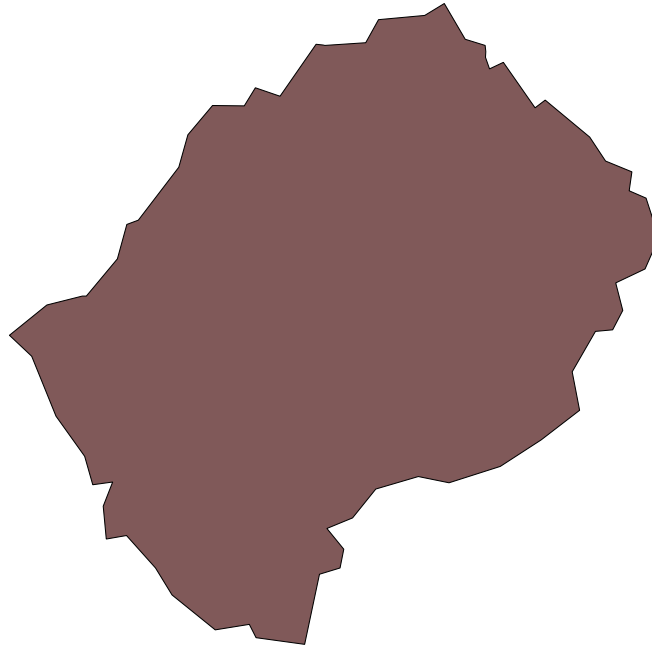


LESOTHO

Factsheets of Health Statistics 2016



African
Health
Observatory



Better information, better action on health



REGIONAL OFFICE FOR

**World Health
Organization**

Africa

Lesotho

Health status and trends

Introduction

Population (Source: WHO 2016)			Population (Source: WHO 2015)					
Population (in thousands) total	2005	1,926	Population					
	2006	1,940	2010	2011	2012	2013		
	2007	1,956	Aged over 60 %	6.3	6.0	6.3	6.3	
	2008	1,972		Aged 15-59 %	56.3	57.0	56.9	57.4
	2009	1,990			Aged under 15%	37.4	37.0	36.8
	2010	2,011						
	2011	2,033						
	2012	2,057						
	2013	2,083						
	2014	2,109						
2015	2,135							

Health status and trends

Life expectancy (Source: WHO 2016)						
	2000			2015		
	Both sexes	Female	Male	Both sexes	Female	Male
Healthy Life expectancy at birth (years)	43	44	42	47	48	45

Adult mortality (Source: WHO 2015)						
	1990			2013		
	Both sexes	Female	Male	Both sexes	Female	Male
Adult mortality rate (probability of dying between 15 and 60 years per 1000 population)	270	247	297	530	492	577

Maternal mortality (Source: WHO 2015)							Child mortality (Source: WHO 2015)			
	1990	1995	2000	2005	2013	2015				
							1990	2000	2015	
Maternal mortality ratio (per 100 000 live births)	720	630	680	670	490	487	Under-five mortality rate (deaths per 1,000 live births)			
							86	115	90	
							Infant mortality rate (probability of dying between birth and age 1 per 1000 live births)			
							70	81	69	

Age standardized deaths (Source: WHO 2015)			
	2000		2012
	Age-standardized mortality rate by cause (per 100 000 population)	All Causes	2,086.5
	Communicable	1,260.4	1,110.5
	Noncommunicable diseases	693.9	671.8
	Injuries	132.2	142.5
	Malignant neoplasms (CANCER)		73.1
	Cardiovascular diseases		306.7
	Chronic Respiratory diseases		91.9
	Diabetes mellitus		74.1

Burden of disease (Source: WHO 2015)			
	2000		2012
	Distribution of years of life lost by major cause group (%)	Communicable	78
	Noncommunicable diseases	14	15
	Injuries	8	10

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Progress on the MDGs

Health MDGs

MDG - 4: Reduce child mortality

Target 4.A: Reduce by two thirds, between 1990 and 2015, the under-five mortality rate
(Source: WHO, 2015)

	1990	2015	MDG Target 2015	Reduction (%)	Progress on the MDGs
Under-five mortality rate (deaths per 1,000 live births)	86	90	67	-2	Not achieved
Measles (MCV) immunization coverage among 1-year-olds (%)	80	92	100	15	Achieved

