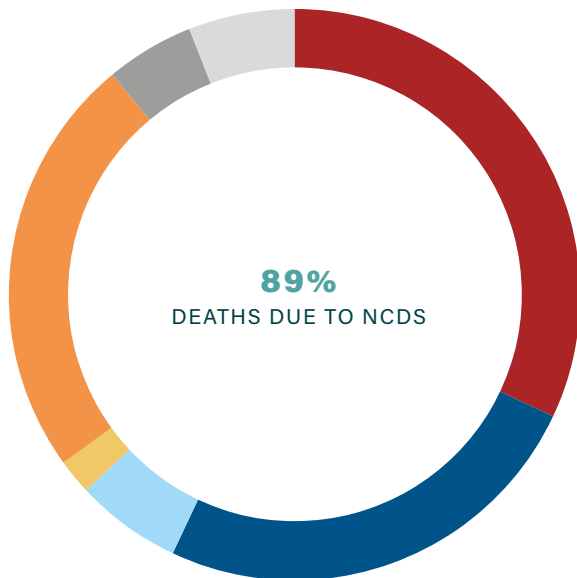
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>10,550,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>23</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>55,065</b>
POPULATION AGED >60 (%)	<b>26</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

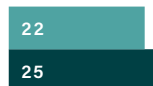
## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 116,057,841**

**INT\$ 122,192,858**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 1,276,636,248**

**INT\$ 1,344,121,434**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ○</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

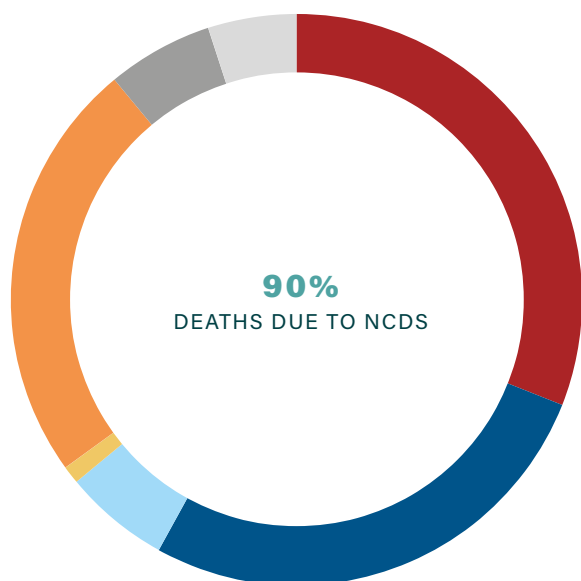
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ○	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>8,741,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>20</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>71,745</b>
POPULATION AGED >60 (%)	<b>26</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 154,759,836**  
**INT\$ 127,493,645**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 1,702,358,199**  
**INT\$ 1,402,430,100**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ○	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ○</li> <li>▪ safe pedestrian and cycling crossings ○</li> <li>▪ management of speed ○</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ○</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ○</li> <li>▪ for older adults ●</li> <li>▪ for people with disability ○</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ○ <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education ○</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

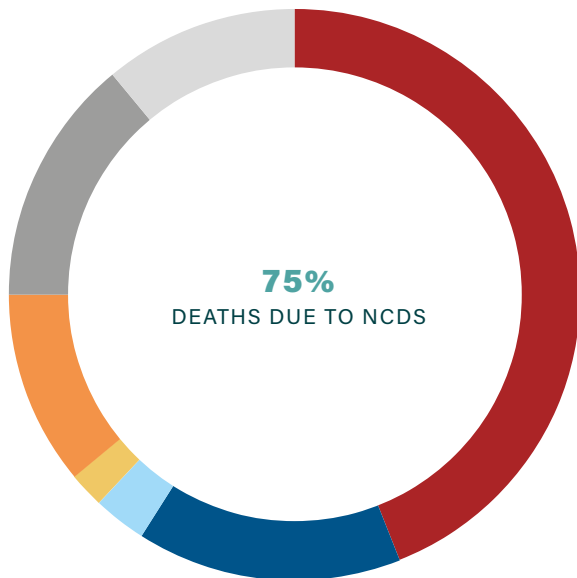
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ○
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	22,126,000	WORLD BANK INCOME GROUP	LOW
POPULATION AGED <20 (%)	44	GROSS DOMESTIC PRODUCT per capita (INT\$)	
POPULATION AGED >60 (%)	7		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 73,244,081**

**INT\$ NO DATA AVAILABLE**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 805,684,887**

**INT\$ 1,907,896,108**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS






**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**





no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/></p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/></p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/></p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/></p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/></p>
--	---

no  yes, but not operational  yes and operational

 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
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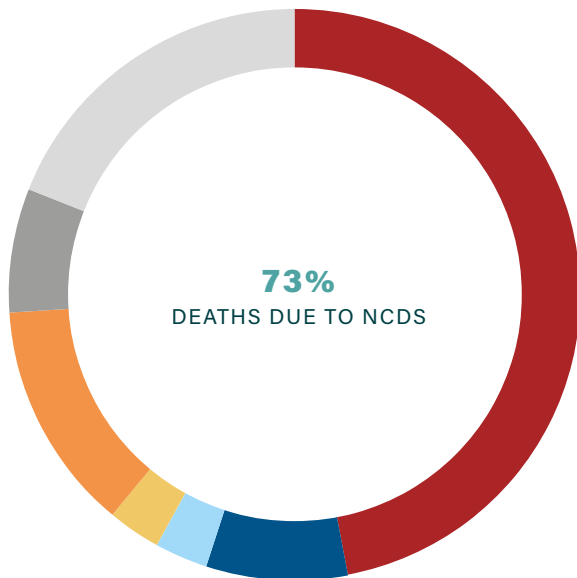
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/></p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/></p>
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no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>9,953,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>45</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>3,854</b>
POPULATION AGED >60 (%)	<b>6</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 3,060,285**  
**INT\$ 13,743,114**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 33,663,133**  
**INT\$ 151,174,250**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

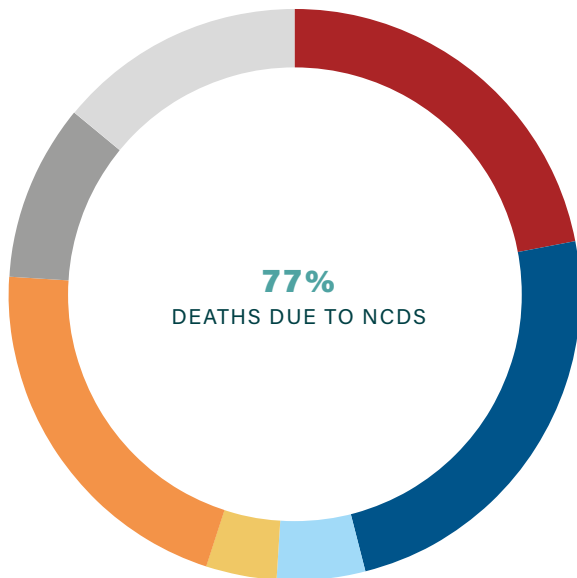
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>71,698,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>21</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>18,198</b>
POPULATION AGED >60 (%)	<b>22</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 66,239,212**

