

REGIONAL OFFICE FOR Africa

# **Atlas** of African Health Statistics **2018**

Universal health coverage and the Sustainable Development Goals in the WHO African Region





# Atlas of African Health Statistics 2018: universal health coverage and the Sustainable Development Goals in the WHO African Region

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# Message from the Regional Director

When I took office in 2015 as Regional Director, I introduced the Transformation Agenda of the World Health Organization Secretariat in the African Region an ambitious plan to transform the WHO African Region into a results-driven organization able to fully meet the needs and expectations of its stakeholders.

In the aftermath of the Ebola Virus Disease epidemic, WHO needed to refocus on health systems development, primary health care, resilience and health security, all requiring effective intelligence gathering and knowledge generation. Furthermore, there was a critical information gap for effective implementation and monitoring of SDGs interventions in the Region, including progress towards Universal Health Coverage.



Improving health information systems and expanding coverage of quality dependable data in the Region are both key to delivering on the Transformation Agenda. For this purpose, the Atlas of African Health Statistics remains the most comprehensive tool to monitor the health situation in the African Region, provide up-to-date information on the state of health in countries, and serve as a baseline for monitoring progress on internationally agreed targets.

The Atlas is produced by the staff of the African Health Observatory at the Regional Office, with the contributions and active collaboration of all the clusters of the Regional Office and the 47 countries of the WHO African Region. Unlike in the past, the current Atlas includes brief interpretation of the statistics, to give deeper meaning and facilitate understanding of the health sector performance in the Region. I wish to thank all those who contributed to the preparation of the Atlas for their work. I hope Member States and partners will find this Atlas a useful reference source.

Malet

Dr Matshidiso Moeti WHO Regional Director for Africa

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# Abbreviations and acronyms

| AARR | Average annual rate of reduction        | ITU    | International Telecommunication Union      |
|------|---|--------|--|
| AFRO | Regional office for Africa              | LMICs  | Lower-middle income countries              |
| AIDS | Acquired immunodeficiency syndrome      | MCV    | Measles-containing vaccine                 |
| ANC  | Antenatal care coverage                 | MDG    | Millennium development goals               |
| ANR  | African Nutrition Report                | MICS   | Multiple indicator cluster survey          |
| ARI  | Acute respiratory infection             | MMR    | Maternal mortality Ratio                   |
| ART  | Antiretroviral therapy                  | NCDs   | Noncommunicable diseases                   |
| ARV  | Antiretroviral                          | NTDs   | Neglected tropical diseases                |
| BCG  | Bacillus of Calmette and Guerin         | OOPS   | Out-of-pocket expenditure as percentage    |
| BMI  | Body mass index                         |        | of total health expenditure                |
| CDR  | Case detection rate                     | PMTCT  | Prevention of mother-to-child transmis-    |
| CI   | Confident interval                      |        | sion                                       |
| DESA | Department of Economic and social       | PvtHE  | Private health expenditure                 |
|      | affairs                                 | SARA   | Service Availability and Readiness Assess- |
| DHS  | Demographic and health surveys          |        | ment                                       |
| DOTS | Directly observed TB treatment strategy | SDG    | Sustainable development goals              |
| DTP  | Diphtheria, Tetanus and Pertussis       | STEPS  | STEPwise approach to Surveillance          |
| FRH  | Family and reproductive health          | survey |  |
| GDP  | Gross domestic product                  | TB     | Tuberculosis                               |
| GNI  | Gross National Income                   | THE    | Total health expenditure                   |
| НСТ  | HIV counselling and testing             | UHC    | Universal health coverage                  |
| HIV  | Human immunodeficiency virus            | UN     | United Nations                             |
| HSS  | Health system strengthening             | UNICEF | United nations children's fund             |
| IQR  | Interquartile Range                     | WHO    | World Health Organization                  |
| ITN  | Insecticide treated net                 |        |  |
|      |   |        |  |

# **Overview of UHC and the SDGs**

| Indicator   | Baseline<br>value (2015)          | Current<br>value (Year)              | 2030<br>Projected<br>value <sup>1</sup> | Target<br>(2030)                   | Colour<br>code <sup>2</sup>      | Comment  |
|---|-----------------------------------|--------------------------------------|---|------------------------------------|----------------------------------|--|
| Target 3.1. Reduce the global ma  | ternal mortality                  | y ratio to less th                   | an 70 per 100 0                         | oo live births                     |                                  |  |
| Maternal mortality ratio (per<br>100 000 live births)                   | 542                               | No data                              | 347                                     | <70                                |                                  | The trend during the<br>MDG period was towards<br>substantial decline but the<br>pace is not fast enough to<br>meet the SDG target |
| Proportion of births attended by<br>skilled health personnel            | 54                                | No data                              | 64                                      | >90                                |                                  | The pace is not fast enough to meet the SDG target   |
| Target 3.2. End preventable deat<br>at least as low as 12 per 1000 live | hs of newborns<br>births and unde | and children ur<br>er-five mortality | nder 5 years of a<br>to at least as lo  | ige, with all co<br>w as 25 per 10 | untries aiming<br>00 live births | g to reduce neonatal mortality to  |
| Under-five mortality rate (per<br>1000 live births)                     | 81                                | No data                              | 43                                      | 25                                 |                                  | The trend during MDG<br>period is towards substantial<br>decline but pace is not<br>enough to meet the SDG<br>target               |
| Neonatal mortality rate (per<br>1000 live births)                       | 28                                | No data                              | 19                                      | 12                                 |                                  | The trend during MDG<br>period is towards substantial<br>decline but pace is not<br>enough to meet the SDG<br>target               |
| Infants receiving three doses of hepatitis B vaccine (%)                | 76                                | No data                              | 82                                      | 100                                |                                  | The trend during MDG<br>period is towards substantial<br>decline but pace is not<br>enough to meet the SDG<br>target               |
| Target 3.3: End the epidemics of and other communicable diseases        |                                   | losis, malaria ar                    | nd neglected tro                        | opical diseases                    | and combat h                     | epatitis, water-borne diseases   |
| HIV incidence (per 1000<br>population)                                  | 1.6                               | No data                              | 0.7                                     |                                    |                                  |  |
| Proportion of HIV positive who<br>are on treatment (%)                  | 57                                | No data                              | Over 100                                | 100                                |                                  | The trend during MDG<br>period is towards substantial<br>decline and pace is enough to<br>meet the SDG target                      |
| Malaria incidence (per 1000<br>population)                              | 165                               | No data                              | 80                                      | 16.54                              |                                  | The pace is not enough to meet the SDG target  |
| Tuberculosis incidence (per<br>1000 population)                         | 2.75                              | No data                              | 1.70                                    | 0.6                                |                                  | The trend during MDG<br>period is towards substantial<br>decline but pace is not<br>enough to meet the SDG<br>target               |

- Projected value is based on the average annual rate of change during the MDG era
   Colour codes: Red: No or very slow progress, or decline in performance; Orange: Good progress but pace not enough to meet target; Green: Good progress; pace is enough to meet or surpass SDG target
- 3 UHC indicator
- 4 90% reduction in case incidence rate
- 5 80% reduction in the TB incidence rate

| INDICATOR   | Baseline<br>value (2015)     | CURRENT<br>VALUE (YEAR) | 2030<br>Projected<br>value <sup>1</sup> | Target<br>(2030)                              | Colour<br>code <sup>2</sup> | Comment  |  |  |
|---|------------------------------|-------------------------|---|---|-----------------------------|--|--|--|
| TARGET 3.4: Reduce by one third premature mortality from noncommunicable diseases through prevention and treatment and promote mental health and well-being |                              |                         |   |   |                             |  |  |  |
| Mortality rate attributed to<br>cardiovascular disease, cancer,<br>diabetes or chronic respiratory<br>disease   | 20.9                         | No data                 | 19.74                                   | 10.45   |                             | The trend during MDG<br>period is towards substantial<br>decline but pace is not<br>enough to meet the SDG<br>target |  |  |
| Suicide mortality rate  | 8.8                          | No data                 | 7.44                                    | 7.92  |                             | The trend during MDG period<br>is towards substantial decline and<br>pace is enough to meet the SDG<br>target        |  |  |
| TARGET 3.5: Strengthen the preven   | ntion and treatme            | ent of substance :      | abuse, including                        | narcotic drug abus                            | e and harmful               | use of alcohol   |  |  |
| Adults ≥18 years with raised blood<br>pressure (%)  | 30                           | No data                 |   |   |                             |  |  |  |
| Adults ≥18 years with raised fasting<br>blood glucose (%)7  | 9                            | No data                 |   |   |                             |  |  |  |
| Tobacco (non-use) (% of people<br>≥15)7   | 75.3 (Male)<br>97.7 (Female) | No data                 |   |   |                             |  |  |  |
| TARGET 3.6: halve the number of g   | lobal deaths and             | injuries from roa       | ıd traffic acciden                      | ts  |                             |  |  |  |
| Road traffic mortality rate (per 100<br>000 population)   | 26.6                         |                         |   | Reach 50%<br>of number of<br>global deaths    |                             |  |  |  |
| Health system   |                              |                         |   | -   |                             |  |  |  |
| Out of Pocket Expenditure<br>(OOPS) as % of Private Health<br>Expenditure (PvtHE)7  | 60                           | No data                 | 83.8                                    | Reduce<br>the Out<br>of Pocket<br>Expenditure |                             |  |  |  |
| Private Health Expenditure<br>(PvtHE) as % of Total Health<br>Expenditure (THE)7  | 52.2                         | No data                 | 47.9                                    | Reduce<br>Private<br>Health<br>Expenditure    |                             |  |  |  |
| Health-worker density (1000<br>population)  | 12.7                         | No data                 |   |   |                             |  |  |  |

Projected value is based on the average annual rate of change during the MDG era
 Colour codes: Red: No or very slow progress, or decline in performance; Orange: Good progress but pace not enough to meet target; Green: Good progress; pace is enough to meet or surpass SDG target

3 UHC indicator
4 90% reduction in case incidence rate
5 80% reduction in the TB incidence rate

# Introduction, objectives and methods

The 2018 edition of the *Atlas of African health statistics* describes the health situation and trends in the WHO African Region. Analysis is based on standardized data from the World Health Organization and other agencies of the United Nations, such as UNICEF and the World Bank. The focus is on the progress and performance of key health indicators during the last 5–10 years. Current or disaggregated data were not available for some of the indicators, which underscores the urgent need to strengthen data systems to improve the availability and quality of health data in the African Region.

The progress and performance of each indicator is presented for the Region and by country and, when relevant, by other equity stratifiers such as age and sex. Disaggregation of results by country and equity stratifiers was done to identify those countries and key population groups that require special efforts to achieve parity and improve the national and Regional averages.

Given that the African Region did not meet most of the Millennium Development Goals (MDGs), special attention was paid to the UHC and SDG indicators. Wherever possible, linear projections based on the average annual rate of change were done to predict future performance and provide guidance on how much more needs to be done in each country to meet the UHC and SDG targets. This included computation of annual targets for each indicator and for each country, which are useful guides for Member States to set their own targets during the development of national and disease-specific health strategies and plans. Comparison with other WHO regions was done to indicate where the African Region stands in relation to them and global results.

The Atlas is divided into 11 sections: Chapter 1 provides a description of the regions of the world where WHO operates to improve health globally. Chapter 2 is a tabular presentation of the progress and performance of the UHC and SDG indicators, together with a prediction



of future performance of each indicator. Chapter 3 looks at mortality and morbidity statistics, focusing on average and healthy life expectancy at birth, mortality rates among children and adults, most common causes of death, and most common diagnoses for utilization of outpatient and inpatient services. Chapter 4 presents statistics for maternal and reproductive health, focusing on maternal mortality and on coverage of interventions for maternal and reproductive health. Chapter 5 presents statistics for child health (immunization and care seeking) and nutrition (stunting, maternal anaemia, low birth weight, overweight, breastfeeding and wasting). Chapter 6 focusses on adolescent health services. The burden and impact of communicable and noncommunicable diseases are presented in Chapters 7 and 8, respectively. As neglected tropical diseases have become a key priority for WHO, particular attention was drawn to assessing the burden of neglected tropical diseases in the Region; however, this analysis was hampered by the lack of data in most of the countries. Chapter 9 focuses on health emergencies, Chapter 10 on health systems and services and Chapter II on social determinants of health.

# **Chapter 1. The WHO African Region**

The African Region is one of the six regions of the World Health Organization (Fig. 1). It has over one billion inhabitants, which is about 14% of the world's population, spread across 47 countries. The Region has an estimated annual population growth rate of 2.6%, much higher than the rate in the Eastern Mediterranean (2.0%), South-East Asia (1.3%), Americas (1.1%), Western Pacific (0.7%) and European (0.3%) regions. In 2015, most of the population in the African Region (95%) was less than 60 years old (Fig. 2).

Nigeria is the most populous nation in the Region (Table 1), with slightly over 186 million people, followed by Ethiopia (101 million) and the Democratic

Republic of the Congo (79 million). However, when population density (number of people per square kilometer) is considered, Nigeria is the sixth most densely populated country in the Region, with 202.4 people per square kilometer, after Mauritius (626), Rwanda (451), Burundi (415), Comoros (361) and Seychelles (213).

According to the 2016 World Bank classification, 27 of the countries in the Region (57.4%) are low income countries, 13 (27.7%) are lower-middle income countries, six (12.8%) are upper middle income countries, and one country, Seychelles, is a high income country (Table 2).



#### Figure 1 WHO regions

### Table 1 Population size and density in the African Region

|                                  | Population density (per square kilometre) | Population size<br>(in thousands ) |
|----------------------------------|---|------------------------------------|
| Algeria                          | 17.0                                      | 40 376.0                           |
| Angola                           | 20.7                                      | 25 831.0                           |
| Benin                            | 99.2                                      | 11 166.7                           |
| Botswana                         | 4.0                                       | 2 303.8                            |
| Burkina Faso                     | 68.0                                      | 18 633.7                           |
| Burundi                          | 415.1                                     | 11 552.6                           |
| Cabo Verde                       | 130.7                                     | 527.0                              |
| Cameroon                         | 50.3                                      | 23 924.4                           |
| Central African Republic         | 8.0                                       | 4 998.5                            |
| Chad                             | 11.3                                      | 14 496.7                           |
| Comoros                          | 361.1                                     | 807.1                              |
| Congo                            | 13.9                                      | 4 741.0                            |
| Côte d'Ivoire                    | 72.1                                      | 23 254.2                           |
| Democratic Republic of the Congo | 34.1                                      | 79 722.6                           |
| Equatorial Guinea                | 34.1                                      | 869.6                              |
| Eritrea                          | 45.5                                      | 5 351.7                            |
| Ethiopia                         | 45.5<br>92.6                              | 5 35 1./<br>10 1853.3              |
| Gabon                            | 6.6                                       | 1 763.1                            |
| Gabbin                           | 181.9                                     | 20 55.0                            |
| Ghana                            |   |                                    |
| Guinea                           | 117.5                                     | 28 033.4                           |
|                                  | 52.7                                      | 12 947.1                           |
| Guinea-Bissau<br>Konva           | 52.3                                      | 1 888.4                            |
| Kenya                            | 81.4                                      | 4 7251.4                           |
| Lesotho                          | 71.2                                      | 2 160.3                            |
| Liberia                          | 41.4                                      | 4 615.2                            |
| Madagascar                       | 42.4                                      | 24 915.8                           |
| Malawi                           | 149.8                                     | 17 749.8                           |
| Mali                             | 14.6                                      | 18 134.8                           |
| Mauritania                       | 4.0                                       | 4 166.5                            |
| Mauritius                        | 626.2                                     | 1 277.5                            |
| Mozambique                       | 36.0                                      | 28 751.4                           |
| Namibia                          | 3.0                                       | 2514.0                             |
| Niger                            | 16.3                                      | 20 715.3                           |
| Nigeria                          | 202.4                                     | 18 6987.6                          |
| Rwanda                           | 451.2                                     | 11 882.8                           |
| Sao Tome and Principe            | 0.2                                       | 194.4                              |
| Senegal                          | 79.2                                      | 15 589.5                           |
| Seychelles                       | 213.2                                     | 97.0                               |
| Sierra Leone                     | 91.9                                      | 6 592.1                            |
| South Africa                     | 45.1                                      | 54 978.9                           |
| South Sudan                      | 19.8                                      | 12 733.4                           |
| Swaziland                        | 75.1                                      | 1 304.1                            |
| Тодо                             | 132.0                                     | 7 496.8                            |
| Uganda                           | 167.3                                     | 40 322.8                           |
| United Republic of Tanzania      | 58.2                                      | 55 155.5                           |
| Zambia                           | 22.2                                      | 16 717.3                           |
| Zimbabwe                         | 40.9                                      | 15 966.8                           |
|                                  |   |                                    |
| African Region                   | 40.4                                      | 1 015 367.8                        |

#### Table 2African countries by income level

| High income<br>(GNI/capita >12 476)             | Seychelles   |
|---|--|
| Upper middle income<br>(GNI/capita 4036–12 475) | Algeria, Botswana, Equatorial Guinea, Gabon, Mauritius, Namibia, South Africa  |
| Lower-middle income<br>(GNI 1026–4035)          | Angola, Cabo Verde, Cameroon, Congo, Côte d'Ivoire, Ghana, Kenya, Lesotho, Mauritania, Nigeria, Sao Tome and<br>Principe, Swaziland, Zambia  |
| Low income<br>(GNI/capita <1025)                | Benin, Burkina Faso, Burundi, Central African Republic, Chad, Comoros, Democratic Republic of the Congo, Eritrea,<br>Ethiopia, The Gambia, Guinea, Guinea-Bissau, Liberia, Madagascar, Malawi, Mali, Mozambique, Niger, Rwanda,<br>Senegal, Sierra Leone, South Sudan, Togo, Uganda, United Republic of Tanzania, Zimbabwe |

Data source: The World Bank, 2016

#### Figure 2 Population distribution (%) by age



# Chapter 2. Mortality and morbidity

### 2.1 Average life expectancy at birth

WHO estimates show that the average life expectancy at birth in the African Region is low but increasing, albeit slowly. This increase is driven by declines in adult and child mortality.

During the period 2010–2015, the average life expectancy at birth in the African Region (both sexes) increased by 5.1%, from 57 years in 2010 to 60 years in 2015. The average life expectancy for females is about 4 years higher compared to males. By 2015, the female life expectancy was estimated to be 61.8 years compared to 58.3 for males.

During the same period, the average life expectancy at birth for females increased by 5.7% from 58.4 years in 2010 to 61.8 years in 2015 (average annual increase of 0.7 years), and for males increased from 55.6 years in 2010 to 58.3 years in 2015 (average annual increase of 0.6 years) (Fig. 4).

There are substantial country differences in the average life expectancy at birth (Fig. 3). In 2015, Sierra Leone had the lowest average in the Region (50.1 years), followed by Angola (52.4 years), Central African Republic (52.5 years), Chad (53.1 years), Côte d'Ivoire (53.3) and Nigeria (54.5 years), which are much lower than the average life expectancy in Algeria (75.5 years), Mauritius (74.6 years) and Cabo Verde (73.3 years).

Compared to other WHO regions, the average life expectancy at birth in the African Region is much lower: people in the Eastern Mediterranean and South-East Asia live at least 9 years longer, and those in the Americas, Europe and Western Pacific live at least 17 years longer than those in the African Region.

When the healthy life expectancy at birth is considered, that is, the number of (Fig. 5) years a person lives in a healthy state, the life expectancy at birth in the African Region drops by about 14%. In 2015, it was 52.3 years, which represents a 6.5% increase from 49.5 years in 2012. As was the case with the average life expectancy at birth (Fig. 6), the healthy life expectancy at birth in Sierra Leone was lower than elsewhere in the African Region.

Compared to the other WHO regions (Fig. 7), the African Region had the lowest healthy life expectancy at birth in 2015 (52.3 years), which is about 8 years lower than Eastern Mediterranean and South East Asia, and about 16 years lower than the healthy life expectancy in the Americas, Europe and Western Pacific Regions.

Figure 3 Average life expectancy at birth in years in the African Region



Data source: WHO, 2015

Figure 5 Trend in average life expectancy at birth in years in the African Region



Data source: WHO, 2010-2015





Data source: WHO, 2010-2015





Data source: WHO, 2015



Data source: WHO, 2015

### 2.2 Crude birth and death rates

The crude birth and death rates in the African Region have decreased steadily, with the pace of decline faster for crude death rate than for crude birth rate (Fig. 8). The crude birth rate and crude death rate, respectively, refer to the number of births and deaths occurring in a population in a given year per 1000 mid-year total population. During the period 2000–2015, the crude birth rate per 1000 population declined by 13.3%, from 39.2 in 2000 to 34.3 in 2015 (0.9% average annual rate of decline) (Fig. 9). Meanwhile, the crude death rate per 1000 population declined by up to 43.1% in the same period, from 13.7 in 2000 to 8.9 in 2015 (2.9% average annual rate of decline) (Fig. 10). The pace of decline of the crude birth rate during the last quinquennium (2011-2015) was faster (1.3% average annual rate of decline) compared to the quinquennium ending 2010 (0.8% average annual rate of decline). In contrast, the pace of decline of crude death rate was faster during the 2006–2010 quinquennial period (3.6% average annual rate of decline) compared to the period 2011-2015 (2.9% average annual rate of decline).

Intercountry differences in crude death and crude birth rates are fairly large (Table 4). In 2015, for instance, the crude birth rate per 1000 mid-year total population in Niger was higher than elsewhere in the Region (48.4), followed by Chad (43.9), Mali (43.2), the Democratic Republic of the Congo (42.8) and Burundi (42.7). Mauritius had the lowest crude birth rate per 1000 mid-year total population (10.1) followed by Seychelles (17.0), Cabo Verde (21.1), South Africa (21.3) and Algeria (23.9). During the period 2010–2015, the crude birth rate declined in all the countries except Seychelles, with the biggest decline in Mauritius (by up to 17.2%), followed





Data source: WHO, 2010-2015

by Rwanda (10.5%), Sierra Leone (10.5%), Kenya (9.9%) and Eritrea (8.9%). The crude birth rate in Seychelles increased by 1.2%.

Similarly, in 2015, the crude death rate per 1000 midyear total population in the Central African Republic was higher than elsewhere in the Region (14.1), followed by Chad (13.2), Sierra Leone (13.0), Lesotho (12.9) and Nigeria (12.8). Algeria had the lowest crude death rate (4.8) followed Cabo Verde (5.6), Kenya (5.8), Senegal (6.1) and Rwanda (6.1).

During the period 2010–2015, the crude death rate declined in all the countries except Mauritius, Seychelles and Algeria, with the biggest decline in Zimbabwe (by up to 34.3%) followed by Botswana (by 28.4%), Namibia (28.2%), Malawi (27.2%) and South Africa (25.2%). The crude death rates in Mauritius, Seychelles and Algeria increased by 5.3%, 1.3% and 0.4%, respectively.

Compared to the other WHO regions (Table 3), the African Region accounted for 16.4% of the total global deaths in 2015, which is slightly lower than the 18.9% in the year 2000. In 2015, the African Region had the second highest crude death rate (9.3 per 1000 population) after Europe (10.2 per 1000 population).

#### Figure 10 Crude death rate per 1000 population in the **African Region**



2015

18

#### Data source: WHO, 2010 and 2015

2010

Figure 9

50

40

1,000 people

Number of birth per 30

10

Mal

#### Table 3 Crude death rate per 1000 population by WHO region

|                       | 2000 | 2015 |
|-----------------------|------|------|
| Europe                | 10.9 | 10.2 |
| Africa                | 14.7 | 9.3  |
| South-East Asia       | 8.3  | 7.2  |
| Western Pacific       | 6.3  | 7.2  |
| Americas              | 6.7  | 6.7  |
| Eastern Mediterranean | 7.3  | 6.2  |
|                       |      |      |

Data source: WHO, 2000 and 2015



### Crude death rate per 1000 population in the



Data source: WHO, 2010 and 2015

|                                  | Crude birth rate per 1000 mid-year total population |      |      |      |              |              |                  |
|----------------------------------|---|------|------|------|--------------|--------------|------------------|
|                                  | 2010  | 2011 | 2012 | 2013 | 2014         | 2015         | % rate of change |
| Algeria                          | 24.8  | 25.1 | 25.1 | 24.9 | 24.5         | 23.9         | -3.5             |
| Angola                           | 45.3  | 44.7 | 44.1 | 43.4 | 42.9         | 42.3         | -6.8             |
| Benin                            | 39.3  | 38.9 | 38.6 | 38.2 | 37.8         | 37.4         | -4.8             |
| Botswana                         | 25.3  | 25.2 | 25.1 | 24.9 | 24.5         | 24.1         | -4.6             |
| Burkina Faso                     | 42.3  | 41.7 | 41.1 | 40.5 | 40           | 39.4         | -7               |
| Burundi                          | 43.7  | 43.7 | 43.5 | 43.3 | 43           | 42.7         | -2.5             |
| Cabo Verde                       | 22.9  | 22.5 | 22.1 | 21.7 | 21.4         | 21.1         | -8               |
| Cameroon                         | 39.3  | 38.9 | 38.4 | 37.9 | 37.4         | 36.8         | -6.5             |
| Central African Republic         | 38  | 37.7 | 37.3 | 37   | 36.5         | 36.1         | -5               |
| Chad                             | 46.7  | 46.1 | 45.5 | 45   | 44.4         | 43.9         | -6.2             |
| Comoros                          | 35.2  | 34.9 | 34.6 | 34.2 | 33.8         | 33.3         | -5.5             |
| Congo                            | 38  | 37.6 | 37   | 36.5 | 35.9         | 35.2         | -7.6             |
| Côte d'Ivoire                    | 38.2  | 38   | 37.8 | 37.6 | 37.3         | 37.1         | -2.9             |
| Democratic Republic of the Congo | 44.9  | 44.5 | 44.2 | 43.8 | 43.3         | 42.8         | -4.7             |
| Equatorial Guinea                | 37.4  | 36.9 | 36.3 | 35.7 | 35.2         | 34.6         | -7.7             |
| Eritrea                          | 35.9  | 35.4 | 34.8 | 34.1 | 33.5         | 32.8         | -8.9             |
| Ethiopia                         | 34.8  | 34.3 | 33.8 | 33.3 | 32.8         | 32.3         | -7.5             |
| Gabon                            | 31.9  | 31.7 | 31.4 | 31   | 30.6         | 30.1         | -5.7             |
| The Gambia                       | 42.1  | 41.7 | 41.4 | 40.9 | 40.5         | 40           | -5.2             |
| Ghana                            | 33.3  | 33.1 | 32.8 | 32.4 | 32           | 31.6         | -5.5             |
| Guinea                           | 38.6  | 38.1 | 37.7 | 37.3 | 36.8         | 36.4         | -6               |
| Guinea-Bissau                    | 39.3  | 38.9 | 38.6 | 38.2 | 37.7         | 37.1         | -5.5             |
| Kenya                            | 35.1  | 34.3 | 33.6 | 32.9 | 32.3         | 31.8         | -9.9             |
| Lesotho                          | 28.5  | 28.6 | 28.6 | 28.5 | 28.4         | 28.2         | -1.3             |
| Liberia                          | 37.2  | 36.6 | 36.1 | 35.6 | 35.2         | 34.7         | -6.8             |
| Madagascar                       | 35.2  | 34.8 | 34.4 | 34   | 33.7         | 33.4         | -5.3             |
| Malawi                           | 40.3  | 39.5 | 38.7 | 38.1 | 37.5         | 37.1         | -8.5             |
| Mali                             | 46.4  | 45.8 | 45.1 | 44.5 | 43.8         | 43.2         | -7               |
| Mauritania                       | 36.2  | 35.9 | 35.7 | 35.3 | 35           | 34.6         | -4.6             |
| Mauritius                        | 12  | 11.7 | 11.5 | 10.9 | 10.6         | 10.1         | -17.2            |
| Mozambique                       | 41.5  | 41.1 | 40.6 | 40.2 | 39.8         | 39.4         | -5.3             |
| Namibia                          | 30  | 30.1 | 30.2 | 30.1 | 29.9         | 29.6         | -1.4             |
| Niger                            | 50  | 49.7 | 49.4 | 49.1 | 48.7         | 48.4         | -3.2             |
| Nigeria                          | 41.3  | 49.7 | 49.4 | 40.3 | 39.8         | 39.4         | -4.9             |
| Rwanda                           | 35.3  | 34.6 | 33.9 | 33.2 | 32.5         | 31.8         | -10.5            |
| Sao Tome and Principe            | 36.7  | 36.2 | 35.8 | 35.3 | 34.8         | 34.3         | -6.6             |
| Senegal                          | 38.2  | 38   | 37.7 | 37.3 | 36.8         | 36.2         | -5.5             |
| Seychelles                       | 16.8  | 18.6 | 18.6 | 17.4 | 17           | 17           | 1.2              |
| Sierra Leone                     | 39.6  | 38.7 | 37.8 | 37   | 36.3         | 35.6         | -10.5            |
| South Africa                     | 22.5  | 22.3 | 22.1 | 21.9 | 21.6         | 21.3         | -5.5             |
| South Anta                       | 38.3  | 37.9 | 37.5 | 37.1 | 36.7         | 36.3         | -5.4             |
| Swaziland                        | 31.3  | 30.9 | 30.5 | 30.1 | 29.7         | 29.3         | -5.4             |
| Togo                             | 37.2  | 36.7 | 36.1 | 35.6 |              |              | -7.4             |
| Uganda                           | 45.2  | 44.7 | 44.2 | 43.6 | 35.1         | 34.5<br>42.6 | -5.8             |
| United Republic of Tanzania      | 45.2  | 44.7 | 44.2 | 39.6 | 43.1         | 38.6         | -5.0             |
| Zambia                           |   |      |      |      | 39.1<br>38.8 | 30.0<br>38.4 |                  |
| Zimbabwe                         | 40.4  | 39.9 | 39.5 | 39.1 |              |              | -4.9             |
| ZIMDabwe                         | 36  | 35.9 | 35.7 | 35.2 | 34.6         | 33.9         | -6               |

Crude birth rate per 1000 mid-year total population

Source: The World Bank database- https://data.worldbank.org/indicator/SP.DYN.CONU.ZS

| 2010 | 2011 | 2012 | 2013 | 2014 | 2015 | % rate of c | hange                            |
|------|------|------|------|------|------|-------------|----------------------------------|
| 4.8  | 4.8  | 4.8  | 4.8  | 4.8  | 4.8  | 0.4         | Algeria                          |
| 10.5 | 9.9  | 9.5  | 9.2  | 8.9  | 8.7  | -18.5       | Angola                           |
| 10.1 | 9.9  | 9.8  | 9.6  | 9.5  | 9.3  | -8          | Benin                            |
| 9.3  | 8.8  | 8.3  | 7.8  | 7.4  | 7    | -28.4       | Botswana                         |
| 10.6 | 10.2 | 9.8  | 9.4  | 9.1  | 8.8  | -18.8       | Burkina Faso                     |
| 12.3 | 12.1 | 11.8 | 11.5 | 11.3 | 11   | -11         | Burundi                          |
| 5.7  | 5.7  | 5.7  | 5.7  | 5.7  | 5.6  | -2.2        | Cabo Verde                       |
| 11.7 | 11.4 | 11.1 | 10.9 | 10.6 | 10.3 | -11.9       | Cameroon                         |
| 16.6 | 16.1 | 15.5 | 15   | 14.5 | 14   | -16.8       | Central African Republic         |
| 15.1 | 14.7 | 14.3 | 13.9 | 13.5 | 13.2 | -13.5       | Chad                             |
| 8.2  | 8.1  | 7.9  | 7.7  | 7.6  | 7.5  | -9.6        | Comoros                          |
| 9.3  | 8.8  | 8.5  | 8.1  | 7.8  | 7.6  | -20.6       | Congo                            |
| 14.2 | 13.9 | 13.5 | 13.2 | 12.9 | 12.5 | -12.6       | Côte d'Ivoire                    |
| 11.6 | 11.3 | 11   | 10.7 | 10.4 | 10.2 | -12.9       | Democratic Republic of the Congo |
| 11.4 | 11.1 | 10.9 | 10.7 | 10.5 | 10.3 | -9.4        | Equatorial Guinea                |
| 8.3  | 8    | 7.8  | 7.5  | 7.3  | 7.1  | -15.9       | Eritrea                          |
| 8.4  | 8    | 7.7  | 7.4  | 7.2  | 7    | -18.1       | Ethiopia                         |
| 9.2  | 8.9  | 8.6  | 8.3  | 8    | 7.8  | -15.8       | Gabon                            |
| 9    | 8.8  | 8.7  | 8.5  | 8.4  | 8.2  | -9.6        | The Gambia                       |
| 9.1  | 9    | 8.8  | 8.7  | 8.5  | 8.3  | -9.6        | Ghana                            |
| 11.1 | 10.8 | 10.5 | 10.2 | 9.9  | 9.6  | -15.1       | Guinea                           |
| 12   | 11.8 | 11.5 | 11.3 | 11   | 10.8 | -10.7       | Guinea-Bissau                    |
| 7.3  | 6.8  | 6.5  | 6.2  | 6    | 5.8  | -21.9       | Kenya                            |
| 14.4 | 14   | 13.7 | 13.4 | 13.2 | 12.9 | -10.7       | Lesotho                          |
| 9.3  | 9.1  | 8.8  | 8.6  | 8.4  | 8.1  | -14.1       | Liberia                          |
| 7.4  | 7.2  | 7    | 6.8  | 6.6  | 6.5  | -13         | Madagascar                       |
| 9.8  | 9.2  | 8.6  | 8.2  | 7.8  | 7.5  | -27.2       | Malawi                           |
| 12.5 | 12.1 | 11.7 | 11.4 | 11   | 10.7 | -15.7       | Mali                             |
| 8.5  | 8.4  | 8.3  | 8.2  | 8.1  | 8    | -6.8        | Mauritania                       |
| 7.3  | 7.3  | 7.4  | 7.5  | 7.7  | 7.7  | 5.3         | Mauritius                        |
| 12   | 11.7 | 11.3 | 11   | 10.7 | 10.4 | -14.5       | Mozambique                       |
| 9.9  | 9.3  | 8.7  | 8.2  | 7.8  | 7.5  | -28.2       | Namibia                          |
| 11.8 | 11.3 | 10.9 | 10.5 | 10.2 | 9.9  | -17         | Niger                            |
| 14.3 | 14   | 13.7 | 13.4 | 13.1 | 12.8 | -11.4       | Nigeria                          |
| 7.7  | 7.2  | 6.9  | 6.6  | 6.3  | 6.1  | -22.2       | Rwanda                           |
| 7.4  | 7.2  | 7.1  | 7    | 6.9  | 6.8  | -7.8        | Sao Tome and Principe            |
| 7.3  | 7    | 6.7  | 6.5  | 6.3  | 6.1  | -18.7       | Senegal                          |
| 7.4  | 7.9  | 7.4  | 8    | 7.9  | 7.5  | 1.3         | Seychelles                       |
| 15.5 | 14.8 | 14.2 | 13.8 | 13.4 | 13   | -17.1       | Sierra Leone                     |
| 13   | 12.3 | 11.7 | 11.1 | 10.5 | 10.1 | -25.2       | South Africa                     |
| 12.8 | 12.4 | 12.1 | 11.8 | 11.5 | 11.2 | -12.6       | South Sudan                      |
| 12.6 | 11.9 | 11.3 | 10.7 | 10.2 | 9.9  | -24.4       | Swaziland                        |
| 10.2 | 9.8  | 9.5  | 9.2  | 9    | 8.8  | -14.1       | Тодо                             |
| 10.1 | 9.8  | 9.5  | 9.3  | 9.1  | 8.9  | -13.2       | Uganda                           |
| 8.6  | 8.3  | 8    | 7.6  | 7.3  | 7    | -20.8       | United Republic of Tanzania      |
| 10.1 | 9.6  | 9.1  | 8.6  | 8.3  | 8    | -23.8       | Zambia                           |
| 11.8 | 11   | 10.1 | 9.4  | 8.9  | 8.4  | -34.3       | Zimbabwe                         |

### Crude death rate per 1000 mid-year total population

### 2.3 Child mortality rates

The SDG target 3.2 aims to end, by 2030, preventable deaths of newborns and children under 5 years of age, with all countries aiming to reduce neonatal mortality rate to at least as low as 12 per 1000 live births and under-five mortality rate to at least as low as 25 per 1000 live births.

The child mortality data from WHO suggests that the neonatal and under-five mortality rates in the Region are declining fairly rapidly. During the MDG era (2000-2015), the neonatal mortality rate per 1000 live births declined by 38% from 41 in 2000 to 28 in 2015, and the under-five mortality rate per 1000 live births declined by up to 64% from 153 in 2000 to 81 in 2015. The linear projections based on the average annual rate of reduction during the MDG period show that the pace of decline during the MDG period is not enough to meet the SDG target. Nonetheless, the rates will come close to the targets. According to the projections, by 2030, the neonatal and under-five mortality rates in the Region will be 19 and 43 per 1000 live births, respectively. The child mortality rates continued to decline in 2016, with under-five and neonatal mortality rates per 1000 live births declining to 76.5 and 27.2, respectively.

Differences in child mortality rates between countries were very large in 2016. The neonatal mortality rate ranged from 8 per 1000 live births in Mauritius to 42 per 1000 live births in Central African Republic, and underfive mortality rate ranged from 13.7 per 1000 live births in Mauritius to 127.3 per 1000 live births in Chad. If the pace of decline during the MDG era is sustained, the SDG target for child mortality rate may be met by about 20 countries, most of them in Eastern and Southern

Neonatal mortality rate per 1000 live births in

#### Figure 12 Under-five mortality rate per 1000 live births in the African Region, 2016



Data source: WHO, 2016



#### Figure 14 Trends in child mortality rates per 1000 live births in the African Region, projected from the MDG era

## Figure 15



Data source: WHO

the African Region, 2016

Figure 13



Africa, including Botswana, Kenya, Malawi, Rwanda, South Africa, Uganda, United Republic of Tanzania and Zambia.

Compared to the other WHO regions, child mortality rates are generally higher. For instance, compared to the European Region, the under-five and neonatal mortality rate in 2016 was about 8 and 5 times higher, respectively.

The SDG targets for child mortality are quite ambitious, as they aim to bring child mortality rates closer to zero. This may be difficult to achieve in the African Region, partly because of the known challenges in health care service delivery, and also because the pace of decline in mortality rates generally tends to slow down significantly as the values approach zero. Simply sustaining and/or increasing a trend towards a decline in child mortality rates could be a key performance indicator for the countries in the Region.

### 2.4 Adult mortality rate

Adult mortality rate represents the probability that a 15-year-old person will die before reaching his/her 60<sup>th</sup> birthday. Adult mortality rate in the WHO African Region is still very high, but the trend is towards a steady decline.

In 2015, up to 16 countries in the Region had an estimated adult mortality rate higher than 300 per 1000 population, and 24 countries had an estimated 200-300 adult deaths per 1000 population.

