



Hand Hygiene in Healthcare Settings

Healthcare Providers

Clean Hands Count for Healthcare Providers

Protect yourself and your patients from potentially deadly germs by cleaning your hands. Be sure you clean your hands the right way at the right times.



Hand Hygiene Guidance

Education Courses

Show Me The Science

Introduction to Hand Hygiene

What is Hand Hygiene? +

Why Practice Hand Hygiene? +

Two Methods for Hand Hygiene: Alcohol-Based Hand Sanitizer vs. Washing with Soap and Water +

When and How to Perform Hand Hygiene

When to Perform Hand Hygiene? +

Techniques for Using Alcohol-Based Hand Sanitizer +

Techniques for Washing Hands with Soap and Water +

Glove Use

When and How to Wear Gloves +

Hand Hygiene for Surgery

Surgical Hand Antisepsis +

Skin and Nail Care


Methods to Maintain Hand Skin Health

+

Fingernail Care and Jewelry

+

Guidelines

1. [Guideline for Hand Hygiene in Healthcare Settings; 17-18](#)  [PDF – 495 KB].
2. [Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings.](#)
3. [Guideline for Prevention of Surgical Site Infection; pp. 258 and 267.](#)

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