



Western Cape  
Government

Health



PACK  
Practical Approach to Care Kit

# COVID-19 vaccination

## Summary of recent changes (last updated 24 May 2021):

- Storage conditions for Comirnaty™ updated (page 3).
- Contraindications and precautions clarified and reordered in line with EVDS (page 5).
- Additional information added to Comirnaty™ draw up: tips to draw 6 doses from a vial.

## Version 2

Guidance for the Janssen®(JNJ) Ad26.COV2.S and Comirnaty®(Pfizer-BioNTech) BNT162b2 COVID-19 vaccines.

Practical Approach to Care Kit: Vaccine

Guidance for vaccinators on how to store, prepare, draw up and administer COVID-19 vaccines  
Updated May 2021 · Western Cape Edition

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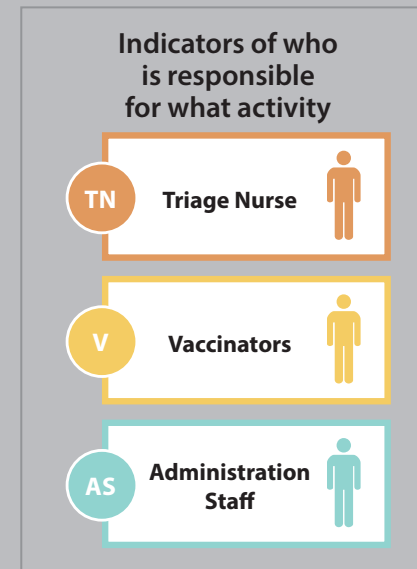
**Orange-highlighted** medications may be prescribed by a doctor or an authorised prescriber (clinical nurse practitioner or professional nurse) in accordance with his/her scope of practice within a specified field.

**Blue-highlighted** medications may be prescribed by a doctor or clinical nurse practitioner who is an authorised prescriber.

**Green-highlighted** medications may be prescribed by a doctor only

**Arrows** refer you to another page in the guide:

- The return arrow (↩) guides you to a new page but suggests that you return and continue on the original page.
- The direct arrow (→) guides you to continue on another page.



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# Summary table of Janssen® and Comirnaty® vaccines

|                                   | Janssen® (J&J) vaccine (Ad26.COV2.S)   | Comirnaty® (PFIZER-BioNTech) vaccine (BNT162b2)  |  |
|-----------------------------------|--|--|--|
| Vial                              | <ul style="list-style-type: none"> <li>Blue topped multi-dose vial</li> <li>Each vial contains 2.5mL: 5 doses of 0.5mL.</li> <li>Liquid suspension for injection</li> <li>Colourless to slightly yellow, clear/shiny suspension</li> </ul>   | <ul style="list-style-type: none"> <li>Purple topped multi-dose vial</li> <li>Requires dilution (preservative-free sodium chloride 0.9% for injection)</li> <li>Before dilution: 0.45mL frozen liquid drug product</li> <li>After dilution: each vial contains 2.25mL: at least 6 doses of 0.3mL each</li> </ul>   | <ul style="list-style-type: none"> <li>Record 'new' expiry date and time every time vaccine moved from freezer to refrigerator to room temperature and after dilution/first puncture.</li> <li>Never re-freeze vaccine.</li> </ul> |
| Each dose                         | 0.5mL via intramuscular injection (deltoid)  | 0.3mL via intramuscular injection (deltoid)  |  |
| Number of doses                   | One dose per client  | Two doses per client – at least 21 days apart. <i>Note:</i> this interval may change to 42 days - circular from National pending.  |  |
| Approved for:                     | Clients ≥ 18 years old   | Clients ≥ 16 years old   |  |
| Freezer storage                   | Freezer (-25°C to -15°C): up to 2 years  | Ultra-low freezer (-75°C to -65 °C): for up to 6 months<br>Freezer (-25°C to -15°C): for up to 14 days   | <p>NOTE: Once removed from the ultra-low freezer, vials may be kept for 14 days at -20°C, plus 31 days at 2°C to 8°C. 45 days in total.</p>  |
| Refrigerator storage (2°C to 8°C) | For up to 3 months.  | For up to 31 days  |  |
| Thawing                           | <ul style="list-style-type: none"> <li>Preferably, thaw overnight in refrigerator (2-8°C) for 12 hours.</li> <li>Keep in original carton.</li> <li>Protect from sunlight.</li> </ul>   | <ul style="list-style-type: none"> <li>If thawing in original tray of 195 packaged vials, thaw at 2-8°C for 3 hours (preferred) or</li> <li>If thawing an individual frozen vial, thaw for 30 minutes at room temperature (up to 30°C) for immediate use.</li> <li>Protect from sunlight.</li> </ul>   |  |
| Acclimatisation                   | 15-30 minutes after removing from refrigerator.  | 15-30 minutes after removing from refrigerator.  |  |
| Preparation                       | <u>No</u> dilution needed.   | Dilution needed. Use 1.8mL preservative-free sodium chloride 9mg/mL (0,9 %) solution for injection as diluent. Store diluent in vaccine fridge with thawed vaccines.   |  |
| Expiry times once prepared        | After first puncture of vial, vaccine can be held: <ul style="list-style-type: none"> <li>In refrigerator (2-8°C) for up to 6 hours.</li> <li>At room temperature (up to 25°C) for up to 3 hours.</li> </ul>   | After dilution: <ul style="list-style-type: none"> <li>Keep at room temperature (up to 25°C) for up to 6 hours.</li> <li>Do not return to refrigerator.</li> </ul>   |  |
| Drawing up equipment              | <p><b>For each dose:</b></p> <ul style="list-style-type: none"> <li>1 mL or 2mL syringe</li> <li>1x needle - use light blue needle 23G x 1" (25mm). If client is overweight, then use a longer needle: <ul style="list-style-type: none"> <li>Black 22G x 1¼" (32mm) or blue 23G x 1½" (38mm)</li> </ul> </li> <li>Alcohol swab (Webcol™)</li> <li>Cotton wool</li> <li>Water for cleaning</li> <li>Adhesive surgical tape (Micropore™)</li> <li>Alcohol hand sanitiser</li> <li>Vaccination card</li> </ul> | <p><b>For dilution:</b></p> <ul style="list-style-type: none"> <li>2mL syringe and green 21G x1½" (40mm) needle</li> <li>Preservative-free sodium chloride 0.9%</li> </ul> <p><b>For each dose:</b></p> <ul style="list-style-type: none"> <li>0.3mL, 0.5mL or 1mL syringe</li> <li>1x needle - use light blue needle 23G x 1" (25mm). If client is overweight, then use a longer needle: <ul style="list-style-type: none"> <li>Black 22G x 1¼" (32mm) or blue 23G x 1½" (38mm).</li> </ul> </li> <li>Alcohol swab (Webcol™)</li> <li>Cotton wool</li> <li>Water for cleaning</li> <li>Adhesive surgical tape (Micropore™)</li> <li>Alcohol hand sanitiser</li> <li>Vaccination card</li> </ul> |  |
| Security                          | Keep vaccines in an access-controlled room. Lock refrigerator and rooms where the vaccines are stored. Monitor and take stock daily.   |  |  |



# The vaccine client pathway

TN

- Ensure triage staff and queue marshals wear surgical masks and keep at least 1m distance from clients.
- Ensure queuing clients keep at least 1m apart from each other and wear masks.
- Have 70% alcohol-based hand sanitiser available for all clients entering vaccination area.