The rate was 300 per 1000 population in 2015. This represents

# Figure 17 Child mortality rates per 1000 live births in the African Region



Data source: WHO, 2016

Figure 16 Child mortality rates per 1000 live births in the African Region, 2016



Data source: WHO, 2016





|                                  |                          | · · ·                     | <u> </u>                                      |                          |                           |   |
|----------------------------------|--------------------------|---------------------------|---|--------------------------|---------------------------|---|
|                                  | U                        | nder-fice mortality r     | ate   | N                        | eonatal mortality ra      | te  |
|                                  | Baseline value<br>(2015) | Projected value<br>(2030) | AARR (%) needed<br>to reach the SDG<br>target | Baseline value<br>(2015) | Projected value<br>(2030) | AARR (%) needed<br>to reach the SDG<br>target |
| African Region                   | 81.3                     | 42.5                      | 7.9   | 28.0                     | 19.3                      | 5.6   |
| Algeria                          | 25.5                     | 16.3                      | 0.1   | 15.5                     | 11.4                      | 1.7   |
| Angola                           | 156.9                    | 113.2                     | 12.2  | 48.7                     | 40.6                      | 9.3   |
| Benin                            | 99.5                     | 68.1                      | 9.2   | 31.8                     | 25.5                      | 6.5   |
| Botswana                         | 43.6                     | 22.6                      | 3.7   | 21.9                     | 20.0                      | 4.0   |
| Burkina Faso                     | 88.6                     | 41.5                      | 8.4   | 26.7                     | 16.7                      | 5.3   |
| Burundi                          | 81.7                     | 43.3                      | 7.9   | 28.6                     | 20.7                      | 5.8   |
| Cabo Verde                       | 24.5                     | 16.8                      | 2.5   | 12.2                     | 8.6                       | 0.1   |
| Cameroon                         | 87.9                     | 50.9                      | 8.4   | 25.7                     | 19.0                      | 5.1   |
| Central African Republic         | 130.1                    | 96.5                      | 11.0  | 426                      | 37.0                      | 8.4   |
| Chad                             | 138.7                    | 100.8                     | 11.4  | 39.3                     | 33.0                      | 7.9   |
| Comoros                          | 73.5                     | 53.3                      | 7.2   | 34.0                     | 27.6                      | 6.9   |
| Congo                            | 45.0                     | 16.1                      | 3.9   | 18.0                     | 9.6                       | 2.7   |
| Côte d'Ivoire                    | 92.6                     | 58.5                      | 8.7   | 37.9                     | 28.7                      | 7.7   |
| Democratic Republic of the Congo | 98.3                     | 59.5                      | 9.1   | 30.1                     | 23.4                      | 6.1   |
| Equatorial Guinea                | 94.1                     | 57.8                      | 8.8   | 33.1                     | 24.4                      | 6.8   |
| Eritrea                          | 46.5                     | 23.9                      | 4.1   | 18.4                     | 12.8                      | 2.8   |
| Ethiopia                         | 59.2                     | 23.5                      | 5.7   | 27.7                     | 15.7                      | 5.6   |
| Gabon                            | 50.8                     | 30.0                      | 4.7   | 23.2                     | 18.0                      | 4.4   |
| Gambia<br>Ghana                  | 68.9<br>61.6             | 39.6<br>37.4              | 6.8<br>6.0                                    | 29.9<br>28.3             | 21.4<br>22.0              | 6.1<br>5.7                                    |
| Guinea                           | 93.7                     | 51.0                      | 8.8   | 31.3                     | 20.2                      | 6.4   |
| Guinea-Bissau                    | 92.5                     | 47.5                      | 8.7   | 39.7                     | 28.2                      | 8.0   |
| Kenya                            | 49.4                     | 22.1                      | 4.5   | 22.2                     | 16.9                      | 4.1   |
| Lesotho                          | 90.2                     | 69.5                      | 8.6   | 32.7                     | 28.3                      | 6.7   |
| Liberia                          | 69.9                     | 26.0                      | 6.9   | 24.1                     | 13.1                      | 4.6   |
| Madagascar                       | 49.6                     | 22.0                      | 4.6   | 19.7                     | 12.1                      | 3.3   |
| Malawi                           | 64.0                     | 22.7                      | 6.3   | 21.8                     | 13.2                      | 4.0   |
| Mali                             | 114.7                    | 59.0                      | 10.2  | 37.8                     | 25.0                      | 7.6   |
| Mauritania                       | 84.7                     | 63.0                      | 8.1   | 35.7                     | 29.6                      | 7.3   |
| Mauritius<br>Mozambique          | 13.5<br>78.5             | 9.8<br>35.3               | 2.1<br>7.6                                    | 8.4<br>27.1              | 5.7<br>16.5               | 2.5<br>5.4                                    |
| Namibia                          | 45.4                     | 27.0                      | 4.0   | 15.9                     | 12.9                      | 1.9   |
| Niger                            | 95.5                     | 39.1                      | 8.9   | 26.8                     | 16.4                      | 5.4   |
| Nigeria                          | 108.8                    | 62.7                      | 9.8   | 34.3                     | 24.3                      | 7.0   |
| Rwanda                           | 41.7                     | 8.7                       | 3.4   | 18.7                     | 8.1                       | 3.0   |
| Sao Tome and Principe            | 47.3                     | 24.7                      | 4.3   | 17.1                     | 11.9                      | 2.4   |
| Senegal<br>Seychelles            | 47.2<br>13.6             | 15.9<br>12.9              | 4.2<br>0.3                                    | 20.8<br>8.6              | 11.0<br>8.0               | 3.7<br>0.5                                    |
| Sierra Leone                     |                          |                           |   |                          |                           |   |
|                                  | 120.4                    | 60.5                      | 10.5  | 34.9                     | 24.2                      | 7.1   |
| South Africa                     | 40.5                     | 21.5                      | 32  | 11.0                     | 7.5                       | 2.6   |
| Swaziland                        | 60.7                     | 28.2                      | 5.9   | 14.2                     | 9.4                       | 1.1   |
| Тодо                             | 78.4                     | 50.6                      | 7.6   | 26.7                     | 19.7                      | 5-3   |
| Uganda                           | 54.6                     | 19.4                      | 5.2   | 18.7                     | 10.6                      | 3.0   |
| United Republic of Tanzania      | 48.7                     | 17.6                      | 4.4   | 18.8                     | 10.9                      | 3.0   |
| Zambia                           | 64.0                     | 24.4                      | 6.3   | 21.4                     | 13.2                      | 3.9   |
| Zimbabwe                         | 70.7                     | 47.0                      | 6.9   | 23.5                     | 26.3                      | 4.5   |

### Table 5 Child mortality rates per 1000 live births by country in the African Region

a 12.8% decline from 341 in 2010. If the pace of decline during the period 2010–2015 is sustained, the adult mortality rate will be around 283 per 1000 population in 2017.

The rates are higher among males than females and, because the pace of decline of adult mortality rate among males is slower (2.1% average annual rate of decline) compared to females (3.5% average annual rate of decline), the male-female gap is widening: in 2014 and 2015, the rate among males was 17% higher compared to females, up from 10% in 2010, 12% in 2011, 14% in 2012 and 15% in 2013.

Differences in adult mortality rate between countries in the Region are quite substantial, with up to 375-point difference between the top and bottom countries. In 2015, Lesotho had the highest adult mortality rate per 1000 population (484), followed by Sierra Leone (413), Côte d'Ivoire (397), Central African Republic (397) and Swaziland (373). Algeria had the lowest adult mortality rate in 2015 (109), followed by Cabo Verde (114), Mauritius (146), Seychelles (168) and Senegal (188). Quite reassuringly however, during the period 2010–2015, adult mortality rate declined in each of the countries in the Region, with the biggest declines in the Southern African countries of Zimbabwe (by up to 45.0%), Botswana (31.0%) and South African (26.6%). Benin registered the smallest decline in adult mortality rate (2%), followed by Chad (2.2%), Guinea (2.4%), Mali (2.6%) and Sierra

Leone (2.6%).

Compared to the other WHO regions, the adult mortality rate is much higher (at least twofold) than elsewhere in the world. For instance, there are up to 207 more adult deaths per 1000 population in the African Region than in Western Pacific and 176 more adult deaths per 1000 population than in the Americas and Europe.

Figure 19 Adult mortality rate per 1000 population in the African Region



Data source: WHO, 2015

# Figure 20 Trends in adult mortality rate per 1000 population, by sex in the African Region





#### Figure 21 Adult mortality rate per 1000 population by year in the African Region

Data source: WHO

# Table 6Top 10 countries with the highest mortality rate per 1000<br/>population in the African Region

|                          | 2010 | 2015 |
|--------------------------|------|------|
| Lesotho                  | 527  | 484  |
| Sierra Leone             | 424  | 413  |
| Côte d'Ivoire            | 417  | 397  |
| Central African Republic | 446  | 397  |
| Swaziland                | 459  | 373  |
| Malawi                   | 462  | 365  |
| Cameroon                 | 370  | 357  |
| Chad                     | 364  | 356  |
| Mozambique               | 407  | 355  |
| Nigeria                  | 374  | 344  |
|                          |      |      |

Data source: The World Bank database

### Table 7 Adult mortality rate per 1000 population by WHO region

|                       | 2013 | 2014 | 2015 |
|-----------------------|------|------|------|
| Africa                | 317  | 308  | 300  |
| South-East Asia       | 182  | 180  | 177  |
| Eastern Mediterranean | 157  | 154  | 155  |
| Europe                | 130  | 126  | 124  |
| Americas              | 126  | 125  | 124  |
| Western Pacific       | 95   | 94   | 93   |

### Table 8 Adult mortality rate per 1000 population in the African Region

|                                  | Both | sexes | Ma   | ale  | Fen  | nale | Rate of decline<br>(%) |
|----------------------------------|------|-------|------|------|------|------|------------------------|
|                                  | 2010 | 2015  | 2010 | 2015 | 2010 | 2015 |                        |
| Algeria                          | 119  | 109   | 143  | 134  | 94   | 83   | -8.8                   |
| Angola                           | 365  | 335   | 388  | 362  | 342  | 308  | -8.6                   |
| Benin                            | 254  | 249   | 280  | 272  | 229  | 226  | -2.0                   |
| Botswana                         | 349  | 256   | 400  | 298  | 294  | 212  | -31.0                  |
| Burkina Faso                     | 279  | 260   | 296  | 275  | 266  | 248  | -7.1                   |
| Burundi                          | 330  | 288   | 356  | 320  | 302  | 255  | -13.6                  |
| Cabo Verde                       | 123  | 114   | 145  | 137  | 105  | 97   | -7.6                   |
| Cameroon                         | 370  | 357   | 384  | 377  | 357  | 338  | -3.6                   |
| Central African Republic         | 446  | 397   | 464  | 420  | 431  | 375  | -11.6                  |
| Chad                             | 364  | 356   | 386  | 378  | 344  | 333  | -2.2                   |
| Comoros                          | 246  | 227   | 271  | 252  | 220  | 202  | -8.0                   |
| Congo                            | 298  | 267   | 313  | 288  | 282  | 245  | -11.0                  |
| Côte d'Ivoire                    | 417  | 397   | 437  | 414  | 394  | 377  | -4.9                   |
| Democratic Republic of the Congo | 283  | 258   | 306  | 283  | 260  | 234  | -9.2                   |
| Equatorial Guinea                | 339  | 320   | 352  | 346  | 324  | 291  | -5.8                   |
| Eritrea                          | 298  | 255   | 339  | 289  | 258  | 222  | -15.6                  |
| Ethiopia                         | 261  | 225   | 284  | 253  | 238  | 197  | -14.8                  |
| Gabon                            | 294  | 229   | 268  | 239  | 320  | 219  | -25.0                  |
| Gambia                           | 284  | 262   | 306  | 290  | 261  | 234  | -8.1                   |
| Ghana                            | 267  | 249   | 287  | 274  | 249  | 224  | -7.0                   |
| Guinea                           | 291  | 284   | 307  | 296  | 274  | 273  | -2.4                   |
| Guinea-Bissau                    | 287  | 275   | 311  | 310  | 264  | 240  | -4.3                   |
| Kenya                            | 294  | 249   | 313  | 290  | 275  | 206  | -16.6                  |
| Lesotho                          | 527  | 484   | 567  | 528  | 498  | 450  | -8.5                   |
| Liberia                          | 272  | 259   | 293  | 285  | 252  | 232  | -4.9                   |
| Madagascar                       | 248  | 220   | 273  | 245  | 222  | 196  | -12.0                  |
| Malawi                           | 462  | 365   | 486  | 398  | 438  | 330  | -23.6                  |
| Mali                             | 273  | 266   | 273  | 266  | 275  | 267  | -2.6                   |
| Mauritania                       | 214  | 205   | 237  | 227  | 190  | 182  | -4-3                   |
| Mauritius                        | 163  | 146   | 214  | 190  | IIO  | 99   | -11.0                  |
| Mozambique                       | 407  | 355   | 439  | 402  | 380  | 314  | -13.7                  |
| Namibia                          | 299  | 248   | 324  | 296  | 278  | 205  | -18.7                  |
| Niger                            | 252  | 220   | 263  | 236  | 237  | 199  | -13.6                  |
| Nigeria                          | 374  | 344   | 389  | 368  | 358  | 318  | -8.4                   |
| Rwanda                           | 260  | 227   | 353  | 313  | 178  | 152  | -13.6                  |
| Sao Tome and Principe            | 204  | 190   | 234  | 217  | 176  | 164  | -7.1                   |
| Senegal<br>Secondaria            | 212  | 188   | 243  | 225  | 186  | 156  | -12.0                  |
| Seychelles                       | 180  | 168   | 251  | 236  | 97   | 91   | -6.9                   |
| Sierra Leone                     | 424  | 413   | 427  | 422  | 421  | 403  | -2.6                   |
| South Africa                     | 428  | 328   | 476  | 386  | 389  | 272  | -26.6                  |
| South Sudan                      | 359  | 332   | 371  | 351  | 347  | 313  | -7.8                   |
| Swaziland                        | 459  | 373   | 516  | 425  | 408  | 326  | -20.7                  |
| Togo<br>Uganda                   | 323  | 287   | 335  | 309  | 312  | 266  | -11.8                  |
| United Republic of Tanzania      | 362  | 291   | 375  | 325  | 350  | 256  | -21.8                  |
| Zambia                           | 360  | 279   | 372  | 311  | 349  | 245  | -25.5                  |
| Zambia                           | 363  | 303   | 398  | 360  | 328  | 242  | -18.1<br>-45.0         |
|                                  | 527  | 336   | 542  | 359  | 513  | 313  | 43.0                   |

### 2.5 Causes of death

Ischaemic heart disease and strokes are the world's biggest killers, accounting for a combined 15 million deaths in 2015. While this is not the case in the African Region, greater efforts are required to control noncommunicable diseases (NCDs) and their risk factors, as recent trends suggest that it will not be long before both become the biggest causes of mortality and morbidity in the Region.

In the year 2000, stroke and ischaemic heart disease were ranked 8th and 9th leading causes of death, respectively, but in 2015, they were in the 4<sup>th</sup> and 5<sup>th</sup> position, after lower respiratory tract infections, HIV/AIDS and diarrhoeal diseases. When both stroke and ischaemic heart disease are combined, they rank second among the leading causes of death in the Region.

Malaria has dropped quite substantially in position, from being the 4<sup>th</sup> leading cause of death in 2000 to the 7<sup>th</sup>, which is largely due to the good performance of the malaria control programme in the Region rather than the emergence of other diseases. HIV remains the second leading cause of death, but if the current improvements in HIV control programmes are sustained, it will not be long before HIV/AIDS is eliminated from the group of leading killers in the Region.

Proportional mortality from lower respiratory tract infections and diarrhoeal diseases have remained largely unchanged in 15 years (2000–2015); special efforts are therefore required, including research that helps to understand the specific organisms responsible for the cause of death from lower respiratory tract infections and diarrhoeal diseases, as well as research on practices related to seeking health care. Similarly, proportional mortality from birth asphyxia, birth trauma and preterm complications have remained largely unchanged during the period 2000-2015, with birth asphyxia and birth trauma, and preterm complications still accounting for about 4% of deaths.

Death from road traffic injuries is on the rise. In year 2000, road traffic injuries accounted for 1.2% of the deaths, but in 2015, it accounted for 2.9%. Road traffic injuries have moved up the ladder of the leading killers, from the 13<sup>th</sup> position in the year 2000 to the 10<sup>th</sup> position in 2015.

#### Figure 22 Percentage of total deaths by main cause in the African Region



# **Chapter 3. Maternal and Reproductive Health**

### 3.1 Maternal mortality

The SDG target 3.1 aims to reduce the global maternal mortality ratio to less than 70 per 100 000 live births.

Data from the UN Inter-agency Group for Maternal Mortality suggests that the maternal mortality ratio (MMR) in Africa remains high but it is declining, albeit very slowly. By the end of the MDG era in 2015, MMR in the Region was 542 per 100 000 live births, which is up to 34 times higher than the MMR in Europe.

Linear projection based on the trend during the MGD period suggests that Africa will not meet the SDG target for MMR of 70 per 100 000 live births by 2030, rather the MMR will be around 347 per 100 000 live births. If the pace of decline during the MGD period does not increase, it may not be until 2084 that Africa will hit the 70 per 100 000 live births mark. By that time, about 8 million mothers in the Region will have lost their lives to a pregnancy-related cause. Therefore, to meet the SDG target by 2030, Africa and its partners will need to put in place accelerated measures to reduce the MMR by about 13% annually from its 2015 value.

Intercountry differences are quite substantial, with MMR in Sierra Leone much higher than elsewhere in the Region. Projections based on the trends during the MDG period suggest that only two countries in the African Region will meet the SDG target in 2030: Botswana and Mauritius, with the 2030 projected values as 52 and 70 per 100 000 live births, respectively. Rwanda and Zambia may come close to the target, with the projected values of 78 and 90 per 100 000 live births, respectively. The MMR in Sao-Tome and Principe, Algeria, and Ethiopia may be close to 100 per 100 000 live births by 2030. The other countries will require greater efforts.

Figure 23 Maternal mortality ratio per 100 000 live births in the African Region



Data source: UN inter-agency group for maternal mortality, 2015





Data source: WHO, 2015





Data source: UN inter-agency group for maternal mortality, 2015

### Figure 25 Maternal mortality ratio per 100 000 live births in the African Region

|                                  | Baseline<br>value<br>(2015) | Projected<br>value<br>(2030) | AARR (%)<br>needed<br>to reach<br>the SDG<br>target |
|----------------------------------|-----------------------------|------------------------------|---|
| Africa                           | 542                         | 347.4                        | 13.6  |
| Algeria                          | 140                         | 115                          | 4.6   |
| Angola                           | 477                         | 243                          | 12.8  |
| Benin                            | 405                         | 286                          | 11.7  |
| Botswana                         | 129                         | 52                           | 4.1   |
| Burkina Faso                     | 371                         | 251                          | 11.1  |
| Burundi                          | 712                         | 530                          | 15.5  |
| Côte d'Ivoire                    | 645                         | 491                          | 14.8  |
| Cabo Verde                       | 42                          | 21                           | 4.5   |
| Cameroon                         | 596                         | 473                          | 14.3  |
| Central African Republic         | 882                         | 646                          | 16.9  |
| Chad                             | 856                         | 531                          | 16.7  |
| Comoros                          | 335                         | 224                          | 10.4  |
| Congo                            | 442                         | 298                          | 12.3  |
| Democratic Republic of the Congo | 693                         | 549                          | 15.3  |
| Equatorial Guinea                | 342                         | 164                          | 10.6  |
| Eritrea                          | 501                         | 341                          | 13.1  |
| Ethiopia                         | 353                         | 135                          | 10.8  |
| Gabon                            | 291                         | 208                          | 9.5   |
| Gambia                           | 706                         | 561                          | 15.4  |
| Ghana                            | 319                         | 217                          | 10.1  |
| Guinea                           | 679                         | 470                          | 15.1  |
| Guinea-Bissau                    | 549                         | 375                          | 13.7  |
| Kenya                            | 510                         | 341                          | 13.2  |
| Lesotho                          | 487                         | 364                          | 12.9  |
| Liberia                          | 725                         | 409                          | 15.6  |
| Madagascar                       | 353                         | 231                          | 10.8  |
| Malawi                           | 634                         | 450                          | 14.7  |
| Mali                             | 587                         | 411                          | 14.2  |
| Mauritania                       | 602                         | 444                          | 14.3  |
| Mauritius                        | 53                          | 48                           | 1.7   |
| Mozambique                       | 489                         | 258                          | 13  |
| Namibia                          | 265                         | 199                          | 8.9   |
| Niger                            | 553                         | 383                          | 13.8  |
| Nigeria                          | 814                         | 564                          | 16.4  |
| Rwanda                           | 290                         | 78                           | 9.5   |
| Sao Tome and Principe            | 156                         | 109                          | 5.3   |
| Senegal                          | 315                         | 202                          | 10  |
| Seychelles                       |                             |                              |   |
| Sierra Leone                     | 1,360                       |                              | 19.8  |
| South Africa                     | 138                         | 124                          | 4.5   |

Projections for the maternal mortality ratio per

Maternal mortality ratio

100 000 live births in the African Region

South Sudan 789 489 16.2 Swaziland 389 257 11.4 Togo 368 275 11.1 Uganda 343 187 10.6 United Republic of Tanzania 398 184 11.6 Zambia 224 90 7.8 Zimbabwe 443 332 12.3 Country that may reach the SDG target

Country that may reach the SDG target

Country that may not reach the SDG target

### 3.2 Family planning

The demand for family planning met with modern methods in the WHO African Region is low. During the period 2011 - 2015, only 49.6% of women of reproductive age who were married or in-union in the Region had their needs for family planning met with modern methods, which is far lower than the rates in the WHO Regions of Western Pacific (89.7%), Americas (82.5%) and South-East Asia (73.5%). Zimbabwe had the highest percentage

of women whose family planning needs were satisfied (86.0%), followed by Swaziland (80.6%), Algeria (77.2%), Lesotho (76.1%), and Kenya (75.4%). The rates were particularly low in the Democratic Republic of Congo (15.6%), Guinea (15.7%), Chad (17.5), and Equatorial Guinea (20.5%).





Data source: WHO, 2011-2015





Data source: WHO, 2015

### 3.3 Antenatal care

Antenatal care (ANC) coverage in the WHO African Region remains worryingly low. Although 77% of the pregnant women in the Region made the first antenatal care visit (ANC 1) in 2015; only 54% received the full lifesaving potential of four ANC visits (ANC 4). Rates of ANC visits in the African Region are very low when compared to WHO Regions of Americas and Europe where, for instance, 94% and 92% of pregnant women make at least four antenatal care visits, respectively.

### Figure 29 Antenatal care coverage (%) in the African Region



Antenatal care coverage - at least our visits (%)

Data source: WHO, 2011-2016

Disparities between the countries in the proportion of pregnant women who make at least four ANC visits and therefore receive the full life-saving potential of ANC are very wide, with the absolute gap between the top and bottom countries as wide as 70 percentage points in 2016. In the same year, Ghana had the highest percentage of pregnant women who made at least four ANC visits (87.3), followed by Sao Tome and Principe (83.6%), Republic of the Congo (79%), Liberia (78.1%), Gambia and Gabon (77.6%).

ANC 1 coverage was at least 95% in 14 countries, with near-universal coverage in Burundi (99.2%), Rwanda (99.0%), Swaziland (98.5%), Cabo Verde (97.6%) and Sao Tome and Principe (97.5%). However, there is a very big dropout rate between ANC 1 and ANC 4 in most of countries, including those with near universal ANC 1 coverage. For instance, the dropout rate in Burundi and Rwanda (countries that had near universal ANC 1 coverage) was 50% and 56%, respectively. Ghana and The Gambia are the only countries among those with near universal ANC 1 coverage that had low dropout rates: 3.5% and 10.0%, respectively. Data are not currently available to assess the timing of the first antenatal visit which has substantial impact on whether or not a pregnant mother makes the fourth ANC visit.

#### Proportion of pregnant women who made at least Figure 30 four visits to the antenatal care by WHO Region



Data source: WHO, 2015

| Table 9         Antenatal care coverage in the African Region |   |   |                      |  |  |
|---|---|---|----------------------|--|--|
|   | Antenatal<br>care<br>coverage—at<br>least one<br>visits (%) | Antenatal<br>care<br>coverage—at<br>least four<br>visit (%) | Drop-out<br>rate (%) |  |  |
| Algeria   | 92.7  | 67.3  | 27.4                 |  |  |
| Angola  | 81.6  | 61.4  | 24.8                 |  |  |
| Benin   | 82.8  | 58.7  | 29.1                 |  |  |
| Botswana  | 94.1  | 73.3  | 22.1                 |  |  |
| Burkina Faso  | 92.8  | 47.2  | 49.1                 |  |  |
| Burundi   | 99.2  | 49.3  | 50.3                 |  |  |
| Côte d'Ivoire   | 97.6  | 72.3  | 25.9                 |  |  |
| Cabo Verde  | 82.8  | 58.8  | 29.0                 |  |  |
| Cameroon  | 68.2  | 38.1  | 44 <b>.</b> I        |  |  |
| Central African Republic                                      | 54.7  | 31.0  | 43.3                 |  |  |
| Chad  | 92.1  | 48.9  | 46.9                 |  |  |
| Comoros   | 93.2  | 79.0  | 15.2                 |  |  |
| Congo   | 90.6  | 44.2  | 51.2                 |  |  |
| Democratic Republic of the Congo                              | 88.4  | 48.0  | 45.7                 |  |  |
| Equatorial Guinea   | 91.3  | 66.9  | 26.7                 |  |  |
| Eritrea   | 88.5  | 57.4  | 35.1                 |  |  |
| Ethiopia  | 62.4  | 31.8  | 49.0                 |  |  |
| Gabon   | 94.7  | 77.6  | 18.1                 |  |  |
| Gambia  | 86.2  | 77.6  | 10.0                 |  |  |
| Ghana   | 90.5  | 87.3  | 3.5                  |  |  |
| Guinea  | 85.2  | 56.6  | 33.6                 |  |  |
| Guinea-Bissau   | 92.4  | 64.9  | 29.8                 |  |  |
| Kenya   | 93.7  | 57.6  | 38.5                 |  |  |
| Lesotho   | 95.2  | 74.4  | 21.8                 |  |  |
| Liberia   | 95.9  | 78.1  | 18.6                 |  |  |
| Madagascar  | 82.1  | 51.1  | 37.8                 |  |  |
| Malawi  | 94.8  | 50.6  | 46.6                 |  |  |
| Mali  | 47.9  | 38.0  | 20.7                 |  |  |
| Mauritania  | 84.7  | 63.0  | 25.6                 |  |  |
| Mauritius   | -   | -   |                      |  |  |
| Mozambique  | 90.6  | 50.6  | 44.2                 |  |  |
| Namibia   | 96.6  | 62.5  | 35.3                 |  |  |
| Niger   | 82.8  | 38.0  | 54.1                 |  |  |
| Nigeria<br>Duran da   | 60.6  | 51.1  | 15.7                 |  |  |
| Rwanda<br>Sao Torre or d Drinsing                             | 99.0  | 43.9  | 55.7                 |  |  |
| Sao Tome and Principe   | 97.5  | 83.6  | 14.3                 |  |  |
| Senegal   | 95.0  | 46.7  | 50.8                 |  |  |
| Sierra Leone  | -   |   | 21.7                 |  |  |
| South Africa  | 97.1  | 76.0  | 21.7                 |  |  |
| South Airica<br>South Sudan                                   | 93·7  | 75.5  | 19.4                 |  |  |
| Swaziland   | 61.9<br>98.5  | 17.3<br>76.1  | 72.I                 |  |  |
| Togo  |   |   | 22.7                 |  |  |
| Uganda  | 72.7  | 57.2  | 21.3                 |  |  |
| United Republic of Tanzania                                   | 97.3  | 59.9  | 38.4                 |  |  |
| Zambia  | 91.4<br>95.7  | 50.7<br>55.5  | 44.5<br>42.0         |  |  |
| Zimbabwe  |   |   | 18.9                 |  |  |
| Zimbabwe  | 93.3  | 75.7  | 10.9                 |  |  |

Source: WHO, 2011-2016

### 3.4 Skilled birth attendance

Attendance at birth by a skilled health worker is one of the major interventions for reducing maternal deaths. The term "skilled birth attendance" refers to births attended to by doctors, nurses or midwives trained to provide life-saving maternal and newborn care during pregnancy, birth and the postnatal period. This excludes deliveries by traditional birth attendants or by other auxiliary health workers trained to provide maternal and newborn care. Similar analysis in some countries will often include deliveries made by other health personnel and traditional birth attendants who have been trained to provide maternal and newborn care.

The rate of skilled birth attendance in the African Region is very low. During the period 2005-2016, only 54% of mothers had their births attended to by a skilled health worker, which is about half of the rate in Europe, Western Pacific and the Americas. There were wide disparities between countries, with rates particularly low in Ethiopia (16%), Chad (24%), Niger (29%) and Togo (29%). These countries, together with eight others (Angola, Central African Republic, Eritrea, Guinea, Guinea-Bissau, Madagascar, Nigeria and the United republic of Tanzania), have pushed the rate of skilled birth attendance in the Region down to around 50% and therefore require special efforts (Figure 31). The rate of skilled birth attendance was above the SDG target (90%) in nine countries, including Botswana and Mauritius with universal skilled attendance at birth, and Seychelles and Algeria with near-universal skilled attendance at birth. The rate was close to the SDG target in seven countries: Comoros, Democratic Republic of the Congo, Gabon, Malawi, Namibia, Swaziland and Zimbabwe. These countries may meet the SDG target well before 2030 if they sustain the current efforts.





Figure 31 Proportion of pregnant women who had their births attended to by a skilled health worker



Data source: WHO, 2005–2016

Data source: WHO 2016
## Chapter 4. Child health and nutrition

#### 4.1 Immunization

### Penta 3 coverage

The percentage of children who receive up to three doses of pentavalent vaccine (penta3) in the Region is low and has remained almost stagnant during the period 2010 -2016. WHO estimates show that, in 2016, only 74% of children <1 year in the Region received penta3; this is far below the 90% global target for immunization set by the Global Vaccine Action Plan. Penta 3 coverage in the African Region is also much lower when compared to the other WHO Regions. For instance, penta3 coverage in the African Region in 2016 was about 23 percentage points lower than the coverage in Western Pacific (97%), and 18 percentage points lower than the coverage in Europe (92%).

Differences in penta3 coverage between the Regional countries are very wide. In 2016 for instance, there was up to fivefold difference between the top and bottom countries, namely: Rwanda with 98% coverage and Equatorial Guinea with 19% coverage. Penta 3 coverage in 2016 was 90% or more in 14 countries: Namibia, Lesotho, Botswana, Zimbabwe, Zambia, United Republic of Tanzania, Burundi, Rwanda, Eritrea, Ghana, Burkina Faso, Senegal and Algeria. Penta3 coverage was less than 50% in five countries: Nigeria, Equatorial Guinea, Central African Republic, Chad and South Sudan. These five countries, together with 12 others with penta3 coverage 50% – 79.9%: South Africa, Madagascar, Angola, Democratic Republic of Congo (DRC), Uganda, Ethiopia, Gabon, Guinea, Liberia Mali, Niger, and Mauritania, are pulling down the penta<sub>3</sub> coverage in the Region.

All countries registered Pentai-Penta3 dropout, except Cabo Verde, with the biggest dropout rate in Equatorial Guinea (53%) followed by Central African Republic (32%), South Sudan (26%) and Nigeria (23%). Rwanda, Mauritius, Sao Tome and Principe, Ghana and Democratic Republic of Congo had the smallest dropout rate (r%), followed by United Republic of Tanzania, Seychelles and Eritrea (2%); and Botswana, Burundi, and Senegal (3%).











Data source: WHO





Data source: WHO, 2016

#### Polio

The global polio eradication initiative aims to achieve a polio free world. The initiative has included routine immunization against poliovirus as one of its core strategies for achieving a polio free world. Other strategies are supplementary immunization activities, mop-up campaigns, and disease surveillance. Worryingly however, progress with routine polio immunization has been rather slow in the African Region. After increasing fairly rapidly from 55% in 2000 to 74% in 2010, coverage of polio immunization (Polio3) declined to 72% in 2011 and has remained fairly stagnant since then.

Polio immunization coverage varied quite markedly between countries in the Region, with the absolute gap between the top and bottom countries as high as 79 percentage points. Equatorial Guinea had the lowest polio immunization coverage in 2016 (20%) followed by South Sudan (31%), and Guinea (42%). In these three countries, the trend in coverage of polio immunization is towards a substantial decline, with the coverage during the period 2011 - 2016 declining by up to 67% in Equatorial Guinea, 76% in South Sudan, and 41% in Guinea. There were also declines in 16 other countries during the period 2011 – 2016, but the substantial ones were in Malawi (by 16%), Angola and Kenya (10%), Mauritania (9%), Mali (7%), Lesotho and Sierra Leone (5%), and South Africa, Algeria and DRC (4%). Coverage of polio immunization in some of the countries was, on the whole, remarkable. In 2016, polio immunization coverage was 90% or more in 19 countries, with the coverage near-universal in 9 countries: Rwanda (99%), Seychelles (96%), Mauritius (96%), Sao Tome and Principe (95%), Botswana (96%), Eritrea (95%), The Gambia (95%), Ghana (95%), and Cabo Verde (95%).





Data source: WHO, 2016

#### Table 11 Coverage (%) of routine vaccines by WHO region

|                       | BCG | Polio | MCV | DTP3 |
|-----------------------|-----|-------|-----|------|
| Africa                | 81  | 73    | 72  | 74   |
| Eastern Mediterranean | 87  | 80    | 77  | 80   |
| South-East Asia       | 89  | 87    | 87  | 88   |
| Europe                | 91  | 94    | 93  | 92   |
| Americas              | 95  | 92    | 92  | 91   |
| Western Pacific       | 95  | 95    | 96  | 97   |
| Global                | 88  | 85    | 85  | 86   |

Data source: WHO, 2016

#### Figure 37 Percent of children 12–23 months who received all the routine vaccine doses during 2010-2015 in the African Region



Data source: WHO

### Full immunization

Reliable data to assess the percentage of children who received all the routine vaccines were not available. Similarly, data were largely lacking for children who did not receive any of the vaccines. During the period 2010– 2015, full immunization coverage in the Region ranged from as low as 12% to 91%.

#### Figure 38 Percentage of facilities that reported the availability of immunization services by country in the African Region



Data source: SARA, 2012-2016

## The availability of services for immunization

Facility assessment surveys done during the period 2012 - 2016 in 15 countries indicate that immunization services are offered by the great majority (85%) of the health facilities in the countries. Zimbabwe had the highest percentage of facilities that indicated offering immunization services (97%), followed by Sierra Leone (93%), Niger (92%), Chad (91%), and Zambia and Togo

(each 89%). Mauritania had the lowest proportion of facilities that indicated availability of immunization services (65%), followed by DRC (75%), Uganda (77%), Benin (78%), Ethiopia (80%), Guinea (81%), United Republic of Tanzania (81%), and Kenya and Burkina Faso (each 85%).





