

COVID-19 resources from Africa and beyond

Below is a list of some of the many free documents and websites that can add to the information in the papers published in this issue of SSMJ. Many are regularly updated. Let us know of other resources relevant to those working in and with South Sudan. The resources are grouped into those from:

- UN and other international agencies
- African and other Governments
- NGOs and other organizations
- Journals.

Resources from UN and other international agencies

UNICEF

- [UNICEF Main portal](#)
- [Agenda for Action](#)
- [COVID-19 Latest Updates](#)
- [What parents should know](#)

UNICEF South Sudan

- [UNICEF South Sudan](#)
- [Soap Only COVID-19 Weapon](#)

World Food Programme (WFP) South Sudan

- [WFP South Sudan](#)
- [Emergency dashboard March 2020 South Sudan](#)
- [Hunger Analytics Hub COVID-19](#)

World Health Organization (WHO)

- [WHO main Coronavirus Disease \(COVID-19\) Pandemic](#) site updated
- [All technical guidance](#) updated
- [Operational considerations for case management of COVID-19 in health facility and community](#) Document 19 March, 2020
- [WHO Coronavirus disease \(COVID-19\) technical guidance: Patient management](#)
- [WHO Coronavirus disease \(COVID-19\) technical guidance: Humanitarian operations, camps and other fragile settings](#)
- [WHO Coronavirus disease \(COVID-19\) advice for the public](#)
- [WHO Updated maps of COVID-19 cases and here.](#)
- [WHO Global research on coronavirus disease \(COVID-19\)](#) updated



WHO/Africa Regional Office (AFRO)

- [Main site](#) many videos and social media

Pan American Health Organization (PAHO)

- [PAHO](#) main site updated

[Interagency Standing Committee COVID-19](#) How to include marginalized and vulnerable people in risk communication and community engagement

Resources from/for African and other Governments

US Centers for Disease Control and Prevention (CDC)

- [Main site](#) up-to-date
- [CDC COVID-19 Households living in close quarters](#)
- [Interim Infection Prevention and Control Recommendations for Patients with Suspected or Confirmed Coronavirus Disease 2019 \(COVID-19\) in Healthcare Settings](#) CDC [coronavirus Library](#) updated database

Africa Union. Africa CDC

- [Main site](#)
- [What you should know about the 2019 novel Coronavirus Disease](#)

Kenya

- [Dashboard](#)
- [Utilizing the Community Health Strategy to Respond to Covid 19](#)

Uganda

- [Government COVID-19](#) site

UK Government/Public Health England

- [COVID-19: guidance for health professionals updated](#)
- [Health Education England online COVID-19 resources for worldwide use](#)

Resources from NGOs and other organizations

[African Federation for Emergency Medicine](#) has resources for clinical case management of COVID-19 infections in low-resource settings

[British Psychological Society](#) Responding to coronavirus
[Center for Global Development Strengthening](#) basic care and providing oxygen for COVID-19 patients in low resource settings.

Cochrane. Continuously updated special collections:

- [Coronavirus \(COVID-19\): evidence relevant to critical care](#)
- [Coronavirus \(COVID-19\): infection control and prevention measures](#)
- [An overview of Cochrane’s activities](#) and available resources, updated

[Commonwealth Pharmacists Association](#) newsletter. Covid-19 related sources. See Resources

[Communication Therapy International](#) has a list of resources explaining the virus in several languages. These include:

