

Lesotho

Total population (UN official estimates): ^a	2,097,513	Burden of mental disorders (WHO official estimates)	
WHO Region:	AFR	Disability-adjusted life years (per 100,000 population) ^c	2,977
Income group:	Lower middle-income	Suicide (age-standardized rate per 100,000 population) ^d	6.1
Total health expenditure per person (US\$, 2013) ^b	\$123		
Availability / status of mental health reporting	No mental health data compiled in last two years		

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy

Stand-alone policy or plan for mental health: (Year of policy / plan):	No Not applicable
Implementation status:	Available but not implemented
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5

Mental health legislation

Stand-alone law for mental health: (Year of policy / plan):	Yes 1964
Implementation status:	Available and partially implemented
Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5

Involvement of service users and families (as reported by MoH focal point)

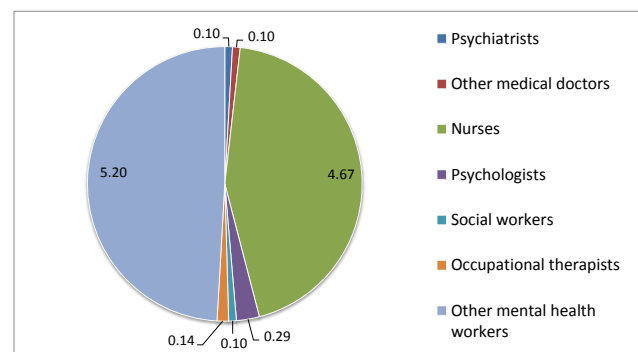
a. INFORMATION gathered / disseminated by MoH	Not implemented	d. PARTICIPATION in MoH planning, policy, service development and evaluation	Not implemented
b. POLICY on participation developed / published by MoH	Partially implemented	e. RESOURCES available for participation and reimbursement	Not implemented
c. EARLY INVOLVEMENT in mental health policy and law	Partially implemented		

RESOURCES FOR MENTAL HEALTH

Mental health financing

Main source of funds for care of severe mental disorders	Government
Inpatient / outpatient budget breakdown reported	No
If yes, estimated mental health spending per capita (US\$)	Not applicable

Mental health workforce (rate per 100,000 population)



Human resources for mental health

Total reported staff (mental health inpatient care)	174
Total reported staff (mental health outpatient care)	7
Total mental health workers per 100,000 population	13.7

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)

Mental health outpatient facility	12
Mental health day treatment facility	0

Outpatient care (per 100,000 population)

Mental health outpatient visits	Not reported
Mental health day treatment sessions	0

Inpatient care (total facilities)

Mental hospitals	1
Psychiatric units in general hospitals	8
Residential care facilities	0

Inpatient care (per 100,000 population)

Mental hospital beds / annual admissions	7.2	/	Not reported
General hospital psychiatric unit beds / annual admissions	4.6	/	Not reported
Residential care beds / annual admissions	0.0	/	0.0

Mental hospitals

Total number of inpatients	150
Admissions that are involuntary	Not reported
Discharged inpatients followed up within one month	Not reported

Mental hospitals (length of stay)

Inpatients staying less than 1 year	Not reported
Inpatients staying 1-5 years	Not reported
Inpatients staying more than 5 years	Not reported

Treated prevalence (total cases)

Treated cases of severe mental disorder	Not reported
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Treated prevalence (per 100,000 population)

Treated cases of severe mental disorder	Not reported
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MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Yes	Existence of a suicide prevention strategy	No
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Programme examples	Category of programme	Target group	Scope
Not reported	Not reported		
Maputsoe Epilepsy Project	Mental health awareness/prevention/anti-stigma	All ages	Indicated

^a UN World Population Prospects, 2013; <http://esa.un.org/unpd/wpp/>

^b WHO Global Health Expenditure Database; <http://apps.who.int/nha/database>

^c WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/

^d WHO, 2013: *Preventing suicide; a global imperative*; http://www.who.int/mental_health/suicide-prevention

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.