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## Dealing with children and adolescent mental health during the Coronavirus pandemic

As the Coronavirus pandemic heightens, ESCAP is sourcing guidelines, recommendations and information in various languages to help exchange knowledge on dealing with mental health in children and adolescent during this time.

We need help from other associations and societies in different countries to develop this list. Please contact our editor if you have any such resources [editor@escap.eu](mailto:editor@escap.eu)

### Sites with multiple languages

[Emerging Minds: Parent/ Carer Resource: Foreign Language Editions](#)  
[Information on the Corona pandemic in the Nordic region](#)

### Danish

[Alt om coronavirus/COVID-19](#)

### Dutch

[Omgaan met de gevolgen van het coronavirus](#)  
[Hoe praat je met kinderen over het coronavirus?](#)

### French

[Conseils aux parents en situation de confinement](#)  
[Crise Covid-19 : Recommandations pour les soignants et patients en santé mentale](#)  
[INOVAND Excellence center for autism and neurodevelopmental disorders - COVID-19 practical information](#)  
[Comment aider votre enfant à mieux dormir en situation de confinement?](#)