MDG - 5: Improve maternal health

Target 5.A: Reduce by three quarters, between 1990 and 2015, the maternal mortality ratio
(Source: WHO, 2015)

	1990	2015	MDG Target 2015	Reduction (%)	Progress on the MDGs
Maternal mortality ratio (per 100 000 live births)	629	487	75	23	Not achieved

Target 5.B: Achieve, by 2015, universal access to reproductive health
(Source: WHO, 2015)

	2007-2014	MDG Target 2015	Progress on the MDGs
Antenatal care coverage at least one visit		100.00	Not achieved
Births attended par skilled health personnel (%)	62.00	90.00	Not achieved
Unmet need for family planning (%)	23.00	0.00	Not achieved

MDG - 6: Combat HIV/AIDS, malaria and other diseases

Target 6.A: Have halted by 2015 and begun to reverse the spread of HIV/AIDS
Target 6.B: Achieve, by 2010, universal access to treatment for HIV/AIDS for all those who need it
Target 6.C: Have halted by 2015 and begun to incidence of malaria and other major diseases
(Source: WHO, 2015)

	1990	2000	2007	2014	MDG Target 2015	Reduction (%)	Progress on the MDGs
Incidence of HIV (%)		2.83		2.01	0.00	28.98	Achieved
Antiretroviral therapy coverage (%)			26.00	35.00	80.00		Not achieved
Malaria incidence (%)					75.00		Not categorized
Tuberculosis mortality rate (per 100 000 population per year)	22.00			46.00	50.00	28.13	Not achieved

Health-Related MDGs

MDG - 7: Ensure environment sustainability

Target 7.C: Halve, by the proportion of people without sustainable access to safe drinking water and basic sanitation
(Source: WHO, 2015)

	1990	2015	MDG Target 2015	Reduction (%)	Progress on the MDGs
Population using improved drinking-water sources (%)	77.40	81.80	50.00	19.47	Not achieved
Population using improved Sanitation (%)		30.30	50.00	8.41	Not achieved

MDG - 1: Eradicate extreme poverty and hunger

Target 1.C: Halve, between 1990 and 2015, the proportion of people who suffer from hunger
(Source: WHO, 2015)

	1990-1995	2006-2012	MDG Target 2015	Reduction (%)	Progress on the MDGs
Children aged <5 years underweight (%)	13.8	13.5	7.0	0.1	Not achieved

Other MDGs

MDG - 2: Achieve Universal Primary Education

Target 2.A: Ensure that, by 2015, children everywhere, boys and girls alike, will be able to complete a full course of primary schooling
(Source: UNICEF, 2015)

	2007-2014	MDG Target 2015	Progress on the MDGs
Percentage of net enrolment ratio in primary education	80.0	100.0	Not on track

MDG - 3: Promote Gender Equality and Empower Women

Target 3.A: Eliminate gender disparity in primary and secondary education, preferably by 2005, and in all levels of education no later than 2015
(Source: UNICEF, 2015)

	2007-2014	MDG Target 2015	Progress on the MDGs
The gender parity index in percentage of net enrolment ratio in primary education	0.98	1.00	On track

MDG - 8: Develop a global partnership for development

Target 8.A: Develop further an open, rule-based, non discriminatory trading and financial system
Target 8.D: In cooperation with pharmaceutical companies, provide access to affordable essential drugs
(Source: World Bank, 2015)

	Private	Public		
Median availability of selected generic medicines, 2007-2013				
Median consumer price ratio of selected generic medicines, 2007-2013				
	1990	2005	2011	2013
Official development assistance (ODA) received as percentage of GDP	22.60	4.70	9.08	11.20