Data source: SARA surveys

| Table 12 | Penta1 and penta3 coverage | by year and country in | the African Region |
|----------|----------------------------|------------------------|--------------------|
|----------|----------------------------|------------------------|--------------------|

|                                  |      |      |         | DPT/Penta3 | -    |          |      | Pentaı | Penta1-<br>Penta3<br>dropout |
|----------------------------------|------|------|---------|------------|------|----------|------|--------|------------------------------|
|                                  | 2010 | 2011 | 2012    | 2013       | 2014 | 2015     | 2016 | 2016   | 2016                         |
| Algeria                          | 95   | 95   | 95      | 95         | 95   | 95       | 91   | 96     | -5.2                         |
| Angola                           | 77   | 71   | 75      | 77         | 64   | 64       | 64   | 79     | -19.0                        |
| Benin                            | 76   | 75   | 80      | 77         | 78   | 82       | 82   | 86     | -4.7                         |
| Botswana                         | 95   | 95   | 95      | 95         | 95   | 95       | 95   | 98     | -3.1                         |
| Burkina Faso                     | 91   | 91   | 90      | 88         | 91   | 91       | 91   | 95     | -4.2                         |
| Burundi                          | 96   | 96   | 96      | 96         | 95   | 94       | 94   | 97     | -3.1                         |
| Côte d'Ivoire                    | 99   | 90   | 94      | 93         | 95   | 93       | 96   | 96     | 0.0                          |
| Cabo Verde                       | 84   | 82   | 85      | 89         | 87   | 84       | 85   | 92     | -7.6                         |
| Cameroon                         | 45   | 47   | 47      | 23         | 47   | 47       | 47   | 69     | -31.9                        |
| Central African Republic         | 39   | 33   | 40      | 39         | 37   | 46       | 46   | 60     | -23.3                        |
| Chad                             | 74   | 83   | 86      | 87         | 87   | 91       | 91   | 96     | -5.2                         |
| Comoros                          | 74   | 82   | 85      | 85         | 90   | 80       | 80   | 85     | -5.9                         |
| Congo                            | 85   | 62   | 82      | 80         | 76   | 83       | 85   | 98     | -13.3                        |
| Democratic Republic of the Congo | 60   | 74   | 75      | 74         | 80   | 81       | 79   | 80     | -1.3                         |
| Equatorial Guinea                | 44   | 41   | 24      | 3          | 20   | 16       | 19   | 40     | -52.5                        |
| Eritrea                          | 90   | 96   | 94      | 94         | 94   | 95       | 95   | 97     | -2.1                         |
| Ethiopia                         | 61   | 65   | 69      | 72         | 77   | 77       | 77   | 86     | -10.5                        |
| Gabon                            | 67   | 75   | 82      | 79         | 70   | 80       | 75   | 83     | -9.6                         |
| Gambia                           | 97   | 96   | 98      | 97         | 96   | 97       | 95   | 99     | -4.0                         |
| Ghana                            | 94   | 91   | 92      | 90         | 98   | 88       | 93   | 94     | -1.1                         |
| Guinea                           | 64   | 63   | 62      | 63         | 51   | 54       | 57   | 65     | -12.3                        |
| Guinea-Bissau                    | 83   | 86   | 87      | 87         | 87   | 87       | 87   | 95     | -8.4                         |
| Kenya                            | 90   | 96   | 94      | 87         | 92   | 89       | 89   | 96     | -7.3                         |
| Lesotho                          | 93   | 96   | 95      | 93         | 93   | 93       | 93   | 98     | -5.1                         |
| Liberia                          | 70   | 77   | 80      | 76         | 50   | 52       | 79   | 99     | -20.2                        |
| Madagascar                       | 70   | 73   | 70      | 74         | 73   | 69       | 77   | 84     | -8.3                         |
| Malawi                           | 93   | 97   | 96      | 89         | 91   | 88       | 84   | 89     | -5.6                         |
| Mali                             | 73   | 66   | 66      | 69         | 73   | 64       | 68   | 86     | -20.9                        |
| Mauritania                       | 64   | 75   | 80      | 80         | 84   | 73       | 73   | 87     | -16.1                        |
| Mauritius                        | 99   | 98   | 98      | 98         | 97   | 97       | 96   | 97     | -1.0                         |
| Mozambique                       | 74   | 76   | 76      | 78         | 79   | 80       | 80   | 90     | -11.1                        |
| Namibia                          | 83   | 82   | ,<br>84 | 89         | 88   | 92       | 92   | 98     | -6.1                         |
| Niger                            | 70   | 75   | 71      | 67         | 68   | 65       | 67   | 87     | -23.0                        |
| Nigeria                          | 54   | 48   | 42      | 46         | 49   | 49       | 49   | 64     | -23.4                        |
| Rwanda                           | 97   | 97   | 98      | 98         | 98   | 98       | 98   | 99     | -1.0                         |
| Sao Tome and Principe            | 98   | 96   | 96      | 97         | 95   | 96       | 96   | 97     | -1.0                         |
| Senegal                          | 89   | 92   | 91      | 92         | 89   | 89       | 93   | 96     | -3.1                         |
| Seychelles                       | 99   | 99   | 98      | 98         | 99   | 97       | 96   | 98     | -2.0                         |
| Sierra Leone                     | 86   | 89   | 91      | 92         | 83   | 86       | 84   | 97     | -13.4                        |
| South Africa                     | 72   | 69   | 65      | 73         | 77   | 75       | 66   | 78     | -15.4                        |
| South Sudan                      | /    | 61   | 59      | 45         | 39   | 31       | 26   | 35     | -25.7                        |
| Swaziland                        | 89   | 91   | 95      | 98         | 98   | 90       | 90   | 96     | -6.3                         |
| Тодо                             | 83   | 85   | 84      | 84         | 87   | 88       | 89   | 93     | -4.3                         |
| Uganda                           | 80   | 82   | 78      | 78         | 78   | 78       | 78   | 89     | -12.4                        |
| United Republic of Tanzania      | 91   | 90   | 92      | 91         | 97   | 98       | 97   | 99     | -2.0                         |
| Zambia                           | 83   | 81   | 78      | 79         | 86   | 90<br>90 | 91   | 99     | -8.1                         |
| Zimbabwe                         | 89   | 93   | 95      | 95         | 91   | 87       | 90   | 94     | -4.3                         |
| Source: WHO                      | °7   | 73   | 73      | 73         | 7-   | •/       | 70   | 74     | +.7                          |

Source: WHO

## Table 13 Proportion of children < 1 year who received up to three doses of polio 3 vaccine by country in the African Region</th>

|                                  | 2010 | 2011 | 2012 | 2013 | 2014 | 2015 | 2016 | Rate of change |
|----------------------------------|------|------|------|------|------|------|------|----------------|
| Algeria                          | 95   | 95   | 95   | 95   | 95   | 95   | 91   | -4.3           |
| Angola                           | 81   | 73   | 75   | 67   | 68   | 70   | 66   | -10.1          |
| Benin                            | 77   | 77   | 80   | 73   | 74   | 78   | 78   | 1.3            |
| Botswana                         | 96   | 96   | 96   | 96   | 96   | 96   | 96   | 0.0            |
| Burkina Faso                     | 90   | 90   | 90   | 89   | 91   | 91   | 91   | 1.1            |
| Burundi                          | 94   | 95   | 96   | 96   | 95   | 94   | 94   | -1.1           |
| Cabo Verde                       | 83   | 80   | 85   | 88   | 86   | 83   | 83   | 3.7            |
| Cameroon                         | 46   | 47   | 47   | 23   | 47   | 47   | 47   | 0.0            |
| Central African Republic         | 43   | 40   | 51   | 46   | 44   | 52   | 44   | 9.5            |
| Chad                             | 82   | 85   | 85   | 85   | 87   | 92   | 92   | 7.9            |
| Comoros                          | 72   | 69   | 61   | 85   | 90   | 80   | 80   | 14.8           |
| Congo                            | 8 I  | 58   | 83   | 79   | 76   | 81   | 80   | 32.2           |
| Côte d'Ivoire                    | 99   | 90   | 94   | 93   | 95   | 93   | 95   | 5.4            |
| Democratic Republic of the Congo | 76   | 77   | 76   | 74   | 79   | 78   | 74   | -4.0           |
| Equatorial Guinea                | 59   | 39   | 30   | 30   | 24   | 17   | 20   | -66.8          |
| Eritrea                          | 90   | 96   | 94   | 94   | 94   | 95   | 95   | -1.0           |
| Ethiopia                         | 69   | 70   | 70   | 70   | 75   | 75   | 75   | 6.9            |
| Gabon                            | 68   | 75   | 80   | 77   | 68   | 79   | 74   | -1.3           |
| Gambia                           | 97   | 95   | 98   | 96   | 97   | 96   | 95   | 0.0            |
| Ghana                            | 94   | 91   | 91   | 91   | 93   | 88   | 95   | 4.3            |
| Guinea                           | 62   | 63   | 63   | 63   | 42   | 42   | 42   | -40.5          |
| Guinea-Bissau                    | 82   | 85   | 87   | 87   | 87   | 87   | 87   | 2.3            |
| Kenya                            | 90   | 97   | 94   | 94   | 93   | 83   | 88   | -9.7           |
| Lesotho                          | 92   | 95   | 93   | 90   | 90   | 90   | 90   | -5.4           |
| Liberia                          | 71   | 77   | 80   | 75   | 49   | 52   | 79   | 2.6            |
| Madagascar                       | 7°   | 73   | 71   | 73   | 73   | 71   | 75   | 2.7            |
| Malawi                           | 86   | 97   | 95   | 89   | 87   | 88   | 83   | -15.6          |
| Mali                             | 77   | 72   | 72   | 70   | 74   | 66   | 67   | -7.2           |
| Mauritania                       | 52   | 73   | 80   | 80   | 84   | 67   | 67   | -8.6           |
| Mauritius                        | 99   | 98   | 98   | 98   | 98   | 98   | 96   | -2.1           |
| Mozambique                       | 73   | 73   | 73   | 78   | 79   | 80   | 80   | 9.2            |
| Namibia                          | 83   | 85   | 84   | 89   | 88   | 92   | 92   | 7.9            |
| Niger                            | 75   | 40   | 71   | 56   | 67   | 65   | 67   | 51.6           |
| Nigeria                          | 54   | 48   | 42   | 46   | 49   | 49   | 49   | 2.1            |
| Rwanda                           | 93   | 93   | 98   | 98   | 98   | 99   | 99   | 6.3            |
| Sao Tome and Principe            | 98   | 96   | 96   | 97   | 95   | 96   | 96   | 0.0            |
| Senegal                          | 76   | 89   | 83   | 89   | 85   | 85   | 92   | 3.3            |
| Seychelles                       | 99   | 99   | 98   | 98   | 99   | 97   | 96   | -3.1           |
| Sierra Leone                     | 84   | 88   | 91   | 92   | 83   | 86   | 84   | -4.7           |
| South Africa                     | 72   | 69   | 65   | 73   | 77   | 75   | 66   | -4.4           |
| South Sudan                      |      | 66   | 64   | 50   | 44   | 41   | 31   | -75.6          |
| Swaziland                        | 89   | 85   | 92   | 98   | 98   | 84   | 90   | 5.7            |
| Togo                             | 83   | 85   | 84   | 84   | 85   | 88   | 89   | 4.6            |
| Uganda                           | 79   | 82   | 82   | 82   | 82   | 82   | 82   | 0.0            |
| United Republic of Tanzania      | 94   | 88   | 90   | 91   | 97   | 96   | 93   | 5.5            |
| Zambia                           | 80   | 83   | 70   | 74   | 78   | 90   | 87   | 4.7            |
| Zimbabwe                         | 89   | 93   | 95   | 95   | 92   | 88   | 90   | -3.3           |
| African Region                   | 74   | 72   | 72   | 72   | 73   | 74   | 73   | 1.4            |

Source: WHO

### Table 14 Coverage of BCG and Measles vaccine by country in the African Region, 2016

|                                  | BCG | MCV |
|----------------------------------|-----|-----|
| Algeria                          | 99  | 94  |
| Angola                           | 58  | 49  |
| Benin                            | 96  | 74  |
| Botswana                         | 98  | 97  |
| Burkina Faso                     | 98  | 88  |
| Burundi                          | 93  | 93  |
| Cabo Verde                       | 70  | 78  |
| Cameroon                         | 74  | 49  |
| Central African Republic         | 56  | 58  |
| Chad                             | 94  | 99  |
| Comoros                          | 85  | 80  |
| Congo                            | 95  | 77  |
| Côte d'Ivoire                    | 96  | 92  |
| Democratic Republic of the Congo | 80  | 77  |
| Equatorial Guinea                | 97  | 93  |
| Eritrea                          | 75  | 70  |
| Ethiopia                         | 48  | 30  |
| Gabon                            | 94  | 64  |
| Gambia                           | 98  | 97  |
| Ghana                            | 94  | 89  |
| Guinea                           | 72  | 54  |
| Guinea-Bissau                    | 94  | 81  |
| Kenya                            | 99  | 75  |
| Lesotho                          | 98  | 90  |
| Liberia                          | 97  | 80  |
| Madagascar                       | 70  | 58  |
| Malawi                           | 86  | 81  |
| Mali                             | 92  | 75  |
| Mauritania                       | 85  | 70  |
| Mauritius                        | 98  | 92  |
| Mozambique                       | 95  | 91  |
| Namibia                          | 94  | 85  |
| Niger                            | 77  | 74  |
| Nigeria                          | 64  | 51  |
| Rwanda                           | 99  | 95  |
| Sao Tome and Principe            | 92  | 93  |
| Senegal                          | 97  | 93  |
| Seychelles                       | 99  | 97  |
| Sierra Leone                     | 92  | 83  |
| South Africa                     | 37  | 20  |
| South Sudan                      | 74  | 75  |
| Swaziland                        | 97  | 89  |
| Togo                             | 79  | 87  |
| Uganda                           | 93  | 82  |
| United Republic of Tanzania      | 99  | 90  |
| Zambia                           | 99  | 93  |
| Zimbabwe                         | 95  | 95  |
|                                  |     |     |
| African Region                   | 81  | 72  |

Source: WHO, 2016

## 4.2 Child Nutrition

The primary focus of maternal, infant and young child nutrition monitoring is on the first critical 1000 days of life which includes pregnancy and the first 2 years of life. It recognizes the importance of maternal nutrition before and during pregnancy. Hence, the global framework for monitoring maternal, infant and young child nutrition includes six primary targets to be achieved by 2025 for which countries are expected to monitor and report their progress<sup>1</sup>.

- A 40% reduction of the global number of children under five who are stunted
- ► A 50% reduction of anaemia in women of reproductive age
- A 30% reduction of low birth weight
- Halting the increase in overweight among children
- At least 50% increase in the rate of exclusive breastfeeding in the first six months
- Reduce and maintain childhood wasting to less than 5%

However, there is shortage of data in the African Region for monitoring the nutritional status of women of child bearing age, infants and young children. Countries are mostly dependent on population surveys such as Demographic and Health Surveys (DHS) and Multiple Indicator Cluster Surveys (MICS) that occur once every 3-7 years. These surveys report nutrition status among women of children bearing age and among underfive children, but data for under-five children are not disaggregated by age to facilitate effective monitoring of nutrition status in the first 1000 days of life. There is an underutilization of the existing health information management system in countries for the collection and use of nutritional data.

Country-specific data used in this chapter are from the 2017 report on Nutrition Report in the WHO African Region which compiled data from population surveys available until 2016.

#### Figure 40 Rates of stunting, wasting and overweight among children < 5years in the African Region



Data source: UNICEF, 2011-2016

<sup>1</sup> WHO 2014. Indicators for the global monitoring framework on maternal, infant and young child nutrition. Available online as: http://www.who. int/nutrition/topics/proposed\_indicators\_framework/en/





Figure 42 Percent of children <5 years who are wasted in the African Region



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|---|------------|----------|---------|---------------|-----------|
| ĺ | P          |          |         | Principe      | s.,       |
|   |            |          |         | •             | *         |

Data source: WHO, ANR 2017

Figure 43 Percent of children <5 years who are stunted in the African Region



Data source: WHO, 2016





Data source: WHO, 2016



Data source: WHO, 2016

## Figure 44 **WHO region**

Data source: WHO, ANR 2017

### Nutritional status of children <5 years

The UNICEF, WHO and the World Bank interagency team regularly publish joint global and regional estimates of child malnutrition on 3 indicators: stunting, overweight and wasting. The joint estimates, published in September 2017, reveal worldwide insufficient progress to reach the World Health Assembly targets set for 2025 and the SDGs set for 2030².

The stunting rate in the African Region has declined slowly. During the period 2000-2016, the stunting rate among children <5 years declined on average by 1.3% annually from 38.3% [CI: 36.0%, 40.5%] in 2000 to 31.2% [CI: 28.8%, 33.6%] in 2016. In absolute terms however, the number of stunted children <5 years in the Africa Region actually increased from 50.4 million [CI: 47.4 million, 53.4 million] in 2000 to 59.0 million [CI: 54.5 million, 63.5 million] in 2016. There are large inter-country differences in rates of stunting in the Region. In 2016 for instance, the stunting rate ranged from as low as 7.9% in Seychelles to as high as 57.5% in Burundi (median: 31.4%; IQR: 25.5% - 37.9%).

The rate of wasting among children <5 years was 7.4% [CI: 6.1%, 8.9%] in 2016; this is high but close to the global target of 5%. There were also large differences between countries in the prevalence of child wasting, with the rate ranging from 2.0% in Swaziland to 22.7% in South Sudan with a median of 6.1% (IQR: 4.3% - 98%). Of the 45 countries in the Region with data on child wasting, up to 27 of them (60.0%) had child wasting rates above

Levels and trends in child malnutrition. UNICEF / WHO / WORLD BANK group joint child malnutrition estimates key findings of the 2017 2 edition. http://www.who.int/nutgrowthdb/jme\_brochoure2017.pdf - accessed 19 September 2017







Data source: UNICEF, 2016

Figure 47 Percent of children with low birthweights in the



Data source: WHO Regional office for Africa, 2017

Figure 49 Percent of children <5 years who are overweight by WHO region



Data source: UNICEF, 2016

Figure 46

the 5% global target. According to the 2017 edition of the UNICEF/WHO/World Bank malnutrition estimates, the number of overweight children under 5 in Africa has increased by nearly 50% since 2000. This runs counter to the target of "no increase in overweight" and deserves a call to action. The rate however varied substantially by country, ranging from 0.9% in Senegal to 12.4% in Algeria (median: 4.1%; IQR: 2.5–7.4). During the period 2001–2016, it was ≥10% in five countries: Algeria, Botswana, Comoros, Seychelles and South Africa; and 7.5–9.9% in

six countries: Gabon, Equatorial Guinea, Mozambique, Rwanda, Sierra Leone and Swaziland. Benin, Burkina Faso, Central African Republic, Eritrea, Guinea-Bissau, Mali, Mauritania, Nigeria, São Tome and Principe, Senegal and Togo had the lowest rates of overweight among the under-five children (<2.5%). When compared with the other WHO regions, the rate of overweight among children <5 years in the African Region was much lower. For instance, the rate in Europe was 12.8% and in Americas was 7.1%.



Data source: WHO, ANR 2017

# Low birthweight and anaemia among pregnant women

#### Low birthweight

The WHO African Region has a high prevalence of low birthweight, defined as birthweight <2.5kg regardless of the gestational age. During the period 2000-2015, the rate of low birth weight ranged from 6–34.7% (median: 11.7%; IQR: 8.6–13.7%) but data were not available to assess the progress towards the global target for low birthweight. Mauritania had the highest rate of low birthweight (34.7%), followed by Guinea-Bissau (21.3%) and Mozambique (16.9%), while Algeria, Cabo Verde and Rwanda had the lowest rate in the Region (6%).





Data source: WHO, ANR 2017

#### Anaemia among women of childbearing age

Anaemia, defined as haemoglobin level <11g/dl, is quite common among women of childbearing age in the African Region. During the period 2003–2016, the prevalence of anaemia among non-pregnant, non-lactating women ranged from 22% in Ethiopia to as high as 72.5% in Burkina Faso (median: 47.5%; IQR: 38.3–58.5%).

Aggregated data for anaemia in non-pregnant, nonlactating women were available for only 30 of the 47 countries in the Region. These cover a very wide period from 2003–2015. The data show that the prevalence of anaemia among the non-pregnant, non-lactating women is very high, with the prevalence rate ranging from 15% in Ethiopia to 63% in Gabon (Median 39.8%; IQR: 28.6– 49.1%).

#### Breastfeeding

The UNICEF database only has aggregated data on early initiation and exclusive breastfeeding for the period 2011–016. The data suggest that the breastfeeding practices in the African Region are quite poor.

During the period 2011-2016, just over half of the babies in the Region (51%) were started on mother's breast milk within one hour of birth, and 41.5% were exclusively breastfed in the first 6 months after birth. Of the 46 countries with data on exclusive breastfeeding, 28 (61%) had rates below the 50% global target, with exclusive breastfeeding rates particularly low in Chad (0.3%), Gabon (6%), and Equatorial Guinea (7.4%). Trend data were not available to assess progress towards the global nutrition targets.

Figure 52 Rates (%) of early initiation of breastfeeding and complementary feeding



Data source: UNICEF, SOWC 2017

#### Table 15 Rates of child nutrition indicators (%) by country in the African Region

|                                  |                          |   |  | 2011-2016  |              |                   |             | 2015  | 2011-2016   |
|----------------------------------|--------------------------|---|--|--|--------------|-------------------|-------------|---|---|
|                                  | Low birth-<br>weight (%) | Early initiation<br>of breastfeed-<br>ing (%) | Exclusive<br>breast-feed-<br>ing<br><6 months<br>(%) | Introduction<br>to solid,<br>semi-solid or<br>soft foods 6–8<br>months (%) | Stunting (%) | Overweight<br>(%) | Wasting (%) | Vitamin A<br>supplemen-<br>tation, full<br>coverage (%) | Prevalence<br>of anaemia<br>in pregnant<br>women (hb<br><11 g/dL) |
| Algeria                          | 6                        | 35.7  | 25.7   | 28.2   | 11.7         | 12.4              | 4.1         | -   |   |
| Angola                           | 12                       | 48.3  | 37.5   | -  | 37.6         | 3.3               | 4.9         | 14  |   |
| Benin                            | 15                       | 46.6  | 41.4   | 73   | 34           | 1.7               | 4.5         | 95  | 42.2  |
| Botswana                         | 13                       | 40  | 20.3   | -  | 31.4         | 11.2              | 7.2         | 57  |   |
| Burkina Faso                     | 14.1                     | 41.6  | 50.1   | 59   | 27.3         | 1.2               | 7.6         | 99  | 72.5  |
| Burundi                          | 12.9                     | 73.6  | 83.1   | 69.7   | 55.9         | 1.4               | 5.1         | 71  | 26  |
| Cabo Verde                       | 6                        | 72.7  | 59.6   | -  | -            | <del>_</del>      | -           | -   | 43.2  |
| Cameroon                         | 11                       | 31.2  | 28.2   | 82.7   | 31.7         | 6.7               | 5.2         | 99  | 49.9  |
| CAR<br>Chad                      | 13.7                     | 43.5  | 34.3   | 59.1   | 40.7         | 1.8               | 7.4         | 3   |   |
|                                  | 19.9                     | 23  | 0.3  | 59   | 39.9         | 2.5               | 13          | 85  |   |
| Comoros<br>Congo                 | 25                       | 33.7  | 12.1   | 80.7<br>84   | 32.1         | 10.9              | 11.1<br>8.2 | 12  | 58.4  |
| Côte d'Ivoire                    | 13<br>17                 | 25.3<br>30.8                                  | 32.9<br>12.1   | 84<br>64   | 21.2<br>29.6 | 5.9<br>3.2        | 8.2<br>7.6  | 99<br>72  | 58.4<br>63.6  |
| Democratic Republic of the Congo | 9.5                      | 30.8<br>51.9                                  | 47.6   | 04<br>79   | 29.6<br>42.6 | 3.2<br>4.4        | 7.0<br>8.1  | 94  | 43.4  |
| Equatorial Guinea                | 9.5<br>13                | 20.5  | 7.4  | 75.7   | 26.2         | 4.4<br>9.7        | 3.1         | 94  | 43.4  |
| Eritrea                          | 14                       | 93.1  | 68.7   | 39.9   | 50.3         | 1.9               | 15.3        | 51  |   |
| Ethiopia                         | 20                       | 73  | 57.5   | 60   | 38.4         | 2.8               | 9.9         | 74  | 22  |
| Gabon                            | 14                       | 32.3  | 6  | 82.4   | 17.5         | 7.7               | 3.4         | -   | 57.7  |
| Gambia                           | 10.2                     | 51.5  | 46.8   | 46.8   | 25           | 3.2               | 11.1        | 27  | 67.9  |
| Ghana                            | 10.7                     | 55.6  | 52.3   | 73   | 18.8         | 2.6               | 4.7         | 28  | 44.6  |
| Guinea                           | 12                       | 16.6  | 20.5   | 43   | 31.3         | 3.8               | 9.9         | 69  | 64.9  |
| Guinea-Bissau                    | 11                       | 33.7  | 52.5   | 71.3   | 27.6         | 2.3               | 6           | 87  |   |
| Kenya                            | 8                        | 62.2  | 61.4   | 80   | 26           | 4.1               | 4           | 37  |   |
| Lesotho                          | 10.7                     | 65.3  | 66.9   | 83   | 33.2         | 7.4               | 2.8         | -   | 35.5  |
| Liberia                          | 14                       | 61.2  | 55.2   | 46   | 32.1         | 3.2               | 5.6         | 61  |   |
| Madagascar                       | 16                       | 65.8  | 41.9   | 89.7   | 49.2         | 6.2               | 15.2        | 97  | 38.3  |
| Malawi                           | 13.5                     | 76.3  | 61.2   | 88.6   | 37.1         | 4.5               | 2.7         | 16  | 37.5  |
| Mali                             | 18                       | 53.3  | 32.6   | 41.8   | 30.4         | 1.9               | 13.5        | 88  | 59.7  |
| Mauritania                       | 34.7                     | 61.8  | 41.4   | 66   | 27.9         | 1.3               | 14.8        | 83  |   |
| Mauritius                        | 14                       | -   | 21   | -  | -            | -                 | -           | -   |   |
| Mozambique                       | 16.9                     | 69  | 41   | 95   | 43.1         | 7.9               | 6.1         | 99  | 50.9  |
| Namibia                          | 16                       | 71.2  | 48.5   | 80   | 23.1         | 4.1               | 7.1         | -   | 25.6  |
| Niger                            | 27                       | 52.9  | 23.3   | -  | 42.2         | 3                 | 10.3        | 99  | 58.6  |
| Nigeria<br>Rwanda                | 15.2<br>7.1              | 33.2<br>81                                    | 17.4   | 67   | 32.9         | 1.6               | 7.2         | 76  | 22.4  |
| Sao Tome and Principe            | 9.9                      | 38.3  | 87.3   | 57   | 36.7         | 7.7               | 1.7         | 96  | 23.4  |
| Sao forme and Principe           | 9.9<br>18.6              | 30.3  | 73.8<br>33.3   | 74.1<br>63   | 17.2<br>17   | 2.4<br>1          | 4<br>7      | 42<br>29  | 55.8<br>61.4  |
| Seychelles                       | -                        | -   | -  | -  | 7.9          | 10.2              | 4.3         | -   | 01.4  |
| Sierra Leone                     | 10.5                     | 53.8  | 32   | 63   | 37.9         | 8.9               | 9.4         | 97  | 54  |
| South Africa                     | -                        | 61.1  | 31.6   | -  | 27.4         | 13.3              | 2.5         | -   | 77  |
| South Sudan                      | -                        | 48.1  | 45.1   | 20.9   | 31.1         | 6                 | 22.7        | _   |   |
| Swaziland                        | 8.7                      | 48.3  | 63.8   | 89.5   | 25.5         | 9                 | 2           | _   | 40.2  |
| Тодо                             | 11.1                     | 60.6  | 57.5   | 67   | 27.5         | 2                 | 6.7         | 6   | 64.1  |
| Uganda                           | 11.8                     | 52.5  | 65.5   | 67   | 28.9         | 3.7               | 3.6         | _   | 30.6  |
| United Republic of Tanzania      | 8.4                      | 51.2  | 59.2   | 92   | 34.4         | 3.6               | 4.5         | 87  | 52.7  |
| Zambia                           | 11                       | 65.8  | 72.5   | 82   | 40           | 6.2               | 6.3         | -   | 38.3  |
| Zimbabwe                         | 11                       | 57.6  | 47.8   | 91   | 26.8         | 5.6               | 3.2         | 45  | 33.1  |
|                                  |                          |   |  |  |              |                   |             |   |   |
| sub-saharan Africa               | -                        | 51  | 42   | 71   | 33.9         | 3.9               | 8.4         | 72  |   |

Data source: WHO, ANR 2017; UNICEF, SOWC 2017 based on DHS and MICS

## Care seeking

Care seeking for children with symptoms of pneumonia, fever and diarrhoea is generally poor but improving in the African Region: the average scores for care seeking for symptoms of pneumonia, fever and diarrhoea were 38.3% during the period 2005–2008 and 43.3% during the period 2010–2015.

During the period 2010–2016, data on care seeking for children with symptoms of pneumonia, fever and diarrhoea were available in 41 of the 47 countries in the Region. Using predefined criteria, only 10 of the countries (24%) were classified as having good care seeking for children with symptoms of pneumonia, fever and diarrhoea. During the period 2011-2016, care seeking in Chad was poorer than elsewhere in the Region. Care seeking in the Region varied by symptom. In the period 2011–2016 for instance, care seeking was poorer for children with diarrhoea than for children with fever and pneumonia.



## Table 16Percent of children who received prompt care for<br/>diarrhoea, pneumonia or fever in the African Region

|           | 2005-2008 | 2011-2016 |
|-----------|-----------|-----------|
| Fever     | 35        | 57.2      |
| Pneumonia | 43        | 47        |
| Diarrhoea | 37        | 38        |
| Index     | 38.3      | 47.4      |

Data source: UNICEF, 2017

#### Figure 53 Percent of children who received prompt care for diarrhoea, fever or pneumonia in the African Region





Data source: WHO, 2011-2016

Data source: WHO, 2011-2016

## Table 17List of countries with the lowest percentage of children who received prompt treatment for diarrhoea, pneumonia or<br/>fever in the African Region

| Diarrhoea                |      | Pneumonia                |      | Fever      |      |
|--------------------------|------|--------------------------|------|------------|------|
| Madagascar               | 14.6 | Botswana                 | 14   | Chad       | 22.8 |
| Central African Republic | 15.6 | Mali                     | 23   | Cameroon   | 32.9 |
| Cameroon                 | 15.8 | Benin                    | 23.3 | Ethiopia   | 34.6 |
| Côte d'Ivoire            | 17.2 | Chad                     | 25.8 | Mauritania | 35.2 |
| Тодо                     | 18.6 | Cameroon                 | 28.1 | Guinea     | 37.1 |
| Mauritania               | 18.8 | Congo                    | 28.2 |            |      |
| Chad                     | 20.4 | Central African Republic | 29.8 |            |      |
| Mali                     | 21.6 | Ethiopia                 | 29.8 |            |      |
| Algeria                  | 25.3 | Mauritania               | 33.7 |            |      |
| Benin                    | 25.4 | Guinea-Bissau            | 34.3 |            |      |
| Gabon                    | 26.1 | Nigeria                  | 34-5 |            |      |
| Rwanda                   | 27.5 | Guinea                   | 37.3 |            |      |
| Congo                    | 28   | Comoros                  | 38.1 |            |      |
| Ethiopia                 | 29.5 | Côte d'Ivoire            | 38.2 |            |      |
| Senegal                  | 31.6 |                          |      |            |      |
| Nigeria                  | 33.7 |                          |      |            |      |
| Guinea                   | 34.1 |                          |      |            |      |
| Guinea-Bissau            | 35.1 |                          |      |            |      |
| Burundi                  | 35.6 |                          |      |            |      |
| Comoros                  | 37.5 |                          |      |            |      |
| South Sudan              | 38.6 |                          |      |            |      |
| DR Congo                 | 39.1 |                          |      |            |      |
| Burkina Faso             | 39.5 |                          |      |            |      |
| Equatorial Guinea        | 40.4 |                          |      |            |      |

Data source: WHO, 2011-2016

## Chapter 5. Adolescent health services

Adolescents are young people between the ages of 10 and 19 years. Their population in the African Region is on the rise: there were 224 million adolescents in the Region at the end of 2015, a number that is projected to double by 2050.

Adolescents are often thought of as a healthy group but this is not the case, especially in the African Region. Adolescents are at an increased risk of mortality and morbidity associated with accidents, suicide, violence, HIV, drugs, pregnancy-related complications and other illnesses that are either preventable or treatable. Many more suffer chronic ill-health and disability. In addition, NCDs and their consequent disabilities have their origins in the unhealthy lifestyles during the adolescent period or earlier.

The WHO Regional Office for Africa recognises the importance of adolescent health in the Region and has prioritised it, making it one of its flagship programmes. Adolescent health is at the core of the Regional Office's recommendation for prevention of occurrence of noncommunicable diseases in the Region. At the centre of this recommendations is a a life-course approach where healthy behaviours that prevent the risk of occurrence of NCDs are promoted from childhood through adolescence to adulthood and old age.

#### 5.1 Adolescent mortality

The global adolescent mortality rate is declining but Africa as a Region is not contributing to that decline; the rate in the Region is increasing instead. During the period 2011-2015, there were 6.4 adolescent deaths per 100 population in the African Region. This represents an increase in adolescent mortality rate from 6.1 per 100 population during the period 2005–2010 and 5.6 during the period 2000–2005. Differences between countries in adolescent mortality rate are quite wide, with the rate in Côte d'Ivoire higher than elsewhere in the Region.

#### Figure 55 Adolescent population 10–19 by sex in the African Region, 1950-2015



Data source: UN DESA, Population Division 2015

# Table 18Projections of total population, adolescent<br/>population 10–19 and proportion of adolescent<br/>10–19 in total population in the African Region,<br/>1990–2050

| Year | Total population<br>(thousands) | Total population<br>of adolescent<br>age 10–19<br>(thousands) | Total<br>adolescents<br>aged 10–19 (% of<br>total population |
|------|---------------------------------|---|--|
| 1990 | 509 789.2                       | 117 895.5   | 23.1   |
| 1995 | 584 073.0                       | 137 123.1   | 23.5   |
| 2000 | 664 355.8                       | 156 528.5   | 23.6   |
| 2005 | 756 370.2                       | 174 741.3   | 23.2   |
| 2010 | 864 970.4                       | 187 718.2   | 22.9   |
| 2015 | 989 173.2                       | 224 718.6   | 22.7   |
| 2020 | 1 124 127.7                     | 256 352.1   | 22.8   |
| 2025 | 1 269 605.7                     | 289 610.9   | 22.8   |
| 2030 | 1 426 285.3                     | 319 719.5   | 22.4   |
| 2035 | 1 594.181.7                     | 347 008.2   | 21.8   |
| 2040 | 1 772.241.9                     | 374 706.1   | 21.1   |
| 2045 | 1 958.308.8                     | 403 442.0   | 20.6   |
| 2050 | 2 149 987.3                     | 431 968.5   | 20.1   |
|      |                                 |   |  |

Data source: UN DESA, Population Division 2015



## Figure 56 Percentage of adolescent deaths (per 100 total pop.) in the African Region, 2010-2015

Figure 57 Percentage of adolescent deaths (per 100 total population) in the African Region, 2010–2015



Data source: UN DESA, Population Division 2015)





Data source: UN DESA, Population Division, 2015)

## 5.2 Adolescent sexual and reproductive health

The rate of adolescents giving birth remains high in the African Region at 122/1000 girls aged 15–19 years. However, there is paucity of data for effective monitoring of adolescents reproductive health, with data completely lacking for some countries and for some years. Given that adolescent pregnancy is a major contributor of maternal and child mortality and of increased risk of birth injuries such as obstetric fistula, there is urgent need to improve the availability of data for effective monitoring of adolescent health.



Figure 59 Adolescent birth rate (per 1000 girls aged 15–19 years) in the African Region, 2009–2014

Figure 60 Adolescent birth rate (per 1000 girls aged 15–19 years) in the African Region, 2009–2014



Data source: WHO/UNICEF, 2016



Data source: WHO/UNICEF, 2016

Data source: WHO, 2016





## Chapter 6. Communicable diseases

SDG Target 3.3: By 2030, end the epidemics of AIDS, tuberculosis, malaria and neglected tropical diseases and combat hepatitis, water-borne diseases and other communicable diseases.

### 6.1 HIV/AIDS

WHO estimates show that the performance of HIVrelated indicators in the Region is remarkable and continues to improve steadily. HIV prevalence rate in the Region has mostly stagnated, which should be expected given the rapid increase in recent years in ART coverage and the declines in HIV incidence and HIV-related deaths. These trends suggest that it is feasible to meet goal 3.3 of the SDGs to end the AIDS epidemic by 2030.

#### **HIV** incidence

HIV incidence (or incidence rate) refers to the number of new HIV infections in a population at risk of acquiring HIV during a specified time. The rate is expressed as a fraction of the population (percent or per 1000 population). People who were infected before the specified time period are not included in the total estimate of incidence, even if they are still alive. Direct measurement of HIV incidence rate is extremely difficult. Consequently, mathematical models based on HIV prevalence rates are used to estimate the number of new HIV infections. HIV prevalence refers to the proportion of people living with HIV in a population during a period of time (period prevalence) or at a particular date in time (point prevalence).

The HIV incidence rate (per 1000 uninfected population) in the Region continued to decline steadily. The rate in 2016 was 1.2 per 1000 uninfected population, down from 2.1 in 2011 (11% average annual rate of decline). In absolute terms however, the incidence rate in 2016 represents about 1.2 million new infections in the Region, which is very high.

Figure 63 Trends in the performance of the HIV indicators in the African Region



Data source: WHO





Data source: WHO, 2015





Data source: WHO. The 2016 data were lacking for 7 countries: Cabo Verde, Lesotho, Mauritania, Mauritius, Sao Tome and Principe, Seychelles and Sierra Leone









Data source: WHO

There are wide differences in the rate of HIV infection between regions of Africa, with the HIV incidence rate in Southern Africa much higher than elsewhere. In 2016, the incidence rate per 1000 uninfected population was particularly high in Swaziland (6.6 or about 6220 new infections) followed by South Africa (4.8 or about 49 776 new infections), Botswana (4.4 or about 7996 new infections), Namibia (3.9 or about 8390 new infections), Zambia (3.6 which is about 52 076 new infections), Mozambique (2.9 or 72 594 new infections) and Zimbabwe (2.5 or 34 207 new infections). These seven countries, together with nine others with incidence rate higher than 1 per 1000 uninfected population (Cameroon, Data source: WHO

Central African Republic, Congo, Equatorial Guinea, Kenya, Malawi, Nigeria, South Sudan and Uganda) require special focus. Special focus should also be given to the large population countries even if their incidence rates are low as the absolute number of cases they add to the regional pool tends to be large. In 2016 for instance, Tanzania, with a total population of 55 million people and an incidence rate of 1 per 1000 uninfected population, added about 55 000 new HIV cases, and the Democratic Republic of the Congo, with a population of 80 million and an incidence rate of 0.3 per 1000 uninfected population, added about 30 000 new cases.

### **HIV** prevalence

WHO estimates suggest that the HIV prevalence rate among individuals aged 15-49 years in the Region is no longer falling and has stagnated at around 4%. The prevalence rate is also much higher when compared to the o.I-o.5% prevalence rates in other WHO regions.

Given that the incidence of HIV in the Region has gone down quite substantially, the stagnation in the prevalence of HIV rate can largely be attributed to the good performance of the ART programme, as patients on lifelong antiretroviral treatment survive longer than would be expected without ART.

## Figure 68 HIV prevalence rate (%) among individuals 15–49 years in the African Region



Data source: WHO, 2016

#### Figure 70 HIV prevalence rate (%) among adults 15–49 years in the African Region



Data source: WHO, 2010-2016

#### Figure 69 HIV prevalence rate among individuals 15–49 years, by year in the African Region

However, the need to further strengthen and sustain

efforts for prevention and control of HIV has never

been greater. In 2016, an estimated 25.6 million people

were living with HIV in the African Region [CI: 22.9-

26.6 million]. The recent trend in the rate of new HIV infections in the Region means that over one million new

HIV cases are added annually to the pool of surviving

HIV patients. With the reduced HIV-related deaths

resulting from improvement in the performance of the

ART program, the number of people living with HIV

can only go upwards and could reach unprecedented



Data source: WHO

levels.





Data source: WHO, 2016

#### Chapter 6 – Communicable diseases

### Antiretroviral treatment for HIV

Estimates by WHO suggest that the progress and performance of the ART programme in the African Region is good and improving steadily. The absolute number of HIV patients receiving ART increased steadily during the past 10 years. By 2016, an estimated 13.8 million HIV patients were receiving ART, up from an estimate of 2.1 million in 2007. However, the proportion of HIV patients receiving ART is not consistent with the steady increase in the absolute number of HIV patients on ART. After initially increasing from 44% in 2007 to 57% in 2011, the proportion dropped quite drastically to 35% in 2014 before increasing to 47% in 2015. By 2016, over half of the HIV patients in the Region (54%) were receiving life-long antiretroviral treatment. The drop in the ART coverage during the period 2011-2014 could have been due to an increase of the denominator following a

## Prevention of mother to child HIV transmission (PMTCT)

Antiretroviral treatment of HIV-positive pregnant women and a short course of antiretroviral drugs for babies soon after birth is one of the key strategies for reducing the risk of HIV transmission from mother to child. Other strategies include appropriate infection prevention practices during pregnancy, labour and delivery; appropriate breastfeeding practices; and measures to prevent HIV acquisition in the general population.

WHO estimates that there were I 300 900 million HIV positive pregnant women in the African Region in 2016



Data source: WHO, 2016

#### Figure 72 Percent of HIV infected individuals receiving antiretroviral treatment in the African Region

change in ART guidelines in 2010 that recommended early initiation of antiretroviral treatment, as opposed to the previous guidelines that recommended antiretroviral treatment only for subjects with advanced HIV disease.

Much work remains, as the proportion of patients receiving ART in 2016 (54%) in the Region is well below the 90% target proposed in the 90-90-90 strategy for ending the HIV pandemic by 2030. There were large differences between countries in the proportion of HIV patients receiving ART. In 2016 for instance, Botswana had the highest percentage of HIV patients receiving ART (83%) followed by Rwanda (80%), Swaziland (79%), Algeria (76%) and Zimbabwe (75%). Special efforts are particularly needed in countries that consistently have very low ART coverage, such as Liberia, Madagascar and South Sudan.

