

United Republic of Tanzania Contraception within the context of adolescents' sexual and reproductive lives: Country profile

SOCIO-DEMOGRAPHIC CHARACTERISTICS					
	Both Sexes	Female		Male	
	10-19 years	10-14 years	15-19 years	10-14 years	15-19 years
Total population of adolescents (millions) ¹ (2020)	14.1	3.8	3.2	3.9	3.2
% of total population that are adolescents ¹ (2020)	23.6	12.7	10.7	13.0	10.9
% of adolescents that live in rural areas ² (2014)	68.9	71.5	61.6	73.7	67.2
% of total rural population that are adolescents ² (2014)	23.0	13.0	9.3	13.5	10.2
% of total urban population that are adolescents ² (2014)	22.5	11.1	12.5	10.5	10.8
% national monetary child poverty ³ (2017)	29.0				
Completion rate for lower secondary school ⁴ (2015)	Female	26.7			
	Male	31.1			
Completion rate for upper secondary school ⁴ (2015)	Female	6.8			
	Male	9.9			
Out of school rate	Female	No data			
	Male	No data			

CHILD MARRIAGE/UNION STATUS ⁵ (2015-16)		
	Female	Male
Adolescents, 15-19, who are married/ in union (%)	23.0	1.5
% married/in union before age 15 (aged 20-24)	5.2	0.5
% married/in union before age 18 (aged 20-24)	30.5	3.9

FEMALE GENITAL MUTILATION ⁵ (2015-16)		
	10-14 years	15-19 years
% of girls who have undergone female genital mutilation/cutting	0.6	4.7

GENDER-BASED VIOLENCE ⁵ (2015-16)		
	10-14 years	15-19 years
% of girls who report experiencing:		
Physical violence in the last 12 months	No data	12.7
Sexual violence in the last 12 months	No data	5.6
% of adolescents (aged 15-19) who think a husband is justified in hitting or beating his wife in certain circumstances		
Female	Male	
59.1	49.6	

SEXUAL ACTIVITY ⁵ (2015-16)				
	Female		Male	
	10-14 years	15-19 years	10-14 years	15-19 years
% of adolescents engaged in pre-coital physical behavior	No data	No data	No data	No data
% of adolescents that ever-had sex	No data	52.2	No data	45.9
% of adolescents having had sex by age 15	No data	12.7	No data	13.8
% of adolescents sexually active in the last month	No data	24.7	No data	19.7

CHILDBEARING		
% of adolescent girls who have begun childbearing ⁵ (2015-16)	10-14 years	No data
	15-19 years	26.7
% of women (aged 20-24) who gave birth before 18 years ⁶ (2017)	22.4	
Number of births per 1,000 girls, 15-19 ⁷ (2019)	111.1	
% of adolescent girls (aged 15-19) with live births who received antenatal care (ANC4+ visits) ⁸ (2015-16)	47.7	
% of births among girls (aged 15-19) attended by skilled health personnel ⁵ (2015-16)	68.2	

