

Binding Drug List for Rolling Clinics in Luzon/Mindoro projects in the Philippines

Name of the drug	Drug classification	Philippines RC	Indication relevant for the Philippines	Remarks
Acetylsalicylic Acid tab	Cardiovascular Drug, (inhibitor of platlet aggregation)	80 mg	acute coronary Syndrome, Coronary artery disease,	ASS 100 mg only if 100 mg is not available 300mg is allowed
Adrenaline (Epinephrine)	Emergency drug; (Sympathomimetic)	1mg/ml	Anaphylaxis, Croup,	For Emergency Kit
Amitriptyline tab	Mental Health/Psychiatric Drugs, (tricyclic antidepressant)	25mg	depression,	
Amlodipine tab	Cardiovascular Drugs, (Calcium antagonist)	5mg	treatment of hypertension	
Amoxicillin cap	Antibiotics; (Aminopenicillin)	250mg and 500mg	spectrum against grampos. Bacteria; Infections of gastrointestinal tract incl. mouth and ear, respiratory tract, skin and uro-genital tract	
Amoxicillin + Clavulanic acid tab	Antibiotics (Aminopenicillin + Beta lactamase inhibitor)	625mg (500 + 125 mg)	spectrum against gram pos. and gram neg. bacteria second line: infections of respiratory tract, ear, skin, urinary tract, osteomyelitis	
Ampicillin amp.	Antibiotics; (Aminopenicillin)	1g	meningitis	
Atenolol tab	Cardiovascular Drug; (beta blocker cardio selective)	50mg	treatment of hypertension	Only in Mindoro!!!
Atropine sulfate amp	Emergency Drug; (Parasympatholytic)	1mg/ml	Bradycardia	For Emergency Kit
Azithromycin powder for suspension	Antibiotics;	200mg/5ml		
Azithromycin tab	Antibiotics;	250 mg or 500mg (!)	resp. tract infection, skin infection, atypical bacteria i.e.Chlamydia, Legionella	6 tab. Blister
Benzyl benzoate solution	Dermatological Drugs; (Antiparasitic drug, topical)	25%	scabies, pediculosis	NOT AVAILABLE in Luzon. Permethrin Ointment (substitute) very expensive = poor compliance!!!
Beclomethason MDI (Metered Drug Inhaler)	Antiasthmatic Drugs; (Glucocorticoid)	100 mcg/dose	Asthma bronchiale, COPD	only for patients after training
Betamethasone ointment	Dermatological Drugs; (topical Glucocorticoid)	0,1% 5g		
Biperidin tab	Anticholinergicum	2 mg	extrapyramidal sideeffects of drugs against Parkinson`disease	
Carbamazepine tab.	Antiepileptic Drugs;	200 mg		
Cefalexin syrup	Antibiotics; (Cephalosporin 1st generation)	250 mg/5 ml	only for children! e.g. Pyodermia. For adults Amoxi-Clav is available.	

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Chloramphenicol caps	Antibiotics;	250mg	reserve Antibiotic only for severe infections, when there is no other choice. Treatment of Typhoid fever according to Philippine guidelines.	
Chlorpromazin tab	Antipsycotic drug	100 mg	treatment of chronic psychoses incl. Schizophrenia	
Ciprofloxacin tab	Antibiotics; (Fluoroquinolone)	500mg	broad spectrum against gram-neg. bacteria e.g. severe diarrhoea with fever and blood, Campylobacter enteritis, UTI, Pyelonephritis/Cystitis, STI	
Clindamycin tab/cap	Antibiotics/Antiviral Drugs; (Lincosamine)	300mg	Sinusitis, chronic otitis media, tooth infections, infections of the skin and soft tissue.	
Clotrimazole cream	Dermatological Drugs; (Antimykotic drug)	1%	Tinea pedis/manum, Ptyriasis versicolor	
Clotrimazole supp. vaginal	Gynecological Drugs; (Antimykotic drug)	500mg	vaginal mycosis	
Cloxacillin tab	Antibiotics; (Beta lactamase inhibitor)	500mg	Infections with Penicillin sensibel Staphylococcus aureus, e.g. skin infections (Impetigo, superinfected scabies, Pyomyositis), mastitis puerperalis, endocarditis, septicemia, pneumonia, osteomyelitis,	
Cotrimoxazole syrup	Antibiotics; (Sulfamethoxazol + Trimethoprim)	200mg/40mg/5ml or 400mg/80mg/5ml		take care: doses differ in projects!!!
Cotrimoxazole tab	Antibiotics; (Sulfamethoxazole + Trimethoprim)	960 mg	Otitis media, sinusitis, chronic cough, severe diarrhoea incl. typhoid fever, paratyphoid, shigellosis, salmonellosis, UTI, cystitis, pyelonephritis, prophylaxis in HIV	
Dexamethasone eye drops	Ear/Eye/Nose Drops; (Glucocorticoid)	1mg/ml	Pterygium, chron. Conjunctivitis, acute allerg. Conjunctivitis	
Diphenhydramine amp	Antihistamine/Antiemetics;	50 mg/ml	Anaphylaxis,	For Emergency Kit; first choice!
Diphenhydramine tab	Antihistamine/Antiemetics;	50mg	allergic rashes, severe allergic Conjunktivitis, FDA: symptomatic treatment of M. Parkinson and extrapyramidal dyskinesias.	first choice!
DMPA vial i.m.	Depot contraception	150mg/ml (3ml)	F.P.	in Luzon: given by RHUs and midwives, NOT GD
Doxycycline tab	Antibiotics; (Tetracyclin)	100mg	broad spectrum grampos and gramnegative bacteria - infections of respiratory tract, uro-genital-tract, gastrointestinal tract, genital ulcer, inguinal bubo, osteomyelitis	
D5LR500	i.v. fluid: Dextrose, Ringer Lactate	500 ml		For Emergency Kit
Enalapril tab	Cardiovascular Drug; (ACE inhibitor)	5mg	treatment of hypertension, nephrotic syndrome	NOT in Luzon!!! See Lorsartan
Epinephrine				s. Adrenaline