**INT\$ 168,045,933**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 728,631,332**

**INT\$ 1,848,505,265**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ○</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> ● <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

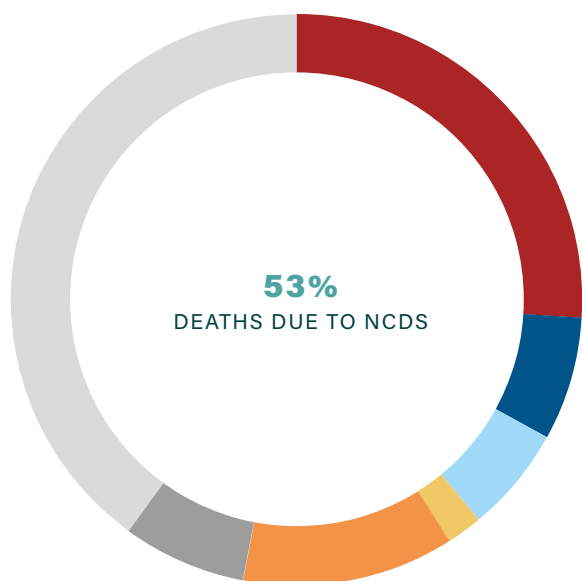
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	1,342,000	WORLD BANK INCOME GROUP	LOWER MIDDLE
POPULATION AGED <20 (%)	46	GROSS DOMESTIC PRODUCT per capita (INT\$)	4,141
POPULATION AGED >60 (%)	7		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ 263,040  
INT\$ 755,044



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ 2,893,437  
INT\$ 8,305,480

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
---	--

no  yes, but not operational  yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
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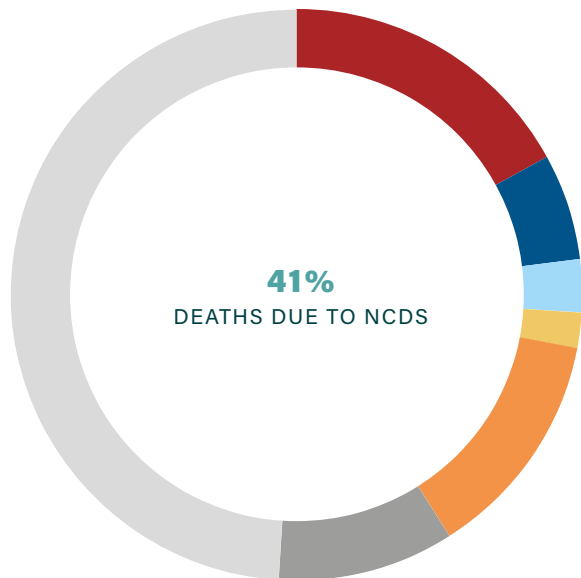
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
--	--

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>8,849,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>50</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>2,223</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 419,449**  
**INT\$ 1,019,338**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 4,613,938**  
**INT\$ 11,212,715**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
---	--

no  yes, but not operational  yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
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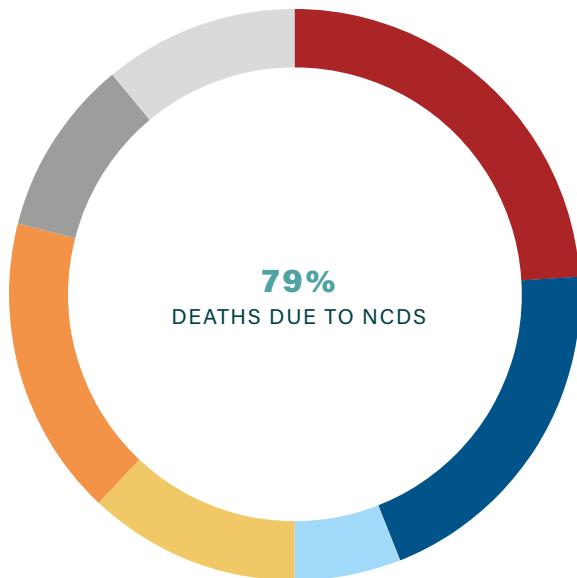
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>
--	--

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	107,000	WORLD BANK INCOME GROUP	UPPER MIDDLE
POPULATION AGED <20 (%)	45	GROSS DOMESTIC PRODUCT per capita (INT\$)	6,694
POPULATION AGED >60 (%)	9		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ 27,743  
INT\$ 39,979



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ 305,171  
INT\$ 439,766

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

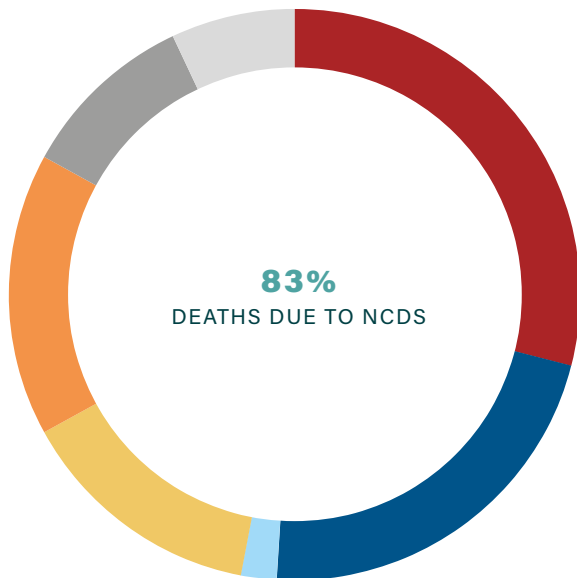
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	1,532,000	WORLD BANK INCOME GROUP	HIGH
POPULATION AGED <20 (%)	25	GROSS DOMESTIC PRODUCT per capita (INT\$)	26,125
POPULATION AGED >60 (%)	17		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 10,634,973**

**INT\$ 17,252,091**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 116,984,706**

**INT\$ 189,773,004**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

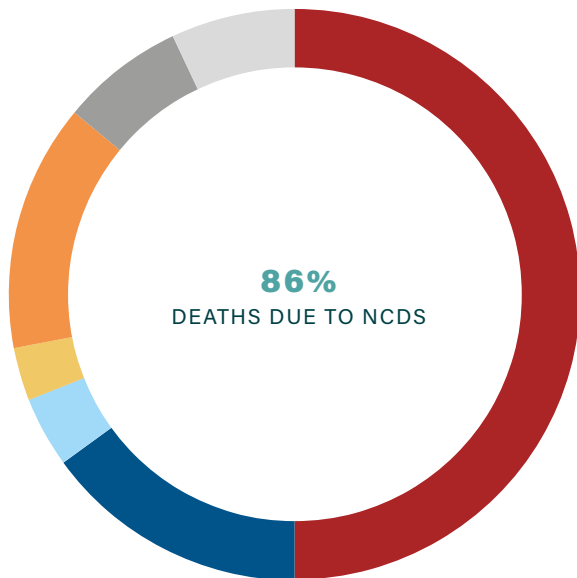
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	12,357,000	WORLD BANK INCOME GROUP	LOWER MIDDLE
POPULATION AGED <20 (%)	32	GROSS DOMESTIC PRODUCT per capita (INT\$)	10,879
POPULATION AGED >60 (%)	14		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 32,049,356**

