

The Emerging Minds Network is committed to reducing the prevalence of mental health problems experienced by children and young people. As part of that, we hope to promote wellbeing through sharing positive practice and information. We hope to build a bank of community resources from and for our network members. Please do [get in touch](#) if you have something you would like to pass on!



### Parent/ Carer Resource: Foreign Language & International Editions

March 30, 2020

We've produced a resource to help parents and carers support children and young people with their anxiety around COVID-19. It's evidence-based produced by Universities of Oxford & Reading and also now available in multiple languages!

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### Top tips to support children and young people with their worries and anxiety

March 20, 2020

Advice for parents and carers on how to support children and young people with their anxiety around COVID-19

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### How can we best support children and young people with their worries and anxiety: Recommended Resources

March 19, 2020

Round-up of links and recommended resources for those supporting children and young people with their anxiety regarding COVID-19

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### Funding Call – Reviewer Advice

February 14, 2020

Advice from our Reviewer team about how researchers can best plan for research collaboration with those who have lived experience

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