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The health system

Health financing

Source: WHO 2015

	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
External resources for health as a percentage of total expenditure on health	6.0	3.6	2.4	2.9	3.6	3.0	6.1	5.2	12.4	13.0	16.8	12.1	10.7	16.3	24.4	19.5	26.3	30.2	35.1
General government expenditure on health as % of GDP	3.6	3.8	3.1	3.3	3.2	3.5	4.4	3.8	4.0	3.9	3.3	4.2	5.6	6.1	7.0	8.1	9.2	9.5	9.1
General government expenditure on health as a percentage of total expenditure on health	47.7	50.4	46.4	47.8	47.9	50.2	58.1	55.5	56.6	56.5	52.6	58.7	66.1	68.5	71.4	74.5	77.5	78.6	79.1
General government expenditure on health as a percentage of total government expenditure	6.4	6.3	5.1	6.0	5.9	6.3	8.8	7.4	8.3	8.7	6.7	7.8	10.0	9.8	11.0	13.2	14.5	14.5	14.5
Out-of-pocket expenditure as a percentage of total expenditure on health	42.1	39.5	41.3	37.4	37.2	35.4	30.1	30.7	30.0	30.0	32.7	28.5	23.4	21.8	19.7	17.6	15.6	14.8	14.4
Per capita government expenditure on health (PPP int. \$)	38.0	43.0	37.0	40.0	39.0	45.0	60.0	53.0	60.0	61.0	54.0	72.0	103.0	120.0	143.0	178.0	209.0	232.0	235.0
Per capita government expenditure on health at average exchange rate (US\$)	17.0	17.0	15.0	15.0	14.0	14.0	17.0	13.0	21.0	25.0	24.0	31.0	46.0	50.0	60.0	88.0	113.0	108.0	98.0
Per capita total expenditure on health (PPP int. \$)	80.0	85.0	80.0	83.0	82.0	90.0	103.0	96.0	105.0	107.0	102.0	123.0	156.0	175.0	200.0	238.0	270.0	295.0	297.0
Per capita total expenditure on health at average exchange rate (US\$)	37.0	34.0	32.0	31.0	29.0	29.0	28.0	24.0	36.0	45.0	45.0	52.0	69.0	73.0	84.0	118.0	146.0	138.0	123.0
Private prepaid plans as a percentage of private expenditure on health																			
Social security expenditure on health as a percentage of general government expenditure on health	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Total expenditure on health as a percentage of gross domestic product	7.5	7.5	6.7	6.8	6.8	6.9	7.5	6.9	7.1	7.0	6.3	7.1	8.5	8.9	9.8	10.9	11.9	12.1	11.5

Service delivery

Source: WHO 2015

	1994	1995	1996	1997	1999	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011
Smear-positive tuberculosis treatment-success rate (%)	56	47	71	63	69	71	71	70	69	73	66	67	73	70	69	74
Treatment success rate for new pulmonary smear-negative and extrapulmonary tuberculosis cases									49		60	56	66	64	64	66
Treatment success rate for retreatment tuberculosis cases			64	67	61	64		77		71	54	54	62	62	58	58

Universal coverage

Source: WHO 2015

	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
Expenditures for health as a proportion of total per person expenditure															0.64					
Out-of-pocket expenditure as a percentage of private expenditure on health	80.60	79.70	77.10	71.60	71.30	71.10	71.90	69.00	69.00	69.00	69.00	69.00	69.00	69.00	69.00	69.00	69.00	69.00	69.00	
Persons protected from out-of-pocket expenditures through a prepayment scheme															8.35					
Private expenditure on health as a percentage of total expenditure on health	52.30	49.60	53.60	52.20	52.10	49.80	41.90	44.50	43.40	43.50	47.40	41.30	33.90	31.50	28.60	25.50	22.50	21.40	20.90	
Proportion of births attended by skilled personnel																				77.90
Proportion of people with hypertension receiving antihypertensive treatment															46.63					
Satisfied need for family planning																				76.10

Health information, evidence and knowledge

Source: WHO 2015

	2007-2013	1994-2014
Percentage of civil registration coverage for births	45	
Percentage of civil registration coverage for Deaths		20


Source: UNSD, 2015

Distribution of censuses carried out in the last three census round (1985-1994, 1995-2004, 2005-2015)	3 Censuses
Plan of census data, 2005-2015	Census conducted

Leadership and governance

Source: WHO 2015

Comprehensive monitoring and evaluation plan	2012	No
Health financing strategy	2013	Not started

