



[Home / Today](#)

[Last 21 Days](#)

[Archive](#)

[Vaccines](#)

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[Cont](#)



LONG COVID

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[Today](#)

[Last 21 Days](#)

[Archive \(since March '20\)](#)

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- [Epidemiology](#)
- [Transmission](#)
- [Prevention](#)
- [Virology](#)
- [Immunology](#)
- [Vaccines](#)
- [Diagnosis](#)
- [Clinical Manifestation](#)
- [Treatment](#)



The term “Long COVID-19” covers a wide spectrum of symptoms that persist for weeks and even months after an acute infection, not only in severely ill patients but also in otherwise healthy individuals. Primary symptoms are exhaustion and fatigue, but also cough, chest pain, and arthralgia, palpitations, concentration disorders, and memory impairment. The symptoms may fluctuate widely in severity. The current knowledge (which is still limited, as of the end of 2022) is that Long COVID-19 is a complex condition with multiple underlying mechanisms.

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Published 24 January 2021

By **Christian Hoffmann**

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n of symptoms that can occur or persist
ot only after severe but also after initially mild
tigue, but also dyspnea on exertion, headache
s and depressive symptoms in previously
within hours or days. This chapter summarizes
end of January 2021).

