

COVID-19 KA JAWAABIDDA KHURAAFAADYA DA

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Last updated 24th February 2021

KHURAAFAADKA: COVID kama halis badna hargabka



XAQIIQDA: COVID waxaa uu dilaa 10 jeer in ka badan hargabka.

Cilmi baaris lagu sameeyay Jaamacadda John Hopkins University ayaa muujisay in COVID uu yahay mid aad u halis badan, oo saameyn ku yeeshay dad badan muddo dheer (ilaa 30 maalmood) waxaa uuna u faafaa si ka dhakhso badan hargabka

Sheegashada in COVID uusan ka khatar badnayn hargabka waxaa ay meesha ka saaraysaa burburka fayraskani uu u keenay nolosha dad badan.



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KHURAAFAADKA:

Dhakhaatiirta guud waxay ka samaynayaan lacag badan tallaalada COVID



XAQIIQDA: Dhakhaatiirta waxaa lagu siiyaa £12.50 halkii irbad. Badankooda ma samaynayaan faa'iido. Qaarkood ayaa khasaaro gali kara.

Tani waxaa ka mid ah bixinta:

- Shaqada dhaktarka (8-da subaxnimo – 8-da fiidnimo ilaa 7 maalmood usbuucii)
- Goobaha (tusaale ahaan hoolka/maktabadda) & qalabka
- Maamulka & shaqaalaha kalkaalada
- Tababaridda shaqaalaha & waxbaridda bukaanka Training staff & educating patients
- La socodka bukaanada marka la tallaalo ka dib



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KHURAAFAADKA: Tallaalka waxa uu keenaa waxyeello aan laga soo kabsan karin



XAQIIQDA: ma jiro bukaan ilaa hadda la il daran waxyeello aan laga soo kabsan karin – tijaabooyinka la qaaday ama dadweynaha dhexdoodaba

Khuraafaadkan ayaa la faafiyay iyadoo si khaldan loo akhriyay bandhig dhab ahaantii sheegay in 3, 000 oo ka mid ah kuwa la tallaalay ay la soo darsen waxyeello ku-meel-gaar ah iyo kuwa laga soo kabsan karin.

Daawooyinka dhammaan waxay leeyihiin awood ay ku keeni karaan dhibaatooyin caafimaad, laakiin tani waxay u baahan tahay in lala miisaamo waxyeellada cudurka ay isku dayayaan in ay ka hortagaan.



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KHURAAFAADKA: COVID waxaa keena shabakada 5G



XAQIIQDA: COVID wuxuu ku faafayaa dalalka aan lahayn 5G. Ma jiro xiriir saynis ah.

Khuraafaadkani wuxuu billaabmay markii dillaaca COVID uu ku soo beegamay iyadoo 5G laga saaray magaalada Wuhan. Khuraafaadkani wuxuu iska indha tirayaa xaqiiqda ah in 5G laga billabay deegaanada kale ee Shiinaha ka hor inta uusan dillaacin COVID.

COVID wuxuu sidoo kale saameeyay dalal aan lahay 5G.



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KHURAAFAADKA: Dhimashooyinka COVID oo la buunbuuniyay



XAQIIQDA: Dhimashooyinka COVID ayaa badanaa in yar la sheegaa halkii la buunbuunin lahaa.

Inta badan dhimashooyinka la sheegay in uu keenay COVID waxay leeyihiin suuf cudurka leh. In yar ayaa loo diiwaangaliyay COVID aan suuf la saarin haddii sawirka shucaaca ama astaamaha ay si xooggan u soo jeedinayaan COVID iyadoo aysan jirin sharraxaad kale iyo sameynta suuf saaridda dhimashada kadib waa wax aan fiicnayn / aan macquul ahayn.

Tani waxay la jaanqaadaysaa dhaqanka caafimaad ee caadiga ah.



KHURAAFAADKA:

Dhakhaatiirta waxay doonayaan in ay dadka ku khasbaan in la tallaalo



XAQIIQDA: Waxaan rabnaa in ay dadka iyaga go'aan gaaraan iyagoo ku saleynaya macluumaad dhab ah, oo aan ahayn khuraafaad.

Dalalka badankood waxay ku tiirsanaan doonaan waxbarasho halkii ay ku tiirsanaan lahaayeen hadal oo lagu qancinayo dadweynaha.

