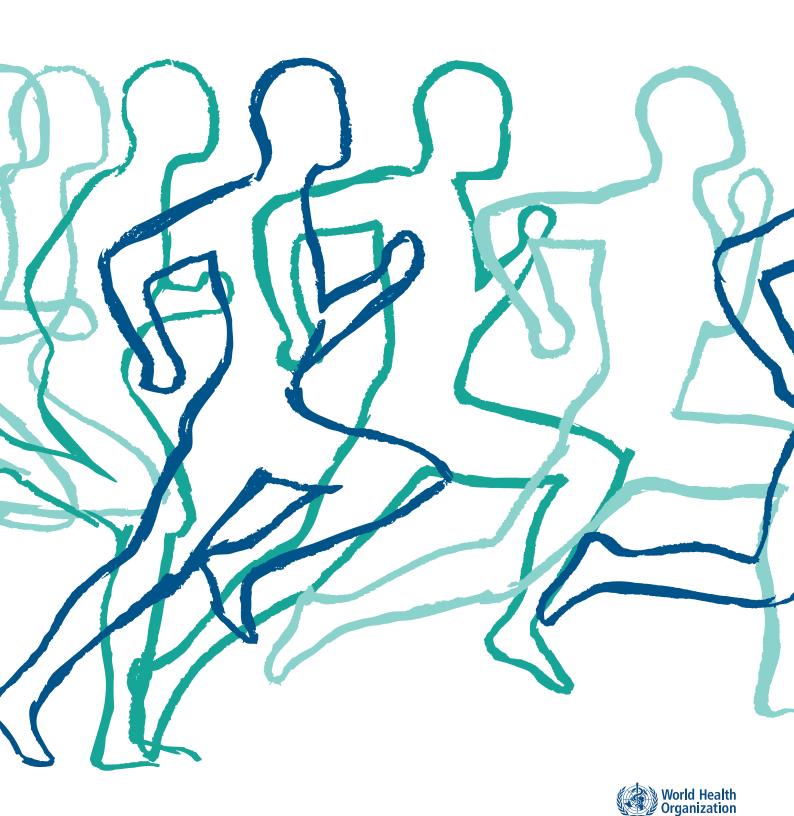
COUNTRY PROFILES

Global status report on physical activity 2022



COUNTRY PROFILES

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Global status report on physical activity 2022: country profiles

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Contents

Background	2
Definitions and data sources	3
Demographics	3
Economics	3
Mortality	3
Prevalence of physical inactivity	3
Global Action Plan on Physical Activity monitoring framework indicators	4
ACTIVE SOCIETIES: changing knowledge and mindsets	4
ACTIVE ENVIRONMENTS: enabling environments	5
ACTIVE PEOPLE: opportunities and programmes	6
ACTIVE SYSTEMS: national policy and governance	7
References	8
Country cards	9

1

Background

The Global status report on physical activity 2022 (1) summarises global progress towards implementation of the policy recommendations outlined in the Global action plan on physical activity 2018-2030 (GAPPA) (2) using a monitoring framework and set of 29 indicators.

Country profiles

The following country profiles summarize the data for each of the 194 WHO Member States and present contextual metrics across demographics, health and economics, in addition to achievement of specific GAPPA monitoring framework indicators.

In summary, these present:

- · population demographics;
- economic metrics;
- percentage of deaths due to NCDs;
- the prevalence of physical inactivity;
- · cost of inactivity; and
- achievement of a sub-set of 20 of the 29 GAPPA indicators.

The data presented in these country profiles were are derived from several data sources, that are referenced for each metric and indicator in the following explanatory notes.

Definitions and data sources

Demographics

Total Population: the total population of the country in 2022, rounded to nearest 1 000, or 100 if total population under 10 000 *930*.

Population aged <20 (%): the population of a country aged under 20 years (3).

Population aged >60 (%): the population of a country aged 60 years and older (3).

Economics

World Bank Income Group: the world's economies assigned into one of the four income groups—low, lower-middle, upper-middle, and high-income countries. Data from 2021 (4).

Gross domestic product per capita (INT\$): the per capita values for a countries gross domestic product (GDP) expressed in current international dollars converted by purchasing power parity (PPP) conversion factor. GDP is the sum of gross value added by all resident producers in the country plus any product taxes and minus any subsidies not included in the value of the products. PPP is a price relative that show the ratio of the prices in national currencies of the same good or service in

reference to the same good or service in the United States. They make it possible to compare the gross domestic product (GDP) in terms of U.S. Dollars (USD) by eliminating the price level differences between countries.

Cost of inaction on physical activity: the direct health care costs for new preventable cases of coronary heart disease, stroke, type-2 diabetes, hypertension, seven cancers (breast, colon, endometrial, gastric, oesophageal, renal, and bladder), dementia and depression resulting from physical inactivity per year and between 2020 bad 2030 (2020 prices). For further detail of the methods of the computation see Santos et al 2022 (6).

Mortality

NCD Mortality: the percentage of deaths from NCDs and other conditions and total number of

NCD deaths are reported for 2019 for all countries with a population greater than 90,000 (7).

Prevalence of physical inactivity

Prevalence of physical inactivity in adolescents: crude prevalence of adolescents (aged 11-17 years) that do not meet physical activity recommendations; which for adolescents is at least 60 minutes of moderate-to vigorous-intensity physical activity daily (8).

Prevalence of physical inactivity in adults: age-adjusted prevalence of adults (over 18

years of age) that do not meet physical activity recommendations; which for adults is at least 150 minutes of moderate-intensity aerobic physical activity; or at least 75 minutes of vigorous intensity aerobic physical activity; or an equivalent combination of moderate- and vigorous-intensity activity throughout the week (9).

Global Action Plan on Physical Activity monitoring framework indicators

To assess whether policies recommended by GAPPA are being implemented at country level, a set of indicators to track policy implementation process is required. This set of indicators capture the diversity of policy-related activities recommended to countries in GAPPA, many of which require implementation by sectors outside of health. Therefore, consistent with GAPPA itself,

the monitoring framework of GAPPA adopted a systems approach and incorporated indicators of policy implementation outside the health sector.

For this first global assessment (1), 29 indicators were identified that align with the recommended policy actions in each of the four GAPPA policy areas, and definitions are provided below.

ACTIVE SOCIETIES: changing knowledge and mindsets

- National physical activity communications campaigns: the country has completed at least one recent national public awareness programme on physical activity using mass media channels within the last 2 years (10).
- National physical activity communications campaigns with integrated links to community-based initiatives: the country has completed a national campaign on physical activity including links to community programmes or initiatives (10).
- National physical activity communications campaigns supported by environmental improvements: the country has completed a national campaign on physical activity supported environmental changes that promote physical activity (10).
- National physical activity communications campaigns promoting the co-benefits of physical activity: the country has completed

- a national campaign on physical activity that includes mention of the co-benefits of physical activity. Co-benefits of physical activity refer to social (better social cohesion through physical activity), environmental (such as reducing the carbon footprint or helping climate change) and economic benefits of physical activity (such as reduced sick leaves or more active at work and hence, increase productivity), in addition to the health benefits (10).
- National mass participation events on physical activity: the country has completed at least one recent (withinb the last 2 years) free national or subnational mass participation event to encourage physical activity by the general community (people of all ages and abilities) (10).

ACTIVE ENVIRONMENTS: enabling environments

- National policy on walking and cycling: the country has national policy on walking and/or cycling (11).
- **National policy on public transport:** the country has policy and investment in increasing access to public transport (11).
- National road safety strategy: the country has a national road safety strategy/ies (11).
- Street design standards for separate walking and cycling infrastructure: the country has roads design standards for separation of pedestrians and cyclists from vehicular traffic (11).
- Street design standards for safe pedestrian and cycling crossings: the country has roads design standards for safe crossings for pedestrians and cyclists (11).
- Street design standards for management of speed: the country has roads design standards for managing speed where pedestrians and cyclists are present (11).
- Legislation on speed limits: the country has national/provincial/state speed legislations (11).

Speed limit legislation meets best practice criteria when the country has:

- a national speed limit law (11)
- urban speed limits not exceeding 50km/hr (11)
- devolved power to local authorities to modify speed limits for different contexts (11).

• **Legislation on driving and alcohol use:** the country has national/provincial/state drink driving legislations (11).

Driving and alcohol use legislation meets best practice criteria when the country has:

- A national drink-driving law (11)
- A blood alcohol content (BAC) limit for the general population not exceeding 0.05 g/dl (11)
- A BAC limit for young and novice drivers not exceeding 0.02 g/dl (11).
- **Legislation on driving and drug use:** the country has national/provincial/state legislation on distracted driving due to drug use (11).
- Legislation on driving and mobile phone use: the country has national/ provincial/state legislation on distracted driving due to mobile phone use (11).

ACTIVE PEOPLE: opportunities and programmes

- Promotion of physical activity in workplaces: the country reports implementing national policy actions to promote physical activity in the workplace (10).
- Promotion of physical activity in childcare settings: the country reports implementing national policy actions to promote physical activity in childcare settings (10).
- Promotion of physical activity through community sports: the country reports implementing national policy actions to promote physical activity through community-based physical activity and sports initiatives (10).
- Promotion of physical activity in public open spaces: the country reports implementing national policy actions to promote physical activity in public open spaces (including parks) (10).
- Promotion of physical activity through walking and cycling: the country reports implementing national policy actions to promote walking and/or cycling (10).
- Promotion of physical activity for older adults: the country reports implementing national policy actions to promote physical activity as part of active ageing and to address physical activity in older adults (10).
- Promotion of physical activity for people living with disability: No global data source available.

- Brief intervention on physical activity in primary health: the country reports national guidelines/protocols/standards available for the management of physical activity through a primary care approach recognized/approved by government or competent authorities (10).
- Brief intervention on physical activity in primary health with referral: the country reports national guidelines/protocols/ standards available for the management of physical activity through a primary care approach recognized/approved by government or competent authorities, that include referral criteria (10).
- Brief intervention on physical activity in primary health used in >50% of facilities: the country reports national guidelines/protocols/ standards available for the management of physical activity through a primary care approach recognized/approved by government or competent authorities and these are utilized in at least 50% of facilities (10).
- Use of digital health mHealth programs for NCD prevention: the country has implemented any national, NCD-related mHealth initiatives within the past 2 years (10).
- School based approaches: quality physical education in schools: No global data source available.

ACTIVE SYSTEMS: national policy and governance

- National NCD policy including physical activity: the country has a national NCD policy, strategy, or action plan, including physical activity (10). This may be operational (funded/implemented) or not operational.
- National physical activity policy: the country has a standalone national policy, strategy, or action plan on physical activity (10). This may be operational (defined as being funded and implemented) or not operational.
- National guidelines on physical activity for children under 5 years: the country has national guidelines which provide recommended levels of physical activity for children under five years of age (10).
- National guidelines on physical activity for children and adolescents: the country has national guidelines which provide recommended levels of physical activity for children and adolescents (ages 5 -19) (10).
- National guidelines on physical activity for adults: the country has national guidelines which provide recommended levels of physical activity for adults (10).
- National guidelines on physical activity for older adults: the country has national guidelines which provide recommended levels of physical activity for older adults (10).

- National NCD coordinating mechanism: the country has a national multisectoral commission, agency or mechanism to oversee NCD or physical activity specific engagement, policy coherence and accountability of sectors beyond health (10).
- National surveillance of physical activity in children: the country conducts national surveillance on levels of physical activity in children (10).
- National surveillance of physical activity in adolescents: the country conducts national surveillance on levels of physical activity in adolescents (10).
- National surveillance of physical activity in adults: the country conducts national surveillance on levels of physical activity in adults (10).
- National target for physical activity: the country has national target(s) for population level physical activity (10).

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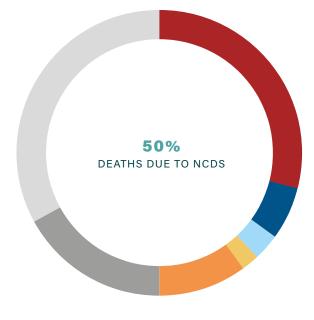
AFGHANISTAN

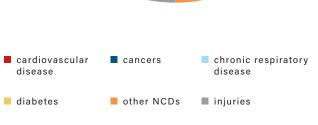


TOTAL POPULATION (2022)	41,129,000
POPULATION AGED <20 (%)	55
POPULATION AGED >60 (%)	4

WORLD BANK INCOME GROUP LOW GROSS DOMESTIC PRODUCT per capita (INT\$) 2,078

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

88



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 18,615,357 INT\$ 74,779,861



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 204,768,924 INT\$ 822,578,470

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

 with links to community programmes 0

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

0

○ no ● yes ■

AFGHANISTAN



0

0

0

0

0

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

0

0

0

NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

ALBANIA

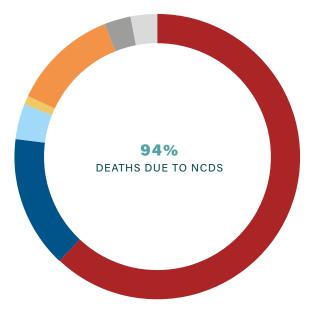


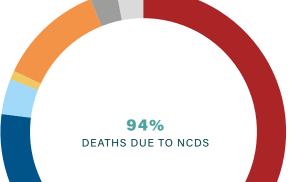
TOTAL POPULATION (2022)	2,843,000
POPULATION AGED <20 (%)	22
POPULATION AGED >60 (%)	23

WORLD BANK INCOME GROUP UPPER MIDDLE

GROSS DOMESTIC PRODUCT per capita (INT\$) 13,632

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

86



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE DATA NOT AVAILABLE

■ male ■ female

diabetes other NCDs injuries

cancers

communicable, maternal, perinatal and nutritional conditions

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

chronic respiratory

disease



cardiovascular

disease

PER YEAR

US\$ 3,519,885 INT\$ 8,998,890



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 38,718,739 INT\$ 98,987,793

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

○ no ● yes ■

ALBANIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

0



NOT AVAILABLE



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

ALGERIA



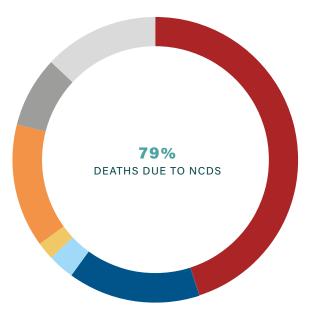
TOTAL POPULATION (2022)	44,904,000	W
POPULATION AGED <20 (%)	38	G F
POPULATION AGED >60 (%)	10	

WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$)

11,323

NCD MORTALITY



cardiovascular disease
 diabetes
 cancers chronic respiratory disease
 diabetes
 other NCDs
 injuries
 communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

76 91



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

40



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

 40

 56

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 137,305,837 INT\$ 470,199,680



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,510,364,202 INT\$ 5,172,196,480

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

O no ● yes ■

ALGERIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



0

0

0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

0

0

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

ANDORRA



TOTAL POPULATION (2022) 80,000		WORL
POPULATION AGED <20 (%) 18	7	GROSS
POPULATION AGED >60 (%) 22		

WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$)

NCD MORTALITY

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

37

40



■ cardiovascular ■ cancers ■ chronic respiratory disease disease

■ diabetes
■ other NCDs
■ injuries

communicable, maternal, perinatal and nutritional conditions

DATA NOT AVAILABLE

PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

53

57

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 3,278,627

INT\$ NO DATA AVAILABLE



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 36,064,900 INT\$ 74,185,604

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

○ no • yes •

ANDORRA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



LEGISLATION ON:

- speed limits
 - driving and alcohol use
 - · driving and drug use
 - · driving and mobile phone use



- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



0

0

0

0

0

0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- used in >50% of facilities

with referral



USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

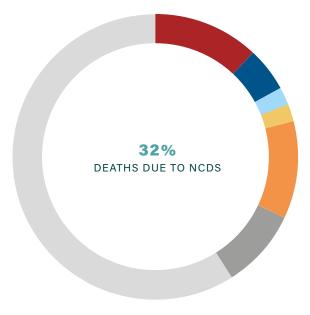
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

ANGOLA



TOTAL POPULATION (2022)	35,589,000	WORLD BANK INCOME GROUP LOWER MIC	DDLE
POPULATION AGED <20 (%)	56	GROSS DOMESTIC PRODUCT per capita (INT\$) 6	6,478
POPULATION AGED >60 (%)	4		

NCD MORTALITY



cardiovascular disease
 diabetes
 cancers chronic respiratory disease
 injuries

communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 19,756,537 INT\$ 71,693,391



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 217,321,903 INT\$ 788,627,303

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



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NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

○ no ● yes ■

ANGOLA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH** with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

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○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

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O no ves, but not operational ves and operational



- children under 5 years · children and adolescents adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

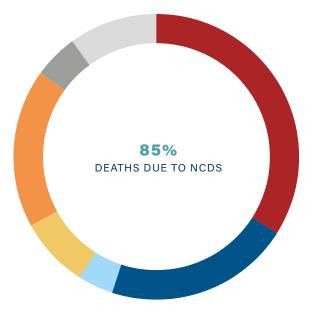
ANTIGUA AND BARBUDA

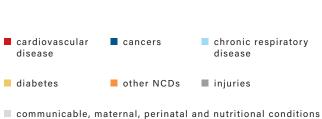


TOTAL POPULATION (2022)	93,800
POPULATION AGED <20 (%)	25
POPULATION AGED >60 (%)	16

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	18,240

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

74 85



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 239,563 INT\$ 312,310



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 2,635,191 INT\$ 3,435,410

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

- supported by environmental improvements
- promoting the co-benefits of physical activity



0

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NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

O no ● yes ■

ANTIGUA AND BARBUDA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



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NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



safe pedestrian and cycling crossings

· management of speed

separate walking and cycling infrastructure



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports in public open spaces
- through walking and cycling
- · for older adults
- for people with disability

NOT AVAILABLE

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH** with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0



O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults





NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

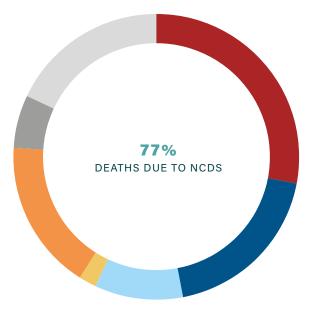
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

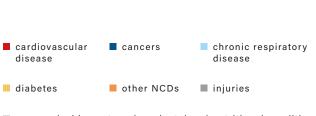
ARGENTINA



TOTAL POPULATION (2022)	45,511,000	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	31	GROSS DOMESTIC PRODUCT per capita (INT\$) 20,769
POPULATION AGED >60 (%)	16	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

90



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

38 45



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

53 62

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 204,649,557 INT\$ 495,093,069



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 2,251,145,132 INT\$ 5,446,023,761

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

• with links to community programmes O

supported by environmental improvementspromoting the co-benefits of physical activity



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NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

○ no ● yes ■

ARGENTINA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



0

0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

NATIONAL NCD COORDINATING MECHANISM

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

ARMENIA



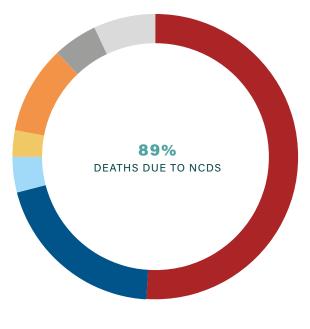
TOTAL POPULATION (2022)	2,781,000
POPULATION AGED <20 (%)	26
POPULATION AGED >60 (%)	20

WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$)

13,311

NCD MORTALITY



cardiovascular disease
 diabetes
 cancers chronic respiratory disease
 diabetes
 other NCDs
 injuries
 communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

73 83



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

23



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

36 35

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 4,453,809 INT\$ 13,898,114



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 48,991,899 INT\$ 152,879,259

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

O no ● yes ■

ARMENIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

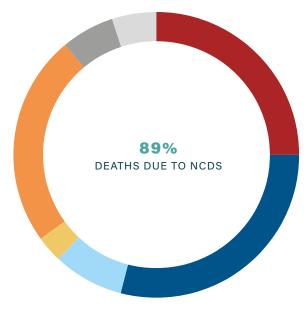
AUSTRALIA

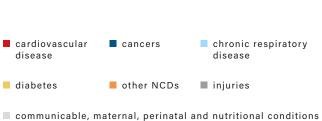


TOTAL POPULATION (2022)	26,178,000
POPULATION AGED <20 (%)	24
POPULATION AGED >60 (%)	23

GROSS DOMESTIC PRODUCT per capita (INT\$)	53,317

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)





PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)





PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

41		
50		

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 365,959,510 INT\$ 367,750,352



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 4,025,554,615 INT\$ 4,045,253,871

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes O
- supported by environmental improvementspromoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

O no ● yes ■

AUSTRALIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



0

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0

NATIONAL POLICY ON PUBLIC TRANSPORT

LEGISLATION ON:

speed limits

 driving and alcohol use · driving and drug use

· driving and mobile phone use

STREET DESIGN STANDARDS FOR:

NATIONAL ROAD SAFETY STRATEGY

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings · through community sports
- in public open spaces
- through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

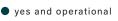


NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational





NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

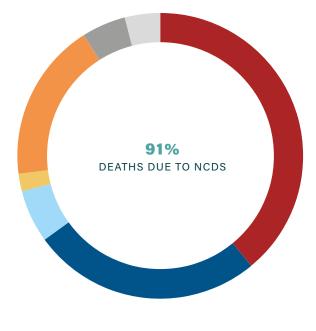
AUSTRIA

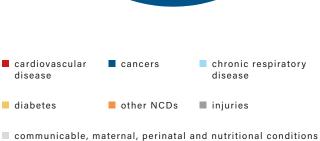


TOTAL POPULATION (2022) 8,940,00	
POPULATION AGED <20 (%)	19
POPULATION AGED >60 (%)	27

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	55,686

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

85



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

34



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

49

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 142,922,306 INT\$ 163,798,866



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,572,145,367 INT\$ 1,801,787,523

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

○ no ● yes ■

AUSTRIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

0

0



NOT AVAILABLE



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

AZERBAIJAN

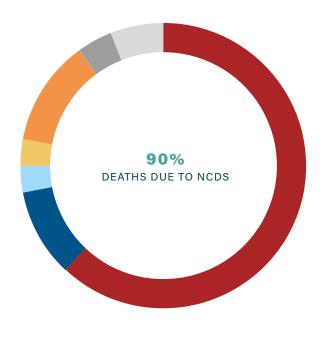


TOTAL POPULATION (2022)	10,359,000	
POPULATION AGED <20 (%)	30	
POPULATION AGED >60 (%)	12	

WORLD BANK INCOME GROUP UPPER MIDDLE

GROSS DOMESTIC PRODUCT per capita (INT\$) 14,479

NCD MORTALITY



cardiovascular cancers chronic respiratory disease disease diabetes other NCDs injuries communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 15,417,409 INT\$ 52,882,728



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 169,591,502 INT\$ 581,710,011

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

○ no ● yes ■

AZERBAIJAN



0

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR: separate walking and cycling infrastructure

- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



0

NOT AVAILABLE

SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:



- children under 5 years
- · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

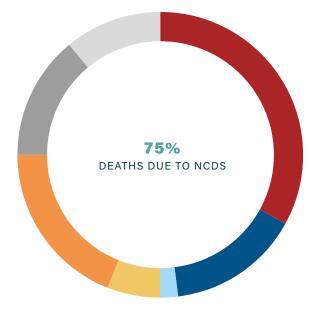
BAHAMAS

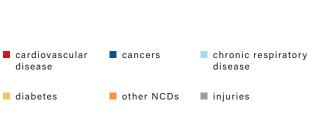


TOTAL POPULATION (2022)	410,000
POPULATION AGED <20 (%)	27
POPULATION AGED >60 (%)	14

WORLD BANK INCOME GROUP HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$) 29,065

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

81 88



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

30 56



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

71

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 1,830,082 INT\$ 2,363,586



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 20,130,902 INT\$ 25,999,448

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

O no ● yes ■

BAHAMAS



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
 - driving and alcohol use
 - · driving and drug use
 - · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



0

0

0

0

0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

0

0

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational





NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

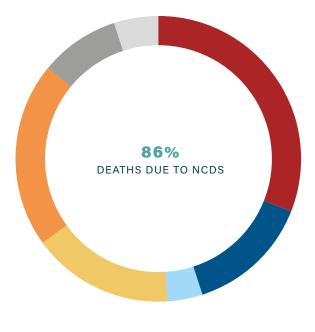
BAHRAIN

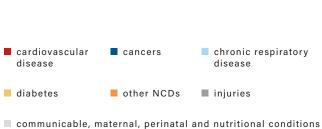


TOTAL POPULATION (2022) 1,47	73,000
POPULATION AGED <20 (%)	26
POPULATION AGED >60 (%)	7

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	43,821

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

75 87



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 12,204,470 INT\$ 26,164,539



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 134,249,167 INT\$ 287,809,934

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

mprovements

- •
- ity •

○ no • yes •

BAHRAIN



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention



NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

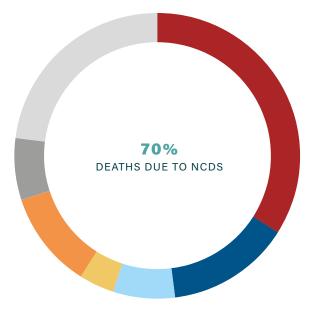
BANGLADESH

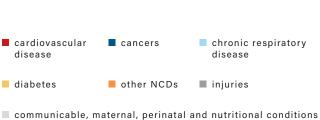


TOTAL POPULATION (2022)	171,187,000
POPULATION AGED <20 (%)	36
N V I M	
POPULATION AGED >60 (%)	9

GROSS DOMESTIC PRODUCT per capita (INT\$) 5,995

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

63 69



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

16 40



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

19 46

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 61,708,652 INT\$ 161,799,645



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 678,795,177 INT\$ 1,779,796,093

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

○ no • yes •

BANGLADESH



0

O

0

O

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

LEGISLATION ON:

driving and alcohol use

- speed limits
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults 0 older adults 0