### Screen vaccine clients:

- Ask each client if s/he has had close contact with anyone diagnosed with COVID-19 in the last 10 days. If yes, delay vaccination until 10-day quarantine period is complete.
- Ask each client if s/he has had new onset of any of the following in the last 14 days:
  - Shortness of breath or difficulty breathing
  - Cough
  - Sore throat
  - Loss of sense of smell or change in sense of taste

No to all

Yes to any

Does client have a vaccination code confirming registration on the EVDS?

Yes

No

- Manage as client with suspected COVID-19
- Give client a surgical mask to wear.
  - Refer to local health provider/clinic to further assess, test and manage.

AS

Refer client to EVDS support staff member.

Assist client to self register on EVDS.

- Capture ID and details.
- Confirm if client is registered:

Client registered

Client **not** registered

- Refer client to vaccination waiting area.
- Ensure clients sit at least 1m apart.

Refer client to EVDS support staff member.

# Pre-vaccination health check

24 May 2021

The only absolute contraindication to vaccination is a history of immediate allergic reaction after a previous dose of COVID-19 vaccine or known allergy to an ingredient of vaccine. This page guides you through precautions.

Many clients are anxious at this stage: be kind and reassuring.

Updated - steps reordered.

V

- Wear appropriate PPE: surgical mask. Clean hands between each client. Gloves not compulsory for vaccinating. If client has disclosed a positive HIV status, wear gloves to vaccinate.
- Client will be screened for COVID-19 symptoms upon entering the facility.

## STEP 1. Work through steps on the Electronic Vaccine Data System (EVDS)

Confirm identity. Then complete and record informed consent process and questions with the client on EVDS. Steps 2-6 provide additional guidance/advice according to client's responses:

## STEP 2. Ask about previous COVID-19 infection and other recent vaccines

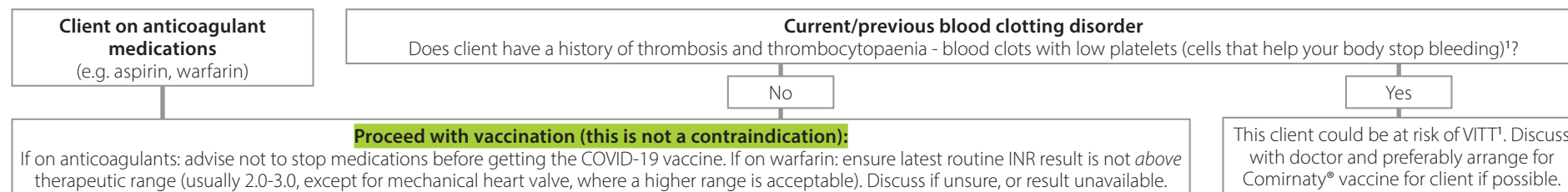
- Ask client if s/he received a vaccine in the past 2 weeks. If yes, delay vaccination: advise client to return at least 2 weeks after last vaccination (Comirnaty® vaccine doses need to be at least 21 days apart).
- Ask client if s/he tested positive for COVID-19 infection in the past 3 months (90 days). If yes, delay vaccination: advise client to return at least 3 months after testing positive or onset of symptoms.

## STEP 3. Ask if client has a history of allergy to any food, substance, medicines or vaccines. If none, move to next step.

If history of allergy (trouble breathing, hives, facial or tongue swelling or low pressure): assess risk of allergy further on 56.

## STEP 4. Ask about any blood clotting disorders or anticoagulant medications. If none, move to next step.

- If client asks about blood clotting risks: reassure client that the risk of VITT<sup>1</sup> is extremely low. This is because the mechanism for VITT is immune-mediated and is not the same as the mechanism of common causes of blood clots, like deep vein thromboses (DVT) and/or pulmonary embolisms (PE).



## STEP 5. Ask if client has a chronic medical condition requiring ongoing specialist care. If none, move to next step.

- Reassure client that having a chronic medical condition is not a contraindication to vaccination.
- If immunocompromise or autoimmune disease - reassure that s/he can still be vaccinated. Emphasise ongoing prevention measures as data on adequate immune response is limited.
- If on immunosuppressive therapy, check if client has confirmed timing of vaccination with his/her specialist. If not, advise to confirm this before continuing vaccination.

## STEP 6. If woman of child bearing age, ask about pregnancy or breastfeeding. If none, move to next step.

- **If breastfeeding:** advise that vaccination is a personal choice. Explain that as non-live vaccines pose no risk for breastfeeding mother or their infants, COVID-19 vaccines are also not thought to be a risk. If client understands and consents, continue with vaccination process.
- **If pregnant:** advise client that data is still limited and vaccination is a personal choice. Explain that initial studies have found no increased risk of pregnancy complications after the vaccine. Experts advise that pregnant people should be vaccinated due to the high risk of complications from COVID-19. If client understands and consents, continue with vaccination process.

Proceed to vaccination: if giving Comirnaty® vaccine → 7. If giving Janssen® vaccine → 11.

<sup>1</sup>This includes Vaccine-induced Immune Thrombotic Thrombocytopenia (VITT) and Heparin-Induced Thrombocytopenia and Thrombosis (HITT). This is where an immune response, triggered by this type of vaccine in VITT, or heparin in HITT, causes blood clots (in brain, abdomen or legs), along with low platelet levels (blood cells that help your body stop bleeding). Only very few people who have received COVID vaccines have had VITT, mainly females under the age of 50 years. Symptoms started 1-2 weeks after vaccination and included severe persistent headaches, neurological symptoms, abdominal pain, shortness of breath, chest pain and leg pain/swelling. The chance of VITT is extremely low. Educate the client about it, especially if female < 50 years but emphasise that because of the rarity of these events and the potential severity of COVID-19, the overall benefits of the vaccines far outweigh this risk.

# Allergy risk assessment

**Decide if safe to give vaccine today in client with a history of allergy and for how long to observe client post vaccination.**

- Explain that a severe allergic reaction refers to any of the following that occur soon after being exposed (minutes to hours):
  - Swelling of the face, particularly of eyes, lips, tongue
  - A skin rash, often called hives, in the form of red, raised, itchy bumps
  - Anaphylaxis – severe allergic reaction which may have caused itchiness or rash, swelling of face, lips, tongue, difficulty breathing, abdominal pain, nausea, vomiting. Client may have a medic-alert bracelet.

**Has client had a severe allergic reaction in the past?**

No

Proceed with vaccination today and observe for symptoms for 15 minutes.

Continue to step 4 →5.

Yes

Has client had a severe allergic reaction to a COVID-19 vaccine before (i.e. first dose of a two-dose regimen like the Comirnaty® vaccine)?

No

Has client had a severe allergic reaction to a vaccine or an injectable medication?

No

Client had a severe allergy to another substance like food, pet/s, insect venom, latex, oral medication/s.

Proceed with vaccination today but observe for symptoms for **30 minutes**:  
Continue to step 4 →5.

Yes

Doctor to assess risk and discuss with client:

- Is client known with allergy to any ingredients in COVID-19 vaccines? See table below. (ask specifically about agents most commonly responsible for allergic reactions: polyethylene glycol (PEG 2000) or polysorbate 80).