Si kastaba ha noqotee, waxay noqonaysaa mas'uuliyad darro xaggeena haddii aanan sheegin halka aan ka dareemayno dadka in lagu marin habaabinayo – mararka qaarkood si ula kac oo khatar ah.



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KHURAAFAADKA:

Maadooyinka uu ka kooban yahay tallaalka COVID waa Xaaraam



XAQIIQDA: Tallaalka Pfizer-BioNTech kuma jiraan wax maado xayawaan haba yaraatee.

Ku dhawaaqidda in shey la soo saaray uu yahay xalaal ama xaaraam waa baaq loogu talagalay culimada Islaamka kuwaas oo sannado bartay arrintani. Hal maado ka mid ahaanshaheeda ma aha qodobka kaliya ay tahay in la tixgaliyo.

Tallaaladii hore badankood, oo uu ka mid yahay tallaalka Pfizer-BioNTech, waxay caddeeyeen in ay yihiin xalaal inta badan hay'adaha aqoonta ku saleysan ee adduunka.



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KHURAAFAADKA:

Tallaalada waxaa ku jira unugyo uurjiif ah oo la soo riday



XAQIIQDA: Tallaalada kuma jiraan unugyo uurjiif ah.

Tallaalada qaarkood (MAAHAN tallaalada Pfizer / Moderna ee COVID) asal ahaan waxay isticmaaleen unugyo uurjiif oo aad u khaas ah si uu u koro fayraska tobaneeyo sano ka hor.

Unugyada asalka ahaa ayaa ahaa fursadda kaliya ee waqtigaas. Unugyadan kuma jiraan tallaalada hadda jira waxayna caddeeyeen oo ay aqbaleen inta badan ururada diinta Islaamka ku saleysan ee ku baahsan adduunka.



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KHURAAFAADKA: Tallaalada waxa loo isticmaalaa in lagu raad-raaco dadweynaha



XAQIIQDA: Tallaalada kuma jiraan wax qalab raad-raac ah oo loogu talgalay in lagula socdo dadka

Mas'uuliyiin madax bannaan ee adduunka oo dhan kana kala socda dalalka tartanka uu ka dhexeeyo ayaa oggolaaday tallaalka mana aysan helin wax qalab raad-raac ah.

Xaqiiqda waxay tahay in ay jiraan siyaabooyin aad u fudud si loo raad-raaco dadka (taleefoonada gacanta/ kaararka bangiga iwm) marka loo eego raad-raacyo bayoolaji ah.



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KHURAAFAADKA: Tallaaladu ammaan ma aha – waa taas sababta aan loogu tijaabin haweenka uurka leh



XAQIIQDA: Haweenka uurka leh & carruurta badanaa laguma daro tijaabooyinka hore.

Tallaalada hadda jira ee COVID laguma talinayo in ay qaataan carruurta badankood marxaladdan hadda la joogo. Tilmaanta loogu talagalay haweenka uurka leh ayaa ah in go'aan la gaaro iyaadoo lagu salenayno khatarta iman karta. Tani macnaheedu ma ahan in ay amni darro ku tahay kooxahan.

Arrintani waxay ka turjumaysaa in iyaga aysan ku jirin kooxaha tijaabooyinka muhiimka lagu samaynayo waxayna calaamad u tahay habmaamuska badbaadada ee la qaatay.



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KHURAAFAADKA: Shirkadaha daawooyinka waa xumaan oogayaal dhammaantood sidaa darteed ma aamini karno



XAQIIQDA: Warshadda daawooyinka ayaa mararka qaarkood u dhaqantay si anshax xumo ah laakiin tani macnaheedu ma ahan in aan diidno wax kasta oo ay sameeyaan.

Aqbalaadda teknolijiyaddu kuma saleysna anshaxa ama taariikhda anshax ee shirkadaha shaqsiyaadeed ee ku lug leh sida baraha bulshada, cuntada, gawaarida iwm.

Waxaan ka qaadannaa kiniiniyada xannuun baabi'iyaha, anitibiyoogiga iyo daawooyinka kansarka isla shirkadahaas.



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KHURAAFAADKA: Tallaalku waxaa loo aqbalay si deg deg ah si ammaan uu u noqdo



XAQIIQDA: Xawaaraha oggolaanshaha waxaa badnaa sabab u ahaa in kharash lagu bixiyo si loo joojiyo caqabadda halkii qaab rakhiis ah oo taxaddar la'aan ah loo sameyn lahaa.