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Ethinylestradiol + Levonorgestrel tab	Contraception	30mcg/150mcg	F.P.	in Luzon: given by RHUs and midwives, NOT GD
Ferrous sulfate + Folic acid tab	Vitamins/Iron;	200 mg/ 0,25mg		
Ferrous sulphate syrup	Vitamins/Iron	220mg/5ml		Only in Mindoro!!
Fluconazole tab	Antifungal Drugs;	50 mg		first choice!
Folic Acid tab	Vitamins/Iron;	5mg	co-medication for MTX-patients; Thalassemia and anemia as side effects of phenytoin	
Furosemide amp	Cardiovascular Drug; (Diuretic)	10mg/ml (amp a 2 ml)	pulmonary edema	For Emergency Kit
Furosemide tab	Cardiovascular Drug; (Diuretic)	40mg		
Gentamicin eyedrops	Ear/Eye/Nose Drops; (Antibiotic, Aminoglycoside)	0,30%	bacterial eye infections	first choice!
Gentian violet crystals - GV Lotion	Dermatological Drug;		superinfected eczema, Impetigo, Tinea, Candidiasis, Scabies, atop. Eczema	
Griseofulvin tab	Antifungal Drugs;	500mg	Griseofulvin for dermatophytes (Tinea corporis/capitis, ringworm); Fluconazol also for systemic mycosis	Only in Mindoro!!! Use Fluconazole in Luzon as long as Griseofulvin is not available
Haloperidol tab	Emergency Drug, Mental Health/Psychiatric Drugs; (Antipsychotic)	5 mg		
Haloperidol amp	Emergency Drug, Mental Health/Psychiatric Drugs; (Antipsychotic)	5mg/amp of 1 ml		For Emergency Kit
Hydrochlorothiazide tab	Cardiovascular Drugs; (Thiazide diuretic)	25mg	treatment of hypertension	
Hydrocortisone amp	Emergency Drug; (Hydrocortisone)	100mg/ml	Anaphylaxis, Bronchial Asthma, allergic rashes, Croup	For Emergency Kit
Hydrocortisone ointment	Dermatological Drugs; (Hydrocortisone)	1%	allergic rashes, eczema,	
Hyoscine N- Butylbromide amp	Emergency Drug; (Spasmolytic drug)	20mg/ml	colic	For Emergency Kit
Hyoscine N- Butylbromide tab	Analgesics; Gastro-Intestinal Drugs; (Spasmolytic drug)	10mg		
Ibuprofen tab	NSAIDs	400mg		
Isosorbid Dinitrate sublingual	Emergency drug; Cardiovascular Drugs; (Vasodilatator)	5mg		For Emergency Kit
Levothyroxine tab	Thyroid Drugs; Hormones; (Thyroxin)	100 mcg	Hypothyroidism	dosages might differ in projects!!