No

Yes or client not sure

**Do not vaccinate: refer to allergy specialist for risk assessment. Explain risk to client.**

**Janssen® (J&J) vaccine (Ad26.COVS.2.S)**

- Polysorbate 80
- Sodium chloride
- Citric acid monohydrate buffer
- 2 hydroxypropyl-β-cyclodextrin (HBCD)
- Ethanol (absolute)
- Sodium hydroxide
- Water for injection
- Recombinant, replication-incompetent Ad26 vector, encoding a stabilized variant of the SARS-CoV-2 Spike (S) protein

**Comirnaty® (Pfizer-BioNTech) vaccine (BNT162b2)**

- 2[(polyethylene glycol (PEG))-2000]-N,N-ditetradecylacetamide
- 1,2-distearoyl-sn-glycero-3-phosphocholine
- Cholesterol
- (4-hydroxybutyl)azanediyl)bis(hexane-6,1-diyl)bis(2-hexyldecanoate)
- Potassium chloride
- Monobasic potassium phosphate
- Sodium chloride
- Dibasic sodium phosphate dehydrate
- Sucrose
- Nucleoside-modified mRNA encoding the viral spike (S) glycoprotein of SARS-CoV-2

Note: Neither vaccine contains eggs, gelatin, latex, or preservatives.

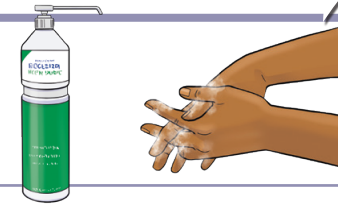
# How to draw up the Comirnaty<sup>®</sup> vaccine

Updated- dilution tips added.

1

## Clean hands

- Follow an aseptic technique.
- Clean hands well before vaccine preparation, between patients or at any time if hands become soiled.



2

## Bring vaccine and diluent to room temperature

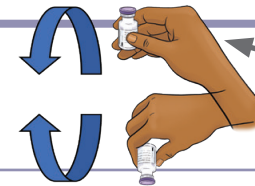
- If vaccine is in refrigerator:
  - Remove and allow to come to room temperature for 15-30 minutes.
  - Vials can be held at room temperature for up to 2 hours before mixing.
- If vaccine in cooler box:
  - No need to wait, remove and start preparing.



3

## Gently invert to mix

- Before inspection and dilution, gently invert (tip upside down) vaccine vial 10 times.
- Do not shake! If vial is shaken, discard it.

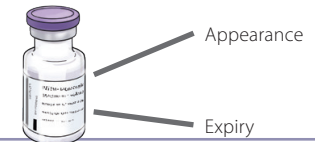


Hold vial on the sides and invert 10 times.

4

## Check and inspect

- **Check:**
  - Correct vaccine and diluent.
  - Expiry date on vaccine and diluent.
- **Inspect:**
  - Vaccine liquid prior to dilution: should be a white/off-white suspension and may contain white/off-white tiny solid particles. Do not use if liquid is discoloured.
  - Vial: check for cracks or any abnormalities (evidence of tampering).



5

## Clean stopper and allow to dry

- Open: flip off purple plastic cap without touching rubber stopper.
- Wipe rubber stopper with an alcohol swab for each dose drawn up.
- Allow to dry before inserting needle.

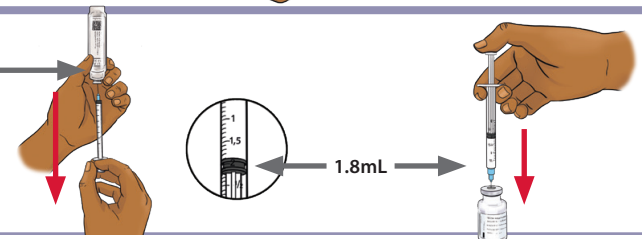


6

## Dilute

- Dilute in original vaccine vial:
  - Use a 2mL syringe and 21G or narrower needle. Ensure needle attached securely.
  - Withdraw 1.8mL of sodium chloride 0.9% for injection (preservative-free).
  - Remove needle from diluent and before adding diluent to vaccine vial, pull back plunger slightly to introduce a little bit of air into syringe – this will help to get all diluent into vial.
  - Then inject this 1.8mL of diluent slowly into vaccine vial to prevent foaming.

**Dilute**  
Use sodium chloride 0.9%  
(preservative-free)



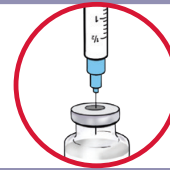
How to draw up the Comirnaty® vaccine - continued

Updated - tips to obtain 6 doses.

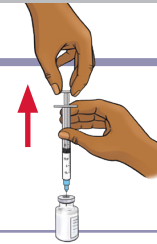
7

**Equalise pressure in vial**

Before removing needle from vial, pull needle up slightly so the tip is no longer in liquid and withdraw 1.8mL of air into empty diluent syringe.



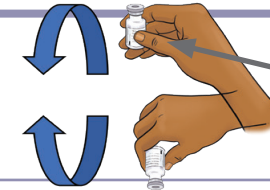
Remove 1.8mL of air from vial



8

**Gently invert to mix and inspect**

- Once diluted, gently invert (tip upside down) vaccine vial 10 times.
- Do not shake! If vial is shaken, discard.
- Contents of vial should be an off-white dispersion with no particles visible now. If discoloured or particles present, discard it.
- There is now 2.25mL after dilution, which provides at least 6 doses of 0.3mL.

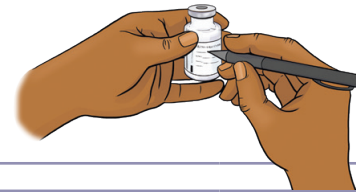


Hold vial on the sides and invert 10 times.

9

**Record dilution time and date and new expiry**

- Record time and date on vial that diluent added and new expiry time.
- Keep at room temperature (**up to 25°C**) for up to 6 hours.
- Discard any unused vaccine after 6 hours.
- Do not return to refrigerator or freezer storage.



10

**Draw up: choose appropriate needle length**

- Use a light blue 23G x 1" (25mm) needle unless client is obese. If obese, use instead one of the following:
  - Black 22G x 1¼" (32mm) or blue 23G x 1½" (38mm).
- Attach needle securely to vaccine syringe (0.3mL, 0.5mL or 1mL syringe). Carefully uncap.

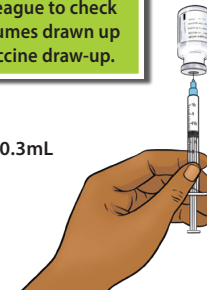
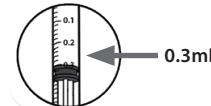
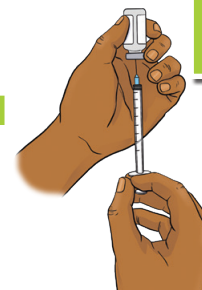


11

**Withdraw vaccine and remove air bubbles**

- Wipe vial stopper with an alcohol swab and allow to dry fully. Clean for *each* dose drawn up.
- Hold vial steady on flat surface and insert needle into rubber stopper. Then pick up vial and syringe and turn upside down to withdraw.
- Withdraw **0.3mL** of Comirnaty® COVID-19 vaccine.
- **Adjust plunger to remove air bubbles whilst needle is still in the vial to avoid loss of vaccine. Try to avoid tapping syringe or vial.**
- **When drawing up 6th dose: insert needle into rubber stopper at an angle to allow access to vaccine in corner of vial.**

If repeatedly unable to draw up 6 doses: ask a colleague to check technique and volumes drawn up at dilution and vaccine draw-up.



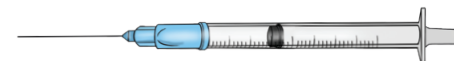
Adjust plunger to remove air bubbles whilst needle is in the vial. Try to avoid tapping.

**Note:** If amount of vaccine left in vial cannot provide a full 0.3mL dose, discard vial and contents into pharmaceutical waste. Do not combine vaccine from multiple vials to obtain a dose.

12

**Do not change needles**

- Do not change needles. Use the same needle that you have drawn up the dose to administer vaccine.
- **Never leave a needle in the vaccine vial between drawing up doses.**



Use vaccine within 6 hours of dilution.



