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Guidelines and recommendations in multiple languages

Dealing with children and adolescent mental health during the Coronavirus pandemic

As the Coronavirus pandemic heightens, ESCAP is sourcing guidelines, recommendations and information in various languages to help exchange knowledge on dealing with mental health in children and adolescent during this time.

We need help from other associations and societies in different countries to develop this list. Please contact our editor if you have any such resources editor@escap.eu

Sites with multiple languages

[Emerging Minds: Parent/ Carer Resource: Foreign Language Editions](#)

[Information on the Corona pandemic in the Nordic region](#)

Danish

[Alt om coronavirus/COVID-19](#)

Dutch

[Omgaan met de gevolgen van het coronavirus](#)

[Hoe praat je met kinderen over het coronavirus?](#)

French

[Conseils aux parents en situation de confinement](#)

[Crise Covid-19 : Recommandations pour les soignants et patients en santé mentale](#)

[INOVAND Excellence center for autism and neurodevelopmental disorders - COVID-19 practical information](#)

[Comment aider votre enfant à mieux dormir en situation de confinement?](#)

[Comment gérer l'anxiété de son enfant à la maison ou Comment aider votre enfant anxieux face au coronavirus](#)

[« PAS LE CORONAVIRUS », album BD diffusé par la SIP \(Multiple languages available\)](#)

[Confinement - Déconfinement](#) a wiki platform for exchanging information in French

German

[Statement from the German society DGKJP](#)

[COVID-19: How you can get through Home Isolation and Quarantine](#) (main site German, other languages available)

[Umgang mit dem Coronavirus: from the Austrian society ÖGKJP](#)

[Stellungnahme der ÖGKJP zum Coronavirus: Statement from the Austrian society](#)

Greek

HSCAP have released documents on dealing with the [psychological consequences of the COVID-19 for families and professionals](#)

Portuguese

[A minha avó tem coronavirus!](#)

[CRIANÇAS EM ISOLAMENTO](#)

Serbian

Institute of Mental Health, Belgrade, Serbia

<https://imh.org.rs/wp-content/uploads/2020/03/Saveti-roditeljima-za-rad-sa-decom-sa-smetnjama-u-razvoju.pdf>

<https://imh.org.rs/wp-content/uploads/2020/03/Razgovor-sa-decom-o-korona-virusu.pdf>

<https://imh.org.rs/wp-content/uploads/2020/03/Kako-se-zastititi-od-bolesti-%E2%80%93-saveti-za-decu.pdf>

<https://imh.org.rs/wp-content/uploads/2020/03/Korona-virus-u-svetlu-zivotnog-ciklusa-porodica-sa-adolescentima.pdf>

<https://imh.org.rs/wp-content/uploads/2020/03/COVID-19-kako-razgovarati-sa-decom.pdf>

<https://imh.org.rs/wp-content/uploads/2020/03/Stres-kod-dece-i-mladih.pdf>

<https://imh.org.rs/wp-content/uploads/2020/03/Aktivnosti-sa-decom-u-kucnim-uslovima.pdf>

<https://imh.org.rs/wp-content/uploads/2020/04/Kako-sa-decom-tokom-pandemije.pdf>

<https://imh.org.rs/wp-content/uploads/2020/03/Vodic-za-podrsku-mentalnom-zdravlju-i-dobrobiti-ucenika.pdf>

UNICEF office Serbia

<https://www.unicef.org/serbia/aktivnosti-za-mlade-u-doba-korone>

<https://www.unicef.org/serbia/kutak-za-igru>

<https://www.unicef.org/serbia/kviz-koliko-zapravo-znamo-o-korona-virusu-covid-19>

<https://www.unicef.org/serbia/najcesca-pitanja-male-dece-o-korona-virusu>

<https://www.unicef.org/serbia/medija-centar/vesti/kako-razgovarati-sa-detetom-o-pandemiji-novog-korona-virusa-covid-19>

<https://www.unicef.org/serbia/najcesca-pitanja-adolescenata-i-mladih-o-korona-virusu>

<https://www.unicef.org/serbia/%C5%A1ta-treba-da-znate-o-korona-virusu-da-biste-za%C5%A1titili-sebe-svoju-decu-i-porodicu>

Belgrade for children:

<http://beogradzadecu.com/korona-virus-objasniti-deci-sta-se-desava/>

Turkish

[TÜRKIYE ÇOCUK ve GENÇ PSIKIYATRISI DERNEĞİ COVID-19 \(KORONA\) VIRÜS SALGINI SIRASINDA AİLE, ÇOCUK VE ERGENLERE YÖNELİK PSIKOSOSYAL ve RUHSAL DESTEK REHBERİ](#)

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Developmental psychopathology	Improving youth psychiatry
Disruptive Behaviour	Involving local communities
Dyslexia	Netherlands
Eating disorders	No strenght without unity
Economics	Past & future (Sir Michael Rutter)
Environmental Sensitivity	Policy programming
Epidemiology	Psychotherapy
High-risk population	Public Health
Mental & physical comorbidities	Public Policy
Neurodevelopment	The woman who wired ESCAP
Nursing & transition	Events
Obesity	International event calendar
Paediatric aggression	ESCAP 2019 Vienna
Parents	ESCAP 1987 Varna
Personality disorder	ESCAP 1995 Utrecht
Prenatal risk factors	ESCAP 1999 Hamburg
Psychoanalysis	ESCAP 2003 Paris
Psychosis and schizophrenia	ESCAP 2007 Florence
Publications & impact	ESCAP 2009 Budapest
Research roadmap	ESCAP 2011 Helsinki
Social inequality	ESCAP 2013 Dublin
Suicidal behaviour	ESCAP 2015 Madrid
Synthetic cannabinoid use	ESCAP 2017 Geneva
Tourette syndrome	ESCAP 2021 Maastricht
Virtual Reality	ECAP Journal
22q11 deletion syndrome	ESCAP Communication
Policy	Impact Factor
Access to mental health care	Submitting your article
Albania	More about ECAP
AEPEA	Contact
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EFPT	Job opportunities
IACAPAP	Jobs NEWS FEED
Greece	NEWS