#### Statistics and Research

# Excess mortality during the Coronavirus pandemic (COVID-19)

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We update this page with the latest available data on excess mortality around once a week, usually on Friday. Last update: **20 February 2021**.

On this page we provide an overview of excess mortality along with charts to explore the data. You can learn in more depth about different measures of excess mortality, their strengths and limitations, and their comparability across countries in our work with John Muellbauer and Janine Aron.



See our in-depth article on measuring excess mortality: A pandemic primer on excess mortality statistics and their comparability across countries  $\Rightarrow$ 

# What is 'excess mortality'?

**Excess mortality** is a term used in epidemiology and public health that refers to the number of deaths *from all causes* during a crisis above and beyond what we would have expected to see under 'normal' conditions.<sup>1</sup> In this case, we're interested in how the number of deaths during the COVID-19 pandemic compares to the deaths we would have expected had the pandemic not occurred — a crucial quantity that cannot be known but can be estimated in several ways.

Excess mortality is a more comprehensive measure of the *total* impact of the pandemic on deaths than the confirmed COVID-19 death count alone. It captures not only the confirmed deaths, but also COVID-19 deaths that were not correctly diagnosed and reported<sup>2</sup> as well as deaths from other causes that are attributable to the overall crisis conditions.<sup>3</sup>

# How is excess mortality measured?

Excess mortality can be measured in several ways, each of which depends on an estimate of the expected deaths in 2020–2021 had the COVID-19 pandemic not occurred.

The simplest approach is to take the raw number of deaths observed in a given period during the COVID-19

pandemic — say Week 10 of 2020, which ended on Sunday 8 March<sup>4</sup> — and subtract, as an estimate of expected deaths, the average deaths in that week over the previous years, for example the last five.

 $Excess \ Deaths_{Week \ 10 \ 2020} = Deaths_{Week \ 10 \ 2020} - \ Average \ Deaths_{Week \ 10 \ 2015-2019}$ 

While the raw number of deaths helps give us a rough sense of scale, this measure has its limitations, including being less comparable across countries due to large differences in populations.

A measure that is more comparable across countries is the P-score, which calculates excess mortality as the *percentage difference* between the number of deaths in 2020–2021 and the average number of deaths in the same period — week or month — over the years 2015-2019.<sup>5</sup>

$$P\text{-}score = rac{Deaths_{Period\ \#\ 2020-2021} - Average\ Deaths_{Period\ \#\ 2015-2019}}{Average\ Deaths_{Period\ \#\ 2015-2019}}*100$$

For example, if a country had a P-score of 100% in a given week in 2020, that would mean the death count for that week was 100% higher than — that is, double — the average death count in the same week over the previous five years.

While the P-score is a useful measure, it too has limitations. For example, the five-year average death count might be a relatively crude measure of expected deaths because it does not account for trends in mortality or population size. To learn about other measures of excess mortality and their strengths and limitations, see our article with John Muellbauer and Janine Aron.

**Excess mortality P-scores** 

The chart here shows excess mortality during the pandemic for all ages using the P-score.<sup>6</sup> To see the P-scores for other countries click Add country on the chart.

## Important points about excess mortality figures to keep in mind

The reported number of deaths might not count all deaths that occurred. This is the case for two reasons:

- First, not all countries have the infrastructure and capacity to register and report all deaths. Here we only include countries that are estimated to register at least 85% of deaths though the actual coverage might be lower due to the burden of the pandemic, and significant differences in coverage between countries likely remain.<sup>7</sup>
- Second, there are delays in death reporting that make mortality data provisional and incomplete in the weeks, months, and even years after a death occurs.<sup>8</sup> The extent of the delay varies by country. For some, the most recent data points are clearly very incomplete and therefore inaccurate we *do not show* these clearly incomplete data points.<sup>9</sup>

The date associated with a death might refer to when the death *occurred* or to when it was *registered*. This varies by country. Death counts by date of registration can vary significantly irrespectively of any actual variation in deaths, such as from registration delays or the closure of registration offices on weekends and holidays. It can also happen that deaths are registered, but the date of death is unknown — those deaths are not included in the weekly or monthly data shown here.<sup>10</sup>

**The dates of any particular reporting week might differ slightly between countries.** This is because countries that report weekly data define the start and end days of the week differently. Most follow international standard ISO 8601, which defines the week as from Monday to Sunday, but not all countries follow this standard.<sup>11</sup> In the charts on this page we use the ISO 8601 week end dates from 2020–2021.

**Deaths reported weekly might not be directly comparable to deaths reported monthly.** For instance, because excess mortality calculated from monthly data tends to be lower than the excess calculated from weekly data.<sup>12</sup>

For more discussion and detail on these points, see our article with John Muellbauer and Janine Aron as well as the metadata from our data sources: the Human Mortality Database and World Mortality Dataset.