0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

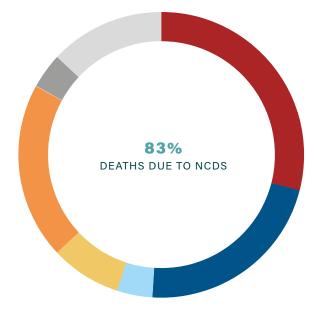
BARBADOS

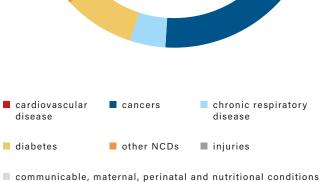


TOTAL POPULATION (2022)	282,000
POPULATION AGED <20 (%)	23
POPULATION AGED >60 (%)	23

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	14,046

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

77 87



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

55



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

63

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 1,597,159 INT\$ 1,386,860



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 17,568,744 INT\$ 15,255,457

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

• with links to community programmes O

supported by environmental improvements

promoting the co-benefits of physical activity

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

BARBADOS



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

0

0

0

speed limits

LEGISLATION ON:

- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH** with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

0

0

0

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

BELARUS

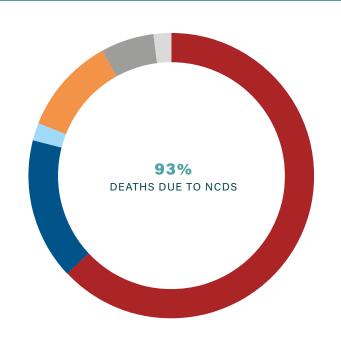


TOTAL POPULATION (2022)	9,535,000
POPULATION AGED <20 (%)	22
POPULATION AGED >60 (%)	25

WORLD BANK INCOME GROUP UPPER MIDDLE

GROSS DOMESTIC PRODUCT per capita (INT\$) 20,238

NCD MORTALITY





PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

PREVALENCE OF PHYSICAL INACTIVITY

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

14



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

23

■ male ■ female

disease disease diabetes other NCDs injuries

cancers

communicable, maternal, perinatal and nutritional conditions

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

chronic respiratory



cardiovascular

PER YEAR

US\$ 20,246,388 INT\$ 63,785,309



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 222,710,265 INT\$ 701,638,394

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

BELARUS



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

safe pedestrian and cycling crossings

separate walking and cycling infrastructure

- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

0



NOT AVAILABLE

SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

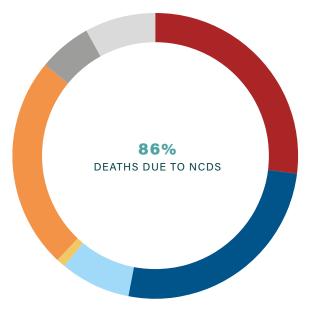
BELGIUM

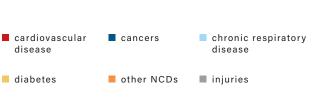


TOTAL POPULATION (2022)	11,656,000
POPULATION AGED <20 (%)	22
POPULATION AGED >60 (%)	26

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	53,070

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

79 88



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

41



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

57

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 187,367,814 INT\$ 220,044,024



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 2,061,045,949 INT\$ 2,420,484,260

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

•

BELGIUM



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



- mHealth for NCD prevention



quality physical education

NOT AVAILABLE

0

0

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational





NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

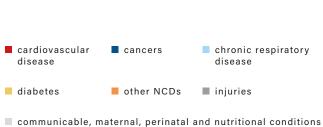
BELIZE



TOTAL POPULATION (2022)	406,000	WORLD BANK INCOME GROUP UPPER MIDD	LE
POPULATION AGED <20 (%)	37	GROSS DOMESTIC PRODUCT per capita (INT\$) 6,1	66
POPULATION AGED >60 (%)	8		

NCD MORTALITY

65% DEATHS DUE TO NCDS



PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

76 84



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 315,702 INT\$ 495,407



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 3,472,723 INT\$ 5,449,482

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

· with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

○ no • yes •



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT





NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

0

LEGISLATION ON:

driving and alcohol use

- speed limits
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports in public open spaces
- through walking and cycling · for older adults
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0 0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

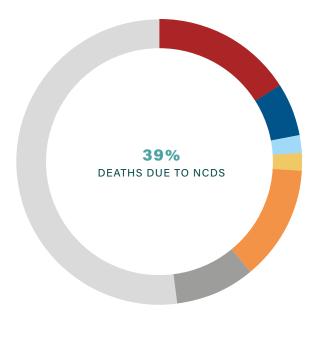
BENIN

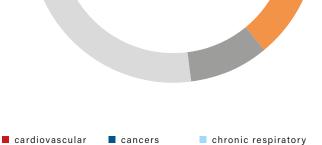


TOTAL POPULATION (2022) 13,3	53,000
POPULATION AGED <20 (%)	53
POPULATION AGED >60 (%)	5

WORLD BANK INCOME GROUP	LOW
GROSS DOMESTIC PRODUCT per capita (INT\$)	3,505

NCD MORTALITY





disease disease diabetes other NCDs injuries

communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

81



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

18



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

29

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 767,640 INT\$ 2,079,613



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 8,444,036 INT\$ 22,875,738

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

· with links to community programmes 0

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT





NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

0

0

0

LEGISLATION ON:

- speed limits 0 driving and alcohol use 0
- · driving and drug use 0
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed 0

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports in public open spaces
- through walking and cycling · for older adults
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH** with referral
- used in >50% of facilities 0
- **USE OF DIGITAL PROGRAMMES** mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

0

0

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults 0 older adults 0



0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

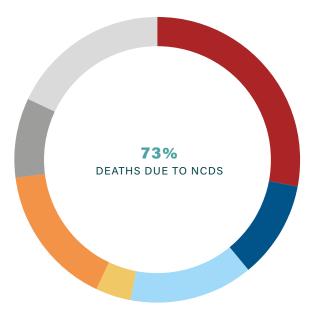
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

BHUTAN



TOTAL POPULATION (2022)	783,000	WORLD BANK INCOME GROUP LOWER MIDDI
POPULATION AGED <20 (%)	31	GROSS DOMESTIC PRODUCT per capita (INT\$) 11,12
POPULATION AGED >60 (%)	9	

NCD MORTALITY



cardiovascular disease
 diabetes
 cancers chronic respiratory disease
 diabetes
 other NCDs
 injuries
 communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

83 85



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

30



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

37

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 589,079 INT\$ 2,184,960



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 6,479,874 INT\$ 24,034,556

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes
 supported by environmental improvements

promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

○ no • yes •

BHUTAN



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



0

0

0

0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

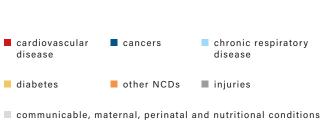
BOLIVIA (PLURINATIONAL STATE OF)



TOTAL POPULATION (2022)	12,225,000	WORLD BANK INCOME GROUP LOWER MIDDLE
	7	
POPULATION AGED <20 (%)	41	GROSS DOMESTIC PRODUCT per capita (INT\$) 8,283
POPULATION AGED >60 (%)	8	

NCD MORTALITY

73% DEATHS DUE TO NCDS



PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

82 89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 9,907,686 INT\$ 26,169,282



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 108,984,549 INT\$ 287,862,106

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

BOLIVIA (PLURINATIONAL STATE OF



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling

· for older adults

 for people with disability NOT AVAILABLE



0

0

0

0

0

0

BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational

children under 5 years

· children and adolescents



adults

older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

BOSNIA AND HERZEGOVINA

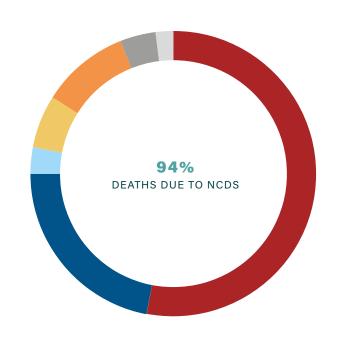


3,234,000
20
26

WORLD BANK INCOME GROUP UPPER MIDDLE

GROSS DOMESTIC PRODUCT per capita (INT\$) 15,598

NCD MORTALITY



PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

23



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

43

■ male ■ female

communicable, maternal, perinatal and nutritional conditions

cancers

other NCDs

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

chronic respiratory

disease

injuries



cardiovascular

disease

diabetes

PER YEAR

US\$ 8,364,442 INT\$ 21,455,439



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 92,008,860 INT\$ 236,009,831

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

BOSNIA AND HERZEGOVINA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



0

0

0

0

0

0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

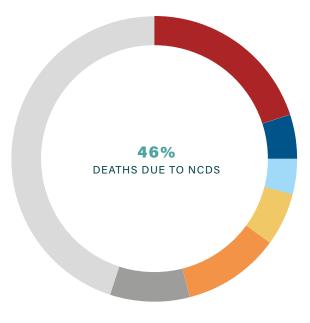
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

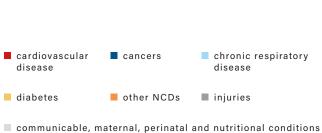
BOTSWANA



TOTAL POPULATION (2022)	2,631,000	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	42	GROSS DOMESTIC PRODUCT per capita (INT\$) 15,471
POPULATION AGED >60 (%)	6	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

26



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

41

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 3,352,149 INT\$ 8,090,575



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 36,873,636 INT\$ 88,996,321

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

- · with links to community programmes 0 supported by environmental improvements
- promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

0

BOTSWANA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT





NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



0

0

0

0

0

0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational







NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- 0 older adults 0



0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

BRAZIL

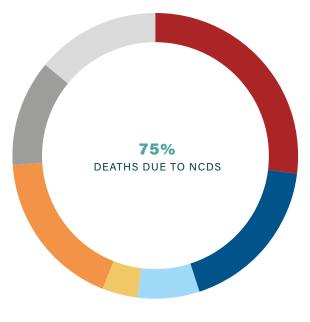


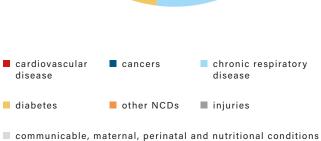
TOTAL POPULATION (2022)	215,314,000
POPULATION AGED <20 (%)	28
POPULATION AGED >60 (%)	15

WORLD BANK INCOME GROUP UPPER MIDDLE

GROSS DOMESTIC PRODUCT per capita (INT\$) 14,834

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

78 89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

53 53



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

56 69

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 3,867,168,386 INT\$ 8,440,835,632



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 42,538,852,247 INT\$ 92,849,191,955

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR: separate walking and cycling infrastructure

- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

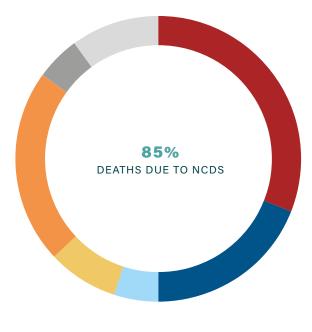
BRUNEI DARUSSALAM

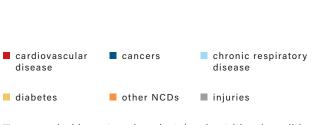


TOTAL POPULATION (2022)	450,000
POPULATION AGED <20 (%)	29
POPULATION AGED >60 (%)	10

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	65,607

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)





PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)





PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

33	
49	

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 1,066,549 INT\$ 2,549,992



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 11,732,035 INT\$ 28,049,912

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

- supported by environmental improvements
- promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

BRUNEI DARUSSALAM



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

0

0

0



NOT AVAILABLE



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

•

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

BULGARIA



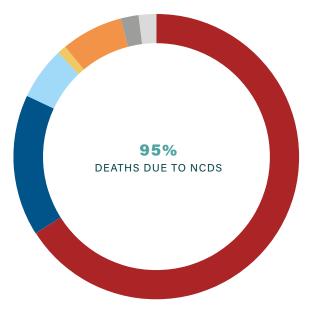
TOTAL POPULATION (2022) 6,782,0	00
	4,
POPULATION AGED <20 (%)	19
POPULATION AGED >60 (%)	29

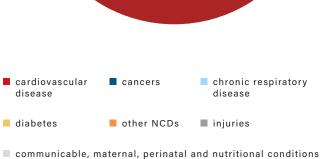
WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$)

24,564

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

67 80



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

 36

 41



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

51 58

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 30,912,769 INT\$ 75,339,699



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 340,040,457 INT\$ 828,736,693

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

BULGARIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

NOT AVAILABLE

- SCHOOL BASED APPROCHES:
- quality physical education

NOT AVAILABLE

0

O

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○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

BURKINA FASO



TOTAL POPULATION (2022)	22,674,000
POPULATION AGED <20 (%)	55
POPULATION AGED >60 (%)	4

WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$)

2,274

NCD MORTALITY

35% DEATHS DUE TO NCDS

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

18 23



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

27

■ male ■ female

■ diabetes ■ other NCDs ■ injuries

cancers

communicable, maternal, perinatal and nutritional conditions

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

chronic respiratory

disease



cardiovascular

disease

PER YEAR

US\$ 2,085,072 INT\$ 5,526,644



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 22,935,792 INT\$ 60,793,085

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



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NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

○ no • yes •

BURKINA FASO



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT





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LEGISLATION ON:

- speed limits driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0 0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

BURUNDI



TOTAL POPULATION (2022)	12,890,000
POPULATION AGED <20 (%)	57
POPULATION AGED >60 (%)	4

WORLD BANK INCOME GROUP	
GROSS DOMESTIC PRODUCT per capita (INT\$)	771

NCD MORTALITY

37% DEATHS DUE TO NCDS

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE

■ male ■ female

cardiovascular disease diabetes cancers chronic respiratory disease diabetes injuries

communicable, maternal, perinatal and nutritional conditions

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 777,535 INT\$ 2,188,270



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 8,552,890 INT\$ 24,070,969

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

• with links to community programmes O

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

BURUNDI



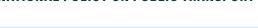
ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT





NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed 0

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

 \cap

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

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0

O no ves, but not operational ves and operational





NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- 0 adults 0 older adults 0



0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

CABO VERDE



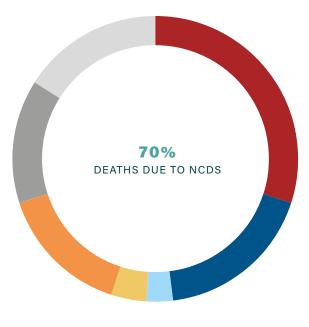
TOTAL POPULATION (2022)	594,000	WORLD BANK INCOME
POPULATION AGED <20 (%)	35	GROSS DOMESTIC PR
POPULATION AGED >60 (%)	9	

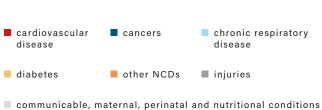
WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$)

6,376

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

14 25



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

39

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 189,852 INT\$ 395,076



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 2,088,374 INT\$ 4,345,835

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

CABO VERDE



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

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NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH**
- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

 \cap

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

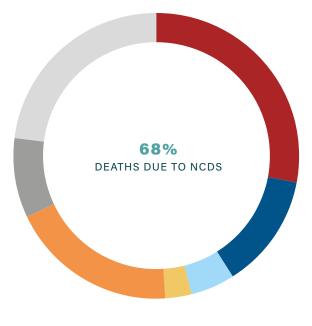
CAMBODIA

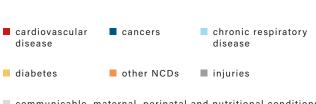


TOTAL POPULATION (2022)	16,768,000
POPULATION AGED <20 (%)	38
N VIII	
POPULATION AGED >60 (%)	10

WORLD BANK INCOME GROUP LOWER MIDDLE GROSS DOMESTIC PRODUCT per capita (INT\$) 4,423

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

93



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

11



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

19

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 2,511,076 INT\$ 7,192,392



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 27,621,839 INT\$ 79,116,316

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

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NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

CAMBODIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT





NATIONAL ROAD SAFETY STRATEGY



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NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed 0

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH**
- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**

with referral



0



NOT AVAILABLE

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

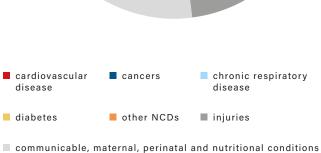
CAMEROON



TOTAL POPULATION (2022)	27,915,000	WORLD BANK INCOME GROUP LOWER MIDDLE
POPULATION AGED <20 (%)	53	GROSS DOMESTIC PRODUCT per capita (INT\$) 3,867
POPULATION AGED >60 (%)	4	

NCD MORTALITY

38% DEATHS DUE TO NCDS



PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

35



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

34 51

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 5,542,978 INT\$ 13,946,492



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 60,972,758 INT\$ 153,411,412

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



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0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

CAMEROON



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



0

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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

 \cap

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- 0 adults 0 older adults 0



0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0 0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

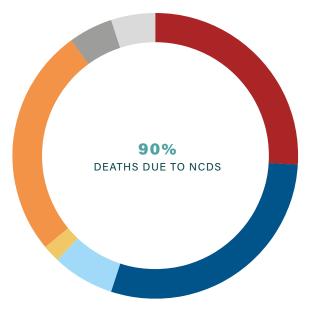
CANADA

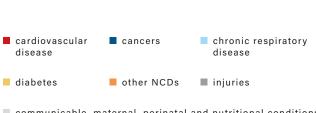


TOTAL POPULATION (2022)	38,455,000		
POPULATION AGED <20 (%)	21	Z	
POPULATION AGED >60 (%)	26		

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	46,572

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

82



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

31



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

47

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

USS 420,873,550 INT\$ 453,115,290



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 4,629,609,045 INT\$ 4,984,268,193

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



0

0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

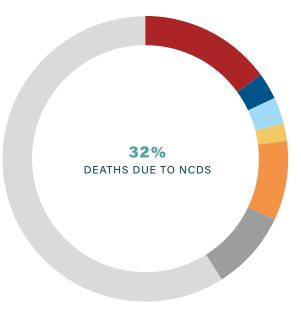
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

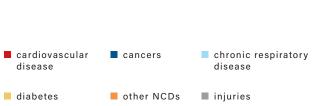
CENTRAL AFRICAN REPUBLIC



TOTAL POPULATION (2022)	5,580,000	WORLD BANK INCOME GROUP	LOW
POPULATION AGED <20 (%)	60	GROSS DOMESTIC PRODUCT per capita (INT\$)	989
POPULATION AGED >60 (%)	4		

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

13 16



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

26

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 296,227 INT\$ 593,688



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 3,258,496 INT\$ 6,530,565

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

CENTRAL AFRICAN REPUBLIC



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



0

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0

NATIONAL POLICY ON PUBLIC TRANSPORT



speed limits



· driving and mobile phone use

NATIONAL ROAD SAFETY STRATEGY



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports 0 in public open spaces 0
- through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH** with referral
 - used in >50% of facilities 0
- **USE OF DIGITAL PROGRAMMES** mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

0

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL

- **ACTIVITY IN:** children
- adolescents adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

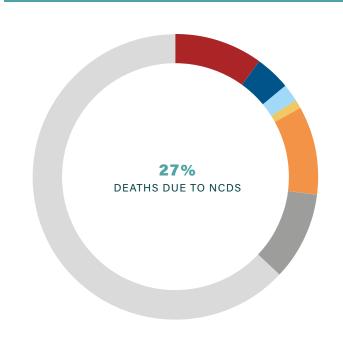
CHAD



TOTAL POPULATION (2022)	17,724,000	wc
POPULATION AGED <20 (%)	58	GR
POPULATION AGED >60 (%)	3	

WORLD BANK INCOME GROUP	LOW
GROSS DOMESTIC PRODUCT per capita (INT\$)	1,592

NCD MORTALITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

PREVALENCE OF PHYSICAL INACTIVITY

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

27



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

33

communicable, maternal, perinatal and nutritional conditions

cancers

other NCDs

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

chronic respiratory

disease

injuries



cardiovascular

disease

diabetes

PER YEAR

US\$ 1,615,921 INT\$ 3,927,502



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 17,775,127 INT\$ 43,202,517

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

· with links to community programmes 0

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

0



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT





NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use · driving and drug use \cap
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

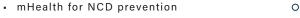
- in workplaces in childcare settings
- · through community sports in public open spaces
- through walking and cycling
- · for older adults 0 for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH** with referral
- used in >50% of facilities 0







SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

0

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

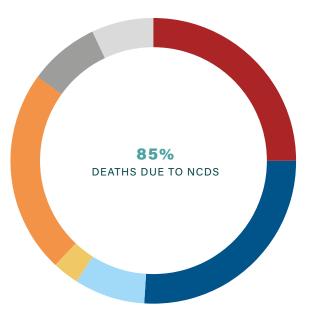
CHILE

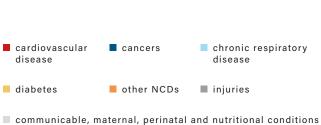


TOTAL POPULATION (2022)	19,604,000
POPULATION AGED <20 (%)	24
POPULATION AGED >60 (%)	18

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT	\$) 25,089

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

91



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

29



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

36

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 105,754,802 INT\$ 200,693,723



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,163,302,825 INT\$ 2,207,630,953

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

0



NOT AVAILABLE



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:



- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

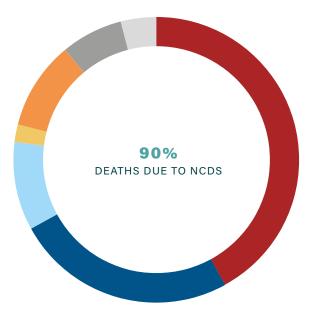
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

CHINA



TOTAL POPULATION (2022)	1,425,888,000	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	23	GROSS DOMESTIC PRODUCT per capita (INT\$) 17,189
POPULATION AGED >60 (%)	19	

NCD MORTALITY



cardiovascular cancers chronic respiratory disease disease diabetes other NCDs injuries

communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

12



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

21

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 17,771,653,435 INT\$ 29,311,824,430



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 195,488,187,786 INT\$ 322,430,068,731

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

0

0



NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:



- children under 5 years · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

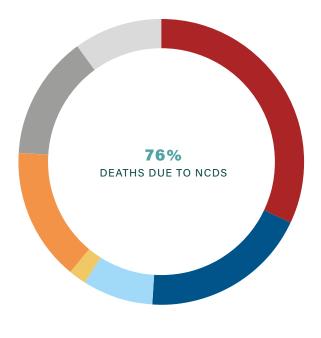
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

COLOMBIA



TOTAL POPULATION (2022)	51,875,000	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	29	GROSS DOMESTIC PRODUCT per capita (INT\$) 14,868
POPULATION AGED >60 (%)	14	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

87



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

49



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

54

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 205,647,453 INT\$ 575,592,740



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 2,262,121,979 INT\$ 6,331,520,136

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

COLOMBIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



0

0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed





ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

0

0

0



NOT AVAILABLE



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational





NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

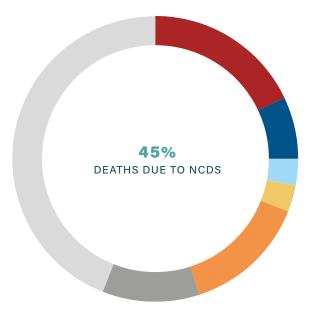
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

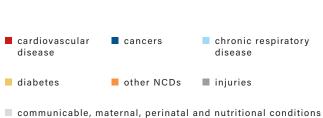
COMOROS



TOTAL POPULATION (2022)	837,000	WORLD BANK INCOME GROUP LOWER MIDDI	LE
POPULATION AGED <20 (%)	48	GROSS DOMESTIC PRODUCT per capita (INT\$) 3,14	48
POPULATION AGED >60 (%)	7		

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

10 19



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

24

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 95,269 INT\$ 211,447



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,047,956 INT\$ 2,325,917

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

COMOROS



0

0

0

0

0

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

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0

0

0

0

LEGISLATION ON:

- speed limits
 - driving and alcohol use
 - · driving and drug use
 - · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed 0

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports in public open spaces
- through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH** with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

0

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years 0 · children and adolescents 0
- adults 0 older adults 0



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

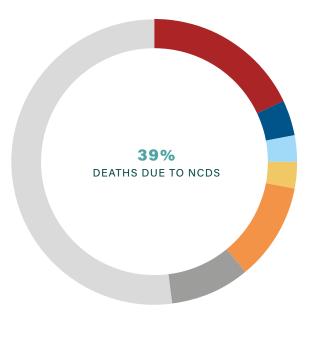
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

CONGO



TOTAL POPULATION (2022)	5,971,000	WORLD BANK INCOME GROUP LOWER MIDDLE
POPULATION AGED <20 (%)	51	GROSS DOMESTIC PRODUCT per capita (INT\$) 3,689
POPULATION AGED >60 (%)	5	

NCD MORTALITY



cardiovascular cancers chronic respiratory disease disease diabetes other NCDs injuries communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

31



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

46

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 1,783,951 INT\$ 3,500,312



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 19,623,459 INT\$ 38,503,433

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

· with links to community programmes 0 0

supported by environmental improvements

promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

0



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



 \cap

0

0

0

0



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



0

0

0

0

0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY

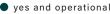


NATIONAL PHYSICAL ACTIVITY POLICY

0



O no ves, but not operational ves and operational





NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults





NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

COOK ISLANDS



TOTAL POPULATION (2022)	17,100	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	31	GROSS DOMESTIC PRODUCT per capita (INT\$)
POPULATION AGED >60 (%)	17	

NCD MORTALITY PREVALENCE OF PHYSICAL INACTIVITY PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%) 88 DATA NOT AVAILABLE PHYSICAL INACTIVITY, ADULTS AGED 18+ (%) 27 PHYSICAL INACTIVITY, ADULTS AGED 70+ (%) cardiovascular cancers chronic respiratory disease disease 42 diabetes other NCDs injuries communicable, maternal, perinatal and nutritional conditions ■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 28,713

INT\$ NO DATA AVAILABLE



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 315,839 INT\$ 522,953

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

- · with links to community programmes
- supported by environmental improvements



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

- promoting the co-benefits of physical activity
- no yes ■

COOK ISLANDS



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

LEGISLATION ON:

driving and alcohol use

- speed limits
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability

NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH**
- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**

with referral

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

0

O

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

COSTA RICA

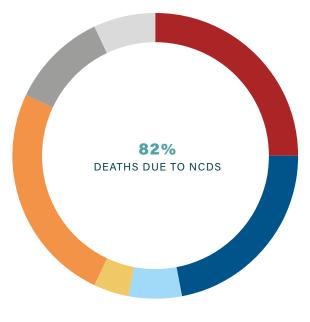


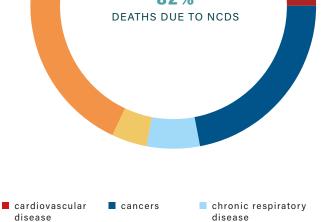
TOTAL POPULATION (2022)	5,181,000
POPULATION AGED <20 (%)	27
POPULATION AGED >60 (%)	16

