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Report

Living conditions among people with disability in Botswana

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ABSTRACT

Abstract heading

This is a report from a National, representative household survey carried out in Botswana in 2012 – 2014. The study was carried out on behalf of the Norwegian Federation of Organisations of Disabled Persons (FFO), Southern Africa Federation of the Disabled (SASFOD) and Botswana Federation of Disabled People (BOFOD). The study was led by Professor Tlamelo Mmatli of the University of Botswana, in collaboration with SINTEF Technology and Society. The study would not have been possible without a strong commitment from the Office of the President of Botswana and support from the Central Statistical Office.

The study presents a broad picture of the situation among individuals with disability and households with disabled members in Botswana. It offers comparison with individuals without disability and households without disabled members, between provinces and between genders and locations (urban/rural). The study reveals that households with disabled members and individuals with disability score lower on a range on indicators on level of living.

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ACKNOWLEDGEMENTS (A. H. Eide)

This is a report from a National, representative household survey carried out in Botswana in 2012 - 2014. Several actors have been involved in the comprehensive study and thus made this research study possible. First of all, this is a credit to Southern Africa Federation of the Disabled for their coordinating role in the implementation of this study in Botswana as well as to previous similar studies in other countries in the region. It is also a credit to Botswana Federation of Disabled People (BOFOD) being involved as a key actor in the Steering Committee for the study and taking active part in the data collection.

All activities related to producing the data that is analysed in this report was led by Professor Tlamelo Mmatli of University of Botswana. This included recruitment of research assistants, training, data collection, data entry and finalization of the data file. He had very qualified support in doing this from Mr. Phinda Khame of the Office of the President. All research assistants doing the groundwork in the field have done a tremendous job and should be thanked for their exemplary execution of a highly demanding exercise.

The Steering Committee for the survey comprised in its first meeting of Mr. Thomas Motingwa (Office of the President), chair, Mr. Steven Sekhobo (BOFOD), Mr. Modise Ramaretlwa (Statistics Botswana), Mr. Morena Mmopelwa (Office of the President), Dr. Tlamelo Mmatli (University of Botswana), Mr. Hamilton Mogatusi (Ministry of Health), Mrs.T Butau (Southern Africa Federation of the Disabled), Ms.Thando Ziga (MIST), Mr. Wilson Thupeng (University of Botswana), and Mrs. Phetogo Zambezi (Statistics Botswana). They should all be thanked for their support and ability to overcome obstacles and set the right course for the study. Their efforts have laid the groundwork for a baseline dataset that will be a useful tool for disability policy, service delivery and thus for people with disabilities in Botswana in the years to come. We want in particular to recognize the role of the Office of the President that took great interest in the study and stepped in as a major partner from the early phases of the study. The role of Mr. Thomas Motingwa, Disability Advisor at the Office of the President and chair of the Steering Committee, replaced by Mr. Hamilton Mogatusi during the study, has been of great importance for a successful study implementation. Statistics Botswana has offered institutional support as well as having representatives at different levels in the project, including the Steering Committee.

Persons with disability have contributed in different roles, both as representatives for the disability movement and as individuals taking part directly in the training and data collection. SAFOD, with its current Executive Director Mr. Mussa Chiwaula, has through a long-term leading role in establishing base line data sets of living conditions among people with disabilities in southern Africa, initiated, coordinated and taken the lead role in this important endeavor. The role of Mrs. Tecla Butau of SAFOD in coordinating the study and following up a number of issues during the long process must also be mentioned as particularly valuable.

In all, this has proven the capabilities of disabled people and their representatives in different roles. This report and the Living Conditions Study in Botswana had not been possible without their enthusiastic participation.

All mentioned, and some not mentioned, have contributed tremendously, not least to change the role of disabled people from objectives for research to actors and decision makers in research. This

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is a remarkable achievement, given the difficult situation for many individuals with disabilities in Botswana and in the region. With such a broad support for this project, it has been a pleasure being involved in this and we congratulate all stakeholders in this field with the establishment of new knowledge about the situation for disabled in Botswana.

Oslo/Gaborone, 1st October 2015

Arne H. Eide

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SUMMARY (A. H. EIDE)

This study on living conditions among persons with disability in Botswana was carried out in 2013 - 2014. It follows similar studies in seven other countries in the southern Africa Region, together forming a regional data base that can be utilized for international (regional) comparison. The Norwegian Federation of Organizations for Disabled People (FFO), Southern Africa Federation of the Disabled (SAFOD) and SINTEF have partnered in all studies, with funding from the Atlas Alliance/Norwegian Agency for Development Cooperation (NORAD). In each country, the national affiliate of SAFOD has been a major partner, with other key partners being Central Statistical Offices, Universities and relevant Government ministries.

In Botswana, the study was carried out in a partnership between SAFOD, FFO, SINTEF, University of Botswana, Botswana Federation of Disabled People (BOFOD), Office of the President, and supported by Statistics Botswana.

The study in Botswana was carried out as a household survey with two-stage stratified sampling, including a screening/listing procedure using the Washington Group on Disability Statistics 6 questions, one Household questionnaire administered to households with (Case HHs) and without (Control HHs), one Individual Case questionnaire administered to individuals who were found to qualify as being disabled in the screening (Case individuals), and an Individual Control questionnaire administered to matched non-disabled individuals in the Control HHs (Control individuals).

The questionnaires cover a range of indicators on level of living, such as socio-economic indicators, economic activity, income, ownership and infrastructure, health (including reproductive health), access to health information, access to services, education, access to information, social participation, and exposure to discrimination and abuse.

The study has generally demonstrated that households with at least one person with disability as member score lower on most indicators on level of living than Control HHs. This is the case for the indicator comprising possessions in the household (possession or asset scale), dietary diversity, access to information as well as dependency ratio. It adds to this difference that Case HHs have a higher mean number of members. With regards to infra- structure (housing facilities, type of houses, access to water, toilet facilities) and ownership of houses, there are however marginal differences within locations. There are, on the other hand, substantial differences between locations, with poorer standard in rural areas as compared to cities and urban villages.

At the individual level, persons with disability have generally more health problems, a higher proportion with poor physical and mental health, lower well-being, and less access to health information as compared to Control individuals. Fewer Case individuals access the formal education system, those who access the education system tend to spend shorter time in the education system, and there is a tendency that persons without disability achieve higher levels of education. This results in lower level of literacy among Case individuals.

Unemployment is higher among persons with disability, and fewer have paid work and thus tend to depend more on others in their households. There are on the other hand small differences between

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the two groups with regards to skills and skills training. Among those who reported a regular income, control individuals earn significantly more than case individuals. Individuals with disability experience quite substantial gaps in services. The largest gaps in services in percentage points were found for welfare services, counselling for persons with disabilities, and counselling for parent/family. In relative terms (percentage of received services by needed services), the largest gaps were found for legal advice, followed by vocational training, counselling and welfare services. The smallest gaps were found for health services, health information, and traditional healer.

A relatively (compared to other similar studies) large proportion of individuals with disability in this study stated that they used an assistive device. While the results indicate that the Government may play a more central role in distribution of assistive devices than in most other countries in the region, the same problems were found with regards to fragmentation of assistive device service delivery, indicated by substantial gaps in information/training and maintenance.

Persons with disability are less involved in family and social life as compared to their non-disabled counterparts. The largest differences were found with regards to help from the family in daily activities, voting, and whether the person is involved in household decisions. Around one third of the respondents with a disability confirmed that they did not vote because of their disability.

The study has revealed some important gender differences, with regards to health, access to services, and employment. Most of the indicators that were analyzed point towards somewhat less favorable results for females as compared to males. Many of these differences were however relatively small. Both functional and social conditions contribute to a difference in reproductive life courses among females with and without disability, with further consequences for social participation/inclusion.

The study distinguishes between three types of localities, i.e. city/town, urban villages and rural areas. Urban villages are close to cities, share some of the infrastructure with their urban neighbors, and may be seen as suburbs and peri-urban areas. The three main SES indicators all indicate that the living standard is lowest in rural areas. For many indicators there are relatively small differences between cities/towns and urban villages. On some indicators urban villages/individuals living in urban villages are better off than cities/ individuals living in cities, while for other indicators it is the opposite. The case/control difference is however found also within the three location categories. The study thus confirms that households without disabled members are better off than case households. Although the differences largely are statistically significant, they are however mostly on the low side. It does add to the difference however that case households are larger than controls (higher mean number of members) and that all indicators point in the same direction.

Generally, the study reveals consistent differences between case/control households and case/control individuals. Level of living, measured by means of a range of different indicators, is higher among controls than among cases at both levels (household and individual). All together the study thus provides evidence for differences in level of living that should be reduced and limited completely. This requires an active stand from the side of public authorities and a multi-sector strategy that deals with these differences. Measures to achieve this will be both general and sector specific and a thorough analysis of what can be done to reduce the documented differences and to address service gaps and inadequacy in assistive device services, etc.

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Having established evidence for differences between disabled and non-disabled is an important step in the promotion of human rights and improved level of living among individuals with disability. The study offers an opportunity for boosting advocacy, for setting priorities, for assessing impact and developing policies, for monitoring the situation, and for increased knowledge among disabled and the public in general.

Indicator	Household study		Individual study	
	Case	Control	Case	Control
Ν	989	8905	942	989
Mean age	32.2 years	29.1 years	40.3 years	38.1 years
Percentage males	53.9%	44.2%	46.3%	60.7%
Dependency ratio	0.85	0.76		
SES scale (0-22)	8.22	9.92		
Dietary diversity (0-12)	8.28	9.11		
Access to information scale (5-10)	7.6	7.2		
	Individuals in Hou	usehold study		
Chronically ill last 12 months	21.7%	8%	22.2%	12.2%
School attendance (=> 15 years)	59.5%	88.3%	60.2%	83.6%
Studied as far as planned (males)			10.9%	14.3%
Mean years of education	7.8 years	9.7 years	8.0 years	9.6 years
Literacy (5 years +)	52.6%	90.0%	53.6%	86.8
Paid work (males) ²	6.6%	23.1%	7.4%	19.3%
Unemployed (males)	72.7%	41.3%	70.0%	43.6%
Have a skill (males) (=> 15 years)	25.7%	23.4%	27.1%	30.6%
Environmental barriers (10 - 40)			16.63	12.62
Mean income			1727 BWP	2813 BWP
Voted in last election			60.1%	69.2%
Wellbeing scale (12- 52) ¹			23.65	20.24
Poor/very poor physical health			35.8%	12.3%
Poor/very poor mental health			29.7%	6.2%

SUMMARY OF CASE/CONTROL COMPARISONS

¹Higher scale values = lower wellbeing

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SUMMARY OF INDICATORS AMONG INDIVIDUALS WITH DISABILITY - MALE/FEMALE COMPARISON¹

Indicator	Total	Mala	Female
	Iotal	iviale	remaie
WG6 mean score ² (0-18)	4.51	4.57	4.45
Environmental barriers (10-40)	16.65	16.61	16.70
Chronic illness last 12 months	22.2%	18.9%	25.9%
Wellbeing scale (12-52) ³	23.60	23.28	23.98
Discrimination and abuse:			
- Beaten or scolded	13.7%	13.4%	14.1%
 Beaten or scolded by family 			
member	7.6%	6.5%	8.9%
 Discriminated by public service 			
	11.9%	12.1%	11.8%
Service gap ⁴			
- Medical rehabilitation	44.2	43.5	49.1
- Assistive devices	42.6	39.2	46.6
- Educational services	43.6	31.0	47.1
- Vocational rehabilitation	77.5	76.8	78.4
- Counselling pwd	84.2	83.4	85.1
- Counselling parents	58.0	56.5	59.9
- Welfare services	61.7	63.0	60.3
- Health services	9.9	9.2	10.6
- Health information	21.3	22.2	20.2
- Traditional healer	17.6	12.4	22.8
- Legal advise	91.0	91.5	90.3
School attendance (accessed primary	60.8	61.9	59.6
education) (=> 15 years)			
Mean years in school (=> 15 years)	8.0 years	7.9 years	8.0 years
Literacy (=> 15 years)	70.0%	67.2 years	72.3 years
Refused entry to school (any level)	13.0%	12.4%	13.8%
Studied as far as planned	11.6%	11.7%	11.5%
Paid work	7.3%	9.3%	5.1%
Unemployed (all reasons)	69.9%	67.3%	72.8%
Use an assistive device	36.4%	38.9%	33.5%
Feel involved and part of the	97.4%	97.2%	97.7%
family/household (yes + sometimes)			
Participate in local community	50.0%	50.7%	49.1%
meetings			
Voted in the last election	59.7%	58.9%	60.7%
Poor/very poor physical health	35.5%	32.9%	38.6%
Poor/very poor mental health	29.7%	28.0%	31.8%

¹Referring to WG6 items, ²Scale based on the 6 WG6 items, ³ Higher scale values = lower wellbeing

 4 Gap = 100 - (received/needed), 5 Higher scale values = lower wellbeing

¹ The figures in this summary table may deviate marginally from the above summary table as the analyses have i) been done among the disabled sub-sample only, leading to small differences in N.



SUMMARY OF INDICATORS - URBAN/RURAL COMPARISON

Household level study				
		Urban/cities	Urban Villages	Rural areas
SES scale (0-22)	Case HHs	11.76	9.22	5.75
	Control	12.04	11.45	7.28
Dietary scale (0-12)	Case HHs	9.28	8.42	7.80
	Control HHs	9.42	9.48	8.55
Access to information scale (0-5)	Case HHs	3.06	2.81	1.53
	Control HH	3.27	3.41	1.88
Individual level study				
Environmental barriers (10 - 40)	Case	16.10	16.75	16.63
	Control	12.41	12.38	13.02
Chronic illness last 12 months	Case	19.3%	24.9%	19.8%
	Control	13.0%	11.9%	12.4%
Wellbeing scale (12 - 52)	Case	23.01	23.76	23.71
	Control	20.67	20.28	20.05
Poor/very poor physical health	Case	30.2%	37.2%	41.4%
	Control	14.1%	12.5%	14.5%
Poor/very poor mental health	Case	26.1%	30.0%	29.1%
	Control	9.0%	6.7%	4.9%
Discrimination and abuse:				
-Beaten or scolded		14.7%	14.4%	12.2%
-Beaten or scolded by family member	er	6.3%	7.8%	8.2%
-Discriminated by public service		10.2%	14.0%	9.7%
School attendance (accessed primary	education)	00 604	C2 40/	40 70/
(=> 15 years)	Case	82.6%	62.4%	49.7%
	Control	89.9%	86.0%	75.4%
wean years in school (=> 15 years)	Case	9.26 years	7.95 years	7.32 years
Literacy (=> 1E years)	Control	10.42 years	9.00 years	0.02 years
Literacy (-> 15 years)	Case	01 0%	90.5%	44.9%
Mean years of education (-> 15 years		91.9% 93.years	8 0 years	7 3 years
incur years of cudeation (-> 15 years	Control	10.4 years	9 9 years	8.8 years
Paid work (=> 15 years)	Case	19.0%	7.8%	2.3%
	Control	27.6%	25.0%	9.1%
Unemployed (all reasons) (=> 15 year	rs) Case	51.5%	73.2%	72.6%
	Control	39.8%	40.6%	61.5%
Use an assistive device		34.1%	40.0%	32.8%
Voted in the last election	Case	53.1%	61.0%	65.3%
	Control	56.2%	74.9%	69.2%

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PREFACE

On behalf of the Southern Africa Federation of the Disabled (SAFOD), we are grateful that, once again, we are presenting to the world yet another report on Living Conditions among Persons with Disabilities specifically for Botswana after presenting similar reports over the last 15 years or so from various other countries in the Southern Africa region, namely Namibia, Zimbabwe, Malawi, Zambia, Mozambique, Swaziland, and Lesotho.

As SAFOD we see this report as one of the many triumphs in our disability work in Botswana, something that provides us with a strong basis for programmatic, policy and legislative advocacy not only on our part as SAFOD but also - and most critically - our National Affiliate, the Botswana Federation of the Disabled (BOFOD) as well as its members. Indeed, when working on disability rights in most developing countries, Botswana, included one of the major obstacles is the lack of statistics and data of Persons with Disabilities. It is for this reason that a series of studies on Living Conditions of Persons with Disabilities were initiated by the Norwegian Federation of Organizations of Disabled People (FFO) and Southern Africa Federation of the Disabled (SAFOD) in 1998.

For SAFOD, we view this report, in particular, coming at the very crucial period when the voices of Disabled Peoples Organisations (DPOs) and other stakeholders are lobbying for the enactment of a disability law and the ratification of the UN Convention on the Rights of Persons with Disabilities (UNCRPD). It is our hope that the current efforts by the Botswana Government to put in place a national disability policy are expedited as this will greatly assist in putting in place a robust legislative framework which in turn creates a conducive environment for the promotion and protection of the rights of Persons with Disabilities in Botswana.

As you will get to learn from this report, this report brings to the fore quite a substantial number of findings. For example, the report found that there are significantly higher unemployment levels among Persons with Disabilities as compared to those without disabilities.

On education, it was found that there was a large difference between individuals with and without disability when it comes to school attendance, as 88.3 percent of non-disabled individuals had ever attended school, yet the corresponding figure for individuals with disability was 59.5 percent. And the report further found that there were significantly fewer individuals with disability than non-disabled who were able to read or write (52.6 percent and 89.9 percent respectively).

