



# COURSES

Our OppiaMobile learning platform offers a wide variety of courses on primary health care to enhance the training of health workers worldwide.

These mobile-ready content includes quiz questions, and features video content from [Medical Aid Films](#), [Global Health Media Project](#), and other [contributors](#). It provides a source of information that can be used for both pre-service and in-service training and to reinforce critical health messages, so that health workers feel confident and empowered to deliver effective services in their communities.

Content adaptation is an iterative process, and Digital Campus will continue to improve its content with additional media and quizzes. All courses are created in [Moodle](#), an open source learning platform used by millions of educators and learners in over 200 countries.

## FEATURED COURSES

### OpenWASH



#### WASH: Context and Environment

This Module provides essential background to WASH by explaining broader topical issues such as sustainability, resilience, population growth, urbanisation, climate change, and global policy. It will also look at the interconnections between people and their environment, and the science that underpins that relationship.





Improved sanitation has proven benefits for human health, quality of life and poverty reduction. This module is designed to equip students with knowledge of the importance of sanitation, the benefits, the methods and the main challenges. It also covers the disposal of solid domestic waste and the benefits of an integrated approach to waste management.



## Urban Water Supply

This module focuses on service delivery in urban settings, including water supply from large utility companies, access points within a town, tariff setting, cost recovery, regulation and management. It considers the challenges for WASH provision in areas of high-density population where lack of space is a problem and considers opportunities for improvement in service delivery and management.

## Community Health Workers



### Antenatal Care

The goal of antenatal care is to have a healthy mother and baby by monitoring the well-being of both the woman and the fetus during pregnancy, and helping them make a smooth transition to labour and delivery. This course will equip you with the basic principles and practice of antenatal care at health post and home level.



### Postnatal Care

In this study session, you will learn why care in the postnatal period is so important, and about the need for



## Labor and Delivery Care

This session will help you to understand the labour and delivery process, so that you can make accurate decisions and feel confident when you attend births. You will also learn how to prepare the pregnant woman to become aware of the changes in her body that indicate labour will start soon, and how to recognise the onset of true labour, so she can send for you to come in good time.

## Content creation Frequently asked questions

### How can I access the resources?

There are three different ways to access the content:



**You can download the courses to run offline on your Android smartphone directly from the [OppiaMobile learning app](#).**

This way you get the best user experience and access to the full material of the courses, seeing them in the medium they are intended to.





Although this applies the same style-sheet as when the content is viewed in the OppiaMobile app, the navigation and layout isn't identical to the mobile app. This option is likely to be useful if you'd like to get a feel for the subject areas covered by the courses and the activities included.



You can download the [Moodle backup versions](#) of these courses.

This option is designed for you to be able to install the courses on your Moodle server for the purposes of providing localized versions, perhaps to fit your curriculum, or with references to the country/region in which you are delivering training.

## Can I reuse or adapt the courses?

Most courses are released under a Creative Commons license, and include media content which is also released under an open license. Users are free to adapt these courses to fit their needs.

## How have the courses been adapted?

The Health Education And Training ([HEAT](#)) courses were originally written to support the new Level IV for the Health Extension Program in Ethiopia. HEAT is the approved training programme by the [Ethiopia Federal Ministry of Health](#) to help upgrade its 34,000 Health Extension Workers (HEWs). As part of the mobile adaptation process, Digital Campus removed specific references to Ethiopia and HEWs to ensure that the resources could be used more widely in sub-Saharan Africa and beyond to help deliver effective frontline health worker training.

For some courses, a summary version is also available (e.g. Antenatal Care and Maternal, Newborn and Child Care) which essentially displays clear and concise health information messages, video and quiz content that can prove to be useful for health workers wishing to gain a more timely and practical approach to health training.



## Contact

Digital Campus welcome any questions, feedback or suggestions about these learning resources. Digital Campus can provide advice on how to integrate digital-campus.org in your health worker training program. You can contact us at: [info@digital-campus.org](mailto:info@digital-campus.org)

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