

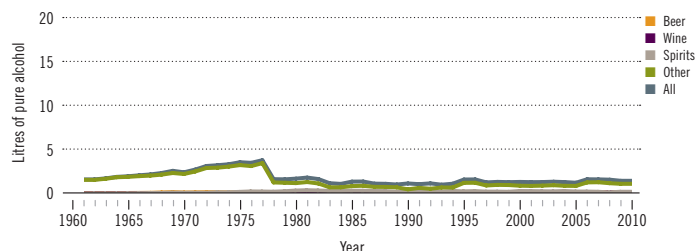
Malawi

Total population: 15 014 000 > Population aged 15 years and older (15+): 54% > Population in urban areas: 20% > Income group (World Bank): Low income

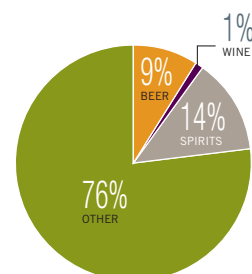
ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	1.3	1.5	↗
Unrecorded	0.5	1.0	↗
Total	1.8	2.5	↗
Total males / females		4.5 / 0.5	
WHO African Region	6.2	6.0	

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	15.9
Females (15+)	4.6
Both sexes (15+)	12.8

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	14.6	51.4
Females (15+)	1.4	13.1
Both sexes (15+)	7.9	40.8

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	55.8	79.8	67.9
Former drinkers* (15+)	15.9	9.6	12.7
Abstainers (15+), past 12 months	71.7	89.4	80.6

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
	52.9	28.8	42.6	40.2
Liver cirrhosis, males / females	41.6	15.0	11.6	1.3
Road traffic accidents, males / females				

*Per 100 000 population (15+).

Years of life lost (YLL) score*, 2012

LEAST < 1 2 3 4 5 > MOST

*Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	5.1	2.1
Females	0.6	0.3
Both sexes	2.8	1.2
WHO African Region	3.3	1.4

*12-month prevalence estimates (15+).

**Including alcohol dependence and harmful use of alcohol.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	No / —	National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.08 / 0.08 / 0.08
Excise tax on beer / wine / spirits	Yes / Yes / Yes	Legally binding regulations on alcohol advertising / product placement	No / No
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18	Legally binding regulations on alcohol sponsorship / sales promotion	No / No
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18	Legally required health warning labels on alcohol advertisements / containers	No / No
Restrictions for on-/off-premise sales of alcoholic beverages: Hours, days / places, density	No, No / No, No	National government support for community action	No
Specific events / intoxicated persons / petrol stations	No / No / No	National monitoring system(s)	No