**INT\$ 98,495,269**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 352,542,920**

**INT\$ 1,083,447,960**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

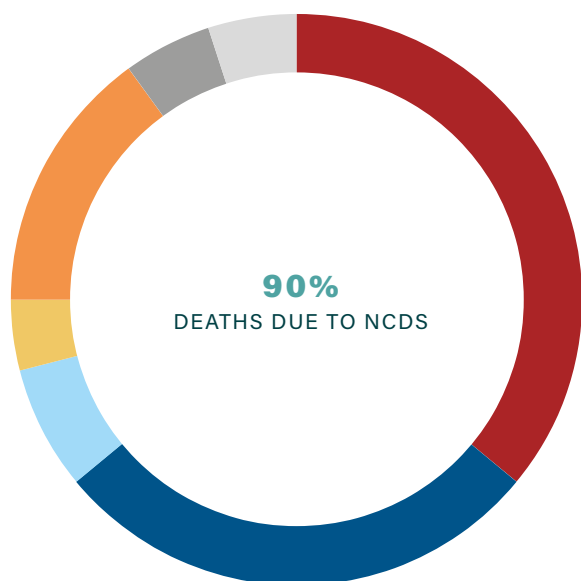
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>85,342,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>31</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>27,235</b>
POPULATION AGED >60 (%)	<b>13</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 570,197,797**  
**INT\$ 1,818,849,832**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 6,272,175,762**  
**INT\$ 20,007,348,151**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ●</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

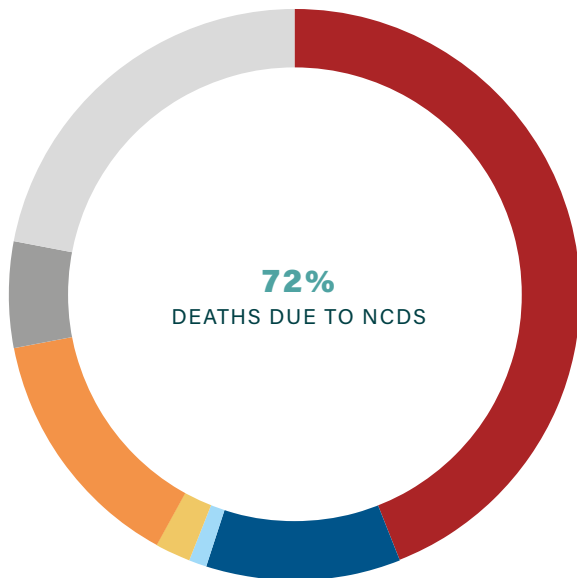
○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>6,431,000</b>
POPULATION AGED <20 (%)	<b>39</b>
POPULATION AGED >60 (%)	<b>9</b>

WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
GROSS DOMESTIC PRODUCT per capita (INT\$)	

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 9,373,272**

**INT\$ NO DATA AVAILABLE**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 103,105,991**

**INT\$ 212,089,321**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ○</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ○</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ○</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ●</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

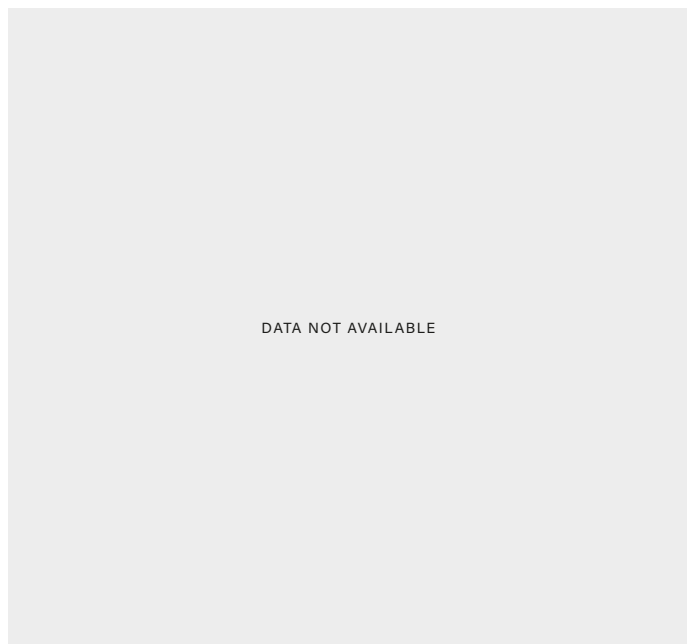
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ○</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

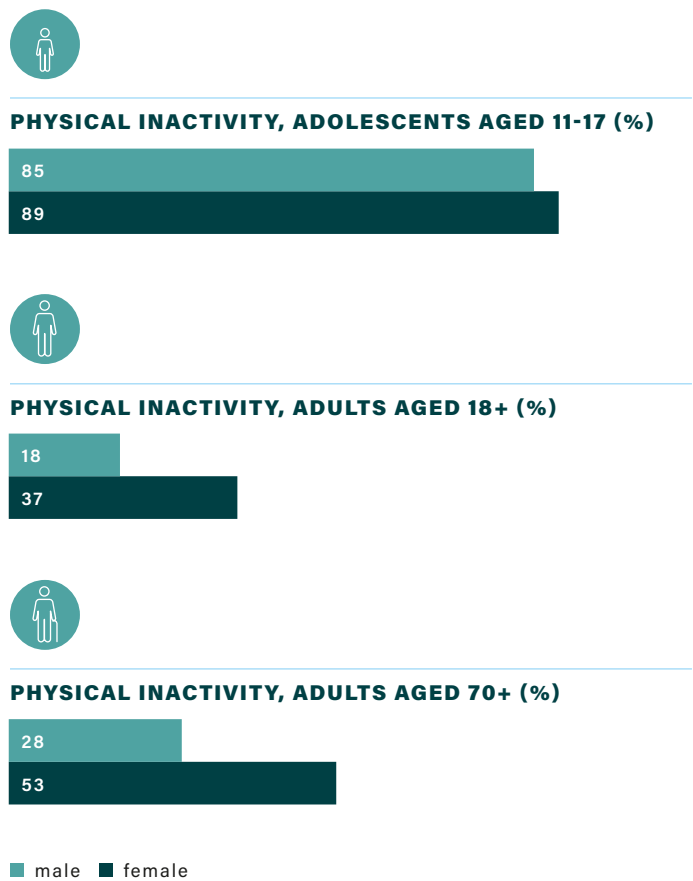
TOTAL POPULATION (2022)	11,400	WORLD BANK INCOME GROUP	UPPER MIDDLE
POPULATION AGED <20 (%)	40	GROSS DOMESTIC PRODUCT per capita (INT\$)	4,792
POPULATION AGED >60 (%)	11		