# How to administer the Comirnaty<sup>®</sup> vaccine

At the beginning of each day, check the emergency tray/box is fully equipped and discuss team members roles/responsibilities and processes in the event of emergency.

## 1 Position yourself well

- If not done already, complete pre-vaccination health check ↪ 5.
- Protect yourself: sit or stand sideways-on to client. Check that client's mask is covering his/her nose and suggest client looks straight ahead.
- Lower your chair if possible so eye level with injection site.



## 2 Check contents of syringe

- Check contents of syringe:
  - Correct dose – 0.3mL
  - No particles
  - Off-white suspension
  - No discoloration



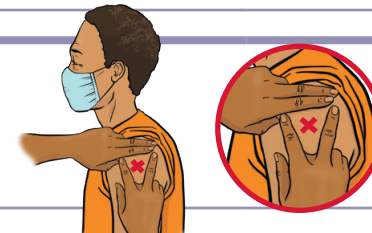
## 3 Expose injection site fully

- Ask client to expose his/her non-dominant arm (the one s/he does not write with). If possible, ensure whole shoulder and upper arm can be seen.
- Injection site is usually on left arm unless client is left-handed or has a rash, bruise, tattoo, redness, swelling, or other medical condition (e.g. amputation) involving intended site, then use right arm instead.
- Document injection site on the EVDS if *not* left deltoid.
- Ask client to rest his/her left hand in his/her lap and relax arm.



## 4 Locate injection site

- Find bony tip of shoulder (acromion process). Measure 2-3 fingers (3-5cm) below this.
- Use other hand to form a triangle below this.
- The injection site should be in centre of triangle in thickest part of deltoid muscle.
- Remember where this point is.



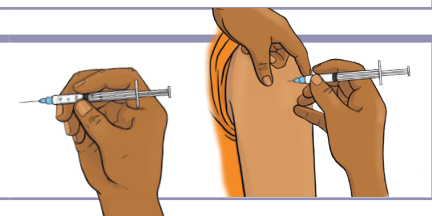
## 5 Clean

- Clean with cotton wool and water. Do not use an alcohol swab.



## 6 Insert needle

- Hold syringe firmly between the thumb and forefinger like holding a pencil.
- Gently stretch and support the skin with other hand. Avoid bunching the skin unless very low muscle mass ↪ 15.
- Insert needle at 90° angle to skin into thickest part of muscle. Insert to hilt of needle (no silver from needle showing) to ensure delivery into muscle.
- Avoid pushing too far and dimpling skin.



**How to administer the Comirnaty® vaccine - continued**

7

**Stabilise syringe and inject vaccine**

- Move other hand to stabilise tip of syringe.
- Do not aspirate – no need, as no large blood vessels here.
- Depress plunger and inject vaccine slowly.
- Ensure full dose given before withdrawing the needle.



8

**Remove syringe safely**

- Pull needle out quickly and smoothly.



9

**Dispose of needle safely**

- Immediately, dispose of needle and syringe safely in medical sharps container. Do not try to recap needle.
- Avoid filling sharps container more than three-quarters of its capacity, or up to red line marked on container.



10

**Apply light pressure to injection site**

- Apply gentle pressure with cotton wool/gauze. If bleeding tendency or on anticoagulants, apply prolonged pressure to site after injection.
- Avoid rubbing injection site.



11

**Apply surgical tape**

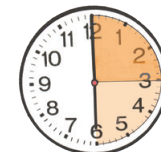
- Apply surgical tape to hold cotton wool in place.
- Ask client to stay seated for a few minutes to avoid risk of injury from fainting while you complete records.



12

**Record and observe**

- Complete vaccination card and give to patient.
- If this is the 1st injection of the two Comirnaty® doses, inform client of return date for second vaccination.
- Give client a post vaccination information leaflet.
- Record in EVDS/Vaccination Site data sheet.
- Ask client to remain for observation for at least 15 minutes after vaccination. If client known with severe allergies, observe for longer (30 minutes).



# How to draw up Janssen® vaccine

1

## Clean hands

- Follow an aseptic technique.
- Clean hands well before vaccine preparation, between patients or at any time if hands become soiled.



2

## Bring vaccine to room temperature

- Remove vaccine from refrigerator/cooler box and allow to come to room temperature for 15-30 minutes.



3

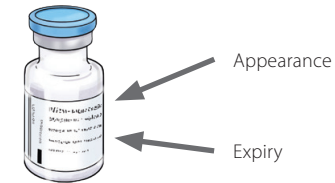
## Check and inspect

### • Check:

- Correct type of vaccine (concentration)
- Expiry date on vaccine

### • Inspect:

- Check the colour: liquid should be colourless or slightly yellowish.
- Check the clarity: liquid should be clear to slightly shiny and free of visible/solid particles.
- Check that vial has no cracks, abnormalities or evidence of tampering.



4

## Swirl vial to mix

- Mix contents before each draw: gently swirl vial in an upright position for 10 seconds.
- Do not shake!



5

## Clean stopper and allow to dry

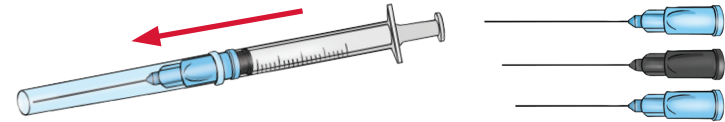
- Open: flip off blue plastic cap without touching rubber stopper.
- Wipe rubber stopper with an alcohol swab for *each* dose drawn up.
- Allow to dry before inserting needle.



**How to draw up the Janssen® vaccine - continued**

**6 Draw up  
Choose appropriate needle length**

- Use a light blue 23G x 1" (25mm) needle unless client is obese. If obese, use instead one of the following:
  - Black 22G x 1¼" (32mm) or blue 23G x 1½" (38mm).
- Attach to vaccine syringe (0.5mL or 1mL syringe). Ensure needle attached securely.
- Carefully uncap.



**7 Withdraw vaccine and remove air bubbles**

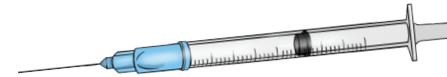
- Hold vial steady on flat surface and insert needle into rubber stopper. Then pick up vial and syringe and turn upside down to withdraw.
- Withdraw **0.5mL** of Janssen® COVID-19 vaccine.
- Adjust plunger to remove air bubbles whilst needle is still in the vial to avoid loss of vaccine. Try to avoid tapping syringe or vial.
- When drawing up 5th dose: insert needle into rubber stopper at an angle to allow access to vaccine in corner of vial.
- If amount of vaccine remaining in vial cannot provide a full dose of 0.5mL, mark and discard vial and any excess volume.

If repeatedly unable to draw up 5 doses: ask a colleague to check technique and volumes drawn up at dilution and vaccine draw-up.

Adjust plunger to remove air bubbles whilst needle is in the vial. Try to avoid tapping.

**8 Do not change needles**

- Do not change needles. Use the same needle that you have drawn up the dose to administer vaccine.
- Never leave a needle in the vaccine vial between drawing up doses.



**9 Record time of first puncture and new expiry time**

- Record the date and time the vial should be discarded on the vial label. After first puncture, vaccine (vial or filled syringe) can be held:
  - In refrigerator (**2-8°C**) for up to **6 hours**.
  - At room temperature (**up to 25°C**) for up to **3 hours**.
- Discard if vaccine is not used within this time.
- Preferably, use immediately after first puncture.

