

Building Resilience and Adaptation to Climate Extremes and Disasters

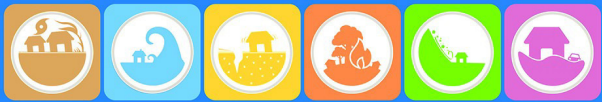
BRACED Myanmar Alliance

Resilience is a mixture of skills, capacities and resources to be able to anticipate and adapt to changing conditions and absorb shocks and stresses to be able to achieve development plans and objectives.

Shocks and stresses in Myanmar communities might include natural disasters, climate change, environmental change and unplanned developments.

BRACED Goal

'To build the resilience of 350,000 people across Myanmar to climate extremes: saving lives, protecting livelihoods, improving institutional coordination, and influencing national policy.'



Know your risks and plan actions for strengthening households and community resilience through community resilience assessments



Have an active community group that takes leadership over planning and implementation resilience actions to that ensure sustainable livelihoods and basic services (food/ water/ health/ energy)



Build support networks between community members and improve household savings and protect assets from damage and loss during extreme events



Make sure vulnerable groups including women, children, elderly, persons with disabilities and poorest people participate in planning and decision making and benefit from resilience actions



Build skills to use weather/climate forecasts and early warning information to help plan livelihoods and anticipate extreme weather events



Develop connections and seek supports from relevant government and external experts for guidance to plan and implement resilience activities

