Nigeria

Mortality*

Number of diabetes deaths

	males	females
ages 30–69	8 770	9 380
ages 70+	3 900	5 780

Number of deaths attributable to high blood glucose

	males	females
ages 30–69	11 700	15 800
ages 70+	5 960	11 600

Proportional mortality (% of total deaths, all ages)*

Cardiovascular diseases 7%
Cancers 3%
Respiratory diseases 1%
Injuries 10%
Diabetes 2%
Other NCDs 11%
Communicable, maternal, perinatal and nutritional conditions 66%
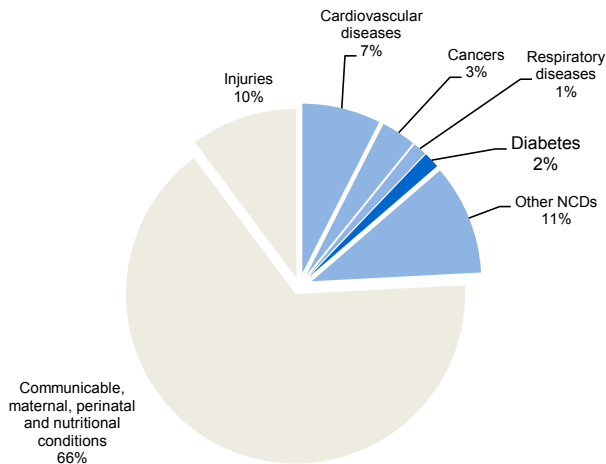
Trends in age-standardized prevalence of diabetes
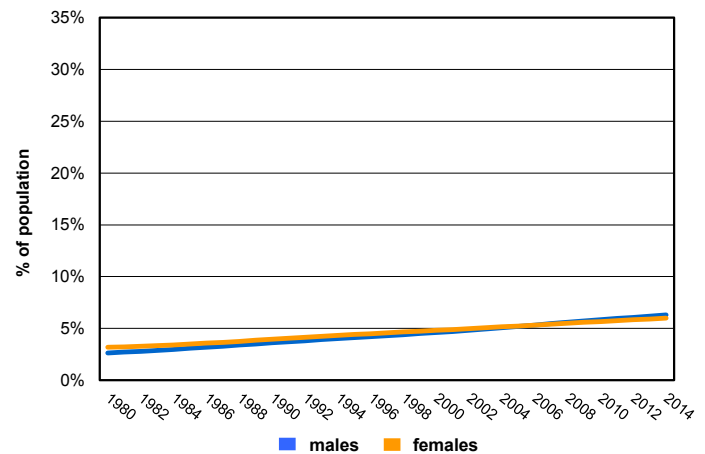
males   females

Prevalence of diabetes and related risk factors

	males	females	total
Diabetes	4.4%	4.3%	4.3%
Overweight	23.6%	36.9%	30.1%
Obesity	5.3%	14.3%	9.7%
Physical inactivity	17.7%	21.9%	19.8%

National response to diabetes

Policies, guidelines and monitoring

Operational policy/strategy/action plan for diabetes	*Yes*
Operational policy/strategy/action plan to reduce overweight and obesity	*No*
Operational policy/strategy/action plan to reduce physical inactivity	*Yes*
Evidence-based national diabetes guidelines/protocols/standards	*Available and fully implemented†*
Standard criteria for referral of patients from primary care to higher level of care	*Available and fully implemented*
Diabetes registry	*No*
Recent national risk factor survey in which blood glucose was measured	*NR*

Availability of medicines, basic technologies and procedures in the public health sector

Medicines in primary care facilities

Insulin	○
Metformin	●
Sulphonylurea	●

Procedures

Retinal photocoagulation	○
Renal replacement therapy by dialysis	○
Renal replacement therapy by transplantation	○

Basic technologies in primary care facilities

Blood glucose measurement	●
Oral glucose tolerance test	●
HbA1c test	○
Dilated fundus examination	○
Foot vibration perception by tuning fork	○
Foot vascular status by Doppler	○
Urine strips for glucose and ketone measurement	●

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).
† = documentation not provided
○ = not generally available   ● = generally available

NR = country responded to survey but did not give a response to a specific question

World Health Organization – Diabetes country profiles, 2016.