- a high number. The Inter-Agency Task Team for the Elimination of Mother-to-Child Transmission, which includes WHO, advises that all HIV positive pregnant and breastfeeding women should receive antiretroviral treatment, irrespective of clinical stage of disease or CD4 count. In the African Region however, PMTCT coverage, defined as the percentage of HIV infected pregnant women who received antiretroviral treatment for prevention of mother-to-child transmission of HIV, is not yet universal but the trend is towards a slow but steady increase in coverage. In 2016, about two thirds (68%) of HIV positive





Data source: WHO

#### Table 19 HIV prevalence rate (%) among adults 15–49 years by country in the African Region

| Algeria         0.1         0.1         0.0           Angola         1.7         1.9         11.1           Benin         1.1         1         -9.5           Botswana         23         21.9         -4.9           Burkina Faso         1.1         0.8         -31.8           Burundi         1.5         1.1         -31.0           Cabo Verde         3.8         2.7         -34.2           Cameroon         0.8         0.8         0.0           Central African Republic         4.6         3.8         -19.1           Chad         4.8         4         -18.2           Comoros         1.6         1.3         -20.8           Comoros         1.6         1.3         -20.8           Comoros         1.6         1.3         -20.8           Comoros         1.6         1.3         -20.8           Democratic Republic of the Congo         1.2         0.7         -53.9           Equatorial Guinea         5.8         6.2         6.7           Eritrea         0.8         0.6         -22.3           Gabon         4.5         3.6         -22.3           Guinea-Bissau   |                                  | 2010 | 2016 | Rate of change<br>(%) from 2010<br>baseline value |
|--|----------------------------------|------|------|---|
| Benin         1.1         1         -9.5           Botswana         23         21.9         -4.9           Burkina Faso         1.1         0.8         -31.8           Burundi         1.5         1.1         -31.0           Cabo Verde         3.8         2.7         -34.2           Cameroon         0.8         0.8         0.0           Central African Republic         4.6         3.8         -19.1           Chad         4.8         4         -18.2           Comoros         1.6         1.3         -20.8           Comoros         1.2         0.7         -53.9           Equatorial Guinea         5.8         6.2         6.7           Ethiopia         1.4         1.1         -24.1           Gabon         4.5   | Algeria                          | 0.1  | 0.1  | 0.0   |
| Botswana         23         21.9         -4.9           Burkina Faso         1.1         0.8         -31.8           Burundi         1.5         1.1         -31.0           Cabo Verde         3.8         2.7         -34.2           Cameroon         0.8         0.8         0.0           Central African Republic         4.6         3.8         -19.1           Chad         4.8         4         -18.2           Comoros         1.6         1.3         -20.8           Comoros         1.6         1.3         -20.8           Congo         0.1         0.1         0.0           Côte d'Ivoire         3         3.1         3.3           Democratic Republic of the Congo         1.2         0.7         -53.9           Equatorial Guinea         5.8         6.2         6.7           Ethiopia         1.4         1.1         -24.1           Gabon         4.5         3.6         -22.3           Gambia         2.1         1.7         -21.1           Gabon         4.5         3.6         -22.3           Guinea         1.6         1.5         -6.5           Guinea   | Angola                           | 1.7  | 1.9  | 11.1  |
| Burkina Faso         1.1         0.8         -31.8           Burundi         1.5         1.1         -31.0           Cabo Verde         3.8         2.7         -34.2           Canoroon         0.8         0.8         0.0           Central African Republic         4.6         3.8         -19.1           Chad         4.8         4         -18.2           Comoros         1.6         1.3         -20.8           Comoros         1.6         1.3         -20.8           Comoros         1.6         1.3         -20.8           Congo         0.1         0.1         0.0           Côte d'Ivoire         3         3.1         3.3           Democratic Republic of the Congo         1.2         0.7         -53.9           Equatorial Guinea         5.8         6.2         6.7           Ethiopia         1.4         1.1         -24.1           Gabon         4.5         3.6         -22.3           Gambia         2.1         1.7         -21.1           Ghana         1.9         1.6         -17.2           Guinea         1.6         1.5         -6.5           Guinea   | Benin                            | 1.1  | 1    | -9.5  |
| Burundi         1.5         1.1         -31.0           Cabo Verde         3.8         2.7         -34.2           Cameroon         0.8         0.8         0.0           Central African Republic         4.6         3.8         -19.1           Chad         4.8         4         -18.2           Comoros         1.6         1.3         -20.8           Comoros         1.2         0.7         -53.9           Equatorial Guinea         5.8         6.2         6.7           Ethiopia         1.4         1.1         -24.1           Gabon         4.5         3.6         -22.3           Gambia         2.1         1.7         -21.1           Ghana         1.9         1.6         -17.2           Guinea         1.6 <t< td=""><td>Botswana</td><td>23</td><td>21.9</td><td>-4.9</td></t<> | Botswana                         | 23   | 21.9 | -4.9  |
| Cabo Verde         3.8         2.7         -34.2           Cameroon         0.8         0.8         0.0           Central African Republic         4.6         3.8         -19.1           Chad         4.8         4         -18.2           Comoros         1.6         1.3         -20.8           Comoros         1.6         1.3         -20.8           Congo         0.1         0.1         0.0           Côte d'Ivoire         3         3.1         3.3           Democratic Republic of the Congo         1.2         0.7         -53.9           Equatorial Guinea         5.8         6.2         6.7           Etritrea         0.8         0.6         -28.8           Ethiopia         1.4         1.1         -24.1           Gabon         4.5         3.6         -22.3           Gambia         2.1         1.7         -21.1           Ghana         1.9         1.6         -17.2           Guinea         1.6         1.5         -6.5           Guinea-Bissau         4.4         3.1         -35.0           Kenya         6.1         5.4         -12.2           Madagascar   | Burkina Faso                     | 1.1  | 0.8  | -31.8   |
| Cameroon         0.8         0.8         0.0           Central African Republic         4.6         3.8         -19.1           Chad         4.8         4         -18.2           Comoros         1.6         1.3         -20.8           Comoros         1.6         1.3         -20.8           Comoros         0.1         0.1         0.0           Côte d'Ivoire         3         3.1         3.3           Democratic Republic of the Congo         1.2         0.7         -53.9           Equatorial Guinea         5.8         6.2         6.7           Ethiopia         1.4         1.1         -24.1           Gabon         4.5         3.6         -22.3           Gambia         2.1         1.7         -21.1           Ghana         1.9         1.6         -17.2           Guinea-Bissau         4.4         3.1         -35.0           Kenya         6.1         5.4         -12.2           Lesotho         23.3         25         7.0           Liberia         1.9         1.6         -17.2           Madagascar         0.2         0.2         0.0           Malawi  | Burundi                          | 1.5  | 1.1  | -31.0   |
| Central African Republic         4.6         3.8         -19.1           Chad         4.8         4         -18.2           Comoros         1.6         1.3         -20.8           Congo         0.1         0.1         0.0           Côte d'Ivoire         3         3.1         3.3           Democratic Republic of the Congo         1.2         0.7         -53.9           Equatorial Guinea         5.8         6.2         6.7           Eritrea         0.8         0.6         -28.8           Ethiopia         1.4         1.1         -24.1           Gabon         4.5         3.6         -22.3           Gambia         2.1         1.7         -21.1           Ghana         1.9         1.6         -17.2           Guinea-Bissau         4.4         3.1         -35.0           Kenya         6.1         5.4         -12.2           Lesotho         23.3         25         7.0           Liberia         1.9         1.6         -17.2           Madagascar         0.2         0.2         0.0           Malawi         10.9         9.2         -17.0           Malai  | Cabo Verde                       | 3.8  | 2.7  | -34.2   |
| Chad         4.8         4        18.2           Comoros         1.6         1.3        20.8           Congo         0.1         0.1         0.0           Côte d'Ivoire         3         3.1         3.3           Democratic Republic of the Congo         1.2         0.7         -53.9           Equatorial Guinea         5.8         6.2         6.7           Etritrea         0.8         0.6         -28.8           Ethiopia         1.4         1.1         -24.1           Gabon         4.5         3.6         -22.3           Gambia         2.1         1.7         -21.1           Ghana         1.9         1.6         -17.2           Guinea         1.6         1.5         -6.5           Guinea-Bissau         4.4         3.1         -35.0           Kenya         6.1         5.4         -12.2           Lesotho         23.3         25         7.0           Liberia         1.9         1.6         -17.2           Madagascar         0.2         0.2         0.0           Malawi         10.9         9.2         -17.0           Mali         1.3   | Cameroon                         | 0.8  | 0.8  | 0.0   |
| Comoros         1.6         1.3         -20.8           Congo         0.1         0.1         0.0           Côte d'Ivoire         3         3.1         3.3           Democratic Republic of the Congo         1.2         0.7         -53.9           Equatorial Guinea         5.8         6.2         6.7           Efutea         0.8         0.6         -28.8           Ethiopia         1.4         1.1         -24.1           Gabon         4.5         3.6         -22.3           Gambia         2.1         1.7         -21.1           Ghana         1.9         1.6         -17.2           Guinea         1.6         1.5         -6.5           Guinea-Bissau         4.4         3.1         -35.0           Lesotho         23.3         25         7.0           Liberia         1.9         1.6         -17.2           Madagascar         0.2         0.2         0.0           Malawi         10.9         9.2         -17.0           Mali         1.3         1         -26.2           Mauritania         0.7         0.5         -33.6   | Central African Republic         | 4.6  | 3.8  | -19.1   |
| Congo         0.1         0.1         0.0           Côte d'Ivoire         3         3.1         3.3           Democratic Republic of the Congo         1.2         0.7         -53.9           Equatorial Guinea         5.8         6.2         6.7           Equatorial Guinea         5.8         0.6         -28.8           Ethiopia         1.4         1.1         -24.1           Gabon         4.5         3.6         -22.3           Gambia         2.1         1.7         -21.1           Ghana         1.9         1.6         -17.2           Guinea-Bissau         4.4         3.1         -35.0           Kenya         6.1         5.4         -12.2           Lesotho         23.3         25         7.0           Liberia         1.9         1.6         -17.2           Madagascar         0.2         0.2         0.0           Malawi         10.9         9.2         -17.0           Mali         1.3         1         -26.2           Mauritania         0.7         0.5         -33.6  | Chad                             | 4.8  | 4    | -18.2   |
| Côte d'Ivoire         3         3.1         3.3           Democratic Republic of the Congo         1.2         0.7         -53.9           Equatorial Guinea         5.8         6.2         6.7           Eritrea         0.8         0.6         -28.8           Ethiopia         1.4         1.1         -24.1           Gabon         4.5         3.6         -22.3           Gabon         4.5         3.6         -22.3           Gabon         4.5         3.6         -22.3           Gaban         1.9         1.6         -17.2           Ghana         1.9         1.6         -17.2           Guinea-Bissau         4.4         3.1         -35.0           Kenya         6.1         5.4         -12.2           Lesotho         23.3         25         7.0           Liberia         1.9         1.6         -17.2           Madagascar         0.2         0.2         0.0           Malawi         10.9         9.2         -17.0           Mali         1.3         1         -26.2           Mauritania         0.7         0.5         -33.6   | Comoros                          | 1.6  | 1.3  | -20.8   |
| Democratic Republic of the Congo         1.2         0.7         -53.9           Equatorial Guinea         5.8         6.2         6.7           Eritrea         0.8         0.6         -28.8           Ethiopia         1.4         1.1         -24.1           Gabon         4.5         3.6         -22.3           Gambia         2.1         1.7         -21.1           Gabana         1.9         1.6         -17.2           Guinea         1.6         1.5         -6.5           Guinea-Bissau         4.4         3.1         -35.0           Kenya         6.1         5.4         -12.2           Lesotho         23.3         25         7.0           Liberia         1.9         1.6         -17.2           Madagascar         0.2         0.2         0.0           Malawi         10.9         9.2         -17.0           Mali         1.3         1         -26.2           Mauritania         0.7         0.5         -33.6   | Congo                            | 0.1  | 0.1  | 0.0   |
| Equatorial Guinea         5.8         6.2         6.7           Eritrea         0.8         0.6         -28.8           Ethiopia         1.4         1.1         -24.1           Gabon         4.5         3.6         -22.3           Gambia         2.1         1.7         -21.1           Ghana         1.9         1.6         -17.2           Guinea         1.6         1.5         -6.5           Guinea-Bissau         4.4         3.1         -35.0           Kenya         6.1         5.4         -12.2           Lesotho         23.3         25         7.0           Liberia         1.9         1.6         -17.2           Madagascar         0.2         0.2         0.0           Malawi         10.9         9.2         -17.0           Mali         1.3         1         -26.2           Mauritania         0.7         0.5         -33.6   | Côte d'Ivoire                    | 3    | 3.1  | 3.3   |
| Eritrea         0.8         0.6         -28.8           Ethiopia         1.4         1.1         -24.1           Gabon         4.5         3.6         -22.3           Gambia         2.1         1.7         -21.1           Ghana         1.9         1.6         -17.2           Guinea         1.6         1.5         -6.5           Guinea-Bissau         4.4         3.1         -35.0           Kenya         6.1         5.4         -12.2           Lesotho         23.3         25         7.0           Liberia         1.9         1.6         -17.2           Madagascar         0.2         0.2         0.0           Malawi         10.9         9.2         -17.0           Mali         1.3         1         -26.2           Mauritania         0.7         0.5         -33.6   | Democratic Republic of the Congo | 1.2  | 0.7  | -53.9   |
| Ethiopia         1.4         1.1         -24.1           Gabon         4.5         3.6         -22.3           Gambia         2.1         1.7         -21.1           Ghana         1.9         1.6         -17.2           Guinea         1.6         1.5         -6.5           Guinea-Bissau         4.4         3.1         -35.0           Kenya         6.1         5.4         -12.2           Lesotho         23.3         25         7.0           Liberia         1.9         1.6         -17.2           Madagascar         0.2         0.2         0.0           Malawi         10.9         9.2         -17.0           Mali         1.3         1         -26.2           Mauritania         0.7         0.5         -33.6   | Equatorial Guinea                | 5.8  | 6.2  | 6.7   |
| Gabon         4.5         3.6         -22.3           Gambia         2.1         1.7         -21.1           Ghana         1.9         1.6         -17.2           Guinea         1.6         1.5         -6.5           Guinea-Bissau         4.4         3.1         -35.0           Kenya         6.1         5.4         -12.2           Lesotho         23.3         25         7.0           Liberia         1.9         1.6         -17.2           Madagascar         0.2         0.2         0.0           Malawi         10.9         9.2         -17.0           Mali         1.3         1         -26.2           Mauritania         0.7         0.5         -33.6  | Eritrea                          | 0.8  | 0.6  | -28.8   |
| Gambia       2.1       1.7       -21.1         Ghana       1.9       1.6       -17.2         Guinea       1.6       1.5       -6.5         Guinea-Bissau       4.4       3.1       -35.0         Kenya       6.1       5.4       -12.2         Lesotho       23.3       25       7.0         Liberia       1.9       1.6       -17.2         Madagascar       0.2       0.2       0.0         Malawi       10.9       9.2       -17.0         Mali       1.3       1       -26.2         Mauritania       0.7       0.5       -33.6  | Ethiopia                         | 1.4  | 1.1  | -24.1   |
| Ghana         1.9         1.6         -17.2           Guinea         1.6         1.5         -6.5           Guinea-Bissau         4.4         3.1         -35.0           Kenya         6.1         5.4         -12.2           Lesotho         23.3         25         7.0           Liberia         1.9         1.6         -17.2           Madagascar         0.2         0.2         0.0           Malawi         10.9         9.2         -17.0           Mali         1.3         1         -26.2           Mauritania         0.7         0.5         -33.6   | Gabon                            | 4.5  | 3.6  | -22.3   |
| Guinea         1.6         1.5         -6.5           Guinea-Bissau         4.4         3.1         -35.0           Kenya         6.1         5.4         -12.2           Lesotho         23.3         25         7.0           Liberia         1.9         1.6         -17.2           Madagascar         0.2         0.2         0.0           Malawi         10.9         9.2         -17.0           Mali         1.3         1         -26.2           Mauritania         0.7         0.5         -33.6   | Gambia                           | 2.1  | 1.7  | -21.1   |
| Guinea-Bissau         4.4         3.1         -35.0           Kenya         6.1         5.4         -12.2           Lesotho         23.3         25         7.0           Liberia         1.9         1.6         -17.2           Madagascar         0.2         0.2         0.0           Malawi         10.9         9.2         -17.0           Mali         1.3         1         -26.2           Mauritania         0.7         0.5         -33.6   | Ghana                            | 1.9  | 1.6  | -17.2   |
| Kenya         6.1         5.4         -12.2           Lesotho         23.3         25         7.0           Liberia         1.9         1.6         -17.2           Madagascar         0.2         0.2         0.0           Malawi         10.9         9.2         -17.0           Mali         1.3         1         -26.2           Mauritania         0.7         0.5         -33.6   | Guinea                           | 1.6  | 1.5  | -6.5  |
| Lesotho         23.3         25         7.0           Liberia         1.9         1.6         -17.2           Madagascar         0.2         0.2         0.0           Malawi         10.9         9.2         -17.0           Mali         1.3         1         -26.2           Mauritania         0.7         0.5         -33.6   | Guinea-Bissau                    | 4.4  | 3.1  | -35.0   |
| Liberia         1.9         1.6         -17.2           Madagascar         0.2         0.2         0.0           Malawi         10.9         9.2         -17.0           Mali         1.3         1         -26.2           Mauritania         0.7         0.5         -33.6   | Kenya                            | 6.1  | 5.4  | -12.2   |
| Madagascar         0.2         0.2         0.0           Malawi         10.9         9.2         -17.0           Mali         1.3         1         -26.2           Mauritania         0.7         0.5         -33.6   | Lesotho                          | 23.3 | 25   | 7.0   |
| Malawi         10.9         9.2         -17.0           Mali         1.3         1         -26.2           Mauritania         0.7         0.5         -33.6           Mauritius  | Liberia                          | 1.9  | 1.6  | -17.2   |
| Mali 1.3 1 -26.2<br>Mauritania 0.7 0.5 -33.6<br>Mauritius  | Madagascar                       | 0.2  | 0.2  | 0.0   |
| Mauritania 0.7 0.5 -33.6<br>Mauritius  | Malawi                           | 10.9 | 9.2  | -17.0   |
| Mauritius  | Mali                             | 1.3  | 1    | -26.2   |
|  | Mauritania                       | 0.7  | 0.5  | -33.6   |
| Mozambique 14 12.3 -12.9   | Mauritius                        |      |      |   |
|  | Mozambique                       | 14   | 12.3 | -12.9   |
| Namibia 14.2 13.8 -2.9   | Namibia                          | 14.2 | 13.8 | -2.9  |
| Niger 0.7 0.4 -56.0  | Niger                            | 0.7  | 0.4  | -56.0   |
| Nigeria 3.4 2.9 -15.9  | Nigeria                          | 3.4  | 2.9  | -15.9   |
| Rwanda 3.5 3.1 -12.1   | Rwanda                           | 3.5  | 3.1  | -12.1   |
| Sao Tome and Principe  | Sao Tome and Principe            |      |      |   |
| Senegal 0.6 0.4 -40.5  | Senegal                          | 0.6  | 0.4  | -40.5   |
| Seychelles   | Seychelles                       |      |      |   |
| Sierra Leone 1.7 1.7 0.0   | Sierra Leone                     | 1.7  | 1.7  | 0.0   |
| South Africa 18.3 18.9 3.2   | South Africa                     |      |      | 3.2   |
| Swaziland 3.2 2.7 -17.0  | Swaziland                        | 3.2  | 2.7  | -17.0   |
| Togo 27.2 27.2 0.0   | Тодо                             | 27.2 | 27.2 | 0.0   |
| Uganda 2.9 2.1 -32.3   |                                  | 2.9  | 2.1  | -32.3   |
| United Republic of Tanzania 7.4 6.5 -13.0  | United Republic of Tanzania      | 7.4  | 6.5  | -13.0   |
| Zambia 5.6 4.7 -17.5   | Zambia                           | 5.6  | 4.7  |   |
| Zimbabwe 12.7 12.4 -2.4  | Zimbabwe                         | 12.7 | 12.4 | -2.4  |

Data source: WHO

Figure 74



Percentage of HIV infected individuals receiving

antiretroviral treatment in the African Region

Data source: WHO, 2016

#### Table 20 Ten countries with the lowest percentage of HIV infected individuals on antiretroviral treatment in the African Region, 2016 ART coverage

| (%) |
|-----|
| 5   |
| IO  |
| 19  |
| 2.2 |
| 23  |
| 23  |
| 24  |
| 26  |
| 30  |
| 30  |
|     |

Data source: WHO, 2016

#### Figure 75 PMTCT coverage (%) in the African Region, 2016



Data source: WHO, 2016

pregnant women in the Region were estimated to have received antiretroviral treatment for PMTCT, up from 50% in 2008.

Intercountry differences in PMTCT coverage are quite pronounced. In 2016, PMTCT coverage was estimated to be near universal (95%) in six countries in the Region: Benin, Botswana, Namibia, South Africa, Swaziland and Uganda. In contrast, coverage was estimated to be lower than 50% in 10 countries, with the coverage particularly low



Figure 76 Trends in PMCT coverage (%) in the African Region

in Madagascar (3%), Congo (16%) and South Sudan (29%).

In comparison to the 2013 values, PMTCT coverage was estimated to have increased in all countries in the Region, with the exception of Congo, Ghana and Mozambique. Those countries registered a decline in PMTCT coverage, with the rate in Congo declining by up to 36% from 23% in 2013 to 16% in 2016; Ghana by 10% from 62% in 2013 to 56% in 2016; and Mozambique by 5% from 84% in 2013 to 80% in 2016.





Data source: WHO, 2016

#### **HIV mortality**

HIV mortality rate in the African Region remains high but the trend is towards a steady decline. The mortality rate per 100 000 population declined by an average annual rate of 13% from 139 in 2011 to 71 in 2016. Globally, the Region makes the biggest contribution to the total global HIV-related deaths. In 2015 for instance, an estimated 800,000 out of the 1.1 million global HIV-related deaths (72%) were from the WHO African Region. The Region accounted for up to three quarters (76%) of the global HIV-related deaths in 2016, with an estimated 721,100 out of the 949,600 global HIV-related deaths.

HIV-related mortality in the African Region differs quite substantially by country. In 2016, Lesotho had the highest HIV-related mortality rate per 100 000 population (458.2) followed by Swaziland (299.0), Mozambique (215.6) and South Africa (200). Algeria had the lowest rate per 100 000 population (0.5), followed by Madagascar (6.4), Senegal (12.1) and Comoros (12.3). The 2016 data were not available for three countries: Mauritius, Sao Tome and Principe, and Seychelles. There were big drops in the absolute number of HIV-related deaths in 29 of the 44 countries with data in 2016. For instance, the absolute number of HIV-related deaths dropped by up to 92% in Algeria, 81% in Uganda, 79% in Burundi, and 77% in the United Republic of Tanzania. The absolute number however increased in six countries: Angola (by 16%), Guinea (by 11%), Lesotho (by 15%), Mali (by 10%), Senegal (by 24%), and Sierra Leone (by 7%). The absolute number remained the same in Benin, Comoros, Eritrea, The Gambia, Mauritania and South Sudan.

## Table 21PMTCT coverage (%) by country in the African<br/>Region, 2016

| Region, 2010                     | РМТСТ |      |      |
|----------------------------------|-------|------|------|
|                                  | 2005  | 2013 | 2016 |
| Algeria                          |       |      | 49.0 |
| Angola                           | 3.0   | 39.0 | 44.0 |
| Benin                            | 31.0  | 45.0 | 95.0 |
| Botswana                         | 49.0  | 95.0 | 95.0 |
| Burkina Faso                     | 10.0  | 62.0 | 83.0 |
| Burundi                          | 6.0   | 58.0 | 84.0 |
| Cabo Verde                       |       | 95.0 |      |
| Cameroon                         | 12.0  | 61.0 | 74.0 |
| Central African Republic         | 9.0   | 33.0 | 81.0 |
| Chad                             | 1.0   | 19.0 | 63.0 |
| Comoros                          |       |      |      |
| Congo                            | 29.0  | 23.0 | 16.0 |
| Côte d'Ivoire                    | 10.0  | 75.0 | 73.0 |
| Democratic Republic of the Congo |       |      |      |
| Equatorial Guinea                | 32.0  | 5.0  | 90.0 |
| Eritrea                          |       |      | 37.0 |
| Ethiopia                         | 5.0   | 55.0 | 69.0 |
| Gabon                            | 5.0   | 62.0 | 76.0 |
| The Gambia                       |       |      | 69.0 |
| Ghana                            | 7.0   | 62.0 | 56.0 |
| Guinea                           | 2.0   | 46.0 | 43.0 |
| Guinea-Bissau                    |       |      |      |
| Kenya                            | 21.0  | 63.0 | 80.0 |
| Lesotho                          | 12.0  | 53.0 | 66.0 |
| Liberia                          | 5.0   | 69.0 | 70.0 |
| Madagascar                       | -     | -    | 3.0  |
| Malawi                           | 7.0   | 79.0 | 84.0 |
| Mali                             |       |      | 35.0 |
| Mauritania                       |       |      | 34.0 |
| Mauritius                        |       |      |      |
| Mozambique                       | 9.0   | 84.0 | 80.0 |
| Namibia                          |       | 90.0 | 95.0 |
| Niger                            |       | -    | 52.0 |
| Nigeria                          | 1.0   | 27.0 | 32.0 |
| Rwanda                           | 44.0  | 56.0 | 82.0 |
| Sao Tome and Principe            |       | -    |      |
| Senegal                          |       |      | 55.0 |
| Seychelles                       |       |      |      |
| Sierra Leone                     | 2.0   | 93.0 | 87.0 |
| South Africa                     | 26.0  | 90.0 | 95.0 |
| Swaziland                        | 50.0  | 95.0 | 95.0 |
| Тодо                             | 13.0  | 75.0 | 86.0 |
| Uganda                           | 16.0  | 75.0 | 95.0 |
| United Republic of Tanzania      |       |      |      |
| Zambia                           | 18.0  | 76.0 | 83.0 |
| Zimbabwe                         | 12.0  | 78.0 | 93.0 |
|                                  |       | -    |      |

## Figure 78 Trend in HIV mortality rate per 100 000 population in the African Region



Data source: WHO, 2016





Data source: WHO, 2016

Data source: WHO

#### Table 22 HIV-related mortality by country in the African Region

|                                  | HIV mortality r<br>100 000 popu | -     | Number of HI | / deaths | % change in absolute number of HIV deaths |
|----------------------------------|---------------------------------|-------|--------------|----------|---|
|                                  | 2013                            | 2016  | 2010         | 2016     |   |
| Algeria                          | 3.5                             | 0.5   | 500          | 200      | -92                                       |
| Angola                           | 54                              | 42.5  | 9,400        | 11,000   | 16  |
| Benin                            | 26                              | 21.5  | 2,400        | 2,400    | 0   |
| Botswana                         | 286                             | 169.2 | 5,800        | 3,900    | -40                                       |
| Burkina Faso                     | 34                              | 16.6  | 5,700        | 3,100    | -61                                       |
| Burundi                          | 46                              | 25.1  | 6,400        | 2,900    | -79                                       |
| Cabo Verde                       | 196                             | 121.2 | 27,000       | 29,000   | 7   |
| Cameroon                         | 9                               | 18.9  | 200          | 100      | -69                                       |
| Central African Republic         | 234                             | 146   | 9,500        | 7,300    | -26                                       |
| Chad                             | 114                             | 19.3  | 3,600        | 2,800    | -25                                       |
| Comoros                          | -                               | 12.3  | 100          | 100      | 0   |
| Congo                            | I 2 I                           | 80.1  | 3,700        | 3,800    | 3   |
| Côte d'Ivoire                    | 138                             | 107.5 | 29,000       | 25,000   | -15                                       |
| Democratic Republic of the Congo | 45                              | 23.8  | 35,000       | 19,000   | -61                                       |
| Equatorial Guinea                | -                               | 114.9 | 1,100        | 1,000    | -10                                       |
| Eritrea                          | 15                              | 18.6  | 1,000        | 1,000    | 0   |
| Ethiopia                         | 48                              | 19.6  | 39,000       | 20,000   | -67                                       |
| Gabon                            | 124                             | 85    | 2,900        | 1,500    | -66                                       |
| The Gambia                       | 24                              | 53.5  | 1,100        | 1,100    | 0   |
| Ghana                            | 39                              | 53.5  | 25,000       | 15,000   | -5 I                                      |
| Guinea                           | 46                              | 44.8  | 5,200        | 5,800    | II  |
| Guinea-Bissau                    | 134                             | 105.9 | 2,300        | 2,000    | -14                                       |
| Kenya                            | 132                             | 76.1  | 64,000       | 36,000   | -58                                       |
| Lesotho                          | 778                             | 458.2 | 8,500        | 9,900    | 15  |
| Liberia                          | 62                              | 60.6  | 3,900        | 2,800    | -33                                       |
| Madagascar                       | 24                              | 6.4   | 1,400        | 1,600    | 13  |
| Malawi                           | 292                             | 135.2 | 45,000       | 24,000   | -63                                       |
| Mali                             | 36                              | 33.6  | 5,500        | 6,100    | IO  |
| Mauritania                       | -                               | 24    | 1,000        | 1,000    | 0   |
| Mauritius                        | 69                              | -     | -            | -        | -   |
| Mozambique                       | 319                             | 215.6 | 81,000       | 62,000   | -27                                       |
| Namibia                          | 286                             | 171   | 4,800        | 4,300    | -II                                       |
| Niger                            | 16                              | 16.4  | 4,000        | 3,400    | -16                                       |
| Nigeria                          | 121                             | 85.5  | 200,000      | 160,000  | -22                                       |
| Rwanda                           | 39                              | 27.7  | 5,600        | 3,300    | -53                                       |
| Sao Tome and Principe            | I 2 2                           | -     | -            | -        | -   |
| Senegal                          | I 2                             | 12.1  | 1,500        | 1,900    | 24  |
| Seychelles                       | -                               | -     | -            | -        | -   |
| Sierra Leone                     | 52                              | 42.4  | 2,600        | 2,800    | 7   |
| South Africa                     | 370                             | 200   | 210,000      | 110,000  | -65                                       |
| South Sudan                      | I I 2                           | 102   | 13,000       | 13,000   | 0   |
| Swaziland                        | 364                             | 299   | 6,500        | 3,900    | -51                                       |
| Togo                             | 97                              | 68    | 7,600        | 5,100    | -40                                       |
| Uganda                           | 168                             | 69.4  | 63,000       | 28,000   | -81                                       |
| United Republic of Tanzania      | 159                             | 59.8  | 71,000       | 33,000   | -77                                       |
| Zambia                           | 186                             | 125.6 | 29,000       | 21,000   | -32                                       |
| Zimbabwe                         | 45 I                            | 187.8 | 59,000       | 30,000   | -68                                       |
| Africa                           | 122                             | 71    | 1,103,800    | 721,100  | -43                                       |

Source: WHO

### HIV counselling and testing

HIV counselling and testing (HCT) is the entry point for HIV treatment and care. It is one of the core objectives of the 90–90–90 strategy designed to bring the HIV epidemic under control. The aim of the 90-90-90 strategy is to have at least 90% of all people living with HIV know their HIV status; have at least 90% of all people diagnosed with HIV receive sustained life-long antiretroviral therapy; and have viral suppression in at least 90% of those receiving antiretroviral therapy. Data for HCT in the African Region are available only up to the year 2014, though missing those for Angola, Guinea, South Africa and Swaziland. In 2014, uptake of HCT in the African Region was only 116.1 per 1 000 population or 11.6% – this is way below the 90% target in the 90-90-90 strategy. The uptake in 2014 however represents a 20% improvement from 95.5 per 1 000 population in 2012. HCT uptake was poor in all the countries in the Region. The uptake per 1 000 population was better in Uganda (429), followed by Mozambique (395), Rwanda (356), Lesotho (354), and Zambia (305). Republic of Congo had the lowest uptake of HCT, with only 7 people receiving HCT per 1 000 population, followed by Mauritania (9 per 1 000 population), and Madagascar and Chad (19 per 1 000 population).

#### Figure 80 Number of people aged 15 years and above who received HIV counselling and testing per 1000 population in the African Region, 2014



#### Figure 81 Number of people aged 15 years and above who received HIV counselling and testing per 1000 population in the African Region, 2012 and 2014



Data source: WHO, 2014

Data source: WHO, 2012-2014

# Table 23Number of people aged 15 years and above who<br/>received HIV counselling and testing per 1000<br/>population by country in the African Region

| 2012                        |            | 2014    |
|-----------------------------|------------|---------|
| Algeria                     | 2          | 23      |
| Angola                      | 57         |         |
| Benin                       | 56         | 64      |
| Botswana                    | 116        | 232     |
| Burkina Faso                | 88         | 92      |
| Burundi                     | 127        | 190     |
| Cabo Verde                  | 91         | 138     |
| Cameroon                    | 54         | 65      |
| Central African Republic    | 41         | 51      |
| Chad                        | 22         | 28      |
| Comoros                     | 27         | 19      |
| Congo                       | 2/<br>II   | 53      |
| Côte d'Ivoire               | 8          |         |
| Democratic Republic of the  | 15         | 7<br>41 |
| Congo                       | - )        | 41      |
| Equatorial Guinea           | 44         | 36      |
| Eritrea                     | 204        | 159     |
| Ethiopia                    | 38         | 51      |
| Gabon                       | 29         | 65      |
| The Gambia                  | 55         | 48      |
| Ghana                       | 18         | -       |
| Guinea                      | 45         | 71      |
| Guinea-Bissau               | 253        | 294     |
| Kenya                       | 239        | 354     |
| Lesotho                     | 93         | _       |
| Liberia                     | 20         | 19      |
| Madagascar                  | 178        | 205     |
| Malawi                      | 7.0        | 79.0    |
| Mali                        | I 2        | 32      |
| Mauritania                  | 7          | 9       |
| Mauritius                   | 57         | 54      |
| Mozambique                  | -          | 395     |
| Namibia                     | 177        | 132     |
| Niger                       | 42         | 50      |
| Nigeria                     | 40         | 60      |
| Rwanda                      | 281        | 356     |
| Sao Tome and Principe       | 114        | 132     |
| Senegal                     | 63         | 97      |
| Seychelles                  | 133        | 108     |
| Sierra Leone                | 160        | 91      |
| South Africa                | 223        | 25      |
| South Sudan                 | 15         | 16      |
| Swaziland                   | 285        | I       |
| Togo                        | 76         | 429     |
| Uganda                      | ·          | 305     |
| United Republic of Tanzania | 45         | 165     |
|                             | 15         | . ,     |
| Zambia                      | 270        | -       |
|                             | 270<br>273 | _       |

# Condom use among young people with multiple partners

Rate of condom use among young people aged 15-24 years with multiple partners in the African Region is low and differs quite substantially from country to country and by sex.

# Figure 82 Rates of condom use among young people (15–24 years) with multiple partners by country in the African Region, 2010–2014

| Madagascar        | 8.5 7.3                             |
|-------------------|-------------------------------------|
| Sierra Leone      | 🛉 5.9 🙀 20.9                        |
| South Sudan       | • 7.3                               |
| DR Congo          | <sup>†</sup> 11.3 22.4              |
| Uganda            | 24.2 30.7                           |
| Liberia           | ₱ 25.6                              |
| Ghana             | 🕈 14.9 🖕 34.2                       |
| Equatorial Guinea | 18.8 35.5                           |
| Mali              | + 7.9                               |
| UR of Tanzania    | <sup>♦</sup> 33. <u></u> 40.6       |
| Mozambique        | 40.8                                |
| Niger             | 41.7                                |
| Benin             | 43.8                                |
| Africa            | 🛉 33 🙀 46                           |
| CAR               | 📍 <sup>34</sup> 👔 46.5              |
| Ethiopia          | 47.2                                |
| Senegal           | 48.8                                |
| Nigeria           | 📍 🛊 50.5                            |
| Congo             | <sup>†</sup> 🛊 51.2                 |
| Comoros           | • 52.3                              |
| Malawi            | • <u>52.6</u>                       |
| Guinea            | 🛉 36.6 🛊 54                         |
| Côte d'Ivoire     | + 34.2 <sub>+</sub> 56.5            |
| Rwanda            | 🕈 29.1 🕴 58                         |
| Sao Tome          | • 59.1                              |
| Lesotho           | · · · ·                             |
| Togo              | * 63.1                              |
| Zambia            | 40.2                                |
| Zimbabwe          | 43.4 64.6                           |
| Chad              | \$ 57.1                             |
| Cameroon          | <sup>+</sup> 46.5 <sub>+</sub> 66.5 |
| Kenya             | ♦ 37.5                              |
| Guinea-Bissau     | + 50                                |
| Burkina Faso      | • 74.7<br>• 55.7                    |
| Gabon             | • 55.7 • 76.                        |
| Namibia           | · · · · ·                           |
| Swaziland         | т.                                  |

Data source: WHO, 2010-2014

### 6.2 Malaria

### Malaria incidence rate

The burden of malaria in the African Region remains very high but the trend is towards a steady decline. In 2016, there were an estimated 240 cases of malaria per 1000 population, which is about 194 million new cases of malaria. This represents a 22% reduction from 299 per 1000 population in 2010 (3.7% average annual rate of decline).

The burden of malaria varies very widely between countries in the Region. In 2016, Mali had the highest estimated number of malaria cases per 1000 population (460), followed by Burkina Faso (423), and Guinea (396). Countries with the lowest rates per 1000 population were South Africa (1.0), Cabo Verde (1.4), Comoros (1.8) and Swaziland (2.1) – most of the malaria cases in these countries may have been imported from elsewhere. There were no cases of malaria in Algeria during the period 2013–2016

Using predefined criteria, malaria incidence in 2015 was classified as very high (300 or more new cases per 1 000 population) in up to 10 countries: Burkina Faso, Central African Republic, Guinea, Mali, Mozambique, Niger, Nigeria, Rwanda, Sierra Leone and Togo. The incidence rate was classified as high (200–299 per 1 000 population) in seven countries: Angola, DRC, Central African Republic, Togo, Cote d'Ivoire, Niger and Mali. Special focus of malaria control activities in these 19 countries would have the potential to substantially reduce the burden of malaria in the Region.

#### Figure 84 Trend in estimated number of malaria cases per 1000 population in the African Region



Data source: WHO, World Malaria Report 2017)

Figure 83 Estimated number of malaria cases per 1000 population in the African Region, 2016



Data source: WHO, World malaria report 2017

Figure 85 Estimated number of malaria cases per 1000 population in the African Region, 2016



Data source: WHO, World malaria report 2017







Data source: WHO, 2016

Data source: WHO, World Malaria Report 2017

#### Figure 88 Malaria incidence rate per 1000 population by country in the African Region, 2016



Data source: WHO, World Malaria Report 2017

### Malaria mortality

Malaria mortality rate in the Region remains high but is reducing. In 2016, there were 50 malaria deaths per 100 000 population. This represents an improvement from that in 2010 (72 per 100 000 population). However, the absolute number of malaria deaths is still high. In 2016 for instance, there were up to 405,880 malaria deaths in the African Region.

In 2016, Mali had the highest malaria mortality rate in the region (121) followed by Burkina Faso (114) and Sierra Leone (94). There were no malaria deaths in Swaziland, Sao Tome and Principe and Algeria and this is possibly because the incidence of malaria in these countries is low.