So like just in the other countries where this similar research has been carried out, it was clear that most of the challenges that Persons with Disabilities in Botswana face are in many ways strikingly the same as what their counterparts confront elsewhere; ranging from increased unemployment to poverty; from increased lack of access to social services to increased lack of access to education; among many others. This only sums up the daunting nature of the work that the DPOs in Botswana have to fulfil in advocating for inclusive Government programming on one hand, and creation of an improved legislative environment to support some of the interventions that it is already implementing.

As an organisation, SAFOD seeks to strengthen DPOs in SAFOD member countries through training, research, coordination, information sharing, and promotion of human rights and adoption of appropriate strategies for stimulating Persons with Disabilities to enhance their economic, political and social development. But it will always be a tall order for SAFOD to successfully fulfil this mandate without baseline data on the ground on which to premise our evidence-based advocacy.

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It is, therefore, in this context, that the findings from this report will further reinforce not only DPOs efforts but also their resolve in mobilizing Government and other stakeholders' commitments at all levels within the country with a view to promoting the rights and wellbeing of persons with disabilities.

We thank our partner FFO for their continued support in making these research studies possible in all the countries including this one in Botswana. We also appreciate the important role SINTEF Health and others have played, without whose expertise, the study would not have been possible. We also applaud the Government of Botswana for the great support and also in enabling the study to be done in Botswana.

Mussa Chiwaula SAFOD DIRECTOR GENERAL

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PREFACE 2 (Office of the President)

Disability is a human right issue which of late has taken centre stage as a priority in development agenda warranting urgent intervention. The United Nations General Assembly has alluded to the assertation that it is impossible to achieve the internationally agreed development goals, without the inclusion and integration of the rights, well-being and perspectives of persons with disabilities in development efforts at both the national, regional and international levels.

After the adoption of the Millennium Development goal in 2000, it became evident that the thematic areas to guide the development discourse was inadequate since it has left out indicators specific for people with disabilities. These developments culminated in intense and successfully lobby for the inclusion of disability inclusion by the disability movement worldwide. African Disability Movement, especially Southern African Federation for People with Disabilities (SAFOD) which is a regional coordinating entity in Southern Africa, took it a mile further by engaging its Norwegian partner (FFO) to initiate a consortium responsible for improving the quality of life of people with disabilities.

Amongst the tasks the consortium was to carry out was to strengthen the capacity of Disabled Peoples Organization (DPOs) and further undertake studies on the living conditions among People with Disabilities. The result of these studies will be a data bank or repository that will create awareness on disability issues, and thereby informing public policy.

Disability affects everyone directly and indirectly and can happen to anyone at any time in their lifetime. Both the medical, environmental and of course socio economic factors account for the current disability we are experiencing in the country. This development has seriously challenged our resources, especially as we continuously endeavor to cope with the ever increasing unique issues of people with disabilities. However, we continuously strive to achieve inclusivity, through provision of equitable resources to our citizens but unfortunately we fall short of our expectations and aspirations simply because we lack the data to influence the much needed transformation for the betterment of quality of life our people with disabilities.

To achieve an impressive impact and further target the desired value transforming programmes, it is critical to develop a significant evidence based evaluation so as to be well informed to competently address the pressing needs of people with disabilities. The living Condition study sponsored by FFO administered through the office of the President together with SAFOD and BOFOD is a critical milestone in influencing positive development towards informed programming for people with disabilities

The 2011 Population and Housing Census indicates that there are about 59, 103 people with disabilities in Botswana which is 2.92% of the total population of 2,024,904. The highest proportion of disabled persons is found in Gantsi (4.4%), followed by Southern (3.7%), Kgalagadi (3.7%) and North-West district with 3.6%. All other districts have disability prevalence rate of between 1.3% and 3.5%. However it is pleasing to note that without surveys like the above mentioned population and housing census are inadequate to inform specific issues of interest in this regard disability.

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It is of paramount importance to note that though the Population Census embraces disability there is still acute paucity of data in specific areas of interest. This revelation has led to inadequate resource allocation at planning and programming level culminating in less targeted initiatives for people with disabilities. More often than not, disability data has been a responsibility of fewer sectors irrespective of the fact that it is a cross cutting issue that needs to be reflected in almost all the programmes.

Collection of disability data is a prerequisite to successful disability mainstreaming and it requires the involvement of all stakeholders. The provision of data by all enhances and strengthens processes for inclusion of people with disabilities thereby facilitating effective planning and programming.

Botswana developed the Policy on Care of People with Disabilities in 1996 as a comprehensive document for guiding service delivery to people with disabilities at National level. The policy is currently being reviewed mainly to address coordination and alignment to the appropriate service providers. The placement of a coordination role for disability in the Ministry of Health was misunderstood to suggest that disability was a health issue, hence the belief that the medical model of rehabilitation was the right approach to follow and that Ministry of Health had the sole role and mandate for disability.

The coordination role has since been transferred to the Office of the President to accord disability the impetus it deserves as a cross cutting issue. The reviewed policy aims to embrace the principles of Conventions on the Rights of People with Disabilities Adopted by The United Nations In 2006. The policy is to be enacted before the end of the financial year 2015/16.

Gaborone, 1st October 2015

Office of the President

THE CONTEXT OF BOTSWANA (A. H. Eide)

Botswana is a landlocked country located in Southern Africa, gaining independence from British colonial rule in 1966. Since then, it has maintained a strong tradition of stable representative democracy, with a consistent record of uninterrupted democratic elections.

Botswana is topographically flat, with up to 70 percent of its territory being the Kalahari Desert. It is bordered by South Africa to the south and southeast, Namibia to the west and north, and Zimbabwe to the northeast.



Figure A. Map of Botswana

A mid-sized country of just over 2 million people, Botswana is one of the most sparsely populated nations in the world. Around 10 percent of the population lives in the capital and largest city, Gaborone. Formerly one of the poorest countries in the world—with a GDP per capita of about US\$70 per year in the late 1960s—Botswana has since transformed itself into one of the fastest-growing economies in the world, now boasting a GDP (purchasing power parity) per capita of about \$18,825 per year as of 2015, which is one of the highest in Africa. Its high gross national income (by some estimates the fourth-largest in Africa) gives the country a modest standard of living and the highest Human Development Index of continental Sub-Saharan Africa. Botswana is a member of the African Union, the Southern African Development Community, the Commonwealth of Nations, and the United Nations.

At 581,730 km² (224,607 sq. mi) Botswana is the world's 48th-largest country. It is similar in size to Madagascar or France. The country is predominantly flat, tending toward gently rolling tableland. The Okavango Delta, one of the world's largest inland deltas, is in the northwest. The Makgadikgadi Pan, a large salt pan, lies in the north.

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The Tswana are the majority ethnic group in Botswana, making up 79% of the population. The largest minority ethnic groups are the BaKalanga, San or AbaThwa also known as Basarwa. Other tribes are Bayei, Bambukushu, Basubia, Baherero and Bakgalagadi. In addition, there are small numbers of whites and Indians, both groups being roughly equally small in number.

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CONCEPTUAL UNDERSTANDING (A. H. Eide & T. Mmatli)

Disability and living conditions are core concepts to the study presented in this report. Both concepts are open to interpretation and can be perceived in different ways. While the International Classification on Functioning, Disability and Health (ICF) (WHO 2001) seems to gain ground as the main model on disability, it is important to be aware that the understanding of disability will vary from one socio-cultural context to another (Whyte & Ingstad, 1998). Some clarification of the conceptual understanding inherent in the current study is necessary for the interpretation and utilization of the results.

Disability

During the 1970s there was a strong reaction among representatives of organisations of persons with disabilities and professionals in the field of disability against the then current terminology. The new emerging concept of disability was more focused on the interaction between the individual and his/her environment, and on the close connection between the limitations experienced by individuals with disabilities, the design and structure of their environments and the attitudes and practice of the general population. Recent development has seen a shift in terminology and an increasing tendency towards viewing the disability complex as a process (the disablement process), involving a number of different elements on individual, societal and contextual levels. The traditionally dominant medical model of disability was challenged by the social model (Finkelstein & French, 1993; Shakespeare, 2014), leading further to development of an interactional model on disability (WHO, 2001).

The recently adopted UN Convention on Rights of People with Disabilities (CRPD) (UN 2006) defines disability as:

"Persons with disabilities include those who have long-term physical, mental, intellectual or sensory impairments which in interaction with various barriers may hinder their full and effective participation in society on an equal basis with others" (Article 1)

International Classification of Functioning, Disability and Health (ICF)

The adoption of the World Health Organization's International Classification of Functioning, Disability and Health (WHO, 2001) represents a milestone in the development of the disability concept. From 1980 and the first classification (The International Classification of Impairments, Disabilities and Handicaps (ICIDH) (WHO, 1980)), a process over two decades resulted in a shift in the WHO conceptual framework from a medical model (impairment based) to a new scheme that focuses on limitations in activities and social participation. Although not representing a shift from a strictly medical to a strictly social model, the development culminating with ICF may be understood as a merge of the social and the medical model into an interaction model that implies a much wider understanding of disability and the disablement process.

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Figure B. The ICF model

Application of ICF in the current study

The development leading to the ICF is important as it has methodological implications and forms a new fundament for the collection of statistical data on disability. New concepts and relationships between concepts influence how disability is measured. While the current study does not represent a full application of ICF, and it has not been the intention to test the new classification as such, the study has aimed to cover all elements of the model and in particular to approach disability as activity limitations and restrictions in social participation. This is pronounced in the screening procedure and in the inclusion of measures on activity limitations, participation restrictions and measurement of environmental barriers. The current study provides a unique possibility for applying some core concepts from the ICF and testing some aspects of the model statistically.

An understanding of disability as defined by activity limitations and restrictions in participation within a theoretical framework as described in Figure 1 underlies this study. The term "disability" is, with this in mind, a problematic concept since it refers to, or is associated with, an individualistic and impairment-based understanding. As a term, it is nevertheless applied throughout this text since it is regarded as a commonly accepted concept, and its usage is practical in the absence of any new, easy to use terminology in this sector.

Environmental factors are important elements in the ICF model, and it is fundamental to the present understanding of disability that activity limitations and restrictions in participation are formulated in the exchange between an individual and his/her environment. In the current study, environmental factors are included in separate section, utilizing an established research instrument. It is however acknowledged that studies like the current one traditionally focus on the individual and that this is also the case here.

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Living conditions

The concepts of "level of living" or "living conditions" have developed from a relatively narrow economic and material definition to a current concern with human capabilities and how individuals utilise their capabilities (Heiberg & Øvensen, 1993). Although economic and material indicators play an important role in the tradition of level of living surveys in the industrialised countries, an individual's level of living is currently defined not so much by his or her economic possessions, but by the ability to exercise choice and to affect the course of his or her own life. Level of living studies have been more and more concerned with such questions and are currently attempting to examine the degree to which people can participate in social, political and economic decision-making and can work creatively and productively to shape their own future (UNDP, 1997).

A number of core items can be regarded as vital to any level of living study: demographics, health, education, housing, work and income. Other indicators may comprise use of time, social contact, sense of influence, sense of well-being, perceptions of social conflict, access to political resources, access to services, social participation, privacy and protection, etc. The choice of which indicators to include will vary according to the specific requirements of each study and the circumstances under which the studies are undertaken.

Disability and living conditions

Research on living conditions is comparative by nature. Comparison between groups or monitoring development over time within groups and populations are often the very reasons for carrying out such studies. The purpose is thus often to identify population groups with certain characteristics and to study whether there are systematic differences in living conditions between groups - or to study changes in living conditions within groups over time and to compare development over time between groups. Population sub-groups of interest in such studies are often defined by geography, gender, age - or the focus of the current research, i.e. people with disabilities vs. non-disabled. Research in high-income countries has demonstrated that people with disabilities are worse off along the whole specter of indicators concerning living conditions, and that this gap has also remained during times with steady improvement of conditions for all (Hem & Eide, 1998). This research-based information has been very useful for advocacy purposes, for education and attitude change in the population, as well as for planning and resource allocation purposes. These same patterns of systematic differences are also at work in low-income countries, as has been documented in our studies in other countries in the region (op. cit.). When the stated purpose of the research is to study living conditions among people with disabilities, it is essential, at the onset, to decide upon a working definition of disability in order to identify who is disabled and who is not. This is a more complex issue than choosing between a "medical model" on one side and a "social model" on the other. How this is understood and carried out has major impact on the results of research, and consequently on the application of results (refer to chapter 3.1 on the disability concept).

The ICF may to some extent be viewed as an attempt to combine a broad range of factors that influence the "disability phenomena". The authors behind this research report support the idea that disability or the disablement process is manifested in the exchange between the individual and his/her environment. Disability is thus present if an individual is (severely) restricted in his/her daily life activities due to a mismatch between functional abilities and demands of society. The role

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of the physical and social environment in disabling individuals has been very much in focus during the last 10 - 20 years with the adoption of the Standard Rules, the World Programme of Action, ICF, and lately the UN Convention (CRPD). It is logical that this development is followed by research on the mechanisms that produce disability in the meeting between the individual and his/her environment. It is true that studies of living conditions among people with disabilities in high-income countries have been criticised for not evolving from an individualistic perspective. Data are collected about individuals and functional limitations are still in focus. It is a dilemma that this research tradition has not yet been able to reflect the relational and relative view on disability that most researchers in this field would support today. While we agree to such viewpoints, we nevertheless argue that a "traditional" study is needed in low-income countries to allow for a description of the situation as well as comparing between groups and over time. In high-income countries have shown themselves to be powerful tools in the continuous struggle for the improvement of living conditions among people with disabilities. In spite of an individualistic bias in the design of these studies, the results can still be applied in a critical perspective on contextual and relational aspects that represents important mechanisms in the disablement process.

Combining two traditions and ICF

The design that has been developed and tested here aims at combining two research traditions: studies on living conditions and disability studies. Pre-existing and validated questionnaires that had been used in Namibia (on general living conditions - NPC, 2000) and in South Africa (on disability - Schneider et. al., 1999) were combined and adapted for use in the surveys. A third element, on activities and participation, was included to incorporate the conceptual developments that have taken place in connection with development of ICF. By combining the two traditions, a broader set of variables that can describe the situation for people with disabilities are included as compared to traditional disability statistics. A possibility is established for a broad comparison of the conditions of disabled people (and households with disabled people) with non-disabled (and households without any disabled members). This comparative aspect is rather rare in disability statistics. In the current study comparison is made possible between case/control households and individuals. Further, the study is part of a long-term research activity with similar studies in all SADCC countries, creating a unique data base for comparison also across countries in the region.

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METHODOLOGY AND STUDY DESIGN

Introduction [A.H. Eide]

The national, representative study on living conditions among persons with disability in Botswana is aimed at establishing a broad mapping of the situation for persons with disability and to compare with non-disabled. The intention is that this information can be used by the disability movement in their advocacy work and to inform the formulation and implementation of policies and programmes that are inclusive of persons with disability. A survey like this is an effective way of generating a picture of the situation at the time of data collection and can serve as a baseline for future studies and monitoring of the development. As such, repeated studies can enable a monitoring of the situation and provide evidence for success or failure of policies and measures to contribute to a more inclusive society. The study may therefore be a potential important tool for monitoring the implementation of the Convention on the Rights of Persons with Disability in Botswana. This chapter provides a description of the methodological approach adopted in undertaking the study.

Sampling Design [Kebotsamang & Mmatli]

It is widely accepted that sample surveys whose design and methodologies are well developed and executed can, as closely as possible, reproduce the characteristics of interest in a population. Hence, this study adopted a survey methodology to address the key research objectives. The target population for sampling was all private households in Botswana excluding institutionalized and homeless people. The households were selected using a two-stage stratified sampling design.

The first stage involved the selection of enumeration areas (EAs) as primary sampling units using probability proportional to size (PPS) sampling technique. The enumeration areas were stratified by locality (city/town, urban and rural areas) and Botswana's 16 administrative districts. The districts are Gaborone, Francistown, Lobatse, Jwaneng, Selibe Phikwe, Sowa Town, Orapa, Southern, South-East, Kweneng, Kgatleng, Central, North-East, North-West, Ghantsi and Kgalagadi. The sample of the EAs was drawn from the master sampling frame developed by Statistics Botswana after the 2011 Population and Housing Census.

At the second stage, up to a maximum of 20 households were systematically selected from each sampled EAs. In general, the number of households selected in a certain EA was dependent on the total number of households with people with disabilities in that particular EA. However, the maximum number of households with people with disabilities that could be selected was 10. Accordingly, the same number of households without people with disabilities was also selected using systematic sampling technique for matching purposes.

Sample Size Determination [Kebotsamang & Mmatli]

The size of the sample is one of the most important aspects of any sample design because it affects the precision, cost, and duration of a survey more than any other factor. Therefore, sample size must be considered bearing in mind the available budget for the survey, the precision requirements of the estimates obtainable from the survey and margin of error acceptable among other factors.

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This study adopted the approach appropriate for estimating the disability prevalence rate. However, it should be noted that the main objective of the study was not to estimate disability prevalence rate but, rather, to investigate the living conditions among people with disabilities. Hence, the approach was only a guide to finding a suitable or appropriate sample size required for this study. The required sample size (n) for a given sub-population for survey round is given by the formula

$$n = \frac{Z_{\alpha}^2 p(1-p)}{e^2} Dg$$

where

n = estimated sample size.