Waxaa jiray iskaashi cilmiyeed oo aan horay loo arag oo caalami ah iyo maalgelin si loo abuuro tallaalka COVID. Dadaalkan caalamiga ah wuxuu u oggolaaday saynisyahannadu in ay ku shaqeeyaan xawaare joogto ah, oo ay ku dhameystiraan shaqo sanadooyin qaadan lahayd bilooyin gudahood.



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KHURAAFAADKA:

Tallaalku wuxuu wax ka beddeli karaa DNA-gaaga



XAQIIQDA: Ma jirto qaab RNA uu ku beddeli karo DNA-da qof kasta.

Tallaalka Pfizer-BioNTech ee COVID wuxuu isticmaalaa teknoloojiyadda mRNA. Tallaalka mRNA wuxuu barayaa unugyadeena in ay sameeyaan borotiin kicinaysa falcelinta difaaca jirka. mRNA waa la jejebinayaa wax yar ka dib marka uu jirka galo.

mRNA marna ma galayo bu'da unugga, halkaasoo lagu keydiyo DNA-deena.



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KHURAAFAADKA: Khabiirka baaritaanka PCR ayaa sheegay in aan loo sameynin in lagu ogaado cudurada sida COVID



XAQIIQDA: Ma jirto wax caddeyn ah in Dr Kary Mullis, oo ah khabiirka nidaamka PCR, uu weligiis sidan yiri.

Nidaamka PCR wuxuu ka caawiyaa saynisyahannada in ay ogaadaan walaxda hidde-sidaha. Haddii muunad ay ku jirto maadada hidde-sidaha ee fayraska COVID markaas baaritaanku wuxuu noqonayaa mid laga helay cudurka.

Dr. Mullis wuxuu dhintay Bishii Ogosto 2019-kii, bilooyin ka hor markii kiiskii ugu horeeyay ee COVID la soo sheegay.



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KHURAAFAADKA: PCR waa khalad wuxuuna culeys xad dhaaf ah ka dhigayaa caabuqa COVID



XAQIIQDA: Ma jiro wax baaritaan oo 100% sax ah laakiin ma jirto caddeyn muujinaysa in walaaca la xiriira caabuqa COVID iyo halista cudurka khalad laga sheegay.

In kasta oo ay jiraan natiijooyin been abuur ah oo togan iyo kuwa taban labadaba oo ka soo baxay dhammaan baaritaanada, macluumaadka ay ka mid yihiin tirada cisbitaalada la dhigay oo qabta astaamaha COVID iyo tirada dhimashada waxay na siinayaan tilmaam wanaagsan oo ah sida ay xaaladdu u daran tahay.



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KHURAAFAADKA: 99.97%

waxay ka bogsadaan COVID,
laakiin 3% waxay waxyeello weyn
ka qaadaan tallaalka



XAQIIQDA: Tiradaasi waa khalad. Waa in aan xusuusannaa in ka badan hal milyan oo qof in ay u dhinteen fayraska halka malaayiin kalena ay la ildaran yihiin dhibaatooyin muddo dheer haysta.

Khatarta aadka u yar iyo badanaa waxyeellada muddada yar ah ee tallaalka kama cusla khatarta dhibaatooyinka muddada dheer ama dhimashada uu sababo COVID.



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KHURAAFAADKA:

Xirashada maaskarada waxay u xun tahay caafimaakaaga



XAQIIQDA: Ma jirto wax caddeyn ah oo muujinaysa in xirashada maaskarada ay waxyeello leedahay, laakiin waxaa jirta caddeyn muujinaysa in maaskarada ay wax difaaci karto.

Waxaan dhammaanteen ay tahay in aan gacan ka geysanno in aan yareyno faafitaanka COVID. Waa in aan sii wadno ku dhaqmidda kala fogaanshaha dadka, xirashada maaskarada iyo gacmo dhaqashada si loo yareeyo faafitaanka COVID.



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KHURAAFAADKA: Waa in aan iska sugnaa difaaca jirka in uu iska difaaco cudurka



XAQIIQDA: Tirada dhimasho ee dhici doonta inta
aan ku guuleysanin in uu jirkeena iska difaaco
cudurka waxay noqon doontaa mid masiibadeeda
leh.

Difaaca jirka uu iska difaacayo cudurka wuxuu suurtagal yahay
haddii dadweynaha badankooda uu ku dhacay COVID.