WORLD BANK INCOME GROUP UPPER MIDDLE

GROSS DOMESTIC PRODUCT per capita (INT\$) 22,244

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

other NCDs

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

88



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

54



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

70

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

injuries



diabetes

PER YEAR

US\$ 16,794,802 INT\$ 30,616,496



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 184,742,820 INT\$ 336,781,453

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements



0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

promoting the co-benefits of physical activity

COSTA RICA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR: separate walking and cycling infrastructure

- safe pedestrian and cycling crossings
- · management of speed 0

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

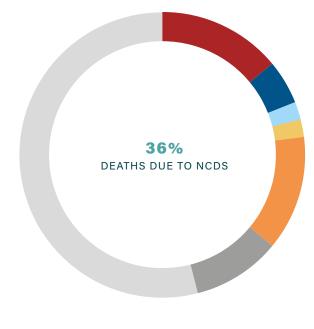
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

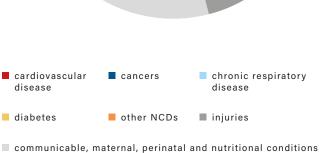
CÔTE D'IVOIRE



TOTAL POPULATION (2022)	28,161,000	WORLD BANK INCOME GROUP LOWER MIDDL
POPULATION AGED <20 (%)	53	GROSS DOMESTIC PRODUCT per capita (INT\$) 5,46
POPULATION AGED >60 (%)	4	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

29

37



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

34

44

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 6,238,917 INT\$ 14,661,626



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 68,628,084 INT\$ 161,277,883

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

CÔTE D'IVOIRE



 \cap

0

0

0

0

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH** with referral
- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

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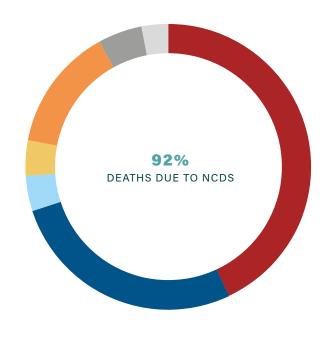
CROATIA



TOTAL POPULATION (2022)	4,031,000
POPULATION AGED <20 (%)	19
POPULATION AGED >60 (%)	30

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	28,780

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

70 84



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

36



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

52

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 20,978,653 INT\$ 42,722,145



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 230,765,184 INT\$ 469,943,592

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

CROATIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention
 - 0



NOT AVAILABLE

SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

0

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

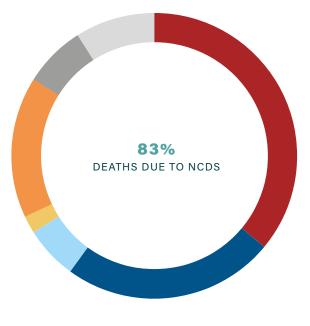
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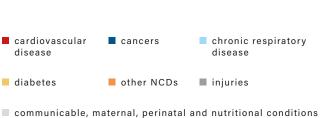
CUBA



TOTAL POPULATION (2022)	11,213,000	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	21	GROSS DOMESTIC PRODUCT per capita (INT\$)
POPULATION AGED >60 (%)	22	

NCD MORTALITY







PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

PREVALENCE OF PHYSICAL INACTIVITY

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

31 43



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

59

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 102,071,073

INT\$ NO DATA AVAILABLE



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,122,781,798 INT\$ 2,190,049,085

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

•



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR: separate walking and cycling infrastructure

- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention
- 0



NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

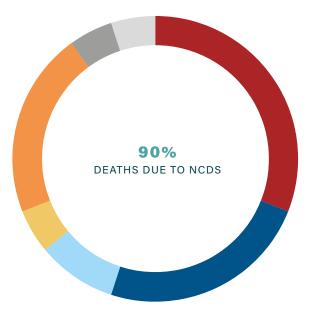
CYPRUS

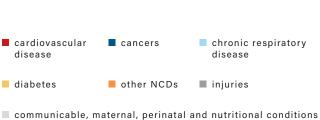


TOTAL POPULATION (2022)	1,252,000
POPULATION AGED <20 (%)	21
POPULATION AGED >60 (%)	20

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	39,593

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

51



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

54 66

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 7,406,350 INT\$ 10,593,470



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 81,469,853 INT\$ 116,528,169

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

• supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

CYPRUS



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



speed limits

LEGISLATION ON:

- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



0

0

0

0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH**
- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

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O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

•

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

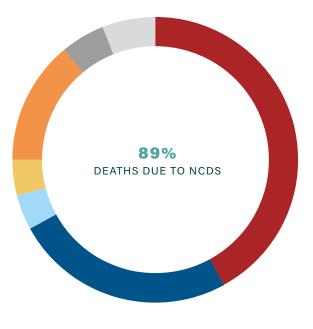
CZECHIA



10,494,000
21
26

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	41,608

NCD MORTALITY



cardiovascular disease
 diabetes
 cancers chronic respiratory disease
 injuries

communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

73 82



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

34



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

50

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 79,209,241 INT\$ 143,708,557



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 871,301,656 INT\$ 1,580,794,123

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

CZECHIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

DEMOCRATIC PEOPLE'S REPUBLIC OF KOREA

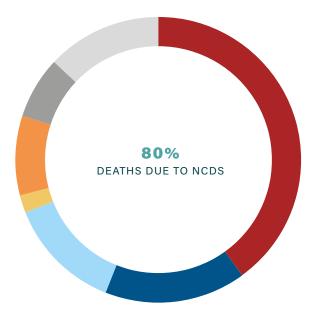


TOTAL POPULATION (2022)	26,070,000
POPULATION AGED <20 (%)	25
POPULATION AGED >60 (%)	17

WORLD BANK INCOME GROUP LOW

GROSS DOMESTIC PRODUCT per capita (INT\$)

NCD MORTALITY



cardiovascular disease diabetes cancers chronic respiratory disease diabetes other NCDs injuries communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 18,664,967

INT\$ NO DATA AVAILABLE



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 205,314,636 INT\$ 629,659,805

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

DEMOCRATIC PEOPLE'S REPUBLIC OF KOREA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- STREET DESIGN STANDARDS FOR:
- speed limits driving and alcohol use
- · driving and drug use
 - · driving and mobile phone use



- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports in public open spaces
- through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



0

0

0

0

0

BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- older adults

adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0 0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

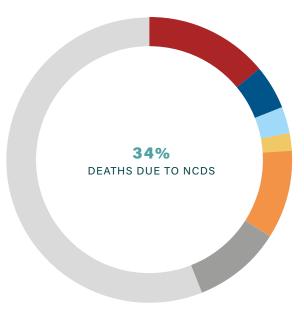
DEMOCRATIC REPUBLIC OF THE CONGO

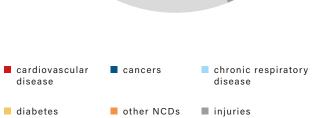


TOTAL POPULATION (2022)	99,011,000
POPULATION AGED <20 (%)	57
POPULATION AGED >60 (%)	5

GROSS DOMESTIC PRODUCT per capita (INT\$) 1,142	WORLD BANK INCOME GROUP	
GROSS DOMESTIC PRODUCT per capita (INT\$) 1,142		
	GROSS DOMESTIC PRODUCT per capita (INT\$)	1,142

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

21



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

40

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 5,463,030 INT\$ 11,467,576



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 60,093,332 INT\$ 126,143,331

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

- supported by environmental improvements
- promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

DEMOCRATIC REPUBLIC OF THE CONGO



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports 0 0
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH** with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults





NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

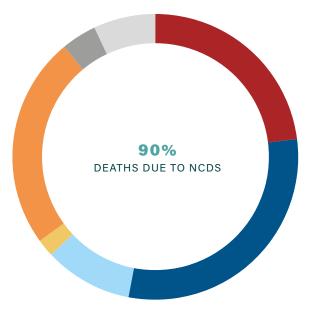
DENMARK

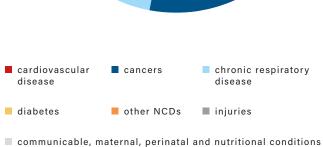


TOTAL POPULATION (2022)	5,883,000
POPULATION AGED <20 (%)	22
POPULATION AGED >60 (%)	26

HIGH	WORLD BANK INCOME GROUP	
0,230	GROSS DOMESTIC PRODUCT per capita (INT\$)	
Ĭ	GROSS DOMESTIC PRODUCT per capita (INT\$)	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

82 87



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

31



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

39 46

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 81,679,374 INT\$ 80,564,602



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 898,473,118 INT\$ 886,210,617

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

DENMARK



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY



O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

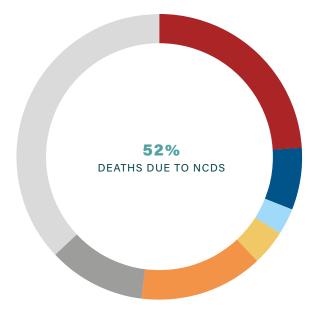
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

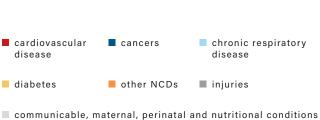
DJIBOUTI



TOTAL POPULATION (2022)	1,121,000	WORLD BANK INCOME GROUP LOWER MIDDL
POPULATION AGED <20 (%)	41	GROSS DOMESTIC PRODUCT per capita (INT\$) 5,53
POPULATION AGED >60 (%)	7	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

81

89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 409,340 INT\$ 690,912



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 4,502,740 INT\$ 7,600,028

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

○ no ● yes ■

DJIBOUTI



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



safe pedestrian and cycling crossings

· management of speed

separate walking and cycling infrastructure



PROMOTION OF PHYSICAL ACTIVITY:

in workplaces in childcare settings

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



0

0

0

0

0

BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults





NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

DOMINICA



TOTAL POPULATION (2022)	72,800	WORLD BANK INCOME GROUP UPPER MID	DLE
POPULATION AGED <20 (%)	27	GROSS DOMESTIC PRODUCT per capita (INT\$) 10	,818
POPULATION AGED >60 (%)	14		

NCD MORTALITY PREVALENCE OF PHYSICAL INACTIVITY PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%) 86 DATA NOT AVAILABLE PHYSICAL INACTIVITY, ADULTS AGED 18+ (%) 30 PHYSICAL INACTIVITY, ADULTS AGED 70+ (%) cardiovascular cancers chronic respiratory disease disease 46 diabetes other NCDs injuries communicable, maternal, perinatal and nutritional conditions ■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 102,512 INT\$ 158,853



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,127,628 INT\$ 1,747,380

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

O no ● yes ■

DOMINICA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



0

0

0

0



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

NOT AVAILABLE

LEGISLATION ON:

driving and alcohol use

- speed limits 0
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

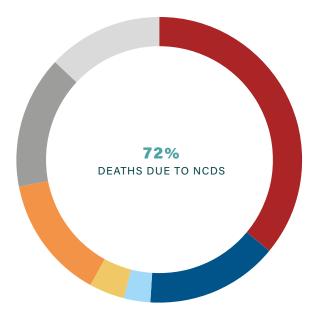
DOMINICAN REPUBLIC

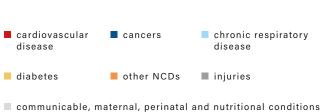


TOTAL POPULATION (2022)	11,229,000	WORLD BANK	INCOME GROUP
POPULATION AGED <20 (%)	36	GROSS DOME	STIC PRODUCT per
POPULATION AGED >60 (%)	11		

UPPER MIDDLE capita (INT\$) 17,934

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

43



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

60

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

USS 26,229,623 INT\$ 64,726,615



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 288,525,858 INT\$ 711,992,763

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

○ no ● yes ■

DOMINICAN REPUBLIC



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

0

NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

ECUADOR

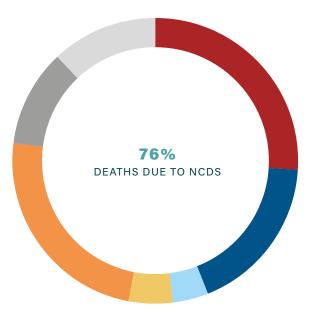


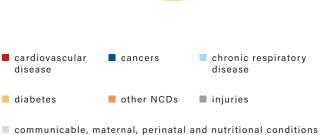
TOTAL POPULATION (2022)	18,001,000
POPULATION AGED <20 (%)	34
V V V V V V V V V V V V V V V V V V V	
POPULATION AGED >60 (%)	11

WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$) 10,890

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

90



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

30



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

31

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 24,507,840 INT\$ 47,680,940



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 269,586,242 INT\$ 524,490,345

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON

PHYSICAL ACTIVITY

ECUADOR



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH**
- used in >50% of facilities

with referral



USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention
- SCHOOL BASED APPROCHES:



NOT AVAILABLE

0

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

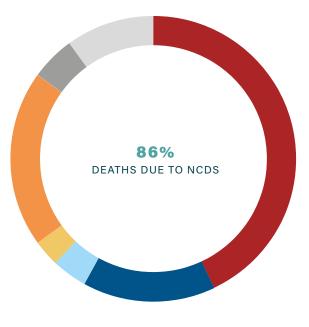
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

EGYPT



TOTAL POPULATION (2022)	110,991,000	WORLD BANK INCOME GROUP LOWER MIDDL
POPULATION AGED <20 (%)	42	GROSS DOMESTIC PRODUCT per capita (INT\$) 12,60
POPULATION AGED >60 (%)	8	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

93



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

39



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

55

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 281,304,802 INT\$ 976,826,013



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 3,094,352,821 INT\$ 10,745,086,143

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

 with links to community programmes 0 supported by environmental improvements

promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

0

○ no ● yes ■



0

0

0

0

0

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- · for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0



O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults older adults
- 0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

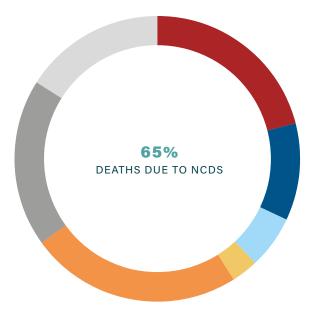
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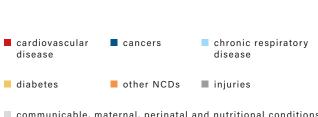


TOTAL POPULATION (2022)	6,337,000
POPULATION AGED <20 (%)	34
TOTOLINION MALE REG (70)	
POPULATION AGED >60 (%)	12

WORLD BANK INCOME GROUP LOWER MIDDLE GROSS DOMESTIC PRODUCT per capita (INT\$) 8,420

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

90



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 6,735,390 INT\$ 14,930,425



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 74,089,288 INT\$ 164,234,672

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

○ no ● yes ■

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ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

NOT AVAILABLE

speed limits

LEGISLATION ON:

- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

EQUATORIAL GUINEA



TOTAL POPULATION (2022)	1,675,000	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	47	GROSS DOMESTIC PRODUCT per capita (INT\$) 18,158
POPULATION AGED >60 (%)	5	

NCD MORTALITY

33% DEATHS DUE TO NCDS

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE

■ male ■ female

cardiovascular cancers disease

chronic respiratory disease

diabetes

other NCDs injuries

communicable, maternal, perinatal and nutritional conditions

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 1,466,950 INT\$ 3,684,301



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 16,136,446 INT\$ 40,527,308

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

· with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

0

○ no ● yes ■

EQUATORIAL GUINEA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



0

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0

0

0

NATIONAL POLICY ON PUBLIC TRANSPORT





driving and alcohol use

· driving and drug use

· driving and mobile phone use

STREET DESIGN STANDARDS FOR:

NATIONAL ROAD SAFETY STRATEGY

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed 0

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

 \cap

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

0

0

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

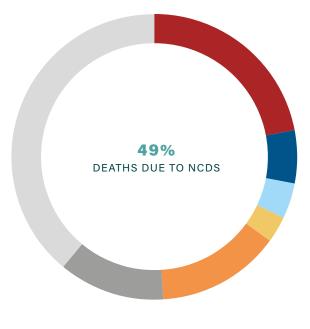
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

ERITREA



TOTAL POPULATION (2022)	3,685,000	WORLD BANK INCOME GROUP	LOW
POPULATION AGED <20 (%)	51	GROSS DOMESTIC PRODUCT per capita (INT\$)	
POPULATION AGED >60 (%)	6		

NCD MORTALITY



cardiovascular disease
 diabetes
 cancers chronic respiratory disease
 diabetes
 other NCDs
 injuries
 communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

31



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

14 35

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 487,371

INT\$ NO DATA AVAILABLE



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 5,361,078 INT\$ 13,905,529

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

O no ● yes ■

ERITREA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



0

0

0

0

0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

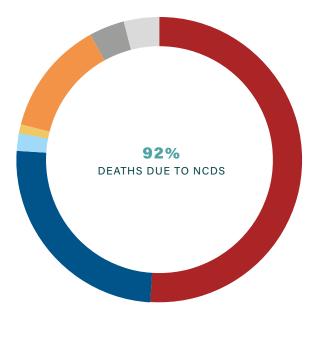
ESTONIA

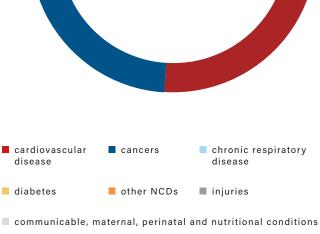


TOTAL POPULATION (2022)	1,327,000
POPULATION AGED <20 (%)	22
POPULATION AGED >60 (%)	27

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	37,645

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

88



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

35



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

50

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 8,702,330 INT\$ 14,209,943



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 95.725.627 INT\$ 156,309,378

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON

PHYSICAL ACTIVITY

ESTONIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT

0

0



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

NOT AVAILABLE

- **SCHOOL BASED APPROCHES:** quality physical education
 - NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

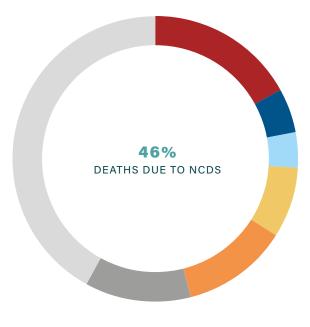
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

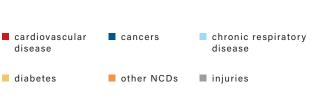
ESWATINI



TOTAL POPULATION (2022)	1,202,000	WORLD BANK INCOME GROUP LOWER MIDDLE
POPULATION AGED <20 (%)	45	GROSS DOMESTIC PRODUCT per capita (INT\$) 8,865
POPULATION AGED >60 (%)	6	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

32



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

27 38

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 1,510,919 INT\$ 3,911,880



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 16,620,111 INT\$ 43,030,679

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

•

O no ● yes ■

ESWATINI



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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- **LEGISLATION ON:** speed limits
 - driving and alcohol use
 - · driving and drug use
 - · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed





ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports in public open spaces
- through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



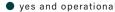
NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational





NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0 0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

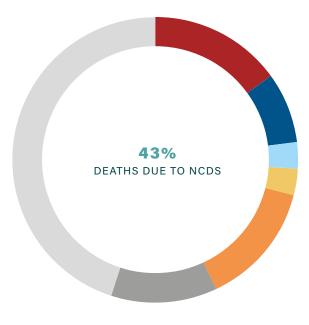
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

ETHIOPIA



TOTAL POPULATION (2022)	123,380,000	WORLD BANK INCOME GROUP	LOW
POPULATION AGED <20 (%)	51	GROSS DOMESTIC PRODUCT per capita (INT\$)	2,423
POPULATION AGED >60 (%)	5		

NCD MORTALITY



cardiovascular disease
 diabetes
 cancers chronic respiratory disease
 injuries

communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

11



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

12 20

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 10,612,523 INT\$ 30,596,517



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 116,737,748 INT\$ 336,561,686

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

• with links to community programmes O

supported by environmental improvementspromoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

○ no • yes •

ETHIOPIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

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0

0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults

older adults

0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0 0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.





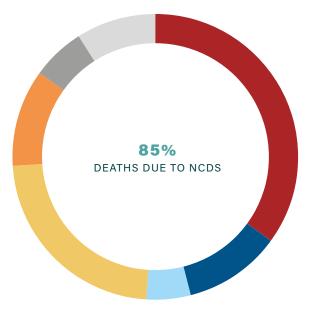
TOTAL POPULATION (2022)	930,000
POPULATION AGED <20 (%)	37
W V I	
POPULATION AGED >60 (%)	10

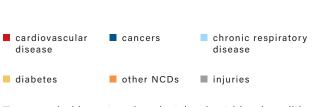
WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$)

12,158

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

81 86



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

11 24



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

18 38

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 302,313 INT\$ 721,999



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 3,325,446 INT\$ 7,941,984

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

• with links to community programmes O

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

O no ● yes ■



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- - **USE OF DIGITAL PROGRAMMES**
 - mHealth for NCD prevention



SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

O

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

0

•

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

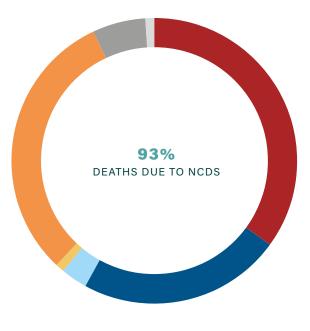
FINLAND

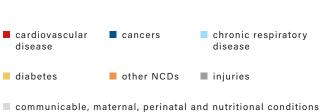


TOTAL POPULATION (2022)	5,541,000
POPULATION AGED <20 (%)	21
POPULATION AGED >60 (%)	30

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	50,937

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

69 82



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

17 16



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

28

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 40,820,920 INT\$ 42,295,898



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 449,030,121 INT\$ 465,254,882

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

O no ● yes ■

FINLAND



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH**
- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**

with referral

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

NOT AVAILABLE





quality physical education

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

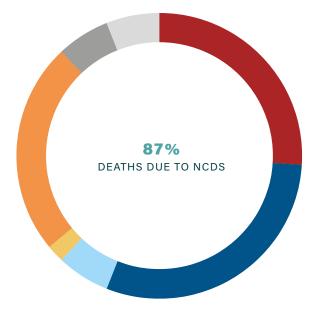
FRANCE

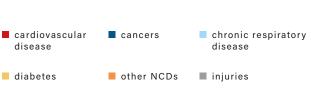


TOTAL POPULATION (2022)	64,627,000
POPULATION AGED <20 (%)	23
POPULATION AGED >60 (%)	28

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	46,991

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

82 92



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

34



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

38 50

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 981,744,776 INT\$ 1,181,781,452



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 10,799,192,531 INT\$ 12,999,595,969

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

O no ● yes ■

FRANCE



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention
- **SCHOOL BASED APPROCHES:**

NOT AVAILABLE



quality physical education NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

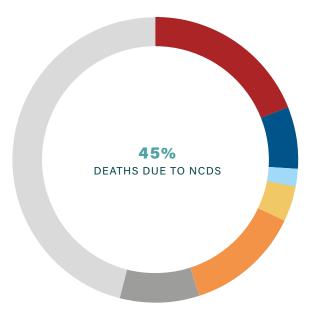
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

GABON



TOTAL POPULATION (2022)	2,389,000	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	46	GROSS DOMESTIC PRODUCT per capita (INT\$) 15,105
POPULATION AGED >60 (%)	6	

NCD MORTALITY



cardiovascular disease
 diabetes
 cancers chronic respiratory disease
 diabetes
 other NCDs
 injuries
 communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

33



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

49

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 1,781,988 INT\$ 3,911,722



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 19,601,863 INT\$ 43,028,943

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

• with links to community programmes O

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

○ no ● yes ■



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed 0

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- · for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention



quality physical education

NOT AVAILABLE

 \cap

0

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○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years 0 · children and adolescents 0
- adults 0 older adults 0



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

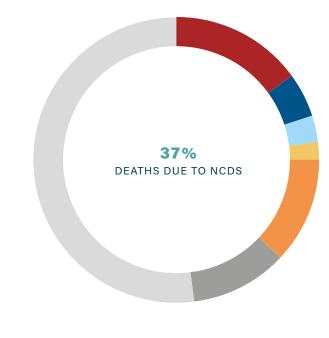
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

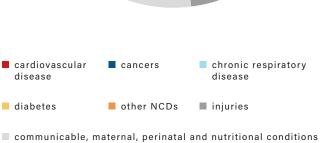
GAMBIA



TOTAL POPULATION (2022)	2,706,000
POPULATION AGED <20 (%)	54
POPULATION AGED >60 (%)	4

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

26



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

40

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 222,570 INT\$ 655,055



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 2,448,269 INT\$ 7,205,602

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

○ no ● yes ■

GAMBIA



0

0

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ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports in public open spaces
- through walking and cycling
- · for older adults 0 for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years 0 · children and adolescents 0
- adults 0 older adults 0



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

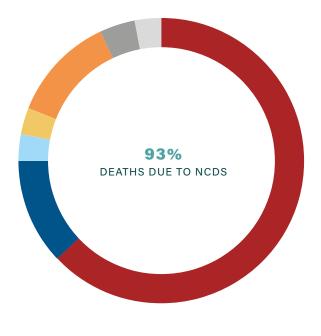
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

GEORGIA



TOTAL POPULATION (2022)	3,745,000	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	27	GROSS DOMESTIC PRODUCT per capita (INT\$) 14,731
W VIEW I		
POPULATION AGED >60 (%)	21	
FORULATION AGED 700 (%)	٤١	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)





PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

30

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 5,395,121 INT\$ 18,672,563



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 59,346,333 INT\$ 205,398,192

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

•

O no ● yes ■

GEORGIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults
- 0
- · for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

0

O

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

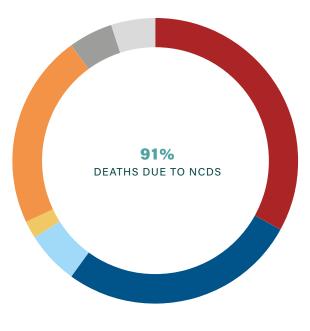
GERMANY

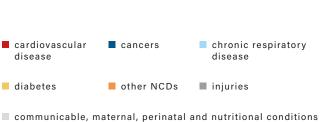


TOTAL POPULATION (2022)	83,370,000
POPULATION AGED <20 (%)	19
POPULATION AGED >60 (%)	30

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	54,845

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

88



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

44



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

61

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 3,005,798,479 INT\$ 3,564,152,817