National health policies	2011 	2020
National Health Strategic Plans	2012 	2017

Health workforce

Source: WHO 2015

	2003	2014
Dentistry personnel density (per 1000 population)	0.0090	
Health management & support workers density (per 1000 population)	0.0030	
Nursing and midwifery personnel density (per 1000 population)	0.6230	
Pharmaceutical personnel density (per 1000 population)	0.0340	
Physicians density (per 1000 population)	0.0490	
Psychiatrists personnel density (per 10 000 population)		0.0450

Medical products, vaccines, infrastructures and equipment

Source: WHO 2015

	2014
Psychiatric beds (per 100 000 population)	11.70

Lesotho Diseases control

HIV/AIDS (Source: WHO 2015)					HIV/AIDS (Source: WHO 2015)										
	2001	2012	2013	2014		2007-2013									
Deaths due to HIV/AIDS (per 100 000 population)	858.0	755.0	778.0			Female	Male								
Prevalence (%) of HIV/AIDS among adults 15-45 years	14.8	17.5		23.4	Population aged 15-24 years with comprehensive correct knowledge of HIV/AIDS (%)	39	29								
HIV/AIDS incidence rate (per 100 000 population)	1,759.0	1,284.0	1,268.0		Prevalence (%) of condom use by adults aged 15-49 years during higher-risk sex	39	52								
Antiretroviral therapy coverage among people eligible for treatment (%)		54.0		35.0											
Tuberculosis (Source: WHO 2015)					Malaria (Source: WHO 2015)										
	2000	2011	2012	2014		2012	2013	2007-2013							
Deaths due to tuberculosis (per 100 000 population) among HIV-negative people	16		17	64	Malaria mortality rate (per 100 000 population)										
Prevalence of tuberculosis (per 100 000 population)	387		424	671	Malaria incidence rate (per 100 000 population)										
Tuberculosis incidence rate (per 100 000 population per year)	553		630	852	Children aged < 5 years (%) with fever who received treatment with any antimalarial										
Case-detection rate for all forms of tuberculosis (%)	95		83	49	Children aged < 5years (%) sleeping under insecticide-treated nets										
Smear-positive tuberculosis treatment-success rate (%)		74													
Neglected tropical diseases (Source: WHO 2015)															
	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
Number of new cases of leprosy	11	10	20	12	4	7	3	4	4	5	7	6			2
Annual incidence of dracunculiasis cases													0	0	0
Neglected tropical diseases Certification (Source: WHO 2014)															
Dracunculiasis certification status of countries at the beginning of the year	2000												Certified free of dracunculiasis		
Status of endemicity for blinding trachoma	2012												Non-endemic		
Noncommunicable diseases and conditions (Source: WHO 2014)					Noncommunicable diseases and conditions Age-standardized mortality rate by cause (per 100 000 population) (Source: WHO 2014)										
					2012		2012								
							Female	Male							
Distribution of causes of intentional and non-intentional injuries (% of total DALYs)	Falls				0.2	noncommunicables diseases	645		714						
	Fire, heat and hot substances				0.7		Cardiovascular diseases	310		302					
	Intentional injuries				3.2			Malignant neoplasms (cancer)	64		88				
	Other unintentional injuries				2.7				Chronic respiratory diseases	65		133			
	Poisonings				0.2					Diabetes mellitus	87		54		
	Road injury				1.9										
Unintentional injuries				6.3											
Distribution of causes of neuropsychiatric burden of diseases (% of total DALYs)	Alcohol use disorders				0.4										
	Bipolar disorder				0.2										
	Drug use disorders				0.4										
	Epilepsy				0.7										
	Migraine				0.2										
	Multiple sclerosis				0.0										
	Neurological conditions				1.3										
	Other neurological conditions				0.2										
	Parkinson's disease				0.0										
	Schizophrenia				0.1										
Distribution of causes of non-communicable burden of diseases (% of total DALYs)	Unipolar depressive disorders				1.5										
	Cardiovascular diseases				5.0										
	Congenital anomalies				1.5										
	Diabetes mellitus				1.4										
	Digestive diseases				0.9										
	Endocrine, blood, immune disorders				0.6										
	Genitourinary diseases				0.8										
	Malignant neoplasms				1.3										
	Musculoskeletal diseases				1.3										
	Oral conditions				0.2										
	Other neoplasms				0.1										
	Respiratory diseases				2.8										
	Sense organ diseases				0.6										
Skin diseases				0.4											