



Prevent Blindness

through primary eye care

Example	Condition/Treatment
	<p>Foreign body</p> <ol style="list-style-type: none"> 1 Remove foreign body gently 2 Apply antibiotic eye ointment 3 Check the following day <ol style="list-style-type: none"> 4 Refer if unable to remove
	<p>Corneal scratch</p> <ol style="list-style-type: none"> 1 Apply antibiotic eye ointment 3 times per day for 3 days 2 Apply sterile dressing <ol style="list-style-type: none"> 3 Refer if no improvement in 3 days
	<p>Blood inside the eyeball (hyphema)</p> <ol style="list-style-type: none"> 1 Patch both eyes 2 Bed rest for 5 days <ol style="list-style-type: none"> 3 Refer if not clear in 5 days
	<p>Lid laceration (involving lid edge)</p> <ol style="list-style-type: none"> 1 Check for other eye injuries 2 Apply sterile dressing and shield 3 Give systemic antibiotics <ol style="list-style-type: none"> 4 Refer
	<p>Burns (chemical or thermal)</p> <ol style="list-style-type: none"> 1 Immediately irrigate burned eye profusely with clean water 2 Apply antibiotic eye ointment <ol style="list-style-type: none"> 3 Refer immediately
	<p>Perforation of the eye</p> <ol style="list-style-type: none"> 1 Give NO drops or ointments 2 Apply shield 3 Give systemic antibiotic only <ol style="list-style-type: none"> 4 Refer immediately

Example	Condition/Treatment
	<p>Conjunctivitis with pus</p> <ol style="list-style-type: none"> 1 Wash eyes daily 2 Apply antibiotic eye ointment 3 times per day for 7 days <ol style="list-style-type: none"> 3 Refer if no improvement in 3 days
	<p>Conjunctivitis in newborn</p> <ol style="list-style-type: none"> 1 Wash pus from eye hourly 2 Apply antibiotic eye ointment or drops hourly until improved 3 Give systemic antibiotics <ol style="list-style-type: none"> 4 Refer infant and parents to clinic
	<p>Corneal ulcer</p> <ol style="list-style-type: none"> 1 Apply antibiotic eye ointment every hour 2 Give systemic antibiotics 3 Give oral vitamin A (200 000 IU) if patient is a child <ol style="list-style-type: none"> 4 Refer immediately
	<p>Blinding vitamin A deficiency</p> <ol style="list-style-type: none"> 1 Give oral vitamin A capsule (200 000 IU) immediately, one the following day, and one after 2 weeks <ol style="list-style-type: none"> 2 Refer immediately
	<p>Painful red eye with visual loss</p> <ol style="list-style-type: none"> 1 Refer immediately

Example	Condition/Treatment
	<p>Trachoma</p> <ol style="list-style-type: none"> 1 Wash face daily 2 Apply tetracycline 1% eye ointment daily for 6 weeks or give oral azithromycin if available 3 Examine all household members
	<p>Trichiasis due to trachoma</p> <ol style="list-style-type: none"> 1 Apply antibiotic eye ointment daily <ol style="list-style-type: none"> 2 Refer immediately for operation
	<p>Pterygium</p> <ol style="list-style-type: none"> 1 Refer before central cornea involved
	<p>Vitamin A deficiency</p> <ol style="list-style-type: none"> 1 Give oral vitamin A (200 000 IU) immediately and every 6 months 2 Instruct parents to give child vitamin A rich foods daily
	<p>Cataract</p> <ol style="list-style-type: none"> 1 Refer if patient unable to count fingers at a distance of 6 metres or less

Refer to the clinic all patients with vision worse than 6/18

Never use steroids in the eye unless prescribed