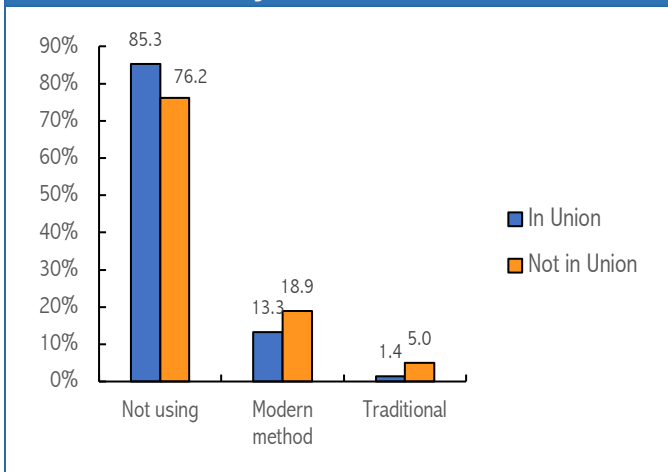
ABORTION

	10-14 years	15-19 years
Abortion rate per 1,000 girls	No data	No data

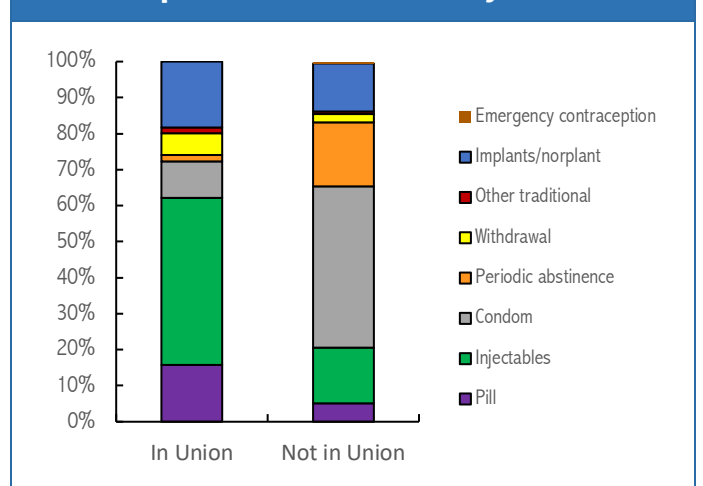
FERTILITY INTENTIONS & CONTRACEPTIVE USE^{5,9} (2015-16)

% of most recent pregnancies experienced by adolescent girls aged 15-19, including current pregnancies by planning status	Married/ In union	Unmarried/ not in union
Last pregnancy wanted (<2 years)	74.0	32.3
Last pregnancy wanted later (>=2 years)	25.8	66.5
Last pregnancy not wanted at all	0.2	1.2
% of adolescent girls (aged 15-19) with an unmet need for modern methods of contraception	23.0	42.4*
% of sexually active unmarried adolescent girls (aged 15-19) who currently use at least one method of modern contraception	33.1	

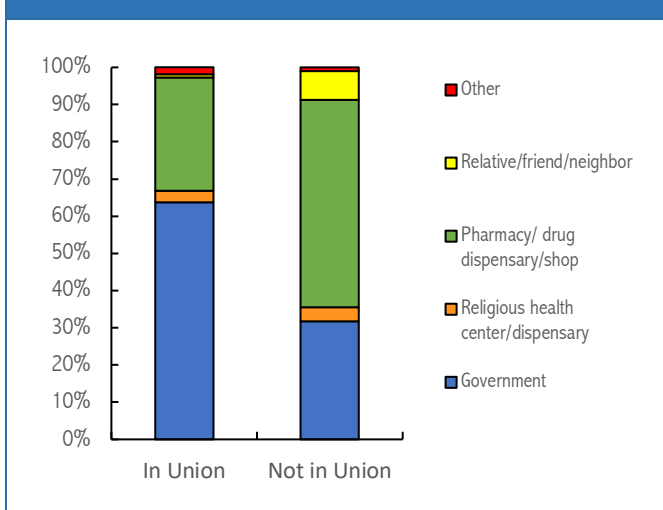
Current use and non-use of contraception, 15-19 years⁹ (2015-16)



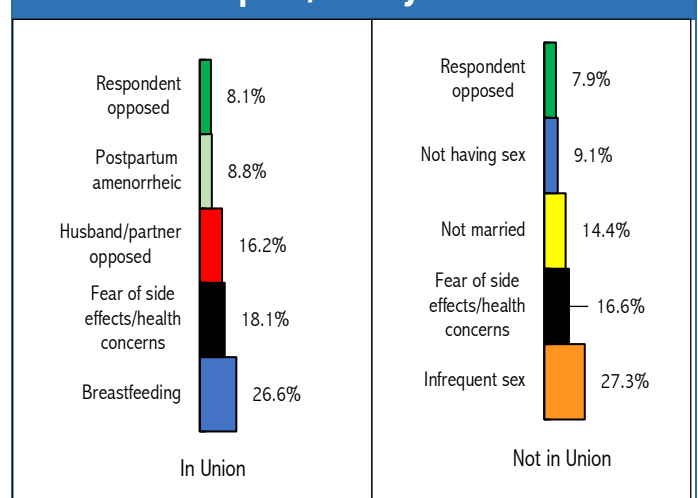
Contraceptive method mix, 15-19 years⁹ (2015-16)



Main sources of contraception, 15-19 years⁹ (2015-16)



Main reasons for not intending to use contraception, 15-19 years⁹ (2015-16)



HIV/AIDS, SEXUALLY TRANSMITTED INFECTIONS (STIs) AND HUMAN PAPILLOMA VIRUS (HPV)

	Female			Male		
	10-19 years	10-14 years	15-19 years	10-19 years	10-14 years	15-19 years
Number of adolescents living with HIV ¹⁰ (2020)	57,000	18,000	39,000	42,000	18,000	24,000
Number of new HIV infections among adolescents per year ¹⁰ (2020)	7,700	No data	7,700	2,600	No data	2,600
% of adolescents with comprehensive knowledge about AIDS ¹¹ (2011-2)	No data	No data	36.8	No data	No data	41.9
% prevalence of sexually transmitted infections among adolescents ⁵ (2015-16)	No data	No data	8.1	No data	No data	5.0
% of sexually active adolescents who had an HIV test in the last 12 months and received the results ¹¹ (2011-12)	No data	No data	33.8	No data	No data	21.3
% of girls, 15 or older, who have completed the full three dose vaccination schedule for HPV	No data	No data	No data	No data	No data	No data

