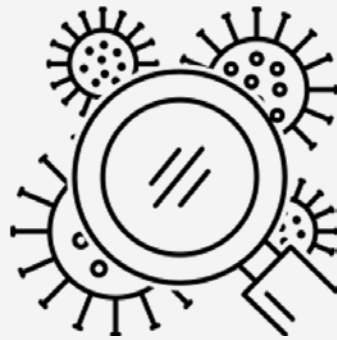

CORONAVIRUS DISEASE

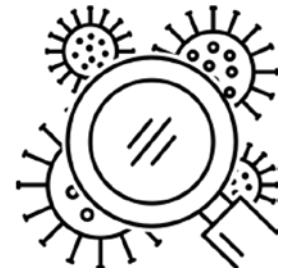


OVERVIEW

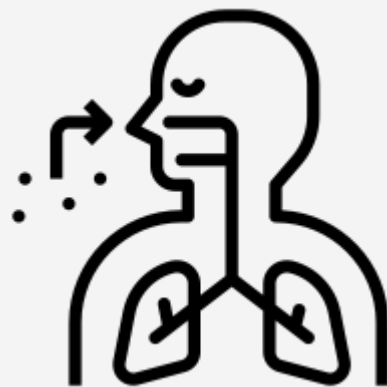
Protect yourself and others

OVERVIEW

WHAT IT IS



**It is a virus that causes
respiratory illness.**



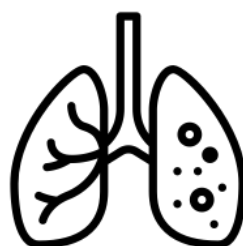
Anyone can get it...

Protect yourself and others

PEOPLE AT HIGHER RISK



Older adults (65+)



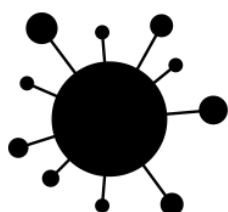
Respiratory disease



Heart disease



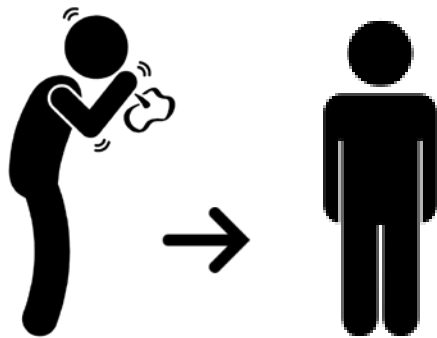
Diabetes



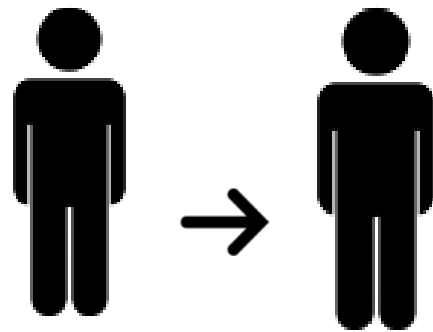
Cancer & other conditions like HIV if low CD4 count or not on ART

ABOUT HOW IT SPREADS

Sick person to healthy person; cough, sneeze or talking droplets



Someone who doesn't seem sick to a healthy person; cough, sneeze or talking



Contaminated surface when a sick person touches a surface and then a healthy person touches the same object and touches their face



PREVENTION

PROTECT YOURSELF

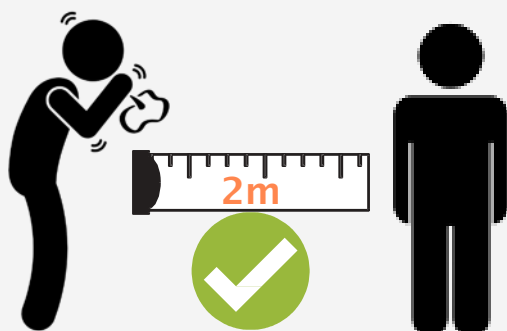
Wash hands with soap / detergent for 20 seconds with moving water



Avoid touching your face



Stay 2 meters away



Avoid surfaces that could be contaminated



Protect yourself and others

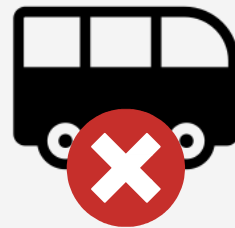
PREVENTION

KEEP DISTANCE

**Avoid crowds
and gatherings**



**Avoid places
where people are
close together**



**Avoid high
traffic areas**



**Avoid crowded
dispensaries**



Protect yourself and others

WHAT TO LOOK FOR SYMPTOMS

Fever



Cough



**Shortness of
breath**



**If you are ill with these symptoms
CALL THE FREE HOTLINE @**

**Trouble breathing is a more
serious symptom and the person
should get medical attention.**



Protect yourself and others

WHEN TO STAY HOME FEELS LIKE FLU

**Sore
throat**



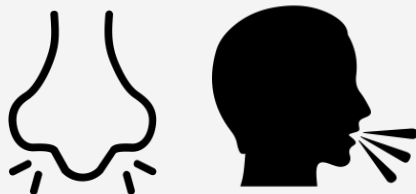
Diarrhea



**Body
aches**



**Runny nose/
mild cough**



Tired



Get accurate information

WHO TO CALL

**Questions about
coronavirus
disease or about
where to seek
care?**



**CALL THE FREE
HOTLINE @**



INSTEAD...

Wave



Toe touch



Bow



This content is intended for field use by community health workers or others educating the public about coronavirus disease. Updated March 31st, 2020.

For references and sources see Coronavirus Overview Training at: <https://www.villagehopecore.org/covid-19-toolkit/>