 Z_{α} = value of Z which provides $\alpha/2$ in each tail of the normal curve. The quantity α specifies the probability of declaring a difference to be statistically significant when no real difference exists in the population and was taken to be 0.05.

p = was the predicted or anticipated prevalence rate of disability in Botswana

e = was the margin of error or allowable error to be tolerated (taken as 5 percentage points).

D = is the design effect. The design effect D is the ratio of the expected sampling variance of an estimate from the sampling design used to the sampling variance of the very same estimate if simple random sample design of the same size could have been used instead. It is a measure of how much more unreliable the present survey is compared to a simple random sample.

g = percentage points necessary to raise the sample size to compensate for non-response.

Using the above formula, a sample size of 2480 households was required to produce reliable estimates. Based on the initial plan of sampling a maximum of 20 households, this would require a total of 124 enumeration areas to be sampled across Botswana. However, during the pilot research conducted in respect of this study, it was realised that 124 EAs would not be enough to achieve a sample of 2480 households. This was so because in all enumeration areas selected for pilot survey, enumerators found an average of five to six households that had people with disabilities. Mmatli, Kebotsamang & Lesetedi (2014) made a similar observation as they reported a disability prevalence rate of about three per cent (3%) from their analysis of the Botswana's 2011 Housing and Population Census data. This implies that the pilot survey results were not abnormal. Consequently, a further 68 enumeration areas were sampled to augment the initially sampled EAs. Thus a total of 192 EAs were finally sampled.

Selecting Enumeration Areas [Kebotsamang & Mmatli]

As discussed in section 3.2, this survey study adopted a stratified two-stage sampling design with enumeration areas taken as primary sampling units. The EAs were stratified by locality and districts and each stratum was allocated a total number of sampling units proportional to its size. The size of measure of a stratum was the total number of households found in that stratum. The enumeration areas within each stratum were selected using PPS sampling technique as elaborated below:

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1. Sampling interval of a stratum was calculated using the formula

$$k = N/n$$
,

where N is the total number of households within a specified stratum, and n is the number of EAs required in the stratum

2. Sampling number s = k + r, was calculated for each stratum. r was a random number between 0 and 100 and differed from one stratum to another.

3. The sampling number *s* was compared to the size of cumulative household numbers in each stratum.

4. The first EA selected was the one whose cumulative household count was greater or equal to the sampling number *s*.

5. The subsequent EAs were selected by adding the interval k to the cumulative sampling numbers until the required number of EAs was selected in each stratum.

Table 3.1 below presents the distribution of sampled enumeration areas by locality type and district.

istrict	Urban Village	Rural	City/Town	Total
Southern	12	7	-	19
South east	13	1	-	14
Kweneng	34	6	-	40
Kgatleng	8	3	-	11
Central	40	19	-	59
North-East	1	3	-	4
North-West	2	5	-	7
Ghantsi	1	2	-	3
Kgalagadi	1	2	-	3
Gaborone	-	-	16	16
Francistown	-	-	7	7
Lobatse	-	-	2	2
Phikwe	-	-	4	4
Orapa	-	-	1	1
Jwaneng	-	-	1	1
Sowa	-	-	1	1
Total	112	48	32	192

Table 1. Selected Enumeration Areas by District and Locality

Household Listing, Screening and Selection [Kebotsamang & Mmatli]

Listing refers to the creation of an exhaustive list of all households in a selected enumeration area, whilst screening refers to a deliberate effort to determine whether or not there is a person (or people)

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with disabilities in a given household. During the households listing and screening exercise, enumerators used the latest EA maps developed by Statistics Botswana for the 2011 Population and Housing Census to locate the enumeration areas and identify their boundaries. They visited all households found within the boundaries of each sampled EA for listing and screening purposes. The screening exercise was done using a screening form whose questions were designed based on the International Classification of Functioning (ICF) attributes on activity limitations and the screening questions were phrased as follows:

Sc	reening question	NO	SOME	ALOT	UNABLE
1.	Does anyone in this household have difficulty seeing even	1	2	3	4
	if wearing glasses?	1	-	5	·
2.	Does anyone in this household have difficulties hearing	1	2	2	1
	even if using a hearing aid?	1	2	5	4
3.	Does anyone in this household have difficulties walking or	1	2	2	Λ
	climbing steps?	1	Z	3	4
4.	Does anyone in this household have difficulties	1	2	2	4
	remembering or concentrating?	1	2	5	4
5.	Does anyone in this household have difficulty with self-	1	2	2	4
	care such as bathing all over or dressing?	1	Z	3	4
6.	Using your usual (customary) language, does anyone in				
	this household have difficulty communicating with others?	1	2	3	4
	For example understanding or being understood?				

Each listed household was then classified as either a *case household* or *control household*. A *case household* was a household which had at least one individual with disabilities, whereas a *control household* was the one without a single person with disabilities. An individual was considered to have a functional limitation (disability) if the answer to at least one of the screening questions was 'a lot' or 'unable' or if at least two questions were answered with 'some'.

Household Selection

A maximum of 20 households (10 *case households* and 10 *control households*) were systematically selected from each EA in the sample. The total number of households selected was wholly dependent on the total number of *case households* found in a particular EA. In cases where an EA had less or equal to 10 *case households* then all of them were selected and consequently the same number of *control households* were selected using systematic sampling technique. Conversely, if an EA had

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more than 10 *case households* then only 10 of these households were systematically selected. Consequently, ten (10) *control households* would also be sampled for matching purposes.

Data Collection Tools [A.H. Eide & Mmatli]

Data was collected by way of face-face interviews using the following tools:

- i) Household screening and listing form which was used to identify households with members with disabilities within a selected EA.
- ii) Household questionnaire which was aimed at determining the living conditions of the selected households.
- iii) Individual Case questionnaire. This was aimed at soliciting specific information on the living conditions of persons with disabilities. This questionnaire was administered to all members with disabilities within a household. The number of the individual questionnaires administered in each household depended on the number of members identified as having disabilities in that particular household.
- iv) Control questionnaire which was aimed at determining the living conditions of people without disabilities. This was mainly to compare the living conditions of persons with disabilities to those of their non-disabled counterparts.

The household questionnaire covers the following topics:

- Demographics
- Education and literacy
- Economic activity of household members aged 15 years or above
- Reproductive health of female household members aged 12-49 years
- Income and expenditure
- Household assets and housing
- Transport and communication

The Individual Case questionnaire covers the following topics:

- Activity limitation and participation restriction
- Environmental factors
- Cause of impairment and discrimination experiences due to impairment
- Services needed and received
- Education and employment
- Accessibility in the home and surroundings
- Assistive devices
- Inclusion in family and social life
- Health and general wellbeing

The Control questionnaire covers the following topics:

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- Activity limitation and participation restriction
- Environmental factors
- Services needed and received
- Education and employment
- Inclusion in family and social life
- Health and general wellbeing

The screening tool was the Washington Group on Disability Statistics 6 questions (Eide et. al. 2003; Eide, van Rooy & Loeb 2003; Loeb & Eide 2004; Eide & Loeb 2006; Eide & Kalameri 2009; Kamaleri & Eide 2010; Eide & Jele 2011²). All other tools are adapted (to the context) versions of questionnaires previously used in several similar studies in the region (Madans et. al. 2004), combining validated tools from the literature on disability statistics as well as measures developed for these particular studies.

Data Processing and Analysis

Upon completion of data collection, all questionnaires were sorted according to their EA numbers and submitted for quality assurance assessment. The procedure entailed sampling 10% of each enumerator's questionnaires and each enumerator allowed only up-to 5% of their sampled questionnaires spoiled. In instances where the number of spoiled questionnaires exceeded the threshold (5%), all questionnaires for that particular enumerator were submitted for quality assessment. Only three (3) out of thirty-five (35) enumerators had the spoiled questionnaires exceeding the 5% threshold. However, when all of their respective questionnaires were assessed, the numbers of spoiled questionnaires were less than the allowed threshold. Consequently, all the questionnaires that were deemed spoiled were excluded from the data, and the rest that were properly done were analysed.

The statistical data analyses was carried out using mainly descriptive statistical methods using IBM SPSS and the summaries have been presented in the form of tables and charts. In addition, relationships between any two categorical variables were investigated using different tests for association, including Chi-square and F-test and independent samples t-test.

Research Teams

A total of 35 field personnel were recruited for executing data collection activities of the study within a period of ten (10) weeks. The principal investigators recruited eight supervisors and twenty-four (24) enumerators who were all nondisabled. The remaining three (3) enumerators were people with disabilities, and were recruited with the assistance of Botswana Federation of Disabled (BOFOD). It should be noted that BOFOD was afforded the opportunity to recruit more numbers of people with disabilities. However, most people with disabilities did not have the requisite qualifications. Most of the few that were identified as suitable for inclusion as enumerators were already engaged elsewhere.

There were a total of 8 field-work teams and each comprised of 3 or 4 enumerators, one (1) field supervisor and a driver. The field supervisor's role was to take a leading role in identifying the boundaries of selected enumeration areas, selection of case and control households, oversee the day-

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to-day data collection procedures while in the field and checking completed questionnaires for quality control purposes. The enumerators' role was mainly the listing of households in the EAs utilizing the screening form and carrying out interviews with respondents in the selected households. A field coordinator was identified and tasked with the responsibility of overseeing and managing all aspects of the data collection process to ensure that all procedures necessary for the successful data collection exercise in the field were being adhered to and solve problems which the field teams could not handle on their own.

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RESULTS (A. H. Eide, T. Mmatli & K G Hem)

	Number of		
Source:	Households	Individuals	Persons with disability
Case households	944	5375	995
Control households	993	4529	4*
Total	1937	9904	999

Table 2. Number of households and individuals in the study

*Four persons identified as having a disability was found among the control households. These households remain as controls at the HH level analyses

Table 3. Mean household size

District	Case households	Control households	F	df	р
Gaborone	5.27	4.30			
Francistown	5.73	4.57			
Lobatse	5.00	3.60			
Selibe Phikwe	4.13	4.13			
Orapa	4.88	5.38			
Jwaneng	5.00	3.75			
Sowa Town	5.00	5.40			
Southern	5.32	4.86			
South East	5.74	4.20			
Kweneng	5.62	4.50			
Kgatleng	6.23	4.94			
Central	5.75	4.51			
North East	5.19	4.25			
North West	5.20	4.65			
Ghanzi	7.29	4.00			
Kgalagadi	5.29	3.69			
Total	5.60	4.51	60.99	1936	<.001

With the exception of two districts, case households have a higher mean number of members as compared to control households. The mean total difference is 1.09, which parallels and even exceeds the difference between the two household types in previous studies in the region.

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District	Case households	Control households	F	df	р
Gaborone	32.4	27.2			
Francistown	29.2	28.1			
Lobatse	33.2	25.0			
Selibe Phikwe	30.8	27.1			
Orapa	24.2	20.1			
Jwaneng	30.0	27.7			
Sowa Town	21.6	22.6			
Southern	33.2	31.3			
South East	33.7	28.9			
Kweneng	32.0	30.0			
Kgatleng	34.2	24.0			
Central	32.1	29.0			
North East	30.0	31.7			
North West	33.6	30.0			
Ghanzi	30.4	29.9			
Kgalagadi	32.1	35.9			
Total	32.2	29.1	41.10	1	<.001

Table 4. Mean age in households

Overall, and with four exceptions at district level, the mean age of case households is higher than among control households.

District	Case househ	olds	Control house	nolds	
	% females	Ν	% females	Ν	
Gaborone	54.4	156	58.5	141	
Francistown	48.8	84	53.7	73	
Lobatse	59.5	22	44.4	8	
Selibe Phikwe	53.2	33	63.6	42	
Orapa	48.7	19	48.8	21	
Jwaneng	62.9	22	63.3	19	
Sowa Town	52.0	13	66.7	18	
Southern	52.2	248	54.6	257	
South East	56.3	224	53.8	164	
Kweneng	54.3	603	52.1	465	
Kgatleng	54.6	131	61.6	141	
Central	54.7	985	56.7	861	
North East	58.5	48	47.1	32	
North West	55.2	155	56.3	138	
Ghanzi	49.5	50	59.4	38	
Kgalagadi	50.7	37	56.1	32	
Total	54.2	2830	55.5	2450	

Table 5. Gender, household type and district

A majority of the individuals in the sample are females, but the gender difference is not significant. Also, the difference between case and control households in male/female distribution is marginal.

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District	Househol with d	d members isability	Household without	d members disability	Sample Case h	population ouseholds
	%	Ν	%	Ν	%	Ν
Gaborone	5.8	58	5.4	484	5.5	542
Francistown	3.0	30	3.3	290	3.2	320
Lobatse	0.7	7	0.5	48	0.6	55
Selibe Phikwe	1.7	17	1.2	111	1.3	128
Orapa	0.8	8	0.8	74	0.8	82
Jwaneng	0.8	8	0.6	57	0.7	65
Sowa Town	0.5	5	0.5	47	0.5	52
Southern	10.0	100	9.8	876	9.9	976
South East	7.6	76	7.3	646	7.3	722
Kweneng	20.4	204	20.9	1861	20.9	2065
Kgatleng	4.6	46	5.0	449	5.0	495
Central	33.7	337	34.4	3066	34.4	3403
North East	1.6	16	1.6	142	1.6	158
North West	5.5	55	5.5	487	5.5	542
Ghanzi	1.6	16	1.7	150	1.7	166
Kgalagadi	1.6	16	1.3	117	1.3	133
Total	100.0	999	100.0	8905	100.0	9904

Table 6. Disabled household members by district (cse households)

Note: Table 6 shows the distribution of individual household members in the sample and are not meant to indicate prevalence. Basically, the table reveals that the proportion of individuals with disability in the sample equals the proportion of non-disabled.

Dependency ratio

Another measure of the structure of the household, which can also be applied as a socio-economic indicator, is the *dependency ratio*³. The dependency ratio is equal to the number of individuals aged below 15 or over 65 divided by the number of individuals aged 16 - 64. A dependency ratio of 1.0 means that there is one working-age person for each dependent in the family. Dependency ratios over 1.0 indicative a burden on the wage earners in the family and dependency ratios under 1.0 are indicative of less burden. It indicates the economic responsibility of those economically active in providing for those who are not.

Table 7. Dependency ratio

	Dependency ratio	Ν	Std. deviation
Case households	0.85	937	0.93
Control households	0.76	986	0.91
City/Town	0.68	267	0.75
Urban villages	0.71	935	0.83
Rural	0.97	719	1.06

³ <u>http://data.worldbank.org/indicator/SP.POP.DPND.OL/countries?display=map</u>

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Table 7 reveals that Case households have a higher dependency ration than Control households and there is a higher dependency ratio in rural as compared to urban locations.

Socio-economic status (SES)

SES was measured by means of three different indicators: A Possession scale, measuring ownership of common household items; Dietary diversity, measured by means of a scale on food intake over the last 2 weeks; Access to information, measured by means of a scale on access to common information sources.

HH item	Case Hou	useholds	Control Households		Total confirming ownership	
	%	n	%	n	%	n
Cell phone	88.0	876	93.3	916	90.6	1792
Bed(s)	87.6	872	92.9	917	90.3	1789
Tables & chairs	83.9	834	87.4	861	85.6	1695
Iron	66.3	659	76.3	753	71.3	1412
Stove (gas/electric)	64.5	641	74.5	735	69.5	1376
Electricity	56.2	560	62.6	618	59.4	1178
TV	55.9	558	62.6	617	59.3	1175
Radio	55.1	550	64.1	633	59.6	1183
Refridgerator	47.1	469	55.7	549	51.4	1018
Satellite dish	39.5	392	47.5	468	43.5	860
DVD/VHS	36.4	361	48.2	474	42.3	835
Livestock	30.2	300	37.9	373	34.0	673
Car	20.4	203	27.6	272	24.0	475
Microwave oven	18.2	181	25.8	255	22.0	436
Fan	18.2	181	24.5	242	21.3	423
Hi-Fi	14.6	144	25.2	247	19.9	391
Telephone (land line)	12.5	124	15.0	147	13.7	271
Heater	9.4	94	17.7	175	13.6	269
Computer	9.3	92	15.1	148	12.2	240
Bicycle	9.3	92	14.1	138	11.6	230
Stove (paraffin)	6.9	68	6.4	63	6.7	131
Washing machine	4.4	44	7.0	69	5.7	113
Solar energy	3.6	36	4.3	42	4.0	78
Air conditioner	3.0	30	3.8	37	3.4	67
Electrical generator	1.6	16	4.0	39	2.8	55
Motorcycle	0.7	7	0.9	9	0.8	16

Table 8. Possessions in the household (% and n stating yes to ownership). N = 1966 - 1983

The household items (possessions) in Table 8 are ranked according to how widespread they are in this population. Cell phone, bed(s), and tables and chairs are the most common, while solar energy, air conditioner, electrical generator, and motorcycle are the least common items. For all items

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except one (paraffin stove), they are more common in control households. For 21 of the 26 items, the difference between case and control households is statistically significant, mostly at < .001 level.

A scale analyses was performed on the variables in Table 8, yielding a Chronbach's Alpha = 0.89, which is highly satisfactory as a basis for constructing a scale. All items were thus added together to form a Possession Scale. The scale has a range from 0 - 22, mean = 9.11, and standard deviation is 5.02.



Figure 1. Possession scale by location and Case/Control HHs (N = 1901)

Control households score higher on this SES scale as compared to Case households. There is also an expected difference between the three types of locations demonstrating a socio-economic stratification with urban HHs scoring highest and rural HHs lowest. While the difference between the two HH types is demonstrated for all three location categories, the SES difference seems to be less clear in cities/towns.

