

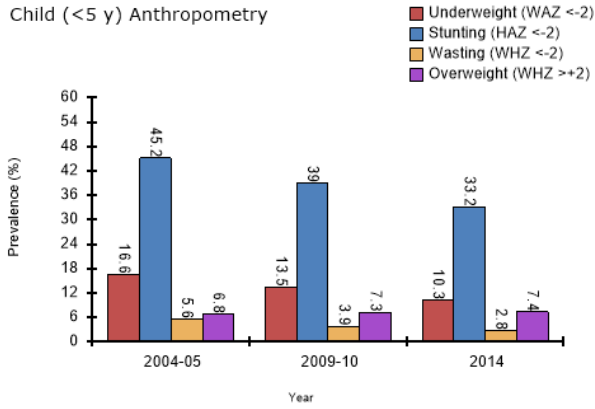
NLIS Country Profile: Lesotho



What are the current states of indicators contributing to a comprehensive view of nutrition for health and development in Lesotho? See **national** data below.

Child Malnutrition

Child (<5 y) Anthropometry



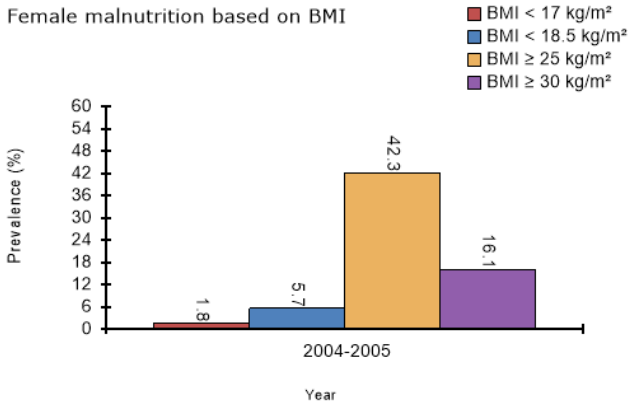
Indicator

Year Value Source Info

% Low birthweight (<2500 g)	2009	11.0	View
% Overweight (BMI-for-age >+1 SD) in school-age children and adolescents 5-18 years		no data	

Malnutrition in Women

Female malnutrition based on BMI



Vitamin and Mineral Deficiencies

Indicator

Year Value Source Info

% Anaemia children <5 y (Hb <110 g/L)	2011	48.0	View
% Anaemia in non-pregnant women (Hb <120 g/L)	2011	27.0	View
% Anaemia in pregnant women (Hb <110 g/L)	2011	31.0	View
% Clinical vitamin A deficiency in women(history of night blindness during most recent pregnancy)	2004-2005	4.4	View
% Subclinical vitamin A deficiency in preschool-age children (serum/plasma retinol <0.70 µmol/L)	1993	78.0	View
Median urinary iodine concentration (µg/L) in children 6-12 y	2002	214.7	View

Health Services

Indicator	Year	Value	Source Info
% Births attended by skilled health personnel	2014	77.9	View
% Population using improved drinking water sources	2015	81.8	View
% Population using an improved sanitation facility	2015	30.3	View
% Children aged 1 y immunized against measles	2016	90.0	View
% Pregnant women receiving iron and folic acid supplements		no data	
% Children <5 years with diarrhoea receiving ORT	2009	71.2	View
% Children with diarrhoea who received zinc	2014	1.0	View
% Children 6-59 months receiving vitamin A supplements (dose 1)	2013	66.0	View
% Children 6-59 months receiving vitamin A supplements (dose 2)	2013	99.0	View
% Births in baby-friendly facilities	2012	0.0	View
% Mothers of children 0-23 months who have received counselling, support or messages on optimal breastfeeding at least once in the last year		no data	

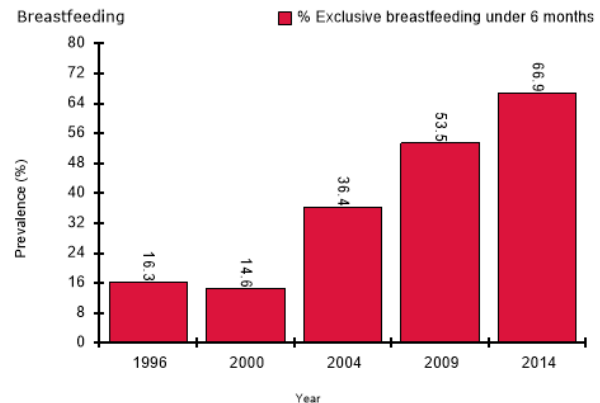
Food Security

Indicator	Year	Value	Source Info
% Population below \$1 per day	2010	56.2	View
% Population below minimum level of dietary energy consumption	2014-2016	11.2	View
Iodised salt consumption (% households consuming adequately iodised salt - 15 parts per million or more)	2009	79.0	View