## NCD MORTALITY

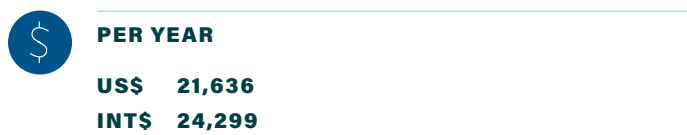


- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

- NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**
- with links to community programmes
  - supported by environmental improvements
  - promoting the co-benefits of physical activity

- NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**
- 

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="checkbox"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="checkbox"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="checkbox"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="checkbox"/></li> <li>▪ driving and alcohol use <input type="checkbox"/></li> <li>▪ driving and drug use <input type="checkbox"/></li> <li>▪ driving and mobile phone use <input type="checkbox"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="checkbox"/></li> <li>▪ safe pedestrian and cycling crossings <input type="checkbox"/></li> <li>▪ management of speed <input type="checkbox"/></li> </ul>	

no    yes    yes and best practice    not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="checkbox"/></li> <li>▪ in childcare settings <input type="checkbox"/></li> <li>▪ through community sports <input checked="" type="checkbox"/></li> <li>▪ in public open spaces <input checked="" type="checkbox"/></li> <li>▪ through walking and cycling <input type="checkbox"/></li> <li>▪ for older adults <input type="checkbox"/></li> <li>▪ for people with disability <input type="checkbox"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="checkbox"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="checkbox"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="checkbox"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="checkbox"/> NOT AVAILABLE</li> </ul>

no    yes

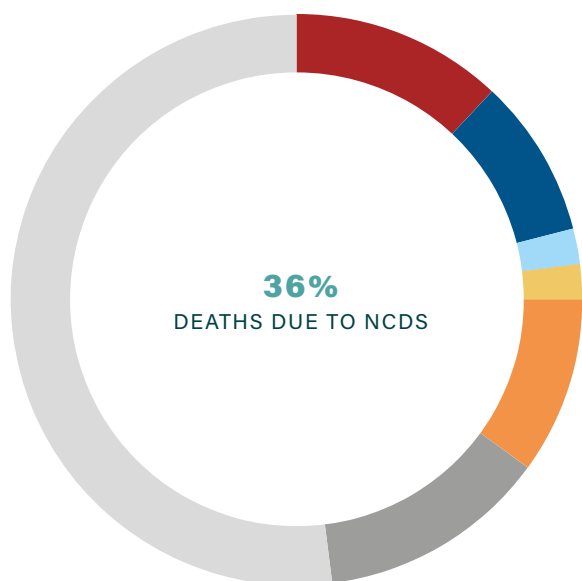
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="checkbox"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="checkbox"/>
<p> <input type="radio"/> no   <input checked="" type="radio"/> yes, but not operational   <input checked="" type="radio"/> yes and operational         </p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="checkbox"/></li> <li>▪ children and adolescents <input type="checkbox"/></li> <li>▪ adults <input type="checkbox"/></li> <li>▪ older adults <input type="checkbox"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="checkbox"/></li> <li>▪ adolescents <input checked="" type="checkbox"/></li> <li>▪ adults <input checked="" type="checkbox"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="checkbox"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="checkbox"/>
<p> <input type="radio"/> no   <input checked="" type="radio"/> yes         </p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>47,250,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>57</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>2,294</b>
POPULATION AGED >60 (%)	<b>3</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 2,521,296**  
**INT\$ 7,043,077**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 27,734,255**  
**INT\$ 77,473,846**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ○
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ○</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ○</li> <li>▪ safe pedestrian and cycling crossings ○</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ○</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ○</li> <li>▪ in public open spaces ○</li> <li>▪ through walking and cycling ○</li> <li>▪ for older adults ○</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ○ <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

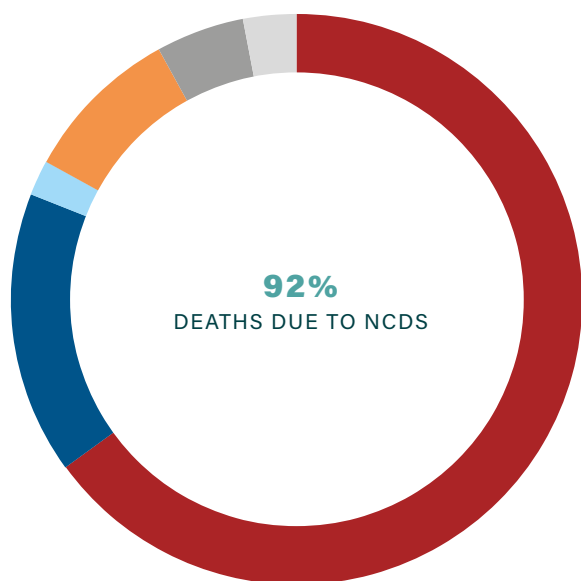
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ○</li> <li>▪ adults ○</li> <li>▪ older adults ○</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> ○	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ○

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>39,702,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>20</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>13,087</b>
POPULATION AGED >60 (%)	<b>26</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 98,887,602**  
**INT\$ 346,570,877**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 1,087,763,624**  
**INT\$ 3,812,279,644**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no    yes    yes and best practice    not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no    yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

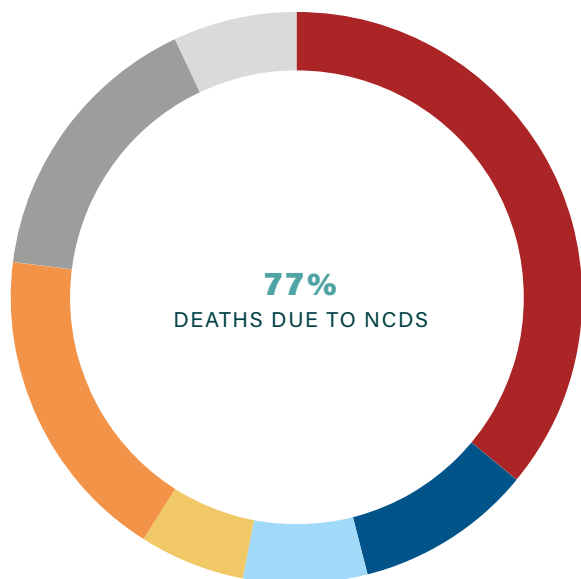
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

no    yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
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 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>9,442,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>19</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>66,766</b>
POPULATION AGED >60 (%)	<b>3</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 90,622,088**  
**INT\$ 166,764,417**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 996,842,964**  
**INT\$ 1,834,408,588**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>