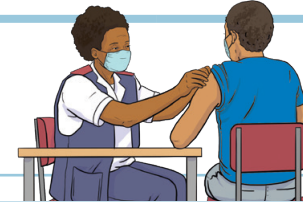
Time of first puncture and expiry time

# How to administer the Janssen<sup>®</sup> vaccine

At the beginning of each day, check the emergency tray/box is fully equipped and discuss team members roles/responsibilities and processes in the event of emergency.

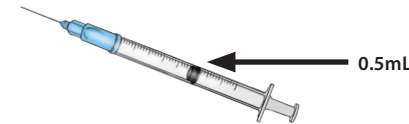
## 1 Position yourself well

- If not done already, complete pre-vaccination health check ↪ 5.
- Protect yourself: sit or stand sideways-on to client. Check that client's mask is covering his/her nose and suggest client looks straight ahead.
- Lower your chair if possible so eye level with injection site.



## 2 Check contents of syringe

- Check contents of syringe:
  - Correct dose – 0.5mL
  - Colourless – slightly yellowish fluid
- No particles
- No discoloration



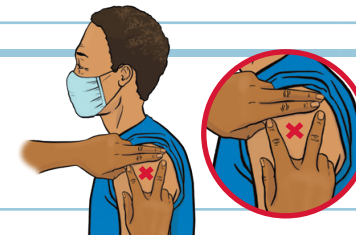
## 3 Expose injection site fully

- Ask client to expose his/her non-dominant arm (the one s/he does not write with). If possible, ensure whole shoulder and upper arm can be seen.
- Injection site is usually on left arm unless client is left-handed or has a rash, bruise, tattoo, redness, swelling, or other medical condition (e.g. amputation) involving intended site, then use right arm instead.
- Document injection site on the EVDS if *not* left deltoid.
- Ask client to rest his/her left hand in his/her lap and relax arm.



## 4 Locate injection site

- Find bony tip of shoulder (acromion process). Measure 2-3 fingers (3-5cm) below this.
- Use other hand to form a triangle below this.
- The injection site should be in centre of triangle in thickest part of deltoid muscle.
- Remember where this point is.



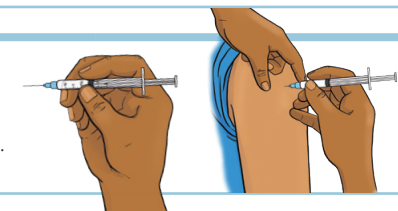
## 5 Clean

- Clean with cotton wool and water. Do not use an alcohol swab.



## 6 Insert needle

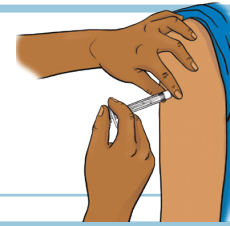
- Hold syringe firmly between the thumb and forefinger like holding a pencil.
- Gently stretch and support the skin with other hand. Avoid bunching the skin unless very low muscle mass ↪ 15.
- Insert needle at 90° angle to skin into thickest part of muscle. Insert to hilt of needle (no silver from needle showing) to ensure delivery into muscle.
- Avoid pushing too far and dimpling skin.



### How to administer the Janssen® vaccine - continued

#### 7 Stabilise syringe and inject vaccine

- Move other hand to stabilise tip of the syringe.
- Do not aspirate – no need, as no large blood vessels here.
- Depress plunger and inject vaccine slowly.
- Ensure full dose given before withdrawing the needle.



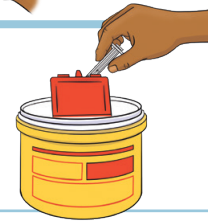
#### 8 Remove syringe safely

- Pull needle out quickly and smoothly.



#### 9 Dispose of needle safely

- Immediately, dispose of needle and syringe safely in medical sharps container. Do not try to recap needle.
- Avoid filling sharps container more than three-quarters of its capacity, or up to red line marked on container.



#### 10 Apply light pressure to injection site

- Apply gentle pressure with cotton wool/gauze. If bleeding tendency or on anticoagulants, apply prolonged pressure to site after injection.
- Avoid rubbing injection site.



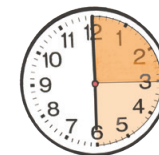
#### 11 Apply surgical tape

- Apply surgical tape to hold cotton wool in place.
- Ask client to stay seated for a few minutes to avoid risk of injury from fainting while you complete records.



#### 12 Record and observe

- Complete vaccination card and give to patient.
- Give client a post vaccination information leaflet.
- Explain that this is a one dose per client regimen and s/he does not need to return for another vaccine dose.
- Record in EVDS/Vaccination Site data sheet.
- Ask client to remain for observation for at least 15 minutes after vaccination. If client known with severe allergies, observe for longer (30 minutes).



# Manage injection difficulties



## Elderly and low BMI

If low muscle mass in elderly client or client with low BMI, it is acceptable to bunch up the deltoid muscle before administering IM injection.

## Needle hits bone

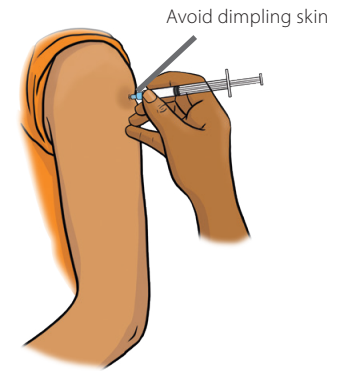
- If needle hits bone during injection, pull needle back slightly and then inject.

## Needle touches nerve

- If client complains of sudden burning, shooting pain during injection, it is likely needle too close to a nerve: remove needle and try again being careful to locate correct injection site using landmarks.

## Vaccine leaks from injection site

- If vaccine leaks from injection site
  - If vaccinator thinks most of dose leaked out of injection site, then revaccinate at same visit using a different injection site. Use same dose, as initial dose considered an invalid dose.
  - If vaccinator thinks most of dose remained in injection site, then that dose can be considered a valid dose



Avoid inserting needle too far, causing a dimple in the skin, as more likely to hit bone.

# Disposal of empty used vaccine vials

Once all the full doses have been drawn up, dispose of the vaccine vial appropriately:

- Using a pen or permanent marker, deface vial by scratching over the label taking care not to cover the batch number and expiry date.
- At the end of the day, discard vials:
  - If vial empty, discard into yellow sharps container.
  - If residual vaccine in vial, discard into pharmaceutical waste.
- Avoid filling sharps container more than three-quarters of its capacity, or up to red line marked on container. Clearly mark box with "COVID-19".



# Observation post vaccination

- Observe client for at least 15 minutes after vaccination. If client known with severe allergies: observe for longer (30 minutes).
- Check for signs or symptoms that may indicate an adverse reaction:



Collapse →17

## Feeling faint/cardiovascular symptoms

- Light-headedness or dizziness
- Feeling warm or cold
- Sweating
- Palpitations
- Nausea
- Visual 'blurring' (darkening or white-out of vision)
- Reduced hearing ('whooshing' noise)
- Pallor reported by onlookers



- Ask client to lean forward and his/her head between knees, or lie down flat, for several minutes until feeling better.
- Loosen tight clothing – undo buttons around neck, loosen tie/belt.
- Apply a cool cloth to his/her face or neck.
- Calmly reassure client.

## Skin/mucosal symptoms



- Itchiness
- Skin rash (hives)
- Swelling of eyes, lips, tongue, face, or hands/feet
- Nasal congestion

## Respiratory symptoms



- Wheeze or cough
- Throat tightness
- Stridor
- Shortness of breath
- Hoarseness
- Oxygen sats < 92%
- Trouble swallowing
- Drooling

## Gastrointestinal symptoms



- Nausea
- Vomiting
- Diarrhoea
- Cramps

Do symptom/s improve quickly (minutes)?