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Figure 2. Possession scale by District and Case/Control HHs (N = 1901)

Control HHs mostly score higher than case HHs at District level, but there are a couple of deviations to this general pattern. There are significant differences in mean scale value between the districts, reflecting the urban/rural pattern composition of the different districts.

Household dietary diversity was measured by the Household Dietary Diversity Score (HDDS) (Swindale 2006). The assessment was based on 12 different food groups consumed in the household in the past two weeks during the day and the night.

Food item	Case Households		Control Households		Total confirming	
	%	n	% n		consumption	
					%	n
Cereals	97.2	969	98.0	961	97.6	1930
Roots and tubes	52.4	522	66.1	649	59.2	1171
(veg)						
Leaf vegetables	79.7	795	85.8	844	82.7	1639
Fruits	40.2	398	49.4	485	44.8	883
Meat, poultry, offal	82.8	824	88.6	868	85.7	1692
Eggs	23.7	234	34.4	336	29.0	570
Fish and seafood	27.9	278	40.0	393	33.9	671
Pulses/legumes/nuts	82.0	817	88.5	866	85.2	1683
Milk and milk	76.2	759	83.9	822	80.0	1581
products						
Oil/fats	78.5	782	84.8	834	81.7	1616
Sugar/honey	95.6	952	96.2	946	95.9	1898
Condiments and	95.8	954	96.6	950	96.2	1904
any other foods						
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Table 9. Dietary diversity (% and n stating yes to consumption during last two weeks). N = 1971 - 1980


For all food items in Table 9, control HHs tend more often to state that they have consumed them during the last two weeks. For 10 out of the 12 food items, the difference is significant, mostly at < .001 level. Eggs and fish/seafood are the least common foods, while cereals, condiments and sugar/honey are the most common.

A scale analyses was performed, yielding a Chronbach's Alpha = 0.73, which is satisfactory as a basis for constructing a scale. All items were thus added together to form a Dietary Diversity Scale. The scale has a range from 0 - 12, mean = 8.72, and standard deviation is 2.29.



Figure 3. Dietary Diversity Scale by location and Case/Control HHs (N = 1943)

Control households have a higher dietary diversity than case households (F = 36.22, p < .001). The difference is however relatively small particularly in cities/towns. Rural dwellers have as expected lower dietary diversity than their urban counterparts.





Control HHs mostly score higher than case HHs at district level, but there are three deviations to this general pattern. There are significant differences in mean scale values between the districts, reflecting the urban/rural composition of the different districts.



Figure 5. No food to eat during the last two weeks by Case/Control HHs (N = 1981)

Unavailability of food in the household during the last two weeks (at the time of data collection) is significantly more common among case households as compared to control households ($\chi^2 = 64.04$, p < .001). Among case households, 8.8% reported unavailability of food (no food) to occur often during the last two weeks, with the corresponding figure for control households being 2.2%. On the other hand, 73.7% of control households reported that they were never without food, as compared to 58.4% of case households.



Figure 6. No food to eat during last two weeks by location (N = 1981)

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Lack of food is most common among the rural population, and least common among the population in cities/towns (χ^2 30.8, p < .001). The difference between case and control households as shown in Figure 5 is found in all three types of localities, but is statistically significant only in urban villages and in rural locations.

Access to information

A mapping was carried out on access to different common sources of information.

	Own/use regularly		Have access to		Have no use for		Have no access	
	Case Control		Case Control		Case Control		Case Control	
Telephone/cell	74.8	77.5	13.7	15.0	0.8 0.9		10.7	6.6
Radio	48.3	51.8	18.0	20.0	2.9 2.4		30.8	25.8
Television	46.4	49.9	12.7	15.4	2.4 2.0		38.4	32.6
Internet	2.3	5.3	15.4	24.3	22.9	19.0	59.4	51.3
Library	12.4	15.6	46.6	54.1	9.8	5.3	31.2	24.9

Table 10. Access to information (N = 1834 - 1962)

Table 10 reveals a clear tendency in that the control households more often report that they own/use the different information/communication channels regularly and that they have access. Control households do on the other hand more often report no access.

The answer categories in Table 10 were collapsed into two: Access (own/use regularly and have access to) and No access (have no use for and Have no access).

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Figure 7. Accessibility of information channels (N = 1832 - 1960)

For all information channels in Figure 7 there is a consistent locality pattern in that accessibility is higher in urban than in rural locations, and higher among control HHs.

An Access to information scale was produced by adding together the five information items (access = own/use regularly + have access to). As shown in Figure 8, there is a pronounced difference in access between cities and urban villages on one side and rural areas on the other for both case and control HHs, and the control HHs score higher in all three locations.



Figure 8. Access to information by HH type and location (N = 1808)

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Housing situation and infrastructure

Table	11.	Housin	g sit	uation	and	infrastruc	ture

	Case HHs	Control HHs
Main type of roof (N = 1978)		
- Wood	0.5	0.7
- Corrugated iron sheets	79.1	78.6
- Grass/leaves thatch	9.1	9.1
- Tiles/shingles	9.2	9.2
- Paper/plastic	0.3	0.3
- Asbestos sheets	0.8	0.8
- Other	1.0	1.0
Main type of floor $(N = 1978)$		
- Mud	7.9	7.8
- Concrete/cement	80.3	82.5
- Wood	0.3	0.1
- Sand	1.6	1.1
- Other	9.4	8.5
Main type of walls $(N = 1981)$		
- Poles and mud	49	5.5
- Corrugated iron sheets	2.0	2.3
- Grass/leaves	0.5	0.3
- Bricks	71.9	72.1
- Compacted earth	49	43
- Congrete	14.9	14.6
- Concrete Deed	0.4	04
- Keeu Other	0.4	0.4
- 0 the 1080	2.4	0.0
Number of bedrooms $(N = 1980)$	2.4	2.3
Main source of water $(N = 1931)$	10.7	
- Piped water indoors	18.7	22.6
- Piped water outdoors, on property	57.2	56.3
- Piped water outside property	10.3	9.1
- Public pipe	11.9	11./
- Borehole	0.9	1.0
- Protected well	0.1	0.1
- Unprotected well	0.4	0.2
- River/stream/dam	0.4	0.5
- Other	0.1	0.1
Source of energy for cooking (N = 1980)		
- Electricity	15.4	21.0
- Paraffin	1.5	0.7
- Gas	25.7	33.7
- Wood	57.4	44.4
- Coal/charcoal	0.0	0.1
- Dung/grass/stalks	0.0	0.1
Source of energy for lighting (N = 1980)		
- Electricity	59.0	63.1
- Paraffin	21.2	19.5
- Coal/charcoal	2.9	2.0
- Solar	0.1	0.0
- Candles	0.1	0.1
- Torch	15.5	14.2
- Other	1.2	1.1

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Basically, Table 11 reveals marginal differences between the two household types. This reflects that households in the same location share the same type of infrastructure. The large majority of both case and control households have roofs of corrugated iron sheets, floors of concrete/cement, and walls of bricks. Number of bedrooms is more or less the same and for the majority main source of water is piped water outdoors. Source of energy is somewhat more mixed, with most households using wood for cooking and electricity for lighting.

Indicator	City/To	wn	Urban v	illages	Rura	al
	%	Ν	%	Ν	%	Ν
Type of roof (N = 1978)						
Corrugated iron sheets	78.8	223	83.7	799	72.8	537
Tiles/shingles	15.9	45	13.1	125	10.4	206
Type of floor (N = 1981)						
Concrete/cement	79.2	225	87.7	839	74.7	551
Type of walls						
Poles and mud	0.4	1	1.4	13	12.1	89
Bricks (burnt or sun- dried)	80.6	228	79.3	760	59.3	437
Compacted earth (mdindo)	1.1	3	0.9	9	10.6	78
Concrete	16.6	47	14.4	138	14.5	107

Table 12. Building materials by location

Table 12 reveals differences between location types, largely showing that buildings in city/town and urban villages tend to use more solid and "modern" material than rural dwellings. The large majority have corrugated iron sheets as building material for the roofs, concrete/cement for the floors, and bricks for the walls.

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DISABLED AND NON-DISABLED INDIVIDUALS

A screening exercise was included in the household questionnaire in order to control the status of the household as either case or control in a more precise manner than in the initial screening procedure. The WG6 questions were applied to all household members, and responded to by the head of the household.

Activity limitations

A total of 999 individuals were screened as being disabled (see page 25 for screening procedure). Table 13. shows how these individuals scored on the WG6 questions on activity limitation. The question was "Because of a health problem, does (NAME) have difficulty seeing/hearing/ walking or climbing steps/remembering or concentrating/with self-care/communicating. Answer categories: no problem, some problems, a lot of problems, unable to do.

Activity domain	No pro	blems	Some p	roblems	A lot of probler	ns	Unable	e to do
	%	Ν	%	Ν	%	Ν	%	Ν
Seeing	71.2	711	10.5	105	8.6	86	9.6	96
Hearing	79.9	795	8.8	88	6.0	60	5.2	52
Walking	44.9	447	8.9	89	22.4	223	23.7	236
Remembering	62.6	622	11.3	112	17.1	170	9.0	90
Self-care	51.6	513	14.2	141	14.6	145	19.7	196
Communicating	68.3	675	7.5	74	10.0	99	14.2	140

Table 13. Distribution of activity domains among individuals with disability in the sample (N = 999)

The most common activity limitation among the six domains is walking, with around one in four of individuals with disability being unable to do and more than one in five have a lot of problems doing. Walking is followed by self-care, and almost half the population (of individuals with disability) has at least some problems with this. The third most common activity limitation is related to remembering. Problems with seeing and hearing are least frequent, but still more than one in four have problems with seeing and one in five with hearing.

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Figure 9. At least some activity limitation by gender (N = 973 - 980)

Distribution of the different types of activity limitations follows the same pattern for men and women. Females do however score somewhat higher on seeing and walking difficulties, and males score somewhat higher on remembering.

The six activity limitation items were added together to form an Activity Limitation scale. Mean value on this scale was 10.62, range 6-24, standard deviation 2.96.



Figure 10. Activity limitations by locality and gender (N = 962)

There are somewhat lower scores on the Activity Limitation scale among individuals with disability in Urban villages. The difference is however not statistically significant. Figure 10. also reveals small gender differences.

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Burden of disease

Of all individuals in the households, 21.7% (N = 208) of those who were identified as having a disability and 8.0% (N = 664) of those who were not disabled, were recorded to be chronically ill (during the last 12 months) ($\chi^2 = 186.34$, p < .001). Females are more often reported to be chronically ill than men (25.1% and 18.4% respectively, $\chi^2 = 6.19$, p < .01).

The most common diseases mentioned were high blood pressure, "other diseases", HIV/AIDS (related), and TB.



Education and literacy

Figure 11. School attendance by gender and disability (N = 8505)

There is a large difference between individuals with and without disability when it comes to school attendance (ever attended school). While 88.3% of non-disabled individuals have ever attended school, the corresponding figure for individuals with disability is 59.5% ($\chi^2 = 551.80$, p < .001). There are on the other hand a marginal difference between males and females. Total number of years at school was 9.6, and with hardly any difference between males and females.

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Figure 12. Years of education by disability status (5 + years) (N = 7011)

In both groups (disabled and non-disabled), there is an expected locality gradient in that the population in cities/towns has the highest mean level of school years, followed by urban villages and Rural locations. There is an overall significant difference in mean years of education between individuals with and without disability (7.2 and 8.5 years respectively: F = 59.85, p < .001). Mean years of education is somewhat higher among females (8.3 years vs. 8.5 years: F = 59.59, p < .001). Among non-disabled, females report somewhat longer time under education, while the opposite was found among individuals with disability.



Figure 13. Highest level of education reached by gender and disability status (N = 6986)

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The highest proportion in the sample has primary school as the highest level of education. Among males without disability as many as 35.9% reached this level as the highest. The second highest proportion is junior secondary, with the highest proportion found among females with disability (38.0%). Then follows senior secondary with the highest proportion among non-disabled females (28.0%). Vocational school is ranked as number four, with the highest proportion found among males and females without disability (14.4% and 15.9%). University is reported for 2.8%, with the highest proportions found among males with and females without disability (4.3% and 3.0% respectively). University is reported for 3.0%, and highest among males with and females without disability (4.3% and 3.4% respectively). Finally, college is reported for 1.9% of the total sample, and highest among males and females with disability (3.9% and 4.0%). There is thus no very clear pattern that distinguishes between individuals with and without disability.



Figure 14. Literacy by gender and disability (N = 8113)

Significantly fewer individuals with disability than non-disabled are able to read or write (52.6% and 89.9% respectively, χ^{2} = 894,16, p < .001). Somewhat more females than males with disability are literate, while the opposite is the case among non-disabled. The male - female difference is however small in both groups.

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Figure 15. Literacy by disability status and locality (5 years +) (N = 8172)

Among individuals with disability, respondents from urban villages score highest on literacy, followed by cities/towns and rural locations ($\chi^2 = 18.53$, p < .001). Among non-disabled, the highest score is found among individuals living in cities/towns, followed by urban villages and lastly rural locations ($\chi^2 = 123.84$, p < .001).

Employment/economic activity

	Individuals with disability				Individuals without disability				
	Ma	les	Fem	Females		ales	Fer	Females	
	%	Ν	%	Ν	%	Ν	%	Ν	
Paid work	8.3	34	4.8	17	25.9	582	21.	667	
Self employed	4.2	17	4.2	17	9.2	221	9.8	221	
Non-paid worker	0.2	1	0.0	0	0.6	13	0.4	14	
Homemaker	0.0	0	1.7	6	0.2	4	3.2	100	
Retired	6.1	25	3.7	13	3.6	80	2.3	73	
Student	6.1	25	5.7	20	16.7	376	13.8	435	
Unemployed for health	46.6	190	42.5	150	2.2	49	2.9	90	
reasons									
Unemployed for other reasons	26.5	108	36.5	129	39.1	880	46.2	1454	
Other reasons	2.0	8	1.4	5	2.0	46	1.3	40	

Table 14. Employment/economic activity (=> 15 years) (N = 6157)

Among individuals with disability, close to half are reported to be unemployed for health reasons, while more than one in four of males with disability and more than one third of females with disability are unemployed for other reasons. This amounts to more than two out of three of individuals with disability being unemployed, while the corresponding unemployment rate for

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controls is four out of ten among males and slightly less than 50% of the females. More males than females have paid work. Among non-disabled, four out of ten of the males and almost half of females are reported to be unemployed for other reasons. Paid work is considerably higher among controls and males more often report paid work among both cases and controls. While around 6% of individuals with disability are students, this is more than twice as high for non-disabled, and with non-disabled males scoring particularly high with 16.7%.

Skills

A question was asked to tap any formal or informal training that has resulted in having a particular skill (e.g. carpentering, sewing, running business, farming etc.).

	Individuals with disability			Non-disabled				
	Males		Females		Males		Females	
	%	Ν	%	Ν	%	Ν	%	Ν
Yes, have a particular skill	29.8	127	20.6	75	28.1	642	20.2	677
No particular skill	70.2	288	79.4	289	71.9	1643	79.8	2671

Table 15. Skills possession by disability status and gender (> 15 years) (N = 6423)

Around one in four in both groups (case and control) have a particular skill that they have got through training (25.6% and 23.4% respectively). For both groups, more males than females report having a skill, with the male - female difference being significant for both groups (cases: $\chi^2 = 8.74$, p < .01: controls: $\chi^2 = 46.97$, p < .001).

Table 16. Formal/informal training to get skills by disability status and gender (> 15 years) (N = 1666)

	Individuals with disability			Non-disabled				
	Males		Females		Males		Females	
	%	Ν	%	Ν	%	Ν	%	Ν
Formal training	43.8	60	41.0	34	44.5	309	38.2	287
Informal training	56.2	77	59.0	49	55.5	385	61.8	465

A total of 41.4% of those who responded to this question (i.e. respondents who reported having a skill) have formal training to obtain their skills, while 58.6% have informal training. There are small differences between individuals with and without disability and between males and females.

Reproductive health of female household members

A series of questions on reproductive health was asked to female household members 15 years or older.

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Figure 16. Females > 15 years who have children (N = 3856)

Fewer females with disability as compared to non-disabled have children. The difference is however only significant among females in urban villages ($\chi^2 = 11.91$, p < .001), and for the female population as a whole ($\chi^2 = 11.97$, p < .001).



Figure 17. Mean number of children by disability status and locality (N = 2268)

There is a significant difference between females with and without disability in number of children (4,05 and 3,73 respectively) (F = 3,96, p < .05). In urban villages and particularly in rural locations, females with disability have on average a higher number of children, but this is reversed in cities/towns. Females in rural areas have more children, followed by females in urban villages, and finally females in cities/towns (F = 21.10, p < .001).

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Figure 18. Stillbirths by disability status and locality (> 15 years) (N = 3574)

More females with disability than non-disabled females have experienced one or more stillbirths. The difference is however not statistically significant. Likewise, stillbirths are more common in rural areas, and particularly among individuals with disability, followed by cities/towns and lastly by urban villages, with the differences being too small to reach statistical significance.

