### **WHO PROGRESS BRIEF**

## VOLUNTARY MEDICAL MALE CIRCUMCISION FOR HIV PREVENTION IN 14 PRIORITY COUNTRIES IN EASTERN AND SOUTHERN AFRICA



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### Key highlights:

- Nearly 15 million voluntary medical male circumcisions (VMMC) have been performed for HIV prevention in 14 countries of eastern and southern Africa during the decade since WHO and UNAIDS recommended (2007) VMMC as an additional HIV prevention intervention (Table 1).
- These 14.54 million voluntary medical circumcisions will avert over half a million new HIV infections through 2030.<sup>1</sup>
- In 2016, 2.8 million VMMCs were performed (Fig. 1). From 2015 to 2016, the number of VMMCs performed increased by nearly 9%.
- All countries in the region, with the exception of Uganda and Rwanda, increased the number of VMMCs performed in 2016 compared with 2015 (see Table 1); four countries surpassed or nearly achieved VMMC targets set in 2011.
- The majority of VMMC clients were aged 15 years or older (a priority

target age) for the period 2011 through 2016 (data from 12 countries); about 40% were adolescent boys aged 10–14 years.

• Impressive scale up (Fig. 2) occurred, approaching the global 2016 target (set in 2011) of 20.8 million. This achievement is attributed to countries establishing related policies and strategies and partners, such as PEPFAR (USA), providing technical and financial support.



# Figure 1. Annual<sup>\*</sup> number of voluntary medical male circumcisions performed in 14 countries in eastern and southern Africa, 2008–2016

Source: Global AIDS Monitoring, UNAIDS/UNICEF/WHO. \*Calendar year

- Delivery of VMMC services has stimulated innovative workforce solutions, such as training large numbers of non-physician clinicians on this minor surgical procedure and infection prevention – knowledge and skills that are transferable to other minor surgical procedures and broader infection prevention.
- VMMC services offer a package of prevention interventions (safer sex education, condom education and provision, management of sexually transmitted infections). HIV testing services are also available, though not mandatory; those who test HIV-positive are linked to treatment and care.
- VMMC services also serve as an entry point to other health services. Men and adolescent boys are presenting, for example, for HIV testing or hypertension screening, and may also be offered tetanustoxoid containing vaccination.

# Figure 2. Cumulative number of voluntary medical male circumcisions performed in 14 countries in eastern and southern Africa, 2008–2016



- The routine delivery of male circumcision is now included in other international guidance, for example the World Bank's Disease control priorities<sup>2</sup> as an essential surgical procedure and in WHO's evidencebased interventions for adolescent health in high HIV burden settings.<sup>3</sup>
- The *Framework for VMMC:* Effective *HIV Prevention and Gateway to Improved Adolescent Boys' and Men's Health in Eastern and Southern Africa by 2021* was issued in 2016 to provide strategic directions for the next five years, aligned with global HIV and health goals and strategies.
- Complementary to achieving the UNAIDS 2020 HIV 90-90-90 target providing 73% viral suppression, 90% VMMC coverage among males aged 10–29 years will be required to achieve the Fast Track HIV prevention targets. To attain these goals, VMMC uptake among men must be enhanced.

#### Country 2008 2009 2010 2011 2012 2013 2014 2015 2016 Total Botswana 0 5424 5773 14661 38005 46793 30033 15722 24042 180 453 0 769 2689 7542 11 961 16393 11 831 9744 10306 71235 Ethiopia Kenya 11 663 80719 139905 159 196 151 517 190 580 193 576 207 014 243 447 1 377 617 Lesotho 10835 37655 36245 25966 144 858 0 0 0 0 34157 1296 589 1234 11 881 21250 40835 129975 Malawi 80 4 1 9 108672 396 151 Mozambique 29592 135 000 146046 240 507 253079 1010297 0 100 7633 198340 Namibia 0 224 1763 6123 4863 1 1 8 2 4165 18459 27340 64119 0 25000 116029 Rwanda 0 1694 138711 173 191 138216 137 218 730059 South Africa 5190 9168 131 117 296726 422 009 514 991 482 474 485 552 497 186 2844413 Swaziland 1 1 1 0 4336 18869 13791 9977 10105 12289 12 9 5 2 17374 100803 Uganda 0 0 21 072 77756 368 490 801678 878109 556546 411 459 3 115 110 United Republic 0 1033 18026 120 261 329729 573845 435 302 548390 183480 2210066 of Tanzania Zambia 2758 17 180 61 911 85151 173 992 294466 315 168 222 481 311 792 1484899 Zimbabwe 0 2801 11 176 36603 40755 112084 209125 188732 205784 807060 Total 21 3 10 122 988 422 924 884 283 1710 845 2658 566 3240 977 2 623 698 2851549 14 537 140

Table. Annual numbers of voluntary medical male circumcisions in eastern and southern Africa by country, 2008–2016

Source: Global AIDS Monitoring, UNAIDS/WHO/UNICEF

#### **ENDNOTES**

1 United States Agency for International Development project, Strengthening Opportunities and Access to Resilience, using the Decision Makers' Program Planning Toolkit 2.1 for modelling. 2 Disease control priorities, 3<sup>rd</sup> edition, Essential surgery Vol 1. Ed Jamison et al, World Bank Group, Washington D.C, 2015. 3 WHO. Global accelerated action for the health of adolescent (AA-Ha!): guidance to support country implementation, 2017.

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