Generally, there is a linear relationship between the malaria incidence rate and the malaria mortality rate





Data source: WHO 2010-2016)

Figure 89 Estimated number of malaria-related deaths per 100 000 population in the African Region





Data source: WHO

### Table 24 Malaria mortality rate per 100 000 population by country in the African Region

|                                  | 2010 | 2013 | 2016  |
|----------------------------------|------|------|-------|
| Algeria                          | 0    | 0    | 0     |
| Angola                           | 64   | IOI  | 41.5  |
| Benin                            | 104  | 80   | 55.2  |
| Botswana                         | 0.9  | 0.1  | I.3   |
| Burkina Faso                     | 191  | 103  | II4.2 |
| Burundi                          | 12   | 32   | 47.5  |
| Cabo Verde                       | 79   | 55   | 39.9  |
| Cameroon                         | 0.1  | 0    | 14.3  |
| Central African Republic         | 169  | 115  | 87.1  |
| Chad                             | 172  | 137  | 58.3  |
| Comoros                          | 36   | 68   | 1.7   |
| Congo                            | 93   | 104  | 39.0  |
| Côte d'Ivoire                    | 116  | 71   | 29.5  |
| Democratic Republic of the Congo | 119  | 105  | 78.0  |
| Equatorial Guinea                | 79   | 69   | 65.5  |
| Eritrea                          | 5.4  | 3.1  | 4.0   |
| Ethiopia                         | 4    | 16   | 10.3  |
| Gabon                            | 39   | 67   | 25.3  |
| The Gambia                       | 83   | 84   | 29.4  |
| Ghana                            | 52   | 67   | 45.7  |
| Guinea                           | 144  | 105  | 74-4  |
| Guinea-Bissau                    | 108  | 96   | 33.0  |
| Kenya                            | 5.1  | 28   | 26.1  |
| Lesotho                          | -    | -    | -     |
| Liberia                          | 86   | 69   | 41.2  |
| Madagascar                       | 16   | 27   | 17.1  |
| Malawi                           | 51   | 63   | 38.7  |
| Mali                             | 138  | 88   | 121.1 |
| Mauritania                       | 22   | 50   | 33.9  |
| Mauritius                        | -    | -    | -     |
| Mozambique                       | 125  | 71   | 49.8  |
| Namibia                          | 0.6  | 0.1  | 7.7   |
| Niger                            | 100  | III  | 86.1  |
| Nigeria                          | 131  | 107  | 61.4  |
| Rwanda                           | 4.2  | 33   | 33.6  |
| Sao Tome and Principe            | 29   | 43   | 0     |
| Senegal                          | 44   | 58   | 26.0  |
| Seychelles                       | -    | -    | -     |
| Sierra Leone                     | 177  | 109  | 94.6  |
| South Africa                     | 0.2  | 0.2  | 2.6   |
| South Sudan                      | -    | 55   | 49.1  |
| Swaziland                        | 0.1  | 0.2  | 0     |
| Togo                             | 63   | 83   | 52.6  |
| Uganda                           | 52   | 55   | 29.1  |
| United Republic of Tanzania      | 34   | 44   | 39.7  |
| Zambia                           | 67   | 78   | 42.2  |
| Zimbabwe                         | 62   | 8.7  | 19.6  |

Data source: WHO

### Use of insecticide treated nets

Insecticide treated nets (ITN) are the main malaria vector control strategy in the African Region. However, data on coverage of ITN are scarce. No usage data could be obtained in countries with very low malaria incidence rate, namely: Algeria, Botswana, Cabo Verde and South Africa. Data on ITN use as well as on malaria incidence and mortality rate could not be found either for Lesotho, Mauritius and Seychelles. For the other countries, data from the most recent national household surveys are used. These span the period 2007–2016; most data is old and may not represent the current situation of ITN use.

The data suggest that ITN use among children <5 years is low in most countries. Percentage of children <5 years that slept under an ITN was particularly low in Swaziland (2.0%), Mauritania (3.4%), Namibia (5.6%) and Zimbabwe (9%). The low coverage of ITN among children in these countries could be due to the low perception of risk of malaria resulting from the low incidence of malaria (0.2 – 88 per 1 000 population).

#### Malaria resistance

There is resistance to at least one of the four WHOrecommended insecticides<sup>1</sup> and the resistance in the Region is increasing. For instance, Nigeria and Ghana that reported resistance to three of the four WHOrecommended insecticides in 2010 reported resistance to all the insecticides in 2015. Similarly, United Republic of Tanzania in 2010 reported resistance to only one insecticide but in 2015, it reported resistance to all the insecticides. Democratic Republic of Congo and Mozambique reported resistance to 2 insecticides in 2010 but in 2015, they reported resistance to three insecticides. Resistance disappeared only in Ethiopia and reduced from two to one in Madagascar. Surprisingly, ITN use among children <5 years is worryingly low in countries where the incidence of malaria is high (≥200 cases per 1 000 population). Only Niger, with an incidence rate of 226 per 1000 population, had a near universal ITN coverage among children <5 years (95.5% in 2015). Burundi, with the highest malaria incidence rate in the Region (753 cases per 1000 population), had only 54% of its children sleeping under an ITN, while Mozambique, with a malaria incidence rate of 509 per 1000 population, had only 36% of its children sleeping under an ITN and Zambia, with a rate of 501 per 1000 population, only 40.6%.

It is important to note that calculation of ITN use assumes that malaria is endemic throughout a country, which is not the case. Geographic patterns of malaria occurrence implies that interventions vary by levels of malaria transmission in many countries. In Kenya for instance, ITN distribution and use of intermittent presumptive treatment by pregnant women is not a major priority in low malaria endemic areas.

#### Figure 92 Percent of children <5 years who slept under an insecticide treated net in the African Region, 2007–2016



Data source: WHO, most recent surveys



#### Figure 93 Number of insecticide classes to which resistance reported by year in the African Region

1 WHO currently recommends four classes of insecticide for indoor residual spraying (pyrethroids, organochlorines, carbamates and organophosphates) and one for insecticide-treated nets (pyrethroids). The increasing trend in resistance to one or more insecticides classes constitutes a major threat to the effectiveness of current malaria control efforts.

## Table 25Malaria incidence rate and ITN use among<br/>children <5 year</th>

|                                  | Malaria inci-<br>dence<br>rate (%) (2016) | ITN use among<br>children <5<br>years (%)<br>(2007 – 2016) |
|----------------------------------|---|--|
| Algeria                          | -   |  |
| Angola                           | I 2                                       | 26   |
| Benin                            | 29.7                                      | 72.7   |
| Botswana                         | 0.2                                       |  |
| Burkina Faso                     |   |  |
| Burundi                          | 42.3<br>15.6                              | 75·3<br>54   |
| Cabo Verde                       | 0.1                                       | - 54   |
| Cameroon                         | 27.1                                      | 54.8   |
| Central African Republic         | 31.1                                      | 36   |
| Chad                             | 16.7                                      | 36.4   |
| Comoros                          | 0.1                                       | 41   |
| Congo                            | 20.4                                      | 60.5   |
| Côte d'Ivoire                    |   |  |
|                                  | 22.3                                      | 37   |
| Democratic Republic of the Congo | 29.1                                      | 55.8   |
| Equatorial Guinea<br>Eritrea     | 23.8                                      | 23<br>20   |
|                                  | 1.7                                       |  |
| Ethiopia<br>Gabon                | 5.3<br>20.6                               | 30   |
| The Gambia                       |   | 39   |
|                                  | 12.9                                      | 46.9   |
| Ghana                            | 28.5                                      | 46.6   |
| Guinea                           | 39.6                                      | 26   |
| Guinea-Bissau                    | 7.3                                       | 80.6   |
| Kenya<br>Lesotho                 | 8.5                                       | 56.1   |
|                                  | -   | -  |
| Liberia                          | 23.7                                      | 38.1   |
| Madagascar<br>Malawi             | 6.4<br>24.9                               | 73·4<br>42.7   |
| Mali                             | 45.9                                      | 71.2   |
| Mauritania                       | 8.8                                       | 3.4  |
| Mauritius                        | -   | -  |
| Mozambique                       | 30.7                                      | 36   |
| Namibia                          | 2.9                                       | 5.6  |
| Niger                            | 37.8                                      | 95.5   |
| Nigeria                          | 34.9                                      | 43.6   |
| Rwanda                           | 39.6                                      | 67.7   |
| Sao Tome and Principe            | 1.1                                       | 61.1   |
| Senegal                          | 4.9                                       | 55.4   |
| Seychelles                       | -   | -  |
| Sierra Leone                     | 30.3                                      | 49   |
| South Africa                     | 0.1                                       | -  |
| South Sudan                      | 15.9                                      | 25   |
| Swaziland                        | 0.2                                       | 2  |
| Togo                             | 14.4                                      | 54.4   |
| Uganda                           | 36  | 42.8   |
| United Republic of Tanzania      | 18.7                                      |  |
| Zambia                           |   | 74.3   |
| Zimbabwe                         | 18.9                                      | 40.6   |
| ZimbaDwe                         | 7.7                                       | 9  |
|                                  |   |  |

## Table 26Percentage of children <5 years who slept under<br/>an ITN during the period 2007 - 2016

|                                  | Year         | Children aged<br><5 years (%) |
|----------------------------------|--------------|-------------------------------|
| Algeria                          |              |                               |
| Angola                           | 2007-2013    | 26                            |
| Benin                            | 2014         | 72.7                          |
| Botswana                         |              | //                            |
| Burkina Faso                     | 2014         | 75.2                          |
| Burundi                          | 2007-2013    | 75·3<br>54                    |
| Cabo Verde                       | /j           | JT                            |
| Cameroon                         | 2014         | 54.8                          |
| Central African Republic         | 2007-2013    | 36                            |
| Chad                             | 2014-2015    | 36.4                          |
| Comoros                          | 2007-2013    | 41                            |
| Congo                            | 2014-2015    | 60.5                          |
| Côte d'Ivoire                    | 2007-2013    | 37                            |
| Democratic Republic of the Congo | 2013-2014    | 55.8                          |
| Equatorial Guinea                | 2007-2013    | 23                            |
| Equatorial Guinea                | 2007-2013    | 23                            |
| Ethiopia                         | 2007-2013    | 30                            |
| Gabon                            | 2007-2013    | 39                            |
| The Gambia                       | 2013         | 46.9                          |
| Ghana                            | 2014         | 46.6                          |
| Guinea                           | 2007-2013    | 26                            |
| Guinea-Bissau                    | , -          |                               |
| Kenya                            | 2014<br>2015 | 80.6<br>56.1                  |
| Lesotho                          | 2015         | 50.1                          |
| Liberia                          | 2013         | 38.1                          |
| Madagascar                       | 2013         | 73.4                          |
| Malawi                           | 2015-2016    | 42.7                          |
| Mali                             | 2015         | 71.2                          |
| Mauritania                       | 2015         | 3.4                           |
| Mauritius                        |              |                               |
| Mozambique                       | 2007-2013    | 36                            |
| Namibia                          | 2013         | 5.6                           |
| Niger                            | 2015         | 95.5                          |
| Nigeria                          | 2015         | 43.6                          |
| Rwanda                           | 2014-2015    | 67.7                          |
| Sao Tome and Principe            | 2014         | 61.1                          |
| Senegal                          | 2015         | 55.4                          |
| Seychelles                       |              |                               |
| Sierra Leone                     | 2013         | 49                            |
| South Africa                     |              |                               |
| South Sudan                      | 2007-2013    | 25                            |
| Swaziland                        | 2007-2013    | 2                             |
| Togo                             | 2013-2014    | 42.8                          |
| Uganda                           | 2014-2015    | 74.3                          |
| United Republic of Tanzania      | 2015-2016    | 54.4                          |
| Zambia                           | 2013-2014    | 40.6                          |
| Zimbabwe                         | 2015         | 9                             |
|                                  |              |                               |

Data source: WHO

Data source: WHO, most recent survey in each country

### 6.3 Tuberculosis

### Tuberculosis incidence rate

Tuberculosis (TB) incidence rate refers to the estimated number of new and relapse cases of all forms of TB arising in a given year, expressed as the rate per 100 000 or 1000 population. Direct measurement of TB incidence at the national level is generally difficult and costly, as it would require long-term studies among large cohorts of people.

In countries where the TB surveillance system is very good, TB notification, defined as the number of new and relapse cases of TB that are reported to the national TB control programme, gives a very good proxy indication of TB incidence. But the TB surveillance system in most developing countries has significant gaps and weaknesses, with a low ability to detect TB. In 2014 for instance, TB case detection rate (CDR) - defined as the ratio of the number of notified TB cases to the estimated number of incident TB cases in a given year - in the African Region ranged from as low as 15% in Nigeria to 88% in Equatorial Guinea. Only 8 countries in the Region have achieved a TB case detection rate greater than 70%, the target set by the global TB control programme: Equatorial Guinea (88% CDR), Sao Tome and Principe (87% CDR), Rwanda (81% CDR), Kenya (80% CDR), The Gambia (76% CDR), Gabon (75% CDR), Algeria (74% CDR) and Uganda (72% CDR). Two countries, Botswana and South Africa, came close to achieving the target, with a CDR of 70%. Given these important limitations, statistical methods are used to provide the

## Figure 94 Trend in the number of new TB infections per 1000 population in the African Region



Data source: WHO

best estimate of TB incidence.

WHO estimates show that TB incidence rate in the Region is still high, but the trend during the period 2010–2016 is towards a steady decline in the incidence rate, with a rate per 100 000 population dropping by 24% from 322 in 2010 to 254 in 2016 (average annual rate of decline 4%). However, the number of incident TB cases remained largely the same during the same period, with 2.67 million in 2010 and 2.59 million in 2016.

Intercountry differences are quite large, with up to 766 points difference between the top and bottom countries. In 2016, the incidence rate per 100 000 population was estimated to be 300 or more in 16 countries, including all the countries in the Southern part of Africa except Malawi and Zimbabwe. The estimates show that in 2016, South Africa had the highest TB incidence rate per 100 000 population in the Region (781) followed by Lesotho (724), Swaziland (551) and Gabon (485). The rate was lowest in the small island nations of Seychelles (15), Mauritius (22), and Comoros (35). When the absolute number is considered, South Africa had the biggest estimated number of incident cases of TB in 2016 (438,000), followed by Nigeria (407,000), Democratic Republic of Congo (254,000) and Ethiopia (182,000). The smallest numbers were in the small island nations of Seychelles (14), Sao Tome and Principe (200), Comoros (280) and Mauritius (280).

## Figure 95 Number of new TB cases per 1000 population in the African Region, 2015



Data source: WHO, 2016





Data source: WHO, 2016

Figure 98 Number of new TB infections per 1000 population by WHO region, 2016



Data source: WHO, 2016

Figure 97 TB case detection rate (%) for all forms of TB in the African Region, 2010 and 2014



Data source: WHO, 2014
#### Table 28 Number of incident TB cases by country

#### Table 27 Tuberculosis case detection rate (%) by country in the African Region

|                                  | TB Incidence r<br>ooo popu | Number of<br>incident TB<br>cases |                  |
|----------------------------------|----------------------------|-----------------------------------|------------------|
|                                  | 2015                       | 2016                              | 2016             |
| Algeria                          | 74                         | 70                                | 29 000           |
| Angola                           | 370                        | 370                               | 107 000          |
| Benin                            | 60                         | 59                                | 6 400            |
| Botswana                         | 356                        | 326                               | 7 300            |
| Burkina Faso                     | 52                         | 51                                | 9 400            |
| Burundi                          | 122                        | 118                               | 12 000           |
| Cabo Verde                       | 212                        | 203                               | 48 000           |
| Cameroon                         | 139                        | 137                               | 740              |
| Central African Republic         | 391                        | 407                               | 19 000           |
| Chad                             | 152                        | 153                               | 22 000           |
| Comoros                          | 35                         | 35                                | 280              |
| Congo                            | 379                        | 378                               | 19 000           |
| Côte d'Ivoire                    | 159                        | 153                               | 36 000           |
| Democratic Republic of the Congo | 324                        | 323                               | 254 000          |
| Equatorial Guinea                | 172                        | 181                               | 2 200            |
| Equational Gamera                | 70                         | 74                                | 3 700            |
| Ethiopia                         | 192                        | 177                               | 182 000          |
| Gabon                            | 465                        | 485                               | 9 600            |
| The Gambia                       | 174                        | 174                               | 3 500            |
| Ghana                            | 160                        | 156                               | 44 000           |
| Guinea                           |                            | -                                 | 22 000           |
| Guinea-Bissau                    | 177                        | 176                               |                  |
| Guinea-Bissau<br>Kenya           | 373<br>380                 | 374<br>348                        | 6 800<br>169 000 |
| Lesotho                          | 788                        | 724                               | 16 000           |
| Liberia                          | 308                        | 308                               | 14 000           |
| Madagascar                       | 236                        | 237                               | 59 000           |
| Malawi                           | 193                        | 159                               | 29 000           |
| Mali                             | 57                         | 56                                | 10 000           |
| Mauritania                       | 107                        | 102                               | 4 400            |
| Mauritius                        | 22                         | 22                                | 280              |
| Mozambique                       | 551                        | 551                               | 159 000          |
| Namibia                          | 495                        | 446                               | 11 000           |
| Niger                            | 95                         | 93                                | 19 000           |
| Nigeria                          | 219                        | 219                               | 407 000          |
| Rwanda                           | 56                         | 50                                | 6 000            |
| Sao Tome and Principe            | 97                         | 99                                | 200              |
| Senegal                          | 139                        | 140                               | 22 000           |
| Seychelles                       | 9.8                        | 15                                | 14               |
| Sierra Leone                     | 307                        | 304                               | 22 000           |
| South Africa                     | 807                        | 781                               | 438 000          |
| South Sudan                      | 146                        | 146                               | 18 000           |
| Swaziland                        | 485                        | 398                               | 5 400            |
| Тодо                             | 52                         | 46                                | 3 500            |
| Uganda                           | 202                        | 201                               | 83 000           |
| United Republic of Tanzania      | 306                        | 287                               | 160 000          |
| Zambia                           | 391                        | 376                               | 62 000           |
| Zimbabwe                         | 242                        | 208                               | 34 000           |
|                                  |                            |                                   |                  |
| Africa                           | 263                        | 254                               | 2 590 000        |

|                                  | 2010     | 2014     |
|----------------------------------|----------|----------|
| Algeria                          | 71       | 74       |
| Angola                           | 55       | 60       |
| Benin                            | 58       | 60       |
| Botswana                         | 66       | 70       |
| Burkina Faso                     | 53       | 59       |
| Burundi                          | 56       | 53       |
| Cabo Verde                       | 50       | 39       |
| Cameroon                         | 45       | 52       |
| Central African Republic         | 35       | 57       |
| Chad                             | 53       | 55       |
| Comoros                          | -        | 56       |
| Congo                            | 65       | 58       |
| Côte d'Ivoire                    | 58       | 64       |
| Democratic Republic of the Congo | 53       | 48       |
| Equatorial Guinea                | 87       | 88       |
| Eritrea                          | 60       | 60       |
| Ethiopia                         | 66       | 60       |
| Gabon                            | 52       | 75       |
| The Gambia                       | 66       | 76       |
| Ghana                            | 33       | 33       |
| Guinea                           | 54       | 54       |
| Guinea-Bissau                    | 36       | 34       |
| Kenya                            | 82       | 80       |
| Lesotho                          | 52       | 49       |
| Liberia                          | 57       | 20       |
| Madagascar                       | 48       | 51       |
| Malawi                           | 43       | 43       |
| Mali<br>Mauritania               | 56       | 59       |
| Mauritania<br>Mauritius          | 51<br>45 | 55<br>46 |
| Mozambique                       |          |          |
| Namibia                          | 33<br>55 | 39<br>67 |
| Niger                            |          | 58       |
| Nigeria                          | 55<br>16 | 15       |
| Rwanda                           | 74       | 81       |
| Sao Tome and Principe            | 74       | 87       |
| Senegal                          | 63       | 66       |
| Seychelles                       | 110      | 52       |
| Sierra Leone                     | 70       | 52<br>64 |
| South Africa                     | 73       | 68       |
| South Sudan                      | / 3      | 00       |
| Swaziland                        | 68       | 60       |
|                                  |          | 60       |
| Тодо                             | 58       | 61       |
| Uganda                           | 62       | 72       |
| United Republic of Tanzania      | 31       | 36       |
| Zambia                           | 64       | 59       |
| Zimbabwe                         | 76       | 70       |
|                                  |          |          |

Data source: WHO, 2014

## TB prevalence rate

TB prevalence refers to the number of cases of TB (all forms) in a population at a given point in time (sometimes referred to as "point prevalence"). It is expressed as the number of cases per 100 000 population. Estimates of TB prevalence are based on a consultative and analytical process led by WHO and are published annually.

WHO estimates of TB prevalence in the African Region are available up to the year 2014. Estimates for the period 2011 – 2014 show that TB prevalence rate in the African Region continued its steady decline: the prevalence rate per 100 000 population was 345 in 2011, 340 in 2012, 333 in 2013 and 330 in 2014. If the pace of decline during the period 2011 – 2014 remains constant, TB prevalence rate in the Region in 2017 is around 315 per 100 000 population.

Intercountry differences in TB prevalence are very large. In 2014 for instance, there was more than 20-fold difference between the country with the highest and that with the lowest TB prevalence. South Africa had the highest prevalence of TB per 100 000 population (696), followed by Lesotho (671), Namibia (627), Gabon (615) and Swaziland (605). The prevalence was lowest in Seychelles (33), followed by Mauritius (35), Comoros (60), Togo (81), Burkina Faso (81) and Rwanda (85). During the period 2011 – 2014, TB prevalence decreased in 36 countries, with the biggest decrease in Namibia (by 28.9%), followed by United Republic of Tanzania (21.7%), Eritrea (20.5%), Swaziland (20.3%) and Rwanda (18.2%). Guinea and Cabo Verde had the smallest declines (0.8%), followed by The Gambia and Gabon (1.6%), Comoros (1.7%), Mali (2.2%) and South Africa and Madagascar (2.4%). TB prevalence remained the same in Malawi and increased in 10 countries: Seychelles (by 40.5%), South Sudan (17.4%), Equatorial Guinea (16.3%), Liberia (12.1%), Mozambique (6.7%), Democratic Republic of Congo (3.8%), Chad (2.9%), Nigeria (2.8%), Senegal (2.5%), and Republic of Congo (2%). The big increase in Seychelles is due to small numbers.

Figure 99 Number of TB cases per 100 000 population per year in the African Region







Data source: WHO

## Table 29TB prevalence rate per 100 000 population per year and by country in the African Region, 2010–2014

|                                  | 2010                                    | 2011       | 2012       | 2013       | 2014       | % change from<br>2010 value | % change from<br>2011 value |
|----------------------------------|---|------------|------------|------------|------------|-----------------------------|-----------------------------|
| Algeria                          | 133                                     | 129        | 125        | 121        | 118        | -12.0                       | -8.9                        |
| Angola                           | 513                                     | 510        | 504        | 498        | 490        | -4.6                        | -4.0                        |
| Benin                            | 99                                      | 97         | 95         | 93         | 89         | -10.6                       | -8.6                        |
| Botswana                         | 402                                     | 383        | 364        | 356        | 354        | -12.7                       | -7.9                        |
| Burkina Faso                     | 87                                      | 85         | 83         | 81         | 81         | -7.1                        | -4.8                        |
| Burundi                          | 209                                     | 201        | 197        | 196        | 195        | -6.9                        | -3.0                        |
| Cabo Verde                       | 242                                     | 238        | 239        | 247        | 236        | -2.5                        | -0.8                        |
| Cameroon                         | 332                                     | 310        | 302        | 291        | 266        | -22.2                       | -15.3                       |
| Central African Republic         | 508                                     | 470        | 437        | 412        | 435        | -15.5                       | -7.7                        |
| Chad                             | 205                                     | 203        | 200        | 197        | 209        | 1.9                         | 2.9                         |
| Comoros                          | 59                                      | 61         | 60         | 60         | 60         | 1.7                         | -1.7                        |
| Congo                            | 453                                     | 452        | 454        | 460        | 461        | 1.8                         | 2.0                         |
| Côte d'Ivoire                    | 264                                     | 242        | 227        | 219        | 215        | -20.5                       | -11.8                       |
| Democratic Republic of the Congo | 507                                     | 512        | 518        | 524        | 532        | 4.8                         | 3.8                         |
| Equatorial Guinea                | 114                                     | 119        | 125        | 132        | 140        | 20.5                        | 16.3                        |
| Eritrea                          | 144                                     | 151        | 165        | 150        | 123        | -15.8                       | -20.5                       |
| Ethiopia                         | 250                                     | 237        | 224        | 211        | 200        | -22.3                       | -17.0                       |
| Gabon                            | 654                                     | 625        | 595        | 570        | 615        | -6.1                        | -1.6                        |
| The Gambia                       | 128                                     | 128        | 128        | 127        | 126        | -1.6                        | -1.6                        |
| Ghana                            | 312                                     | 310        | 302        | 290        | 282        | -10.1                       | -9.5                        |
| Guinea                           | 262                                     | 255        | 251        | 249        | 253        | -3.5                        | -0.8                        |
| Guinea-Bissau                    | 475                                     | 482        | 509        | 508        | 463        | -2.6                        | -4.0                        |
| Kenya                            | 284                                     | 277        | 271        | 266        | 266        | -6.5                        | -4.1                        |
| Lesotho                          | 726                                     | 718        | 674        | 648        | 671        | -7.9                        | -6.8                        |
| Liberia                          | 433                                     | 452        | 471        | 494        | 510        | 16.4                        | 12.1                        |
| Madagascar                       | 423                                     | 416        | 410        | 403        | 406        | -4.1                        | -2.4                        |
| Malawi                           | 314                                     | 334        | 370        | 363        | 334        | 6.2                         | 0.0                         |
| Mali                             | 91                                      | 93         | 96         | 96         | 91         | 0.0                         | -2.2                        |
| Mauritania<br>Mauritius          | 221                                     | 210        | 198<br>36  | 187        | 182        | -19.4                       | -14.3                       |
| Mozambique                       | 39                                      | 37         |            | 34         | 35         | -10.8                       | -5.6                        |
| Namibia                          | 494<br>868                              | 518<br>837 | 546<br>793 | 561<br>718 | 554<br>627 | 11.5<br>-32.5               | 6.7<br>-28.9                |
| Niger                            |   |            |            | 161        |            |                             |                             |
| Nigeria                          | 177<br>321                              | 170<br>321 | 165<br>323 | 326        | 155<br>330 | -13.3<br>2.8                | -9.2<br>2.8                 |
| Rwanda                           | 107                                     | 102        | 95         | 90         | 85         | -23.0                       | -18.2                       |
| Sao Tome and Principe            | 132                                     | 102        | 95<br>117  | 90<br>107  | 111        | -17.3                       | -12.7                       |
| Senegal                          | 201                                     | 200        | 202        | 202        | 205        | 2.0                         | 2.5                         |
| Seychelles                       | 201                                     | 200        | 202        | 282        | 33         | 50.1                        | 40.5                        |
| Sierra Leone                     | 472                                     | 465        | 452        | 445        | 441        | -6.8                        | -5.3                        |
| South Africa                     | 789                                     | 713        | 705        | 706        | 696        | -12.5                       | -2.4                        |
| South Sudan                      | , - , - , - , - , - , - , - , - , - , - | 268        | 257        | 286        | 319        | 17.4                        | 17.4                        |
| Swaziland                        | 741                                     |            |            |            |            |                             |                             |
|                                  | 741                                     | 741        | 698        | 651        | 605<br>81  | -20.3                       | -20.3                       |
| Togo                             | 101                                     | 96         | 93         | 89         | 81         | -22.1                       | -17.0                       |
| Uganda                           | 196                                     | 181        | 170        | 159        | 159        | -20.9                       | -13.0                       |
| United Republic of Tanzania      | 695                                     | 656        | 609        | 537        | 528        | -27.5                       | -21.7                       |
| Zambia                           | 424                                     | 465        | 468        | 455        | 436        | 2.8                         | -6.4                        |
| Zimbabwe                         | 335                                     | 327        | 313        | 276        | 292        | -13.7                       | -11.3                       |
| Africa                           | 356                                     | 345        | 340        | 333        | 330        | -7.5                        | -4.4                        |

## TB treatment success rate

Successful treatment of infectious cases of TB is essential to prevent the spread of the infection. TB treatment success rate refers to the percentage of new smear-positive TB cases registered under directly observed TB treatment strategy (DOTS) in a given year that successfully completed treatment, whether with bacteriologic evidence of success ("cured") or without ("treatment completed").

The data suggest that the TB treatment success rate in the Region is high and increasing but there are substantial inter-country differences. In 2015 for instance, the treatment success rate in the Region was 83% (range: 43 - 92%), with the rate at least 70% in all countries except Gabon (50%) and Equatorial Guinea (43%). During the period 2010 – 2015 TB treatment success rate increased by about 13% from 73% in 2010 to 83% in 2015. If the average annual rate of increase during the period 2010 – 2015 is sustained, the treatment success rate in the Region will be close to 100% by 2020.

Figure 101 Percent of new TB cases successfully treated in the African Region











Data source: WHO, 2015

Figure 103 Percent of TB cases successfully treated in the African Region, 2010 and 2015



Data source: WHO

## Table 30 Percentage of TB cases successfully treated in the African Region

|                                  | 2010     | 2014     | 2015     | Rate of change 2010 -<br>2015 (%) |
|----------------------------------|----------|----------|----------|-----------------------------------|
| Algeria                          | 89       | 88       | 90       | 1.1                               |
| Angola                           | 48       | 34       | -        | -                                 |
| Benin                            | 90       | 89       | 88       | -2.2                              |
| Botswana                         | 78       | 77       | 79       | 1.3                               |
| Burkina Faso                     | 78       | 81       | 78       | 0.0                               |
| Burundi                          | 88       | 91       | 92       | 4.4                               |
| Cabo Verde                       | -        | 92       | 89       | -                                 |
| Cameroon                         | 78       | 84       | 84       | 7.4                               |
| Central African Republic         | 59       | 70       | 78       | 27.9                              |
| Chad                             | 54       | 68       | 77       | 35.5                              |
| Comoros                          | 90       | -        | 91       | 1.1                               |
| Congo                            | 77       | 69       | 71       | -8.1                              |
| Côte d'Ivoire                    | 75       | 79       | 80       | 6.5                               |
| Democratic Republic of the Congo | 89       | 89       | 89       | 0.0                               |
| Equatorial Guinea                | 68       | 58       | 43       | -45.8                             |
| Eritrea                          | 86       | 91       | 90       | 4.5                               |
| Ethiopia                         | 77       | 89       | 84       | 8.7                               |
| Gabon                            | 60       | 58       | 50       | -18.2                             |
| The Gambia                       | 88       | 88       | 82       | -7.1                              |
| Ghana                            | 84       | 85       | 85       | 1.2                               |
| Guinea                           | 80       | 83       | 80       | 0.0                               |
| Guinea-Bissau                    | 67       | 81       | 79       | 16.5                              |
| Kenya                            | 86       | 87       | 87       | 1.2                               |
| Lesotho                          | 65       | 70       | 74       | 13.0                              |
| Liberia                          | 81       | 74       | 77       | -5.1                              |
| Madagascar                       | 83       | 83       | 82       | -1.2                              |
| Malawi                           | 77       | 85       | 81       | 5.1                               |
| Mali<br>Mauritania               | 70<br>91 | 73<br>70 | 77<br>71 | 9.5<br>-24.8                      |
| Mauritius                        | 85       | 90       | 91       | -24.8                             |
| Mozambique                       | 85       | 89       | 88       | 3.5                               |
| Namibia                          | 81       | 87       | 83       | 3.4                               |
| Niger                            | 81       | 79       | 80       | -1.2                              |
| Nigeria                          | 82       | 87       | 84       | 2.4                               |
| Rwanda                           | 76       | 86       | 87       | 13.5                              |
| Sao Tome and Principe            | 82       | 74       | 78       | -5.0                              |
| Senegal                          | 76       | 87       | 86       | 12.4                              |
| Seychelles                       | 86       | 69       | 88       | 2.3                               |
| Sierra Leone                     | 53       | 85       | 88       | 50.7                              |
| South Africa                     | 70       | 78       | 81       | 14.6                              |
| South Sudan                      | 72       | 71       | 80       | 10.5                              |
| Swaziland                        | 85       | 78       | 80       | -6.1                              |
| Тодо                             | 68       | 88       | 86       | 23.5                              |
| Uganda                           | 89       | 75       | 75       | -17.1                             |
| United Republic of Tanzania      | 89       | 90       | 90       | 1.1                               |
| Zambia                           | 76       | 85       | 85       | 11.2                              |
| Zimbabwe                         | -        | 81       | 81       | -                                 |
| Zimbdbwe                         |          | 01       | 01       |                                   |

## TB mortality rate

TB mortality rate in the WHO African Region is low and continues to decline, albeit slowly. During the period 2000 – 2010, TB mortality rate in the Region declined fairly steadily by about 2.8% annually from 62 per 100 000 population in 2000 to 47 per 100 000 population in 2010. The mortality rate continued to decline by an annual rate of 2.3% during the period 2010 – 2016, with the rate declining to 41 per 100 000 population in 2016.

TB mortality rate differed quite substantially by country. In 2016 for instance, there was up to 76-point difference between the countries with the highest and the lowest TB mortality rates. Gabon and Guinea Bissau had the highest mortality rate per 100 000 population (76) followed by Mozambique (75) and Democratic Republic of the Congo (67). The lowest TB mortality rate was the Seychelles (0.4) followed by Mauritius (1.6) and Rwanda (1.7).

During the period 2010 – 2016, the TB mortality rate increased in 15 countries including Kenya (by 120%), Equatorial Guinea (by 75%), Mauritius (by 48%) and Congo (by 38%). The rate declined in 27 countries, with the biggest declines in Rwanda (by 156%), Sao Tome and Principe (by 103%) and Togo (by 98%).

Compared to the other WHO Regions, The WHO African Region has the highest TB mortality rate. In 2016 for instance, the TB mortality rate in the WHO African Region was 24 times higher than the rate in the Americas and 15 times higher than the rate in Europe.





Data source: WHO, 2010 and 2016

Figure 105 TB deaths among HIV negative people per 100 000 population in the African Region, 2016



Data source: WHO, 2016

Figure 106 Trend in number of TB deaths among HIV negative people per 100 000 population in the African Region



Data source: WHO

Figure 108 Number of TB deaths among HIV negative people per 100 000 population by WHO region, 2016



## Table 31 Number of TB deaths among HIV negative people per 100 000 population per year in the African Region

|                                  | 2010     | 2015      | 2016      | Rate of change (%) |
|----------------------------------|----------|-----------|-----------|--------------------|
| Algeria                          | 8.5      | 8.2       | 7.7       | -9.9               |
| Angola                           | 58       | 45        | 64        | 9.8                |
| Benin                            | 11       | 9.5       | 9.4       | -15.7              |
| Botswana                         | 30       | 26        | 22        | -31                |
| Burkina Faso                     | 10       | 9         | 8.7       | -13.9              |
| Burundi                          | 23       | 24        | 19        | -19.1              |
| Cabo Verde                       | 5.8      | 5.3       | 3.7       | -45                |
| Cameroon                         | 42       | 30        | 28        | -40.5              |
| Central African Republic         | 61       | 45        | 59        | -3.3               |
| Chad                             | 22       | 23        | 31        | 34.3               |
| Comoros                          | 7.3      | 7.8       | 6.5       | -11.6              |
| Congo                            | 41       | 49        | 60        | 38                 |
| Côte d'Ivoire                    | 29       | 22        | 23        | -23.2              |
| Democratic Republic of the Congo | 57       | 66        | 67        | 16.2               |
| Equatorial Guinea                | 7.5      | 7.5       | 16        | 75.8               |
| Eritrea                          | 15       | 12        | 13        | -14.3              |
| Ethiopia                         | 38       | 26        | 25        | -41.9              |
| Gabon                            | 80       | 65        | 76        | -5.1               |
| The Gambia                       | 25       | 20        | 21        | -17.4              |
| Ghana                            | 41       | 37        | 36        | -13                |
| Guinea                           | 30       | 28        | 26        | -14.3              |
| Guinea-Bissau                    | 62       | 85        | 76        | 20.4               |
| Kenya                            | 18       | 20        | 60        | 120.4              |
| Lesotho                          | 59       | 55        | 49        | -18.6              |
| Liberia                          | 55       | 70        | 60        | 8.3                |
| Madagascar<br>Malawi             | 54       | 49        | 54        | 0                  |
| Mali                             | 14<br>11 | 13<br>9.4 | 16<br>7.7 | 13.4<br>-35.7      |
| Mauritania                       | 27       | 21        | 21        | -25.1              |
| Mauritius                        | 0.98     | 1.5       | 1.6       | 49                 |
| Mozambique                       | 61       | 74        | 75        | 20.7               |
| Namibia                          | 32       | 32        | 30        | -6.5               |
| Niger                            | 21       | 19        | 20        | -4.9               |
| Nigeria                          | 93       | 99        | 62        | -40.5              |
| Rwanda                           | 8.1      | 3.8       | 1.7       | -156.1             |
| Sao Tome and Principe            | 11       | 3.6       | 3.9       | -103.7             |
| Senegal                          | 22       | 23        | 25        | 12.8               |
| Seychelles                       | 0        | 0         | 0.4       | 0                  |
| Sierra Leone                     | 43       | 51        | 47        | 8.9                |
| South Africa                     | 54       | 46        | 41        | -27.5              |
| South Sudan                      |          | 28        | 24        | -                  |
| Swaziland                        | 37       | 31        | -         | -                  |
| Тодо                             | 11       | 6.4       | 4.1       | -98.7              |
| Uganda                           | 18       | 14        | 26        | 36.8               |
| United Republic of Tanzania      | 75       | 56        | 51        | -38.6              |
| Zambia                           | 24       | 31        | 29        | 18.9               |
| Zimbabwe                         | 12       | 11        | 7.2       | -51.1              |
|                                  |          |           |           |                    |

#### Table 32 Number of TB deaths among HIV-negative people per 100 000 population by WHO region

|      | African<br>Region | Region of the<br>Americas | Eastern<br>Mediterranean<br>Region | European<br>Region | South-East Asian<br>Region | Western Pacific<br>Region | Global |
|------|-------------------|---------------------------|------------------------------------|--------------------|----------------------------|---------------------------|--------|
| 2000 | 62                | 3.5                       | 29                                 | 8.4                | 56                         | 13                        | 29     |
| 2001 | 61                | 3.4                       | 29                                 | 8.2                | 56                         | 12                        | 28     |
| 2002 | 59                | 3.2                       | 28                                 | 8.2                | 55                         | 11                        | 28     |
| 2003 | 57                | 3.1                       | 28                                 | 8.2                | 54                         | 11                        | 27     |
| 2004 | 55                | 2.9                       | 27                                 | 7.9                | 52                         | 9.9                       | 26     |
| 2005 | 55                | 2.7                       | 25                                 | 8                  | 49                         | 9.3                       | 25     |
| 2006 | 53                | 2.5                       | 23                                 | 7                  | 47                         | 8.7                       | 24     |
| 2007 | 52                | 2.4                       | 21                                 | 6.6                | 45                         | 8.1                       | 23     |
| 2008 | 50                | 2.3                       | 19                                 | 6.4                | 44                         | 7.9                       | 22     |
| 2009 | 48                | 2.2                       | 18                                 | 5.7                | 42                         | 7.4                       | 21     |
| 2010 | 47                | 2.3                       | 16                                 | 5.3                | 41                         | 7                         | 21     |
| 2011 | 47                | 2.1                       | 15                                 | 5                  | 40                         | 6.7                       | 20     |
| 2012 | 46                | 2                         | 14                                 | 4.6                | 39                         | 6.1                       | 20     |
| 2013 | 46                | 1.9                       | 14                                 | 4                  | 39                         | 5.7                       | 20     |
| 2014 | 46                | 1.9                       | 13                                 | 3.8                | 38                         | 5.3                       | 19     |
| 2015 | 45                | 1.9                       | 12                                 | 3.5                | 37                         | 4.8                       | 19     |

Data source: WHO

## 6.4 TB/HIV

HIV remains a key driver of TB in the Region, with 34% of TB patients testing positive for HIV in 2016 (range: 0.7 – 100). However, HIV testing among TB patients is not as universal as would be expected, but the rate has increased quite steadily over the years. For instance, the proportion of TB patients tested for HIV was 60% in 2010, 69% in 2011, 74% in 2012, 78% in 2013, 79% in 2014 and 81% in 2015.

HIV testing among TB patients was universal or near-universal in 16 countries in 2015: 100% in Benin, Cabo Verde, Eritrea, Nigeria, Sao Tome and Principe, Seychelles, Swaziland, Togo and Uganda; 99% in Mozambique; 98% in Namibia; and 97% in Burkina Faso, Kenya, Mauritius, Sierra Leone and South Africa.









