Zambia

females

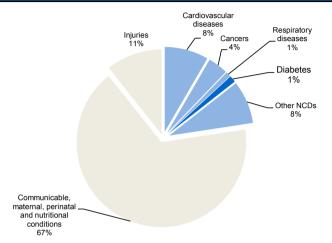
males

Mortality*

Number of diabetes deaths

	males	females
ages 30–69	380	370
ages 70+	340	620

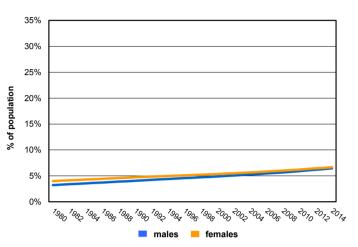
Proportional mortality (% of total deaths, all ages)*



ages 30–69 610 580 ages 70+ 600 1 000

Number of deaths attributable to high blood glucose

Trends in age-standardized prevalence of diabetes



Prevalence of diabetes and related risk factors

	males	females	total
Diabetes	4.1%	4.4%	4.2%
Overweight	17.1%	33.1%	25.1%
Obesity	2.9%	11.5%	7.2%
Physical inactivity	14.7%	20.6%	17.7%

National response to diabetes

Policies, guidelines and monitoring

Operational policy/strategy/action plan for diabetes	Yes
Operational policy/strategy/action plan to reduce overweight and obesity	No
Operational policy/strategy/action plan to reduce physical inactivity	Yes
Evidence-based national diabetes guidelines/protocols/standards	Available and fully implemented
Standard criteria for referral of patients from primary care to higher level of care	Available and fully implemented
Diabetes registry	No
Recent national risk factor survey in which blood glucose was measured	No

Availability of medicines, basic technologies and procedures in the public health sector

Medicines in primary care facilities

Insulin	0
Metformin	0
Sulphonylurea	0
Procedures	
Retinal photocoagulation	DK
Renal replacement therapy by dialysis	0
Renal replacement therapy by transplantation	0

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes). DK = country responded "don't know"

= not generally available
= generally available

World Health Organization – Diabetes country profiles, 2016.

Basic technologies in primary care facilities

•
0
DK
DK
0
DK
0