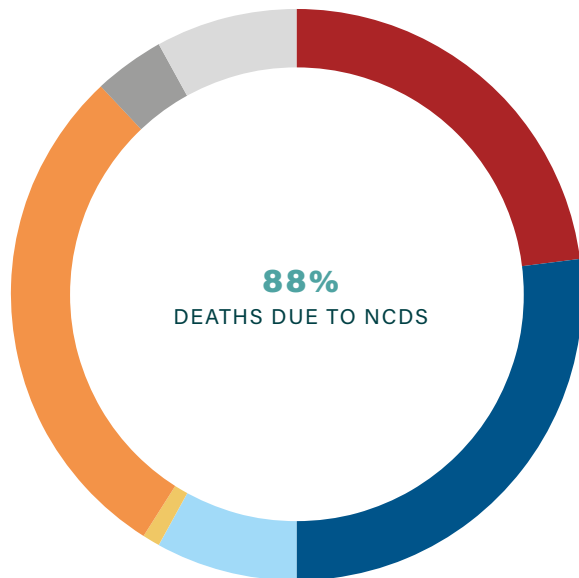
no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
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 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

# UNITED KINGDOM OF GREAT BRITAIN AND NORTHERN IRELAND

TOTAL POPULATION (2022)	<b>67,509,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>23</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>46,527</b>
POPULATION AGED >60 (%)	<b>25</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 1,826,884,193**  
**INT\$ 2,068,205,683**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 20,095,726,120**  
**INT\$ 22,750,262,511**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●
<b>NATIONAL ROAD SAFETY STRATEGY</b> ●	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ○</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability ●</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ● <ul style="list-style-type: none"> <li>▪ with referral ●</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education ●</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●
--	--

○ no ● yes, but not operational ● yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
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<b>NATIONAL NCD COORDINATING MECHANISM</b> ●	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●
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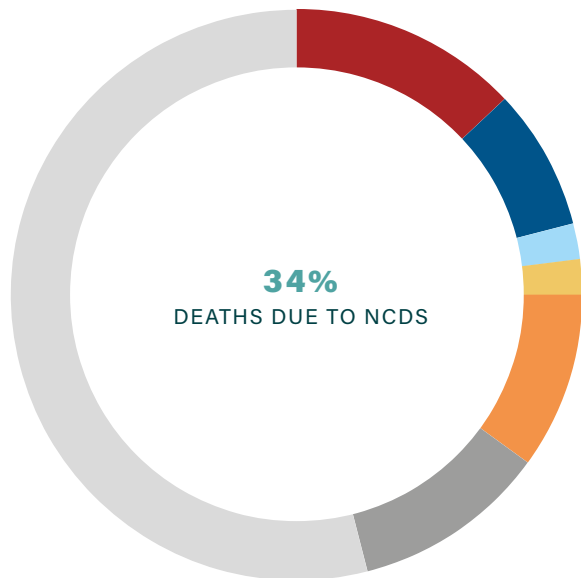
○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

# UNITED REPUBLIC OF TANZANIA

TOTAL POPULATION (2022)	<b>65,498,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>54</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>2,780</b>
POPULATION AGED >60 (%)	<b>5</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 2,664,264**

**INT\$ 6,880,281**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 29,306,903**

**INT\$ 75,683,095**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS






**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**





○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/></p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/></p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/></p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	





no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

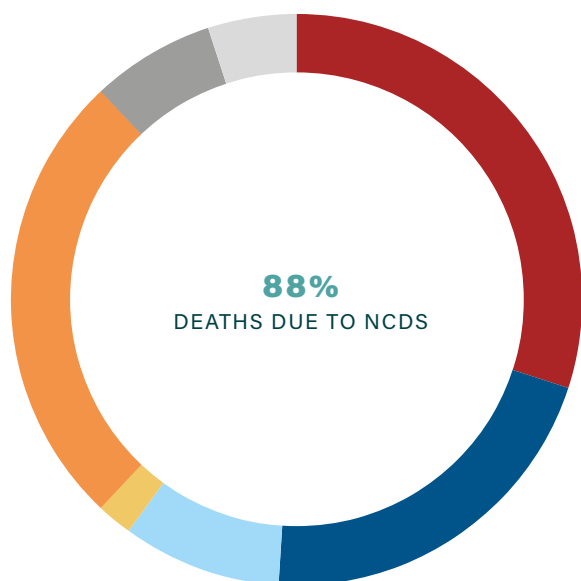
 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/></p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/></p>
 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/></p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/></p>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>338,290,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>25</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>63,028</b>
POPULATION AGED >60 (%)	<b>23</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 51,536,885,995**  
**INT\$ 51,536,885,995**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 566,905,745,941**  
**INT\$ 566,905,745,941**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY





○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●</p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●</p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> ●</p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ○</li> <li>▪ safe pedestrian and cycling crossings ○</li> <li>▪ management of speed ○</li> </ul>	







○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces ○</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ○</li> <li>▪ through walking and cycling ○</li> <li>▪ for older adults ○</li> <li>▪ for people with disability ○</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ●</p> <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ●</li> </ul>
	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education ○</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

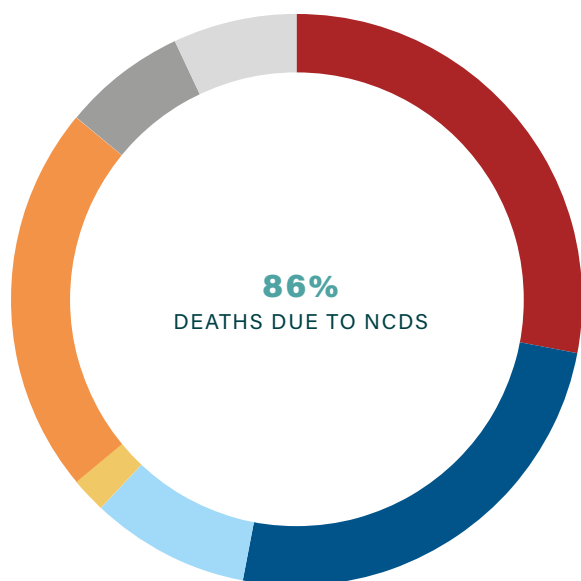
 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●</p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●</p>
 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> ●</p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●</p>

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>3,423,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>26</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>22,728</b>
POPULATION AGED >60 (%)	<b>21</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 17,066,860**  
**INT\$ 25,197,969**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 187,735,465**  
**INT\$ 277,177,657**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity








### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes







## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input checked="" type="radio"/></p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/></p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/></p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	







no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

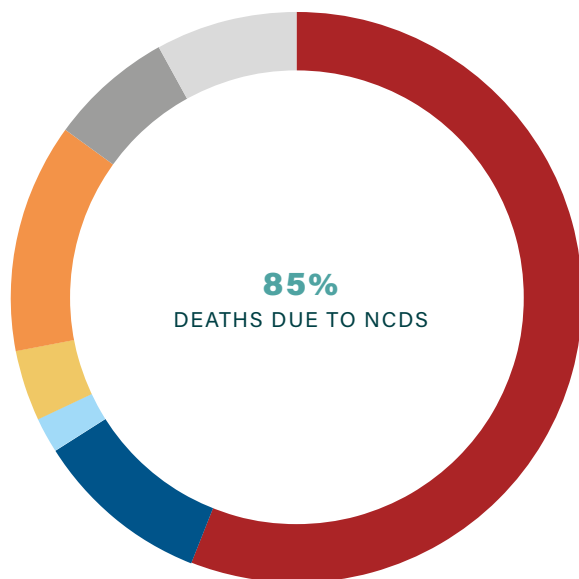
 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/></p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/></p>
 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/></p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/></p>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>34,628,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>38</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>7,746</b>
POPULATION AGED >60 (%)	<b>9</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

US\$ 14,626,692  
INT\$ 64,616,084



### CUMULATIVE BETWEEN 2020 AND 2030

US\$ 160,893,608  
INT\$ 710,776,923

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS






- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY





○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

 <p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> ○</p>	 <p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●</p>
 <p><b>NATIONAL ROAD SAFETY STRATEGY</b> ○</p>	 <p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ○</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
 <p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	







○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

 <p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability NOT AVAILABLE</li> </ul>	 <p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b></p> <ul style="list-style-type: none"> <li>▪ with referral ●</li> <li>▪ used in &gt;50% of facilities ●</li> </ul>
	 <p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
	 <p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

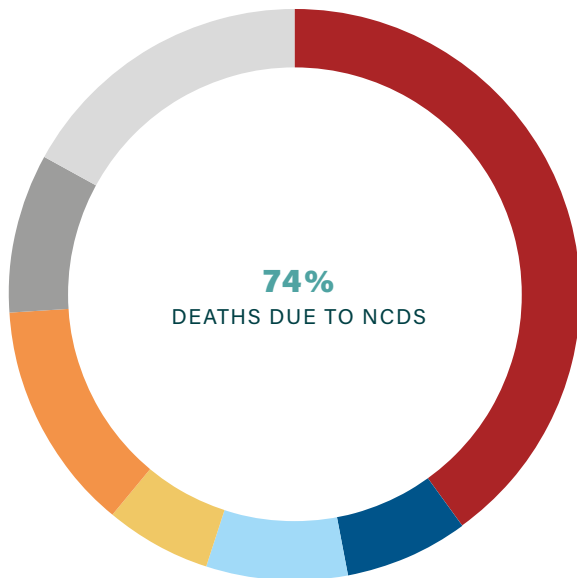
 <p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●</p>	 <p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●</p>
 <p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years ●</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	 <p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ○</li> <li>▪ adults ●</li> </ul>
 <p><b>NATIONAL NCD COORDINATING MECHANISM</b> ●</p>	 <p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●</p>

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>327,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>49</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>3,036</b>
POPULATION AGED >60 (%)	<b>6</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 16,440**  
**INT\$ 17,246**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 180,841**  
**INT\$ 189,711**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input checked="" type="radio"/></li> <li>▪ used in &gt;50% of facilities <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input checked="" type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input checked="" type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input checked="" type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

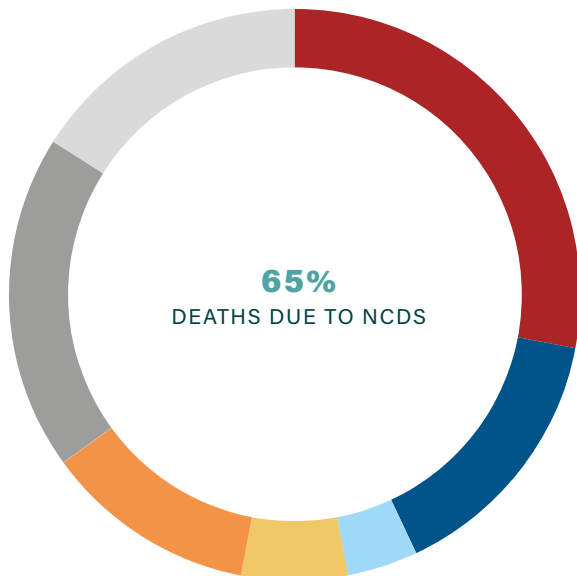
no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

# VENEZUELA (BOLIVARIAN REPUBLIC OF)

TOTAL POPULATION (2022)	<b>28,302,000</b>	WORLD BANK INCOME GROUP	<b>UPPER MIDDLE</b>
POPULATION AGED <20 (%)	<b>37</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	
POPULATION AGED >60 (%)	<b>13</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 76,915,668**  
**INT\$ NO DATA AVAILABLE**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 846,072,343**  
**INT\$ 1,650,311,720**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="radio"/></li> <li>▪ driving and alcohol use <input type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input checked="" type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

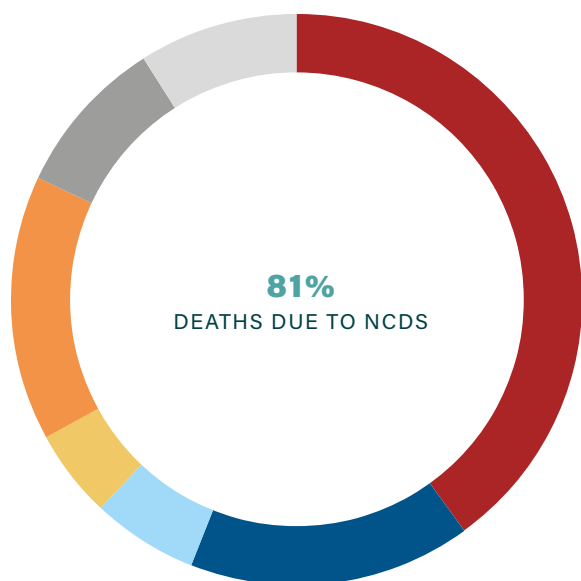
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes, but not operational <input checked="" type="radio"/> yes and operational</p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input checked="" type="radio"/></li> <li>▪ children and adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> <li>▪ older adults <input checked="" type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>
<p><input type="radio"/> no <input checked="" type="radio"/> yes</p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>98,187,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>29</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>10,904</b>
POPULATION AGED >60 (%)	<b>14</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 78,113,635**  
**INT\$ 242,555,733**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 859,249,980**  
**INT\$ 2,668,113,063**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

no  yes



## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input checked="" type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input checked="" type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input type="radio"/></li> <li>▪ management of speed <input type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input checked="" type="radio"/></li> <li>▪ in childcare settings <input checked="" type="radio"/></li> <li>▪ through community sports <input checked="" type="radio"/></li> <li>▪ in public open spaces <input checked="" type="radio"/></li> <li>▪ through walking and cycling <input checked="" type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/> NOT AVAILABLE</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/> NOT AVAILABLE</li> </ul>