Xog rasmi ah ayaa sheegaysa in in ka badan 2 milyan oo qof oo
ku nool UK uu ku dhacay COVID. Si loogu guuleysto in uu jirka
iska difaaco cudurka, tirada dhimashada sidoo kale way sii
kordheysaa waxayna masiibo ku noqon doontaa dalkeena.



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KHURAAFAADKA: Haddii cisbitaallada ay aad u mashquulsan yihiin maxay cisbitaallada Nightingale u maran yihiin?



XAQIIQDA: “Cisbitaallada” Nightingale waxaa loo sameeyay sidii ITU ahaan oo aan loo sameyn xarumo kale oo badan. Ma jiraan shaqaale dheeri ah oo ka howlgali kara waqtigan la joogo.

Xogta ugu dambeysa waxay muujinaysaa in NHS ay la daalaa dhacayso tirada cisbitaal seexinta cusub ee uu sababay COVID.

Tani waxay ku jirtaa howlaha caadiga ah ee NHS-ta oo la khasbanaa in dib loo dhigo tusaale ahaan qalliinka ikhtiyaariga ah oo uu sabab u yahay COVID.



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KHURAAFAADKA: Kalkaaliso caafimaad ayaa qaadatay tallaalka COVID kuna dhimatay iyada oo kamarada ka hor muuqata



XAQIIQDA: kalkaalisada way suuxday. Markay soo kabsatay ka dib, waxay bixisay shir jaraa'id oo ay sheegtay in ay horay u suuxday iyadoo xannuun dareemaysay.

Kalkaalisada way bogsatay. Tallaalada waxaa la ansixiyay ka dib markii la falanqeeyay xog ammaan ah oo ka soo baxday tijaabooyin caafimaad oo ku saabsan tobanaan kun oo bukaan ah.

Xog dheeri ah ayaa hadda laga uruurinayaa bukaanada qaadanaya tallaalka.



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KHURAAFAADKA: In la is tallaalo muhiim ma aha waayo waxaa jira noocyo cusub oo COVID ah



XAQIIQDA: Ma jirto hadda wax caddeyn ah oo muujinaysa in tallaalada aysan difaaci doonin noocyada cusub.

Waa wax caadi ah in fayrasyada sida fayraska hargabka in ay ku dhacaan isbeddello hidde-side ah.

Saynisyahannadu waxay eegayaan astaamaha noocyada cusub. Kala duwanaanshaha yar yar inta badan ma saameeyaan waxtarka tallaalka.



KHURAAFAADKA:

Tallaalada waxaa ku jira aalkolo sidaa darteedna lama oggola



XAQIIQDA: Tallaalka Oxford AZ waxaa ku jira ethanol qaddar yar oo la mid ah inta laga helo cuntooyinka dabiiciga ah ama rootiga.

Aqoonyahanno badan ayaa xukumay in tallaalka Oxford AZ la oggol yahay maadaama qaddarka ethanol uu aad u yar yahay.

Oggolaanshaha diimeed ee shey kasta waxaa leh aqoonyahannada in ay go'aamiyaan, marka fadlan u laabo kuwa aad ku kalsoon tahay.



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KHURAAFAADKA: Tallaalka COVID waxaa ku jira nooleyaal yar-yar oo la beddelay hidde-sidahooda kuwaas oo waxyeello u leh aadanaha.



XAQIIQDA: Fayraska ku jira tallaalka AZ ayaa la beddelay si uusan u tarmin oo uusan ugu keenin cudur jirkeena.

GMO-yada waxaa badnaa lala xiriiriyaa cuntada iyo beeraha waxaana loo isticmaalay daawooyinka la ansixiyay muddo sanado ah.

Tallaalka AZ ee COVID, fayraska waxaa loo beddelay si looga saaro maadadiisa caadiga ah ee hidde-sidaha. Tani waxaa lagu beddelay maado caawinaysa in la sameeyo difaac ka dhan ah COVID.



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KHURAAFAADKA: Tallaalada waxaa ku jira hilib doofaar ama waxyaabaha kale ee xayawaanka ka soo farcama



XAQIIQDA: Ma jiraan hilib doofaar ama maadooyin kale oo xayawaan oo ku jira tallaalada hadda la heli karo.

Xataa duruufaha marka ay jiraan maadooyin aan la oggolaan karin in ay ku jiraan tallaalka, aqoonyahanno badan oo caan ah ayaa ku soo gebagabeeyay in la oggolaan karo haddii aysan jirin fursado kale xogtuna ay muujinayso in tallaalku faa'iido leeyahay.