MENSTRUAL HEALTH

	10-14 years	15-19 years
% of adolescent girls who were aware of menstruation before the onset of their first menstruation	No data	No data
% of adolescent girls who did not participate in social activities, school, or work due to their last menstruation in the last 12 months	No data	No data

DATA SOURCES

- World Population Prospects, 2019 Revision. *Population data*. United Nations Department of Economic and Social Affairs, Population Division. Available from: <https://esa.un.org/unpd/wpp/Download/Standard/Population/> [Accessed 17th October, 2019].
- United Nations. *World Urbanization Prospects, the 2014 Revision*. New York: United Nations; Department of Economic and Social Affairs, Population Division; 2014.
- Keeley B, Little C. *The State of the World's Children 2017: Children in a Digital World*. UNICEF: New York; 2017.
- UNESCO Institute of Statistics. *UIS Statistics*. Available from: <http://data.uis.unesco.org> [Accessed 23rd September 2019].
- Ministry of Health, Community Development, Gender, Elderly and Children- MoHCDGEC/Tanzania Mainland, Ministry of Health- MoH/Zanzibar, National Bureau of Statistics- NBS/Tanzania, Office of Chief Government Statistician- OCGS/Zanzibar, and ICF. *Tanzania Demographic and Health Survey and Malaria Indicator Survey (TDHS-MIS) 2015-16*. Dar es Salaam/Tanzania: MoHCDGEC, MoH, NBS, OCGS, and ICF; 2016.
*Unmet need for modern methods of contraception for girls not married/in union is for the proportion that are sexually active in the last month.
- Ministry of Health, Community Development, Gender, Elderly and Children MoHCDGEC- Tanzania Mainland, Ministry of Health- MoH/Zanzibar, National Bureau of Statistics- NBS, Office of the Chief Government Statistician- OCGS, and ICF. *Tanzania Malaria Indicator Survey 2017*. Dar es Salaam, Tanzania, and Rockville, Maryland, USA: MoHCDGEC, MoH, NBS, OCGS, and ICF; 2017.
- United Nations Department of Economic and Social Affairs, Population Division. *World Population Prospects. Fertility data- 2020-2025*. Available from: <https://population.un.org/wpp/Download/Standard/Fertility/> [Accessed 30th October 2019].
- UNICEF. *Adolescent health*. Available from: <https://data.unicef.org/topic/maternal-health/adolescent-health/#status> [Accessed 23rd February, 2019].
- Ministry of Health, Community Development, Gender, Elderly and Children- MoHCDGEC/Tanzania Mainland, Ministry of Health- MoH/Zanzibar, National Bureau of Statistics- NBS/Tanzania, Office of Chief Government Statistician- OCGS/Zanzibar, and ICF. *Tanzania Demographic and Health Survey and Malaria Indicator Survey (TDHS-MIS) 2015-16/ TZIR7AFL.DTA*. Dar es Salaam/Tanzania: MoHCDGEC, MoH, NBS, OCGS, and ICF; 2016.
- UNAIDS. *Trends of new HIV infections*. Available from: <http://aidsinfo.unaids.org> [Accessed 9th October 2020].
- Tanzania Commission for AIDS- TACAIDS, Zanzibar AIDS Commission- ZAC/Tanzania, National Bureau of Statistics- NBS/Tanzania, Office of the Chief Government Statistician- OCGS/Tanzania, and ICF International. *Tanzania HIV/AIDS and Malaria Indicator Survey 2011-12*. Dar es Salaam, Tanzania: TACAIDS/Tanzania, ZAC/Tanzania, NBS/Tanzania, OCGS/Tanzania, and ICF International; 2013.

WHO/SRH/20.25 © World Health Organization 2020. Some rights reserved. This work is available under the CC BY-NC-SA 3.0 IGO licence. All reasonable precautions have been taken by the World Health Organization to verify the information contained in this publication. However, the published material is being distributed without warranty of any kind, either expressed or implied. The responsibility for the interpretation and use of the material lies with the reader. In no event shall the World Health Organization be liable for damages arising from its use. For more information, please contact: Department of Sexual and Reproductive Health and Research; E-mail: srhavp@who.int Website: www.who.int/health-topics/adolescent-health/