

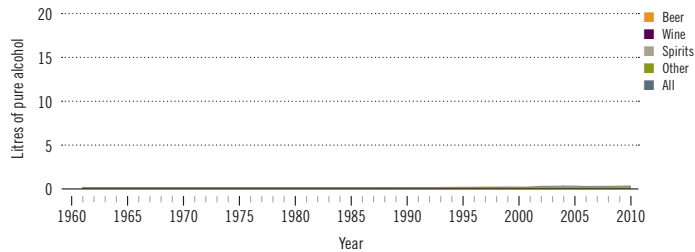
Nepal

Total population: 26,846,000 > Population aged 15 years and older (15+): 63% > Population in urban areas: 19% > Income group (World Bank): Low income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	0.2	0.2	→
Unrecorded	2.2	2.0	→
Total	2.4	2.2	→
Total males / females		4.4 / 0.2	
WHO South-East Asia Region	2.9	3.5	

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	0.8	6.6
Females (15+)	<0.1	0.5
Both sexes (15+)	0.4	5.1

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
Liver cirrhosis, males / females	32.2	22.5	44.9	28.6
Road traffic accidents, males / females	38.9	18.1	15.0	0.8

*Per 100 000 population (15+).

Years of life lost (YLL) score*, 2012

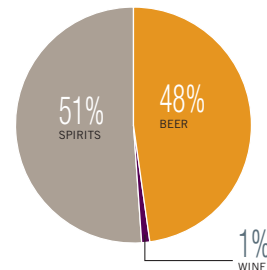
LEAST < 1 **2** 3 4 5 > MOST

*Based on alcohol-attributable years of life lost.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	No / —
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions on on-/off-premise sales of alcoholic beverages: Hours, days / places, density Specific events / intoxicated persons / petrol stations	No, No / No, No Yes / Yes / —

Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	36.2
Females (15+)	6.6
Both sexes (15+)	28.8

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	76.8	91.2	84.4
Former drinkers* (15+)	11.1	5.2	8.0
Abstainers (15+), past 12 months	87.9	96.4	92.4

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 **2** 3 4 5 > MOST RISKY

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	2.5	1.2
Females	0.5	0.2
Both sexes	1.5	0.7
WHO South-East Asia Region	2.2	1.7

*12-month prevalence estimates (15+).

**Including alcohol dependence and harmful use of alcohol.