Income and expenses



Figure 19. Main source of income by Case/Control Household (N = 1973)

The main source of income is reported to be wage/salary, reported by 35,8% and 47,8% of case and control households respectively. Remittances is reported by 16.0% and 14.0% in case and control

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HHs, private insurance by 9.0% and 4.8%, and rent by 5.1% and 2.9% respectively. The figure demonstrates that Control households more often have income from formal employment, while case HHs rely more on cash transfer from Government. Other smaller differences are found in that case households more often report remittance and private insurance as main source of income, while control households more often report informal business. Finally, case households more often report no income whatsoever.



		Least	2	3	4	Most
Food and beverages	Case	2,7	5,7	12,9	18,7	59,9
	Control	1,5	6,3	13,1	20,6	58,6
Rent, building materials, land,	Case	32,3	16,5	15,1	17,5	18,6
house	Control	30,5	12,9	16,5	18,4	21,7
Fuel, power, electricity	Case	32,7	24,7	16,3	17,3	9,1
	Control	32,7	24,2	20,6	13,5	9
Agricultural inputs	Case	56,9	26,7	5,9	5	5,4
	Control	54,6	25,5	10,8	5,6	3,6
Medical care ¹	Case	62,3	18,2	9,5	4,8	5,2
	Control	66,6	19,2	9,6	2,9	1,7
Cultural and entertainment ¹	Case	78,8	12,4	7,1	0,4	0,3
	Control	71,5	18,2	7	3	0,3
Tobacco	Case	73,6	13,4	5,5	5,1	2,4
	Control	75,9	15,2	4,7	2,7	1,6
Clothing and footwear	Case	34,1	29	19,3	11,9	5,7
	Control	29,4	30	22,9	12,2	5,5
Transportation	Case	42,6	27	16,8	7,7	6
	Control	44,8	26,9	17,1	7	4,2
Education	Case	38,6	26,2	17,7	11,6	5,9
	Control	41,2	26,9	16,4	8	8,5
Domestic servants	Case	46,8	20,3	11,4	16,5	5,1
	Control	54,2	19,8	15,6	8,3	2,1
Alcohol ¹	Case	65,6	13,9	12,4	4,8	3,3
	Control	63,4	24,3	7,2	2,5	2,5
Savings and investments ¹	Case	53,3	21,1	21,1	2,5	2,1
	Control	43,7	26,1	21,1	5,3	3,8
¹ p < .05						

Table 17 . Expense ranking by Case and Control HHs (N = 1601 - 1637)

For both case and control households, most of the income is spent on food and beverages, followed by rent and building expenses, education and fuel, power and electricity. For three of the items in Table 17. there is a statistical significant difference between the two household types: case households tend to use more on medical care and alcohol, while control household rank savings and investments somewhat higher than case households.

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Primary Source	Case Hou	seholds	Control Ho	ouseholds	Total		
	%	Ν	%	Ν	%	Ν	
Wage	38.0	361	48.6	473	43.4	834	
Remittances	16.5	157	14.3	139	15.4	296	
Cash cropping	2.6	25	3.0	29	2.8	54	
Livestock sales	1.1	10	0.8	8	0.9	18	
Subsistence farming	2.6	25	2.5	24	2.5	49	
Subsistence fishing	0.1	1	0.2	2	0.2	3	
Formal business	1.5	14	3.6	35	2.5	49	
Informal business	6.8	65	7.1	69	7.0	134	
Private	9.3	88	4.7	46	7.0	134	
insurance/pension							
Workman's	0.3	3	0.3	3	0.3	3	
compensation							
Rent	5.3	50	2.9	28	4.1	78	
Other	15.9	151	12.0	117	13.9	268	

Table 18. Primary source of income (N = 1953)

The highest ranked primary source of income is wage, followed by remittances, other, informal business and private insurance/pension. Control HHs are clearly higher on wage as primary source, case HHs are somewhat higher on private insurance/pension, but otherwise the differences are relatively small.



Figure 20. Number of bedrooms in the households by locality (N = 1724)

Households most commonly have two or three bedrooms. The social gradient is visible in that rural households score higher on one or two bedrooms, while more households in cities/towns have three bedrooms.

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	City/1	own	Urban	villages	Ru	ral	T	otal
	%	Ν	%	Ν	%	Ν	%	Ν
Rented	32.0	91	15.5	148	3.0	22	13.2	261
Owned	52.1	148	79.9	764	94.0	695	81.2	1607
Rent free (not owned)	1.8	5	3.2	31	1.9	14	2.5	50
Provided by employer (Government	6.3	18	0.8	8	0.3	2	1.4	28
Provided by employer (Private	7.4	21	0.1	1	0.4	3	1.3	25
Other	0.4	1	0.4	4	0.4	3	0.4	8

ble 19. Housing situation by location (N = 1979)

Self-ownership of house is the most common housing situation in all three locations, but while this is dominating strongly in rural areas, and also dominates in urban villages, only slightly over half of the households own their own house in cities/towns. Rented dwellings is however much more common in cities/towns than in urban villages, and in rural areas very few rent the house they live in. Housing provided by employers, whether Government or private, is almost entirely a city/town phenomenon.



Figure 21. Household situation by case and control (N = 1981)

Figure 21 shows small differences between the two household types. Somewhat more case households own the house that they live in, while somewhat more control households rent their dwelling.

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	City/	Гown	Urban	villages	Ru	ral	Т	otal
	%	Ν	%	Ν	%	Ν	%	Ν
Piped water indoors	50.4	142	22.4	210	6.5	46	20.6	398
Piped water outside, on property	43.3	122	68.3	640	47.0	334	56.8	1096
Public pipe	0.7	2	3.0	28	27.5	195	11.7	225
Borehole	0.0	0	0.0	0	2.7	19	1.0	19
Protected well	0.0	0	0.0	0	0.3	2	0.1	2
Unprotected well	0.0	0	0.0	0	0.6	4	0.2	4
River/stream/dam	0.0	0	0.0	0	1.4	10	0.4	10
Tanker	0.0	0	0.0	0	0.0	0	0.0	0
Other	0.0	0	0.1	1	0.0	0	0.1	1

Table 20. Main source of drinking water (N = 1929)

In cities/towns, the most common source of drinking water is piped water indoors, while a substantial number also have piped water outside, on the property. In urban villages, the main source is piped water outside, on property, while more than one in five has piped water indoors. In rural area, almost half report piped water outside, on property, while more than one in five report that they use public pipe. These differences reflect the expected infrastructure differences between the three locations.



Figure 22. Source of drinking water by Case and Control Households (N = 1931)

There are small differences in source of drinking water between the two household types. Slightly more control households have Piped water inside, while slightly more case households have piped water outside, on their own property, and piped water outside their property.

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	City/	Town	Urban	villages	Rı	ıral	Т	otal
	%	Ν	%	N	%	Ν	%	Ν
Electricity	27.2	77	22.1	211	9.7	72	18.2	360
Paraffin	1.8	5	1.3	12	0.7	5	1.1	22
Gas	59.7	169	36.3	347	9.6	71	29.7	587
Wood	11.0	31	40.3	385	80.0	591	50.9	1007
Coal/charcoal	0.4	1	0.0	0	0.0	0	0.1	1
Dung/grass/stalks	0.0	0	0.1	1	0.6	4	0.1	1

Table 21	Main	source of energy	for	cooking	(N = 1929)
1 auto 21.	Iviaiii	source of energy	101	COOKINg	$(1 - 1) \Delta J$

The most common source of energy for cooking in cities/towns is gas, but more than one in four use electricity and more than one in ten use wood. In urban villages, gas and wood is used by around one in four each, while electricity is somewhat lower than in cities/towns. In rural areas, wood is clearly dominating, with one in ten reporting electricity as the main source.



Figure 23. Main source of energy for cooking by case and control Households (N = 1980)

Case households more often than control households report wood as source of energy for cooking, while control households report electricity and gas more often as the main source.

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	City/1	Town	Urban	villages	R	ıral	Т	'otal
	%	Ν	%	Ν	%	Ν	%	Ν
Electricity	78.2	222	73.4	700	38.6	286	61.1	1208
Paraffin	13.0	37	15.2	145	29.7	220	20.3	402
Wood	0.0	0	0.0	0	0.0	0	0.0	0
Coal/charcoal	0.0	0	0.4	4	6.1	45	2.5	49
Solar	0.0	0	0.0	0	0.1	1	0.1	1
Candles	0.0	0	0.0	0	0.3	2	0.1	2
Torch	8.1	23	10.5	100	23.0	170	14.8	293
Other	0.7	2	0.5	5	2.2	16	1.2	23

22	Main	source of energy	for	lighting	hv	location	(N =	1929)
	1viuiii	source of energy	101	ingining	Uy	location	(1)	1/4//

Electricity dominates as source of energy for lighting, but clearly more so in cities/towns and in urban villages. Even in rural areas, electricity is the most common, followed by paraffin and torch. The second most common in cities/towns and in urban villages is paraffin, followed by torch, but these are both less common than in rural areas.



Figure 24. Main source of energy for lighting by Case and Control Households (N = 1980)

Somewhat more control HHs report electricity as the main source of energy for lighting, while slightly more case HHs report paraffin and torch as the main source.

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	City/1	own	Urban	villages	R	ural	Т	'otal
	%	Ν	%	Ν	%	Ν	%	Ν
Flush toilet	62.0	176	27.2	260	9.2	68	25.5	504
Traditional pit latrine	31.3	89	55.2	528	59.4	438	53.3	1055
Ventilated pit latrine	6.3	18	14.4	138	7.5	55	10.7	211
No facility	0.4	1	3.1	30	23.1	170	10.2	201
Other	0.0	0	0.1	1	0.8	6	0.4	7

Table 23. Sanitation facility by location (N = 1980)

Modern flush toilets are most common in cities/towns, and least common in rural areas. Traditional pit latrines are most common in rural areas, followed by urban villages.



Figure 25. Toilet facility by Case and Control Households (N = 1980)

More control than case households have flush toilet, while slightly more case households have pit latrine.

Mortality

A series of questions was asked about deaths in the household the last 12 months. A significantly higher proportion of case Households reported deaths, as compare to control Households: 12.3% and 7.4% respectively.

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Figure 26. Cause of death in last 12 months by Case and Control Households (N = 182)

Figure 26 shows reasons for deaths during the last 12 months, among households who reported any deaths the last 12 months. Other diseases are mostly reported, 34.9% of the case HHs and 26.0% of the control HHs respectively. The second most common is HIV/AIDS related, with more case HHs reporting this as a cause, 11.0% and 8% respectively. Control HHs are higher on accidental deaths, old age, cancer and high blood pressure, while case HHs are higher on TB. The higher scores on TB and HIV/AIDS among case HHs may be indicative of the disabling effects of these diseases. Difference in age of death is marginal, and around 55 years in both household types. Among the reported deaths, significantly more were individuals with disability in case HHs (15.9% vs. 9.5%).

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INDIVIDUAL CASE AND CONTROL

Every individual identified as a person with disability in the household interview was invited to participate in detailed individual interview (individual case). For comparative purposes, a corresponding number from the control households (matched by gender and age) were invited to participate in a detailed individual interview (individual control). The WG6 screening was repeated in the individual questionnaire. As expected, the individual level screening differed slightly from the household level screening (i.e. response from individual with disability vs. response from head of household). The combined individual case/control file for analyses thus comprise 942 individual cases and 1036 individual controls. Small variations in N in the below analyses is due to missing cases.

Table 24. Gender distribution (N = 1950)

	Ca	Case		Control		Total	
	Ν	%	Ν	%	Ν	%	
Male	524	53.7	380	39.0	904	46.4	
Female	451	46.3	595	61.0	1046	53.6	

The gender distribution in the control group is skewed with fewer males than anticipated, while the case group has a more even gender distribution. This increases the importance of including gender in the case/control comparisons.



Figure 27. Mean age by gender and case/control (N = 1950)

Mean age is higher among control individuals as compared to cases (36.4 vs. 41.4, F = 9.17, p < .01). Mean age among males is 37.3 years and among females 40.5 years (F = 7.11, p < .01).

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Activity limitations



Figure 28. Number of difficulties by gender (N = 991)

Mean number of difficulties is marginally higher among females compared with men (2.22 vs. 2.17, p = n.s.). In Figure 28, all values above 0 on any difficulty (i.e. "some difficulty" or higher) have been recoded to 1, so this is a simple count of numbers without including the degree of activity limitation (disability). More men have only one (out of six) difficulty, and men also score higher on three difficulties. Women score higher on two and five difficulties.

WG6 scale

The six activity limitation questions were added together to form an Activity Limitations Scale. A small number of missing values were replaced by mean. Possible scale values ranged from 0 to 18, mean value (among cases) was 4.51 and standard deviation 2.95. There were only a marginal difference between men and women (mean: 4.57 and 4.45 respectively). Small and insignificant differences were also found between the three location types (City/Town: 4.55, Urban villages: 4.48, Rural: 4.55).

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Figure 29. Mean Activity Limitation score (WG6) by age category

Severity of disability (activity limitation) is highest among children between 0 and 10 years, then decreases by age until it starts increasing again from 50 years.

Environmental barriers

The understanding that the environment can be a co-factor contributing to disability has provided the impetus for broadening the scope of scientific inquiries on disability. In this new paradigm, disabilities are considered to be the result of interactions among personal, biomedical and functional limitations, and environmental barriers to participation. In this survey, the magnitude of different environmental barriers was measured by means of a 12 item scale.

Lack of transport, natural environment and lack of information stand out as most often perceived as a barrier by the respondents. This is followed by access to health services and other factors in the surroundings. A consistent and statistically significant pattern was found in that case individuals reported higher barriers as compared to control individuals.

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	Ne	ever	< M	onthly	Mo	nthly	We	ekly		Daily
	C Coi	ase ntrol	C Cor	ase ntrol	C Coi	ase ntrol	Ca Con	nse trol	Case	Control
Transportation	55.3	82.0	10.7	6.2	13.7	4.8	8.4	2.7	11.9	4.5
Natural environment	57.6	82.9	15.7	10.3	10.0	3.4	6.1	2.1	10.6	1.2
Surroundings	78.8	85.7	7.8	7.7	5.2	3.1	3.6	1.6	4.6	1.9
Information	61.3	84.7	9.9	7.2	7.6	2.6	4.9	1.6	16.3	3.9
Health care	76.7	86.4	8.4	7.5	8.1	3.0	4.4	1.7	2.5	1.4
Help at home	74.9	91.7	8.1	4.2	4.9	1.8	4.3	0.9	7.8	1.4
Help at school	75.3	92.7	8.6	4.2	7.9	1.2	2.5	1.2	5.7	0.8
Attitudes at home	85.5	95.1	3.8	1.2	4.3	1.3	2.4	0.5	3.9	0.9
Attitudes at school	75.8	92.8	7.8	3.9	5.7	1.1	5.1	0.7	5.7	1.5
Prejudice	75.8	95.7	8.8	1.4	5.9	1.1	3.5	1.1	6.0	1.8
Rules of business	82.4	89.1	5.6	6.1	4.0	2.3	2.9	0.8	5.1	1.7
Government rules & policies	70.7	79.7	7.9	8.5	5.8	4.5	4.5	1.7	11.1	5.6

Table 25. Experienced environmental barriers among individuals with disability in the last 12 months

The 12 items were subject to a scale analysis, producing a coefficient (Chronbach's alpha) of 0.79, which supported adding ten of the items together to form an Environmental barrier scale (school items excluded). The scale had a range of 10 - 40, mean value 15.83, and standard deviation 5.83. The level of environmental barriers varies marginally by location with highest mean level (case and control combined) on the scale found in cities, followed by rural areas, and lastly urban villages. In all three locality types, however, case individuals score higher on environmental barriers as compared to control individuals. Differences between males and females were found to be small.



Figure 30. Environmental barriers by location and case/control

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Marital status



Figure 31. Marital status by Case and Control (> 15 years) (N = 1559)

Most respondents, i.e. around 2 in three (case and control), reported that they had never married, while 12 - 14% were married with certificate and 8 - 9% were widowed. A slightly higher proportion of individuals with disability reported that they were never married, and fewer were married than non-disabled. More individual cases reported that they were widowed. The case/control difference was however not statistically significant. Marital status varied somewhat by location, in that fewer rural respondents never had married, fewer were married with certificate, slightly more had married traditionally, and more were widowed.



Figure 32. Marital status by case/control and gender (N = 1559)

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Figure 32 reveals that the distribution of marital status remains largely the same when analysing by gender. We can however observe (Figure 32) that fewer females with disability were married with certificate, while more were widowed, as compared to non-disabled females. The difference between females with and without disability was statistically significant (χ^2 = 20.15, p < .01), but not for males. Differences between males and females were statistically significant, but somewhat stronger among cases (χ^2 = 55.19, p < .01 than controls (χ^2 = 14.14, p = .015).



Health

Figure 33. Chronical illness during last 12 months by gender and case/control (N = 1874)

Individuals with disability report more often that they had been chronically ill during the last 12 months (22.2% vs. 11.9%, χ^2 = 34.30, p < .001). This also goes for males (18.9% vs. 9.0%, χ^2 = 15.95, p = .015) and females (25.9% vs. 13.7%, χ^2 = 23.69, p < .001). Also with regards to gender, females report chronical illness more often than men (19.2% vs. 15%, χ^2 = 5.76, p = .001), and this was found also among cases (18.9% vs. 25.9%, χ^2 = 6.83, p < .01) and among controls (9.0% vs. 13.7%, χ^2 = 4.39, p < .05). There is thus a clear case/control and gender difference. The variation in reported chronic illness by location was marginal, although respondents from urban villages reported somewhat higher incidence (2 percentage points).