# Excess mortality P-scores by age group

The chart here shows P-scores broken down by two broad age groups: ages 15–64, which contains most of the working age population, and ages 85+, which has the highest mortality risk.<sup>13</sup> Two more age groups can also be selected by clicking Add country : ages 65–74 and ages 75–84. Countries for which the data is sourced from the World Mortality Dataset are not included in this chart because the data is not broken down by age.

## Why is it informative to look at P-scores for different age groups?

The previous chart showed P-scores for *all ages* — these are impacted by differences in both mortality risk by age and countries' age distributions. For example, countries with older populations — which have a higher mortality risk, including from COVID-19 — will tend to have higher all-age P-scores by default. Looking at the P-scores for *different age groups* is therefore informative when comparing countries.



# Excess mortality using raw death counts

Besides visualizing excess mortality as a percentage difference, we can also look at the raw death count as shown here in this chart. The raw death count helps give us a sense of scale: for example, the US suffered roughly 500,000 more deaths than the five-year average between 1 March and 27 December 2020, compared to 340,000 confirmed COVID-19 deaths during that period.

However, this measure is less comparable across countries due to large differences in populations. You can still see the death counts for other countries by clicking "Change country" on the chart.



# Excess mortality: our data sources

## Our World in Data relies on data from the Human Mortality Database and the World Mortality Dataset

In our presentation of excess mortality figures we rely on the all-cause mortality data from the Human Mortality Database and the World Mortality Dataset. We have calculated P-scores from the raw death data provided by these sources. We make the data used in our charts downloadable as a complete and structured .csv file here on our GitHub site.

The Human Mortality Database (HMD) is maintained by a team of researchers based at the University of California, Berkeley, USA and the Max Planck Institute for Demographic Research in Rostock, Germany. HMD has been publishing updates on all-cause mortality for currently 38 countries as part of its Short-term Mortality Fluctuations project since May 2020.<sup>14</sup>

HMD updates its data weekly, usually on Thursday or Friday. The data is sourced from Eurostat and national statistical agencies — a full list of sources and detailed information for each country's data series can be found in the HMD metadata file. HMD was our sole source of data until 20 February 2021.

The World Mortality Dataset (WMD) is maintained by the researchers Ariel Karlinsky and Dmitry Kobak. WMD has been publishing updates on all-cause mortality for currently 79 countries since January 2021. We do not use the

data from 14 of these countries because they fail to meet all three of the following quality criteria: 1) coverage of at least 85% of deaths according to these UN estimates; 2) at least four years of historical data; and 3) data published either weekly or monthly.<sup>15</sup> The data is not broken down by age so we only include it in our all-age charts.

WMD updates its data weekly. The data is sourced from the Human Mortality Database — we use the data directly from HMD and not WMD — Eurostat, and national statistical agencies. A full list of sources and information for each country's data series can be found on WMD's GitHub site.

## Other publicly available data on excess mortality

## International organizations are not publishing an international database on excess mortality

Unlike statistics on confirmed COVID-19 deaths — for which several organizations such as the WHO, ECDC, and Johns Hopkins University are collating data for all countries — there is no single source of data on excess mortality. And no data source will have data for all countries, because excess mortality statistics will only be available for a minority of countries.

This is a major problem for policymakers, researchers, and the general public that have a need to understand the ongoing pandemic.

## Several media publications and regional data sources are publishing public databases

In addition to the Human Mortality Database and the World Mortality Dataset, several media publications and regional data sources have been publishing excess death data for some countries.

- *The Economist* published the first database on excess mortality on GitHub. Its reporting on the topic can be found here.
- *The New York Times* publishes its dataset on excess mortality on GitHub. Its reporting on the topic can be found here.
- *The Financial Times* publishes its dataset on excess mortality on GitHub. Its reporting on the topic can be found here.
- *The Washington Post* publishes its dataset on excess mortality in the US on GitHub. The GitHub page also contains links to the Post's reporting on the topic.
- Eurostat publishes downloadable data for European countries on its website.

# Excess mortality during COVID-19: background

## Why is it important to look at excess mortality?

In our work on the Coronavirus pandemic we visualize the data on the confirmed number of deaths from COVID-19 for all countries. We update this data daily based on figures published by Johns Hopkins University (JHU).

But these figures — as reported by governments and national health ministries — are the number of *confirmed deaths* due to COVID-19, which may differ from the *total* impact of the pandemic on deaths for several reasons:

- Some (but not all) countries only report COVID-19 deaths that occur in hospitals people that die from the disease at home may not be recorded;
- Some countries only report deaths for which a COVID-19 test has confirmed that a patient was infected with the virus untested individuals may not be included;

- Death reporting systems may be insufficient to accurately measure mortality this is particularly true in poorer countries;
- The pandemic may result in increased deaths from other causes for a number of reasons including weakened healthcare systems; fewer people seeking treatment for other health risks; or less available funding and treatment for other diseases (e.g. HIV/AIDS, malaria, tuberculosis);
- The pandemic may result in fewer deaths from other causes. For example, the mobility restrictions during the pandemic might lead to fewer deaths from road accidents. Or there might be fewer deaths from the flu because of interventions to stop the spread of COVID-19, or because COVID-19 now causes deaths that would have otherwise been caused by the flu.