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 33,063,783,268 INT\$ 39,205,680,983

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON

PHYSICAL ACTIVITY

GERMANY



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and mobile phone use

· driving and drug use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

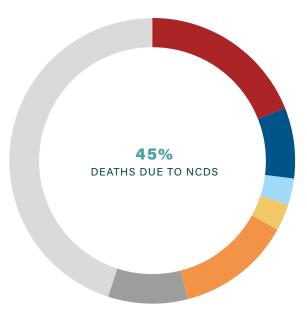
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

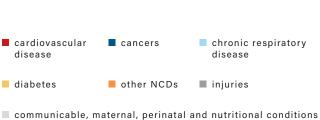
GHANA



TOTAL POPULATION (2022)	33,476,000	WORLD BANK INCOME GROUP LOWER MIDDL
POPULATION AGED <20 (%)	47	GROSS DOMESTIC PRODUCT per capita (INT\$) 5,75
POPULATION AGED >60 (%)	6	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

88



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

25



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

30

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 8,770,871 INT\$ 22,844,293



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 96,479,581 INT\$ 251,287,218

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

· with links to community programmes 0 supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

0



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

0

0

0

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents adults

0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0 \circ



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

older adults

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

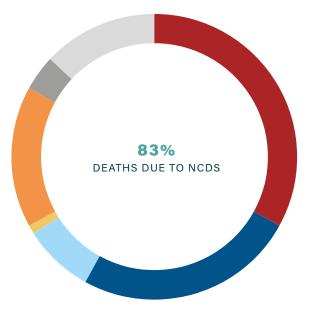
GREECE

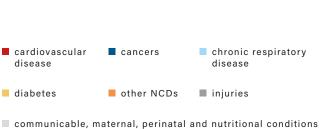


TOTAL POPULATION (2022)	10,385,000
POPULATION AGED <20 (%)	19
POPULATION AGED >60 (%)	29

WORLD BANK INCOME GROUP	
GROSS DOMESTIC PRODUCT per capita (INT\$)	27,949

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

41



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

57

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 73,679,956 INT\$ 116,689,983



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 810,479,515 INT\$ 1,283,589,811

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

GREECE



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention
 - 0



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

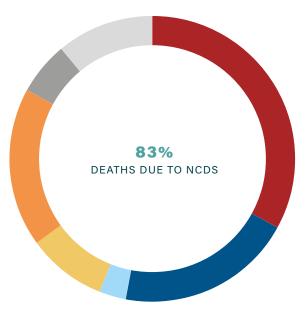
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

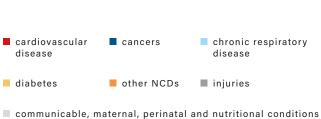
GRENADA



TOTAL POPULATION (2022)	126,000	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	31	GROSS DOMESTIC PRODUCT per capita (INT\$) 15,274
POPULATION AGED >60 (%)	15	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

87



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

35



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

51

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 116,746 INT\$ 192,652



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,284,208 INT\$ 2,119,177

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes 0 supported by environmental improvements
- promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

GRENADA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT





NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

0

0

0

LEGISLATION ON:

- speed limits driving and alcohol use 0
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports in public open spaces
- through walking and cycling
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

0

O

○ no ● yes —

· for older adults

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- 0 adults 0 older adults 0



0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

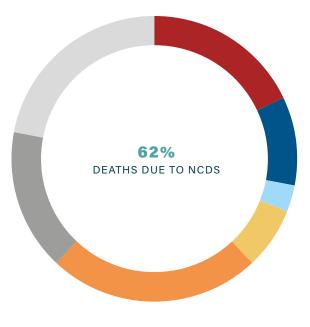
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

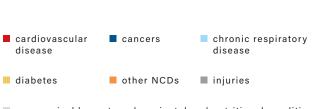
GUATEMALA



TOTAL POPULATION (2022)	17,844,000	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	43	GROSS DOMESTIC PRODUCT per capita (INT\$) 8,853
Total Manager (1967)		and the period in the period period (in the)
POPULATION AGED >60 (%)	7	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

85 89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

37 37



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

52 53

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 20,733,356 INT\$ 39,876,766



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 228,066,921 INT\$ 438,644,426

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

GUATEMALA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

GUINEA



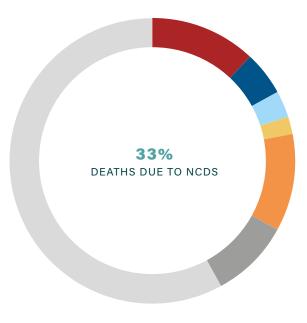
TOTAL POPULATION (2022)	13,860,000	WORLD BANK
POPULATION AGED <20 (%)	52	GROSS DOMES
POPULATION AGED >60 (%)	5	

WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$)

2,754

NCD MORTALITY



■ cardiovascular cancers chronic respiratory disease

communicable, maternal, perinatal and nutritional conditions

other NCDs

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

11



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

30

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

injuries



diabetes

PER YEAR

US\$ 2,066,962 INT\$ 4,876,972



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 22,736,586 INT\$ 53,646,696

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

• with links to community programmes O

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

GUINEA



0

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

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LEGISLATION ON:

speed limits

- STREET DESIGN STANDARDS FOR:
- driving and alcohol use
- separate walking and cycling infrastructure
- · driving and drug use \cap

safe pedestrian and cycling crossings

· driving and mobile phone use

· management of speed





○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- 0 · through community sports 0
- in public open spaces
- through walking and cycling 0 · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- 0 adults 0 older adults 0



0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

GUINEA-BISSAU



TOTAL POPULATION (2022)	2,106,000
POPULATION AGED <20 (%)	51
POPULATION AGED >60 (%)	4

WORLD BANK INCOME GROUP	LOW
GROSS DOMESTIC PRODUCT per capita (INT\$)	1,949

NCD MORTALITY

33% DEATHS DUE TO NCDS

0

Å

PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

PREVALENCE OF PHYSICAL INACTIVITY

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE

■ male ■ female

cardiovascular disease
 diabetes
 cancers chronic respiratory disease
 diabetes
 injuries

communicable, maternal, perinatal and nutritional conditions

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 565,144 INT\$ 1,513,848



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 6,216,588 INT\$ 16,652,324

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

GUINEA-BISSAU



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

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0

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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports 0
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

0

0

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

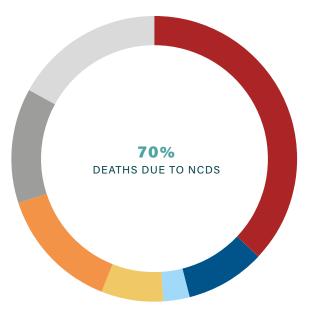
GUYANA



TOTAL POPULATION (2022)	809,000
POPULATION AGED <20 (%)	38
V V V	
POPULATION AGED >60 (%)	10

WORLD BANK INCOME GROUP UPPER MIDDLE
GROSS DOMESTIC PRODUCT per capita (INT\$) 19,703

NCD MORTALITY



cardiovascular disease
 diabetes
 cancers chronic respiratory disease
 diabetes
 other NCDs
 injuries
 communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

82

86



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 1,144,646 INT\$ 3,242,519



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 12,591,104 INT\$ 35,667,713

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

GUYANA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed 0

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling 0 · for older adults 0
- · for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

0

O

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults older adults
- - 0 0 0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

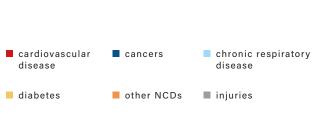
HAITI



TOTAL POPULATION (2022)	11,585,000	WORLD BANK INCOME GROUP	LOW
POPULATION AGED <20 (%)	42	GROSS DOMESTIC PRODUCT per capita (I	NT\$) 3,095
POPULATION AGED >60 (%)	7		

NCD MORTALITY

65% DEATHS DUE TO NCDS



communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 7,744,185 INT\$ 17,627,382



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 85,186,035 INT\$ 193,901,197

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

• with links to community programmes O

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

2	14
6	<u>_</u>
(O	7
_	

speed limits

- · driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- · for people with disability NOT AVAILABLE



0

0

0

0

0

BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes -

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

0

0

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults





NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

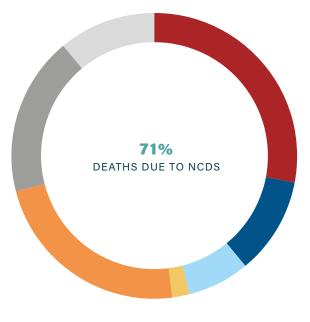
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

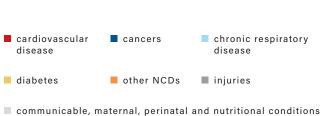
HONDURAS



TOTAL POPULATION (2022)	10,433,000		WORLD BANK INCOME GROUP LOWER MIDDL	E
POPULATION AGED <20 (%)	40	Z	GROSS DOMESTIC PRODUCT per capita (INT\$) 5,42	0
POPULATION AGED >60 (%)	7			

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

80 88



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 6,083,624 INT\$ 13,706,693



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 66,919,867 INT\$ 150,773,627

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

HONDURAS



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



0

0

0

0

0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

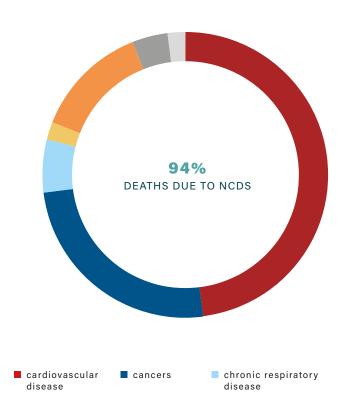
HUNGARY



TOTAL POPULATION (2022)	9,968,000
POPULATION AGED <20 (%)	20
POPULATION AGED >60 (%)	26

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	33,274

NCD MORTALITY



PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

86



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

43



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

59

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

injuries



diabetes

PER YEAR

US\$ 69,824,266 INT\$ 144,523,560



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 768,066,922 INT\$ 1,589,759,162

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

other NCDs

communicable, maternal, perinatal and nutritional conditions

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

HUNGARY



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT





NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

0

O

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

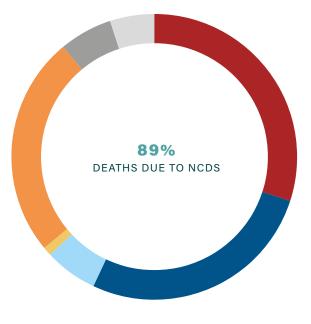
ICELAND

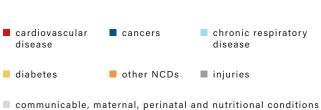


TOTAL POPULATION (2022)	373,000
POPULATION AGED <20 (%)	25
POPULATION AGED >60 (%)	21

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	53,617

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

85



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

USS 3,623,802 INT\$ 3,278,485



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 39,861,818 INT\$ 36,063,332

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

ICELAND



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

NOT AVAILABLE

- **SCHOOL BASED APPROCHES:**
- quality physical education

NOT AVAILABLE

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

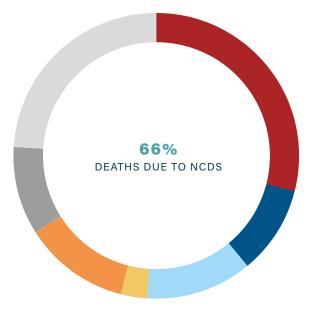
INDIA

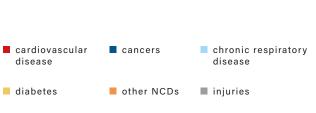


TOTAL POPULATION (2022)	1,417,174,000	WORLD BANK INCOME GRO
POPULATION AGED <20 (%)	34	GROSS DOMESTIC PRODUC
POPULATION AGED >60 (%)	10	

OUP LOWER MIDDLE CT per capita (INT\$) 6,525

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

76



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

44



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

60

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 3,218,129,877 INT\$ 10,839,391,054



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 35,399,428,644 INT\$ 119,233,301,598

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

promoting the co-benefits of physical activity



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR: separate walking and cycling infrastructure

- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH**
- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**

with referral

- mHealth for NCD prevention



NOT AVAILABLE

SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

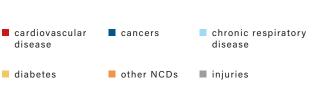
INDONESIA



TOTAL POPULATION (2022)	275,502,000	WORLD BANK INCOME GROUP LOWER MIDDLE
POPULATION AGED <20 (%)	33	GROSS DOMESTIC PRODUCT per capita (INT\$) 12,072
POPULATION AGED >60 (%)	11	

NCD MORTALITY

76% DEATHS DUE TO NCDS



communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

85 87



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

24



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

36 34

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 271,470,954 INT\$ 846,962,686



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 2,986,180,493 INT\$ 9,316,589,551

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

• with links to community programmes O

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

INDONESIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention
- SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

0



○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

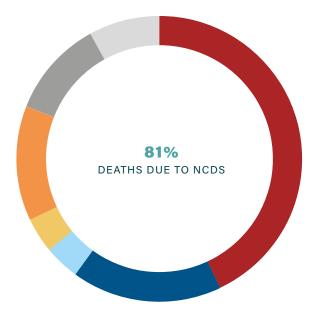
IRAN (ISLAMIC REPUBLIC OF)

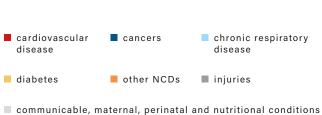


TOTAL POPULATION (2022)	88,551,000
POPULATION AGED <20 (%)	30
POPULATION AGED >60 (%)	12

WORLD BANK INCOME GROUP UPPER MIDDLE
GROSS DOMESTIC PRODUCT per capita (INT\$) 15,791

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

43



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

35 60

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 1,196,241,613 INT\$ 1,604,294,553



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 13,158,657,744 INT\$ 17,647,240,086

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

IRAN (ISLAMIC REPUBLIC OF)



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

NOT AVAILABLE

SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

NATIONAL NCD COORDINATING MECHANISM

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

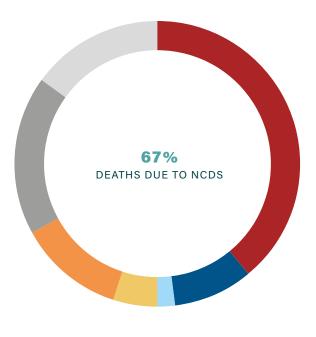
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IRAQ



TOTAL POPULATION (2022)	44,497,000	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	48	GROSS DOMESTIC PRODUCT per capita (INT\$) 9,954
POPULATION AGED >60 (%)	5	

NCD MORTALITY



cardiovascular disease
 diabetes
 cancers chronic respiratory disease
 injuries

communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

80 91



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

65



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

78

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 83,438,261 INT\$ 191,329,199



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 917,820,876 INT\$ 2,104,621,184

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0



0

0

0

0

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

NOT AVAILABLE

speed limits

LEGISLATION ON:

- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

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0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
 - adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

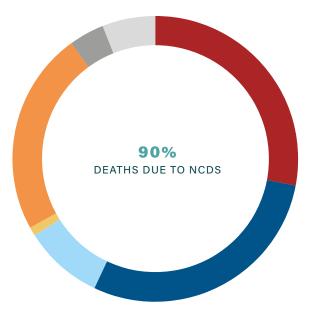
IRELAND

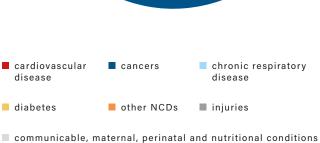


TOTAL POPULATION (2022)	5,024,000
POPULATION AGED <20 (%)	26
POPULATION AGED >60 (%)	20

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	93,350

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

81



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

37



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

53

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

USS 61,092,456 INT\$ 66,762,074



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 672,017,013 INT\$ 734,382,809

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

- no yes ■

IRELAND



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR: separate walking and cycling infrastructure

- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities 0



USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention



NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

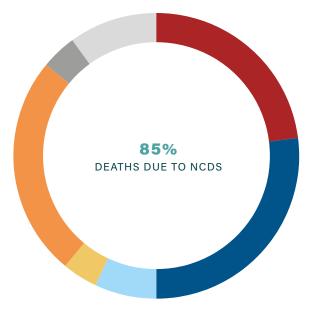
ISRAEL

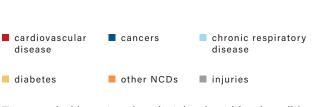


TOTAL POPULATION (2022)	9,039,000
POPULATION AGED <20 (%)	36
POPULATION AGED >60 (%)	16

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	39,489

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

90



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

USS 64,769,034 INT\$ 57,895,500



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 712,459,375 INT\$ 636,850,500

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**



NOT AVAILABLE

- mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational





NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

•

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

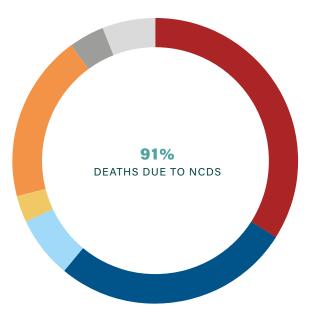
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

ITALY



TOTAL POPULATION (2022)	59,038,000	WORLD BANK INCOME GROUP	HIGH
POPULATION AGED <20 (%)	17	GROSS DOMESTIC PRODUCT per capita (INT\$)	41,988
POPULATION AGED >60 (%)	31		

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

92



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

 36

 46



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

52 62

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 1,060,803,773 INT\$ 1,399,116,441



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 11,668,841,500 INT\$ 15,390,280,848

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**



NOT AVAILABLE

- mHealth for NCD prevention **SCHOOL BASED APPROCHES:**
- quality physical education

NOT AVAILABLE

0

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ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

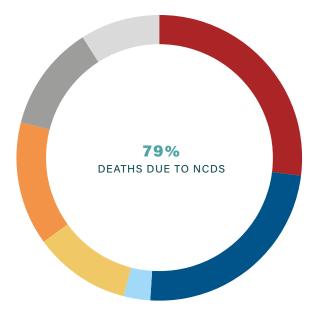
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

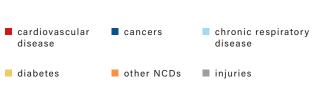
JAMAICA



TOTAL POPULATION (2022)	2,828,000	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	28	GROSS DOMESTIC PRODUCT per capita (INT\$) 9,241
POPULATION AGED >60 (%)	12	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

28 37



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

 43

 53

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 3,525,014 INT\$ 6,983,917



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 38,775,153 INT\$ 76,823,082

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



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NATIONAL MASS PARTICIPATION EVENTS ON

PHYSICAL ACTIVITY

JAMAICA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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NOT AVAILABLE

speed limits

LEGISLATION ON:

- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

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O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

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O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

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NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

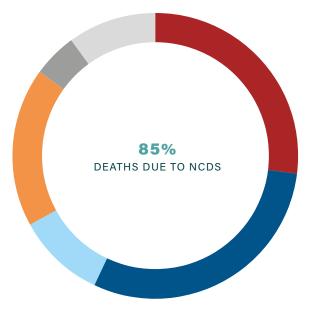
JAPAN

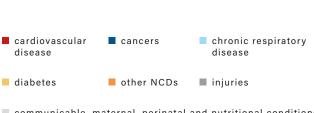


TOTAL POPULATION (2022)	123,952,000
POPULATION AGED <20 (%)	16
POPULATION AGED >60 (%)	36

	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	42,100

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

37



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

53

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 1,551,542,637 INT\$ 1,636,356,297



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 17,066,969,009 INT\$ 17,999,919,266

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



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NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



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NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

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O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

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NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

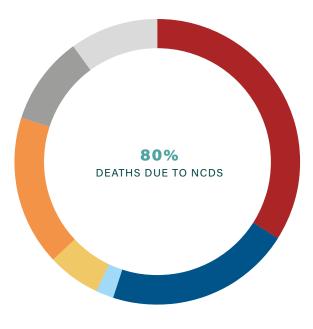
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

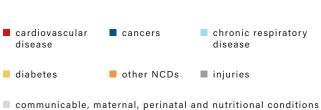
JORDAN



TOTAL POPULATION (2022)	11,286,000	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	42	GROSS DOMESTIC PRODUCT per capita (INT\$) 10,354
POPULATION AGED >60 (%)	6	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

81 88



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

10 14



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

18

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 6,454,760 INT\$ 15,606,526



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 71,002,362 INT\$ 171,671,789

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



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NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

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ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



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NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

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NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

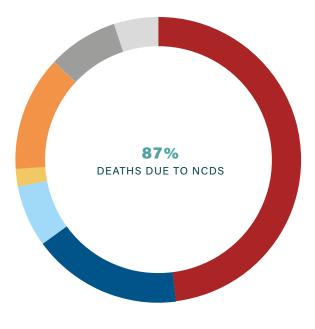
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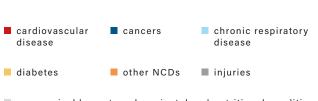
KAZAKHSTAN



TOTAL POPULATION (2022)	19,398,000	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	37	GROSS DOMESTIC PRODUCT per capita (INT\$) 26,750
POPULATION AGED >60 (%)	13	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

29



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

39 43

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

USS 38,087,894 INT\$ 111,707,068



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 418,966,829 INT\$ 1,228,777,743

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

KAZAKHSTAN



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



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NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

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O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

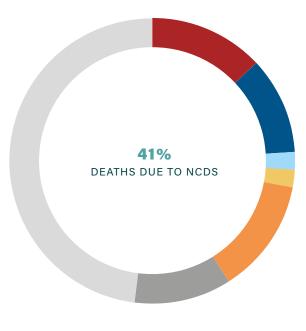
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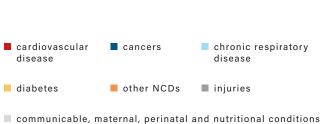
KENYA



TOTAL POPULATION (2022)	54,028,000	WORLD BANK INCOME GROUP LOWER MIDDLE
POPULATION AGED <20 (%)	49	GROSS DOMESTIC PRODUCT per capita (INT\$) 4,587
POPULATION AGED >60 (%)	5	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

85 89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

14



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

15 19

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 7,744,429 INT\$ 18,872,361



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 85,188,715 INT\$ 207,595,975

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



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NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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NOT AVAILABLE

- driving and alcohol use
- · driving and drug use

LEGISLATION ON:

speed limits

· driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

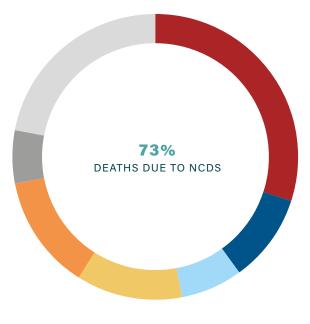
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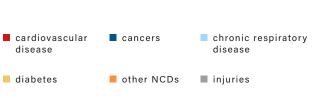
KIRIBATI



TOTAL POPULATION (2022)	132,000	WORLD BANK INCOME GROUP LOWER MIDD	LE
POPULATION AGED <20 (%)	45	GROSS DOMESTIC PRODUCT per capita (INT\$) 2,1	72
POPULATION AGED >60 (%)	6		

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

86



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

46



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

62

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 2,119,730 INT\$ 3,055,376



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 23,317,033 INT\$ 33,609,135

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes 0 supported by environmental improvements
- promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

KIRIBATI



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

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0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

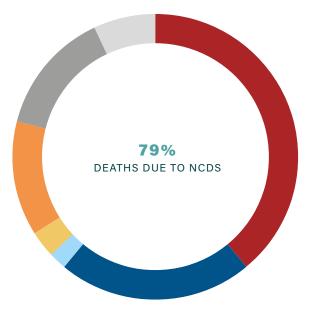
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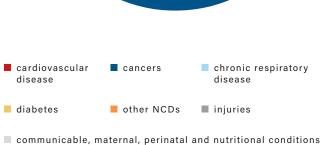


TOTAL POPULATION (2022)	4,269,000
POPULATION AGED <20 (%)	26
POPULATION AGED >60 (%)	9

	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$) 4	7,303

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

79 90



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

75



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

 76

 85

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 75,753,263 INT\$ 144,449,445



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 833,285,893 INT\$ 1,588,943,894

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

promoting the co-benefits of physical



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT

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NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed 0

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities 0



NOT AVAILABLE

- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention
- SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

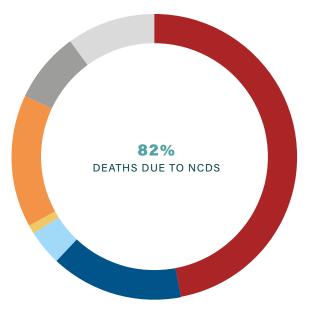
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

KYRGYZSTAN



TOTAL POPULATION (2022)	6,631,000	WORLD BANK INCOME GROUP LOWER MIDD	LE
POPULATION AGED <20 (%)	43	GROSS DOMESTIC PRODUCT per capita (INT\$) 4,9	85
POPULATION AGED >60 (%)	8		

NCD MORTALITY



cardiovascular disease
 diabetes
 cancers chronic respiratory disease
 diabetes
 other NCDs
 injuries
 communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

17



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

18 27

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 1,412,299 INT\$ 5,974,486



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 15,535,287 INT\$ 65,719,345

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

○ no • yes •

KYRGYZSTAN



0

0

0

0

0

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH**
- used in >50% of facilities

with referral



USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

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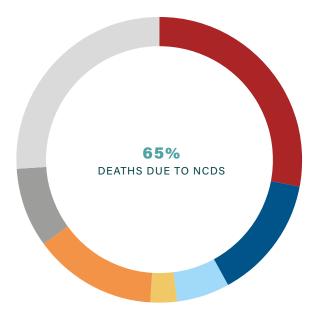
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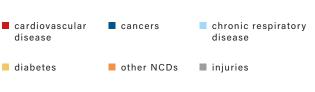
LAO PEOPLE'S DEMOCRATIC REPUBLIC



