

Social media cards: Home Care & COVID-19

This is a series of social media cards for caregivers, ill people, family members, and COVID-19 in the household.

PAHO Home care for people with suspected or confirmed COVID-19
Take care of yourself and your family

For caregivers



Ensure the ill person rests, drinks plenty of fluids and eats nutritious food.

Wear a medical mask when in the same room with an ill person. Do not touch your mask or face during use; discard it afterward.

Especially clean hands with soap and water.

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Take care of yourself and your family

All members of the household



Wash hands with soap and water

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For ill people



If you have a fever and/or cough: