

# Kontinye pran medikaman kont Tibèkiloz la

Keep taking your TB medicine



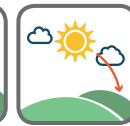
## Pa bliye pwochen vizit kay doktè w.

Remember your next doctor visit.

Mwa Month							
Jou Day	Di Dimanch Sunday	L Lendi Monday	Ma Madi Tuesday	Mè Mèkredi Wednesday	J Jedi Thursday	V Vandredi Friday	S Samdi Saturday
Dat Date							



Maten  
Morning



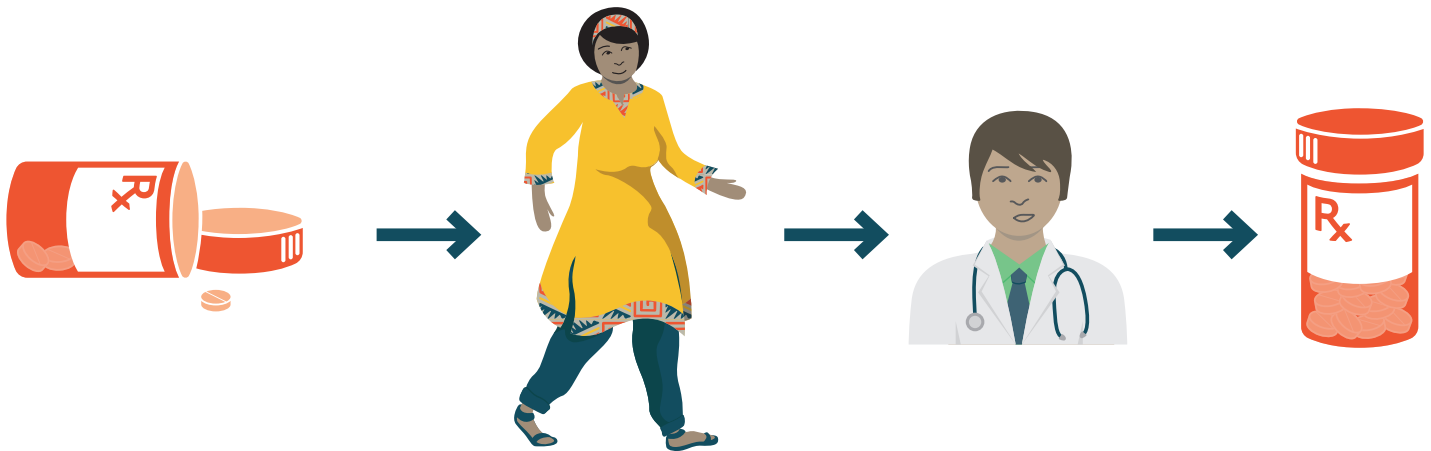
Apremidi  
Afternoon



Aswè  
Night

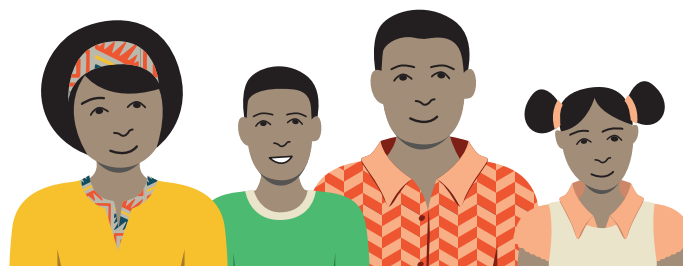
## Ou pral resevwa plis medikaman nan vizit ou a.

You will get more medicine at your next visit.



## Lè w pran medikaman kont Tibèkiloz, ou ka anpeche maladi Tibèkiloz la devlope epi ou ka pèmèt fanmi w rete an sante!

By taking your TB medicine, you can prevent TB disease and keep your family healthy!



# Se pou toujou pran medikaman kont Tibèkiloz la

Take your TB medicine every time

## Ajoute l nan aktivite ou fè lajounen yo

Make it part of your day



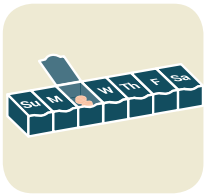
- Toujou kite medikaman w yo menm kote a, tankou bò tèt kabann ou oswa sou tèt lavabo a.

Keep your medicine in one place, like next to your bed or above the sink.



- Pran medikaman w yo nan menm lè a, tankou lè wap bwose dan w.

Take your medicine at the same time, like when you brush your teeth.



- Itilize yon bwat ki fèt pou mete medikaman pou ka byen òganize (mande yo ede w premye fwa a).

Use a pillbox to keep organized (ask for help the first time).



- Ekri yon nòt ki pou fè w sonje, epi mete l sou pòt frijidè a oswa sou miwa ki nan twalèt la.

Write yourself a note, and put it on the refrigerator door or bathroom mirror.



- Itilize yon kalandriye pou tcheke jou ou pran medikaman w yo.

Use a calendar to check off the days you have taken your medicine.

## Chèche sipò

Get support



- Mande yon manm fanmi w oswa yon zanmi w pou l fè w sonje.

Ask a family member or friend to help you remember.

## Kisa w fè pou ka sonje?

What do you do to remember? \_\_\_\_\_