Yes

No

**Faintness** likely  
Observe until symptoms resolve.

Decide when to treat for anaphylaxis

Are signs or symptoms generalised: are 2 or more body systems involved?

Yes

No: Does patient have generalised urticaria involving the whole body?

Yes

No: Are signs or symptoms serious or life-threatening, even if only single body system (hypotension, respiratory distress, or significant swelling of the tongue or lips)?

Yes

**Treat as anaphylaxis**  
→18.

No

- If isolated rash (raised, red rash in client who is otherwise well without other symptoms):
  - Monitor for 30 minutes to pick up any other symptoms:
    - If no other associated symptoms and client remains well, **pseudoallergic self-limiting rash** likely: reassure client and advise to take oral antihistamines.
    - Advise to seek urgent health care if any of the following develop: swelling of face, lips or tongue; difficulty breathing, abdominal pain, nausea or vomiting.
- If other symptoms: discuss with doctor/specialist urgently.
- If in doubt, treat as anaphylaxis →18.



# Collapse following vaccination

## Collapse

- Call for help.
- Lie client on his/her back and raise legs.
- Check response: if unresponsive, check circulation, airway and breathing.
  - If no pulse/not breathing, start CPR → P.A.C.K Adult.
  - If breathing and pulse present: assess timing of collapse and duration of loss of consciousness and check breathing, pulse and BP:

- Collapse occurred suddenly, at the time of injection (before, during or immediately after).
- Loss of consciousness usually lasts 20 seconds to 1 minute and is relieved by lying client down and raising legs.
- BP: briefly low but rapidly normal again.
- Pulse may be slow.
- Breathing usually normal but may be rapid, deep (hyperventilation).
- No other signs or symptoms present.

- Collapse occurred 5-10 minutes after the injection (could occur up to 1 hour after).
- Loss of consciousness is not brief and not relieved by lying client down and raising legs.
- BP < 90/60 and remains low
- Pulse > 120
- Breathing: may have wheeze, stridor, cough
- Other signs and symptoms (like swelling or rash) present.

### Fainting episode likely

#### Management:

- If not already done, lie client flat and raise legs.
- Loosen any tight clothing: undo buttons around the neck, loosen tie/or tight belt.
- Apply cool cloth to face/neck.
- Calmly reassure client – explain what happened and assure them that they will be alright.
- Check for any other injuries they may have sustained falling.
- Stay with the client until they are fully recovered. Client should remain lying with legs up until feeling better.

#### Refer if:

- Head injury.
- Known with a heart condition or other serious illness.
- Client has unusual symptoms, such as chest pain, shortness of breath, confusion, blurred vision, or difficulty talking.

#### Report:

- Complete NDoH Case Reporting Form (CRF) for Adverse Events Following Immunisation (AEFI) and report to sub-district or district office and provincial EPI manager within 24 hours → 23.
- Replace all medications/equipment used and seal emergency kit.

Treat as **anaphylaxis** → 18.

# Treat suspected anaphylaxis

## Manage and refer urgently:

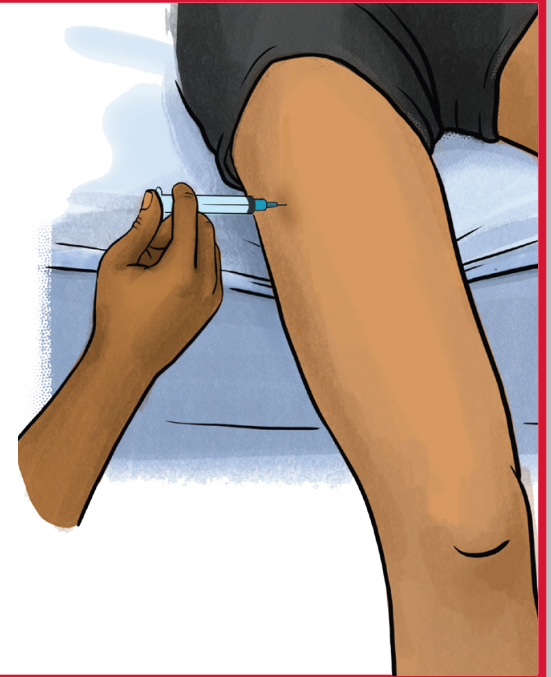
### Priority management

- Lie client down and raise legs.
- Call for help: ask colleague to inform supervisor and doctor, if available. Ask colleague to call emergency medical services and report suspected anaphylaxis.
- Give immediately **adrenaline** 0.5mL (1:1000 solution) IM into mid outer thigh. Repeat every 5 minutes if needed. Adrenaline is the vital part of anaphylaxis management.

- Insert IV line and check BP:
  - If BP < 90/60 despite adrenaline: give **sodium chloride 0.9%** 1-2L IV rapidly.
  - Then, if BP still < 90/60, give further **sodium chloride 0.9%** 500mL IV rapidly, repeat until systolic BP > 90. Stop if breathing worsens.
- Give oxygen, if available, 8-10L/min via facemask or up to 100% oxygen, as needed.

### Adjunctive treatment:

- If persistent wheeze or difficulty breathing despite adrenaline, also give **salbutamol** 2-3 puffs via spacer and face mask, if available. Repeat, as needed. Note: if nebuliser available and client not responding to inhaler: nebulise **salbutamol 0.5%** 0.5-1mL (2.5-5mg) and **ipratropium bromide** 2mL (0.5mg) in up to 4mL **sodium chloride 0.9%**.
- If severe symptoms or if known asthma and wheeze persisting after other anaphylaxis symptoms/signs have resolved, give **promethazine** 25-50mg IM or slow IV over 10-15 minutes and **hydrocortisone** 200mg IM/slow IV.
- **Refer all cases of suspected anaphylaxis.**
  - If delay in referral: take blood within 2 hours of symptom onset, if possible, to confirm vaccine-related anaphylaxis (tryptase sampling):
    - Collect blood in 2x yellow topped tubes (SST) and send with client on referral. If delay > 4 hours, store on ice.



## Report:

- Complete NDoH Case Reporting Form (CRF) for Adverse Events of Special Interest (AESI) and report to sub-district or district office and provincial EPI manager within 24 hours ↻ 21.
- Replace all medications/equipment used and seal emergency kit.

May 2021

# Just had the COVID-19 vaccine? Well done and thank you!

Mild side effects are common in the first 3 days. Here's what to look out for.



Arm is sore or red at the injection site



Fever/ chills



Headache



Fatigue



Muscle aches



Nausea

- Side effects can start around 6 hours after the vaccine and usually resolve in 2-3 days. If needed, treat pain and fever with paracetamol.
- Side effects may be more noticeable if you are young, had COVID-19 before or after the second dose of a 2-dose vaccine course.

These side effects show your body is building an immune response. The technical term for this is 'reactogenicity'. If you do not get side effects it does not mean that your body is not building an immune response.

- If your side effects are severe or last longer than 3 days, contact your healthcare provider or the Western Cape call centre.
- If any of the following symptoms develop within a month of vaccination, go to your nearest emergency centre:
  - New-onset severe headache especially if with blurred vision, vomiting, weakness on one side of the body or difficulty speaking.
  - Severe abdominal pain that does not go away.
  - A rash of tiny red spots around the site of injection.
  - A painful or cold leg.
  - Chest pain or shortness of breath.

## Extremely rare side-effects affect 1-7 people per million vaccinated

They include a severe allergic reaction called anaphylaxis (within minutes to hours) and a rare form of blood clots (between 4 days and 3 weeks).



May 2021

## Keep your vaccine card safe.

- This is your proof of vaccination.
- Keep your follow-up appointment if you have one.