# Figure 111 Percent of TB patients who were tested for HIV in the African Region



Data source: WHO, 2015

Data source: WHO

#### Figure 112 Percentage of TB patients who tested positive for HIV in the African Region



#### Figure 113 Percent of HIV positive TB patients receiving antiretroviral treatment in the African Region



## Table 33 Trend in the percentage of TB patients tested for HIV by country in the African Region

|                                  | 2010     | 2011 | 2012 | 2013 | 2014     | 2015 |
|----------------------------------|----------|------|------|------|----------|------|
| Algeria                          |          |      |      | -    | •        | -    |
| Angola                           | 4.9      | 10   | 23   | 40   | 50       | 23   |
| Benin                            | 98       | 99   | 98   | 94   | 96       | 100  |
| Botswana                         | 81       | 97   | 91   | 97   | 91       | 91   |
| Burkina Faso                     | 93       | 89   | 94   | 96   | 96       | 97   |
| Burundi                          | 93<br>71 | 71   | 82   | 87   | 90<br>91 | 97   |
| Cabo Verde                       | -        | 90   | 89   | 92   | 99       | 100  |
| Cameroon                         | 78       | 81   | 82   | 82   | 87       | 92   |
| Central African Republic         | 39       | 33   | 46   | 45   | 51       | 48   |
| Chad                             | 39       | 38   | 44   | 40   | 54       | 69   |
| Comoros                          |          | 3.4  | 100  | 3.3  | 0.7      | -    |
| Congo                            | 40       | 20   | 17   | 30   | 13       | 13   |
| Côte d'Ivoire                    | 73       | 80   | 85   | 90   | 93       | 95   |
| Democratic Republic of the Congo | 24       | 27   | 31   | 44   | 46       | 50   |
| Equatorial Guinea                | 92       | 100  | _    | _    | 60       | 73   |
| Equational Gamea                 | -        | -    | 59   | 75   | 95       | 100  |
| Ethiopia                         | 43       | 41   | 65   | 71   | 75       | 77   |
| Gabon                            | 27       | 46   | 100  | 100  | 40       | 49   |
| The Gambia                       | 97       | 74   | 78   | 78   | 84       | 90   |
| Ghana                            | 67       | 79   | 78   | 73   | 77       | 83   |
| Guinea                           | 51       | 56   | 65   | 75   | 63       | 79   |
| Guinea-Bissau                    | 46       | 50   | 68   | 61   | 66       | 79   |
| Kenya                            | 40<br>91 | 93   | 95   | 94   | 95       | 97   |
| Lesotho                          | 84       | 89   | 90   | 97   | 93       | 96   |
| Liberia                          | 53       | 55   | 42   | 73   | 56       | 73   |
| Madagascar                       | 65       | 58   | 17   | 20   | 23       | 33   |
| Malawi                           | 88       | 83   | 93   | 92   | 93       | 93   |
| Mali                             | 42       | 35   | 100  | 36   | 43       | 67   |
| Mauritania                       | 24       | 0.7  | -    | -    | -        | -    |
| Mauritius                        | 95       | 93   | 96   | 96   | 96       | 97   |
| Mozambique                       | 88       | 91   | 94   | 95   | 93       | 99   |
| Namibia                          | 76       | 84   | 89   | 92   | 90       | 98   |
| Niger                            | 48       | 44   | 46   | 53   | 64       | 74   |
| Nigeria                          | 79       | 81   | 84   | 88   | 92       | 100  |
| Rwanda                           | 98       | 97   | 99   | 98   | 99       | 96   |
| Sao Tome and Principe            | 92       | 100  | 99   | 91   | 100      | 100  |
| Senegal                          | 69       | 76   | 78   | 82   | 83       | 83   |
| Seychelles                       | 100      | 100  | 100  | 100  | 100      | 100  |
| Sierra Leone                     | 74       | 78   | 87   | 91   | 87       | 97   |
| South Africa                     | 54       | 83   | 90   | 94   | 93       | 97   |
| South Sudan                      | -        | 47   | 51   | 69   | 67       | 79   |
| Swaziland                        | 86       | 92   | 100  | 91   | 97       | 100  |
| Тодо                             | 77       | 84   | 91   | 97   | 97       | 100  |
| Uganda                           | 81       | 80   | 86   | 91   | 95       | 100  |
| United Republic of Tanzania      | 90       | 88   | 83   | 83   | 91       | 93   |
| Zambia                           | 84       | 86   | 87   | 90   | 93       | 95   |
| Zimbabwe                         | 86       | 90   | 91   | 92   | 89       | 96   |
| Africa                           | 60       |      |      |      |          | 81   |
| AITICa                           | 00       | 69   | 74   | 78   | 79       | 01   |

## Table 34 Percent of TB patients who tested positive for HIV by country in the African Region

|                                  | 2010     | 2011      | 2012      | 2013      | 2014      | 2015      | 2016       |
|----------------------------------|----------|-----------|-----------|-----------|-----------|-----------|------------|
| Algeria                          | -        | -         | -         | -         | -         | -         | -          |
| Angola                           | 67       | 15        | 9.6       | 11        | 10        | 12        | 10         |
| Benin                            | 16       | 17        | 16        | 16        | _         | 15        | 15         |
| Botswana                         | 65       | 63        | 60        | 60        | 60        | 60        | 60         |
| Burkina Faso                     | 18       | 17        | 14        | 13        | 12        | 9.3       | 9.7        |
| Burundi                          | 23       | 22        | 19        | 15        | 14        | 14        | 12         |
| Cabo Verde                       | 24       | 26        | 27        | 25        | 24        | 24        | 22         |
| Cameroon                         | -        | 13        | 12        | 8.3       | 9.3       | 12        | 8.1        |
| Central African Republic         | 43       | 38        | 37        | 38        | 37        | 36        | 34         |
| Chad                             | 33       | 39        | 39        | 40        | 34        | 39        | 30         |
| Comoros                          | 17       | 23        | 20        | 23        | 19        | 22        | 22         |
| Congo                            | -        | 100       | 3.3       | 100       | 100       | -         | 100        |
| Côte d'Ivoire                    | 18       | 31        | 33        | 27        | 29        | 38        | 16         |
| Democratic Republic of the Congo | 18       | 16        | 16        | ,<br>14   | 14        | 12        | 12         |
| Equatorial Guinea                | 29       | 26        | 10        |           | 40        | 50        | 56         |
| Equatorial Guinea                | - 29     | - 20      | 8.6       | 45<br>6.6 | 40<br>6.1 | 5.4       | 50         |
| Ethiopia                         | 15       | 8.4       | 10        | 11        | 9.7       | 8.3       | 7.6        |
| Gabon                            | 59       | 8.4<br>26 | 10        | 11        | 9.7<br>26 | 29        | 21         |
| The Gambia                       | 11       | _         | 16        | 14        | 20        | 17        | 18         |
| Ghana                            | 26       |           |           |           |           | 22        |            |
|                                  |          | 23        | 24        | 24        | 24        |           | 23         |
| Guinea                           | 26       | 26        | 25        | 23        | 25        | 24        | 25         |
| Guinea-Bissau<br>Kanara          | 38       | 42        | 39        | 41        | 37        | 26        | 32         |
| Kenya<br>Lesotho                 | 41       | 39        | 38        | 37        | 36<br>72  | 33        | 31         |
|                                  | 77       | 75        | 74        | 74        |           | 72        | 73         |
| Liberia<br>Madagascar            | 8<br>0.2 | 10        | 15        | 15<br>1.2 | 14        | 13        | 16         |
| Malawi                           | 63       | 0.3<br>60 | 0.4<br>59 | 56        | 1.5<br>54 | 0.9<br>53 | 0.73<br>53 |
| Mali                             | 18       | 21        | 7.2       | 19        | 14        | 13        | 12         |
| Mauritania                       | 15       | 100       | -         | -         | -         | -         | -          |
| Mauritius                        | 6.8      | 7.4       | 8         | 18        | 12        | 11        | 14         |
| Mozambique                       | 61       | 62        | 58        | 54        | 52        | 51        | 44         |
| Namibia                          | 55       | 50        | 47        | 45        | 44        | 40        | 38         |
| Niger                            | 8.2      | 7.1       | 8.3       | 8         | 6.9       | 5.4       | 5          |
| Nigeria                          | 25       | 26        | 23        | 22        | 19        | 17        | 16         |
| Rwanda                           | 32       | 28        | 26        | 25        | 25        | 27        | 21         |
| Sao Tome and Principe            | 12       | 10        | 14        | 20        | 18        | 13        | 20         |
| Senegal                          | 9.7      | 10        | 8.8       | 8.2       | 7.4       | 6.9       | 6.3        |
| Seychelles                       | 5.9      | 19        | 14        | 4.2       | 7.7       | -         | 9.1        |
| Sierra Leone                     | 10       | 8.9       | 12        | 13        | 12        | 14        | 14         |
| South Africa                     | 60       | 65        | 64        | 62        | 61        | 57        | 59         |
| South Sudan                      | -        | 12        | II        | 15        | 13        | 12        | 12         |
| Swaziland                        | 82       | 77        | 75        | 74        | 73        | 80        | 70         |
| Togo                             | 28       | 27        | 24        | 20        | 21        | 21        | 22         |
| Uganda                           |          |           |           |           |           |           |            |
| -                                | 54       | 53        | 50        | 48        | 45        | 42        | 43         |
| United Republic of Tanzania      | 38       | 38        | 38        | 37        | 35        | 36        | 34         |
| Zambia                           | 65       | 64        | 61        | 62        | 61        | 60        | 58         |
| Zimbabwe                         | 78       | 74        | 73        | 71        | 68        | 70        | 67         |
| Africa                           | 36       | 39        | 41        | 43        | 46        | 44        | 34         |

# 6.5 Hepatitis

Coverage of hepatitis vaccination corresponds with coverage of penta vaccine i.e. penta vaccine includes the vaccine for hepatitis B. Figure 114 Percentage of infants who received up to three doses of hepatitis B vaccine in the African Region



Data source: WHO, 2016

# Figure 116 Prevalence of hepatitis B infection by WHO region, 2015



Data source: WHO, 2015





## 6.6 Neglected tropical diseases

Neglected tropical diseases (NTDs) are a diverse group of communicable diseases mainly found in the tropical regions of the world. They mostly affect populations living in poverty, without adequate sanitation and in close contact with infectious vectors and their reservoirs. During their 10<sup>th</sup> meeting held in March 2017 at WHO Headquarters in Geneva, the Strategic and Technical Advisory Group for Neglected Tropical Diseases increased the number of NTDs to 20, with Chromoblastomycosis and other deep mycoses, scabies and other ectoparasites, and snakebite envenoming as the new additions.

In the African Region, lack of reliable data remains a major challenge to assessing the burden of NTDs and progress and performance of interventions against them. This hampers regional level prioritisation of country interventions. Indeed, many countries in the Region are grappling with a heavy burden of reporting, but the renewed interest and investments in NTDs require national level prioritization on NTD reporting. This might include creation of programmes for NTDs in countries and simplification of the reporting forms. Countries should also be encouraged to report even if values are zero.

Available data suggest that while some NTDs are fairly common, others are rare (but these could be underreported in a number of countries). Some NTDs are more common in some countries than in others. Cases of rabies are rare in the Region, with 67 cases reported in 2014.

The 2016 data for trypanosomiasis (Gambiense and Rhodesiense) was available for only 24 countries in the Region, with 2184 cases reported overall. The Democratic Republic of the Congo accounted for 81% of the reported cases of trypanosomiasis. Data on Leishmaniasis (visceral and cutaneous) were available for only five countries in 2015: Algeria (7561 cases), Ethiopia (2291 cases), Kenya (1054 cases), South Sudan (2840 cases) and Uganda (34 cases). The 2016 leishmaniasis data are as follows: Ethiopia (1915), Kenya (721) and South Sudan (4175).

Cases of leprosy were fairly common and 2016 data were available for 33 countries. The Democratic Republic of the Congo reported the biggest number of leprosy cases registered at the end of 2016 (4237), followed by Ethiopia (3970), Nigeria (2892), United Republic of Tanzania (2256) and Madagascar (1487). Data for yaws totalling 21 055 cases in 2013 was available for only three countries: Ghana (18 702 cases), Côte d'Ivoire (2256 cases) and Cameroon (97 cases).

#### Table 35 Global list of neglected tropical diseases

|   | 1. Dengue and Chikungunya                                |
|---|--|
|   | 2. Rabies  |
|   | 3. Trachoma  |
|   | 4. Leprosy   |
|   | 5. Human African Trypanosomiasis                         |
|   | 6. Leishmaniasis   |
|   | 7. Taeniasis/Neurocysticercosis                          |
|   | 8. Dracunculiasis  |
|   | 9. Echinococcosis  |
|   | 10. Scabies  |
|   | 11. Foodborne trematodiases                              |
|   | 12. Lymphatic filariasis                                 |
|   | 13. Onchocerciasis (River blindness)                     |
|   | 14. Schistosomiasis                                      |
|   | 15. Soil transmitted helminthiasis                       |
|   | 16. Buruli ulcer   |
|   | 17. Chagas disease                                       |
|   | 18. Yaws   |
|   | 19. Mycetoma, Chromoblastomycosis and other deep mycoses |
|   | 20. Snakebite envenoming                                 |
| _ |  |

Data source: WHO, 2017

Data for preventive treatment of some of the NTDs were available for some countries. These showed that coverage of preventive treatment of at-risk populations varied from country to country and by disease. In countries that had data, coverage of preventive treatment for trachoma and schistosomiasis was generally lower compared to lymphatic filariasis, onchocerciasis, and soil-transmitted helminths.

In 2016, Burkina Faso had the highest coverage of preventive treatment for trachoma, with all the at-risk population receiving preventive antibiotics for trachoma, followed by Guinea Bissau (88%), Malawi (78.9%), Uganda (72.8%), and Ethiopia (63.6%). None of the atrisk populations in Burundi and Mauritania received antibiotic treatment for trachoma in 2016.

Coverage of preventive treatment for lymphatic filariasis in 2016 ranged from as low as 0.9% in Angola to as high as 92.1% in Zambia, with a median of 70% and mean of 59.3%. Angola also had the lowest coverage of preventive treatment for onchocerciasis (2.2%). Uganda had a near universal coverage of preventive treatment for onchocerciasis (96.6%), followed by Cote d'Ivoire (95.4%), and Burkina Faso (95.0%).

#### Table 36 Burden of NTDs and coverage of interventions for preventions of selected NTDs

|                                  | Reported number of cased  |      |        |        |      |        |  |  |
|----------------------------------|---|------|--------|--------|------|--------|--|--|
|                                  | Buruli ulcer Trypanosomiasis <sup>1</sup> Leishmaniasis <sup>2</sup> Leprosy Rabies |      |        |        |      |        |  |  |
|                                  | 2016  | 2015 | 2015   | 2015   | 2014 | 2013   |  |  |
| Algeria                          | -   | _    | 7561   | _      | _    | -      |  |  |
| Angola                           | -   | 35   | _      | _      | _    | _      |  |  |
| Benin                            | 312   | 0    | _      | 174    | _    | _      |  |  |
| Botswana                         | _   | _    | -      | _      | -    | _      |  |  |
| Burkina Faso                     | -   | 1    | _      | 187    | _    | _      |  |  |
| Burundi                          | _   | _    | _      | _      | -    | _      |  |  |
| Cabo Verde                       | -   | _    | _      | _      | _    | _      |  |  |
| Cameroon                         | 85  | 6    | -      | 361    | -    | 97     |  |  |
| Central African Republic         | _   | 147  | _      | _      | _    | _      |  |  |
| Chad                             | _   | 67   | _      | _      | _    | _      |  |  |
| Comoros                          | _   | _    | _      | 343    | _    | _      |  |  |
| Congo                            | _   | 36   | -      | 59     | -    | -      |  |  |
| Côte d'Ivoire                    | 376   | 3    | _      | 891    | _    | 2256   |  |  |
| Democratic Republic of the Congo | 175   | 2351 | _      | 4237   | _    |        |  |  |
| Equatorial Guinea                | -   | 0    | _      | 15     | _    | -      |  |  |
| Eritrea                          | _   | _    | -      | 5      | _    | _      |  |  |
| Ethiopia                         | _   | _    | 2291   | 3970   | _    | _      |  |  |
| Gabon                            | 39  | 9    |        | 20     | -    | _      |  |  |
| The Gambia                       | _   | -    | _      | 12     | _    | _      |  |  |
| Ghana                            | 371   | 0    | -      | 302    | -    | 18 702 |  |  |
| Guinea                           | _   | 29   | _      | 184    | _    | -      |  |  |
| Guinea-Bissau                    | _   |      | -      | -      | 6    | _      |  |  |
| Kenya                            | _   | 0    | 1054   | _      | -    | _      |  |  |
| Lesotho                          | _   | _    | -      | 2      | -    | _      |  |  |
| Liberia                          | _   | _    | _      | _      | _    | _      |  |  |
| Madagascar                       | -   | _    | -      | 1487   | 8    | _      |  |  |
| Malawi                           | -   | 30   | _      | -      | _    | _      |  |  |
| Mali                             | _   | 0    | -      | 222    | -    | _      |  |  |
| Mauritania                       | _   | _    | _      | 18     | _    | _      |  |  |
| Mauritius                        | _   | _    | -      | -      | 0    | _      |  |  |
| Mozambique                       | _   | _    | _      | 1335   | -    | _      |  |  |
| Namibia                          | _   | _    | -      | -      | _    | _      |  |  |
| Niger                            | _   | 0    | _      | 378    | _    | _      |  |  |
| Nigeria                          | 235   | 0    | -      | 2892   | _    | _      |  |  |
| Rwanda                           | -   | -    | _      | 34     | _    | _      |  |  |
| Sao Tome and Principe            | _   | _    | _      | -      | -    | _      |  |  |
| Senegal                          | -   | _    | _      | 248    | 2    |        |  |  |
| Seychelles                       | _   | -    | -      |        | 0    | _      |  |  |
| Sierra Leone                     | _   | _    | _      | _      | 5    | _      |  |  |
| South Africa                     | _   | -    | -      | 35     | 6    | _      |  |  |
| South Sudan                      | -   | 45   | 2840   | -      | _    | -      |  |  |
| Swaziland                        | _   | +5   | _      | _      | _    | _      |  |  |
| Togo                             | 83  | 0    | _      | 96     | _    | _      |  |  |
| Uganda                           | -   | 32   | 34     | 241    | 25   | _      |  |  |
| United Republic of Tanzania      | -   | 2    | -      | 2256   | 4    | _      |  |  |
| Zambia                           | _   | 8    | _      |        | -    | _      |  |  |
| Zimbabwe                         | _   | 3    | _      | _      | 16   | _      |  |  |
|                                  |   |      |        |        |      |        |  |  |
| Africa                           | 1676  | 2804 | 13 780 | 20 004 | 67   | 21 055 |  |  |

Reported number of cased

<sup>1</sup> Trapanosoma Gambiense and Rhodesiense combined; <sup>2</sup>Cutenous and visceral leishmaniasis combined; <sup>3</sup>Coverage among school-age children

#### Percentage of at risk populations that received preventive treatment

| Lymphatic filarialsis | Oncocerciasis | Schistosomiasis | Soil transmitted heliminths <sup>3</sup> | Trachoma |                                  |
|-----------------------|---------------|-----------------|--|----------|----------------------------------|
| 2016                  | 2016          | 2016            | 2016                                     | 2016     |                                  |
| -                     | -             | -               | -  | -        | Algeria                          |
| 0.9                   | 2.2           | 32.8            | 41.8                                     | -        | Angola                           |
| 56.4                  | 57.1          | 35.0            | 93.8                                     | 36.8     | Benin                            |
| -                     | -             | -               | -  | -        | Botswana                         |
| 63.9                  | 95.0          | 70.6            | 100.0                                    | 102.3    | Burkina Faso                     |
| -                     | -             | 30.9            | 97.3                                     | 0.0      | Burundi                          |
| -                     | -             | -               | 62.6                                     | -        | Cabo Verde                       |
| 70.7                  | 75.1          | 43.7            | 90.6                                     | 25.7     | Cameroon                         |
| 15.7                  | 49.9          | 39.4            | 22.0                                     | 17.5     | Central African Republic         |
| 51.4                  | 67.8          | _               | 9.0                                      | 37.6     | Chad                             |
| -                     | -             | -               | -  | -        | Comoros                          |
| 11.6                  | 79.3          | 18.2            | 4.9                                      | _        | Congo                            |
| 73.1                  | 95.4          | 48.3            | 76.2                                     | 32.3     | Côte d'Ivoire                    |
| 41.5                  | 76.2          | 42.1            | б1.4                                     | 12.9     | Democratic Republic of the Congo |
| -                     | -             | -               | -  | -        | Equatorial Guinea                |
| -                     | -             | -               | -  | 18.0     | Eritrea                          |
| 41.5                  | 80.1          | 29.2            | 61.2                                     | 63.6     | Ethiopia                         |
| -                     | -             | 36.7            | 18.9                                     | -        | Gabon                            |
| -                     | -             | -               | -  | -        | The Gambia                       |
| 73.7                  | 83.8          | 37.9            | 59.0                                     | -        | Ghana                            |
| 72.7                  | 66.1          | 10.3            | 77.4                                     | 52.9     | Guinea                           |
| -                     | -             | -               |  | 88.0     | Guinea-Bissau                    |
| 60.1                  | -             | 24.4            | 69.4                                     | 22.7     | Kenya                            |
| -                     | -             | -               | -  | -        | Lesotho                          |
| 73.9                  | 73.8          | 12.8            | 84.1                                     | -        | Liberia                          |
| 44.0                  | -             | 21.7            | 87.2                                     | -        | Madagascar                       |
| -                     | 82.9          | 64.5            | 91.5                                     | 78.9     | Malawi                           |
| 69.2                  | 72.1          | 58.8            | 100.0                                    | 1.2      | Mali                             |
| -                     | -             | -               | -  | 0.0      | Mauritania                       |
| -                     | -             | -               | -  | -        | Mauritius                        |
| 73.9                  |               | 43.3            | 91.4                                     | 45.4     | Mozambique                       |
| -                     | -             | -               | -  | -        | Namibia                          |
| -                     | -             | -               | -  | 52.4     | Niger                            |
| 54.0                  | 66.6          | 39.9            | 56.9                                     | 36.5     | Nigeria                          |
| -                     | -             | -               | 100.0                                    | -        | Rwanda                           |
| -                     | -             | -               | -  | -        | Sao Tome and Principe            |
| 71.4                  | 68.7          | 19.3            | 94.7                                     | 14.9     | Senegal                          |
| -                     | -             | -               | -  | -        | Seychelles                       |
| 78.3                  | 78.8          | 81.8            | 95.8                                     | -        | Sierra Leone                     |
| -                     | -             | -               | 100.0                                    | -        | South Africa                     |
| -                     | -             | 16.1            | 13.0                                     | 8.9      | South Sudan                      |
| -                     | -             | 51.6            | 77.7                                     | -        | Swaziland                        |
| -                     | 54.5          | 38.7            | 99.8                                     | -        | Тодо                             |
| 72.2                  | 96.6          | 36.7            | 57.5                                     | 72.8     | Uganda                           |
| 82.4                  | 66.9          | 38.3            | 79.4                                     | 7.0      | United Republic of Tanzania      |
| 92.1                  | -             | 20.2            | 55.8                                     | 40.5     | Zambia                           |
| 78.6                  | -             | 51.5            | 86.9                                     | 7.4      | Zimbabwe                         |
| 59-3                  | 70.9          | 37.7            | 70.2                                     | 35.0     | Africa                           |

# Chapter 7. Noncommunicable diseases

SDG Target 3.4: By 2030, reduce by one third premature mortality from noncommunicable diseases through prevention and treatment and promote mental health and well-being.

Noncommunicable diseases (NCDs), such as heart disease, stroke, cancer, chronic respiratory diseases and diabetes, are the leading cause of mortality in the world, and their burden is growing both in the WHO African Region and globally. As mentioned under causes of death in chapter 3, ischaemic heart disease and stroke are the world's biggest killers, accounting for a combined 15 million deaths globally in 2015.

The trend in the WHO African Region suggests that it will not be long before Ischaemic heart disease and stroke overtake lower respiratory tract infections, HIV/AIDS and diarrhoeal diseases as the leading cause of death. In the year 2000, stroke and Ischaemic heart disease were ranked 8th and 9th leading causes of death, respectively, but in 2015, they were in the 4th and 5th position. When both stroke and ischaemic heart diseases are combined, they rank second among the leading causes of death in the Region.

Most of the risk factors for NCDs are modifiable and include tobacco use, harmful alcohol use, unhealthy diet, insufficient physical activity, overweight/obesity, raised blood pressure, raised blood sugar and raised cholesterol. Estimates by WHO however suggest that the prevalence of these modifiable risk factors in the WHO African Region has reached epidemic proportions and greater efforts are required to curb their rapid rise.

#### Figure 117 The probability of dying between the ages 30 and 70 years from cardiovascular disease, cancer, diabetes or chronic obstructive respiratory disease (%) in the African Region



Data source: WHO, 2015

#### Figure 118 Probability of dying between ages 30 and 70 from cardiovascular disease, cancer, diabetes, or chronic respiratory (%) in the African Region







Data source: WHO, 2015

## 7.1 Prevalence of raised blood pressure

On average, close to 30% of adults 18+ years in the Region have raised blood pressure (systolic blood pressure ≥140 mmHq or diastolic blood pressure ≥90mmHq). In 2015, prevalence of raised blood pressure among adult males 18+ years ranged from 22.7% in Nigeria to 31.8% in





Mauritania, with a median of 28.0%; and among adult females ranged from 20.2% in Seychelles to 35.8% in Niger with a median of 28.4%.





Data source: WHO, 2014

## 7.2 Prevalence of raised blood glucose

About 5% of the population in the WHO African Region has raised blood glucose, defined as a fasting plasma glucose value  $\geq$  7.0 mmol/L (126 mg/dl) or on medication for raised blood glucose. In 2014, prevalence of raised blood glucose ranged from 2.6% in Burundi to Figure 122 Percentage of adults  $\geq$ 18 years with raised fasting





Data source: WHO, 2014

Data source: WHO, 2014

14.2% in Mauritius with a median of 5.0%. This is slightly higher than the prevalence in 2010 which ranged from 2.3% in Burundi to 13.1% in Mauritius with a median of 4.5%.





## Table 37 Prevalence of raised blood pressure among adults 18 years or older (%) in the African Region

|                                  | 2010 | )            | 2011 | I    | 2012       |             | 2013         | 1           | 2014 | Ļ         | 2015 | i         |
|----------------------------------|------|--------------|------|------|------------|-------------|--------------|-------------|------|-----------|------|-----------|
|                                  | М    | F            | М    | F    | М          | F           | М            | F           | М    | F         | М    | F         |
| Algeria                          | 26.8 | 26.9         | 26.5 | 26.4 | 26.3       | 26          | 26           | 25.5        | 25.7 | 25.1      | 25.4 | 24.6      |
| Angola                           | 30.2 | 30.3         | 30.1 | 30.2 | 30         | 30          | 29.9         | 29.9        | 29.8 | 29.7      | 29.6 | 29.6      |
| Benin                            | 28.7 | 29           | 28.4 | 28.8 | 28         | 28.6        | 27.7         | 28.5        | 27.4 | 28.3      | 27.1 | 28.1      |
| Botswana                         | 30   | 30.6         | 29.8 | 30.4 | 29.7       | 30.2        | 29.5         | 29.9        | 29.4 | 29.7      | 29.3 | 29.5      |
| Burkina Faso                     | 31.8 | 33.2         | 31.7 | 33.2 | 31.7       | 33.2        | 31.6         | 33.2        | 31.4 | 33.2      | 31.3 | 33.2      |
| Burundi                          | 26.2 | 29.8         | 26.4 | 30.1 | 26.6       | 30.3        | 26.8         | 30.6        | 27   | 30.9      | 27.3 | 31.1      |
| Cabo Verde                       | 26.6 | 25.9         | 26.2 | 25.7 | 25.9       | 25.4        | 25.5         | 25.2        | 25.2 | 24.9      | 24.9 | 24.6      |
| Cameroon                         | 32.2 | 29.7         | 31.9 | 29.4 | 31.5       | 29.1        | 31.2         | 28.8        | 30.9 | 28.4      | 30.5 | 28.1      |
| Central African Republic         | 31.6 | 30.9         | 31.5 | 30.9 | 31.5       | 30.9        | 31.5         | 30.9        | 31.4 | 30.8      | 31.4 | 30.8      |
| Chad                             | 31.9 | 32.8         | 31.8 | 33   | 31.8       | 33.2        | 31.7         | 33.4        | 31.7 | 33.6      | 31.6 | 33.8      |
| Comoros                          | 27   | 27.6         | 27.1 | 27.7 | 27.2       | 27.8        | 27.3         | 27.9        | 27.3 | 28        | 27.4 | 28.2      |
| Congo                            | 28.4 | 26.1         | 28.2 | 25.8 | 28         | 25.6        | 27.8         | 25.4        | 27.6 | 25.1      | 27.5 | 24.9      |
| Côte d'Ivoire                    | 29   | 27.7         | 28.8 | 27.6 | 28.6       | 27.4        | 28.3         | 27.2        | 28.1 | 27        | 27.8 | 26.8      |
| Democratic Republic of the Congo | 29.5 | 27.9         | 29.5 | 27.8 | 29.4       | 27.8        | 29.4         | 27.7        | 29.3 | 27.6      | 29.3 | 27.6      |
| Equatorial Guinea                | 29.4 | 27.8         | 29.3 | 27.8 | 29.3       | 27.7        | 29.3         | 27.7        | 29.2 | 27.7      | 29.2 | 27.7      |
| Eritrea                          | 27.8 | 28.9         | 27.9 | 29   | 28         | 29.2        | 28.1         | 29.3        | 28.1 | 29.4      | 28.2 | 29.5      |
| Ethiopia                         | 28.2 | 30.4         | 28.3 | 30.7 | 28.4       | 30.9        | 28.6         | 31.2        | 28.7 | 31.5      | 28.8 | 31.7      |
| Gabon                            | 29.3 | 24.8         | 29   | 24.4 | 28.7       | 24.1        | 28.4         | 23.7        | 28.1 | 23.3      | 27.8 | 23        |
| The Gambia                       | 31   | 29.7         | 30.7 | 29.5 | 30.5       | 29.4        | 30.2         | 29.2        | 29.9 | 29        | 29.6 | 28.8      |
| Ghana                            | 26.2 | 24.1         | 25.9 | 23.9 | 25.6       | 23.6        | 25.3         | 23.3        | 24.9 | 23.1      | 24.6 | 22.8      |
| Guinea                           | 29.2 | 31.2         | 29.2 | 31.3 | 29.1       | 31.3        | 29.1         | 31.3        | 29   | 31.4      | 29   | 31.4      |
| Guinea-Bissau                    | 30.5 | 31.4         | 30.4 | 31.3 | 30.2       | 31.2        | 30           | 31          | 29.9 | 30.9      | 29.7 | 30.7      |
| Kenya                            | 26.3 | 26.3         | 26.3 | 26.4 | 26.3       | 26.4        | 26.4         | 26.5        | 26.4 | 26.6      | 26.5 | 26.7      |
| Lesotho                          | 26.4 | 30.5         | 26.4 | 30.6 | 26.3       | 30.6        | 26.2         | 30.7        | 26.2 | 30.7      | 26.1 | 30.8      |
| Liberia                          | 29.2 | 28.9         | 29   | 28.8 | 28.8       | 28.7        | 28.6         | 28.6        | 28.4 | 28.4      | 28.2 | 28.3      |
| Madagascar                       | 28   | 28.1         | 28   | 28.1 | 28         | 28.2        | 27.9         | 28.2        | 27.9 | 28.2      | 27.8 | 28.2      |
| Malawi                           | 27.1 | 28.6         | 27.2 | 28.9 | 27.4       | 29          | 27.5         | 29.2        | 27.6 | 29.4      | 27.8 | 29.6      |
| Mali                             | 31.3 | 33.5         | 31.3 | 33.6 | 31.2       | 33.6        | 31.2         | 33.6        | 31.2 | 33.6      | 31.2 | 33.6      |
| Mauritania                       | 33.5 | 32.8         | 33.2 | 32.5 | 32.8       | 32.2        | 32.5         | 32          | 32.1 | 31.7      | 31.8 | 31.4      |
| Mauritius                        | 27   | 23.7         | 26.9 | 23.6 | 26.8       | 23.5        | 26.7         | 23.5        | 26.6 | 23.4      | 26.5 | 23.4      |
| Mozambique                       | 28.4 | 29.3         | 28.3 | 29.3 | 28.2       | 29.4        | 28.2         | 29.5        | 28.1 | 29.6      | 28.1 | 29.7      |
| Namibia                          | 29.3 | 29.4         | 29.1 | 29.2 | 28.9       | 29          | 28.7         | 28.8        | 28.4 | 28.6      | 28.2 | 28.4      |
| Niger                            | 31.8 | 35.2         | 31.7 | 35.3 | 31.6       | 35.4        | 31.5         | 35.6        | 31.4 | 35.7      | 31.3 | 35.8      |
| Nigeria<br>Rwanda                | 24.8 | 26.5         | 24.4 | 26.3 | 23.9       | 26          | 23.5         | 25.7        | 23.1 | 25.3      | 22.7 | 25        |
|                                  | 25.2 | 27.6         | 25.3 | 27.7 | 25.3       | 27.7        | 25.2         | 27.8        | 25.2 | 27.8      | 25.2 | 27.9      |
| Sao Tome and Principe            | 28.7 | 26.2         | 28.4 | 25.9 | 28         | 25.6        | 27.7         | 25.3        | 27.3 | 24.9      | 26.9 | 24.6      |
| Senegal<br>Seychelles            | 30.9 | 30.9         | 30.6 | 30.8 | 30.4       | 30.7        | 30.2         | 30.6        | 29.9 | 30.5      | 29.7 | 30.4      |
| Seychenes<br>Sierra Leone        | 27.4 | 21.1<br>31.8 | 27.2 | 20.9 | 27         | 20.7        | 26.8<br>29.8 | 20.5        | 26.6 | 20.4      | 26.4 | 20.2      |
| South Africa                     | 30.4 |              | 30.2 | 31.7 | 30<br>28.1 | 31.5        |              | 31.3        | 29.6 | 31.2      | 29.4 | 31        |
| South Anica                      | 28.5 | 27.6         | 28.3 | 27.3 | - 20.1     | 27          | 27.8         | 26.7        | 27.6 | 26.4<br>- | 27.4 | 26.1<br>- |
| Swaziland                        | 28.5 | 30.5         | 28.5 | 30.6 | 28.3       | 30.6        | 28.2         | 30.7        | 28.2 | 30.8      | 28.1 | 30.9      |
| Togo                             | 20.5 | 29.6         | 20.5 | 29.5 | 28.8       | 29.4        | 28.7         | 29.4        | 28.5 | 29.3      | 28.3 | 29.2      |
| Uganda                           | 29.2 | 29.0         | 29   | 29.5 | 26.0       | 29.4        | 26.3         | 29.4        | 26.5 | 29.3      | 26.7 | 29.2      |
| United Republic of Tanzania      | 26.3 | 27.5         | 25.9 | 20.9 | 26.5       | 27.6        | 26.5         | 27.3        | 26.6 | 27.5      | 26.6 | 27.7      |
| Zambia                           | 20.5 | 27.5         | 27.9 | 26.8 | 20.5       | 27.0        | 20.5         | 27.7        | 20.0 | 26.6      | 27.6 | 27.7      |
| Zimbabwe                         | 27.5 | 29.3         | 27.9 | 29.3 | 27.3       | 29.2        | 27.1         | 29.2        | 27.7 | 29.2      | 26.9 | 29.2      |
|                                  | ,.,  |              |      |      | ,          | ,. <u> </u> | ,            | ,. <u> </u> | -,   | ,         |      |           |

#### Table 38 Prevalence of raised blood glucose by country and year in the African Region

Table 39 Prevalence of raised total cholesterol among adults aged ≥25 years in the African Region, 2008

Female

41.4

31.8

21.4

38.9

18.8

20.2

24

24.8

23.7

19.2

25

30.7

22.8

17.6

41.8

21.5

21.5

44.2

22.5

20.6

20.6

18.4

27.2

24.1

17.8

24.8

24.9

20.3

22.9

46

25.9

34.5

16.5

19.4

24.6

19.7

22.9

55.3

17.6

38

-32.7

18.7

24

25.5

28.5

25.3

24.8 23.1

Both sexes

39.4

30.9

20.3

37.9

17.7

18.9

21.9

24.5

22.2

17.9

24

29

21

16.1

40.9

21.4

21.3

42.5

20.3

18.1

18.7

17

26.9

23

16.1

24.4

24.1

19.4

22.2

47.1

33.1

15.2

16.8

23

18.1

21.4

57.7

16.1

35.5

31.2

17.1

22.2

23.7

27.7

23.9

26

| ·                                | 2010 | 2014 |                                  | Male |
|----------------------------------|------|------|----------------------------------|------|
| Algeria                          | 9.1  | 10.5 | Algeria                          | 37.3 |
| Angola                           | 5    | 5.6  | Angola                           | 29.7 |
| Benin                            | 4.7  | 5.1  | Benin                            | 18.9 |
| Botswana                         | 5.4  | 6    | Botswana                         | 36.1 |
| Burkina Faso                     | 3.8  | 4.2  | Burkina Faso                     | 16.3 |
| Burundi                          | 2.3  | 2.6  | Burundi                          | 17.1 |
| Cabo Verde                       | 6.3  | 6.8  | Cabo Verde                       | 19.5 |
| Cameroon                         | 4.3  | 4.7  | Cameroon                         | 23.7 |
| Central African Republic         | 5.1  | 5.7  | Central African Republic         | 20.3 |
| Chad                             | 4.2  | 4.6  | Chad                             | 16.3 |
| Comoros                          | 5.1  | 5.9  | Comoros                          | 22.7 |
| Congo                            | 5.1  | 5.7  | Congo                            | 26.7 |
| Côte d'Ivoire                    | 4.7  | 5    | Côte d'Ivoire                    | 19.2 |
| Democratic Republic of the Congo | 3.8  | 4.3  | Democratic Republic of the Congo | 14.2 |
| Equatorial Guinea                | 6.7  | 7.6  | Equatorial Guinea                | 39.8 |
| Eritrea                          | 3    | 3.4  | Eritrea                          | 21   |
| Ethiopia                         | 3.5  | 3.8  | Ethiopia                         | 21   |
| Gabon                            | 7.6  | 8.1  | Gabon                            | 40.5 |
| The Gambia                       | 5.2  | 5.8  | The Gambia                       | 18.1 |
| Ghana                            | 4.5  | 4.8  | Ghana                            | 15.6 |
| Guinea                           | 4.3  | 4.7  | Guinea                           | 16.4 |
| Guinea-Bissau                    | 4.8  | 5.2  | Guinea-Bissau                    | 15.4 |
| Kenya                            | 3.5  | 4    | Kenya                            | 26.3 |
| Lesotho                          | 5.8  | 6    | Lesotho                          | 21.1 |
| Liberia                          | 5    | 5.6  | Liberia                          | 14.1 |
| Madagascar                       | 3.6  | 3.9  | Madagascar                       | 23.8 |
| Malawi                           | 4    | 4.3  | Malawi                           | 23.1 |
| Mali                             | 4.5  | 5    | Mali                             | 18   |
| Mauritania                       | 6.1  | 6.7  | Mauritania                       | 21.3 |
| Mauritius                        | 13.1 | 14.2 | Mauritius                        | 47.8 |
| Mozambique                       | 4.3  | 4.6  | Mozambique                       | 26.1 |
| Namibia                          | 5    | 5.4  | Namibia                          | 31.1 |
| Niger                            | 3.8  | 4.1  | Niger                            | 14.2 |
| Nigeria                          | 4    | 4.3  | Nigeria                          | 14   |
| Rwanda                           | 2.5  | 2.8  | Rwanda                           | 20.7 |
| Sao Tome and Principe            | -    | -    | Sao Tome and Principe            | 15.9 |
| Senegal                          | 4.8  | 5.1  | Senegal                          | 19.9 |
| Seychelles                       | 9.2  | 10.1 | Seychelles                       | 59.1 |
| Sierra Leone                     | 4.3  | 4.8  | Sierra Leone                     | 14.3 |
| South Africa                     | 9    | 9.8  | South Africa                     | 31.6 |
| South Sudan                      | -    | -    | South Sudan                      | -    |
| Swaziland                        | 6.1  | 6.6  | Swaziland                        | 29.2 |
| Тодо                             | 4.4  | 4.9  | Togo                             | 15.2 |
| Uganda                           | 2.5  | 2.8  | Uganda                           | 20   |
| United Republic of Tanzania      | 3.9  | 4.3  | United Republic of Tanzania      | 21.6 |
| Zambia                           | 3.9  | 4.2  | Zambia                           | 26.5 |
| Zimbabwe                         | 4.5  | 4.6  | Zimbabwe                         | 21.8 |
|                                  |      |      | African Dagion                   | 21.2 |
| Data source: WHO                 |      |      | African Region                   | 21.2 |

# 7.3 Prevalence of raised total cholesterol

Recent WHO estimates for blood cholesterol in the WHO African Region are not available but by 2008, up to 23.1% of adults  $\geq$ 25 years in the Region (range: 15.2% – 57.7%) had raised total blood cholesterol, defined as total blood cholesterol value  $\geq$  5.0 mmol/l. Given the current increase in rates of ischaemic heart disease and stroke in the Region, it can be assumed that the current rates of total blood cholesterol are considerably higher than they were in 2008 because there is a direct correlation between raised blood cholesterol and occurrence of ischaemic heart disease and stroke. Raised blood cholesterol is estimated to account for up to a third of global ischaemic heart diseases.

