COVID-19 (Coronavirus Disease 2019)

If you have mild flu-like symptoms like





Runny nose

Sore throat



Fever

- SEE A DOCTOR
- Don't go to work or school
- Avoid crowds
- Stay at home
- Don't doctor-hop

Look out for this logo

You can go to **Public Health Preparedness Clinics**



and polyclinics for subsidised treatments if you have flu-like symptoms.

PUBLIC HEALTH PREPAREDNESS CLINIC

Check www.phpc.gov.sg

LET'S ALL DO OUR PART





Wash your hands frequently with soap

Monitor your temperature twice daily



AVOID touching your face with your hands

| Comply with |
|-------------------------------|
| Home Quarantine Orders |
| and Stay-Home Notices |
| and stay at your |
| designated locations |

INSTRUCTIONS



Do not spread rumours.

Get the latest updates on COVID-19 by signing up for the Gov.sg WhatsApp channel (www.go.gov.sg/whatsapp) or at the MOH website (www.moh.gov.sg)