This list makes clear that the two statistics — confirmed deaths due to COVID-19 and excess mortality — are giving a perspective on different questions. The confirmed deaths often undercount the total impact of the pandemic on deaths, but in contrast to excess mortality they contain information about the *cause of death*. The excess mortality includes not only those who have died from COVID-19, but also those from all other causes. This means both metrics are needed to understand the total impact of the pandemic on deaths.

## Excess mortality statistics will only be available for a minority of countries

Excess mortality data is unfortunately not available for many countries, and because the required data from previous years is lacking this will continue to be the case. When the goal is to monitor a global pandemic, this is a major limitation of this metric.

Excess mortality can only be calculated on the basis of accurate, high-frequency data on mortality from previous years. But few countries have statistical agencies with the capacity and infrastructure to report the number of people that died in a given month, week or even day-to-day. For most low- and middle-income countries, such data is not available for previous years.

As we saw from the available excess mortality estimates discussed previously, this data is most often only available for richer countries that can afford high-quality data reporting systems.

Researchers can draw on some other sources to estimate excess mortality — such as funeral or burial records — or on data from subnational regions of poorer countries (often the capital). But in many cases no information at all can be obtained.

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}
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Endnotes

- 1. Checchi, F., & Roberts, L. (2005). Interpreting and using mortality data in humanitarian emergencies. Humanitarian Practice Network, 52.
- 2. For example, because no COVID-19 test was conducted or a country's death reporting system failed to register the death as from COVID.
- 3. Conditions such as health systems being overwhelmed, resources being diverted away from other health problems, or fewer people seeking treatment for other health risks.
- 4. According to international standard ISO 8601, though not all countries follow this standard. See below for more details.
- Except for six countries for which we only have data from the years 2016–2019. For Week 53 2020, which ended on 3 January 2021, we compare the number of deaths to the average deaths in Week 52 over the years 2015–2019, because only one previous year (2015) had a Week 53.
- 6. We have calculated P-scores from the raw death data from our sources, the Human Mortality Database and the World Mortality Dataset.
- 7. In richer countries with high-quality mortality reporting systems nearly 100% of deaths are registered, while in low- and middle-income countries undercounting of mortality is a serious issue, despite the cited UN registration estimates. For instance, even in some countries estimated to register more than 90% of deaths, the deaths of people over age 65 are often substantially undercounted. This undercounting might be exacerbated by the pandemic because people over age 65 have an elevated risk of dying from COVID-19. Also note that while Australia usually registers nearly 100% of deaths, the data series we have here is for *doctor-certified deaths only*, which account for ~85–90% of all deaths. For more details see this page of the Australian Bureau of Statistics.
- 8. For instance, a 2016 CDC study of the delay in the US found that after four weeks, only 54% of deaths had been registered; by eight weeks the figure was 75%, and it didn't reach 100% until almost a year after the date of death. Though the CDC does note that "Data timeliness has improved in recent years, and current timeliness is likely higher than published rates." In fact the CDC currently estimates that "63% of all U.S. deaths are reported within 10 days of the date of death, but there is significant variation between states."
- 9. Clearly incomplete data is marked by a large, abrupt drop in the death count often well below the five-year average and a pattern of substantial upward revision to the count from recent periods. For a detailed list of the data we exclude for each country see this spreadsheet.
- 10. For instance, in 2020 this was the case for ~2500 deaths in Sweden (see here for details); this is broadly comparable to the number of deaths with unknown date in the previous several years (see the Table 1 row labeled "Okänd dödsdag" here).
- 11. For instance, England & Wales define the week as from Saturday to Friday.
- 12. The reason for this is that the monthly data smooth the weekly fluctuations, resulting in lower estimates. Source: D. Jdanov, Human Mortality Database, personal communication, 11 February 2021.

- For example, the death rate from COVID-19 for ages 85+ is 630 times higher than the group aged 18–29 based on US data. Source: CDC COVID-19 Hospitalization and Death by Age.
- 14. HMD only includes countries with the highest quality and most comprehensive mortality statistics, with breakdowns by age and sex and many years of historical data. Because of this, only select countries with very robust and capable statistical agencies are included.
- 15. The excluded countries are: Albania, Bolivia, Bosnia & Herzegovina, Colombia, Ecuador, Iran, Ireland, Kazakhstan, Kosovo, Malaysia, Mexico, Peru, South Africa, and Uruguay. It is possible we will amend this list on the basis of new information.

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