

WASH CORONAVIRUS AWAY

WASH YOUR HANDS
often with soap and water for at least
20 seconds.

If soap and water are not available, use an
**ALCOHOL-BASED
HANDRUB.**



Before
eating

After
coughing
or sneezing



When
returning
home



After
contact
with
frequently
touched
surfaces

Before
visiting the
elderly

Protect yourself and others from COVID-19.

#SafeHands

#WASHVirusesAway