Some vaccines are given in two doses (for example Pfizer-BioNTech (Comirnaty™) COVID vaccine). The second dose is important to boost your body's immune response to the vaccine and help its protective effect last longer.

## You might still get COVID-19. Here's why.

- You cannot catch COVID-19 from the vaccine as there is no live coronavirus in it.
- It is still possible to get COVID-19 as no vaccine is 100% effective.
- You might have caught COVID-19 before being vaccinated (it can take up to 2 weeks before COVID-19 symptoms start).
- You might catch it within the first 2 weeks after being vaccinated while your immune system is being trained up to fight COVID-19.



## After vaccination, don't confuse vaccine side effects with COVID-19 symptoms!

- If your fever lasts more than 2 days or you develop a continuous cough, sore throat, or changes in your ability to taste or smell after your vaccination, you may have COVID-19.
- Isolate yourself and arrange to get a COVID test. Contact your healthcare provider or the Western Cape call centre.

Even if you do get COVID-19, you are very unlikely to get severely ill or die from COVID-19.

Western Cape call centre: 0860 142 142



## We still don't know if the vaccine will stop the spread. Don't forget COVID-19 prevention!

- Wear a mask in public.
- Keep apart from others outside your home as much as possible.
- Avoid crowds and confined spaces - have small gatherings outside.
- Wash or sanitise your hands regularly.
- As a healthcare worker, continue to wear standard PPE at work.



We are not safe until we are all safe.



# Symptoms post vaccination

Note: no routine follow up visit is required. Use this page to manage clients who actively seek care. Report adverse events as an Adverse Event Following Immunisation (AEFI) ↗ 23.

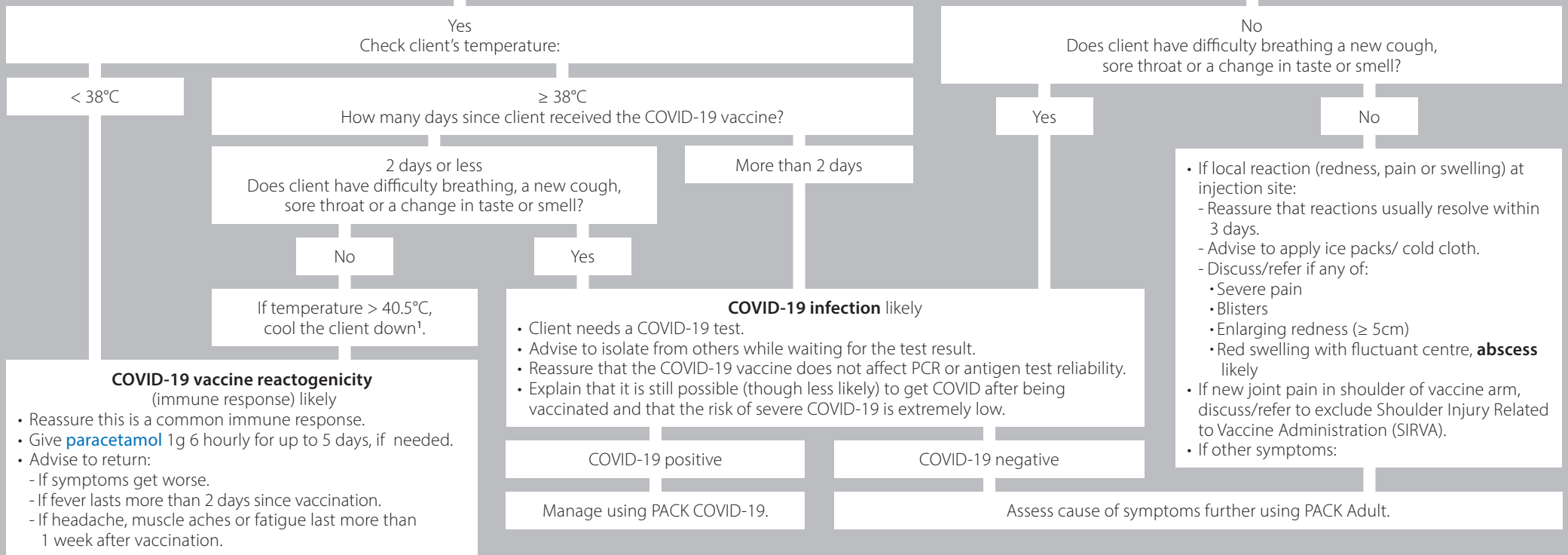
## Give urgent attention to the client who has had a COVID-19 vaccination within the last month and any of:

- Decreased consciousness
- Seizures (fits)
- New neurological symptoms (weakness on 1 side, sensory loss)
- Respiratory rate  $\geq 30$  or difficulty breathing
- BP < 90/60
- Temperature  $\geq 38^\circ\text{C}$  in elderly or frail clients who aren't able to take oral fluids well
- Blurred vision
- Severe and/or persistent headache (usually > 4 days after vaccine)
- Persistent severe abdominal or back pain
- Chest pain
- Severe leg pain or swelling of leg
- New or easy bleeding/bruising

Refer urgently.

## Approach to the client not needing urgent attention

Does the client have fatigue, muscle aches, mild headache, feel feverish, or chills?



<sup>1</sup>Cool the client down: give **paracetamol** 1g orally. Remove clothing. Use fan and water spray to cool client. Apply ice-packs to axillae, groin and neck. Stop once temperature < 39°C.



# How to complete an AESI form page 2

Patient name & surname: \_\_\_\_\_ EPID Number: \_\_\_\_\_

**SECTION C: PRELIMINARY ASSESSMENT AND ACTIONS AT THE TIME OF REPORT**

Did this AESI cause?  Death  Hospitalisation  Disability  Life threatening  Other important medical events (Specify): \_\_\_\_\_

Outcome at the time of reporting:  Recovering  Recovered fully (no complications)  Not Recovered  Unknown  
 Recovered with sequelae; Specify: \_\_\_\_\_

Died → Date of death: DD / MM / YYYY → Full autopsy done:  Yes  No  Unknown  
 If NO, verbal autopsy done?  Yes  No  
 Hospitalisation → Date of admission: DD / MM / YYYY  
 → Name of hospital: \_\_\_\_\_ Hospital number: \_\_\_\_\_

Did this person receive a COVID-19 vaccine?  Yes  No  Unknown If Yes, Complete Section E below

**SECTION D: VACCINE INFORMATION (Please attach a copy of the Vaccination Record)**

Health facility / vaccination center name: \_\_\_\_\_  DoH  Private  NGO  
 Address / location: \_\_\_\_\_

| COVID-19 vaccine administered  |              |  |                 |                 |                   |                                |                            | Diluent (if applicable) |             |                               |  |
|--------------------------------|--------------|--|-----------------|-----------------|-------------------|--------------------------------|----------------------------|-------------------------|-------------|-------------------------------|--|
| Vaccine given (Use trade name) | Manufacturer | Dose number (1 <sup>st</sup> , 2 <sup>nd</sup> ) | Date vaccinated | Time vaccinated | Batch/ Lot number | Expiry date / Manufacture date | Immunisation record number | Batch/ Lot number       | Expiry date | Date & time of reconstitution |  |
|                                |              |  |                 |                 |                   |                                |                            |                         |             |                               |  |
|                                |              |  |                 |                 |                   |                                |                            |                         |             |                               |  |
|                                |              |  |                 |                 |                   |                                |                            |                         |             |                               |  |

Consumables used (unless pre-filled)

Needles Size: \_\_\_\_\_ Batch: \_\_\_\_\_ Expiry date: \_\_\_\_\_  
 Syringes Size: \_\_\_\_\_ Batch: \_\_\_\_\_ Expiry date: \_\_\_\_\_