A question on specific illnesses was asked to all respondents who had reported a chronic illness during the last 12 months. Of the 15 mentioned illnesses, individuals with disability reported significantly higher incidence as compared to non-disabled. The same pattern of differences was mostly upheld when analysing males and females separately, but for a few of the illnesses, the differences were statistically significant only for males or for females. The most common illnesses among individuals with disability were back/neck problem, depression/anxiety/emotional problem, mental retardation, and hypertension.

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	2		
	Case	Control	
Asthma/breathing	9.1	9.2	
Arthritis/rheumatism ¹	11.0	3.8	
Back/neck problem ¹	22.7	13.1	
Fracture/bone injury ¹	14.6	3.6	
Heart problem ¹	8.6	4.2	
Stroke ¹	9.3	1.3	
Hypertension ³	18.3	15.3	
Kidney, bladder or renal	3.4	2.1	
Diabetes	3.8	2.5	
Cancer ²	1.6	0.3	
Mental retardation ¹	20.3	1.1	
Developmental problem ¹	14.8	1.0	
Depression/anxiety/emotional	21.1	8.1	
problem ¹			
Missing limb/amputee ¹	5.5	0.2	
Neurological disorder ¹	6.7	0.5	

Table 26. Chronic illness last 12 months by Case and Control (N = 1970 - 1963)

1: p < .001), 2: p < .01, 3: p < .05

Causes of disability

A separate question on cause of disability was asked for each of the six WG6 domains.

	Seeing	Hearing	Walking	Remembering	Self-care	Communi- cating
	(N=286)	(N=149)	(N=506)	(N=304)	(N=378)	(N=257)
Birth/congenital	26.9	36.9	31.6	54.9	43.1	71.6
Accident	11.2	8.7	15.2	3.9	7.7	1.6
Burns	0.7	0.7	3.4	2.3	2.9	0.4
Disease/illness	45.8	38.9	41.1	30.3	38.9	20.6
Beaten at home	0.3	0.7	0.2		0.3	
Violence outside	0.7	1.3	0.6	0.7	1.3	0.4
home						
War					0.3	
Animal related	0.7	0.7	0.6	0.3		
Stress related	0.7	0.7		2.6	0.8	0.4
Witchcraft	2.1	0.7	1.6	0.3	0.8	1.6
Others	4.9	5.4	3.2	2.0	2.4	1.6
Don' know	5.9	5.4	2.6	2.6	1.6	1.9
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Table 27. Self-reported causes of disability



The table shows how the respondents or their proxies perceived the causes of the different types of difficulties. There is a very clear dominance among the answers that the main causes of all activity limitations/disabilities are (from) birth/congenital and disease/illness. Accidents are also relatively high among some of the domains. Controlling for gender revealed firstly no statistically significant differences. However, males scored higher on accidents as a cause in all the domains, and females tended to score higher on birth/congenital on seeing, hearing and walking difficulty, while males scored higher on birth/congenital on concentration and self-care.

WG6 domain	City	Urban village	Rural
Seeing $(N = 2869)$			
Birth/congenital	30.8	32.4	20.2
Accident	0.0	11.8	12.9
Disease	61.5	43.4	45.2
Hearing $(N = 149)$			
Birth/congenital	25.0	43.1	34.4
Accident	15.0	12.3	3.1
Disease	45.0	33.8	42.2
Walking $(N = 505)$			
Birth/congenital	39.7	34.4	24.7
Accident	13.8	17.9	10.9
Disease	36.2	39.6	45.4
Remembering $(N = 304)$			
Birth/congenital	45.8	58.8	53.4
Accident	8.3	3.9	1.9
Disease	31.3	29.4	31.1
Self-care ($N = 378$)			
Birth/congenital	36.8	44.9	42.4
Accident	13.2	10.2	2.8
Disease	36.8	37.8	41.0
Communicating $(N = 257)$			
Birth/congenital	70.6	69.4	75.3
Accident	0.0	3.0	0.0
Disease	20.6	23.1	16.9

Table 28. Main causes of disability by WG 6 domain and location (percentage)¹

¹ Among those with the specific difficulty

A breakdown was done with the three most common causes of disability by location. Birth/congenital and disease were the two major causes also at the level of the six domains, and with accidents largely as the third most important. In Table 28 we see that there is considerable variation between the location types as well as the domains. While caution is needed when interpreting this table (many subgroups and low n), we can for instance see that, contrary to what may have been expected, birth/congenital is not higher in rural areas. Rather, it is lower for some domains and on the same level as the other location types for other domains. Disease as a cause is high for seeing/visual impairment and particularly in cities; birth/congenital is particularly important as a cause for communication difficulties in all three location types; Accident as a cause is most common for hearing and walking difficulties.

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Figure 34. Age of onset of activity limitations

Figure 34. reveals an overall pattern with the largest group reporting onset in high age (60 +), but it also reveals that many experience onset very early in life. Communication difficulties score particularly high on early onset, followed by remembering, hearing, and self-care. The Figure thus reveals a combination of an age gradient and relatively high levels of early onset.

There is some variation between the six domains (difficulties) concerning mean age of disability onset: seeing: 43.4 years; hearing: 36.8 years; walking: 36.7 years; self-care: 34.4 years; remembering: 30.1 years; communication: 25.1 years. Higher mean age implies that the difficulty is more strongly associated with ageing, and lower mean age implies a stronger tendency for a development problem starting early in life. The latter is confirmed by Table 28 above where we can see that birth/congenital is particularly high for communication and remembering difficulties.

A breakdown of age of onset by location type revealed some variation between cities/urban villages/rural areas. For two of the domains/difficulties there was a significant difference; Rural respondents report higher mean age for onset of walking difficulties and self-care difficulties as compared to cities and urban villages.

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Violence and discrimination



Figure 35. Experience of violence and discrimination by gender (N = 966 - 971)

A total of 13.7% of the respondents reported to have been beaten or scolded because of their disability, dropping to 7.6% when concerning family members only. Discrimination by public service due to disability was reported by 11.9%. Gender differences shown in Figure 35 are not statistically significant. No significant differences were found between the three location types.

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	Case		Cor	Control		Total	
	Ν	%	Ν	%	Ν	%	
Asthma	94	9.1	86	9.2	180	9.1	
Arthritis/rheumatism ¹	113	11.0	36	3.8	149	7.6	
Back/neck problem ¹	233	22.7	123	13.1	356	18.1	
Fracture or bone/joint injury ¹	151	14.6	34	3.6	185	9.4	
Heart problem ¹	89	8.6	39	4.2	128	6.5	
Stroke ¹	95	9.3	12	1.3	107	5.5	
Hypertension	188	18.3	143	15.3	331	16.8	
Kidney, bladder or	35	3.4	20	2.1	55	2.8	
renal problem							
Diabetes	39	3.8	23	2.5	62	3.2	
Cancer ²	16	1.6	3	0.3	19	1.0	
Mental retardation ¹	208	20.3	10	1.1	218	11.1	
Developmental problem ¹	152	14.8	9	1.0	161	8.2	
Depression/anxiety/ emotional problem ¹	218	21.1	76	8.1	294	14.9	
Missing limbs/ amputee ¹	56	5.5	2	0.2	58	3.0	
Neurological disorder ¹	68	6.7	5	0.5	73	3.7	

Table 29. Health conditions (N = 1958 - 1970)

 $^{1} p < .001, ^{2} p < .01$

For all health conditions listed in Table 29, individuals with disability score higher than nondisabled, and for most of the conditions the difference is statistically significant. The difference is larger for the health conditions that are more directly related to disability, as for instance mental retardation, and the overall picture presented in the table is that of higher morbidity and a confirmation of a clear link between health and disability. Analysing by gender reveal that for heart problem, hypertension and kidney/bladder problems, a significant difference was found for females only, and for cancer and diabetes among males only. For all other illnesses in Table 29, the difference between cases and controls were confirmed for both males and females. Only for back/neck problems, kidney/bladder and neurological disorder no significant gender difference was found. Incidence of mental retardation and missing limb/amputee ere higher among males, while arthritis, bone injury, heart disease, stroke, and hypertension were higher among females.

Analyzing variation between locality types revealed that for half of the illnesses in Table 29 (arthritis, back/neck problem, bone fracture, heart disease, stroke, diabetes, and depression), there was a significant difference in that incidence was highest in cities, followed by urban villages, and lowest in rural areas. This does not necessarily imply that incidence of diseases is lower in the rural population, and this variation could just as well indicate a combination of less access to health services (and thus diagnosis) and lower level of health knowledge, including knowledge about own health.

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Service gaps

Questions were asked about different common services, and whether respondents with disability were aware of the services, whether they had ever needed and received the services.

Service type	Aware		Needed	Received
	Ν	%	N %	N %
Medical rehabilitation	631	64.9	575 59.0	321 33.0
Assistive devices	709	73.0	574 59.1	330 34.0
Educational services	622	64.1	500 51.5	282 29.1
Vocational training	496	51.1	354 36.5	78 8.0
Counselling for	569	58.5	503 51.7	165 17.0
person with				
disabilities				
Counselling for	561	58.0	491 50.7	204 21.1
parents/family				
Welfare services	775	79.3	784 80.2	300 30.7
Health services	877	89.2	890 90.5	804 81.9
Health information	763	78.0	753 77.0	594 60.7
Traditional healer	696	71.4	360 36.9	297 30.4
Legal advice	359	37.4	172 17.9	16 1.7

Table 30. Gap analyses, different services. N = 968 - 983.

Respondents with disability are particularly aware of health services, welfare services, and health information, and they are least aware of legal advice and vocational training. A large majority stated that they had received health services, followed by health information, while very few had received legal advice, vocational training, and counselling.

A gap between received and needed (% of those who stated that they needed a service and who had accessed the service) was calculated on the basis of the figures in Table 30.

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Figure 36. Gap in services (100 - (received/needed))

The largest gap in services in percentage points is welfare services (49.5%), counselling for persons with disabilities (34.7%), and counselling for parent/family (29.6%). In figure 36 the gap is however shown as relative to perceived need. The gap has here been calculated as 100% minus the ratio between received and needed, yielding the highest gap between needed and received for legal advice, followed by vocational training, counselling and welfare services. The smallest gaps are found for health services, health information, and traditional healer.



Figure 37. Satisfaction with services

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With some variation, around two thirds are either very satisfied or satisfied with the different services they have received. The highest combined score (very satisfied + satsified) was found for counselling for parent/family (78.1%), followed by traditional healer (77.2%) and health information (76.8%). The lowest combined score was found for medical rehabilitation (60.1%), educational services (60.6%), and legal advice (64.0%). The most negative score (Not satisfied) was found for assistive devices and welfare services (18.9% on both), and medical rehabilitation (18.0%), while the lowest score on not satisfied were found for the two counselling services (2.7% and 3.8%).

Education (15 years and older)



Figure 38. School attendance by location and gender (≥ 15 years) (N = 1617)

Overall, 60.3% of individuals with disabilities aged 15 years or higher report that they have accessed formal primary education. The corresponding figure for non-disabled is 82.6%. In all three locations and for both males and females, individuals with disability have less access to formal primary education. While small differences can be observed between males and females, gender differences are not statistically significant. Overall school attendance in the sample for individuals with and without disability respectively is 82.4% and 89.9% in cities, 62.6% and 85.9 in urban villages, and 50% and 76.2% in rural areas, with differences between case and control being statistically significant in all three locations.

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Figure 39. Mean years of education by gender and location (=> 15 years) (N = 1149)

Mean years of education among respondents who have attended school and are 15 years or older is 10.3 years among individuals with disability and 9.9 years among non-disabled (not significant). In cities/urban areas, overall figures are 11.5 years, and 10 and 9.2 years in urban villages and in rural areas (not significant). Gender differences are small and largely non - significant. The high mean number of years at school among disabled females in rural areas is surprising and not possible to explain by means of this study.

		Case			Control	
	Cities/ urban	Urban villages	Rural areas	Cities/urban	Urban villages	Rural areas
Still	9.4	8.5	9.0	13.6	8.3	12.0
attending						
Primary	30.6	43.8	53.1	21.6	25.4	36.1
Junior	31.8	25.0	25.5	25.0	28.1	31.9
Secondary	10.6	6.2	6.9	30.7	23.4	12.5
Vocational	5.9	5.0	2.8	2.3	4.7	3.7
College	5.9	5.0	2.1	4.5	4.7	1.4
University	5.9	4.2	0.7	2.3	5.0	2.4

Table 31. Hig	hest level of edu	acation by case	e/control and	location $(=>$	15 years)	(N = 1132)
<u> </u>		2			<i>J j</i>	

Most individuals with disability have either primary or junior secondary school as the highest level achieved, while non-disabled more often report senior secondary school as the highest level. There are further differences between the locations in that more respondents from cities/urban have reached secondary school. The category "still attending" is also higher among urban dwellers

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(cities) and higher among non-disabled except among respondents from urban villages. The case/control difference is statistically significant in cities and in urban villages

	Yes, have been refused because of disability
	%
Pre-school	1.2
Primary school	5.0
Secondary school	1.3
Special school (any level)	2.5
Special class (remedial)	1.1
University	0.7

Table 32. Have ever been refused entry to school because of disability (=> 15 years)(N = 825)

Few respondents have been refused entry to school because of disability, with the highest proportions found in Primary school with 5.0%. No significant gender differences were found.



Figure 40. Study as far as planned by case/control and gender (=>15 years) (N = 1162)

The large majority of respondents state that they did not study as far as planned. The gender difference is relatively small. More cases than controls responded no to this question ($\chi^2 = 7.85$, p = .020), but this is statistically significant only among males ($\chi^2 = 10.51$, p < .01). Non-disabled males more often report that they have studied as far as planned or that they are still attending.

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Figure 41. Study as far as planned by case/control and location (=> 15 years) (N = 1179)

The additional (to Figure 40) information in Figure 41 is that more individuals with disabilities report that they did not study as far as planned within each of the location types. The difference is however significant only when comparing all cases and controls ($\chi^2 = 7.68$, p < .05) and among rural respondents ($\chi^2 = 7,07$, p < .05).

Employment and income



Figure 42. Work status by case/control and gender (≥ 15 years) (N = 1615)

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More controls than cases state that they are currently working (32.9% and 14.7% respectively), and more males with disability have previously been employed as compared to non-disabled males (42.7% and 29.6% respectively). More cases than controls have never been employed (46.9% and 35.5% respectively). The case/control difference is highly significant ($\chi^2 = 81.41$, p < .001), and for both males ($\chi^2 = 60.75$, p < .001) and females ($\chi^2 = 35.50$, p < .001). Figure 42 shows a clear tendency for individuals with disability to be less included in the labor market. Likewise, there is a significant gender difference in that females are less included in working life than males ($\chi^2 = 35.72$, p < .001), and for both individuals with and without disability ($\chi^2 = 31.66$, p < .001 and $\chi^2 = 16.96$, p < .01 respectively).

	Mean income	Ν	F	р	
		339	5.03	< .05	
Case	1727.11				
Control	2813,30				
Case		107	2.49	n.s.	
Males	2034,71				
Females	1168.57				
Control		232	5.93	< .05	
Males	3594.31				
Females	2121.19				
Case		109	3.41	< .05	
Cities	2078.67				
Urban villages	2175.88				
Rural	681.09				
Control		233	2.01	n.s.	
Cities	2232.74				
Urban villages	3352.29				
Rural	2086.19				

 Table 33. Regular current income per month (BWP)

Respondents were asked about their regular current income. Among those relatively few with a regular income, individuals with disability stated significantly less income than non-disabled; mean income among individuals with disability is 60% of mean income for non-disabled. Males stated higher income than females, but the difference was only significant among controls, where females reported around 60% of mean income among males. The relative gender difference in mean income is even larger among individuals with disability, but lower N impacts on the level of significance.

The mean income difference reflects socio-economic differences primarily between the two urban locations and rural areas. Among cases, mean income among rural respondents is less than a third of mean income among respondents from urban villages, while the difference among controls is smaller.

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Reason for unemployment	Case		Control		
	Ν	%	Ν	%	
Retired	53	7.4	36	15.9	
Retrenched	26	3.6	51	22.6	
Fired	6	0.8	9	4.0	
Injury/accident at work	12	1.7	1	0.4	
Illness	78	10.9	26	11.5	
Disability	389	54.5	8	3.5	
Other	141	19.7	95	42.0	
Don't know	9	1.3	0	0.0	

Table 34. Reason for unemployment among cases and controls (=> 15 years) (N = 940)

Reasons for unemployment differ between case and controls ($\chi^2 = 243.04$, p < .001). The main difference is due to more than half of case individuals stating that they are unemployed due to their disability. The corresponding figure for controls is understandably very low, and the few cases that are reported most likely reflect previous disabling conditions. Controls report more often "other" and "retrenched" as the reason for unemployment.

Table 35 Receiving social security, a disability grant or any other form of pension/grant by gender and location. Individuals with disability => 15 years

	Males		Females	
	Ν	%	Ν	%
Urban/cities	15	28.3	13	28.3
Urban villages	61	28.2	53	26.1
Rural	60	38.0	61	48.4

A total of 263 respondents (32.8% of individuals with disability responding to the question) stated that they received a grant or pension. More individuals with disability in rural areas receive any type of social security grant, as compared to urban areas ($\chi^2 = 19.25$, p < .001). There are small and insignificant gender differences, except in rural areas ($\chi^2 = 3.12$, p = .05). The most common grants among the respondents was social security (N = 61, 7.4%), old age pension (N = 39, 4.7%), and isability grant (N = 25, 3.0%). The large majority of those who received a grant reported that they used the pension/grant money on household necessities. Around two thirds state that they decide on the use of the grant/pension money themselves, with hardly any difference between males and females.

