

Country factsheets  
LESOTHO | 2017

## HIV and AIDS Estimates

<b>Adults and children living with HIV</b>	<b>320 000 [290 000 - 340 000]</b>
Adults aged 15 and over living with HIV	300 000 [280 000 - 320 000]
Women aged 15 and over living with HIV	180 000 [170 000 - 200 000]
Men aged 15 and over living with HIV	120 000 [110 000 - 130 000]
Children aged 0 to 14 living with HIV	16 000 [13 000 - 18 000]
<b>Adult aged 15 to 49 HIV prevalence rate</b>	<b>23.8 [22.5 - 24.7]</b>
Women aged 15 to 49 HIV prevalence rate	29.0 [27.3 - 30.4]
Men aged 15 to 49 HIV prevalence rate	18.7 [17.5 - 19.8]
HIV prevalence among young women	12.0 [5.8 - 16.5]
HIV prevalence among young men	4.7 [2.2 - 7.2]
<b>Adults and children newly infected with HIV</b>	<b>15 000 [13 000 - 17 000]</b>
Adults aged 15 and over newly infected with HIV	13 000 [11 000 - 15 000]
Women aged 15 and over newly infected with HIV	7500 [6200 - 8700]
Men aged 15 and over newly infected with HIV	5900 [5000 - 6800]
Children aged 0 to 14 newly infected with HIV	1400 [1200 - 1600]
<b>HIV incidence per 1000 population (adults 15-49)</b>	<b>16.10 [13.70 - 18.50]</b>
HIV incidence per 1000 population (all ages)	9.07 [7.66 - 10.37]
<b>Adult and child deaths due to AIDS</b>	<b>4900 [4100 - 5900]</b>
Deaths due to AIDS among adults aged 15 and over	4000 [3300 - 5000]
Deaths due to AIDS among women aged 15 and over	2000 [1600 - 2500]

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Deaths due to AIDS among men aged 15 and over	2000 [1600 - 2500]
Deaths due to AIDS among children aged 0 to 14	<1000 [<1000 - 1100]
<b>Orphans due to AIDS aged 0 to 17</b>	<b>52 000 [42 000 - 62 000]</b>

### Epidemic transition metrics

Percent change in new HIV infections since 2010	-21
Percent change in AIDS-related deaths since 2010	-12
Incidence-to-prevalence ratio	0.05
Incidence:mortality ratio	1.83

### HIV testing and treatment cascade

<b>People living with HIV who know their status</b>	<b>250 000</b>
Percent of people living with HIV who know their status	80 [74 - 85]
<b>People living with HIV who have suppressed viral loads</b>	<b>210 000</b>
Percent of people living with HIV who have suppressed viral loads	68

### Antiretroviral therapy (ART)

<b>Coverage of adults and children receiving ART (%)</b>	<b>74 [68 - 78]</b>
Adults aged 15 and over receiving ART	74 [69 - 80]
Women aged 15 and over receiving ART	80 [75 - 86]
Men aged 15 and over receiving ART	66 [60 - 71]
Children aged 0 to 14 receiving ART	60 [49 - 66]
<b>Number of adults and children receiving ART (#)</b>	<b>233 431</b>

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Adults aged 15 and over receiving ART	224 003
Women aged 15 and over receiving ART	146 005
Men aged 15 and over receiving ART	77 999
Children aged 0 to 14 receiving ART	9428
<b>Adults and children newly-initiating ART (#)</b>	<b>40 385</b>
Adults aged 15 and over newly-initiating ART	39 077
Children aged 0-14 newly-initiating ART	1308
Women newly-initiating ART	
Men newly-initiating ART	
<b>Adults and children known to be on ART 12 months after starting (%)</b>	<b>70</b>
Adults known to be on ART 12 months after starting	70
Children known to be on ART 12 months after starting	78

### Elimination of mother-to-child transmission

<b>Coverage of pregnant women who receive ARV for PMTCT (%)</b>	<b>90 [76 - &gt;95]</b>
Pregnant women who received ARV for PMTCT (#)	11 102
Pregnant women needing ARV for PMTCT (#)	12 000 [10 000 - 14 000]
<b>Early infant diagnosis (%)</b>	<b>51 [46 - 60]</b>
<b>New HIV infections averted due to PMTCT (%)</b>	<b>1900 [1700 - 2200]</b>

