# 2009 Namibia Health Facility Census



Sexually Transmitted Infections, Tuberculosis, and Malaria

# Outline

- Sexually
  Transmitted
  Infections (STIs)
- Tuberculosis
- Malaria

### **STIs: Background**

- Untreated STIs can lead to acute illness, infertility, long term disability, and even death.
- Untreated STIs, especially HSV-2, may increase risk of HIV transmission.

### STIs in the 2007 NDHS



STI or STI symptom

## STIs in the 2007 NDHS

• Of these adults, about 6 in 10 had sought care for their STI or STI symptoms from a health facility or a health professional.

#### NHFC: Availability of STI Services (Table 7.1)

Percentage among all facilities N=370)



**Type of Facility** 

#### **Managing Authority**

### **Availability of STI Services**



#### **Main Location of STI Services**

(Table 7.1)

Percent of facilities where STI services are available in indicated area among facilities offering STI services (N=370)

■ General outpatient ■ Special clinic
 ■ FP service area
 ■ OPD, FP, and ANC



#### Items to Support Quality STI Services (Table A-7.2)

Percent of facilities offering specific STI services (N=370)



# Items to Support Quality Examination for STI Services

(Table A-7.2)

#### Percent of facilities offering STI services (N=370)



# **Method for Diagnosing STIs**

#### (Table 7.2)

#### Percent among facilities offering STI services (N=370)



#### Testing Capacity for STIs (Table 7.2)

Percent among facilities offering STI services (N=370)



#### Least One Medication for STIs (Table A-7.3)

Percent among facilities offering STI services (N=370)



# Management Practices Supporting Quality Services for STIs

(Table 7.3)

Percent among facilities offering STI services (N=370)

Client register with entry made within past 7 days

Most recent entry > 7 days ago



### Management Practice: Training and Supervision of Providers

(Table 7.3)

Percent among facilities where STI providers were interviewed (N=368)



**Routine training** 

Routine personal supervision

### **Training Received by STI Service Providers**

(Table A-7.6)

Percent of interviewed STI service providers (N=930)

Received training in past 12 months

Received training 13-35 months before survey



# **Observed Client Counselling Sessions**

(Table A-7.11)

Percentage among observed client counseling session with the indicated counseling components (N=118)



# **Key Findings: STIs**

- STI services are widely available in every region.
- Overall, 88% of facilities have medicines available to treat each of 4 major STIs.
- Items are available in most facilities to provide quality STI services, including condoms, guidelines, and visual aids.
- Only 2/3 of facilities have all items needed for infection control and only 1/3 have all items needed for STI exam.
- Almost all facilities can treat the 4 major STIs.

# Outline

- Sexually Transmitted Infections (STIs)
- Tuberculosis
- Malaria

# **Tuberculosis: Background**

- TB is a major public health problem in Namibia with more than 13,000 cases reported in 2009.
- Drug-resistance TB is increasing, making treatment a larger challenge.
- About 40-50% of people with HIV will develop TB.

## **Availability of TB Services**

(Table 7.4)

#### Percent of facilities offering TB services (N=396)

📕 Hospital 🛛 📕 I

Health centre 🔄 Clinic 🔛 Sick bay

k bay 🛛 🔲 Total



Any TB diagnostic services

TB treatment or follow-up services

Any TB services

### Facilities Following DOTS Treatment (Table 7.4)

Percent of facilities with TB services providing treatment through DOTS (N=332)



### **Items to Support TB Services**

(Table A-7.11)

Percent among facilities following DOTs for TB (N=201)



### **Facilities Following DOTS Treatment**



### **Ability to Provide Sputum Test**

(Table A-7.13)

Percent of facilities (N=396)



# **Referral for HIV Testing**

#### (Table A-7.14)

#### Percent among those offering any TB services (N=345)

All Cases Routinely Referred

Only Suspect Cases Referred



# **Key Findings: Tuberculosis**

- 82% of all facilities provide any TB diagnosis, treatment, and/or followup.
- 61% of all facilities providing TB treatment follow the DOTS strategy
- 71% of facilities following DOTS have all firstline treatment medicines available.
- 77% of facilities can test sputum.
- 84% of facilities routinely refer newly diagnosed TB patients for HIV testing.

# Outline

- Sexually Transmitted Infections (STIs)
- Tuberculosis
- Malaria

# **Background: Malaria**

- Malaria is a major cause of morbidity and mortality in Namibia
- 600,000 cases of malaria are reported each year
- Malaria was the #1 cause of death between 1999 and 2002.
- 65% of the population live in malaria-endemic areas.
- The National Malaria Policy and Strategy aims to increase use of insecticide treated mosquito nets (ITNs) and improve treatment of malaria.
- In 2005 artemisin-based combination therapy (ACT) was introduced as the recommended malaria treatment.

# Malaria in the 2006-07 NDHS

- 20% of Namibian households have an ITN.
- Only 11% of young children and 9% pregnant women slept under an ITN the night before the survey.
- Only 11% of pregnant women took 2 doses of IPT (intermittent preventive treatment in the form of SP/Fansidar) during their last pregnancy.
- Among children with fever (the primary symptom of malaria) only 10% took an antimalarial drug.

### **Facilities with Malaria Treatment Services**

(Table 7.5)

Percent of facilities (N=396)



# Lab Diagnostic Capacity

(Table 7.5)

Percent of facilities among those offering malaria diagnosis and/or treatment (N=386)

📕 Blood smear 🛛 🖾 Rapid test



Overall, 95% of facilities can test for malaria.

## **Malaria Treatment Protocols**

(Table 7.5)

Percent of facilities among those offering malaria diagnosis and/or treatment that have treatment protocols in ANY relevant unit (N=386)



Hospital Health centre Clinic Sick bay

MoHSS Mission/NGO Private MOD/POLICE

# **Availability of First-Line Antimalarials**

(Table 7.5)

Percent of facilities among those offering malaria diagnosis and/or treatment that have 1<sup>st</sup>-line antimalarials in the facility (N=386)



Hospital Health centre Clinic

Sick bay

MoHSS Mission/NGO Private MOD/POLICE

# Availability of Antimalarials:

 Only 2% of facilities had stock-outs of 1<sup>st</sup> line antimalarials in the 6 months before the SURVEY. (Table 7.5)

# **Provider Training**

#### (Table 7.6)

Percent of facilities among those offering malaria diagnosis and/or treatment where at least 1 service provider has received training in diagnosis or treatment (N=386)



# Exam and Treatment of Children with Malaria

(Table 4.5)

Percent of observed children diagnosed with malaria by treatment received (N=126)



# **Provision of ITNs**

(Table 7.6)

Percent of facilities among those offering malaria diagnosis and/or treatment (N=386)

Distribute free ITNS to ANC clients

ڬ Have ITNS in facility



# **ITNs for ANC Clients**

(Table A-6.19.1)

Among observed ANC clients, percent who were counselled on various topics



Importance of using ITN explained

Given ITN free of charge

# **IPT for ANC Clients**

#### (Table A-6.19.2)

#### Percent among observed ANC clients

First-visit ANC client (N=390)

□ Follow-up ANC client (N=469)



# Key Findings: Malaria

- 87% of facilities offer malaria diagnosis and/or treatment.
- 95% of facilities can test for malaria either by microscopy or rapid test.
- 3 out of 4 facilities have antimalarial medications, and stockouts are rare.
- Most children with malaria diagnosis are given an antimalarial; only half receive a 1<sup>st</sup>-line medication.

# Key Findings: Malaria

- Fewer than 10% of ANC clients received free ITNs.
- Very few clients received information about IPT.