Details of Non-COVID19 vaccines received in the last 1 year (Use additional page if there are more vaccines)

| Vaccine given | Manufacturer | Dose number | Date vaccinated | Time vaccinated | Batch/ Lot number | Expiry date / Manufacture date | Immunisation record number | Batch/ Lot number | Expiry date | Date & time of reconstitution |
|---------------|--------------|-------------|-----------------|-----------------|-------------------|--------------------------------|----------------------------|-------------------|-------------|-------------------------------|
|               |              |             |                 |                 |                   |                                |                            |                   |             |                               |
|               |              |             |                 |                 |                   |                                |                            |                   |             |                               |
|               |              |             |                 |                 |                   |                                |                            |                   |             |                               |

Consumables used (unless pre-filled)

Needles Size: \_\_\_\_\_ Batch: \_\_\_\_\_ Expiry date: \_\_\_\_\_  
 Syringes Size: \_\_\_\_\_ Batch: \_\_\_\_\_ Expiry date: \_\_\_\_\_

**SECTION E: FIRST DECISION MAKING LEVEL TO COMPLETE**  
 For ALL AESI cases including COVID-19 vaccinated and unvaccinated

AEFI confirmation initiated:  Yes  No If YES, confirmation done by Dr/Mr/Ms \_\_\_\_\_  
 Date investigation planned: DD / MM / YYYY

Is this AESI linedlisted?  Yes  No  
 For COVID-19 vaccinated cases: Field investigation planned with AESI investigation form?  Yes  No  
 If YES, date planned: DD / MM / YYYY

**SECTION F: NATIONAL LEVEL TO COMPLETE**

Date report received at National Level: DD / MM / YYYY AESI worldwide unique ID: \_\_\_\_\_

Comments: \_\_\_\_\_

**IMPORTANT: Email this form within 24 hours to [AEFI@health.gov.za](mailto:AEFI@health.gov.za) AND copy the EPI District Surveillance Officer**

COVID-19: AESI CRF Page 2/2 Case Report Form\_Adverse events of SPECIAL INTEREST\_COVID-19\_20210128

Tick the appropriate box regarding what consequences this AESI caused.

Then tick appropriate box regarding the outcome of the AESI at the time of time of reporting.

Record further detailed information about the vaccine.

N/A – for vaccine other than COVID-19

This section is for the first decision-making level to complete (Facility/sub-district/district level).

This section will be completed at National level.

Scan and email completed forms within 24 hours to [AEFI@health.gov.za](mailto:AEFI@health.gov.za) and cc in district level coordinators (find contact details in WC Circular H22/2021 - 01 March 2021).



# How to complete an AEFI form page 2

Patient name & surname: \_\_\_\_\_ EPID Number: \_\_\_\_\_

|   |  |   |
|---|--|---|
| <b>Severe local reactions</b><br><input type="checkbox"/> Pain, redness and/or swelling >3 days<br><input type="checkbox"/> Swelling >5cm<br><input type="checkbox"/> Swelling beyond nearest joint<br><input type="checkbox"/> Lymphadenitis<br><input type="checkbox"/> Abscess<br><input type="checkbox"/> Necrosis at vaccination site<br><input type="checkbox"/> Other (specify): _____<br>_____<br>_____ | <b>Severe systemic reactions</b><br><input type="checkbox"/> Hospitalisation<br><input type="checkbox"/> Fever ≥38°C<br><input type="checkbox"/> Seizures <input type="checkbox"/> Febrile <input type="checkbox"/> Afebrile<br><input type="checkbox"/> Toxic shock syndrome<br><input type="checkbox"/> Other (specify): _____<br><b>Foetal adverse reactions in the case of maternal immunisation:</b><br><input type="checkbox"/> Decreased FHR variability <input type="checkbox"/> Decreased foetal movement <input type="checkbox"/> Foetal death<br><input type="checkbox"/> Onset of preterm labour, assessed to be possibly/probably related<br><input type="checkbox"/> Foetal anomaly assessed to be possibly/probably related (e.g. congenital anomaly feasible with pre-pregnancy or 1 <sup>st</sup> trimester immunisation)<br><input type="checkbox"/> Foetus affected by maternal immunization (e.g. live vaccine administered to mother) | <input type="checkbox"/> Death<br><input type="checkbox"/> Collapse/ shock-like state<br><input type="checkbox"/> Thrombocytopenia<br><input type="checkbox"/> Anaphylaxis<br><input type="checkbox"/> Encephalopathy<br><input type="checkbox"/> Sepsis<br><input type="checkbox"/> Vomiting<br><input type="checkbox"/> Diarrhoea |
|---|--|---|

**NOTE: Severe or serious adverse event → Immediately notify District Office for Case Investigation**

Describe vaccine recipient's or caregiver's concern (AEFI signs and symptoms). Use additional sheet if needed

\_\_\_\_\_

\_\_\_\_\_

Were there any other similar AEFIs reported in the facility in the past 30 days?  Yes  No (If yes, specify)

\_\_\_\_\_

**SECTION D: PAST MEDICAL HISTORY**

Past medical history (including history of previous similar reactions or other allergies), concomitant medication and dates of administration (exclude those used to treat reaction), any other relevant information. Use additional sheet if needed

\_\_\_\_\_

\_\_\_\_\_

**SECTION E: PRELIMINARY ASSESSMENT AND ACTIONS AT THE TIME OF REPORT**

Is this event a serious AEFI?  Yes  No *If Yes, tick (✓) in the appropriate box below*

Death  Hospitalisation  Disability  Life threatening  Congenital anomaly in off-spring of vaccine recipient

Comments: \_\_\_\_\_

**SECTION F: WHAT WAS THE OUTCOME OF THE CASE FOLLOWING THE SUSPECTED AEFI in VACCINEE?**

Recovering  Recovered fully (no complications)  Not Recovered  Unknown

Recovered with sequelae; Specify: \_\_\_\_\_

Died → Date of death: DD/MM/YYYY → Autopsy:  Yes  No  Unknown

Hospitalisation → Date of admission: DD/MM/YYYY

→ Name of hospital: \_\_\_\_\_ Hospital number: \_\_\_\_\_

**SECTION G: FIRST DECISION MAKING LEVEL TO COMPLETE**

Case investigation needed:  Yes  No District Office notified:  Yes  No

Date investigation planned: DD/MM/YYYY If yes, date notified: DD/MM/YYYY

**SECTION H: NATIONAL LEVEL TO COMPLETE**

Date report received at National Level: DD/MM/YYYY AEFI worldwide unique ID: \_\_\_\_\_

Comments: \_\_\_\_\_

Tick appropriate box if severe local reaction involving the injection site.

Tick appropriate box if severe systemic reaction involving the whole body.

Describe in words what the concern in this case is .

Describe any other similar reports.

Record the client's past medical history here. Include:

- Similar previous reactions
- Medications

Indicate one or more of the consequences of the AEFI i.e why you consider it a serious reaction.

Record what the outcome of the AEFI was at time of reporting.

This section is for the first decision-making level to complete (Facility/sub-district/district level. If serious or severe AEFI, investigation required.)

This section will be completed at National level.

Scan and email completed forms within 24 hours to AEFI@health.gov.za and cc in district level coordinators (find contact details in WC Circular H22/2021 - 01 March 2021).

**IMPORTANT:** Email this form within **24 hours** to [AEFI@health.gov.za](mailto:AEFI@health.gov.za) AND copy the EPI District Surveillance Officer



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## Practical Approach to Care Kit: Vaccine

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