Figure 124 Percentage of adults ≥ 25 years with raised

Male-female difference was considerable, with the prevalence rate higher among females (24.8%) than males (21.2%). This difference was retained in all but two countries: Mauritius (males 47.8% and females (46.0%), and Seychelles (males 59.1%) and females (55.3%). Seychelles had the highest prevalence of raised total cholesterol (57.7%), followed by Mauritius (47.1%), Gabon (42.5%) and Equatorial Guinea (42.5%). The prevalence was lowest in Niger (15.2) followed by Sierra Leone, Liberia, and DRC (all at 16.1%).

# cholesterol in the African Region, 2008

Data source: WHO





Data source: WHO

# 7.4 Physical activity

Regular and moderately intense physical activity of at least 150 minutes in a week reduces the risk of noncommunicable diseases as well as mortality from other causes. It is estimated that people who have insufficient physical activity have a 20% to 30% increased risk of all-cause mortality compared to those who engage sufficient physical activity.

In 2010, the WHO African Region ranked second in physical activity after South-East Asia, with 79.1% of the population estimated to be physically active. This means that up to 20.9% of the African population or about 177 million people in the African Region were physically inactive in 2010; this is big! People in Mozambique were physically more active than elsewhere in the Region, with 94.2% of the population estimated to be physically active in 2010, followed by United Republic of Tanzania and Benin (93.1%), Lesotho (92.8%), Malawi (92.5%) and Guinea (90.1%). South Africa had the lowest percentage of people engaged in physical activity, with only 53.1% estimated to be physically active in 2010, followed by Mauritania (54.9%), Swaziland (63.2%), Algeria (65.6%), and Namibia (68.2%). Males in the African Region were more physically active than females, with 82.7% of males active compared to 75.6% of females.

# Table 40Percentage of adults 18+years who were<br/>physically inactive in the African Region, 2010

| physically mactiv                | e in the A  | mean negio  | 11, 2010    |
|----------------------------------|-------------|-------------|-------------|
|                                  | Male        | Female      | Both sexes  |
| Algeria                          | 27.7        | 41.2        | 34.4        |
| Angola                           | -           | -           | -           |
| Benin                            | 5.7         | 8.1         | 6.9         |
| Botswana                         | 21.7        | 32.6        | 27.2        |
| Burkina Faso                     | 15.9        | 20.9        | 18.4        |
| Burundi                          | -           | -           | -           |
| Cabo Verde                       | 22.8        | 38.7        | 30.7        |
| Cameroon                         | 13.5        | 25.7        | 19.6        |
| Central African Republic         | 10.8        | 13.3        | 12.0        |
| Chad                             | 21.7        | 27.4        | 24.6        |
| Comoros                          | 8.5         | 20.0        | 14.2        |
| Congo                            | 21.2        | 29.6        | 25.4        |
| Côte d'Ivoire                    | 18.0        | 27.1        | 22.6        |
| Democratic Republic of the Congo | 23.1        | 29.0        | 26.0        |
| Equatorial Guinea                | -           | -           | -           |
| Eritrea                          | 5.7         | 15.6        | 10.7        |
| Ethiopia                         | 14.0        | 23.9        | 18.9        |
| Gabon                            | 17.7        | 34.4        | 26.0        |
| The Gambia                       | 16.9        | 26.1        | 21.5        |
| Ghana                            | 13.1        | 18.0        | 15.6        |
| Guinea                           | 7.1         | 12.7        | 9.9         |
| Guinea-Bissau                    | -           | -           | -           |
| Kenya                            | 17.3        | 21.1        | 19.2        |
| Lesotho                          | 7.5         | 7.0         | 7.2         |
| Liberia                          | 24.5        | 30.6        | 27.5        |
| Madagascar                       | 13.7        | 22.2        | 17.9        |
| Malawi                           | 5.6         | 9.4         | 7.5         |
| Mali                             | 18.2        | 9.4<br>29.1 | 23.7        |
| Mauritania                       | 38.0        | 52.1        | 45.1        |
| Mauritius                        | 23.1        | 27.3        | 25.2        |
|                                  |             |             |             |
| Mozambique<br>Namibia            | 5.5         | 6.2         | 5.8         |
|                                  | 26.4        | 37.1        | 31.8        |
| Niger                            | 23.3        | 27.0        | 25.1        |
| Nigeria                          | 20.6        | 24.0        | 22.3        |
| Rwanda                           | 12.0        | 18.6        | 15.3        |
| Sao Tome and Principe            | 10.3        | 20.9        | 15.6        |
| Senegal                          | 21.0        | 29.0        | 25.0        |
| Seychelles                       | 19.3        | 22.3        | 20.8        |
| Sierra Leone                     | 10.5        | 17.9        | 14.2        |
| South Africa                     | 42.2        | 51.6        | 46.9        |
| South Sudan                      | -           | -           | -           |
| Swaziland                        | 32.8        | 40.8        | 36.8        |
| Togo                             | 9.9         | 11.0        | 10.4        |
| Uganda                           |             | -           | -           |
|                                  | -           |             |             |
| United Republic of Tanzania      | 6.1         | 7.6         | 6.9         |
|                                  | 6.1<br>17.3 | 7.6<br>23.7 | 6.9<br>20.5 |

Figure 126 Percent of adults  $\geq$  18 years with insufficient physical activity in the African Region, 2010



Data source: WHO

# Figure 127 Percent of adults $\geq$ 18 years with insufficient physical activity in the African Region, 2010



Data source: WHO

## 7.5 Prevalence of overweight and obesity

There has been a dramatic increase in the prevalence of overweight (BMI 25–29.9) and obesity (BMI 30 or higher) in the African Region. Since year 2000, the proportion of the population 18 years or older that is either overweight or obese has increased by up to 38.4%, from 28.4% in 2000 to 41.7% in 2016. In 2016, nearly half a billion people (428 527 965) in the African Region were either overweight or obese, assuming a constant prevalence rate in all population groups.

Women in the Region are twice as likely to be overweight or obese as males, a relative gap between males and females that has remained almost constant for decades: In 2016, 54.1% of women compared to 28.4% of males were either overweight or obese. The values were 42.7 % for women and 21.1% of males in 2006; 33.9% for women and 16.2% for males in 1996; and 25.3% for women and 11.8% for males in 1986.

The WHO estimates show huge disparities of overweight and obesity between countries in the Region, with the absolute gap between the country with the highest and the country with the lowest prevalence of obesity or overweight among adults 18 years or older being 61% for males and 56% for females. Prevalence of overweight and obesity was higher in middle than lower income countries. In 2016, Algeria was estimated to have the highest prevalence of overweight and obesity in the African Region, with 76% of the males and up to 90% of the females aged 18 years or older either overweight or obese. Ethiopia was estimated to have the lowest prevalence of overweight and obesity, with 15% of the males and 34% of the females aged 18+ years either overweight or obese.





Data source: WHO

# Figure 129 Percent of adults ≥ 18 years who were obese in the African Region, 2016



\*\*Obese: Body Mass Index ≥ 30 kg/m2







Figure 131 Trends in the prevalence of overweight and obesity in the African Region

# Figure 133 Prevalence of overweight and obesity by country in the African Region, 2014

Data source: WHO

Male

Female

## Table 41 Prevalence of overweight and obesity by year in the African Region

|                                  |      |      |      | Obesity |      |      |      |      |      | C    | )verweight |      |      |      |
|----------------------------------|------|------|------|---------|------|------|------|------|------|------|------------|------|------|------|
|                                  | 2010 | 2011 | 2012 | 2013    | 2014 | 2015 | 2016 | 2010 | 2011 | 2012 | 2013       | 2014 | 2015 | 2016 |
| Algeria                          | 23.3 | 24   | 24.7 | 25.3    | 26   | 26.7 | 27.4 | 57.4 | 58.2 | 59   | 59.8       | 60.5 | 61.3 | 62   |
| Angola                           | 6.2  | 6.5  | 6.8  | 7.1     | 7.5  | 7.9  | 8.2  | 23.6 | 24.2 | 24.8 | 25.5       | 26.2 | 26.8 | 27.5 |
| Benin                            | 7.6  | 7.9  | 8.2  | 8.6     | 8.9  | 9.3  | 9.6  | 26.1 | 26.6 | 27.2 | 27.8       | 28.4 | 28.9 | 29.5 |
| Botswana                         | 16.9 | 17.2 | 17.5 | 17.9    | 18.2 | 18.6 | 18.9 | 40.4 | 40.9 | 41.4 | 41.9       | 42.4 | 42.9 | 43.4 |
| Burkina Faso                     | 4    | 4.2  | 4.5  | 4.7     | 5    | 5.3  | 5.6  | 19.5 | 20.1 | 20.7 | 21.3       | 21.9 | 22.6 | 23.2 |
| Burundi                          | 4    | 4.2  | 4.4  | 4.6     | 4.9  | 5.1  | 5.4  | 19.1 | 19.6 | 20.1 | 20.6       | 21.1 | 21.6 | 22.2 |
| Cabo Verde                       | 9    | 9.4  | 9.8  | 10.2    | 10.6 | 11   | 11.4 | 29.8 | 30.4 | 31   | 31.7       | 32.3 | 33   | 33.6 |
| Cameroon                         | 9.6  | 9.9  | 10.3 | 10.7    | 11   | 11.4 | 11.8 | 31   | 31.6 | 32.3 | 32.9       | 33.5 | 34.2 | 34.8 |
| Central African Republic         | 5.9  | 6.1  | 6.4  | 6.6     | 6.9  | 7.2  | 7.5  | 23   | 23.5 | 24   | 24.6       | 25.1 | 25.6 | 26.2 |
| Chad                             | 4.7  | 4.9  | 5.1  | 5.3     | 5.6  | 5.8  | 6.1  | 20.2 | 20.7 | 21.1 | 21.6       | 22.1 | 22.6 | 23.1 |
| Comoros                          | 6.2  | б.4  | 6.7  | 6.9     | 7.2  | 7.5  | 7.8  | 24.1 | 24.6 | 25.1 | 25.6       | 26.1 | 26.6 | 27.1 |
| Congo                            | 7.7  | 8    | 8.3  | 8.6     | 8.9  | 9.2  | 9.6  | 27.4 | 28   | 28.6 | 29.1       | 29.7 | 30.3 | 30.9 |
| Côte d'Ivoire                    | 7.9  | 8.3  | 8.7  | 9       | 9.4  | 9.8  | 10.3 | 27.6 | 28.2 | 28.9 | 29.6       | 30.3 | 30.9 | 31.6 |
| Democratic Republic of the Congo | 5.1  | 5.3  | 5.6  | 5.9     | 6.1  | 6.4  | 6.7  | 21.8 | 22.4 | 23   | 23.5       | 24.1 | 24.7 | 25.3 |
| Equatorial Guinea                | 6.3  | 6.5  | 6.8  | 7.1     | 7.4  | 7.7  | 8    | 23.6 | 24.1 | 24.6 | 25.1       | 25.6 | 26.1 | 26.7 |
| Eritrea                          | 3.7  | 3.9  | 4.1  | 4.3     | 4.5  | 4.8  | 5    | 19   | 19.5 | 20   | 20.5       | 21   | 21.5 | 22   |
| Ethiopia                         | 3.3  | 3.4  | 3.6  | 3.8     | 4    | 4.3  | 4.5  | 18   | 18.5 | 18.9 | 19.4       | 19.9 | 20.4 | 20.9 |
| Gabon                            | 12.8 | 13.2 | 13.5 | 13.9    | 14.3 | 14.6 | 15   | 36.8 | 37.4 | 37.9 | 38.5       | 39.1 | 39.6 | 40.2 |
| The Gambia                       | 8    | 8.4  | 8.7  | 9.1     | 9.5  | 9.9  | 10.3 | 27.7 | 28.4 | 29.1 | 29.8       | 30.5 | 31.2 | 31.9 |
| Ghana                            | 8.7  | 9.1  | 9.4  | 9.8     | 10.1 | 10.5 | 10.9 | 28.3 | 29   | 29.6 | 30.2       | 30.8 | 31.4 | 32   |
| Guinea                           | 5.9  | 6.2  | 6.4  | 6.7     | 7    | 7.4  | 7.7  | 23.3 | 23.8 | 24.4 | 24.9       | 25.5 | 26.1 | 26.6 |
| Guinea-Bissau                    | 7.2  | 7.6  | 7.9  | 8.3     | 8.7  | 9.1  | 9.5  | 25.9 | 26.6 | 27.2 | 27.9       | 28.6 | 29.3 | 29.9 |
| Kenya                            | 5.4  | 5.6  | 5.9  | 6.2     | 6.5  | 6.8  | 7.1  | 22.1 | 22.6 | 23.2 | 23.7       | 24.3 | 24.9 | 25.5 |
| Lesotho                          | 14.1 | 14.5 | 14.9 | 15.3    | 15.7 | 16.2 | 16.6 | 35   | 35.7 | 36.3 | 36.9       | 37.5 | 38.1 | 38.7 |
| Liberia                          | 8    | 8.3  | 8.6  | 8.9     | 9.2  | 9.6  | 9.9  | 27.5 | 28.1 | 28.6 | 29.2       | 29.8 | 30.4 | 30.9 |
| Madagascar                       | 3.9  | 4.1  | 4.3  | 4.5     | 4.8  | 5.1  | 5.3  | 20.5 | 21   | 21.5 | 22.1       | 22.7 | 23.3 | 23.9 |
| Malawi                           | 4.4  | 4.6  | 4.8  | 5       | 5.3  | 5.5  | 5.8  | 20.5 | 21   | 21.5 | 21.9       | 22.4 | 22.9 | 23.4 |
| Mali                             | 6.5  | 6.8  | 7.2  | 7.5     | 7.9  | 8.2  | 8.6  | 24.1 | 24.7 | 25.4 | 26         | 26.7 | 27.4 | 28.1 |
| Mauritania                       | 10.3 | 10.6 | 11   | 11.4    | 11.8 | 12.3 | 12.7 | 30.5 | 31.1 | 31.8 | 32.4       | 33.1 | 33.7 | 34.4 |
| Mauritius                        | 9.1  | 9.3  | 9.6  | 9.9     | 10.2 | 10.5 | 10.8 | 29.8 | 30.2 | 30.6 | 31         | 31.4 | 31.9 | 32.3 |
| Mozambique                       | 5.7  | 5.9  | 6.1  | 6.4     | 6.7  | 6.9  | 7.2  | 23.4 | 23.9 | 24.4 | 24.9       | 25.4 | 25.9 | 26.4 |
| Namibia                          | 14   | 14.6 | 15.1 | 15.6    | 16.1 | 16.7 | 17.2 | 35.8 | 36.6 | 37.4 | 38.2       | 39   | 39.8 | 40.6 |
| Niger                            | 4.1  | 4.3  | 4.5  | 4.8     | 5    | 5.2  | 5.5  | 19.1 | 19.5 | 20   | 20.5       | 21   | 21.5 | 22   |
| Nigeria                          | 6.7  | 7    | 7.4  | 7.7     | 8.1  | 8.5  | 8.9  | 24.9 | 25.6 | 26.2 | 26.9       | 27.6 | 28.3 | 28.9 |
| Rwanda                           | 4.2  | 4.5  | 4.7  | 5       | 5.3  | 5.6  | 5.8  | 21.4 | 22   | 22.6 | 23.2       | 23.8 | 24.5 | 25.1 |
| Sao Tome and Principe            | 10   | 10.3 | 10.7 | 11.2    | 11.6 | 12   | 12.4 | 31.4 | 32.1 | 32.7 | 33.4       | 34.1 | 34.7 | 35.4 |
| Senegal                          | 7.1  | 7.3  | 7.6  | 7.9     | 8.2  | 8.5  | 8.8  | 25.2 | 25.7 | 26.2 | 26.8       | 27.3 | 27.8 | 28.4 |
| Seychelles                       | 11.7 | 12   | 12.4 | 12.8    | 13.2 | 13.5 | 14   | 33.4 | 34   | 34.5 | 35.1       | 35.7 | 36.2 | 36.8 |
| Sierra Leone                     | 6.8  | 7.1  | 7.4  | 7.7     | 8    | 8.3  | 8.7  | 24.5 | 25   | 25.5 | 26.1       | 26.6 | 27.2 | 27.7 |
| South Africa                     | 25.1 | 25.6 | 26.1 | 26.7    | 27.2 | 27.8 | 28.3 | 49.9 | 50.6 | 51.2 | 51.9       | 52.5 | 53.2 | 53.8 |
| South Sudan                      | -    | -    | -    | -       | -    | -    | -    | -    | -    | -    | -          | -    | -    | -    |
| Swaziland                        | 14.1 | 14.5 | 14.9 | 15.3    | 15.7 | 16.1 | 16.5 | 35.1 | 35.7 | 36.2 | 36.8       | 37.3 | 37.9 | 38.4 |
| Тодо                             | 6.5  | 6.8  | 7.1  | 7.4     | 7.8  | 8.1  | 8.4  | 24.6 | 25.2 | 25.8 | 26.3       | 26.9 | 27.5 | 28.1 |
| Uganda                           | 3.9  | 4.1  | 4.3  | 4.5     | 4.8  | 5    | 5.3  | 19.4 | 19.9 | 20.4 | 20.9       | 21.4 | 21.9 | 22.4 |
| United Republic of Tanzania      | 6.3  | 6.6  | 6.9  | 7.3     | 7.6  | 8    | 8.4  | 23.8 | 24.4 | 25.1 | 25.7       | 26.4 | 27   | 27.7 |
| Zambia                           | 6.3  | 6.5  | 6.8  | 7.1     | 7.4  | 7.7  | 8.1  | 24.5 | 25   | 25.6 | 26.1       | 26.7 | 27.3 | 27.8 |
| Zimbabwe                         | 13.8 | 14.1 | 14.3 | 14.6    | 14.9 | 15.2 | 15.5 | 35.7 | 36.2 | 36.6 | 37         | 37.3 | 37.7 | 38.2 |
| Africa                           | 8.7  | 9    | 9.3  | 9.6     | 10.3 | 9.9  | 10.6 | 27.8 | 28.3 | 28.9 | 29.4       | 30.5 | 30   | 31.1 |

## Table 42 Prevalence of overweight and obesity by sex in the African Region

|                                  | 2011 |      | 2012 | 2     | 201  | 3     | 2014 | 1     | 201  | 5     | 2016 |      |
|----------------------------------|------|------|------|-------|------|-------|------|-------|------|-------|------|------|
|                                  | М    | F    | М    | F     | М    | F     | М    | F     | м    | F     | М    | F    |
| Algeria                          | 69.9 | 94.5 | 71.4 | 95.9  | 73   | 97.2  | 74.6 | 98.5  | 76.2 | 99.7  | 77.7 | 101  |
| Angola                           | 19.5 | 40.8 | 20.3 | 42.1  | 21   | 43.2  | 21.9 | 44.5  | 22.7 | 45.7  | 23.5 | 47   |
| Benin                            | 22.4 | 45.5 | 23   | 46.7  | 23.7 | 47.8  | 24.4 | 49    | 25.2 | 50.3  | 25.9 | 51.5 |
| Botswana                         | 33.5 | 80.8 | 34.3 | 81.9  | 35.2 | 82.8  | 36   | 83.8  | 36.9 | 84.9  | 37.8 | 85.8 |
| Burkina Faso                     | 15.5 | 31.5 | 16.1 | 32.6  | 16.7 | 33.8  | 17.3 | 34.9  | 18   | 36.1  | 18.7 | 37.3 |
| Burundi                          | 14   | 33.1 | 14.4 | 34.2  | 14.8 | 35.3  | 15.2 | 36.4  | 15.6 | 37.5  | 16   | 38.7 |
| Cabo Verde                       | 27.1 | 52   | 27.9 | 53.2  | 28.7 | 54.4  | 29.5 | 55.6  | 30.4 | 56.9  | 31.3 | 58.1 |
| Cameroon                         | 29.6 | 51.9 | 30.4 | 53.1  | 31.4 | 54.2  | 32.3 | 55.4  | 33.4 | 56.6  | 34.4 | 57.7 |
| Central African Republic         | 19.2 | 39   | 19.6 | 40.1  | 20.2 | 41    | 20.8 | 42    | 21.4 | 43.1  | 22   | 44.1 |
| Chad                             | 16.7 | 33.8 | 17.1 | 34.7  | 17.5 | 35.7  | 18.1 | 36.7  | 18.5 | 37.6  | 19.1 | 38.7 |
| Comoros                          | 19.3 | 42.2 | 19.7 | 43.3  | 20.2 | 44.4  | 20.6 | 45.5  | 21   | 46.7  | 21.5 | 47.9 |
| Congo                            | 25.5 | 45.9 | 26.3 | 46.9  | 27.1 | 47.9  | 28   | 48.9  | 28.8 | 49.9  | 29.7 | 50.9 |
| Côte d'Ivoire                    | 25.9 | 48.6 | 26.8 | 49.8  | 27.6 | 51    | 28.4 | 52.3  | 29.4 | 53.5  | 30.3 | 54.7 |
| Democratic Republic of the Congo | 18.3 | 36.5 | 18.8 | 37.4  | 19.5 | 38.5  | 20.2 | 39.6  | 20.8 | 40.6  | 21.6 | 41.7 |
| Equatorial Guinea                | 19.7 | 42.7 | 20.2 | 43.7  | 20.8 | 44.8  | 21.3 | 45.8  | 21.9 | 47    | 22.5 | 48.1 |
| Eritrea                          | 14.6 | 30.8 | 15   | 31.7  | 15.4 | 32.7  | 15.9 | 33.8  | 16.3 | 34.8  | 16.7 | 35.9 |
| Ethiopia                         | 13.4 | 30   | 13.7 | 31    | 14.1 | 31.8  | 14.5 | 32.9  | 14.9 | 33.9  | 15.3 | 34.9 |
| Gabon                            | 38.4 | 62.3 | 39.4 | 63.2  | 40.4 | 64.1  | 41.3 | 65    | 42.4 | 65.9  | 43.3 | 66.7 |
| The Gambia                       | 25.7 | 47.8 | 26.5 | 49    | 27.4 | 50.1  | 28.3 | 51.3  | 29.1 | 52.5  | 30.1 | 53.7 |
| Ghana                            | 23   | 51.5 | 23.7 | 52.8  | 24.4 | 54    | 25.2 | 55.2  | 25.9 | 56.4  | 26.6 | 57.6 |
| Guinea                           | 19.4 | 40.1 | 20   | 41.2  | 20.5 | 42.3  | 21.1 | 43.4  | 21.8 | 44.5  | 22.4 | 45.7 |
| Guinea-Bissau                    | 23   | 44.6 | 23.8 | 45.9  | 24.6 | 47.1  | 25.5 | 48.3  | 26.3 | 49.6  | 27.2 | 50.9 |
| Kenya                            | 16.4 | 39.3 | 17   | 40.5  | 17.4 | 41.6  | 17.9 | 42.9  | 18.4 | 44.1  | 18.9 | 45.4 |
| Lesotho                          | 22   | 72.9 | 22.7 | 74.5  | 23.4 | 76    | 24.1 | 77.4  | 25   | 78.9  | 25.7 | 80.4 |
| Liberia                          | 25   | 47   | 25.7 | 48.1  | 26.5 | 49.1  | 27.2 | 50.3  | 27.9 | 51.3  | 28.7 | 52.5 |
| Madagascar                       | 17.7 | 32.1 | 18.2 | 33    | 18.8 | 34    | 19.4 | 35    | 20   | 36.1  | 20.7 | 37.1 |
| Malawi                           | 15.1 | 35.3 | 15.5 | 36.3  | 15.8 | 37.4  | 16.2 | 38.4  | 16.6 | 39.5  | 17   | 40.6 |
| Mali                             | 20.8 | 41.1 | 21.7 | 42.4  | 22.4 | 43.7  | 23.2 | 45    | 24   | 46.3  | 24.9 | 47.5 |
| Mauritania                       | 28.1 | 54.6 | 28.9 | 55.8  | 29.8 | 57.2  | 30.7 | 58.4  | 31.6 | 59.6  | 32.6 | 60.8 |
| Mauritius                        | 27.5 | 50.7 | 28   | 51.6  | 28.4 | 52.5  | 28.9 | 53.5  | 29.4 | 54.4  | 29.9 | 55.5 |
| Mozambique                       | 18.8 | 39   | 19.3 | 40    | 19.7 | 41    | 20.2 | 42    | 20.7 | 43    | 21.3 | 44.1 |
| Namibia                          | 28.7 | 69.8 | 29.9 | 71.3  | 31   | 72.8  | 32.2 | 74.4  | 33.5 | 75.8  | 34.7 | 77.3 |
| Niger                            | 14.8 | 33.1 | 15.3 | 34.1  | 15.7 | 35.2  | 16.1 | 36.1  | 16.5 | 37.2  | 17.1 | 38.4 |
| Nigeria                          | 22.3 | 42.8 | 23   | 44    | 23.9 | 45.3  | 24.6 | 46.6  | 25.4 | 47.8  | 26.3 | 49.2 |
| Rwanda                           | 14.9 | 36.7 | 15.4 | 37.9  | 15.9 | 39.1  | 16.4 | 40.3  | 16.9 | 41.6  | 17.5 | 42.8 |
| Sao Tome and Principe            | 30.5 | 52.6 | 31.5 | 53.8  | 32.4 | 55    | 33.4 | 56.2  | 34.4 | 57.4  | 35.4 | 58.5 |
| Senegal                          | 20.6 | 43.4 | 21.2 | 44.5  | 21.6 | 45.5  | 22.2 | 46.6  | 22.9 | 47.7  | 23.5 | 48.8 |
| Seychelles                       | 32.2 | 59.7 | 32.9 | 60.8  | 33.6 | 62    | 34.4 | 63.2  | 35.3 | 64.4  | 36.1 | 65.6 |
| Sierra Leone                     | 20   | 43.5 | 20.5 | 44.7  | 21   | 45.8  | 21.6 | 46.9  | 22.3 | 48.1  | 22.9 | 49.3 |
| South Africa                     | 48.9 | 99.5 | 50.2 | 100.5 | 51.6 | 101.7 | 53   | 102.8 | 54.4 | 103.9 | 55.9 | 105  |
| South Sudan                      |      |      |      |       |      |       |      |       |      |       |      |      |
| Swaziland                        | 24.4 | 72.2 | 25   | 73.5  | 25.6 | 74.9  | 26.2 | 76.2  | 26.9 | 77.5  | 27.6 | 78.8 |
| Togo                             | 20.3 | 42.4 | 20.9 | 43.6  | 21.5 | 44.7  | 22.2 | 45.9  | 22.8 | 47    | 23.5 | 48.3 |
| Uganda                           | 13.7 | 34.1 | 14.1 | 35.1  | 14.3 | 36.2  | 14.7 | 37.2  | 15.1 | 38.3  | 15.5 | 39.5 |
| United Republic of Tanzania      | 20.1 | 41.4 | 20.7 | 42.8  | 21.3 | 44.1  | 22   | 45.4  | 22.7 | 46.7  | 23.6 | 48.2 |
| Zambia                           | 19.6 | 43   | 20.2 | 44.1  | 20.7 | 45.3  | 21.4 | 46.4  | 22   | 47.6  | 22.6 | 48.7 |
| Zimbabwe                         | 24.4 | 73   | 24.8 | 74.1  | 25.3 | 75    | 25.9 | 76.1  | 26.3 | 77    | 26.9 | 78.1 |
| Africa                           | 24.9 | 48.9 | 25.5 | 50    | 26.3 | 51    | 27.6 | 53.1  | 26.9 | 52.1  | 28.4 | 54.1 |
|                                  |      |      |      |       |      |       |      |       |      |       |      |      |

Data source: WHO, 2011–2016

# 7.6 Tobacco use

Levels of tobacco smoking in the African Region vary from country to country but are very high, especially among males. In 2015 for instance, the percentage of people 15+ years in the Region who said they smoke tobacco ranged from 3.1% to 20.6% with a median of 10.3%. Lesotho had the highest percentage of the population 15+ years that said they smoke tobacco in 2015, followed by Sierra Leone (19.4%), Republic of Congo (17.4%), Namibia (17.2%), and South Africa (17.0%). Ghana had the lowest rates, followed by Ethiopia (3.2), Nigeria (4.6%), and Niger (4.7%).

Differences in tobacco smoking between males and females were considerably high. In 12 countries in the Region for instance (Niger, Eritrea, Ghana, Ethiopia, Lesotho, Senegal, Nigeria, Algeria, Benin, The Gambia, Kenya, and Togo), tobacco is smoked predominantly by males, with rates of tobacco use among females ranging from 0.1% to 0.7% only. In Lesotho, males smoked tobacco up to 129 times more frequently than females. Similarly in Niger, males were 110 times more likely to smoke tobacco than females. According to the 2014 Global report on tobacco use, 12% of all deaths among adults aged 30 years are attributable to tobacco use<sup>1</sup>. The attributable risk of tobacco use for some diseases is considerably high: up to 71% of all lung cancer deaths and 42% of all chronic obstructive pulmonary diseases are attributed to tobacco use. These statistics should greatly concern all governments in the Region. Special efforts are therefore required to reduce the rates of tobacco use in order to reduce the morbidity and mortality associated with use and exposure to tobacco, including acceleration of implementation of Framework Convention on Tobacco Control. As part of the Framework Convention on Tobacco Control, a few countries such as Swaziland have introduced high taxes on alcohol and tobacco products and promulgated, as an act of parliament, the Tobacco Products Control Act. The STEPS survey done in 2014 in Swaziland which formed the basis for the WHO estimate found that 6% of adults aged 15-69 years in Swaziland use tobacco. It would be interesting to see the impact of such interventions in subsequent analyses; this will require strengthening efforts for data collection on tobacco use as well as on other NCD risk factors.



# Figure 134 Percent individuals ≥15 years who used tobacco in the African Region, 2015

Figure 135 Percent individuals ≥15 years who used tobacco by sex in the African Region, 2015



Data source: WHO

<sup>1</sup> WorldHealthOrganization2012.Mortalityattributabletotobacco.Availableonlineat:http://apps.who.int/iris/bitstream/10665/44815/1/9789241564434\_ eng.pdf accessed on 19th Oct 2017

## Table 43 Age-standardized prevalence estimates for daily tobacco smoking among persons aged 15 years and above

|                                  | Male | Female | Both sexes |
|----------------------------------|------|--------|------------|
| Algeria                          | 23.8 | 0.5    | 12.2       |
| Angola                           | -    | -      | -          |
| Benin                            | 10.4 | 0.5    | 5.4        |
| Botswana                         | 27.8 | 4.7    | 16.2       |
| Burkina Faso                     | 20.2 | 1.6    | 10.7       |
| Burundi                          | -    | -      | -          |
| Cabo Verde                       | 12.9 | 1.8    | 7.2        |
| Cameroon                         | -    | -      | -          |
| Central African Republic         | -    | -      | -          |
| Chad                             | -    | -      | -          |
| Comoros                          | 20.0 | 3.7    | 11.9       |
| Congo                            | 33.8 | 1.1    | 17.4       |
| Côte d'Ivoire                    | -    | -      | -          |
| Democratic Republic of the Congo | -    | -      | -          |
| Equatorial Guinea                | -    | -      | -          |
| Eritrea                          | 9.4  | 0.2    | 4.7        |
| Ethiopia                         | 6.1  | 0.2    | 3.2        |
| Gabon                            | -    | -      | -          |
| The Gambia                       | 25.5 | 0.5    | 12.7       |
| Ghana                            | 6.1  | 0.2    | 3.1        |
| Guinea                           | -    | -      | -          |
| Guinea-Bissau                    | -    | -      | -          |
| Kenya                            | 16.4 | 0.7    | 8.5        |
| Lesotho                          | 41.6 | 0.3    | 20.6       |
| Liberia                          | 14.7 | 1.2    | 7.9        |
| Madagascar                       | -    | -      | -          |
| Malawi                           | 19.2 | 3.0    | 11.0       |
| Mali                             | 18.3 | 1.3    | 9.8        |
| Mauritania                       | -    | -      | -          |
| Mauritius                        | 31.2 | 1.5    | 16.0       |
| Mozambique                       | 23.5 | 3.7    | 13.2       |
| Namibia                          | 27.6 | 7.7    | 17.2       |
| Niger                            | 10.2 | 0.1    | 5.1        |
| Nigeria                          | 8.6  | 0.5    | 4.6        |
| Rwanda                           | 17.0 | 3.7    | 9.9        |
| Sao Tome and Principe            | -    | -      | -          |
| Senegal                          | 14.1 | 0.3    | 6.9        |
| Seychelles                       | 28.3 | 4.6    | 16.6       |
| Sierra Leone                     | 33.1 | 6.2    | 19.4       |
| South Africa                     | 27.8 | 6.7    | 17.0       |
| South Sudan                      | -    | -      | -          |
| Swaziland                        | 11.6 | 1.3    | 6.3        |
| Togo                             | 11.2 | 0.7    | 5.8        |
| Uganda                           | 11.3 | 2.1    | 6.7        |
| United Republic of Tanzania      | 20.7 | 2.2    | 11.3       |
| Zambia                           | 17.2 | 2.2    | 9.6        |
| Zimbabwe                         | 22.9 | 1.2    | 11.8       |
| Data source: W/UO_2015           |      |        |            |

## 7.7 Alcohol use

It is estimated that, every year, harmful alcohol use results in 3.3 million deaths globally. According to the global status report on alcohols (2014), in 2012, alcohol accounted for up to 5.9% of all deaths and 5.1% of the global burden of diseases and injury<sup>2</sup>. In the African Region, total recorded and unrecorded alcohol per capita consumption among people aged 15+ years ranges from o.I litres to 11.8 litres, with a median of 5.3 litres. Namibia and Uganda have the highest total alcohol per capita consumption (11.8 litres), followed by Equatorial Guinea (11.6litres), Rwanda (11.5litres), and South Africa (11.2litres). Total alcohol per capita consumption is lowest in Mauritania (0.1 litres), followed by Comoros (0.2litres), Senegal and Niger (0.5 litres), Guinea (0.8), Algeria (1.0 litres), Mali and Eritrea (1.2 litres). Most of these countries with the lowest total per capita alcohol consumption have large population of the Islamic faith.





Figure 137 Per capita alcohol consumption among people ≥15 years by sex in the African Region, 2015



Data source: WHO, 2016

<sup>2</sup> World Health Organization 2014. Global status report on alcohol and health. Available online at: http://apps.who.int/iris/ bitstream/10665/112736/1/9789240692763\_eng.pdf accessed on 19th Oct 2017

# 7.8 Road traffic injuries

The burden of injuries has been recognised by the global community as an impediment to sustainable development and therefore included in the SDGs. Injuries account for up to 10% of deaths worldwide. According to WHO, approximately 5 million people die each year from injuries and violence, with 90% of the deaths occurring in lower-middle income countries (LMICs)<sup>3</sup>. The 2013 Global Health Estimates show that road traffic accidents accounted for the largest share of deaths from injuries (29.1%), followed by self-harm (17.6%), falls (11.6%), and interpersonal violence (8.5%).

Road traffic accidents are a major public health problem in the African Region. In 2013 for instance, the absolute number of deaths from road traffic accidents was greater than 10,000 in 7 countries: Democratic Republic of Congo, Ethiopia, Kenya, Nigeria, South Africa, Tanzania, and Uganda. Projections show that road traffic injuries will be the 7th leading cause of death in the Region, up from the 9th position in 2012.

Figure 138 Number of road traffic deaths in the African Region

The high number of road traffic accidents in the African Region is a function of the interaction between several factors including poor state of roads, poor state of vehicles, increasing number of vehicles, ill trained or untrained drivers, over speeding, drink-driving, and suboptimal enforcement of traffic laws. In 2013 for instance, most countries in the Region (94%) had policies for road safety but institutional frameworks and legislation on road safety were available in only 57% and 58% of the countries, respectively.

WHO is working with partners - governmental and nongovernmental - around the world to raise the profile of the preventability of road traffic injuries and promote good practice related to addressing key behaviour risk factors – speed, drink-driving, the use of motorcycle helmets, seat-belts and child restraints.

# Figure 139 Reported distribution of road traffic deaths by type of user in the African Region





Figure 140 Proportion of countries with guidelines or legislation for road safety in the African Region



Data source: WHO, 2013

Data source: WHO, 2013

<sup>3</sup> World Health Organization, Global Health Estimates Summary Tables: DALYs by cause, age and sex. Geneva: WHO, 2013.