TOTAL POPULATION (2022)	7,530,000	WORLD BANK INCOME GROUP LOWER MIDDLE
POPULATION AGED <20 (%)	40	GROSS DOMESTIC PRODUCT per capita (INT\$) 8,238
POPULATION AGED >60 (%)	7	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

78 91



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

12 21



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

23

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 5,463,555

INT\$ NO DATA AVAILABLE



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 60,099,101 INT\$ 99,509,413

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

LAO PEOPLE'S **DEMOCRATIC REPUBLIC**



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT





NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

LEGISLATION ON:

driving and alcohol use

- speed limits
- · driving and drug use \cap
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed 0

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports 0
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults

older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

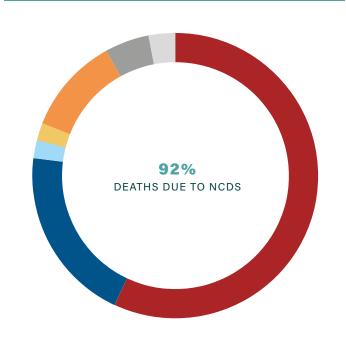
LATVIA



TOTAL POPULATION (2022)	1,851,000
POPULATION AGED <20 (%)	21
POPULATION AGED >60 (%)	29

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	31,425

NCD MORTALITY







PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

76 84



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

 25

 33



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

39 48

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

chronic respiratory

disease

injuries



cardiovascular

disease

diabetes

PER YEAR

US\$ 10,040,753 INT\$ 17,822,554



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 110,448,278 INT\$ 196,048,095

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

cancers

other NCDs

communicable, maternal, perinatal and nutritional conditions

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**



NOT AVAILABLE

mHealth for NCD prevention

- **SCHOOL BASED APPROCHES:** quality physical education

NOT AVAILABLE

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

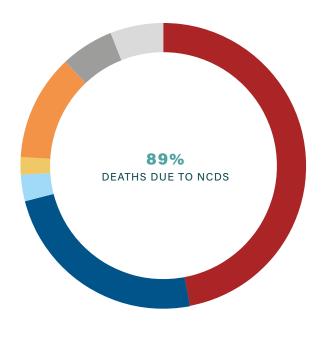
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

LEBANON



TOTAL POPULATION (2022)	5,490,000	WORLD BANK INCOME GROUP UPPER	MIDDLE
POPULATION AGED <20 (%)	36	GROSS DOMESTIC PRODUCT per capita (INT\$)	11,37
POPULATION AGED >60 (%)	14		

NCD MORTALITY



cardiovascular disease
 diabetes
 cancers chronic respiratory disease
 diabetes
 injuries

communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

76 88



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

33



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

55 49

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 45,469,723 INT\$ 48,442,831



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 500,166,958 INT\$ 532,871,140

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes
 supported by environmental improvements

promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

LEBANON



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



0

0

0

0

0

0

0

0

NATIONAL POLICY ON PUBLIC TRANSPORT





- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

NATIONAL ROAD SAFETY STRATEGY

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

0

O

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

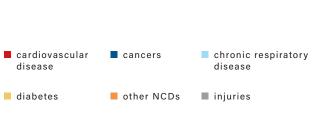
LESOTHO



TOTAL POPULATION (2022)	2,306,000	WORLD BANK INCOME GROUP LOWER MIDDLE
POPULATION AGED <20 (%)	44	GROSS DOMESTIC PRODUCT per capita (INT\$) 2,569
POPULATION AGED >60 (%)	7	

NCD MORTALITY

45% DEATHS DUE TO NCDS



communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)





PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

11 11

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 1,835,250 INT\$ 5,119,824



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 20,187,745 INT\$ 56,318,067

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

• with links to community programmes O

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

LESOTHO



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT





NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

0

0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed 0

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults 0 older adults 0



0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0 0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

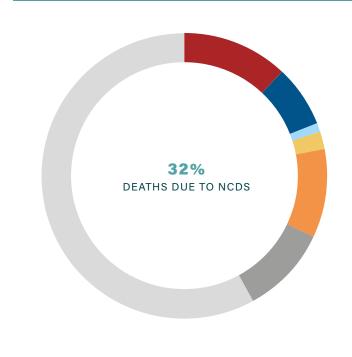
LIBERIA



TOTAL POPULATION (2022) 5,303,000	wo
POPULATION AGED <20 (%) 52	GRO
POPULATION AGED >60 (%) 5	

WORLD BANK INCOME GROUP	LOW
GROSS DOMESTIC PRODUCT per capita (INT\$)	1,468

NCD MORTALITY



PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

22



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

43

■ male ■ female

■ diabetes ■ other NCDs ■ injuries

cancers

communicable, maternal, perinatal and nutritional conditions

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

chronic respiratory

disease



cardiovascular

disease

PER YEAR

US\$ 1,529,559 INT\$ 3,967,360



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 16,825,148 INT\$ 43,640,957

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

LIBERIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

0

0

0



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0 for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention



quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults 0 older adults 0



0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

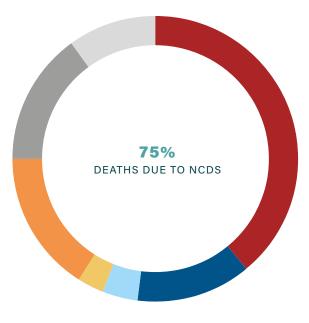
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

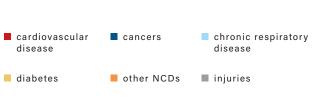
LIBYA



TOTAL POPULATION (2022)	6,813,000	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	38	GROSS DOMESTIC PRODUCT per capita (INT\$) 17,286
POPULATION AGED >60 (%)	8	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

78 89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

42



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

 46

 57

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 34,848,803 INT\$ 82,729,769



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 383,336,835 INT\$ 910,027,462

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmessupported by environmental improvements
- promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0



0

O

0

O

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

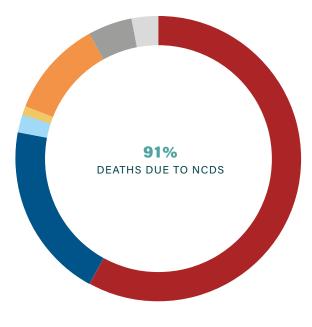
LITHUANIA

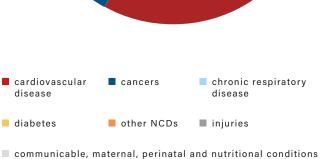


TOTAL POPULATION (2022)	2,751,000
POPULATION AGED <20 (%)	20
POPULATION AGED >60 (%)	28

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	38,881

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

76 85



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

29



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

36

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 15,647,636 INT\$ 30,070,163



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 172,123,996 INT\$ 330,771,792

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

- promoting the co-benefits of physical

LITHUANIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

quality physical education

0



NOT AVAILABLE

SCHOOL BASED APPROCHES:

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

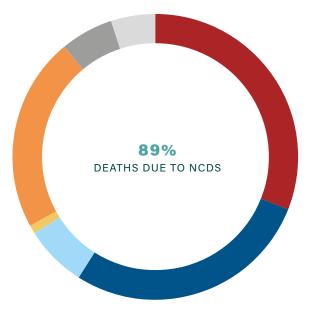
LUXEMBOURG

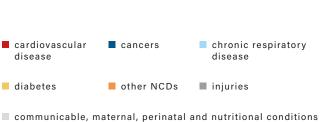


TOTAL POPULATION (2022)	648,000
POPULATION AGED <20 (%)	21
POPULATION AGED >60 (%)	21

WORLD BANK INCOME GROUP HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$) 117,846

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

73 85



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

30



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

46

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 9,902,743 INT\$ 10,029,551



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 108,930,174 INT\$ 110,325,060

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

LUXEMBOURG



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

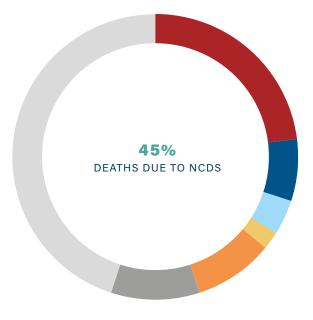
MADAGASCAR

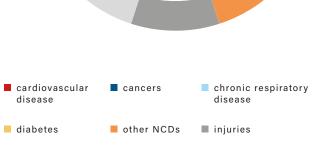


TOTAL POPULATION (2022)	29,612,000
POPULATION AGED <20 (%)	50
POPULATION AGED >60 (%)	5

WORLD BANK INCOME GROUP	LOW
GROSS DOMESTIC PRODUCT per capita (INT\$)	1,544

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

13 21



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

34

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 2,557,142 INT\$ 8,374,778



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 28,128,559 INT\$ 92,122,563

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

- supported by environmental improvements
- promoting the co-benefits of physical activity



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NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

MADAGASCAR



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT





NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports in public open spaces
- through walking and cycling
- · for older adults for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention



quality physical education NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

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O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- older adults
- adults 0 0



0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

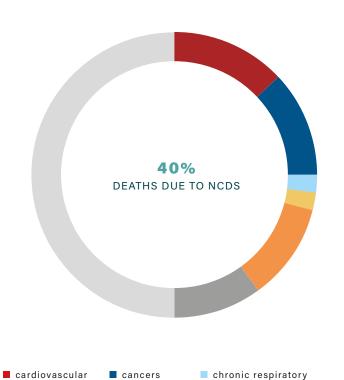
MALAWI



TOTAL POPULATION (2022)	20,406,000
POPULATION AGED <20 (%)	55
POPULATION AGED >60 (%)	4

WORLD BANK INCOME GROUP	LOW
GROSS DOMESTIC PRODUCT per capita (INT\$)	1,591

NCD MORTALITY



PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

13 18



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

14 21

■ male ■ female

■ diabetes ■ other NCDs ■ injuries

communicable, maternal, perinatal and nutritional conditions

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

disease



disease

PER YEAR

US\$ 3,383,352 INT\$ 8,456,010



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 37,216,870 INT\$ 93,016,112

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



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NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT





NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



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NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



0

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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0 0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

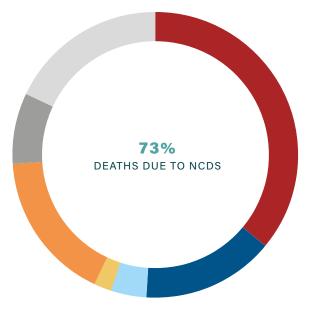
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

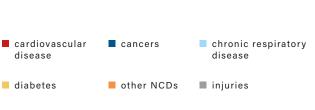
MALAYSIA



TOTAL POPULATION (2022)	33,939,000	WORLD BANK INCOME GROUP UPPER MIDDL
POPULATION AGED <20 (%)	31	GROSS DOMESTIC PRODUCT per capita (INT\$) 27,92
POPULATION AGED >60 (%)	11	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

91



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

43



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

59

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 113,802,832

INT\$ NO DATA AVAILABLE



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,251,831,149 INT\$ 2,072,726,208

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON

PHYSICAL ACTIVITY

MALAYSIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR: separate walking and cycling infrastructure

- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

 \cap

0

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

MALDIVES



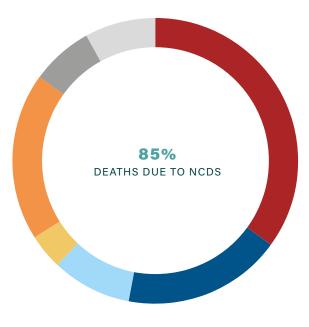
TOTAL POPULATION (2022)	524,000
POPULATION AGED <20 (%)	28
POPULATION AGED >60 (%)	8

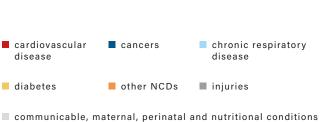
WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$)

13,442

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

78 86



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

 26

 35



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

 39

 51

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 842,378 INT\$ 1,635,514



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 9,266,156 INT\$ 17,990,650

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

MALDIVES



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ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



0

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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



safe pedestrian and cycling crossings

separate walking and cycling infrastructure

- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults 0 older adults 0



0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

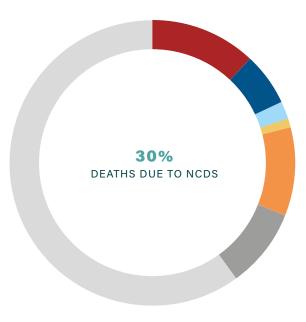
MALI

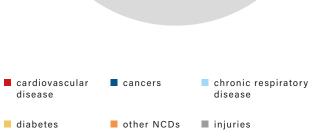


TOTAL POPULATION (2022)	22,594,000
POPULATION AGED <20 (%)	58
POPULATION AGED >60 (%)	4

WORLD BANK INCOME GROUP	LOW
GROSS DOMESTIC PRODUCT per capita (INT\$)	2,348

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

34 47



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

40 55

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 2,534,452 INT\$ 6,899,928



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 27,878,975 INT\$ 75,899,211

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

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0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT





NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling · for older adults
- · for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0 0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

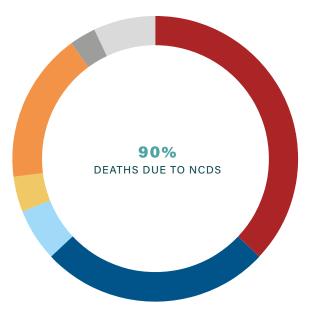
MALTA

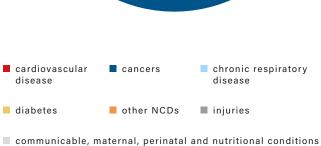


TOTAL POPULATION (2022)	534,000
POPULATION AGED <20 (%)	17
TOTOLATION AGED (20 (%)	
POPULATION AGED >60 (%)	25

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	43,243

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

86



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

47



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

63

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

USS 4,980,582 INT\$ 7,440,516



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 54,786,397 INT\$ 81,845,679

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON

PHYSICAL ACTIVITY



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

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NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

•

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

MARSHALL ISLANDS



TOTAL POPULATION (2022) 41,600	WORLD BANK INCOME GROUP UPPER MID	DLE
POPULATION AGED <20 (%) 41	GROSS DOMESTIC PRODUCT per capita (INT\$)	,147
POPULATION AGED >60 (%)		

NCD MORTALITY

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

37

50



cardiovascular disease

cancers

chronic respiratory disease

diabetes

other NCDs

Ds ■ injuries

communicable, maternal, perinatal and nutritional conditions

DATA NOT AVAILABLE

PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

53

66

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 103,026 INT\$ 103,477



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,133,281 INT\$ 1,138,245

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

MARSHALL ISLANDS



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- STREET DESIGN STANDARDS FOR:
- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed



speed limits

- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



0

0

0

0

0

BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

0

O

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

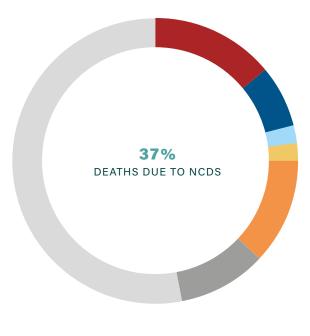
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

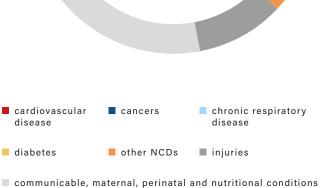
MAURITANIA



TOTAL POPULATION (2022)	4,737,000	WORLD BANK INCOME GROUP LOWER MIDDLE
POPULATION AGED <20 (%)	53	GROSS DOMESTIC PRODUCT per capita (INT\$) 5,390
POPULATION AGED >60 (%)	5	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

83 91



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

 37

 46



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

53

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 3,112,790 INT\$ 9,855,116



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 34,240,690 INT\$ 108,406,275

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

MAURITANIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



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NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR: separate walking and cycling infrastructure

- safe pedestrian and cycling crossings
- · management of speed 0

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH** with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults 0 older adults 0



0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

MAURITIUS



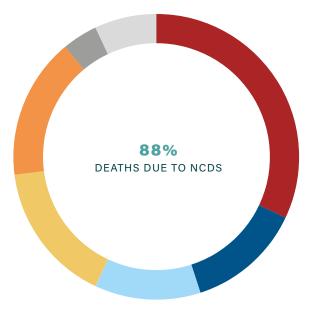
TOTAL POPULATION (2022) 1,300,000	W
POPULATION AGED <20 (%) 23	GF
POPULATION AGED >60 (%)	

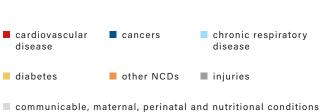
WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$)

20,529

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

76 88



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

32



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

47

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 5,511,220 INT\$ 13,114,312



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 60,623,418 INT\$ 144,257,427

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmessupported by environmental improvements
- promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

MAURITIUS



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

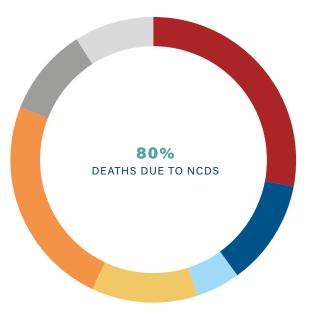
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

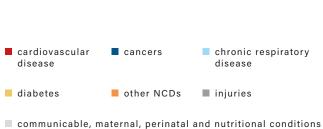
MEXICO



TOTAL POPULATION (2022)	127,505,000	WORLD BANK INCOME GROUP UPPER MIDD	LE
POPULATION AGED <20 (%)	33	GROSS DOMESTIC PRODUCT per capita (INT\$) 18,6	71
POPULATION AGED >60 (%)	12		

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

79 88



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

32



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

39 48

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 978,338,127 INT\$ 2,166,401,621



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 10,761,719,396 INT\$ 23,830,417,831

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes
 supported by environmental improvements

supported by environmental improvements

promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

0



NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

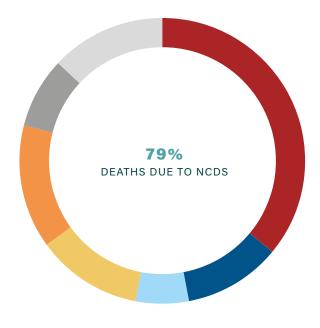
MICRONESIA (FEDERATED STATES OF)

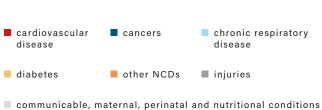


TOTAL POPULATION (2022)	115,000
POPULATION AGED <20 (%)	41
POPULATION AGED >60 (%)	10

GROSS DOMESTIC PRODUCT per capita (INT\$) 3,553

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

41



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

56

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 615,821 INT\$ 613,752



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 6,774,028 INT\$ 6,751,272

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

MICRONESIA (FEDERATED STATES OF



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



0

0

0

0

0

0

0

NATIONAL POLICY ON PUBLIC TRANSPORT



· driving and drug use



· driving and mobile phone use

NATIONAL ROAD SAFETY STRATEGY



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults 0 older adults 0



0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

MONACO



TOTAL POPULATION (2022) 36,500	ORLD BANK INCOME GROUP	HIGH
POPULATION AGED <20 (%)	GROSS DOMESTIC PRODUCT per capita (INT\$)	
POPULATION AGED >60 (%) 44		

NCD MORTALITY

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



cardiovascular cancers disease disease

chronic respiratory

diabetes other NCDs injuries

communicable, maternal, perinatal and nutritional conditions

DATA NOT AVAILABLE

PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 162,122

INT\$ NO DATA AVAILABLE



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,783,346 INT\$ 3,668,349

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

· with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

0

MONACO



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



ION ON:



- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

LE	EGISLA	T
	speed	Ιi

- mits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- · for people with disability NOT AVAILABLE



0

0

0

0

0

BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

0

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- older adults

adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

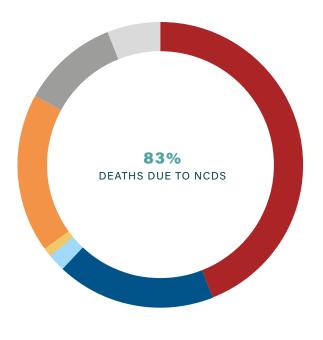
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

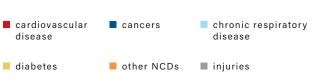
MONGOLIA



TOTAL POPULATION (2022)	3,399,000		WORLD BANK INCOME GROUP LOWER MIDDLE
POPULATION AGED <20 (%)	39	/	GROSS DOMESTIC PRODUCT per capita (INT\$) 12,366
POPULATION AGED >60 (%)	8		

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

83



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

19



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

31

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 2,960,385 INT\$ 9,015,360



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 32,564,239 INT\$ 99,168,957

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

MONGOLIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

NOT AVAILABLE

- **LEGISLATION ON:** speed limits
 - driving and alcohol use
 - · driving and drug use
 - · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

0

O

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

MONTENEGRO

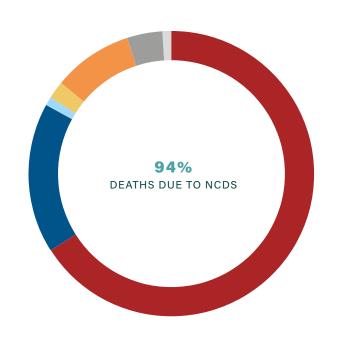


TOTAL POPULATION (2022)	628,000
POPULATION AGED <20 (%)	24
POPULATION AGED >60 (%)	23

WORLD BANK INCOME GROUP UPPER MIDDLE

GROSS DOMESTIC PRODUCT per capita (INT\$) 19,990

NCD MORTALITY



 ■ cardiovascular disease
 ■ cancers disease

 ■ diabetes
 ■ other NCDs
 ■ injuries

communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 2,320,236 INT\$ 6,041,201



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 25,522,599 INT\$ 66,453,209

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

•

MONTENEGRO



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



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NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

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0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

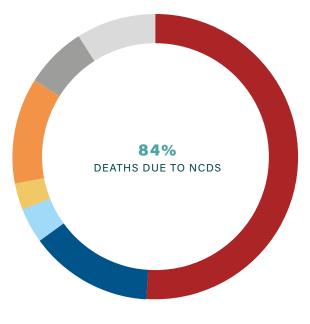
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

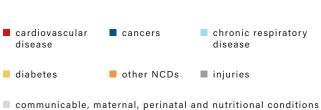
MOROCCO



TOTAL POPULATION (2022)	37,458,000	WORLD BANK INCOME GROUP LOWER MIDDLE
POPULATION AGED <20 (%)	35	GROSS DOMESTIC PRODUCT per capita (INT\$) 7,369
POPULATION AGED >60 (%)	12	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

90



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

31



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

46

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

USS 41,353,553 INT\$ 99,636,135



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 454,889,078 INT\$ 1,095,997,489

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

· with links to community programmes 0 supported by environmental improvements

promoting the co-benefits of physical activity



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NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

0

MOROCCO



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed 0

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention





NOT AVAILABLE



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

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0

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O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

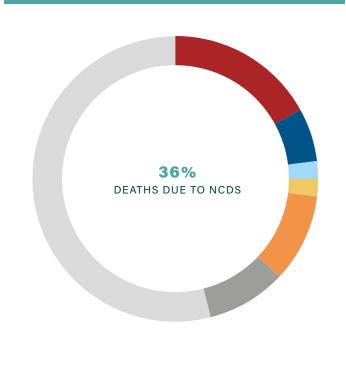
MOZAMBIQUE



TOTAL POPULATION (2022)	32,970,000
POPULATION AGED <20 (%)	54
POPULATION AGED >60 (%)	4

WORLD BANK INCOME GROUP		
GROSS DOMESTIC PRODUCT per capita (INT\$)	1,297	

NCD MORTALITY



PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

83 91



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)





PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

9

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS



cardiovascular

disease

diabetes

PER YEAR

US\$ 1,044,409 INT\$ 3,018,914



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 11,488,501 INT\$ 33,208,057

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

chronic respiratory

AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

disease

injuries



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

cancers

other NCDs

communicable, maternal, perinatal and nutritional conditions

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

MOZAMBIQUE



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use

· driving and drug use

· driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

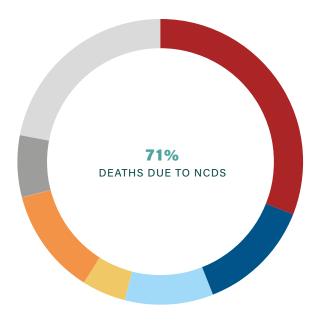
MYANMAR

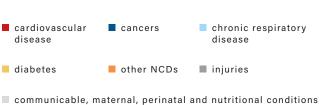


TOTAL POPULATION (2022)	54,180,000	
POPULATION AGED <20 (%)	33	
POPULATION AGED >60 (%)	11	

GROSS DOMESTIC PRODUCT per capita (INT\$) 5,123

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

90



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

13



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

22

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 9,921,377 INT\$ 33,495,019



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 109,135,146 INT\$ 368,445,207

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

MYANMAR



0

0

0

0

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- STREET DESIGN STANDARDS FOR:
- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

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C		7
ਰਾ	;=	37
`		

speed limits

- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH** with referral
- used in >50% of facilities 0
- **USE OF DIGITAL PROGRAMMES** mHealth for NCD prevention



quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults 0 older adults 0



0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

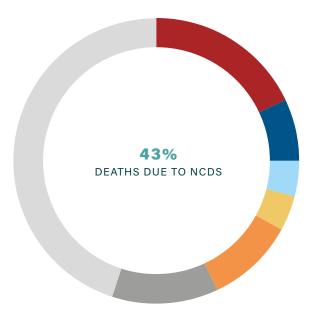
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

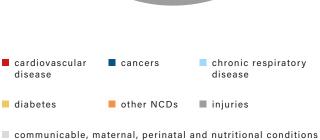
NAMIBIA



TOTAL POPULATION (2022)	2,568,000	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	46	GROSS DOMESTIC PRODUCT per capita (INT\$) 9,359
POPULATION AGED >60 (%)	6	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

88



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

37



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

53

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 17,012,003 INT\$ 37,848,345



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 187,132,032 INT\$ 416,331,799

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

· with links to community programmes 0 supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

0

NAMIBIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

driving and alcohol use

- speed limits
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed 0

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports 0 in public open spaces 0
- through walking and cycling · for older adults
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH** with referral
- used in >50% of facilities 0