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KHURAAFAADKA:

Tallaalada COVID ayaa kugu ridi kara COVID



XAQIIQDA: Maya. Kama qaadi kartid COVID tallaalka.

Tallaalada COVID waxay baraan habdhiska difaaca jirkeena in uu ogaado lana dagaalamo fayraska keena COVID.

Nidaaman ayaa keeni kara waxyeello badanaa khafiif ah. Tallaalada hadda jira kaama dhigi karaan in aad la xannuunsato COVID.



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KHURAAFAADKA: Tallaalada COVID waxay kaa dhigi karaan madhalays (aad awoodin in aad carruur yeelato)



XAQIIQDA: Ma jirto wax caddeyn ah oo muujinaysa in tallaalada COVID ay keenaan madhalaysnimo.

Khuraafaadkani wuxuu billaabmay markii khabiiir Jarmal ah oo ku takhasusay cudurada faafa uu soo jeediyay in tallaalka COVID uu keenayo in jirka uu sameeyo lid jidh-galayaasha anti-Syncytin-1. Wuxuu qiray in aysan jirin wax muujinayay in arrintu sidan ahayd.

Tiro haween ah oo tallaalka ku qaatay tijaabada gudaheeda ayaa tan iyo markii uur qaadeen.



KHURAAFAADKA: Qaaditaanka COVID ka dib qaadashada tallaalka ayaa caddeyn u ah in tallalku uusan shaqeyneynin



XAQIIQDA: Habdhiska difaaca jirka ayaa qaadan kara dhowr maalmood ama usbuucyo si uu u soo saaro jawaab ka hortag ah ka hor inta uusan billaaban difaac ka dhan ah fayraska.

Tallaalka COVID wuxuu yareyn doonaa fursadaha lala dhibaatoonayo dhibaatooyinka halista ah ee COVID.

Ma jiro tallaalka 100% waxtar leh, sidaa darteed qof walba waa in uu sii wadaa in uu qaato taxadarrada lagu taliyay si looga fogaado infekshinka.



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KHURAAFAADKA: Uma baahnid tallaal haddii aad horay u qabtay COVID.



XAQIIQDA: Lama oga muddo intee la eg ayu jirkaaga iska difaaci karo COVID marka aad ka bogsatid sida darteed waxaa talo ah in tallaalka la qaato.

Dadka uu COVID ku dhacay waxa dhici kara in ay ka ammaan galaan cudurka muddo bilooyin ah. Laakin waxa loo baahanyahay cilmibaaris dheeraad ah. Shaqsiyaadkan waxey u gudbin karaan fayruska dadka kale.

Talada waqtigna xaadirka ah waa in 4 usbuuc la suga haddi COVID kugu dhaco inta aadan tallaalka qaadan.



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KHURAAFAADKA: Waad xulan kartaa tallaalka COVID ee aad qaadanayso



XAQIIQDA: Qofna lama siin doono xulasho saadka iyo helitaanka dartood. Tallaalka ugu wanaagssan ayaa sidee darteed ah kan lagu siiyo.

Dhammaan tallaalada la heli karo waxay bixiyaan difaac aad u sarreeya. Dadka waa in loo xaqiijiya in tallaal walba oo ay qaataan ay soo ansixisay MHRA buuxiyayna shuruudaha adag oo ku aaddan badbaadada, tayada iyo waxtarka.



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KHURAAFAADKA: Haddii aan go'aansado in aan qaadanin tallaalka, ma saamaynayso dada kale



XAQIIQDA: Go'aamadaada adiga kaliya kuma saameynayaan laakiin waxay saameynayaan dadka kale, gaar ahaan kuwa u nugul iyo kuwa jirran.

Waxay u badan tahay in la dhibtooto dhibaatooyinka daran oo muddada dheer ee COVID haddii aadan qaadanin tallaalka. Tani waxay culeys ku kordhin doontaa adeegga caafimaadka waxayna saameyn ku yeelan doontaa dadka la ildaran cudurada kale. Waxay sidoo kale saameyn ku yeelan doontaa dadka kuu dhow ee ay tahay in ay ku daryeelaan inta lagu guda jiro muddadan.