# Figure 141 Registered vehicles per 100 000 population in the African Region

Data source: WHO 2014

#### Figure 142 Road traffic death per 100 000 population vs registered vehicles per 100 population in the African Region



# 7.9 Mental health



# Figure 143 Crude suicide rate per 100 000 population in the African Region

Data source: WHO, 2015

# Figure 145 Crude suicide rate per 100 000 population in the African Region



Data source: WHO, 2000-2015

# Figure 146 Crude suicide rate (per 100 000 population) by WHO region



Data source: WHO, 2015

| Sierra Leone      | 9.83 20.96      |
|-------------------|-----------------|
| Cote divoire      | 4 9.76 26.12    |
| Entrea            | 3.01 10.43      |
| Owaziland         | 7.5 21.99       |
| Equatorial Guinea | é 11.29 33.28 t |
| Angola            | 11.59 29.5      |
| Mail              | 1 7.64          |
| Lesotho           | 6.03 14.77      |
| Madagascar        | 245 6.67        |
| CAR               | 26.76           |
| Burkina Faso      | 6.32 12.18      |
| Mozampique        | 4.57 12.34      |
| Chad              | 4.50 12.9       |
| Comoros           | 1 9.58          |
| Mauntius          | 3.72 15.08      |
| Cameroon          | 18.33           |
| тодо              | 4 5 35 13.78    |
| Benin             | 5.47 13.24      |
| Uganda            | 4.44 9.86       |
| Burundi           | 3.94 12.24      |
| Ghana             | 2.93            |
| Rwanda            | 15.52           |
| Ngerta            | 6.13 13.6       |
| Gambia            | 4.12 6.35       |
| Guinea            | 10.4            |
| DR Congo          | 5.54 13.69      |
| Marawi            | 2.53 8.47       |
| Ethiopia          | 3.75 13.06      |
| Nambia            | 4 1171          |
| Gunea-Bissau      | 3.76 8.80       |
| Botswana          |                 |
| Maurtania         | 4.62            |
| Zimbabwe          | 5.55 1 15.63    |
| Gao Tome          | 5.55 1 15.63    |
| Senegal           | 2.95 9.27       |
| UR of Tanzania    | 10.42           |
|                   | 272 10.33       |
| Kenya             |                 |
| Congo             | 4.04            |
| Niger             | 274             |
| Zamola            | 4 0.73          |
| Libena            | 2.84            |
| Gabon             | 6.09 11.56      |
| Cabo Verde        |                 |

Female

Data source: WHO, 2015

# in the African Region

Figure 144 Crude suicide rate per 100 000 population by sex

# Chapter 8. Health emergencies and interventions

SDG Target 11.6: By 2030, reduce the adverse per capita environmental impact of cities, including by paying special attention to air quality and municipal and other waste management.

SDG Target 13.1: Strengthen resilience and adaptative capacity to climate-related hazards and natural disasters in all countries.

SDG Target 16.1: Significantly reduce all forms of violence and related deaths everywhere.



Figure 147 Mortality rate attributed to household and ambient





Data source: WHO, 2012

| Africa                           | 13 838 |
|----------------------------------|--------|
| Nigeria                          | 5 648  |
| Democratic Republic of the Congo | 1 391  |
| Central African Republic         | 1 254  |
| Congo                            | 1 103  |
| Uganda                           | 742    |
| Mali                             | 651    |
| Algeria                          | 397    |
| Kenya                            | 276    |
| Ethiopia                         | 199    |
| Côte d'Ivoire                    | 114    |
| Rwanda                           | 81     |
| Niger                            | 40     |
| South Africa                     | 27     |
| United Republic of Tanzania      | 27     |
| Guinea                           | 25     |
| Senegal                          | 15     |
| Chad                             | 14     |
| Mozambique                       | 14     |
| Mauritania                       | 12     |
| Madagascar                       | 12     |
| Burkina Faso                     | 9      |
| Zimbabwe                         | 8      |
| Eritrea                          | 3      |
| Guinea-Bissau                    | 1      |
|                                  |        |

Estimated number of direct deaths from major

## Table 44Average number of death from natural disasters

Africa 495 Nigeria 91 Mozambique 56 Ghana 55 Madagascar 48 Kenya 46 Niger 40 Democratic Republic of the Congo 39 Malawi 34 Zimbabwe 31 South Africa 27 United Republic of Tanzania 27 Angola 25 Namibia 22 Uganda 20 Côte d'Ivoire 11 Burkina Faso 9 Mali 9 Senegal 8 Chad 7 Rwanda 6 Benin 5 Lesotho 4 Sierra Leone 3 Swaziland 3 Mauritius 3 Congo 2 Botswana 2 Maurinatia 2 The Gambia 1

Data source: WHO, 2011-2015

Table 45

conflicts

# Chapter 9. Health systems and services

## 9.1 Service availability and readiness

The concept of service availability and readiness assessment (SARA) was developed by World Health Organization and other collaborating partners to assess whether a health care facility meets the required conditions to support the provision of basic or specific services. Service availability refers to the physical presence of the delivery of services, and service readiness refers to the capacity or ability of health care facilities to offer services.

Service availability is a measure of health care access, and service readiness is a proxy indicator for health care quality and safety. Distinction is made between general service readiness and service-specific readiness. General service readiness refers to the overall capacity or ability of a health care facility to offer general services – measured through the availability of items of basic amenities, basic equipment, essential medicines, standard precautions for infection prevention and control, and diagnostic capacity. Service-specific readiness meanwhile refers to the ability of health facilities to offer a specific service, and the capacity to offer that service measured through

## General service readiness

Assessment of general service readiness is based on the availability of 63 items that are considered to be particularly important and that are enquired about during the SARA surveys. The items are grouped into five domains: basic amenities (7 items), basic equipment (6 items), standard precaution for infection prevention and control (9 items), diagnostic capacity (8 items) and essential medicines (33 items).

During the period 2013–2017, the general service readiness index, which is a composite index of the items of general

the availability of items such as trained staff, guidelines, equipment, laboratory services and medicines.

The assessment of readiness is based not on all items that can be used to offer a service but on a selection of basic items that are particularly important for offering the service. In SARA surveys, such items are referred to as "tracer items", that is, a limited number of items used to give a general indication of readiness. Assessment of service-specific readiness is done only among facilities that report offering the service.

Service availability and readiness is central to efforts for achieving UHC and attaining the SDGs. Consequently, monitoring the availability and readiness of services has recently become one of the key performance indicators for the WHO Regional Office for Africa. This means, countries in the Region are required to conduct facility assessment surveys every one or two years to provide data. The assessment of service availability and readiness in the Atlas uses the most recent SARA data in each country. It covers the period 2013–2017, with data available for 17 of the 47 countries in the Region.

services in the 17 countries, ranged from 43% in Ethiopia to 77% in Kenya. This means that Ethiopia had only 43% of the items that are particularly important for providing general services and that were enquired about during the survey, and Kenya had 77%. The availability of essential medicines and diagnostics was generally low across the 17 countries, with the availability ranging from 26% (in Ethiopia) to 73% (in Kenya) for essential medicines; and from 27% (in the Democratic Republic of the Congo) to 68% (in Zimbabwe) for diagnostics.

#### Figure 149 General service readiness in the African Region



Data source: SARA surveys, 2013 - 2017

#### Table 46 Readiness to provide general services in 17 countries in the African Region

|                          |                 |                 | Readine  | ess Domain  |                     |                                    |
|--------------------------|-----------------|-----------------|--|-------------|---------------------|------------------------------------|
|                          | Basic amenities | Basic equipment | Standard precau-<br>tions for infection<br>prevention and<br>control | Diagnostics | Essential medicines | General Service<br>Readiness Index |
| Zimbabwe 2015            | 81              | 88              | 84   | 68          | 48                  | 74                                 |
| Zambia 2015              | 71              | 87              | 89   | 66          | 43                  | 71                                 |
| Ethiopia 2016            | 44              | 63              | 41   | 39          | 26                  | 43                                 |
| Benin 2015               | 64              | 86              | 84   | 51          | 41                  | 65                                 |
| Burkina Faso 2014        | 72              | 89              | 88   | 61          | 38                  | 70                                 |
| Chad 2015                | 48              | 82              | 78   | 31          | 44                  | 57                                 |
| Mauritania 2016          | 61              | 83              | 71   | 32          | 35                  | 56                                 |
| Niger 2015               | 64              | 82              | 75   | 36          | 41                  | 60                                 |
| Sierra Leone 2017        | 57              | 77              | 83   | 33          | 31                  | 56                                 |
| Burundi 2017             | 71              | 79              | 73   | 52          | 29                  | 61                                 |
| Uganda 2013              | 62              | 79              | 83   | 47          | 35                  | 61                                 |
| Kenya 2016               | 83              | 76              | 76   |             | 73                  | 77                                 |
| Tanzania 2016 (SPA 2016) | 56              | 64              | 71   |             |                     | 64                                 |
| Seychelles 2017          | 96              | 88              | 92   | 41          | 63                  | 76                                 |
| Liberia 2016             | 77              | 57              | 73   | 42          | 44                  | 59                                 |
| DRC 2014                 |                 | 75              | 58   | 27          | 20                  | 45                                 |
| Togo (2013)              | 49              | 87              | 85   | 40          | 39                  | 60                                 |
| Regional Average         | 66              | 78.9            | 76.7   | 44.4        | 40.6                | 62                                 |

## Readiness Domain

Data source: SARA surveys, 2013–2017
#### Table 47 Items for providing general services in the SARA core questionnaire and enquired about during the surveys

| 1.       Power       1.       Adult scale       1.       Safe final disposal of sharps       1.       Haemoglobin       1.       Amlodipine tablet or alternative channel blocker         2.       Improved water source inside OR within the ground of the facility       2.       Child scale       2.       Safe final disposal of infectious wastes       2.       Malaria diagnostic capacity       2.       Amoxicillin syrup/suspension of ble tablet         3.       Room with auditory and visual privacy for patient consultations       3.       Thermometer       3.       Appropriate storage of sharps waste for clients       3.       Blood glucose       3.       Amoxicillin tablet         4.       Access to adequate sanitation facilities for clients       4.       Stethoscope       4.       Appropriate storage of infectious waste vaste glucose       5.       Moxicillin tablet       4.       Ampricillin powder for injection waste       5.       Urine digstick-protein       4.       Ampricillin powder for injection waste       5.       Urine digstick-glucose       5.       Appropriate storage of infectious waste       5.       Urine digstick-glucose       5.       Appropriate storage of infectious waste       5.       Urine digstick-glucose       5.       Appropriate storage of infectious waste       5.       Urine digstick-glucose       5.       Appropriate storage of infectious waste       5.       Urin | or dispersi- |
|---|--------------|
| the ground of the facility       intermometer       intermoter <td>·</td>                                | ·            |
| for patient consultations       4.       Appropriate storage of infectious waste       4.       Urine dipstick-protein       4.       Ampicillin powder for injection waste         5.       Communication equipment (phone or SW radio)       5.       Blood pressure apparatus       5.       Disinfectant       5.       Urine dipstick-glucose       5.       Aspirin cap/tab         6.       Facility has access to computer with email/internet access       6.       Light source       6.       Single use –standard disposable or auto-disable syringes       6.       HIV diagnostic capacity       6.       Beclometasone inhaler capacity         7.       Emergency transportation       7.       Soap and running water or alcohol based hand rub       7.       Syrbilis rapid test       7.       Beta blocker (e.g.bisoprolo), m carvedilo), atenolo)         8.       Latex gloves       8.       Urine test for pregnancy       8.       Carbamazepine tablet   | 1            |
| for clients       waste       protein         5.       Communication equipment (phone or<br>SW radio)       5.       Blood pressure<br>apparatus       5.       Disinfectant       5.       Urine dipstick-<br>glucose       5.       Aspirin cap/tab         6.       Facility has access to computer with<br>email/internet access       6.       Light source       6.       Single use -standard disposable or<br>auto-disable syringes       6.       HIV diagnostic<br>capacity       6.       Beclometasone inhaler<br>carvedilol, atenolol)         7.       Emergency transportation       7.       Soap and running water or alcohol<br>based hand rub       7.       Syphilis rapid test<br>carvedilol, atenolol)       7.       Beta blocker (e.g.bisoprolol, m<br>carvedilol, atenolol)         8.       Urine test for<br>pregnancy       8.       Carbamazepine tablet   | n            |
| SW radio)       apparatus       glucose         6.       Facility has access to computer with email/internet access       6.       Light source       6.       Single usestandard disposable or auto-disable syringes       6.       HIV diagnostic capacity       6.       Beclometasone inhaler capacity         7.       Emergency transportation       7.       Soap and running water or alcohol based hand rub       7.       Syphilis rapid test or carvedilol, atenolol)       7.       Beta blocker (e.g.bisoprolon, m carvedilol, atenolol)         8.       Latex gloves       8.       Urine test for pregnancy       8.       Carbamazepine tablet   |              |
| email/internet access     auto-disable syringes     capacity       7.     Emergency transportation     7.     Soap and running water or alcohol<br>based hand rub     7.     Syphilis rapid test<br>carvedilol, atenolol)     7.       8.     Latex gloves     8.     Urine test for<br>pregnancy     8.     Carbamazepine tablet   |              |
| based hand rub carvedilol, atenolol)<br>8. Latex gloves 8. Urine test for 8. Carbamazepine tablet<br>pregnancy  |              |
| pregnancy   | etoprolol,   |
| 9. Guidelines for standard precautions 9. Ceftriaxone injection   |              |
|   |              |
| 10. Diazepam injection  |              |
| 11. Enalapril tablet or alternative <i>i</i><br>tor e.g. lisinopril, ramipril, peri   |              |
| 12. Fluoxetine tablet   |              |
| 13. Gentamicin injection  |              |
| 14. Glibenclamide tablet  |              |
| 15. Haloperidol tablet  |              |
| 16. Insulin regular injection   |              |
| 17. Magnesium sulphate injectabl  | e            |
| 18. Metformin tablet  |              |
| 19. Omeprazole tablet or alternati<br>pantoprazole, rabeprazole   | ve such as   |
| 20. Oral rehydration solution   |              |
| 21. Oxytocin injection  |              |
| 22. Salbutamol inhaler  |              |
| 23. Simvastatin tablet or other sta<br>atorvastatin, pravastatin, fluva   | 2            |
| 24. Thiazide (e.g. hydrochlorothiaz   |              |
| 25. Zinc sulphate tablets, dispersit<br>or syrup  | zide)        |

Data source: WHO SARA reference manual

# Service availability

Assessment of availability of services in SARA surveys is based on the physical presence of 23 services. Services for cervical cancer screening, blood transfusion, advanced diagnostics, and antiretroviral treatment for HIV (ART) were quite scarce in the 17 countries surveyed – implying that access to these services is highly limited. However, in most of the countries in the Region, these services were offered in higher-level facilities such as hospitals and specialised units. The low rates for these services may therefore be due to inclusion of lower level facilities in the denominator.

The availability of some services (family planning, antenatal care, basic obstetric care, child immunization, preventive and curative care, malaria, services for sexually

transmitted infections and comprehensive surgery) was high in most of the countries. For instance, the availability of malaria services was universal in all countries except Kenya (with only 50% of facilities reporting offering malaria services) and Ethiopia (with 81% of facilities reporting the availability of malaria services). The low availability of malaria services in Kenya is possibly because some regions of the country are low malaria endemic zones i.e. malaria in Kenya is a major public health problem only in the endemic areas around Lake Victoria and in the coastal counties.



#### Figure 150 Percent of facilities that reported offering services (n=17 countries) in the African Region

Data source: SARA surveys, 2013-2017

#### Table 48 Percent of facilities that reported offering services, by service type (n=17 countries)

|   | Zimbabwe 2015 | Zambia 2015 | Ethiopia 2016 | Benin 2015 | Burkina Faso 2014 | Chad 2015 | Mauritania 2016 | Niger 2015 | Sierra Leone 2017 | Burundi 2017 | Uganda 2013 | Kenya 2016 | Tanzania 2016<br>(SPA) | Seychelles 2017 | Liberia 2016 | DRC 2014 | Togo 2013 | Regional average |
|---|---------------|-------------|---------------|------------|-------------------|-----------|-----------------|------------|-------------------|--------------|-------------|------------|------------------------|-----------------|--------------|----------|-----------|------------------|
| Family planning                         | 90            | 87          | 94            | 83         | 91                | 80        | 67              | 96         | 96                | 74           | 92          | 84         | 80                     | 76              | 88           | 33       | 84        | 82               |
| Antenatal care                          | 91            | 90          | 80            | 91         | 90                | 96        | 72              | 93         | 97                | 71           | 70          | 89         | 85                     | 48              | 90           | 78       | 93        | 84               |
| Basic obstetric care                    | 89            | 69          | 55            | 90         | 88                | 92        | 69              | 89         | 96                | 78           | 53          |            | 76                     | 16              | 89           | 12       | 91        | 72               |
| CEmOC                                   | 17            | 95          | 3             | 96         | 89                | 6         | 89              | 43         |                   | 53           |             | 29         |                        |                 | 57           | 47       |           | 52               |
| Child immunization                      | 93            | 89          | 80            | 78         | 86                | 91        | 65              | 92         | 95                | 64           | 77          | 85         | 81                     | 68              | 82           | 75       | 89        | 82               |
| Preventive & curative services          | 97            | 95          | 91            | 98         | 97                | 97        | 78              | 98         | 98                | 92           | 93          | 23         | 98                     | 76              | 94           | 88       | 99        | 89               |
| Adolescent health services              | 89            | 62          | 60            | 90         | 98                | 96        | 32              | 76         | 89                | 34           | 59          | 23         |                        | 60              | 88           | 17       | 90        | 66               |
| Malaria                                 | 96            | 100         | 81            | 100        | 100               | 100       | 90              | 100        | 100               | 98           | 100         | 50         | 99                     |                 | 97           | 99       | 100       | 94               |
| TB                                      | 94            | 62          | 63            | 8          | 92                | 96        | 24              | 39         | 14                | 32           | 42          | 50         | 12                     | 48              | 21           | 30       | 37        | 45               |
| HIV counselling and testing             | 93            | 97          | 54            | 54         | 94                | 56        | 12              | 63         | 62                | 75           | 77          |            | 81                     |                 | 52           | 21       | 47        | 63               |
| HIV care and support                    | 95            | 75          | 29            | 26         | 88                | 35        | 4               | 21         | 33                | 38           | 54          |            | 64                     | 32              | 16           | 9        | 34        | 41               |
| ART                                     | 91            | 66          | 17            | 38         | 77                | 18        | 5               | 15         | 40                | 43           | 35          |            | 28                     | 16              | 12           |          | 25        | 35               |
| РМТСТ                                   | 92            | 89          | 45            | 79         | 88                | 58        | 11              | 75         | 61                | 57           | 52          | 80         | 52                     | 32              | 61           | 21       | 56        | 59               |
| STIs                                    | 95            | 100         | 77            | 86         | 99                | 100       | 66              | 99         | 93                | 77           | 94          | 88         | 99                     | 80              | 94           | 78       | 92        | 89               |
| Diabetes                                | 67            | 58          | 22            | 23         | 46                | 51        | 27              | 29         | 11                | 49           | 34          |            | 52                     |                 | 22           | 14       | 35        | 36               |
| Cardiovascular diseases                 | 73            | 72          | 41            | 25         | 86                | 28        | 33              | 42         | 20                | 45           | 44          |            | 65                     |                 | 43           | 16       | 45        | 45               |
| Chronic obstructive respiratory disease | 73            | 73          | 45            | 20         | 80                | 52        | 34              | 43         | 15                | 39           | 48          |            | 61                     |                 | 32           |          | 36        | 47               |
| Cervical cancer screening               | 13            | 9           | 2             | 9          | 21                |           | 8               | 3          | 3                 | 3            |             |            |                        |                 | 4            |          |           | 8                |
| Basic surgery                           | 55            | 73          | 52            | 65         | 98                | 100       | 65              | 71         | 59                | 75           | 54          |            |                        | 68              | 36           | 71       | 31        | 65               |
| Blood transfusion                       | 19            | 11          | 4             | 7          | 5                 | 7         | 5               | 8          | 4                 | 6            | 7           | 44         |                        |                 |              | 15       | 8         | 11               |
| Comprehensive surgery                   | 75            | 24          | 97            | 69         | 72                | 100       | 100             | 90         | 87                | 9            | 100         |            |                        | 50              | 81           | 98       | 70        | 75               |
| Service availability index              | 76            | 71          | 52            | 59         | 80                | 68        | 46              | 61         | 59                | 53           | 62          | 59         | 69                     | 52              | 58           | 46       | 61        | 59               |

Data source: SARA surveys, 2013-2017

# Service specific readiness

In most of the 17 countries, the availability of items for offering services was low for TB, ART, chronic obstructive respiratory disease, advanced diagnostic services and high-level diagnostic services. Readiness was generally high for antenatal care, basic obstetric care, child immunization, preventive and curative services, HCT, comprehensive surgery and family planning.



# Figure 151 Service specific readiness index (%)

Data source: SARA surveys, 2013-2017

# Table 49 The mean availability of items for offering the specific services by country

|   | Zimbabwe 2015 | Zambia 2015 | Ethiopia 2016 | Benin 2015 | Burkina Faso 2014 | Chad 2015 | Mauritania 2016 | Niger 2015 | Sierra Leone 2017 | Burundi 2017 | Uganda 2013 | Kenya 2016 | Tanzania 2016<br>(SPA) | Seychelles 2017 | Liberia 2016 | DRC 2014 | Togo 2013 | Average |
|---|---------------|-------------|---------------|------------|-------------------|-----------|-----------------|------------|-------------------|--------------|-------------|------------|------------------------|-----------------|--------------|----------|-----------|---------|
| Family planning                                     | 86            | 73          | 64            | 73         | 90                | 83        | 66              | 89         | 76                | 86           | 74          | 84         | 49                     | 90              | 73           | 64       | 71        | 76      |
| Antenatal care                                      | 77            | 75          | 41            | 74         | 70                | 61        | 58              | 66         | 66                | 62           | 63          | 89         | 81                     | 67              | 62           | 43       | 60        | 66      |
| Basic obstetric care                                | 80            | 67          | 68            | 63         | 66                | 57        | 63              | 68         |                   | 63           | 66          | 71         | 43                     |                 | 65           | 45       | 52        | 62      |
| CEmOC   | 72            | 59          | 64            | 73         | 73                | 60        | 73              | 72         | 44                |              |             | 85         |                        | 100             | 57           | 45       | 69        | 68      |
| Child immunization                                  | 82            | 77          | 54            | 80         | 84                | 87        | 84              | 88         | 68                | 79           | 80          | 85         |                        | 78              | 34           | 42       | 79        | 74      |
| Preventive and curative services for<br>under-fives | 79            | 73          | 49            | 62         | 71                | 56        | 58              | 68         | 74                | 57           | 58          | 89         | 55                     | 63              | 57           | 45       | 64        | 63      |
| Adolescent health services                          | 66            | 58          | 25            | 40         | 61                | 40        | 29              | 48         | 70                | 57           | 47          | 23         |                        | 48              | 34           | 25       | 30        | 44      |
| Life-saving medicine (children)                     | 60            | 43          |               | 60         | 62                | 87        | 33              |            | 55                |              | 47          | 72         |                        | 32              |              |          |           | 55      |
| Life-saving medicines (mothers)                     | 42            |             |               | 50         | 39                | 57        | 36              |            | 45                |              | 31          | 59         |                        | 47              |              |          |           | 45      |
| Malaria   | 75            | 72          | 42            | 69         | 75                | 71        | 46              | 68         | 81                | 61           | 61          | 54         | 56                     |                 | 60           | 54       | 64        | 63      |
| ТВ  | 79            | 62          | 56            | 62         | 68                | 13        | 46              | 58         | 63                | 65           | 65          | 46         | 68                     | 23              | 34           | 40       | 38        | 52      |
| HIV counseling and testing                          | 68            | 86          | 51            | 72         | 67                | 73        | 57              | 78         | 82                | 74           | 71          | 80         |                        | 58              | 66           | 79       | 80        | 71      |
| HIV care and support                                | 79            | 72          | 57            | 67         | 62                | 59        | 62              | 67         | 63                | 63           | 57          |            |                        | 48              | 55           | 39       | 55        | 60      |
| ART   | 45            | 55          | 46            | 43         | 24                | 31        | 34              | 37         | 31                | 26           | 46          | 80         | 41                     | 46              | 13           |          | 49        | 40      |
| PMTCT   | 89            | 71          | 41            | 46         | 52                | 41        | 37              | 49         | 53                | 53           | 64          | 80         |                        | 54              | 37           | 52       | 57        | 55      |
| STIs  | 71            | 66          | 54            | 60         | 80                | 58        | 39              | 65         | 46                | 57           | 58          | 88         |                        | 61              | 55           | 43       | 61        | 60      |
| Diabetes  | 61            | 58          | 53            | 52         | 46                | 32        | 42              | 42         | 46                | 42           | 60          |            | 52                     | 80              | 49           | 48       | 51        | 51      |
| Cardiovascular diseases                             | 61            | 52          | 41            | 46         | 37                | 38        | 38              | 36         | 37                | 32           | 54          | 64         | 62                     | 89              | 43           | 40       | 37        | 47      |
| Chronic obstructive respiratory disease             | 48            | 43          | 27            | 28         | 30                | 19        | 23              | 21         | 34                | 26           | 32          | 64         | 30                     | 75              | 37           |          | 19        | 35      |
| Cervical cancer screening                           | 72            | 62          | 72            | 70         | 52                |           | 48              | 55         | 38                | 47           |             |            |                        | 65              | 31           |          |           | 56      |
| Basic surgery                                       | 66            | 49          | 41            | 46         | 44                | 47        | 52              | 43         | 41                | 43           | 53          | 33         |                        | 70              | 44           | 42       | 29        | 46      |
| Blood transfusion                                   | 47            | 61          | 56            | 68         | 64                | 55        | 43              | 45         | 61                | 54           | 67          | 71         |                        | 100             | 43           | 45       | 73        | 60      |
| Comprehensive surgery                               | 51            | 85          | 72            | 81         | 79                | 84        | 62              | 59         | 62                | 92           | 58          | 22         |                        | 51              | 61           | 48       | 69        | 65      |
| Advanced diagnostic services                        | 28            | 67          |               | 52         | 67                | 77        | 41              | 22         | 25                |              | 71          | 22         |                        | 25              |              | 6        |           | 42      |
| High-level diagnostic services                      | 19            | 51          |               | 2          | 60                | 95        | 54              |            | 19                |              | 52          | 10         |                        | 38              |              |          |           | 40      |
| Average   | 64            | 64          | 51            | 58         | 61                | 58        | 49              | 57         | 53                | 57           | 58          | 62         | 54                     | 61              | 48           | 44       | 55        | 56      |

Data source: SARA surveys, 2013-2017

# 9.2 Health financing

Financing of health in the African region remains suboptimal and reducing. The government budget for health as a share of total government budget in 2014 was about 10% on average which is way below the Abuja target of allocating 15% of the government budget to the health sector. The trend in recent years (2012-2014) suggests that the percentage of government budget allocated to the health sector is steadily reducing in the region. In 2014, the Abuja target was met by only four countries: Gambia, Ethiopia, Swaziland and Malawi. The per capita government expenditure on health in the region in 2014 was 51.6 US Dollars at the average rate which is a very tiny fraction of the per capita expenditure on health in America (USD 1,858.3) and Europe (USD 1,828.1).

The financing system in almost all the African countries is pluralistic, with funds from different sources and mechanisms. During 2010 – 2014; the total health expenditure, which is the sum of health expenditure from all sources in a given year, remained stagnant at around 5% of the gross domestic product. Of this, about 30% were from out-of-pocket payments, 10% from external resources such as donor funding, and just under 50% were general government health expenditure. This means that private inflows account for slightly over 50% of the total health expenditure in the Region. During 2010 – 2014; rates of funds from external resources such as the donors have remained stagnant around 10%.

# Figure 153 Per capita government expenditure on health in the African Region, 2010–2014



Data source: WHO, 2017

#### Figure 152 General government health expenditure as a percentage of general government expenditure in the African Region, 2010–2014



Data source: WHO, 2017

#### Table 50 List of countries that met the Abuja target, 2014

| The Gambia | 15.31 |
|------------|-------|
| Ethiopia   | 15.75 |
| Swaziland  | 16.58 |
| Malawi     | 16.77 |

Data source: WHO, 2017

| Table 51 | Bottom 10 countries with low per capita     |
|----------|---|
|          | government expenditure on health at average |
|          | exchange rate, 2014                         |

| Madagascar                       | 6.62  |
|----------------------------------|-------|
| Democratic Republic of the Congo | 7.04  |
| Guinea-Bissau                    | 7.63  |
| Central African Republic         | 7.63  |
| Niger                            | 10.00 |
| Burundi                          | 11.37 |
| Eritrea                          | 11.53 |
| South Sudan                      | 12.48 |
| Liberia                          | 14.57 |
| Guinea                           | 14.77 |

Figure 154 Health expenditure as a percentage of total health expenditure in the African Region, 2010–2014



Figure 155 Per capita total expenditure on health in the African Region, 2010–2014



Data source: WHO 2014

Data source: WHO, 2017

## Figure 156 Per capita total expenditure on health by WHO region, 2014





# WHO region, 2014



Data source: WHO, 2017



Figure 158 Private Health Expenditure as % of Total Health

**Expenditure in the African Region** 

| Table 52 | Top 10 countries with high<br>Expenditure as % of Total H |       |
|----------|---|-------|
|          | Sierra Leone  | 79-37 |
| Democr   | ratic Republic of the Congo                               | 78.26 |
|          | Guinea-Bissau   | 77.33 |
|          | Cameroon  | 76.60 |
|          | Uganda  | 73.66 |
|          | Liberia   | 73.09 |
|          | Côte d'Ivoire   | 72.84 |
|          | Nigeria   | 71.47 |
|          | Niger   | 67.97 |
|          | Guinea  | 67.91 |

Data source: WHO, 2017





Data source: WHO, 2017

Figure 159 Out of Pocket Expenditure as % of Private Health Expenditure in the African Region, 2010–2014



Data source: WHO, 2017

| Table 53 | Top 10 countries with high Out of Pocket Expenditure as % of Private Health Expenditure, 2014 |        |  |  |  |  |
|----------|---|--------|--|--|--|--|
|          | Eritrea   | 100.00 |  |  |  |  |
|          | Congo   | 97.82  |  |  |  |  |
|          | Algeria   | 96.45  |  |  |  |  |
|          | Mali  | 95.19  |  |  |  |  |
|          | Nigeria   | 94.84  |  |  |  |  |
|          | Cabo Verde  | 93.05  |  |  |  |  |
|          | South Sudan   | 92.80  |  |  |  |  |
|          | Mauritania  | 92.73  |  |  |  |  |
|          | Benin   | 92.46  |  |  |  |  |
|          | Cameroon  | 92.21  |  |  |  |  |

Data source: WHO, 2017





2010 2011 2012 2013 2014 Data source: WHO, 2017

# 9.3 Health workforce



## Figure 162 Core health worker density per 1,000 population\*

\* The core health workforce consists of physicians, nursing and midwifery personel

#### Medical products and infrastructures 9.4



# Figure 164 Beds in mental hospitals per 100 000 population in

# Figure 163 Hospital beds per 10 000 population in the African

Figure 165 Availability of technical specifications of medical devices to support procurement or donations in the African Region, 2013





## Figure 166 Availability of national standards for or recommended lists of medical devices in the African Region, 2013





Data source: WHO, 2017

#### Figure 167 National guidelines, policies or recommendations on the procurement of medical devices, 2013



Data source: WHO, 2013

# Table 54Median availability and consumer price ratio of<br/>selected generic medicines in the African Region,<br/>2007–2013

|                       | Median av<br>of selected<br>medicine | l generic<br>es (%)* | Median consumer<br>price ratio of selecte<br>generic medicines* |        |  |
|-----------------------|--------------------------------------|----------------------|---|--------|--|
|                       | Private                              | Public               | Private   | Public |  |
| Burkina Faso          | 72.10                                | 87.10                | 2.90  | 2.20   |  |
| Burundi               | 58.30                                | 46.70                | 2.80  | 1.70   |  |
| Congo                 | 31.30                                | 21.20                | 11.50   | 6.50   |  |
| DRC                   | 65.40                                | 55.60                | 2.30  | 2.00   |  |
| Malawi                | 55.60                                | 63.30                | 3.90  |        |  |
| Mauritius             | 70.00                                | 88.80                | 5.90  |        |  |
| Niger                 | 65.80                                | 35.00                | 3.90  | 2.90   |  |
| Rwanda                | 80.00                                | 46.30                | 3.60  | 1.70   |  |
| Sao Tome and Principe | 22.20                                | 56.30                | 13.80   | 2.40   |  |
| Tanzania              | 50.00                                | 37.80                |   |        |  |
| Uganda                | 78.00                                | 70.00                |   |        |  |
| Zambia                | 81.30                                | 74.00                | 4.70  |        |  |

\* Median percentage availability of selected generic medicines in a sample of health facilities in the African Region, countries with data

\*\* Median consumer price ratio of selected generic medicines (ratio of median local unit price to management sciences for health international reference price), countries with data

Source: WHO, 2017



density per 100 000 population, 2013





Data source: WHO, 2017

# 9.5 Health information, evidence and knowledge



### Figure 170 : Census carried out in the 2010 round of censuses (2005-2014) in the African Region, 2005–2014

Data source: UNDS, 2016

Figure 172 Census carried out in the 2020 round of censuses (2015-2024) in the African Region, 2015–2024



Data source: UNDS, 2016

# Table 55List of countries that census was expected but not<br/>held, and those which census was held out in the<br/>2020 round of censuses, 2015–2024

|   | Burkina Faso      | 2016 | Census was expected but not held |
|---|-------------------|------|----------------------------------|
|   | Cameroon          | 2016 | Census was expected but not held |
|   | Comoros           | 2016 | Census was expected but not held |
|   | Congo             | 2017 | Census was expected but not held |
|   | DR Congo          | 2016 | Census was expected but not held |
|   | Ethiopia          | 2017 | Census was expected but not held |
|   | Mozambique        | 2017 | Census was expected but not held |
|   | Nigeria           | 2017 | Census was expected but not held |
|   | South Sudan       | 2017 | Census was expected but not held |
|   | Swaziland         | 2017 | Census was expected but not held |
| E | Equatorial Guinea | 2015 | Census was held                  |
|   | Lesotho           | 2016 | Census was held                  |
|   | Sierra Leone      | 2015 | Census was held                  |
|   |                   |      |                                  |

| Malawi                   | 2014 | 5.6  |
|--------------------------|------|------|
| Zambia                   | 2014 | 11.3 |
| Chad                     | 2015 | 12.0 |
| Tanzania                 | 2012 | 14.7 |
| DRC                      | 2014 | 24.6 |
| Liberia                  | 2013 | 24.6 |
| Nigeria                  | 2013 | 29.8 |
| Uganda                   | 2011 | 29.9 |
| Zimbabwe                 | 2014 | 32.3 |
| South Sudan              | 2010 | 35.4 |
| Mozambique               | 2011 | 47.9 |
| Equatorial Guinea        | 2011 | 53.5 |
| Swaziland                | 2014 | 53.5 |
| Guinea                   | 2012 | 57.9 |
| Mauritania               | 2011 | 58.8 |
| Central African Republic | 2010 | 61.0 |
| Rwanda                   | 2010 | 63.2 |
| Niger                    | 2012 | 63.9 |
| Cameroon                 | 2014 | 66.1 |
| Kenya                    | 2014 | 66.9 |
| Ghana                    | 2014 | 70.5 |
| Gambia                   | 2013 | 72.0 |
| Senegal                  | 2014 | 72.7 |
| Burundi                  | 2010 | 75.2 |
| Sierra Leone             | 2013 | 76.7 |
| Burkina Faso             | 2010 | 76.9 |
| Togo                     | 2014 | 78.1 |
| Mali                     | 2010 | 80.8 |
| Benin                    | 2014 | 84.8 |
| South Africa             | 2012 | 85.0 |
| Namibia                  | 2013 | 87.1 |
| Comoros                  | 2012 | 87.3 |
| Gabon                    | 2012 | 89.6 |
| Algeria                  | 2013 | 90.0 |
| Mauritius                | 2013 | 90.0 |
| Seychelles               | 2013 | 90.0 |
| Sao Tome and Principe    | 2014 | 95.2 |
| Congo                    | 2015 | 95.5 |

Figure 171 Percentage of civil registration coverage for births in

the African Region, 2010–2015

Data source: WHO, 2017

# Table 56Percentage of civil registration coverage for<br/>deaths in the African Region, 2008–2012

| South Africa | 2008-2010 | 87.10 |
|--------------|-----------|-------|
| Mauritius    | 2011–2013 | 100   |
| Seychelles   | 2010-2012 | 100   |

Data source: WHO, 2017

#### Data source: UNSD, 2016

Atlas of African Health Statistics 2018

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# 9.6 eHealth



# Figure 173 Cellular or mobile subscribers (%) in the African Region

Figure 174 Cellular or mobile subscribers (%) in the African Region



Data source: ITU, 2016

## Figure 175 Cellular or mobile subscribers (%) by WHO region



## Figure 176 Individuals using the Internet in the African Region



Data source: ITU, 2016

Data source: WHO, 2000–2013

# Chapter 10. Social determinants of health

# 10.1 Water and sanitation



Figure 177 Population using improved drinking water source (%) in the African Region



## Figure 178 Population using improved drinking water source by residence in the African Region

Data source: WHO, 2015

Data source: WHO, 2015

# Figure 179 Population using improved sanitation (%) in the African Region



Figure 180 Population using improved sanitation (%) by residence in the African Region



Data source: WHO, 2015

# 10.2 Access to electricity







# Figure 182 Population with access to electricity (%) by residence in the African Region

Data source: The World Bank, 2014

Data source: The World Bank, 2014

# References

The following data sources have been used in the compilation of the Atlas:

## Institute for Health Metrics and Evaluation (IHME)

GHDx, the Global Health Data Exchange

http://ghdx.healthdata.org/

Global Burden of Disease Study 2013 (GBD 2013) – Data Downloads http://ghdx.healthdata.org/global-burden-disease-study-2013-gbd-2013-data-downloads

# International Agency for Research on Cancer (IARC)

**Cancer mondial** 

http://www-dep.iarc.fr/

GLOBOCAN 2012: Estimated cancer incidence, mortality and prevalence worldwide in 2012 http://globocan.iarc.fr

# International Health Partnership (ihp+)

The IHP+ Global Compact for achieving the health Millennium Development Goals http://www.internationalhealthpartnership.net/en/tools/global-compact/

# International Telecommunication Union (ITU)

Statistics

http://www.itu.int/en/ITU-D/Statistics/Pages/stat/default.aspx

## Office of the United Nations High Commissioner for Refugees (UNHCR)

UNHCR Population Statistics Database http://popstats.unhcr.org/en/overview

## UNAIDS

AIDSinfo http://aidsinfo.unaids.org/

# UNICEF

UNICEF Statistics and Monitoring http://www.unicef.org/statistics/

UNICEF data: monitoring the situation of women and children http://data.unicef.org/index-2.html

The State of the World's Children 2015 http://data.unicef.org/resources/the-state-of-the-worlds-children-report-2015.html

# United Nations. Department of Economic and Social Affairs. Population Division

World population prospects, the 2015 revision – Data files http://esa.un.org/unpd/wpp/Download/Standard/Population/

# United Nations Inter-agency Group for Child Mortality Estimation (IGME)

Child Mortality Estimates (CME Info) http://www.childmortality.org/

## United Nations Maternal Mortality Estimation Inter-agency Group (MMEIG)

http://www.maternalmortalitydata.org/

# **The World Bank**

World Bank Open Data http://data.worldbank.org/

# World Health Organization (WHO)

Global Health Observatory (GHO) – Data repository http://apps.who.int/gho/data/view.main ; http://apps.who.int/gho/data/node.main.1?lang=en Global Reference List of 100 Core Health Indicators, 2015 http://www.who.int/entity/healthinfo/indicators/2015/en/index.html Malaria – Data and statistics http://www.who.int/malaria/data/en/ WHO country offices in the WHO African Region http://www.afro.who.int/en/countries.html WHO global health estimates http://www.who.int/healthinfo/global\_burden\_disease/en/ WHO global TB database

http://www.who.int/tb/country/data/download/en/