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# Navigation & the Healthcare System Course

## **Overview**

This course is organized into three modules that describe patient navigation's role in reducing health disparities and improving treatment for chronic diseases. The three modules cover:

### Module 1: Patient navigation and health disparities

- Patient navigation history
- Barriers to healthcare
- Patient navigation's role in decreasing health disparities
- Definitions and models of patient navigation

### Module 2: Components of patient-centered models of care

- Patient-centered and provider-centered care
- Roles of healthcare team members
- Patient rights and responsibilities

### Module 3: Patient navigator roles & responsibilities

- Patient navigator qualifications and characteristics
- Developing effective client relationships
- Staying within personal and professional boundaries

Let's see how patient navigators can improve patient care: Start Module 1

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