

# Novel Coronavirus (COVID-19): Myths and facts



	<p><b>Myth:</b> Everyone should wear a mask.</p>	<p><b>Fact:</b> No, everyone does not need to wear a mask. Wear a mask if you:</p> <ul style="list-style-type: none"> <li>- have symptoms, such as coughing or sneezing</li> <li>- are healthy and are taking care of a COVID-19 patient.</li> </ul> <p>Masks alone are not protective. They should be used in combination with frequent hand-cleaning with soap and water. If you wear a mask, then know how to use and dispose it properly.</p>
	<p><b>Myth:</b> A person can be infected by COVID-19 by eating eggs, chicken and meat.</p>	<p><b>Fact:</b> There is currently NO evidence for COVID-19 transmission due to eating eggs, chicken and meat. It is always important to follow good hygiene practices.</p>
	<p><b>Myth:</b> COVID-19 can be transmitted from pets.</p>	<p><b>Fact:</b> There is NO evidence that companion animals/pets such as dogs or cats are spreading disease to humans.</p>
	<p><b>Myth:</b> COVID-19 cannot survive in high temperature.</p>	<p><b>Fact:</b> COVID-19 can be transmitted in ALL areas including areas with hot and humid climates.</p>
	<p><b>Myth:</b> Taking a hot bath can prevent COVID-19 infection.</p>	<p><b>Fact:</b> Hot baths WILL NOT prevent you from catching COVID-19. Your normal body temperature remains around 36.5°C, regardless of bath or shower temperature.</p>
	<p><b>Myth:</b> COVID-19 can be transmitted through mosquito bites.</p>	<p><b>Fact:</b> There is currently NO evidence of transmission of COVID-19 by mosquito.</p>
	<p><b>Myth:</b> Eating garlic can help prevent infection with COVID-19.</p>	<p><b>Fact:</b> There is NO evidence that eating garlic can protect from COVID-19.</p>
	<p><b>Myth:</b> COVID-19 affects older people and not younger ones.</p>	<p><b>Fact:</b> People of ALL AGES can be infected by COVID-19.</p>
	<p><b>Myth:</b> Consuming alcohol can protect from COVID-19 infection.</p>	<p><b>Fact:</b> Drinking alcohol DOES NOT kill the virus.</p>
	<p><b>Myth:</b> COVID-19 is a disease of affluence.</p>	<p><b>Fact:</b> ANYONE CAN be infected with COVID-19 irrespective of their social status.</p>
	<p><b>Myth:</b> Antibiotics are effective in preventing and treating the new coronavirus.</p>	<p><b>Fact:</b> Taking antibiotics WILL NOT prevent or treat COVID-19. Antibiotics DO NOT work against viruses.</p>