



Campaign materials: handouts

What emergency workers, health workers, teachers, prison officers, media professionals and employers can do to help prevent suicide

Preventing suicide: information for teachers and other people working in schools

PREVENTING SUICIDE: information for teachers and other people working in schools



Suicide is one of the leading causes of death among 15-29 year-olds. Half of all mental health conditions in adulthood start by 14 years of age. For many young people, the teenage years are a time of exploring new opportunities and freedoms, but they can also be a time of anxiety about academic performance, relationships and the future.

Occasional emotional distress is normal in adolescence, but for some young people, if the distress becomes long-lasting or overwhelming, it can lead to difficulty in everyday functioning and, in the most tragic cases, suicide.

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Preventing suicide : information for journalists and others writing about suicide

PREVENTING SUICIDE: information for journalists and others writing about suicide

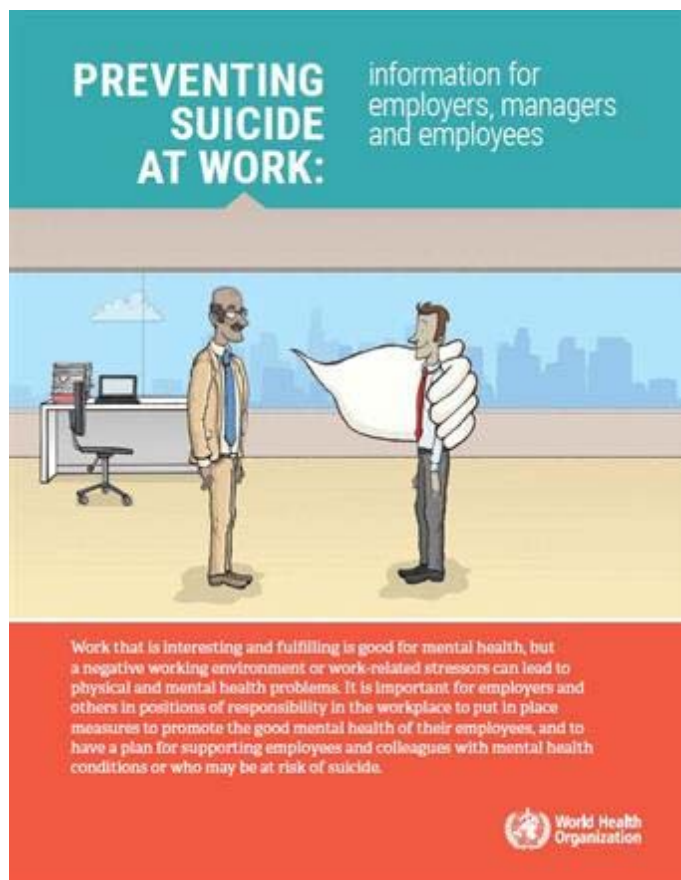


Media reports have the potential to either strengthen or damage suicide prevention efforts. Research shows that while media reports about suicide can increase suicide risk, because of imitative (copycat) suicides, responsible reporting about suicide can help educate the public about suicide and its prevention, offer hope to people at risk, reduce stigma and inspire an open and positive dialogue.

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Preventing suicide at work: information for employers, managers and employees



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Preventing suicide at work: information for health workers



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Preventing suicide: information for police, firefighters and other emergency responders

PREVENTING SUICIDE: information for police, firefighters and other emergency responders

Police, firefighters, and other emergency responders are often the first on the scene of a mental health crisis or suicide attempt. They have a critical role in preventing suicide and connecting people to the necessary mental health or medical care that may be required.

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Preventing suicide: information for people working in jails and prisons

PREVENTING SUICIDE: information for people working in jails and prisons

People who are serving time in prison or who are detained in jail have higher rates of suicide than the general population. It is therefore important that effective suicide prevention strategies are implemented in correctional facilities.

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