

# ICORONAVAYIRASI

## MASIYINQANDE inganwenwi

Ukuba usebenzisa ithoyilethi neetephu nabanye abantu kwindawo ohlala kuyo landela le migaqo ilandelayo ukuze uphephe ekusulelweni yintsholongwane yecorona:

1

Ukuba ufole emgceni, lumkela ukusondela kakhulu kwabanye abantu - yima kude kangange-1,5 yeemitha.



2

Lumkela ukubamba izinto nemiphezulu yenzinto njee ngesandla. Ungasebenzisa ingqiniba, unyawo okanye iphepha ukubamba iindawo ezifana nezibambo zamacango, ithobhi, umqheba wokugungxula ithoyilethi, yaye ungayibambi njee ngesandla itephu. Lilahle ngokukhuselekileyo iphepha elisetyenzisiweyo engqomeni.



3

Ungaziphathi ebusweni, emehlweni, empumlweni okanye emlonyeni de ube uzihlambile izandla.



**Hlambisisa izandla zakho ngaphambi nasemva kokusebenzisa ithoyilethi esetyenziswa nangabanye abantu.**

### Hlamba izandla zakho

- Sebenzisa la macebiso okuhlamba izandla imizuzwana engamashumi amabini (20).
- Finyeza imikhono, hlamba izandla emanzini acocekileyo galela/faka isepha embindi wesandla.
- Ukuba akunayo isepha namanzi, ungasebenzisa ihand sanitiser.

**20**  
imizuzwana



**1**  
Hlikihla izandla zozibini.



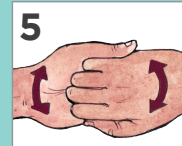
**2**  
Hlikihla iincam zeenzi esandleni. Kwenze oku kwizandla zozibini.



**3**  
Dibanisa izandla ukuhlikihla imiphakathi yeminwe ngaxeshanye.



**4**  
Beka isandla emva kwesinye, hlikihla phakathi kweminwe. Tshintsha ukwenze oku kwizandla zozibini.



**5**  
Iminwe yakho mayibambane ukuze ihlikihlane.



**6**  
Hlikihla ubhontsi wesinye isandla kwesinye esandleni. Kwenze oku kwizandla zozibini.

- Pula izandla zakho ngamanzi acocekileyo uzisule ngetawuli yephepha okanye uziyeke zizomele ngokwazo.

**liHotline:**

**0800 029 999** okanye **021 928 4102** okanye **0800 111 132**

WhatsApp **“Hi”** uthumele ku-**060 012 3456**

Ukufumana ezinye iinkcukacha:  
[www.westerncape.gov.za/coronavirus](http://www.westerncape.gov.za/coronavirus)

