

D Are you sick at home with Coronavirus ?

New coronavirus Last update: 29.10.2020

PROTECT YOURSELF AND OTHERS

STOP CORONA

- Get together with fewer people.
- Keep a distance.
- Masks compulsory if distancing isn't possible.
- Masks compulsory in publicly accessible indoor and outdoor areas, and on public transport.
- Work from home if possible.
- Wash your hands thoroughly.
- Cough and sneeze into your elbow.
- Do not shake hands.
- Ventilate rooms several times a day.
- Events: Public, max. 50 people; Private, max. 10 people; Gatherings in public, max. 10 people.
- If you experience symptoms, get tested immediately and stay at home.
- To enable contact tracing, always provide your complete contact information.
- To break infection chains: download and activate the SwissCovid app.
- If you test positive: isolate. If you have had contact with a confirmed case: quarantine.
- Only visit a doctor's office or an accident and emergency department after making an appointment by phone.

www.foph-coronavirus.ch Stricter rules apply in certain cantons



Promise Graf

Englisch

Albanisch, Amharisch, Arabisch, Farsi / Persisch / Dari, Französisch, Kurdisch, Portugiesisch, Rumänisch, Russisch, B
Spanisch, Tigrinya, Türkisch, Tamil

Was Sie tun müssen, wenn Sie akut an Corona erkrankt sind und zu Hause isoliert werden.



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osnisch/Kroatisch/Serbisch, Somalisch,