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KHURAAFAADKA: Waan yarahay waana khatar yarahay sidaa darteed tallaalka COVID la iiguma talagalin aniga



XAQIIQDA: Usbuucyadii la soo dhaafay, dadka da'doodu u dhexeyso 18 – 64 waxay tiradoodu gaartay 40% in maalinta kasta cisbitaal loo dhigo COVID.

In kasta oo halistu ku sareeyso dadka waaweyn iyo dadka cudurada kale qaba, haddana COVID wuxuu saameyn karaa da' walba. COVID wuxuu keeni karaa dhibatooyin muddo dheer socda iyo dhimasho. Tallaalka waxaa loogu talagalay in uu yareeyo halista cawaaqib xumadan.



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KHURAAFAADKA: Kaliya kuwa xannuunsan & waayeelka ayaa u dhimanaya COVID



XAQIIQDA: Tani waa been waana anshax xumo.

Celcelis ahaan da'da ku jirta qaybaha daryeelka degdegga ah waxay ka weyn tahay 60 sano jir. Xaaladaha horey u jiray ee halista qof kor u qaada waxay noqon karaan kuwa fudud sida neefta, sonkorowga ama cayilka saa'idka ah.

Nolosha oo dhan waa qaali iyadoo aan loo eegayn da' ama taariikh caafimaad oo hore. In si kale lagu taliyo waa wax dhibkeeda leh aana waafaqsneyn Islaamka.



KHURAAFAADKA: Cidna mas'uul kama aha haddii tallaaladu dhibaato leeyihiin



XAQIIQDA: soo-saareyaasha looma cafinayo dhammaan mas'uuliyadaha.

Si loogu dhiirigaliyo shirkadaha soo saara daawooyinka in ay soo saaraan tallaalada COVID iyagoo aanan galin khasaaro maaliyadeed oo xooggan, Dowladda ayaa siisay iyaga difaac ka dhan ah mas'uuliyadda madaniga ah waxayna ku dartay tallaalada Qorshaha Bixinta Khasaaraha Tallaalka.

Shirkaduhu weli waxaa saaran waajibaad loo baahan yahay in ay fuliyaan. Tani ma aha fikrad cusub. Tallaalo badan oo caan ah ayaa horeyba hoos yimid qorshahan.



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KHURAAFAADKA: Waxaa jira xirfadleyaal caafimaad oo ka soo horjeeda tallaalka COVID



XAQIIQDA: Inta badan xirfadleyaasha caafimaadka, khubarada caafimaadka guud iyo saynisyahannada waxay dhiirigalinayaan tallaalka COVID.

Saynisyahanno ka kala yimid adduunka ayaa isugu yimid in ay soo saaraan tallaalo COVID oo ammaan ah kuwaas oo gacan ka geysan doona badbaadinta kummanaan qof.

Sida xirfad kasta ay tahayba, waxaa jiri doonta tiro aad u yar kuwaas oo ka soo horjeeda fikirka la isku raacsan yahay. Doodadaha ayaa inta badan ku saleysan caddeyn.



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KHURAAFAADKA: Tallaalada waa in ay ahaadaan 100% ammaan ka hor inta aan loo siideynin shacabka



XAQIIQDA: Tallaladu waa hab ammaan ah oo looga hortago cudurada looga hortagi karo tallaalka laakiin ma jirto daawo 100% ammaan ah.

Tallaaladu waxaa lagu hayaa heer sare marka loo eego daawooyin kale oo badan laakiin waxaa muhiim ah in la abuurin yoolal aan macquul ahayn oo loogu talagalay daaweynta.

Ma jiraan waxyaabo badan oo nolosha ka mid ah oo 100% ammaan ah.



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KHURAAFAADKA: Dadka ayaa u dhimanaya tallaalada COVID-19



XAQIIQDA: Dadka qaar ayaa dhiman doona marka ay qaataan tallaalka COVID ka dib. Tani macnaheedu ma aha in tallaalku uu ahaa waxa keenay dhimashada.

Haddii 10 milyan oo qof la tallaalo oo tallaalkuna uusan waxba waxyeello lahayn, 14, 000 oo qof ayaa weli la filan karaa in ay u dhintaan sababo aan guud ahaanba la xiriirin tallaalka.

Habka kaliya ee lagu ogaan karo in tallaaladu ay leeyihiin waxyeello daran waa in la fiiriyo xogta laga helay dad badan oo la tallaalay lana barbardhigo waxa caadi ahaan laga filan karo dadka da'daas ku jira.



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