NOT AVAILABLE

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational





NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults

older adults

- 0
 - 0 0 0



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

NAURU



TOTAL POPULATION (2022)	12,700	WORLD BANK INCOME GROUP UPPER N	MIDDLE
POPULATION AGED <20 (%)	48	GROSS DOMESTIC PRODUCT per capita (INT\$)	14,337
POPULATION AGED >60 (%)	5		

NCD MORTALITY PREVALENCE OF PHYSICAL INACTIVITY PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%) 90 DATA NOT AVAILABLE PHYSICAL INACTIVITY, ADULTS AGED 18+ (%) 49 PHYSICAL INACTIVITY, ADULTS AGED 70+ (%) cardiovascular cancers chronic respiratory disease disease 65 diabetes other NCDs injuries communicable, maternal, perinatal and nutritional conditions ■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 41,853 INT\$ 55,254



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 460,379 INT\$ 607,790

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvementspromoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

○ no • yes •

NAURU



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
 - driving and alcohol use
 - · driving and drug use
 - · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- 0 · for older adults 0
- · for people with disability NOT AVAILABLE



0

0

0

0

BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

0

0

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0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

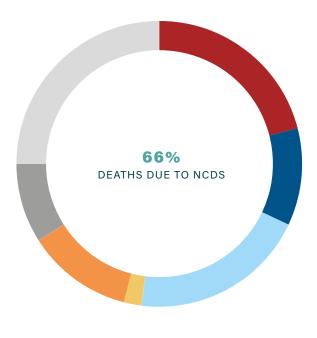
NEPAL

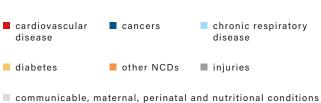


TOTAL POPULATION (2022)	30,548,000
POPULATION AGED <20 (%)	39
POPULATION AGED >60 (%)	9

WORLD BANK INCOME GROUP	LOW
GROSS DOMESTIC PRODUCT per capita (INT\$)	3,997

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

82 85



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

12 15



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

13 15

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 5,895,364 INT\$ 20,815,510



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 64,849,001 INT\$ 228,970,613

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



0

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NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



- separate walking and cycling infrastructure safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

O

0

O

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

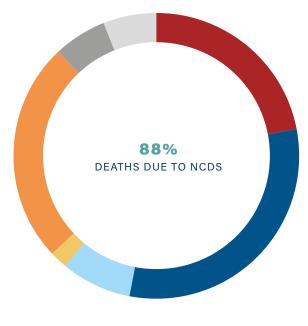
NETHERLANDS

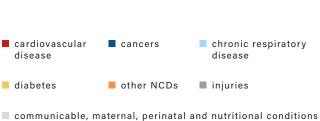


TOTAL POPULATION (2022)	17,565,000
DODINATION ACED (20 (%)	21
POPULATION AGED <20 (%)	21
POPULATION AGED >60 (%)	27

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	59,267

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

84



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

29



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

44

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 276,415,027 INT\$ 312,662,304



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 3,040,565,299 INT\$ 3,439,285,343

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

NETHERLANDS



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



safe pedestrian and cycling crossings

· management of speed

separate walking and cycling infrastructure

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



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0

0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
 - O



USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention
 - 0



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

NEW ZEALAND



TOTAL POPULATION (2022)	5,186,000
POPULATION AGED <20 (%)	25
POPULATION AGED >60 (%)	22

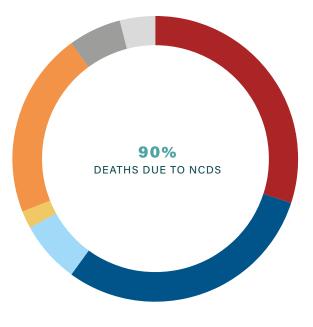
WORLD BANK INCOME GROUP

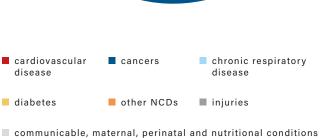
HIGH

GROSS DOMESTIC PRODUCT per capita (INT\$)

44,658

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

85 93



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

39 45



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

55 62

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 54,286,416 INT\$ 58,281,590



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 597,150,572 INT\$ 641,097,487

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes O
- promoting the co-benefits of physical activity

supported by environmental improvements



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

NEW ZEALAND



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



0

0

0

0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

0

O

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

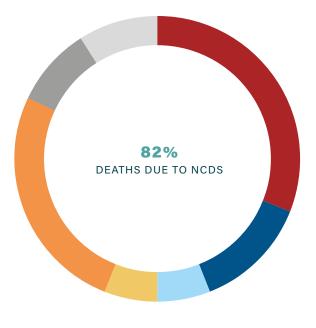
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

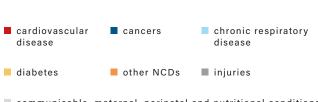
NICARAGUA



TOTAL POPULATION (2022)	6,949,000	WORLD BANK INCOME GROUP LOWER MIDD
POPULATION AGED <20 (%)	39	GROSS DOMESTIC PRODUCT per capita (INT\$) 5,5
POPULATION AGED >60 (%)	8	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 5,648,448 INT\$ 16,512,331



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 62,132,927 INT\$ 181,635,639

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

- supported by environmental improvements
- promoting the co-benefits of physical activity

0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

NICARAGUA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
 - driving and alcohol use
 - · driving and drug use
 - · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

0

NOT AVAILABLE

SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

0

0

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

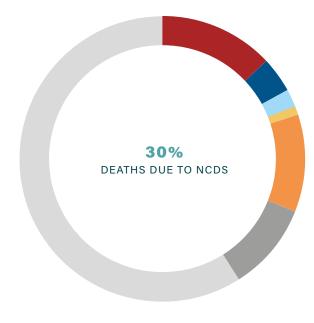
NIGER



TOTAL POPULATION (2022)	26,208,000	
POPULATION AGED <20 (%)	60	
POPULATION AGED >60 (%)	4	

WORLD BANK INCOME GROUP	LOW
GROSS DOMESTIC PRODUCT per capita (INT\$)	1,288

NCD MORTALITY







PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

PREVALENCE OF PHYSICAL INACTIVITY

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

25



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

39

■ male ■ female

diabetes other NCDs injuries

cancers

communicable, maternal, perinatal and nutritional conditions

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

chronic respiratory

disease



cardiovascular

disease

PER YEAR

US\$ 1,162,678 INT\$ 2,638,557



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 12,789,454 INT\$ 29,024,128

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

· with links to community programmes 0

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

0



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



0

0

0

0



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports in public open spaces
- through walking and cycling · for older adults
- · for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH** with referral
- used in >50% of facilities 0



USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults 0 older adults 0



0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0 0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

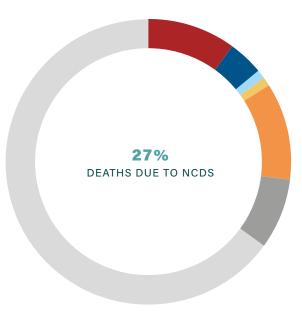
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

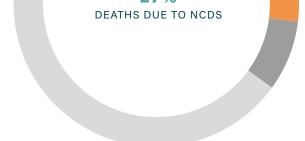
NIGERIA



TOTAL POPULATION (2022)	218,542,000	WORLD BANK INCOME GROUP LOWER MIDDLE
POPULATION AGED <20 (%)	54	GROSS DOMESTIC PRODUCT per capita (INT\$) 5,186
POPULATION AGED >60 (%)	5	

NCD MORTALITY







communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

30



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

43

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 109,758,156 INT\$ 272,959,984



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,207,339,716 INT\$ 3,002,559,823

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

· with links to community programmes 0

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

NIGERIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

0

0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

0

O

O no ● yes ■

· for older adults

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0 0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

NIUE



TOTAL POPULATION (2022)	2,000
POPULATION AGED <20 (%)	34
POPULATION AGED >60 (%)	21

DATA NOT AVAILABLE

WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$)

NCD MORTALITY

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

86

89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

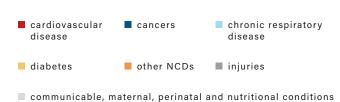




PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

14 11

■ male ■ female



DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 5,833

INT\$ NO DATA AVAILABLE



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 64,166 INT\$ 106,243

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

○ no • yes •



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
 - driving and alcohol use
 - · driving and drug use
 - · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



0

0

0

NOT AVAILABLE

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



•

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

NORTH MACEDONIA

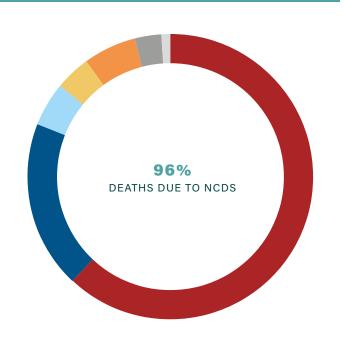


TOTAL POPULATION (2022)	2,094,000
POPULATION AGED <20 (%)	22
POPULATION AGED >60 (%)	21

WORLD BANK INCOME GROUP UPPER MIDDLE

GROSS DOMESTIC PRODUCT per capita (INT\$) 16,720

NCD MORTALITY



PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

74 84



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

■ male ■ female

disease disease ■ diabetes ■ other NCDs ■ injuries

cancers

communicable, maternal, perinatal and nutritional conditions

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

chronic respiratory



cardiovascular

PER YEAR

US\$ 4,402,272 INT\$ 12,592,099



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 48,424,993 INT\$ 138,513,090

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

NORTH MACEDONIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



0

0

0

0

0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

•

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

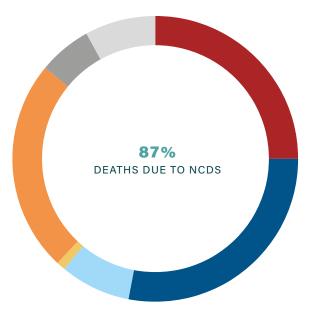
NORWAY

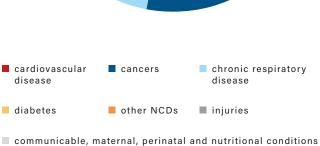


TOTAL POPULATION (2022)	5,435,000
POPULATION AGED <20 (%)	23
POPULATION AGED >60 (%)	24

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	62,645

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

79 89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

34



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

50

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 89,836,259 INT\$ 83,585,408



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 988,198,847 INT\$ 919,439,486

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

NORWAY



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

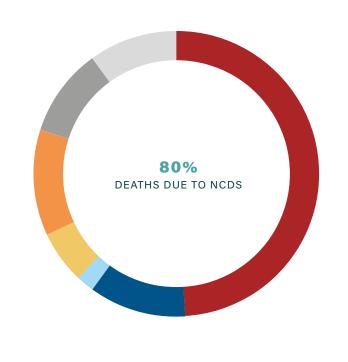
OMAN



TOTAL POPULATION (2022)	4,577,000	WORLD BANK I
POPULATION AGED <20 (%)	33	GROSS DOMES
POPULATION AGED >60 (%)	4	

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	31,118

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

90



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

40



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

56

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 19,669,537 INT\$ 42,257,888



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 216,364,912 INT\$ 464,836,768

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**



0

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ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



0

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0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

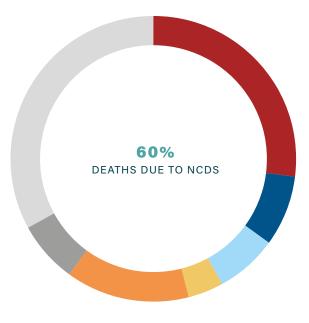
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

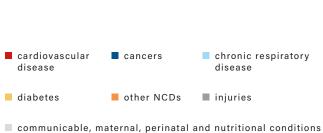
PAKISTAN



TOTAL POPULATION (2022)	235,825,000	WORLD BANK INCOME GROUP LOWER MI	IDDLE
POPULATION AGED <20 (%)	47	GROSS DOMESTIC PRODUCT per capita (INT\$)	5,426
POPULATION AGED >60 (%)	7		

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

85 89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

43



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

30 50

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 188,199,841 INT\$ 779,202,711



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 2,070,198,248 INT\$ 8,571,229,817

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

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NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

PAKISTAN



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ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



0

0

0

0

LEGISLATION ON:

speed limits

driving and alcohol use

- · driving and drug use
- · driving and mobile phone use
- separate walking and cycling infrastructure safe pedestrian and cycling crossings
 - · management of speed 0

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports in public open spaces 0
- through walking and cycling 0 · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities 0
- **USE OF DIGITAL PROGRAMMES** mHealth for NCD prevention
- SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

PALAU

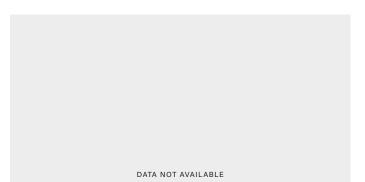


TOTAL POPULATION (2022)	18,100
POPULATION AGED <20 (%)	28
POPULATION AGED >60 (%)	16

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	16,319

NCD MORTALITY

PREVALENCE OF PHYSICAL INACTIVITY





PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

82



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

54



cardiovascular disease

cancers

chronic respiratory disease

diabetes

other NCDs

injuries

communicable, maternal, perinatal and nutritional conditions

PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

69

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 50,158 INT\$ 57,476



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 551,736 INT\$ 632,232

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



0

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**



mHealth for NCD prevention

0



NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

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0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

PANAMA



TOTAL POPULATION (2022)	4,409,000
POPULATION AGED <20 (%)	34
POPULATION AGED >60 (%)	13

WORLD BANK INCOME GROUP HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$) 26,780

NCD MORTALITY

78% DEATHS DUE TO NCDS

cardiovascular disease
 diabetes
 cancers chronic respiratory disease
 diabetes
 injuries
 communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 13,784,729 INT\$ 29,511,923



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 151,632,019 INT\$ 324,631,154

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

PANAMA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability
 - NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

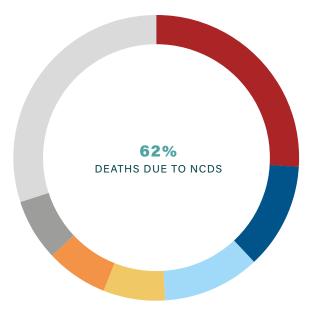
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

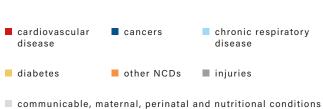
PAPUA NEW GUINEA



TOTAL POPULATION (2022)	0,143,000	WORLD BANK INCOME GROUP LOWER MIDDLE
POPULATION AGED <20 (%)	44	GROSS DOMESTIC PRODUCT per capita (INT\$) 4,286
POPULATION AGED >60 (%)	6	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

18



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

29

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 883,868 INT\$ 1,374,135



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 9,722,546 INT\$ 15,115,489

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

· with links to community programmes 0 supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

0

PAPUA NEW GUINEA



0

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ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports in public open spaces
- through walking and cycling
- · for older adults 0 for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- 0 adults 0 older adults 0



0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

PARAGUAY

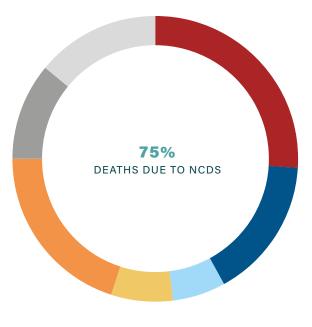


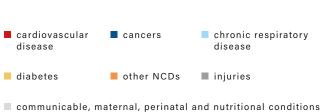
TOTAL POPULATION (2022)	6,781,000
POPULATION AGED <20 (%)	38
VI V	
POPULATION AGED >60 (%)	9

WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$) 13,035

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

79 88



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

38 37



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

45 45

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 13,929,412 INT\$ 36,401,379



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 153,223,536 INT\$ 400,415,166

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

• with links to community programmes O

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

PARAGUAY



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



0

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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

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0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults

older adults

0 0



0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults





NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

PERU



TOTAL POPULATION (2022)	34,050,000
POPULATION AGED <20 (%)	35
W V I V	
POPULATION AGED >60 (%)	12

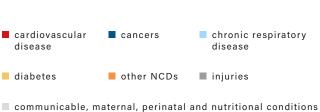
WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$)

11,908

NCD MORTALITY

73% DEATHS DUE TO NCDS



PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

83 87



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 37,404,511 INT\$ 72,519,116



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 411,449,622 INT\$ 797,710,280

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



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NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

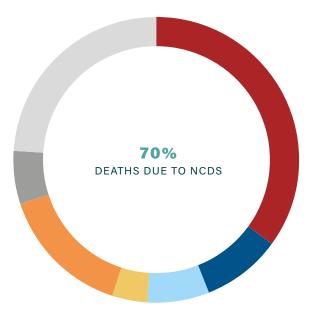
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

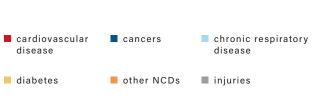
PHILIPPINES



TOTAL POPULATION (2022)	115,560,000	WORLD BANK INCO	ME GROUP	LOWER MIDDLE
POPULATION AGED <20 (%)	40	GROSS DOMESTIC F	RODUCT per capit	a (INT\$) 8,394
POPULATION AGED >60 (%)	9			

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

93 94



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

49



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

65

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 109,202,917 INT\$ 277,733,614



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,201,232,084 INT\$ 3,055,069,758

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

PHILIPPINES



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

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0

NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

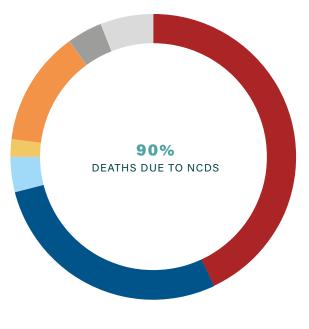
POLAND

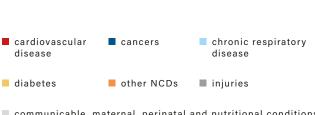


TOTAL POPULATION (2022)	39,858,000
POPULATION AGED <20 (%)	20
POPULATION AGED >60 (%)	25

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	34,287

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

84



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

33



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

49

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

USS 216,060,192 INT\$ 470,583,040



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 2,376,662,112 INT\$ 5,176,413,441

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

POLAND



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O

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O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

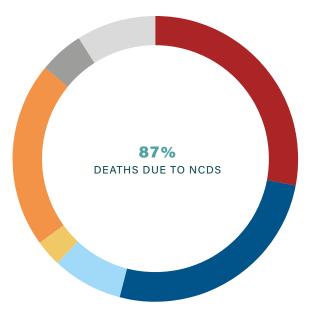
PORTUGAL



TOTAL POPULATION (2022)	10,271,000
POPULATION AGED <20 (%)	18
POPULATION AGED >60 (%)	30

GROSS DOMESTIC PRODUCT per capita (INT\$) 3	34,177

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

78 91



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

38 49



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

53 65

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 242,315,843 INT\$ 373,138,600



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 2,665,474,268 INT\$ 4,104,524,596

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

•

PORTUGAL



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



0

0

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

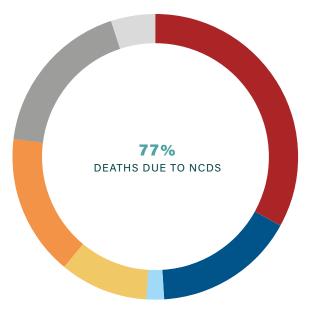
QATAR

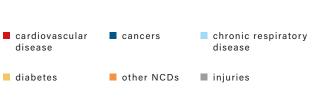


TOTAL POPULATION (2022)	2,696,000
POPULATION AGED <20 (%)	19
POPULATION AGED >60 (%)	3

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	89,961

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

91



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

49



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

64

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 28,014,375 INT\$ 50,283,288



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 308,158,129 INT\$ 553,116,165

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON

PHYSICAL ACTIVITY



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



0

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention
- 0



NOT AVAILABLE



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

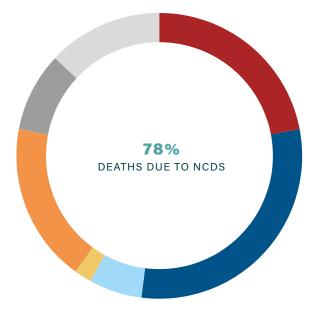
REPUBLIC OF KOREA

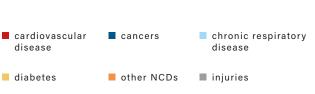


TOTAL POPULATION (2022)	51,816,000
POPULATION AGED <20 (%)	16
POPULATION AGED >60 (%)	26

WORLD BANK INCOME GROUP HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$) 45,226

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

91 97



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

30 41



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

57

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 280,836,502 INT\$ 401,964,284



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 3,089,201,517 INT\$ 4,421,607,119

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



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NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

REPUBLIC OF KOREA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

REPUBLIC OF MOLDOVA

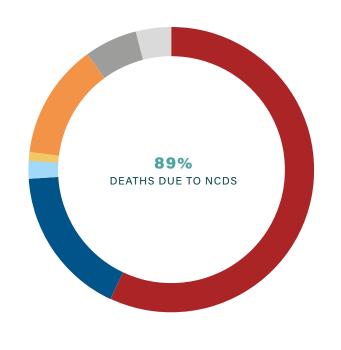


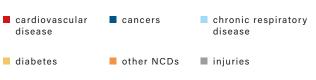
LOWER MIDDLE

12,942

TOTAL POPULATION (2022)	3,273,000	WORLD BANK INCOME GROUP LOWER I
POPULATION AGED <20 (%)	25	GROSS DOMESTIC PRODUCT per capita (INT\$)
POPULATION AGED >60 (%)	19	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

73 78



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

12 11



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

20 19

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 2,844,687 INT\$ 8,134,000



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 31,291,561 INT\$ 89,473,999

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

_

REPUBLIC OF MOLDOVA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



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NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

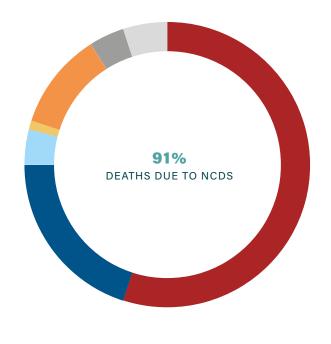
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

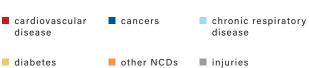
ROMANIA



TOTAL POPULATION (2022)	19,660,000	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	21	GROSS DOMESTIC PRODUCT per capita (INT\$) 32,202
POPULATION AGED >60 (%)	24	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

87



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

38



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

54

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 74,201,263 INT\$ 184,418,655



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 816,213,888 INT\$ 2,028,605,206

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

· with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

ROMANIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



0

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0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



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0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

RUSSIAN FEDERATION



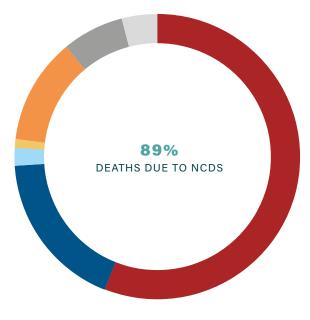
TOTAL POPULATION (2022)	144,714,000	WORLD BANK INCOM
POPULATION AGED <20 (%)	23	GROSS DOMESTIC PR
POPULATION AGED >60 (%)	23	

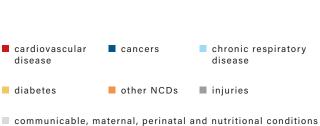
WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$)

29,916

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

81 88



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

17 18



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

20

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 472,557,863 INT\$ 1,391,170,440



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 5,198,136,498 INT\$ 15,302,874,838

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

RUSSIAN FEDERATION



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention
- 0



NOT AVAILABLE



SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:



- children under 5 years
- · children and adolescents adults
- older adults



0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

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RWANDA



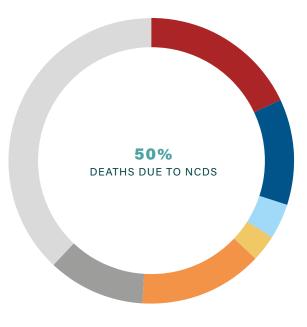
TOTAL POPULATION (2022)	13,777,000	WORLD BANK INCOM
POPULATION AGED <20 (%)	50	GROSS DOMESTIC PE
POPULATION AGED >60 (%)	5	

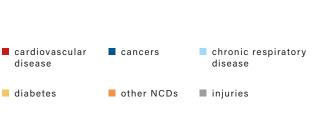
WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$)

2,214

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

11



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

18 29

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 8,184,826 INT\$ 22,714,000



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 90,033,088 INT\$ 249,854,002

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

• with links to community programmes O

supported by environmental improvements

promoting the co-benefits of physical activity



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0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

RWANDA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



0

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NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH**
- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

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○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

SAINT KITTS AND NEVIS



HIGH

25,639

TOTAL POPULATION (2022)	47,700	WORLD BANK INCOME GROUP
POPULATION AGED <20 (%)	26	GROSS DOMESTIC PRODUCT per capita (INT\$
POPULATION AGED >60 (%)	16	

NCD MORTALITY PREVALENCE OF PHYSICAL INACTIVITY PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%) 86 DATA NOT AVAILABLE PHYSICAL INACTIVITY, ADULTS AGED 18+ (%) 40 PHYSICAL INACTIVITY, ADULTS AGED 70+ (%) cardiovascular cancers chronic respiratory disease disease 57 diabetes other NCDs injuries communicable, maternal, perinatal and nutritional conditions ■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 130,132 INT\$ 181,058



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,431,447 INT\$ 1,991,640

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

SAINT KITTS AND NEVIS



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- STREET DESIGN STANDARDS FOR:
- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed



speed limits

- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



0

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BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

SAINT LUCIA

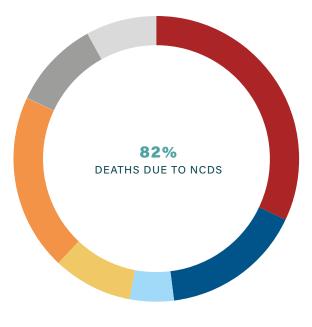


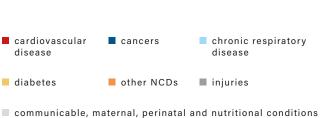
TOTAL POPULATION (2022)	180,000
POPULATION AGED <20 (%)	25
POPULATION AGED >60 (%)	14

WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$) 12,709

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

83 86



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

52 52



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

68

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 284,498

INT\$ NO DATA AVAILABLE



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 3,129,482 INT\$ 6,104,231

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvementspromoting the co-benefits of physical activity

