## **Patient Navigator Daily Routine**



Kilimanjaro Christian Medical Centre

## Morning:

- 1. Print out daily schedule for Clinic and Chemo
- 2. Identify the new patients that will be seen in Clinic that day
  - Report these at morning report on Monday and Thursday
  - Prepare to accompany them when they see the doctor for new diagnosis talk
- 3. In between seeing new patients, or if no new patients for the day, check in with current patients scheduled for the day:
  - Does anyone need to see social work?
  - Talk with any unscheduled patients who have shown up that day
  - Be available to answer any other additional questions
- 4. Continue with any additional counseling/education of new patients, after they've seen the doctor: asses any immediate needs, and refer as needed (social work, palliative care, etc)
  - Discuss with them: procedures for Clinic and Chemo appts, navigating through the hospital, their chemotherapy schedule (discuss common side effects), emergency situations, and when to come in/call CCC, etc.
- 5. On non-clinic days (Wed/Friday), follow-up with patients admitted in the ward
  - Check in with the patient and the ward nurse regarding care

## Afternoon:

- 1. Call the social worker and discuss referrals
- 2. At 12:00pm, check clinic and chemo list to see which patients have not shown up for their appt. Start calling to follow-up.
- 3. Continue to see new patients for additional education or address other questions from current patients
- 4. By 3:00pm, re-check the clinic and chemo list to see who still has not arrived, and continue making follow-up phone calls
- 5. Review Excel file and make follow-ups with any other patient previously contacted
- 6. At the end of the day, check in with the Chemo nurse to see if any additional patients need follow-up (those who may have had an extravasation that day, bad side effects, nausea, etc.). Follow-up with them the next day to assess situation.
- 7. If time allows, call patients who are scheduled for the coming days to remind them of appts.
- 8. If time allows on Thursdays: attend the Pediatric conference call to assist in calling pediatric patients lost to follow-up.
- 9. Document all the days events
  - Education: with whom and what type of education
  - All follow-up calls in Excel spreadsheet