### Sex workers

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Population size estimate (#)	6300	Coverage: Maseru, Leribe
HIV prevalence (%)	71.9	Source: IBBS, 2013-2014
Knowledge of HIV status (%)	60.8	Source: CHARACTERIZING HIV PREVENTION, TREATMENT AND CARE NEEDS AMONG MEN WHO HAVE SEX WITH MEN AND FEMALE SEX WORKERS IN LESOTHO: ESTIMATES OF HIV PREVALENCE, RISK BEHAVIOR, AND POPULATION SIZE, 2015
Condom use (%)	64.9	Source: IBSS 2014
Active syphilis (%)	17.98	Representative of Maseru and Maputsoe; Source: BSS 2015

Men who have sex with men

Population size estimate (#)	11 400	
HIV prevalence (%)	32.9	Source: IBSS, 2013-2014

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Knowledge of HIV status (%)	58.2	Source: CHARACTERIZING HIV PREVENTION, TREATMENT AND CARE NEEDS AMONG MEN WHO HAVE SEX WITH MEN AND FEMALE SEX WORKERS IN LESOTHO: ESTIMATES OF HIV PREVALENCE, RISK BEHAVIOR, AND POPULATION SIZE, 2015
Condom use (%)	62.2	

### People who inject drugs

Population size estimate (#)	2600	2014 est.
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### Prisoners

Antiretroviral therapy coverage (%)	80.1	Source: Lesotho Correctional Service Information of Inmates on HIV Care, 2017
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### Combination prevention

People receiving pre-exposure prophylaxis (PrEP) (#)	853	
Condom use at last high-risk sex among adults aged 15 to 49 (%)	76.3	Source: 2014 DHS

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- Condom use at last high-risk sex among women aged 15 to 49 (%)	76.0	Source: 2014 DHS
- Condom use at last high-risk sex among men aged 15 to 49 (%)	76.6	Source: 2014 DHS
Percentage of men 15-49 that are circumcised (%)	72.3	Source: DHS 2014
Male circumcisions performed (#)	25 150	

### Stigma and discrimination

Percentage of adults (15-49) who responded No to the question: Would you buy fresh vegetables from a shopkeeper or vendor if you knew that this person had HIV?	13.9	Source: 2014 DHS
Percentage of adults (15-49) who responded No to the question: Do you think that children living with HIV should be able to attend school with children who are HIV negative?		
Percentage of adults (15-49) who responded No to both questions		

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Sex workers: Avoidance of health care because of stigma and discrimination (%)	8	Refers to avoidance of health care due to fear of stigma and discrimination; Source: CHARACTERIZING HIV PREVENTION, TREATMENT AND CARE NEEDS AMONG MEN WHO HAVE SEX WITH MEN AND FEMALE SEX WORKERS IN LESOTHO: ESTIMATES OF HIV PREVALENCE, RISK BEHAVIOR, AND POPULATION SIZE, 2015
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Gender

<b>Women aged 15-49 who have their demand for family planning satisfied by modern methods (%)</b>	<b>78.9</b>	<b>Source: 2014 DHS</b>
Women aged 15-19 who have their demand for family planning satisfied by modern methods (%)	71.5	Source: 2014 DHS
Women aged 20-24 who have their demand for family planning satisfied by modern methods (%)		
Women aged 25-49 who have their demand for family planning satisfied by modern methods (%)		

Young people

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<b>Knowledge about HIV prevention among young people aged 15-24</b>	<b>35.51 177 496</b>	<b>Source: DHS 2014</b>
Knowledge about HIV prevention among young women aged 15-24	37.6	Source: DHS 2014
Knowledge about HIV prevention among young men aged 15-24	30.9	Source: DHS 2014

### Cervical cancer and HIV

Cervical cancer screening among women living with HIV (survey data)	29	Source: 2014 DHS; reported having undergone a Pap smear
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