Caring Practices

Indicator	Year	Value	Source Info
% Children 0-23 months who were put to the breast within 1 hour of birth		no data	
% Infants 6-8 months age who receive solid, semi-solid or soft foods		no data	
% Children 6-23 months who receive a minimum acceptable diet		no data	
% Children <5 y with diarrhoea receiving ORT and continued feeding	2009	47.6	View
% Women 15-19 years who are mothers or pregnant with their first child	2004	20.2	View

Breastfeeding



Commitment

Capacity

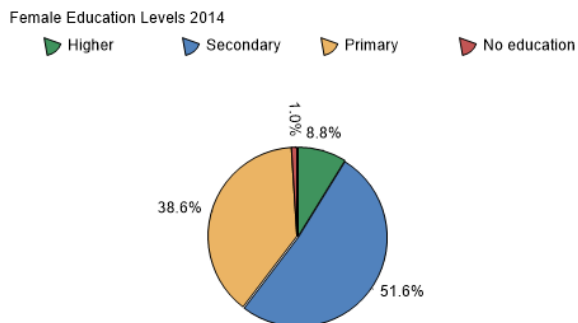
Indicator	Year	Value	Source Info
General government expenditure on health as % of total government expenditure	2014	13.1	View
Total expenditure on health as % of gross domestic product	2014	10.6	View
Per capita total expenditure on health (US\$)	2014	276.0	View
Nutrition component of the United Nations Development Assistance Framework (UNDAF)		no data	
Nutrition component of Poverty Reduction Strategy Paper (PRSP)		no data	
Nutrition Governance		no data	
Maternity leave	2013	12 weeks	View
International Code on Marketing of Breast-milk Substitutes: Legal status of the Code	2016	No legal measures	View

Indicator	Year	Value	Source Info
Degree training in nutrition exists		no data	
Nutrition is part of medical curricula		no data	
Number of trained nutrition professionals per 100,000 population		no data	
Nursing and midwifery personnel density per 1,000 population	2003	0.6	View
GDP per capita (PPP US\$)	2014	2,614	View
GDP per capita annual growth rate (%)	2014	2.0	View
Official development assistance (ODA) received (net disbursements) (% of GNI)	2013	11.2	View
Low-Income Food-Deficit Country (LIFDC)	2016	Yes	View

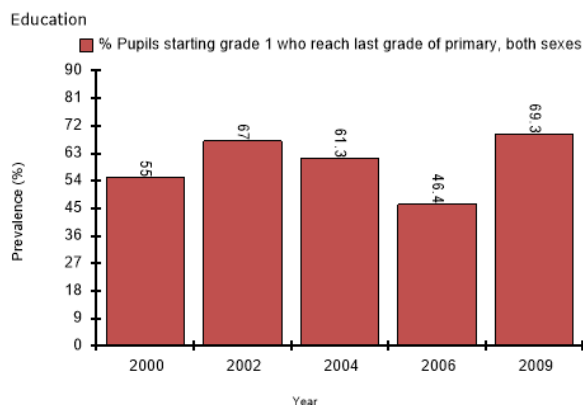
Meta-indicators

Indicator	Year	Value	Source Info
% Seats held by women in national parliament	2015	26.7	View
Averaged aggregate governance indicators	2013	-0.06	View
Gender Inequality Index (GII)	2013	0.537	View
Gender Parity Index in primary level enrolment (ratio of girls to boys)	2013	0.98	View
Global Hunger Index	2017	24.1	View
Human development index (HDI) value	2013	0.486	View

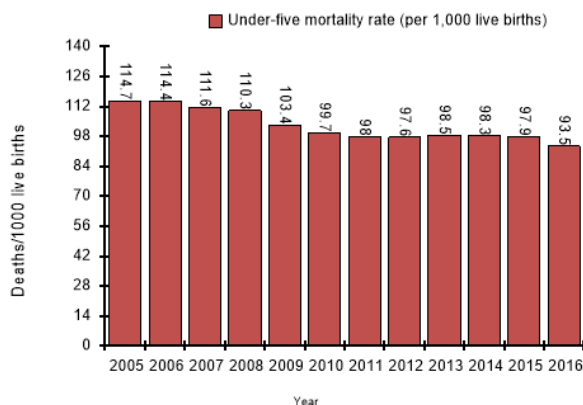
Female Education Levels



Education



Under 5 Mortality



Policies & Actions in the Global database on the Implementation of Nutrition Action (GINA)

Policy title	Start Year	View
United Nations Development Assistance Framework for Lesotho	2013	GINA
Lesotho United Nations Development Assistant Plan (LUNDAP)	2013	GINA
Poverty Reduction Strategy Paper - National Strategic Development Plan (NSDP) 2012/13-2016/17	2012	GINA
Health Sector Strategic Plan 2012/13-2016/17	2012	GINA
Lesotho National Plan of Action for Nutrition	1997	GINA
Labour Code	1992	GINA
Lesotho lodization Regulation, 1999		GINA

Programme title and actions	Start Year	View
Infant and Young Child Nutrition Project - Infant feeding in the context of HIV	2007	GINA

Send your questions and queries to NPUinfo@who.int
 Related Links & Resources [Nutrition For Health and Development Home Page](#)
<http://www.who.int/nutrition/>