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Losartan	Cardiovascular Drugs; (AT1 inhibitor)	50 mg	treatment of hypertension, nephrotic syndrom	first choice is Enalapril, but DOH provides Losartan
Lidocaine hydrochloride amp	Anaesthesia Drugs; (local anesthetic)	1% solution for injection, amp à 20 ml		
Lidocaine & Epinephrine capsule	Anaesthesia Drugs; (local anesthetic)	2%		only for Dentists
Mebendazole	Anthelmintic/Antiprotozoal Drugs	500 mg	Helminthiasis, Pinworm/Threadworm, Ascaris, Hookworm, Lymphatic Filariasis (national program in endemic areas, once a year plus Diethylcarbamazine (DEC);	as long as Albendazole not available
Metformin tab	Antidiabetics; (Biguanid)	500mg	treatment of diabetes	
Methimazole	Thyroid drugs; (Thyrostatic drug)	5mg	hyperthyroidism	Carbimazol not available
Methyldopa	Antihypertensives	250 mg	hypertension in pregnancy	
Metoprolol	Cardiovascular Drugs; (beta blocker cardio selective)	50mg	treatment of hypertension	Atenolol would be first choice, but DOH provides Metoprolol
Metoclopramide amp	Antihistamines/Antiemetics; (Antiemetic)	5mg/ml (amp à 2 ml)		For Emergency Kit
Metoclopramide tab	Antihistamines/Antiemetics; (Antiemetic)	10mg		
Metronidazole tab	Anthelmintics/Antiprotozoal Drugs; (Nitroimidazol)	500mg	spectrum against anaerobes, Trichomonas, Gardnerella, Giardia, Entamoeba	
Metronidazole tab Intravaginal	Gynecological Drugs; (Antiprotozoal drug; Nitroimidazol)	500mg	Trichomonas	
Nitrofurantoin tab	Antibiotics; (Nitrofuran)	100 mg	UTI;	first choice for UTI
Omeprazole tab	Antacids (Proton pump inhibitors)	20mg	only for Helicobacter pylori eradication - in case of acidity food advice, herbal medicine	
ORS	Rehydration;	x		
Paracetamol syrup	prostaglandin inhibitor	250mg/5ml		
Paracetamol tab	prostaglandin inhibitor	500mg		
Penicillin G parenteral i.m./Benzathine-Benzylpenicillin	Antibiotics;	1,2 Mio IU	treatment of syphilis; prophylaxis for rheumatic fever for children (once per month);	
Phenoxymethylpenicillin (Penicillin V) tab	Antibiotics; (Phenoxymethylpenicillin)	400000 IU (250 mg)	Streptococcal infections i.e. acute Glomerulonephritis, nephrotic syndrome, tonsillitis, scarlet fever, erysipelas, rheumatic fever	
Povidone Iodine solution	Dermatological Drugs; (Antiseptic)	10%		
Prednisolone tab	Hormones; (Glucocorticoid)	5mg		

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Propranolol tab	Cardiovascular Drugs; (Beta blocker, non cardioselective)	40mg	only for children with cardiac disease and adults with hyperthyroidism	
Salbutamol inhaler	Emergency Drug; Antiasthmatic Drugs; (Sympathomimetic)	100mcg/puff	Croup, bronchial asthma;	
Salbutamol syrup	Antiasthmatic Drugs; (Sympathomimetic)	2mg/5ml		first choice! Only if Salbutamol is not available buy Terbutaline
Salbutamol tab	Antiasthmatic Drugs; (Sympathomimetic)	4mg		
Silver Sulfadiazine cream	Dermatological Drugs; (Sulfonamide ointment)	1%		
Spironolacton tab	Cardiovascular Drug; (Diuretic Aldosterone antagonist)	25mg%		Only in Mindoro!!
Tramadol amp	Analgesics; Anaesthesia Drugs; Emergency Drug; (Opioid)	50mg/ml (amp à 5 ml)		For Emergency Kit
Tramadol caps	Analgesics; (Opioid)	50mg		
Valproic acid tab	Antiepileptic Drugs;	200 mg	Lidocain	NOT IN LUZON, because not given by DOH!
Vaseline (=Petroleum Jelly)	Dermatological Drugs;	x	Psoriasis	see Petroleum Jelly
Vitamin A caps	Vitamins/Iron	50.000 IU		if available
Vitamin A caps	Vitamins/Iron	200.000 IU		if available
Water for Injection amp		10ml		
Zinc oxide ointment	Dermatological Drugs;	10%	allergic rashes	
Zinc sulfat tab	Minerals; (zinc)	20mg	diarrhea in children < 5	if available