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

SAINT LUCIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



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0

NATIONAL POLICY ON PUBLIC TRANSPORT



speed limits



· driving and drug use

· driving and mobile phone use



NATIONAL ROAD SAFETY STRATEGY



- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed 0

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings · through community sports
- in public open spaces
- through walking and cycling 0 · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES** mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults 0 older adults 0



0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

SAINT VINCENT AND THE GRENADINES

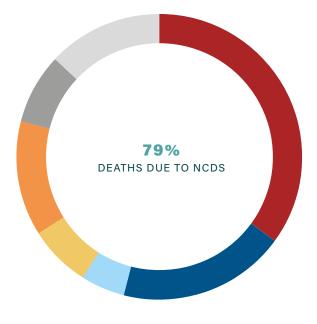


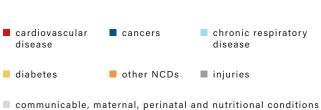
TOTAL POPULATION (2022)	104,000
POPULATION AGED <20 (%)	29
POPULATION AGED >60 (%)	16

WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$) 13,403

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

83 89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 119,444 INT\$ 208,510



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,313,885 INT\$ 2,293,611

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

ental improvements

- •
- ity •

SAINT VINCENT AND THE GRENADINES



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



0

0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention
- SCHOOL BASED APPROCHES:
- quality physical education

NOT AVAILABLE

O

0

O

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

O no • ves •

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

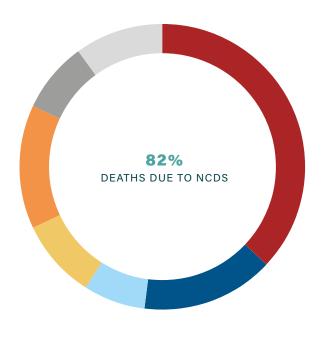
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

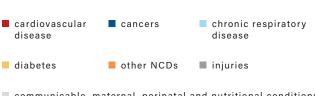
SAMOA



TOTAL POPULATION (2022)	223,000	WORLD BANK INCOME GROUP UPPER MIDD	LE
POPULATION AGED <20 (%)	47	GROSS DOMESTIC PRODUCT per capita (INT\$) 6,7	65
		and a second a second and a second a second and a second a second and a second and a second and a second and	
POPULATION AGED >60 (%)	8		

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

87



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

17



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

28

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 47,295 INT\$ 77,739



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 520,243 INT\$ 855,128

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

· with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



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NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



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NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



- separate walking and cycling infrastructure safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

SAN MARINO



TOTAL POPULATION (2022) 33,700	WORLD BA
POPULATION AGED <20 (%) 18	GROSS DO
POPULATION AGED >60 (%) 28	

ANK INCOME GROUP HIGH OMESTIC PRODUCT per capita (INT\$) 59,572

NCD MORTALITY

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



cardiovascular disease

cancers

chronic respiratory disease

diabetes

other NCDs

communicable, maternal, perinatal and nutritional conditions

injuries

DATA NOT AVAILABLE

PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 142,389

INT\$ NO DATA AVAILABLE



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,566,274 INT\$ 3,221,830

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

· with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity

0

0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

SAN MARINO



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



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NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



safe pedestrian and cycling crossings

separate walking and cycling infrastructure

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings

in public open spaces

· management of speed

- · through community sports
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



0

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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

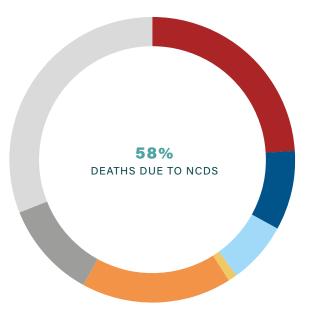
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

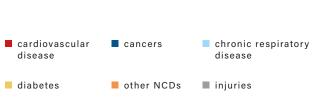
SAO TOME AND PRINCIPE



TOTAL POPULATION (2022)	228,000	WORLD BANK INCOME GROUP LOWER MIDDLE
POPULATION AGED <20 (%)	51	GROSS DOMESTIC PRODUCT per capita (INT\$) 4,273
POPULATION AGED >60 (%)	6	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

21



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

34

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 705,142 INT\$ 1,386,213



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 7,756,564 INT\$ 15,248,344

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

· with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

0

SAO TOME AND PRINCIPE



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

· through community sports

- in workplaces in childcare settings
- in public open spaces
- through walking and cycling · for older adults
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents adults
- 0 0 older adults 0



0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0 0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

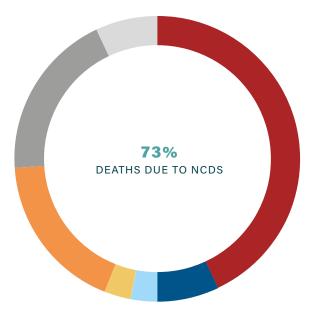
SAUDI ARABIA

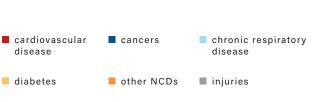


TOTAL POPULATION (2022)	36,409,000	WORLD BANK IN
POPULATION AGED <20 (%)	33	GROSS DOMEST
POPULATION AGED >60 (%)	5	

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	46,778

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

45 65



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

 61

 78

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 560,379,179 INT\$ 1,302,969,983



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 6,164,170,973 INT\$ 14,332,669,812

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

SAUDI ARABIA



0

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0 0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

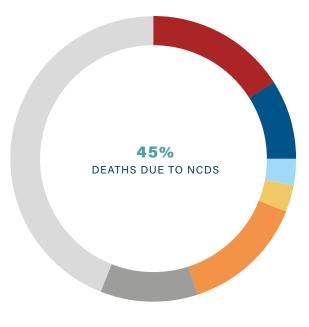
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

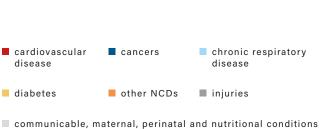
SENEGAL



TOTAL POPULATION (2022)	17,317,000	WORLD BANK INCOME GROUP LOWER MIDDLE
POPULATION AGED <20 (%)	52	GROSS DOMESTIC PRODUCT per capita (INT\$) 3,504
POPULATION AGED >60 (%)	5	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

85 92



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

18 28



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

33

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 1,744,959 INT\$ 4,152,840



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 19,194,551 INT\$ 45,681,237

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

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NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

SENEGAL



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O

ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



0

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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

SERBIA

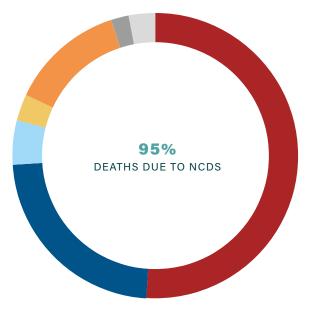


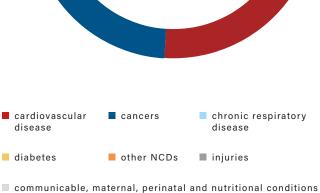
TOTAL POPULATION (2022)	7,222,000
POPULATION AGED <20 (%)	19
POPULATION AGED >60 (%)	27

WORLD BANK INCOME GROUP UPPER MIDDLE

GROSS DOMESTIC PRODUCT per capita (INT\$) 19,094

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

35



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

50 60

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 43,140,235 INT\$ 106,551,108



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 474,542,583 INT\$ 1,172,062,183

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

SERBIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling

· for older adults

· for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



mHealth for NCD prevention



SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

0

0

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



0

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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

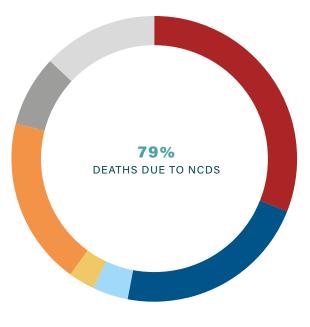
SEYCHELLES

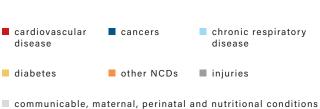


TOTAL POPULATION (2022)	108,000
POPULATION AGED <20 (%)	30
POPULATION AGED >60 (%)	13

GROSS DOMESTIC PRODUCT per capita (INT\$) 28 33	IE GROUP HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$) 28 33	
anoss bowlestic i noboci per capita (intra)	RODUCT per capita (INT\$) 28,339

NCD MORTALITY







PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

PREVALENCE OF PHYSICAL INACTIVITY

79 87



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

18



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

32

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 6,712,728 INT\$ 16,083,851



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 73,840,012 INT\$ 176,922,357

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

• with links to community programmes O

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

SEYCHELLES



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH**
- used in >50% of facilities

with referral



USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention
 - 0



NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

0

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0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

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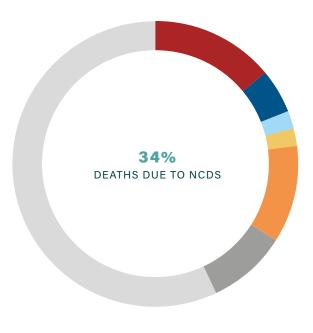
SIERRA LEONE



TOTAL POPULATION (2022)	8,606,000
POPULATION AGED <20 (%)	50
POPULATION AGED >60 (%)	5

WORLD BANK INCOME GROUP	
GROSS DOMESTIC PRODUCT per capita (INT\$)	1,727

NCD MORTALITY



PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

10



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

30

■ male ■ female

cardiovascular disease diabetes cancers chronic respiratory disease diabetes other NCDs injuries communicable, maternal, perinatal and nutritional conditions

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 2,669,986 INT\$ 9,053,775



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 29,369,848 INT\$ 99,591,530

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

• with links to community programmes O

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

SIERRA LEONE



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- STREET DESIGN STANDARDS FOR:
- speed limits driving and alcohol use
- separate walking and cycling infrastructure
- · driving and drug use

safe pedestrian and cycling crossings

· driving and mobile phone use

· management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- 0 0

0

0

0

0

BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

in childcare settings

with referral

· through community sports

used in >50% of facilities

in public open spaces



through walking and cycling

mHealth for NCD prevention

· for older adults

for people with disability

- quality physical education
- NOT AVAILABLE

0

0

0

0

NOT AVAILABLE

SCHOOL BASED APPROCHES:

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

NATIONAL SURVEILLANCE OF PHYSICAL

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

0

0

 children under 5 years 0

ACTIVITY IN:

- · children and adolescents 0
- children
- adolescents adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

adults

older adults

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

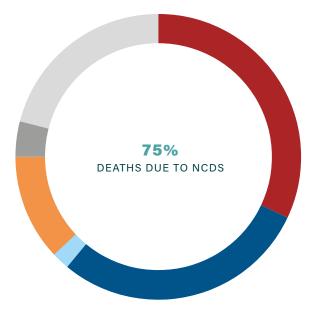
SINGAPORE

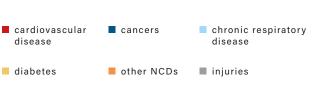


TOTAL POPULATION (2022)	5,976,000
POPULATION AGED <20 (%)	16
POPULATION AGED >60 (%)	23

GROSS DOMESTIC PRODUCT per capita (INT\$) 99,68	31

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

70 83



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

39



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

50 55

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 48,560,950 INT\$ 80,009,206



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 534,170,447 INT\$ 880,101,268

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON

PHYSICAL ACTIVITY

SINGAPORE



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR: separate walking and cycling infrastructure

- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

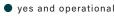


NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational





NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
 - adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

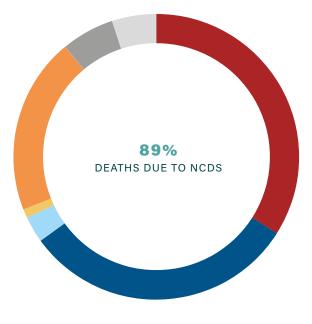
SLOVAKIA

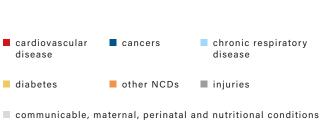


TOTAL POPULATION (2022)	5,644,000
POPULATION AGED <20 (%)	21
V V V V V V V V V V V V V V V V V V V	
POPULATION AGED >60 (%)	23

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	31,356

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

 66

 78



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

31



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

54

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 30,906,915 INT\$ 50,301,336



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 339,976,061 INT\$ 553,314,700

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

SLOVAKIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



0

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0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH**
- used in >50% of facilities

with referral



USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention
- quality physical education

SCHOOL BASED APPROCHES:

NOT AVAILABLE

O

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

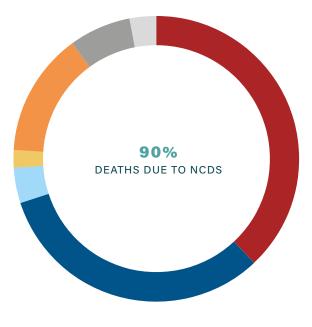
SLOVENIA

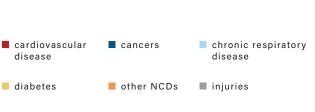


TOTAL POPULATION (2022)	2,120,000
POPULATION AGED <20 (%)	20
POPULATION AGED >60 (%)	28

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	39,725

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

86



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

37



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

53

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 18,050,524 INT\$ 28,131,652



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 198,555,765 INT\$ 309,448,171

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

SLOVENIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



0

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

0



NOT AVAILABLE



SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

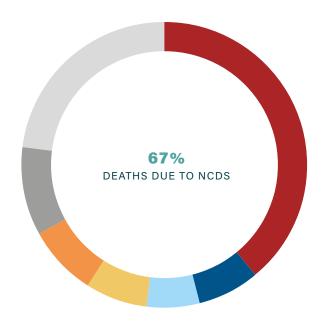
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

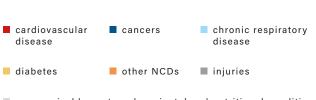
SOLOMON ISLANDS



TOTAL POPULATION (2022) 725,0	00	WORLD BANK INCOME GROUP LOWER MIDDLE
	<i></i>	
POPULATION AGED <20 (%)	49	GROSS DOMESTIC PRODUCT per capita (INT\$) 2,618
POPULATION AGED >60 (%)	5	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

82 85



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

13 23



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

37

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 61,012 INT\$ 71,001



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 671,132 INT\$ 781,009

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



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NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

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SOLOMON ISLANDS



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

0

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○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

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O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

SOMALIA

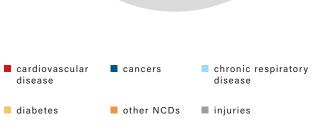


TOTAL POPULATION (2022)	17,598,000
POPULATION AGED <20 (%)	58
N VIII	
POPULATION AGED >60 (%)	4

WORLD BANK INCOME GROUP	LOW
GROSS DOMESTIC PRODUCT per capita (INT\$)	1,246

NCD MORTALITY

30% DEATHS DUE TO NCDS



communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

USS 44,495,089

INT\$ NO DATA AVAILABLE



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 489,445,982 INT\$ 1,101,077,474

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

· with links to community programmes

0 supported by environmental improvements 0

promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

0

SOMALIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT





NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed 0

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

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○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

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O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

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NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

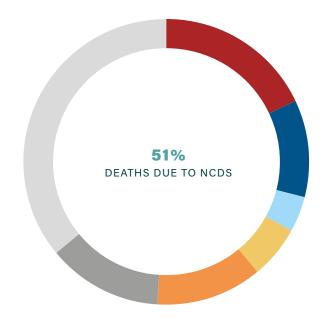
SOUTH AFRICA



13,359

TOTAL POPULATION (2022)	59,894,000	WORLD BANK INCOME GROUP UPPER M
POPULATION AGED <20 (%)	37	GROSS DOMESTIC PRODUCT per capita (INT\$)
POPULATION AGED >60 (%)	9	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

29 47

PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

64

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 248,949,482 INT\$ 588,081,134



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 2,738,444,298 INT\$ 6,468,892,474

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



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NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

SOUTH AFRICA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

0

O

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

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O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents adults

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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
 - adolescents adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

older adults

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

SOUTH SUDAN



LOW

TOTAL POPULATION (2022)	10,914,000	WORLD BANK INCOME GROUP	
	7		
POPULATION AGED <20 (%)	56	GROSS DOMESTIC PRODUCT per capita (INT\$)	
POPULATION AGED >60 (%)	5		

NCD MORTALITY

28% DEATHS DUE TO NCDS

■ cardiovascular disease ■ cancers disease ■ chronic respiratory disease

other NCDs

communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

injuries



diabetes

PER YEAR

US\$ 5,301,612

INT\$ NO DATA AVAILABLE



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 58,317,733 INT\$ 151,264,146

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



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NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

○ no • yes •

SOUTH SUDAN



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ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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speed limits

LEGISLATION ON:

- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

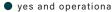
0

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NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults older adults



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0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents adults

NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

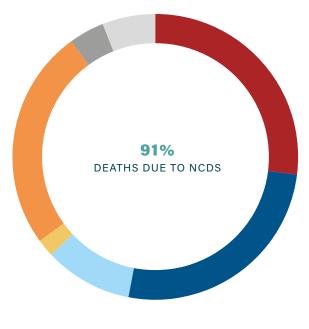
SPAIN

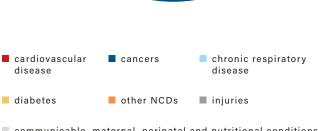


TOTAL POPULATION (2022)	47,559,000
POPULATION AGED <20 (%)	19
POPULATION AGED >60 (%)	27

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	37,756

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

84



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

31



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

46

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

USS 470,046,764 INT\$ 655,934,875



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 5,170,514,407 INT\$ 7,215,283,624

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

- · with links to community programmes
- supported by environmental improvements



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

- promoting the co-benefits of physical activity
- no yes ■



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

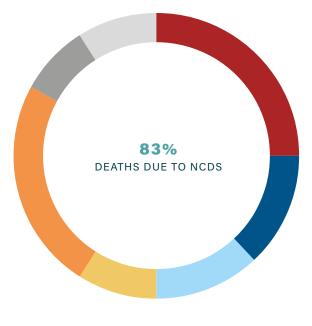
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

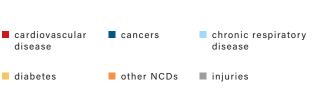
SRI LANKA



TOTAL POPULATION (2022)	21,833,000	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	31	GROSS DOMESTIC PRODUCT per capita (INT\$) 13,227
POPULATION AGED >60 (%)	17	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

82 89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

37



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

53

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 20,481,558 INT\$ 73,589,965



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 225,297,142 INT\$ 809,489,614

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

SRILANKA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT





NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed



ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- · through community sports
- in public open spaces

in childcare settings

- through walking and cycling
- · for older adults
- for people with disability

NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational





NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

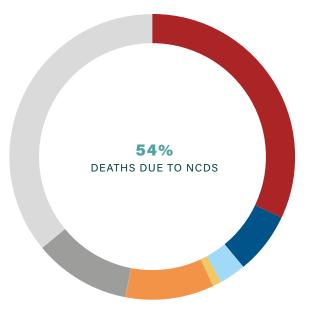
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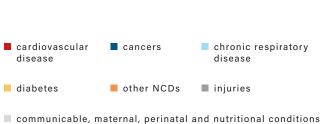
SUDAN



TOTAL POPULATION (2022)	46,875,000	WORLD BANK INCOME GROUP LOWER MIDDL
POPULATION AGED <20 (%)	51	GROSS DOMESTIC PRODUCT per capita (INT\$) 4,14.
POPULATION AGED >60 (%)	5	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

91



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

USS 41,138,683 INT\$ 99,407,704



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 452,525,514 INT\$ 1,093,484,746

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

- · with links to community programmes 0 supported by environmental improvements
- promoting the co-benefits of physical activity



0

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NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

SUDAN



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- · for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

0

O

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults

older adults



0

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0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

SURINAME



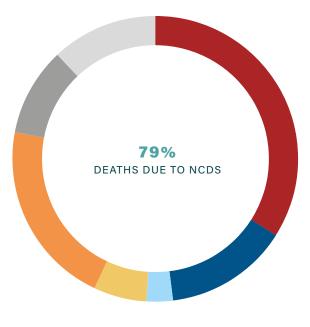
TOTAL POPULATION (2022) 619	9,000
POPULATION AGED <20 (%)	35
POPULATION AGED >60 (%)	11

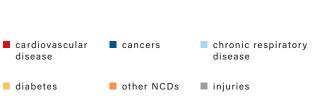
WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$)

16,733

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

78 85



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

 38

 51



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

53 66

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 14,223,610 INT\$ 33,894,199



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 156,459,712 INT\$ 372,836,188

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

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NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

SURINAME



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



0

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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

SWEDEN



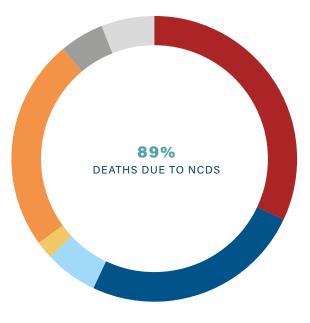
TOTAL POPULATION (2022)	10,550,000
POPULATION AGED <20 (%)	23
POPULATION AGED >60 (%)	26

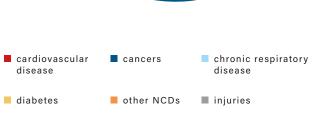
WORLD BANK INCOME GROUP

HIGH

GROSS DOMESTIC PRODUCT per capita (INT\$) 55,065

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

82 87



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

22



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

39

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 116,057,841 INT\$ 122,192,858



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,276,636,248 INT\$ 1,344,121,434

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

SWEDEN



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



0

0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention

quality physical education

SCHOOL BASED APPROCHES:

NOT AVAILABLE

0

0

0



○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational





NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

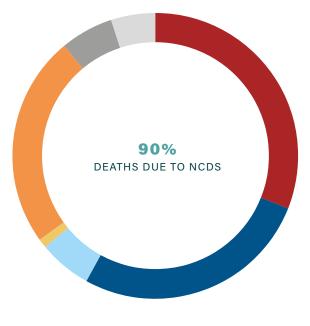
SWITZERLAND

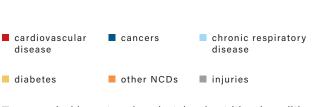


TOTAL POPULATION (2022)	8,741,000
POPULATION AGED <20 (%)	20
POPULATION AGED >60 (%)	26

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	71,745

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

26



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

41

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 154,759,836 INT\$ 127,493,645



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,702,358,199 INT\$ 1,402,430,100

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

SWITZERLAND



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

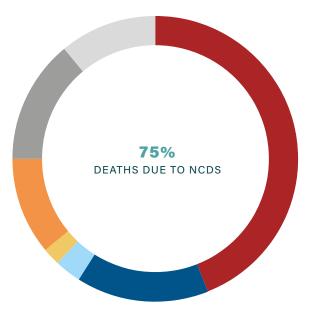
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

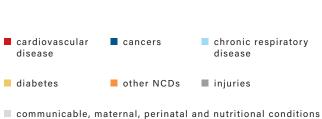
SYRIAN ARAB REPUBLIC



TOTAL POPULATION (2022)	22,126,000	WORLD BANK INCOME GROUP
POPULATION AGED <20 (%)	44	GROSS DOMESTIC PRODUCT per capita (INT\$)
POPULATION AGED >60 (%)	7	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

84 91



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 73,244,081

INT\$ NO DATA AVAILABLE



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 805,684,887 INT\$ 1,907,896,108

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

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NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

SYRIAN ARAB REPUBLIC



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ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY





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LEGISLATION ON: speed limits

driving and alcohol use

· driving and drug use

· driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports in public open spaces
- through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- 0 adults 0 older adults 0



0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

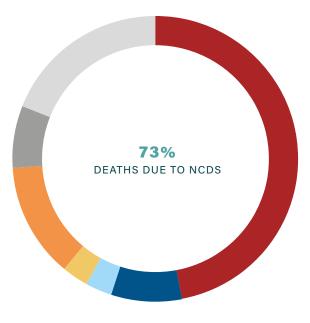
TAJIKISTAN

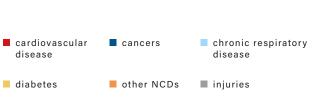


LOW 3,854

TOTAL POPULATION (2022)	9,953,000	WORLD BANK INCOME GROUP
POPULATION AGED <20 (%)	45	GROSS DOMESTIC PRODUCT per capita (INT\$)
POPULATION AGED >60 (%)	6	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

39



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

 32

 55

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 3,060,285 INT\$ 13,743,114



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 33,663,133 INT\$ 151,174,250

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

TAJIKISTAN



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ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



0

NOT AVAILABLE

SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

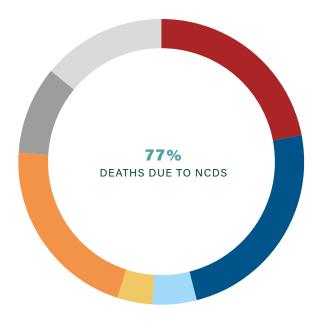
THAILAND



DLE ,198

TOTAL POPULATION (2022)	71,698,000	WORLD BANK INCOME GROUP UP	PER MID
POPULATION AGED <20 (%)	21	GROSS DOMESTIC PRODUCT per capita (IN	NT\$) 18,
POPULATION AGED >60 (%)	22		

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

85



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

27



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

42

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

USS 66,239,212 INT\$ 168,045,933



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 728,631,332 INT\$ 1,848,505,265

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

0

THAILAND



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH** with referral
- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

NOT AVAILABLE

- SCHOOL BASED APPROCHES:
 - quality physical education NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

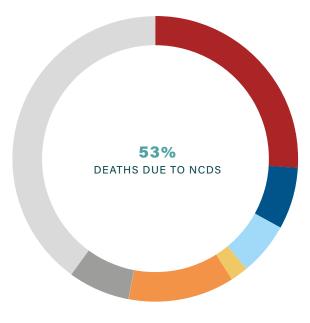
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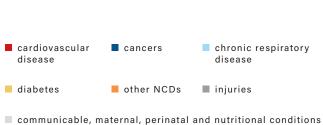
TIMOR-LESTE



TOTAL POPULATION (2022)	1,342,000	WORLD BANK INCOME GROUP LOWER MIDDLE
POPULATION AGED <20 (%)	46	GROSS DOMESTIC PRODUCT per capita (INT\$) 4,141
POPULATION AGED >60 (%)	7	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