Medication

Use of medication or traditional medicine for pain that is caused by the disability was reported by 40.9% of respondents in cities, 30.9% in urban villages, and 29,3% in rural areas (p = .06).

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Assistive devices



Figure 43. Use of assistive device by location and gender (N = 955)

A total of 36.4% (348) state that they currently use an assistive device. As shown in Figure 43, the use of assistive devices is slightly higher in urban than in rural areas, with males in Urban villages scoring particularly high. The difference between locations is however not statistically significant. More males than females report using an assistive device (39% and 33.5% respectively) ($\chi^2 = 3.10$, p < .05), but this is largely due to the difference between males and females in Urban villages ($\chi^2 = 3.11$, p < .05).

Information	eye glasses, hearing aids, magnifying glass, telescopic lenses/glasses, enlarge print, Braille
Communication	sign language interpreter, fax, portable writer, computer
Personal mobility	wheelchairs, crutches, walking sticks, white cane, guide, standing frame
Household items	Flashing light on doorbell, amplified telephone, vibrating alarm clock
Personal care & protection	special fasteners, bath & shower seats, toilet seat raiser, commode chairs, safety rails, eating aids
For handling products & goods	gripping tongs, aids for opening containers, tools for gardening
Computer assistive technology	keyboard for the blind
Other devices	(specify)

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Those who stated that they used an assistive device were asked to categorise their specific device

Figure 44. Type of assistive device in use among those who confirm use (N=116-346)

As shown in Figure 44, devices for personal mobility dominate completely with over 90% of those who confirm that they use an assistive device being in this category. Second is information devices with 15.2% and third communication with 5.3%.

A total of 66.7% of the mobility devices and 61.9% of the sensory devices were stated to be in good working condition.

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Figure 45. Source of assistive device (N = 366)

The most important source of assistive device in Botswana is Government health services (45.9%), followed by private sources (19.4%). More than half (54.5%) obtained the device from Government services, while private/NGOs together was reported by 28.1%).



Figure 46. Acquisition of assistive device (N = 365)

The large majority (70.4%) state that they were given the assistive device for free, while 19.2% had bought the device themselves while in 10.4% of the cases someone else bought the device for the person with disability.

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Figure 47. Maintenance of assistive device (N = 363)

The most common answer to the question about maintenance is that the device is not maintained (40.0%). This is followed by Government (22.4%), self (18.7%), and family (9.4%).



Figure 48. Information on how to use the device (N = 364)

Approximately half (49.5%) of the respondents report that they have received complete information on how to use their device. Around one fifth (20.6%) have received no information what so ever, while 30% have received some information.

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Figure 49. Contentment with assistive device by location (N = 358)

The majority (62.2%) of those who use an assistive device is content or very content with the device, and somewhat more than one in four (27.8%) are less content or not content. A tendency may be drawn from the figure in that fewer respondents in cities seem to be not content and more are very content, but this difference is outweighed by the opposite tendency in the middle categories. The differences between the three locations are not statistically significant.

How do you feel and how do you think about being a person with disability

A series of questions were included on different aspects of daily life and well-being.

Accessibility at	Yes, a	ccessible	No, not	accessible	Not a	pplicable	
home	Ν	%	Ν	%	Ν	%	
Kitchen	621	63.6	95	9.7	260	26.3	
Bedroom	836	84.5	86	8.7	58	5.9	
Living room	506	51.7	78	8.0	395	40.3	
Dining room	315	32.3	71	7.3	590	60.5	
Toilet	754	77.1	116	11.9	108	11.0	

Table 36. Accessibility at home (N = 976 - 980)

Table 36 shows firstly that for a substantial proportion of the respondents, the various facilities/rooms in the house are not applicable, i.e. respondents live in dwellings without for instance dining room (60.5%). Between 7.3% and 11.9% live in houses without the different facilities, and for instance more than one in ten (11.9%) have a toilet in their house that is not accessible. On the other hand, the majority do have accessible bedroom, toilet, kitchen, or living room, while less than a third have an accessible dining room in their home.

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Accessibility in	Yes, ac	cessible	No, not accessible Not applica		plicable	
community	Ν	%	Ν	%	Ν	%
Place of work	104	10.6	9	0.9	865	88.4
School	148	15.0	15	1.5	814	83.3
Shops	540	55.3	152	15.4	284	29.1
Place of worship	604	61.9	99	10.2	272	27.9
Recreational facilities	170	17.4	89	9.1	716	73.4
Sports facilities	335	34.3	110	11.3	531	54.4
Police station	539	54.5	140	14.4	292	30.1
Magistrates/traditional	606	62.0	122	12.5	249	25.5
courts						
Post office	585	60.2	128	13.2	258	26.6
Bank	294	30.4	118	12.2	555	57.4
Hospital	716	73.7	90	9.3	166	17.1
Primary Health Care	861	88.5	78	8.0	34	3.5
Clinic						
Public transportation	689	70.8	199	20.5	85	8.7
Hotels	122	12.6	87	9.0	760	78.4

Table 37. Accessibility in the community (N = 967 - 976)

Many of the facilities listed in Table 37 are not applicable to the respondents, assumed to imply that they are simply not available in the local community of the respondents. For place of work and school, which are particularly high on NA, this is at least partly due to the fact that these places are relevant only for a minority of the respondents. The high figures on NA for hotels, recreational facilities and several of the other facilities are to a larger extent assumed to be due to unavailability particularly in rural areas. We further see from the table that problems with accessibility (not accessible) is highest for public transport, followed by shops, police stations, and post offices.



Social support

	Yes,	often	Yes, sor	netimes	N	0	NA	or not	
	Ν	%	Ν	%	Ν	%	nece	essary	
							Ν	%	
Dressing	240	24.6	162	16.6	453	46.4	121	12.4	
Toileting	189	19.3	90	9.2	551	56.4	147	15.0	
Bathing	285	29.1	153	15.6	420	42.9	120	12.3	
Eating/feeding	106	10.9	62	6.4	641	65.7	167	17.1	
Cooking	552	56.5	155	15.9	128	13.1	142	14.5	
Shopping	512	52.4	209	21.4	119	12.2	137	14.0	
Moving around	207	21.3	207	21.3	450	46.2	110	11.3	
Studying	87	8.9	73	7.5	98	10.0	720	73.6	
Emotional	441	45.2	277	28.4	141	14.4	117	12.0	
support									

Table 38 Family support in daily activities. N = 974 - 978

Mostly, 11% - 17% state that the different items in Table 38 are not applicable, the exception being help with studying (73.6%). Three of the items stand out as most prominent, i.e. support for shopping, emotional support and cooking. The least common is studying, which is logical bearing in mind that this is not relevant for most. Other than studying, help with the most basic functions such as eating/feeding comes out particularly low, followed by bathing and toileting.

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Involvement in family and social life

Table 39. Involvement in family and social life (%). Case and control.

		С	ase	Contro	ol	P level
		Ν	%	Ν	%	
Consulted about househo	ld decisions					< .001
	Yes	471	60.1	492	69.2	
	Sometimes	25	3.2	212	29.8	
	No	288	36.7	7	1.0	
Go with the family to soci	al events					< .001
	Yes	598	60.1	793	85.9	
	Sometimes	206	20.7	38	4.1	
	No	191	19.2	92	10.0	
Feel involved and part of	the family					< .001
	Yes	877	93.1	879	97.9	
	Sometimes	41	4.4	7	0.8	
	No	24	2.5	12	1.3	
Involved in family conver	sations					< .001
	Yes	864	88.1	864	95.0	
	Sometimes	66	6.7	15	1.7	
	No	51	5.2	30	3.3	
Family help in daily activ	ities					< .001
	Yes	190	26.9	303	41.5	
	Sometimes	99	13.8	331	45.3	
	No	426	59.6	96	13.2	
Take part in own traditio	nal practices					< .001
	Yes	285	32.6	461	55.4	
	Sometimes	153	17.5	233	28.0	
	No	435	49.8	138	16.6	
Vote in the last elections						< .001
	Yes	471	60.1	492	69.2	
	Sometimes	25	3.2	212	29.8	
	No	288	36.7	7	1.0	
Make important life decis	sions					< .001
	Yes, all the time	531	61.8	713	78.3	
	Sometimes	229	26.7	141	15.5	
	No, never	99	11.5	57	6.3	

In Table 39, case and control individuals are compared on seven different questions on involvement in family and social life. There is a consistent (and statistically significant) pattern in that controls are more involved than cases. Combining "yes" and "sometimes", we find that the largest differences are found with regards to help from the family in daily activities, voting, and whether the individual is consulted on household decisions. The smallest differences are found for the perception of being involved in the family. Around one third of the respondents with a disability confirmed that they did not vote because of their disability.

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		Μ	ale	Fei	male		Cities	Ur vill	ban ages	Rura	l
		Ν	%	Ν	%	Ν	%	Ν	%	Ν	%
Are you aware of DPOs	s?										
	Yes	143	28.7	132	30.9	36	29.8	175	36.5	68	20.2
	No	355	71.3	295	69.1	85	70.2	304	63.5	269	79.8
Are you a member of a											
DPO?	Yes	50	10.7	55	13.3	10	8.5	67	14.6	30	9.4
	No	419	89.3	359	86.7	107	90.5	392	85.4	289	90.6

Table 40. Knowledge about DPOs and membership

A total of 29.8% of individuals with disability reported that they are aware of DPOs. Somewhat more females are aware as compared to males. More females also state that they are members of a DPO (13.3% vs. 10.7%). We further see that awareness about DPOs is highest in urban villages and lowest in rural areas, a difference that is also reflected in confirming DPO membership in the three location settings. All four cross tabulations in Table 40 are statistically significant.

Health and well-being

Individuals with disability report higher incidence of chronic illness than non-disabled, in fact the incidence is almost the double among both males and females. Table 41 also reveals a gender difference in that females are more prone to report chronic illness than males, both among cases and controls.

Disability status		Yes, chi	ronic illness	No chronic illness		
		last 12 r	nonths	Last 12 months		
		%	Ν	%	Ν	
Disabled	Male	20.9	92	79.1	349	
	Female	29.6	113	70.4	269	
Control	Male	10.9	30	89.1	246	
	Female	15.5	74	84.5	404	

Table 41. Chronic illness last 12 months by disability status (N = 1577)



The GHQ (General Health Questionnaire, 12 item version⁴) scale on anxiety and depression was applied in the questionnaire. Scale analyses yielded Chronbach's alpha = 0.84, implying support to construct a scale by adding all 12 items together. The scale had a range from 12 to 52, mean value 21.98, and standard deviation 5.83. Higher scale values implies reduced well-being.



Figure 50. Level of well-being by case/control and sex

There is a significantly higher mean value on the well-being scale among cases (23.65 vs. 20.24), implying lower well-being (anxiety/depression) among individuals with disability. Females tend to score lower on well-being than men (higher scale values), but these differences are not statistically significant (p = 0.09).

⁴ <u>http://knowledgex.camh.net/amhspecialists/Screening_Assessment/screening/screen_CD_youth/Pages/GHQ.aspx____</u>





Figure 51. General physical health by case/control and sex

Respondents were asked to rate their physical and mental health on a four-point scale. Individuals with disability, both genders, score higher on poor or nor very good and lower on good and very good physical health than non-disabled (controls). For instance, 35.5% of cases (both genders) report poor or not very good health, while the same figures for controls are considerably lower (12.2%).



Figure 52. General mental health by case/control and sex

The same pattern appears with regards to mental health as shown in the figure above for physical health. Individuals with disability, both genders, score higher on poor or nor very good and lower on good and very good mental health than non-disabled (controls). For instance, 29.7 of cases (both

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genders) report poor or not very good health, while the same figure for controls is considerably lower (18.6%).

Knowledge and understanding of some common diseases

The survey collected information on knowledge and understanding about HIV and AIDS, STIs, Diabetes, and TB among individuals with disability.

Individuals with disability report knowledge about the four diseases within the range of 58% - 65%, with the highest level of knowledge reported for HIV/AIDS and the lowest for diabetes. There are no significant differences between males and females in the level of knowledge (Table 42). There is however a consistent pattern in that for all four diseases, respondents in cities report highest level of knowledge, followed by urban villages and rural areas (Table 43).

Have you any knowledge	Case	•			р
about?	Μ		F		
	Ν	%	Ν	%	
HIV and AIDS	328	65.3	274	64.6	n.s.
STI	299	59.7	246	58.7	n.s.
Diabetes	276	55.1	246	58.0	n.s.
ТВ	308	61.5	261	61.6	n.s.

Table 42. Knowledge about some common diseases by sex

Table 43. Knowledge about common diseases by location (%: City, Urban villages, Rural)

Have you any	Ci	ties	Urbar	n villages	Ru	ral areas	
knowledge about?	Ν	%	Ν	%	Ν	%	р
HIV and AIDS	87	71.9	324	67.8	201	59.1	< .01
STI	84	69.4	297	62.3	170	50.9	< .001
Diabetes	75	62.0	287	60.0	170	50.1	.001
TB	87	71.9	324	67.8	201	59.1	< .01

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Source of Information	HIV and		STI		Diabetes		ТВ	
	Male	Female	Male	Female	Male	Female	Male	Female
Health Clinic	49.4	60.6	48.7	61.8	52.3	59.8	53.1	60.7
School	15.9	13.9	16.3	13.4	15.8	13.5	15.2	12.2
Radio/TV	19.5	10.9	17.3	11.0	17.6	11.9	16.8	11.5
Family	5.2	5.8	6.3	5.3	4.7	7.8	10.1	7.5
Friends	3.7	0.7	6.5	3.7	3.6	0.8	4.5	6.9
Work place	1.5	0.4	2.2	1.7	0.7	0.0	1.0	0.0
Doctor	1.8	2.9	1.8	2.0	1.8	2.9	1.9	3.1
Magazines/newspapers	0.3	2.2	0.9	0.7	0.7	1.6	0.6	1.9
Posters and pamphlets	2.1	1.1	0.6	1.3	1.1	0.4	1.0	1.8
Other	1.3	1.5	1.2	2.0	1.8	1.2	2.9	1.5

Table 44. Major sources of Information on four common diseases

For all four diseases, around 55% of the respondents (males and females combined) get their information from a health clinic (Table 44). School follows as second important sources together with radio/TV, with almost 15% stating these as important sources. Family are reported as a source among 5-6% for three of the diseases and with TB score somewhat higher. Finally, friends are reported as a major source by around 5%. HIV/AIDS stand out as the only disease with significant differences between males and females, in that females more often report health clinic as a source of information, while males report higher figures for radio/TV.

Table 45. Major sources of information on HIV/AIS by location

Source of information	Cities Rural	Urban	
		villages	
Health Clinic	35.6	54.3	61.7
School	25.3	12.3	14.9
Radio/TV	20.7	19.8	7.5
Family	5.7	4.9	6.0
Friends	1.1	2.5	2.5
Work place	4.6	0.0	1.0
Doctor	3.4	2.5	1.5
Magazines/newspapers	1.1	0.9	1.5
Posters and pamphlets	1.1	0.9	0.5
Other	1.1	1.9	3.0

¹ p < .001

With regards to location, table 45 presents the figures for HIV/AIDS. Health clinics are more important as source of information in rural areas, followed by urban villages and lastly cities. Schools are more important in cities, and radio/TV is less important in rural areas as compared to the other location types. The differences between location types are largely the same, with small variations, for the other three diseases.

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Have you any problems in	Case				р
understanding information	Μ		F		
about?	Ν	%	Ν	%	
HIV and AIDS	42	13.0	29	10.7	n.s.
STI	37	12.4	25	10.2	n.s.
Diabetes	28	10.1	22	9.1	n.s.
ТВ	40	13.0	27	10.4	n.s.

Table 46. Problems understanding information about diseases by sex

There are small variations between the four diseases when it comes to problems in obtaining and/or understanding information, ranging from 9.7% (diabetes) to 11.9% (HIV/AIDS). No significant differences between males and females or between location types were found.

Have you ever had this	Case				р
disease?		Μ	F		
	Ν	%	Ν	%	
HIV and AIDS	40	12.2	51	18.4	.02
STI	16	5.2	11	4.4	n.s.
Diabetes	16	5.6	17	6.9	n.s.
ТВ	36	11.5	31	11.7	n.s.

Table 47. Experience of disease by sex

The most prevalent of the four diseases in this data material, bearing in mind that this is based on self-reported information, is HIV (15.1%), followed by TB (11.6%), Diabetes (6.2%), and STI (4.9%) (Table 47). There are small differences between males and females, except for HIV/AIDS where more females report that they have the disease than males. Also between location types no significant differences were found, although HIV/AIDS as well as TB tended to be higher in rural areas and urban villages, and the other way around for diabetes (Table 48).

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Have you ever	Ci	ities	Urbaı	n villages	Ru	ıral	
had this disease?	area	S					р
	Ν	%	Ν	%	Ν	%	
HIV and AIDS	8	9.4	54	16.3	30	15.0	n.s.
STI	4	4.9	15	4.8	8	4.7	n.s.
Diabetes	7	9.1	16	5.4	10	6.0	n.s.
ТВ	6	7.0	35	10.9	27	14.5	n.s.