no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

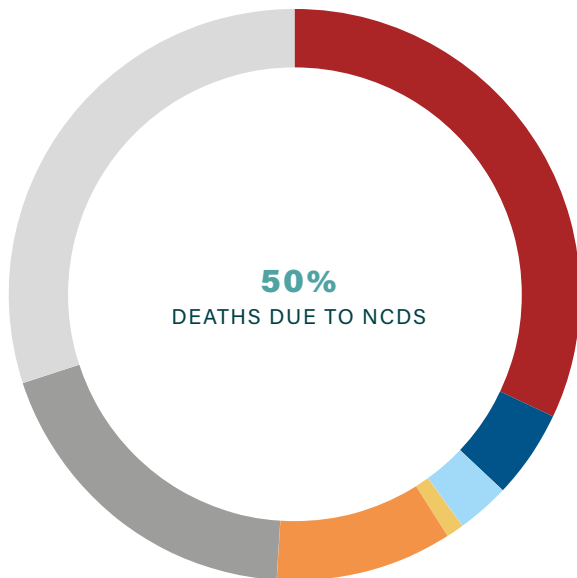
<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input checked="" type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>33,697,000</b>	WORLD BANK INCOME GROUP	<b>LOW</b>
POPULATION AGED <20 (%)	<b>50</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	
POPULATION AGED >60 (%)	<b>4</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE  
DATA NOT AVAILABLE

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 94,637,544**

**INT\$ NO DATA AVAILABLE**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 1,041,012,985**

**INT\$ 2,465,163,061**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="checkbox"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input type="checkbox"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="checkbox"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input type="checkbox"/></li> <li>▪ driving and alcohol use <input type="checkbox"/></li> <li>▪ driving and drug use <input type="checkbox"/></li> <li>▪ driving and mobile phone use <input type="checkbox"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="checkbox"/></li> <li>▪ safe pedestrian and cycling crossings <input type="checkbox"/></li> <li>▪ management of speed <input type="checkbox"/></li> </ul>	

no    yes    yes and best practice    not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="checkbox"/></li> <li>▪ in childcare settings <input type="checkbox"/></li> <li>▪ through community sports <input type="checkbox"/></li> <li>▪ in public open spaces <input type="checkbox"/></li> <li>▪ through walking and cycling <input type="checkbox"/></li> <li>▪ for older adults <input type="checkbox"/></li> <li>▪ for people with disability <input type="checkbox"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="checkbox"/></li> <li>▪ used in &gt;50% of facilities <input type="checkbox"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="checkbox"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="checkbox"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

no    yes

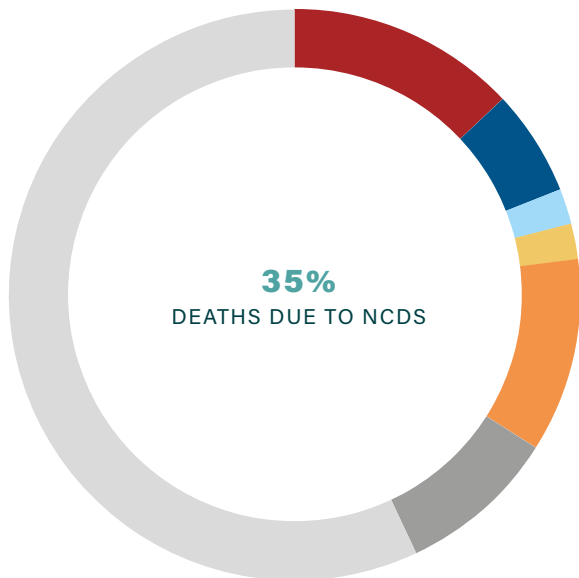
## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input type="checkbox"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="checkbox"/>
<p> <input type="checkbox"/> no   <input checked="" type="checkbox"/> yes, but not operational   <input checked="" type="checkbox"/> yes and operational         </p>	
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="checkbox"/></li> <li>▪ children and adolescents <input type="checkbox"/></li> <li>▪ adults <input type="checkbox"/></li> <li>▪ older adults <input type="checkbox"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="checkbox"/></li> <li>▪ adolescents <input checked="" type="checkbox"/></li> <li>▪ adults <input type="checkbox"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="checkbox"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="checkbox"/>
<p> <input type="checkbox"/> no   <input checked="" type="checkbox"/> yes         </p>	

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
 Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.  
 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
 World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey.  
 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	<b>20,018,000</b>	WORLD BANK INCOME GROUP	<b>LOWER MIDDLE</b>
POPULATION AGED <20 (%)	<b>54</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>3,457</b>
POPULATION AGED >60 (%)	<b>3</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 5,595,919**

**INT\$ 19,640,504**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 61,555,107**

**INT\$ 216,045,546**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> –	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> –
<b>NATIONAL ROAD SAFETY STRATEGY</b> –	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits –</li> <li>▪ driving and alcohol use –</li> <li>▪ driving and drug use –</li> <li>▪ driving and mobile phone use –</li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure –</li> <li>▪ safe pedestrian and cycling crossings –</li> <li>▪ management of speed –</li> </ul>	

○ no ● yes ● yes and best practice – not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces ○</li> <li>▪ in childcare settings ○</li> <li>▪ through community sports ○</li> <li>▪ in public open spaces ○</li> <li>▪ through walking and cycling ○</li> <li>▪ for older adults ○</li> <li>▪ for people with disability ○</li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ○ <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> ○ <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> ○ <ul style="list-style-type: none"> <li>▪ quality physical education ○</li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ○
--	--

○ no ● yes, but not operational ● yes and operational

<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ○</li> <li>▪ adults ○</li> <li>▪ older adults ○</li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children ○</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
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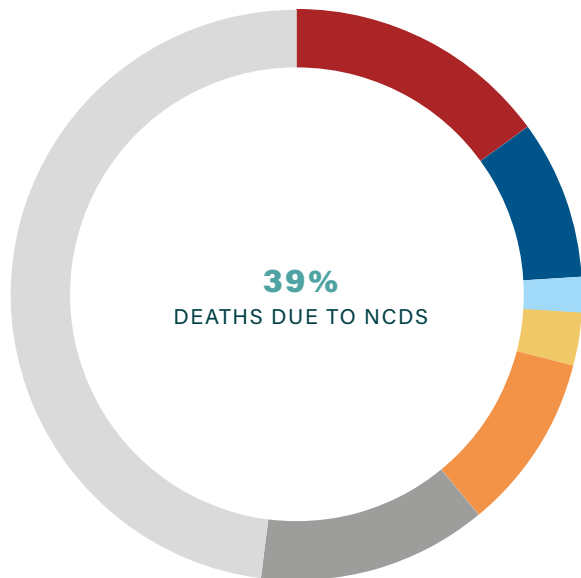
<b>NATIONAL NCD COORDINATING MECHANISM</b> ○	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ○
--	--

○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
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 World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years.  
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 World Health Organization. (2018). Global status report on road safety 2018.

TOTAL POPULATION (2022)	16,321,000	WORLD BANK INCOME GROUP	LOWER MIDDLE
POPULATION AGED <20 (%)	52	GROSS DOMESTIC PRODUCT per capita (INT\$)	3,537
POPULATION AGED >60 (%)	5		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



### PER YEAR

**US\$ 3,494,409**  
**INT\$ 8,149,825**



### CUMULATIVE BETWEEN 2020 AND 2030

**US\$ 38,438,495**  
**INT\$ 89,648,078**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



### NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



### NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- 

no  yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<b>NATIONAL POLICY ON WALKING AND CYCLING</b> <input type="radio"/>	<b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> <input checked="" type="radio"/>
<b>NATIONAL ROAD SAFETY STRATEGY</b> <input type="radio"/>	<b>LEGISLATION ON:</b> <ul style="list-style-type: none"> <li>▪ speed limits <input checked="" type="radio"/></li> <li>▪ driving and alcohol use <input checked="" type="radio"/></li> <li>▪ driving and drug use <input checked="" type="radio"/></li> <li>▪ driving and mobile phone use <input checked="" type="radio"/></li> </ul>
<b>STREET DESIGN STANDARDS FOR:</b> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure <input type="radio"/></li> <li>▪ safe pedestrian and cycling crossings <input checked="" type="radio"/></li> <li>▪ management of speed <input checked="" type="radio"/></li> </ul>	

no  yes  yes and best practice  not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<b>PROMOTION OF PHYSICAL ACTIVITY:</b> <ul style="list-style-type: none"> <li>▪ in workplaces <input type="radio"/></li> <li>▪ in childcare settings <input type="radio"/></li> <li>▪ through community sports <input type="radio"/></li> <li>▪ in public open spaces <input type="radio"/></li> <li>▪ through walking and cycling <input type="radio"/></li> <li>▪ for older adults <input type="radio"/></li> <li>▪ for people with disability <input type="radio"/></li> </ul>	<b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> <ul style="list-style-type: none"> <li>▪ with referral <input type="radio"/></li> <li>▪ used in &gt;50% of facilities <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>USE OF DIGITAL PROGRAMMES</b> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention <input type="radio"/></li> </ul>
<p style="text-align: right;">NOT AVAILABLE</p>	<b>SCHOOL BASED APPROCHES:</b> <ul style="list-style-type: none"> <li>▪ quality physical education <input type="radio"/></li> </ul> <p style="text-align: right;">NOT AVAILABLE</p>

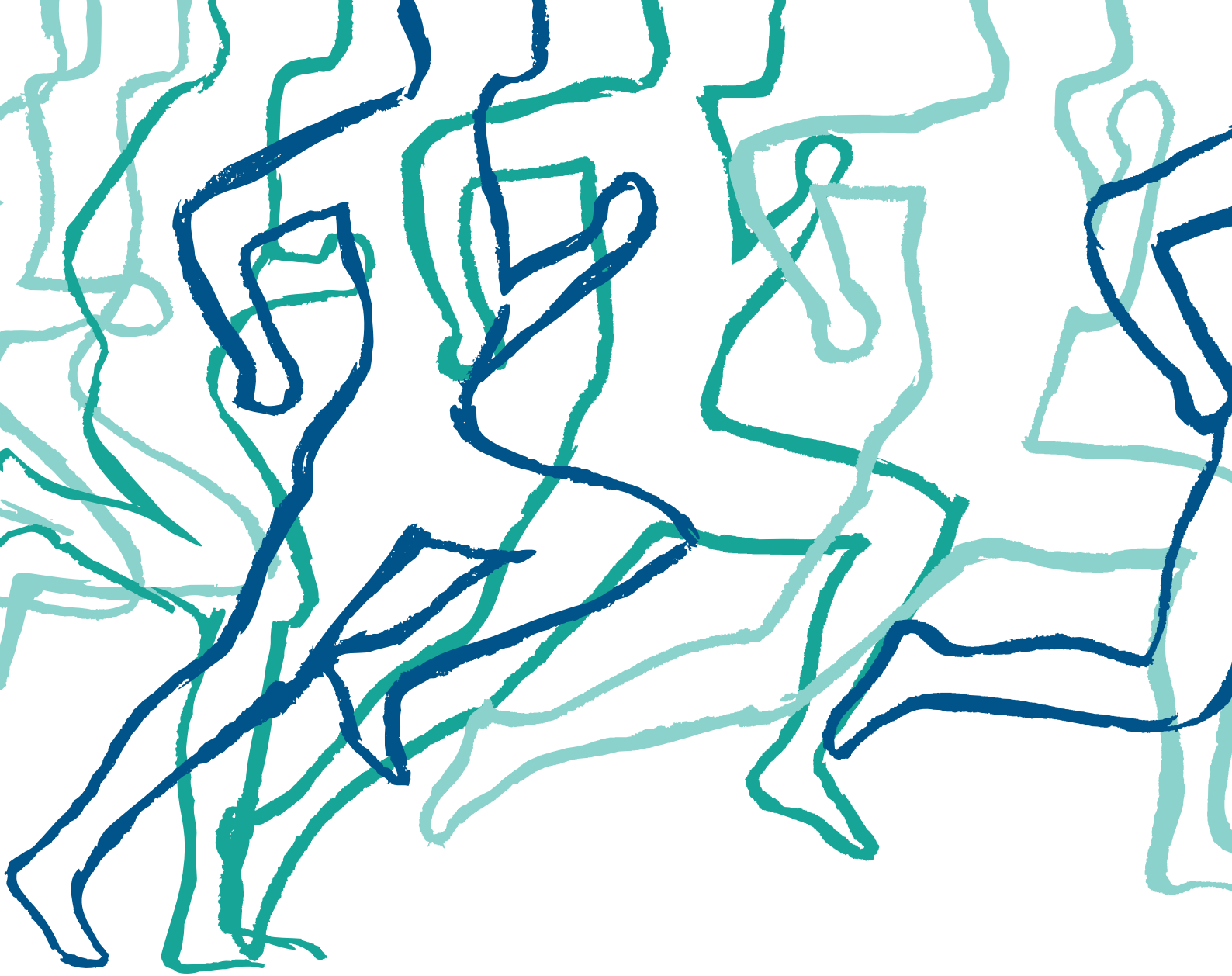
no  yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> <input checked="" type="radio"/>	<b>NATIONAL PHYSICAL ACTIVITY POLICY</b> <input type="radio"/>
<b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b> <ul style="list-style-type: none"> <li>▪ children under 5 years <input type="radio"/></li> <li>▪ children and adolescents <input type="radio"/></li> <li>▪ adults <input type="radio"/></li> <li>▪ older adults <input type="radio"/></li> </ul>	<b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b> <ul style="list-style-type: none"> <li>▪ children <input type="radio"/></li> <li>▪ adolescents <input checked="" type="radio"/></li> <li>▪ adults <input checked="" type="radio"/></li> </ul>
<b>NATIONAL NCD COORDINATING MECHANISM</b> <input type="radio"/>	<b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> <input type="radio"/>

no  yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.  
 The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.  
 Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020.  
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