93



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

26



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

39

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 263,040 INT\$ 755,044



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 2,893,437 INT\$ 8,305,480

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

· with links to community programmes supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

0

TIMOR-LESTE



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults 0 older adults 0



0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

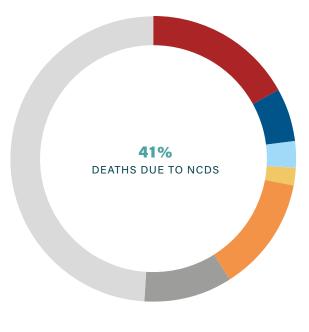
TOGO

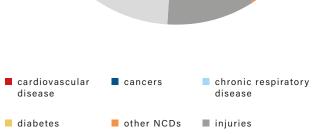


TOTAL POPULATION (2022)	8,849,000
POPULATION AGED <20 (%)	50
N VIV	
POPULATION AGED >60 (%)	5

WORLD BANK INCOME GROUP	
GROSS DOMESTIC PRODUCT per capita (INT\$)	2,223

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)





PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

15 18

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 419,449 INT\$ 1,019,338



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 4,613,938 INT\$ 11,212,715

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



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NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

○ no • yes •



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ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
 - driving and alcohol use
 - · driving and drug use
 - · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults
- · for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



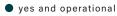
NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

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O no ves, but not operational ves and operational





NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

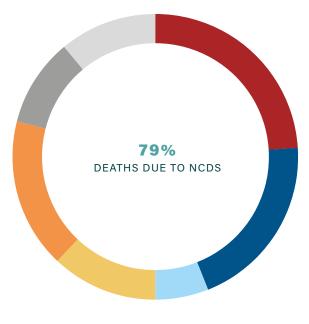
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

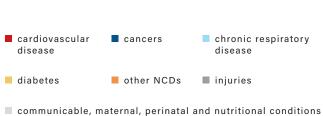
TONGA



TOTAL POPULATION (2022) 107,000		WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%) 45		GROSS DOMESTIC PRODUCT per capita (INT\$) 6,694
	/	
POPULATION AGED >60 (%)		

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

87 85



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

9 26



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

40

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 27,743 INT\$ 39,979



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 305,171 INT\$ 439,766

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes
 supported by environmental improvements

promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



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NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- · for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

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NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

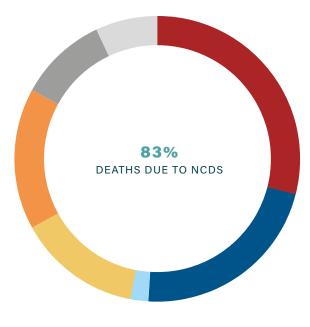
TRINIDAD AND TOBAGO

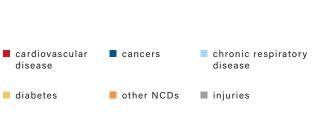


TOTAL POPULATION (2022)	1,532,000
POPULATION AGED <20 (%)	25
POPULATION AGED >60 (%)	17

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	26,125

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

79 86



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

49



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

 41

 65

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 10,634,973 INT\$ 17,252,091



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 116,984,706 INT\$ 189,773,004

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

TRINIDAD AND TOBAGO



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
 - driving and alcohol use
 - · driving and drug use
 - · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling · for older adults
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

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O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

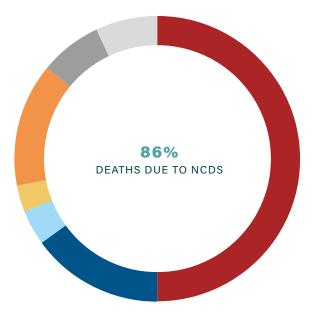
TUNISIA

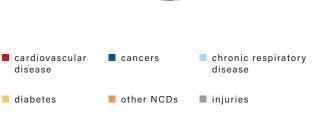


TOTAL POPULATION (2022)	12,357,000
POPULATION AGED <20 (%)	32
POPULATION AGED >60 (%)	14

WORLD BANK INCOME GROUP LOWER MIDDLE
GROSS DOMESTIC PRODUCT per capita (INT\$) 10,879

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

75 88



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

34



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

50

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 32,049,356 INT\$ 98,495,269



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 352,542,920 INT\$ 1,083,447,960

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

TUNISIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



SCHOOL BASED APPROCHES:

NOT AVAILABLE

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

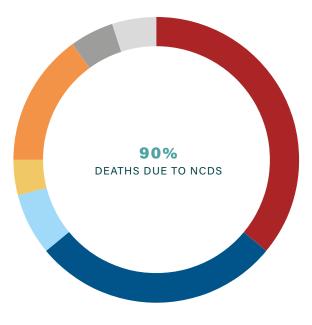
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

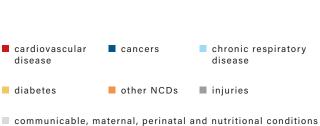
TÜRKIYE



TOTAL POPULATION (2022)	85,342,000	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	31	GROSS DOMESTIC PRODUCT per capita (INT\$) 27,235
POPULATION AGED >60 (%)	13	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

77 86



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

39



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

 34

 55

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 570,197,797 INT\$ 1,818,849,832



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 6,272,175,762 INT\$ 20,007,348,151

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

TÜRKIYE



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

0



NOT AVAILABLE



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

TURKMENISTAN

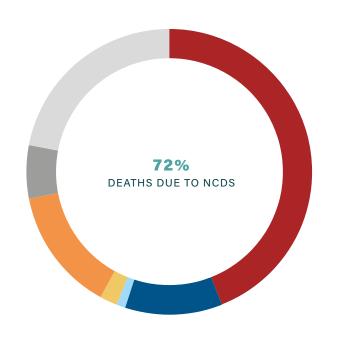


TOTAL POPULATION (2022)	6,431,000
POPULATION AGED <20 (%)	39
POPULATION AGED >60 (%)	9

WORLD BANK INCOME GROUP UPPER MIDDLE

GROSS DOMESTIC PRODUCT per capita (INT\$)

NCD MORTALITY





PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

PREVALENCE OF PHYSICAL INACTIVITY

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE

■ male ■ female

disease disease ■ diabetes ■ other NCDs ■ injuries

cancers

communicable, maternal, perinatal and nutritional conditions

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

chronic respiratory



cardiovascular

PER YEAR

US\$ 9,373,272

INT\$ NO DATA AVAILABLE



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 103,105,991 INT\$ 212,089,321

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

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TURKMENISTAN



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

0

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NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational





NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.

0

TUVALU



TOTAL POPULATION (2022) 11,40	0	WORLD BANK INCOME GROUP UPPER MIDDLE
POPULATION AGED <20 (%)	0	GROSS DOMESTIC PRODUCT per capita (INT\$) 4,792
POPULATION AGED >60 (%)	11	

NCD MORTALITY PREVALENCE OF PHYSICAL INACTIVITY PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%) 89 DATA NOT AVAILABLE PHYSICAL INACTIVITY, ADULTS AGED 18+ (%) 37 PHYSICAL INACTIVITY, ADULTS AGED 70+ (%) cardiovascular cancers chronic respiratory disease disease 53 diabetes other NCDs injuries

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 21,636 INT\$ 24,299



■ male ■ female

CUMULATIVE BETWEEN 2020 AND 2030

US\$ 237,997 INT\$ 267,285

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

communicable, maternal, perinatal and nutritional conditions

- supported by environmental improvements
- promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

speed limits

- STREET DESIGN STANDARDS FOR:
- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

2	14
L	<u> </u>
(R=	=7

· driving and alcohol use

- · driving and drug use
- · driving and mobile phone use

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



0

0

0

0

NOT AVAILABLE

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults

older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

UGANDA

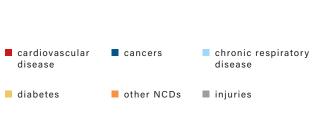


LOW 2,294

TOTAL POPULATION (2022)	47,250,000	WORLD BANK INCOME GROUP
POPULATION AGED <20 (%)	57	GROSS DOMESTIC PRODUCT per capita (INT\$)
POPULATION AGED >60 (%)	3	

NCD MORTALITY

36% DEATHS DUE TO NCDS



communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

84 87



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)





PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

9

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 2,521,296 INT\$ 7,043,077



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 27,734,255 INT\$ 77,473,846

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

• with links to community programmes O

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

UGANDA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT





NATIONAL ROAD SAFETY STRATEGY



0

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0

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0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

○ no ● yes ● yes and best practice — not available ■

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports in public open spaces
- through walking and cycling
- · for older adults 0 for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

0

0

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years 0 · children and adolescents adults
 - 0 0 0



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

older adults

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

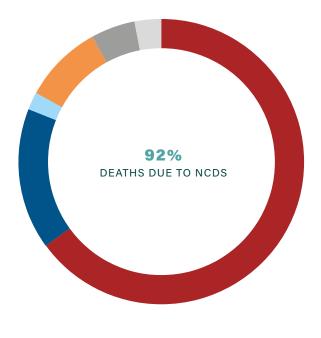
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

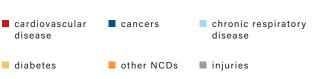
UKRAINE



TOTAL POPULATION (2022)	39,702,000	WORLD BANK INCOME GROUP LOWER MIDDLE
POPULATION AGED <20 (%)	20	GROSS DOMESTIC PRODUCT per capita (INT\$) 13,087
POPULATION AGED >60 (%)	26	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

71 83



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

19



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

33

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 98,887,602 INT\$ 346,570,877



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,087,763,624 INT\$ 3,812,279,644

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

_

UKRAINE



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH**
- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**

with referral



mHealth for NCD prevention

quality physical education

NOT AVAILABLE

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NOT AVAILABLE

NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

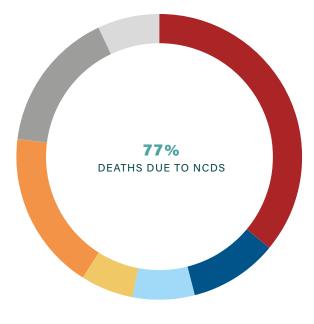
UNITED ARAB EMIRATES

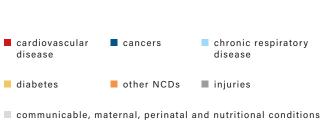


TOTAL POPULATION (2022)	9,442,000
POPULATION AGED <20 (%)	19
POPULATION AGED >60 (%)	3

WORLD BANK INCOME GROUP HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$) 66,766

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

78 87



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

39 49



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

45 56

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 90,622,088 INT\$ 166,764,417



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 996,842,964 INT\$ 1,834,408,588

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

UNITED ARAB EMIRATES



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

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NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities



- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

•

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

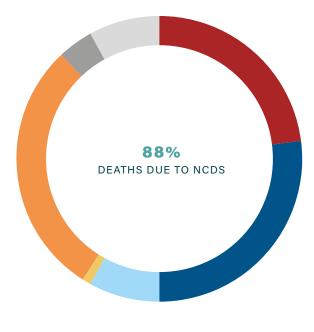
UNITED KINGDOM OF GREAT BRITAIN AND NORTHERN IRELAND

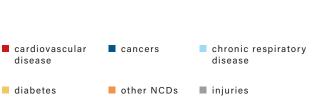


TOTAL POPULATION (2022)	67,509,000
POPULATION AGED <20 (%)	23
POPULATION AGED >60 (%)	25

WORLD BANK INCOME GROUP HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$) 46,527

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

75 85



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

40



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

47 56

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 1,826,884,193 INT\$ 2,068,205,683



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 20,095,726,120 INT\$ 22,750,262,511

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

•

UNITED KINGDOM OF GREAT BRITAIN AND NORTHERN IRELAND



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



0

0

BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



SCHOOL BASED APPROCHES: · quality physical education

NOT AVAILABLE

○ no ● yes ■

NOT AVAILABLE

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

UNITED REPUBLIC OF TANZANIA



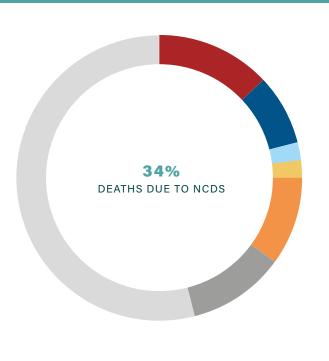
TOTAL POPULATION (2022)	65,498,000
POPULATION AGED <20 (%)	54
POPULATION AGED >60 (%)	5

WORLD BANK INCOME GROUP

GROSS DOMESTIC PRODUCT per capita (INT\$)

2,780

NCD MORTALITY



1h

PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

PREVALENCE OF PHYSICAL INACTIVITY

86

PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

7



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

10

■ communicable, maternal, perinatal and nutritional conditions
■ male
■ female

disease

injuries

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

chronic respiratory



cardiovascular

disease

diabetes

PER YEAR

US\$ 2,664,264 INT\$ 6,880,281



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 29,306,903 INT\$ 75,683,095

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

cancers

other NCDs

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

UNITED REPUBLIC OF TANZANIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

○ no ○ yes ● yes and best practice — not available —

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- · through community sports
- in public open spaces

in childcare settings

- through walking and cycling
- · for older adults

 for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

•

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

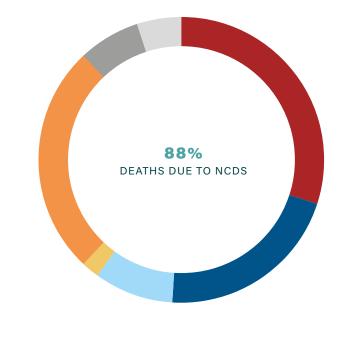
UNITED STATES OF AMERICA

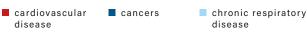


TOTAL POPULATION (2022)	338,290,000
POPULATION AGED <20 (%)	25
POPULATION AGED >60 (%)	23

WORLD BANK INCOME GROUP HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$) 63,028

NCD MORTALITY





other NCDs

communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

81



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

48



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

 47

 65

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

injuries



diabetes

PER YEAR

US\$ 51,536,885,995 INT\$ 51,536,885,995



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 566,905,745,941 INT\$ 566,905,745,941

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

UNITED STATES OF AMERICA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

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0

0

0

NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

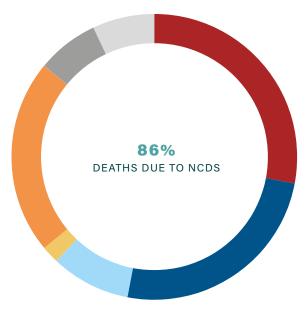
URUGUAY

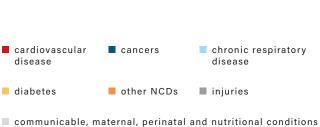


TOTAL POPULATION (2022)	3,423,000
POPULATION AGED <20 (%)	26
POPULATION AGED >60 (%)	21

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	22,728

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

26



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

40

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 17,066,860 INT\$ 25,197,969



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 187,735,465 INT\$ 277,177,657

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

· with links to community programmes 0 supported by environmental improvements 0

promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

0

URUGUAY



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING •



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

0

0

0

0

0

NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

UZBEKISTAN

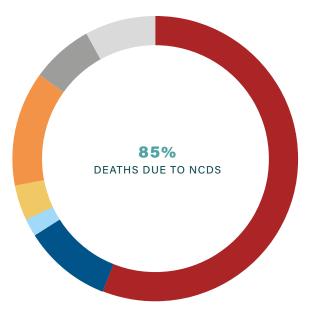


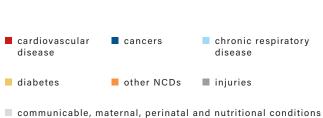
TOTAL POPULATION (2022)	34,628,000
POPULATION AGED <20 (%)	38
POPULATION AGED >60 (%)	9

WORLD BANK INCOME GROUP LOWER MIDDLE

GROSS DOMESTIC PRODUCT per capita (INT\$) 7,746

NCD MORTALITY







PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

PREVALENCE OF PHYSICAL INACTIVITY

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

13 24



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

38

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 14,626,692 INT\$ 64,616,084



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 160,893,608 INT\$ 710,776,923

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

UZBEKISTAN



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

- **IN PRIMARY HEALTH** with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

0

0



NOT AVAILABLE

SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0 0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

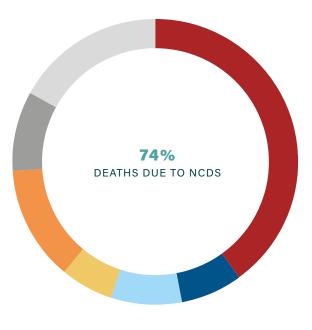
Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

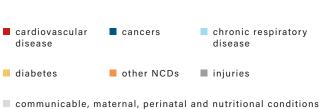
VANUATU



TOTAL POPULATION (2022) 327,0	00	WORLD BANK INCOME GROUP LOWER MIDDLE
	<i>L</i> , /	
POPULATION AGED <20 (%)	49	GROSS DOMESTIC PRODUCT per capita (INT\$) 3,036
POPULATION AGED >60 (%)	6	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

86 89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)





PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

12 15

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 16,440 INT\$ 17,246



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 180,841 INT\$ 189,711

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- · with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

VANUATU



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ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



0

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NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

○ no ○ yes ● yes and best practice — not available —

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- · for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

VENEZUELA (BOLIVARIAN REPUBLIC OF)

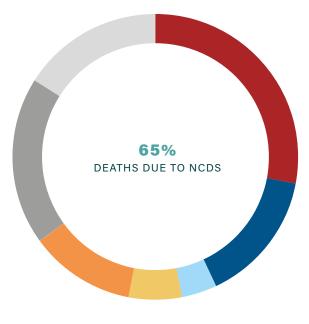


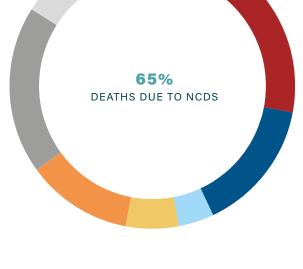
TOTAL POPULATION (2022) 28,302,000		٧
POPULATION AGED <20 (%) 37		G
	/	
POPULATION AGED >60 (%)		

WORLD BANK INCOME GROUP UPPER MIDDLE

GROSS DOMESTIC PRODUCT per capita (INT\$)

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

cancers

other NCDs

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

93



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

33



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

44 49

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

chronic respiratory

disease

injuries



cardiovascular

disease

diabetes

PER YEAR

US\$ 76,915,668

INT\$ NO DATA AVAILABLE



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 846,072,343 INT\$ 1,650,311,720

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity



NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

VENEZUELA (BOLIVARIAN REPUBLIC OF



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ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
- driving and alcohol use · driving and drug use
- · driving and mobile phone use

STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

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O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

NATIONAL NCD COORDINATING MECHANISM

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.

VIET NAM

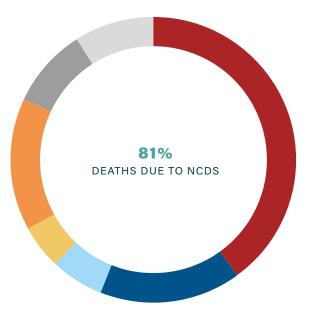


TOTAL POPULATION (2022)	98,187,000
POPULATION AGED <20 (%)	29
POPULATION AGED >60 (%)	14

WORLD BANK INCOME GROUP LOWER MIDDLE

GROSS DOMESTIC PRODUCT per capita (INT\$) 10,904

NCD MORTALITY



cardiovascular disease
 diabetes
 cancers chronic respiratory disease
 disease
 injuries

communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

82 91



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

31



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

31 46

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 78,113,635 INT\$ 242,555,733



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 859,249,980 INT\$ 2,668,113,063

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



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NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

VIET NAM



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



0

0

LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

○ no ○ yes ● yes and best practice — not available —

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- · through community sports
- in public open spaces
- through walking and cycling
- · for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention

0

NOT AVAILABLE

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

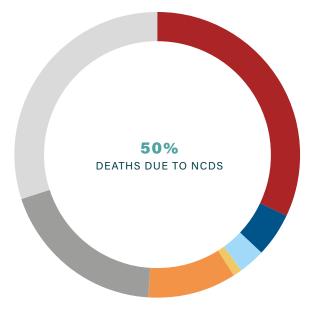
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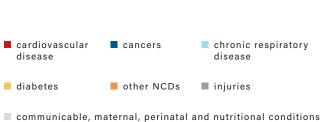
YEMEN



33,697,000	WORLD BANK INCOME GROUP	LOW
50	GROSS DOMESTIC PRODUCT per capita (INT\$)	
4		

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

83

90



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

DATA NOT AVAILABLE

DATA NOT AVAILABLE

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 94,637,544

INT\$ NO DATA AVAILABLE



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 1,041,012,985 INT\$ 2,465,163,061

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY

STREET DESIGN STANDARDS FOR:



LEGISLATION ON:

- speed limits
 - driving and alcohol use
 - · driving and drug use
 - · driving and mobile phone use

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults
- for people with disability NOT AVAILABLE



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BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults
- older adults



0

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0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0 \circ



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

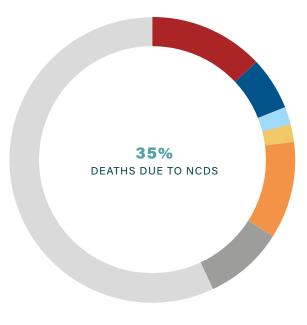
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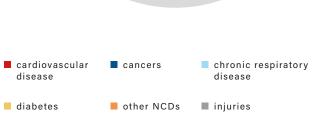
ZAMBIA



TOTAL POPULATION (2022)	20,018,000	WORLD BANK INCOME GROUP LOWER MIDDLE
POPULATION AGED <20 (%)	54	GROSS DOMESTIC PRODUCT per capita (INT\$) 3,457
POPULATION AGED >60 (%)	3	

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

89 89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

19 25



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

30

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 5,595,919 INT\$ 19,640,504



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 61,555,107 INT\$ 216,045,546

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

• with links to community programmes O

supported by environmental improvements

promoting the co-benefits of physical activity



0

0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



LEGISLATION ON:

- speed limits
 - driving and alcohol use
 - · driving and drug use
 - · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports in public open spaces
- through walking and cycling
- · for older adults 0 · for people with disability NOT AVAILABLE



0

0

0

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0

BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities

USE OF DIGITAL PROGRAMMES

- mHealth for NCD prevention

SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- older adults

adults



0

0

0

0

NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

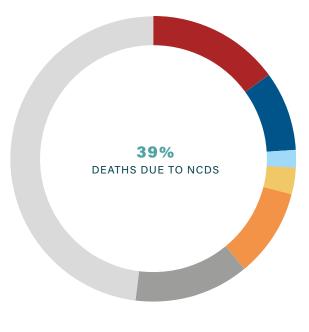
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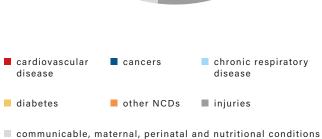
ZIMBABWE



TOTAL POPULATION (2022)	16,321,000	WORLD BANK INCOME GROUP LOWER MIDDLE
POPULATION AGED <20 (%)	52	GROSS DOMESTIC PRODUCT per capita (INT\$) 3,537
POPULATION AGED >60 (%)	5	

NCD MORTALITY





PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

89 89



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

31



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

35 46

■ male ■ female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

US\$ 3,494,409 INT\$ 8,149,825



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 38,438,495 INT\$ 89,648,078

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS

with links to community programmes

supported by environmental improvements

promoting the co-benefits of physical activity



0

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0

NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY

0

ZIMBABWE



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING O



NATIONAL POLICY ON PUBLIC TRANSPORT



NATIONAL ROAD SAFETY STRATEGY



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LEGISLATION ON:

- speed limits
- driving and alcohol use
- · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces in childcare settings
- · through community sports
- in public open spaces through walking and cycling
- · for older adults 0
- for people with disability NOT AVAILABLE



BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH

- with referral
- used in >50% of facilities



USE OF DIGITAL PROGRAMMES

mHealth for NCD prevention



SCHOOL BASED APPROCHES:

quality physical education

NOT AVAILABLE

0

0

0

0

○ no ● yes —

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

0

O no ves, but not operational ves and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years · children and adolescents
- adults older adults



0

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NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults

0



NATIONAL NCD COORDINATING MECHANISM



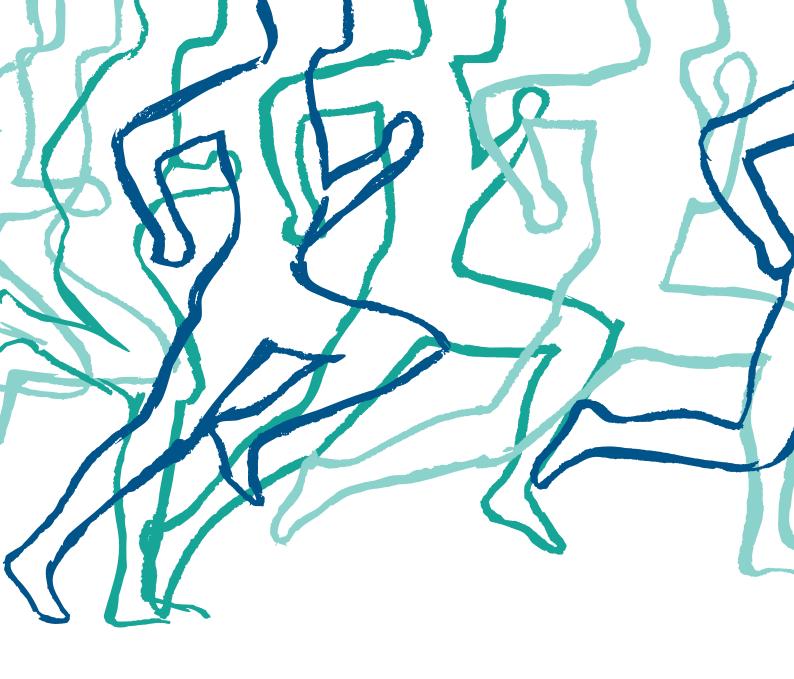
NATIONAL TARGET FOR PHYSICAL ACTIVITY

○ no ● ves ■

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022.

Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35.



For further information, contact:

Department of Health Promotion World Health Organization 20 avenue Appia 1211 Geneva 27 Switzerland

Website: https://www.who.int/