 Table 48. Experience of disease by location (%: City, Urban villages, Rural)

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DISCUSSION

Arne H. Eide

A national, representative study on living conditions among people with disabilities has been carried out in Botswana in 2013 - 2014. This report brings some of the key results from this study. SAFOD, FFO, University of Botswana and SINTEF have, in collaboration with the Office of the President, BOFOD and Statistics Botswana, established the first generation of data about individuals with disabilities and their households in the country. The data base also comprises a sample of non-disabled, which provides a basis for comparing between disabled and non-disabled.

The study, which follows similar studies in Namibia, Zimbabwe, Malawi, Zambia, Mozambique, Lesotho and Swaziland, adds to a growing body of information on the situation among people with disabilities in the southern Africa region. The regional data base provides opportunities for comparing between countries and across the region and may be a vehicle for sharing of experiences and building capacity in the region to improve the situation for people with disabilities. The particular way in which this study was organised, including both DPOs (SAFOD and BOFOD) and the Office of the President and Statistics Botswana, implies a good fundament for translating the results into practice. While the strong involvement of the Office of the President may have contributed to less influence of the DPOs in this particular study, this may on the other hand pave the way for a broader alliance in Botswana. It leaves to be seen whether this particular feature of the study can contribute to strengthen the dialogue between DPOs and Government and to improvement in the situation for individuals with disability in the country.

Comparing households

An interesting feature of household composition, which has been found also in previous studies, is that households with disabled members tend to be larger than control households and with a higher mean age among the household members. This is of importance as it implies more mouths to feed, more school fees to pay, etc.

Four different indicators on standard of living, i.e. a Possession scale, the Dietary diversity scale, a scale on Access to information, and the Dependency ratio, all point in the same direction: control households are better off than case households. This implies higher burdens and less resources among households with disabled members as compared to control households. Bearing in mind the differences in household composition, the real difference between the two household types is in fact underestimated in the household comparisons in this report.

Unlike the indicators on resources and burden mentioned above, comparing housing situation and infrastructure revealed marginal differences between the two household types. Thus, all households within a location type share more or less the same standard, and the variation is rather found between locations than within.

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Activity limitations/disability

The concept of "activity limitation" as derived from the ICF (WHO 2001) invites an understanding of disability as a broad, continuous phenomenon of relevance for all. The profile of activity limitations in the current study does not deviate much from previous studies, with mobility as the most prevalent difficulty. The study applied a screening procedure that was "stricter" than in previous living conditions studies carried out by SAFOD/SINTEF and partners in the region (higher threshold on WG6 to be identified as being disabled). This has had some influence on results and an underestimation of number of persons with disabilities when compared to a broader screening procedure.

The results on disability onset reveal firstly that disability is age related, i.e. increasing disability with increasing age. This is as expected and part of natural development, but is clearly also an indication of need for intervention among the older age groups. It is however the relatively high incidence of early onset, i.e. among children, that gives reason for concern. This is further emphasized by the perceived causes of disability, strongly dominated by "by birth/congenital" and "disease/illness. These findings have to be taken as indicating access and/or quality problems in prenatal and perinatal care for mother and child and should be an area of intervention, and also a need for further studies in order to reveal more detailed knowledge on causes and critical factors. There is good reason to assume that a substantial proportion of child disability in Botswana as in the other countries in the Region is preventable.

Violence and abuse

A small proportion of the respondents (1 - 2%) have stated violence as the cause of their disability, increasing somewhat (with around 1%) if witchcraft is also included under violence. The figures are however considerably higher when asking for experiences of violence because of disability, up to around 14%, and to 8% if only including violence within households. This is slightly lower than for instance found in Swaziland. More females reported experience of being beaten or scolded than males. Any experiences of being beaten, scolded or discriminated are unacceptable and a violation of human rights, and even though these figures cannot be perceived as dramatically high, they do indicate that many individuals with disability suffer under unacceptable treatment in their social environment. Bearing in mind the sensitivity of these questions and the context of the survey (household data collection), it is however likely that violence is somewhat underreported.

Health, well-being and health information

The comparison between case and controls with regards to chronic illness reveals a substantial difference with much higher incidence of chronic illness among cases. This is as expected, and although disability is created in the exchange between the individual and his/her social and physical surroundings, health is still an important explanatory component for disability within the ICF framework.

The relationship between health and disability is confirmed by both the household level and the individual level data, with lower levels of well-being, physical and mental health as assessed by the individuals with disability themselves. At the same time, the study has revealed that a large proportion of individuals with disability have no or limited knowledge and information about

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common diseases and that some have problems understanding information given to them about these common diseases. This is clearly serious both in a preventive and treatment perspective and may indicate that vulnerable groups are not sufficiently targeted by prevention efforts. While this study does not have comparable data on disease knowledge from non-disabled, other similar studies have previously shown that the knowledge gap is smaller among non-disabled. Health clinics, schools, and media (radio/TV) are the major sources of information for all four diseases included, thus also indicating where improvements may be most effective.

Access problems and limited information may be regarded as barriers, and in particular for individuals with disability. Addressing health and disability is thus about more than the health service itself - additionally it is also about information and knowledge and securing that tailor made information is provided to individuals and groups that are harder to reach than the general population and that easily get sidelined. An information/knowledge gap among individuals with disability also requires consciousness-raising among health workers and particular strategies to ensure inclusion of individuals with disability.

Individuals with disability have higher levels of anxiety and depression than non-disabled, and they rate both their physical and mental health lower. This is of importance as the status of being disabled may easily shadow for health problems. It is a prerequisite for equitable health services that service providers are conscious about the double burden of many individuals with disability, i.e. poorer mental and physical health in addition to the impairment/disability.

Services

While there are indications of quality problems in health care for children and mothers (above), access seems to be largely in place. Further, satisfaction with health services is somewhat higher than the average of the included services. The latter may of course be closely linked to high access, i.e. individuals are simply happy that they at least are attended to by a health worker and may have limited ability to assess the quality.

While the gap (between needed and received services) is low for health services, it is particularly high for legal advice, vocational training, counseling and welfare services - and relatively high also for medical rehabilitation, assistive devices and educational services. Considering that many will need and can profit from these services, the results clearly indicate that the current specter of basic services is not sufficient to cater for the needs of individuals with disability. This must be assumed to impact on the inclusion of individuals with disability in society and an evident area for improvements. This may partly be a capacity problem and partly a matter of exclusion. Further research will be necessary to reveal this.

While respondents generally seem to be satisfied with the services they have received, there are nevertheless some indications of quality problems in that between 10 and 20% are not satisfied with seven of the eleven services included, and even more have a neutral response to this question.

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Daily life and social inclusion

The results on accessibility at home reflect the standard of housing which will vary between locations. Many respondents live in traditional houses in rural areas and are thus without separate living rooms, dining rooms etc. While accessibility in the home is a major problem for those who are affected, it is very likely that minor adjustments at a moderate cost could improve accessibility for most. Whereas the large majority of those who had the different facilities in their home did not report any accessibility problems, mapping and adaptation where needed could be carried out by health and rehabilitation services at community level.

Also concerning accessibility in the community, many of the facilities mentioned in the questionnaire were not applicable, i.e. assumed not to be available. This again reflects the infrastructure primarily in rural areas. When the different facilities were seen as relevant (i.e. available), the majority reported that they were accessible. Hotels, banks and recreational facilities were least accessible, while least accessibility problems were recorded for workplace, school and primary health clinic. Accessibility problems varied from 8% - 41% for the different facilities, indicating severe problems for many individuals with disability, leading to dependency and lack of inclusion. A mapping exercise of accessibility at public places/buildings/services could be a first step towards reducing such barriers.

While many individuals with disability report that the family support them in their daily activities, the study has also revealed that non-disabled individuals receive more help in daily activities than individuals with disability. There is a consistent pattern in that control individuals are more involved than case individuals. For instance, there is a 35 percentage point difference in voting (in the last election, answer categories "yes" and "sometimes" combined), with one third of individuals with disability stating that they did not vote because of their disability. The results clearly indicate inclusion as an area in need of intervention both at family/household and community level. It adds to this that awareness of DPOs and membership in DPOs among individuals with disability is low, leaving the large majority of individuals with disability without this potentially important source of support.

Education

The individual level data in the HH section revealed a substantial difference between individuals with and without disability in school attendance and literacy. The difference in school attendance is more than 20 percentage points. It was further found that in all three locality types, non-disabled reported (somewhat) more years of education, higher school achievement and more often stated that they studied as far as planned. All in all, the results reveal that many individuals with disability are excluded from the education system, and other indicators indicate lower school achievement among individuals with disability although differences are largely relatively small. Supported by the results of the study, the combination of many individuals with disability not accessing school and relatively small differences between school going cases and controls, indicates a selection process whereby the most competent individuals with disability are included and the more severely disabled are excluded from education. This is thus a matter of both ensuring access to education for all and to improve the way students with disability are handled. The study does not reveal the mechanisms whereby individuals with disability are excluded from their right to education. We nevertheless

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argue that both competence and attitudes within the school system should be targeted to improve the situation.

Economic activity

The different socio-economic indicators (possession scale, dietary diversity, dependency ratio, access to information, income types) all point in the same direction: control households are in a better economic position than cases, with more secure and stable income. The individual level data (Individual section) reveals that substantially more control individuals are employed, and that more case individuals have previously or never been employed. This is also reflected in the mean salary level which is substantially higher among case individuals.

While there are differences in economic activity to the advantage of control households, the large majority of both individuals with and without disability do not have work that gives them regular income. Results on economic activity, however, show clearly that control individuals and households are more integrated into the formal labor market. This must be regarded as the major reason for the economic/SES differences between the two groups (HHs and individuals), and the difference between the groups is exacerbated by the difference in mean number of household members in that case households cater for more people.

Assistive devices

A relatively high proportion of the respondents state that they are not satisfied with the assistive device services they have received - almost 30% are either not satisfied or neutral. Still, more than one third of individuals with disability in Botswana use an assistive device, which is high compared to some neighboring countries. This may be due to the sampling strategy used in this study that was stricter (higher threshold) than the other studies that we can compare with. It is likely that the difference between Botswana and for instance Namibia and other countries is overestimated because of this, but that supply of assistive devices still is relatively high.

Mobility devices dominate in Botswana as in other countries in the region. While there are private sources, the majority state Government health or other services as the main source, and mostly they had received the device without any cost. The apparent key role of Government as a supplier combined with low/no cost for the users of assistive devices may explain some of the difference in access between Botswana and other countries in the region.

Around half of respondents state that the device is not maintained. For the remaining half, the most common is that maintenance is done by Government services, and many do also maintain the device themselves. Around 50% have received complete information on use, with around one third having received no information at all. Mostly, individuals with disability are satisfied with their device, although more than one in four is less content or not content. Summing up, the major difference between Botswana and the other countries in the region is a higher proportion of individuals with disability who state that they use an assistive device, and that Government seems to play a somewhat more central role in service delivery. Still, the study has revealed that the delivery system in Botswana basically has some of the same weaknesses as in other countries in the region concerning fragmentation of supply and services.

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Gender

The study has revealed some important gender differences. More females have poor or very poor physical and mental health. The gap in services tend to be larger for females and in particular with regards to educational services and assistive devices. Somewhat more females report that they have been refused entry to school. Fewer females have paid work, and more females report that they are unemployed. On the positive side, more females report that they are literate. All in all, most of the indicators that were analysed point towards somewhat less favorable results for females as compared to males. Many of these differences were however small, and other differences were not statistically significant.

Fewer females with disability have children as compared to non-disabled females, but among those who have children, females with disability still have a higher mean number of children, and there is a higher number of stillbirths among females with disability. These three indicators indicate that both functional and social conditions contribute to a difference in reproductive life courses among females with and without disability, with further consequences for social participation/ inclusion.

The urban - rural dimension

The study distinguishes between three types of localities, i.e. city/town, urban villages and rural areas. Urban villages are close to cities, share some of the infrastructure with their urban neighbors, and may be seen as suburbs and peri-urban areas. Important differences in standard of living between the three locations were demonstrated by the indicators on infrastructure, with the major difference being between rural areas and the two other location types. Also, the contextual differences are reflected in the measure on environmental barriers.

The three SES indicators all indicate that the living standard is lowest in rural areas. For many indicators there are relatively small differences between cities/towns and urban villages. On some indicators urban villages/individuals living in urban villages are better off than cities/individuals living in cities, while for other indicators it is the opposite. The case/control difference is however found also within the three location categories. The study thus confirms that households without disabled members are better off than case households. Although the differences largely are statistically significant, they are however mostly on the low side. It does add to the difference however that case households are larger than controls (higher mean number of members) and that all indicators point in the same direction.

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CONCLUSION

Having established evidence for differences between disabled and non-disabled is an important step in the promotion of human rights and improved level of living among individuals with disability. The study offers an opportunity for boosting advocacy, for setting priorities, for assessing impact and developing policies, for monitoring the situation, and for increased knowledge among disabled and the public in general.

Generally, the study reveals consistent differences between case/control households and case/control individuals. Level of living, measured by means of a range of different indicators, is higher among controls than among cases at both levels (household and individual). All together the study thus provides evidence for differences in level of living in Botswana that should be reduced and limited completely. This requires an active stand from the side of public authorities and a multi-sector strategy that deals with these differences. Measures to achieve this will be both general and sector specific and a thorough analysis of what can be done to reduce the documented differences and to address service gaps and inadequacy in assistive device services, etc.

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APPENDICES

APPENDIX 1. INFORMATION ABOUT BOFOD

The Botswana Federation of the Disabled (BOFOD) has in the past years heavily advocated for the inclusion of persons with disabilities in socio - economic development activities. We at BOFOD believe that disability is part of the human condition and should be accommodated and accepted by society in all development programmes.

BOFOD Objectives

- 1. To promote and advocate for the rights of persons with disabilities.
- 2. To advocate for and monitor the equalisation of opportunities for persons with disabilities as stipulated in the United Nation's Standard Rules.
- 3. To coordinate and strengthen the capacity of the affiliated DPOs

The Botswana Federation of the Disabled (BOFOD) is a membership umbrella organization of organizations of persons with disabilities (DPOs) in Botswana to provide a unified voice of all persons with disabilities. BOFOD was formed in 2007 to advocate for rights of persons with disabilities in Botswana for the purposes of inclusion in all areas of cultural, political and socio-economic development. BOFOD is registered under societies Act of 13th December 2007 with Registration number: CR 7547.

Since its inception, BOFOD has organised and has been involved in various activities towards the realisation of its objectives. These have covered the following areas among others:

- 1. Conducting community awareness building campaigns, workshops to sensitise the communities on disability issues.
- 2. Currently playing a significant role in lobbying and advocating for the formulation and enactment of the Bill on the Equalisation of Opportunities for Persons with Disabilities and disability policies.
- 3. Playing a leading role in fighting for the inclusion of disability in all programmes that are meant to sensitise the population on the dangers of HIV/Aids and other national programmes.
- 4. Lobbied for a Study on the Living Conditions of Persons With Activity Limitations.
- 5. Lobbied for access for inclusion of youth with disabilities on Youth Development fund, women and gender programmes and youth policies at national level

6. Building of stakeholder partnership regionally and internationally

BOFOD has recently carried out projects and training workshops such as;

- a. Youth with Disabilities PITSO (attended by over 250 participants) June 2014 in partnership with Ministry of youth sports and Culture
- b. Women with disabilities Legislation and empowerment workshop (attended by 30 participants) in partnership with Gender affairs Department.
- c. Round tables meetings Youth and Women (attended by 60 participants)
- d. DPO Empowerment mini Forum (attended by 20 participants at governance level)
- e. HIV/ AIDS workshop seminar in partnership with office of the president (attended by 30 participants)

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Governance Structures

BOFOD's governance structure provides a source of particular stability. The BOFOD Board is the institution's governing body, and its five (7) members are nominated after every four years at the organizations AGM. These members are then entrusted with the authority to exercise the responsibilities of the governance required. The small size of the Board permits intensive deliberation and thereby is a source of strength. The Board, in fact and deed, is the governing body with ultimate responsibility for the organization's quality and integrity. The role of the governing board is to ensure that organizations of persons with disabilities also benefit from the monies being disbursed to carry out meaningful disability development programmes.

Collaborative Structures

The current members include DPOs registered under society's act whose constitution includes direct service, advocacy and lobbying of people by disabilities themselves.

- 1. Botswana Association of the Deaf,
- 2. Kweneng Association of people with Disabilities,
- 3. Gaborone Association of people with Disabilities,
- 4. Botswana society of people with disabilities,
- 5. le Rona re teng association of people with disabilities,
- 6. Tshimologo Association of people with disabilities,
- 7. Lobatse Association of people with disabilities,
- 8. Botswana association of Blind and partially sighted,
- 9. Serowe association of people with disabilities.
- 10. Lerona re batho association of people with disabilities
- 11. Itirele Association of people with Disabilities
- 12. SESAD committee of people with Disabilities
- 13. Lorato Person with Disability society

BOFOD VISION: An inclusive barrier free society, where people with disabilities fully enjoy their human rights.

BOFOD MISSION: BOFOD is a non- profit organization that strives to lobby and advocate for a barrier free society in partnership with the Government, NGOs and private sector with the ultimate goal of ensuring that people with disabilities fully enjoy their human

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APPENDIX 2. QUESTIONNAIRES

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