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Coronavirus (COVID-19)

Latest guidance about COVID-19 from NHS Scotland and the Scotlish Government, including social distancing and stay at home advice.

Coronavirus (COVID-19): General

What you should do if you or anyone in your household has COVID-19 symptoms

Coronavirus (COVID-19): Social distancing >

Why social distancing is important to stop the spread of coronavirus (COVID-19) and who is most affected

Coronavirus (COVID-19): Check your symptoms >

Use our self-help guide to find out what to do next if you or someone you live with has symptoms of COVID-19

Coronavirus (COVID-19): Shielding >

Why shielding is important to stop the spread of coronavirus (COVID-19) and who is most affected

Coronavirus (COVID-19): Stay at home

What you should do if you have to stay at home because of coronavirus (COVID-19)

Coronavirus (COVID-19): Advice for professionals >

What you should do if you have symptoms of coronavirus (COVID-19) and work in a health or care setting

Caring for a cough or fever

Caring for a cough >

How to look after a cough at home, and when to seek help

Caring for a fever >

How to look after yourself if you have a fever, and when to seek help

Caring for a fever in children >

How to look after your child if they have a fever, and when to seek help

Check your fever symptoms >

Use our self-help guide to find out whether you can care your symptoms at home or need to seek help

Check your baby's fever symptoms >

Use our self-help guide to find out whether you can care for them at home or need to seek help

Other COVID-19 advice

Find Business Support: Coronavirus advice for employers and employees

Find the latest coronavirus advice for employers and employees through Find **Business Support**

Fit for Travel: Coronavirus advice for travellers >

Find the latest coronavirus advice for people traveling to and from Scotland through Fit for Travel

Parent Club: Coronavirus advice for parents >

Find the latest stay at home advice for parents through Parent Club

Other languages and formats

Coronavirus (COVID-19) in BSL >

Coronavirus (COVID-19) advice in British Sign Language

Coronavirus (COVID-19) in Easy Read

Coronavirus (COVID-19) advice in Easy Read

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