



DEAR GUEST AND STAFF, HAND HYGIENE CAN SAVE YOUR FRIENDS AND FAMILY

To protect yourself and others from CORONAVIRUS infection:

Wash your hands regularly with soap and water for at least 40 seconds or clean your hands with alcohol-based hand rub

Always wash your hands:

- After coughing or sneezing, even when you use the tissue paper
- Anytime you come from outside and before touching anything in your home
- Before eating, either at home or outside
- After visiting the toilet or public places
- After using the public transport
- After looking after or touching a sick person
- When your hands are visibly dirty
- When you have touched dirty or contaminated surfaces

Avoid shaking hands as a way of areeting. You can wave, nod or bow.

Avoid touching your eyes, nose and mouth with unwashed hands

#SafeHands #COVID19 #AfricaPrepares

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