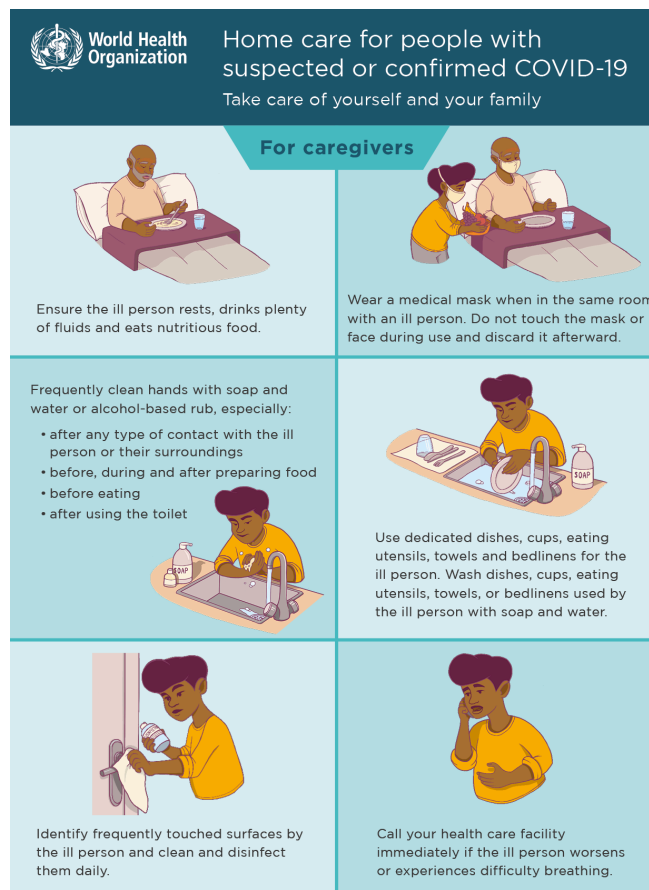
- The Slum and Rural Health Initiative (SRHIN): infographics (evidence-based messages from WHO and other reliable sources) in many local languages. See:
 - » [Infographic English](#)
 - » [Infographic Arabic](#)
 - » [Infographic Kiswahili](#)
- [Talking Mats easy to read coronavirus materials](#)
- [Ripple Africa. Coronavirus](#) - Covid-19 - Simple Guide for Malawi

Geo Poll Report: The Impact Of COVID-19 Across Africa updated

DEVEX

- [COVID-19 Latest news](#) updated
- [Watch:](#) How Rwanda got ahead of the pandemic curve

Humanitarian Response [COVID-19 RCSMCE Strategy South Sudan](#)



EPI-wiN www.who.int/covid-19

MEDBOX - guidelines, educational materials, situation updates, posters, infographics, videos in numerous languages and for different audiences (including refugees, prisons).

Medicines for Humanity Materials for use in local communities and community health clinics, using WHO guidelines - curriculum, and posters

NCD Alliance Coronavirus (COVID-19) resources relevant to non-communicable diseases

Picturing Health COVID videos

- [COVID on the Breadline](#) (video)
- [Coronavirus message for communities](#)

Relief Web COVID-19: [How to include marginalized and vulnerable people in risk communication and community engagement](#)

Royal College of Psychiatrists COVID-19: [Staying well and monitoring health at home](#)

Scientific Animations Without Borders (SAWBO) - animation “Protecting Yourself Against Coronavirus.”

- Swahili (Tanzania) [YouTube](#)



Coronavirus - Covid-19 - Simple Guide

SAVE LIVES - How to try and stay well and avoid spreading the virus

<p>1) Wash hands frequently with soap and water for 20 seconds</p>	<p>2) Cover mouth with elbow when coughing or sneezing</p>	<p>3) Avoid touching your eyes, nose and mouth with unwashed hands</p>	<p>4) 2 metres apart keep two metres distance from each other</p>
<p>5) Stay Home Where possible stay home</p>	<p>Symptoms: Fever - Headache - Dry cough and shortness of breath - Muscle pain</p> <p>If you think you have the Virus keep away from other people for two weeks</p> <p>Most people will only have mild symptoms</p> <p>Older people, and people with pre-existing medical conditions (such as asthma, diabetes, heart disease) are more likely to become severely ill</p>		
<p>6) Avoid meetings and being together with other people</p>			

www.rippleafrica.org

Video Library: [Sawbo Animations](#)

- English (USA)
 - » [YouTube](#)
 - » [Video Library](#)

[World Obesity Federation](#) Associations between COVID-19 and obesity and its comorbidities.

Journals

British Medical Journal

- [BMJ all covid-19 resources](#)

- [BMJ COVID-19 hub](#)

New England Journal Medicine

- [Resources on the Coronavirus \(Covid-19\) outbreak](#), including clinical reports, management guidelines, and commentary.

The Lancet

- [COVID-19 Resource Centre](#)
- [Global coalition to accelerate COVID-19 clinical research](#) in resource-limited settings

BACK COVER

IYCF Poster: Wash Your Hands for 20 Seconds Using these Steps