



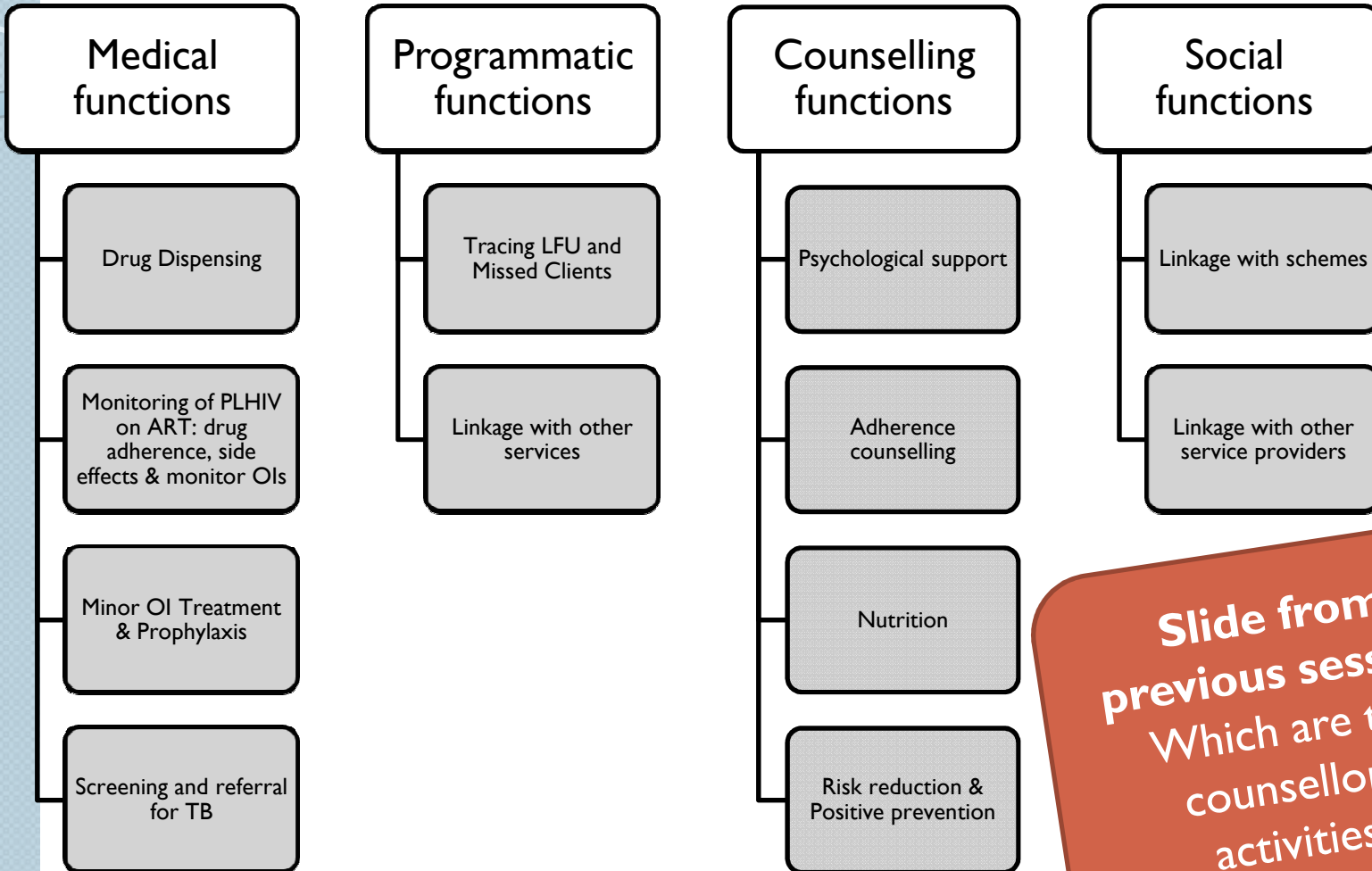
# Counselling at the Link ART Centre

National AIDS Control Organisation

# Session Objectives

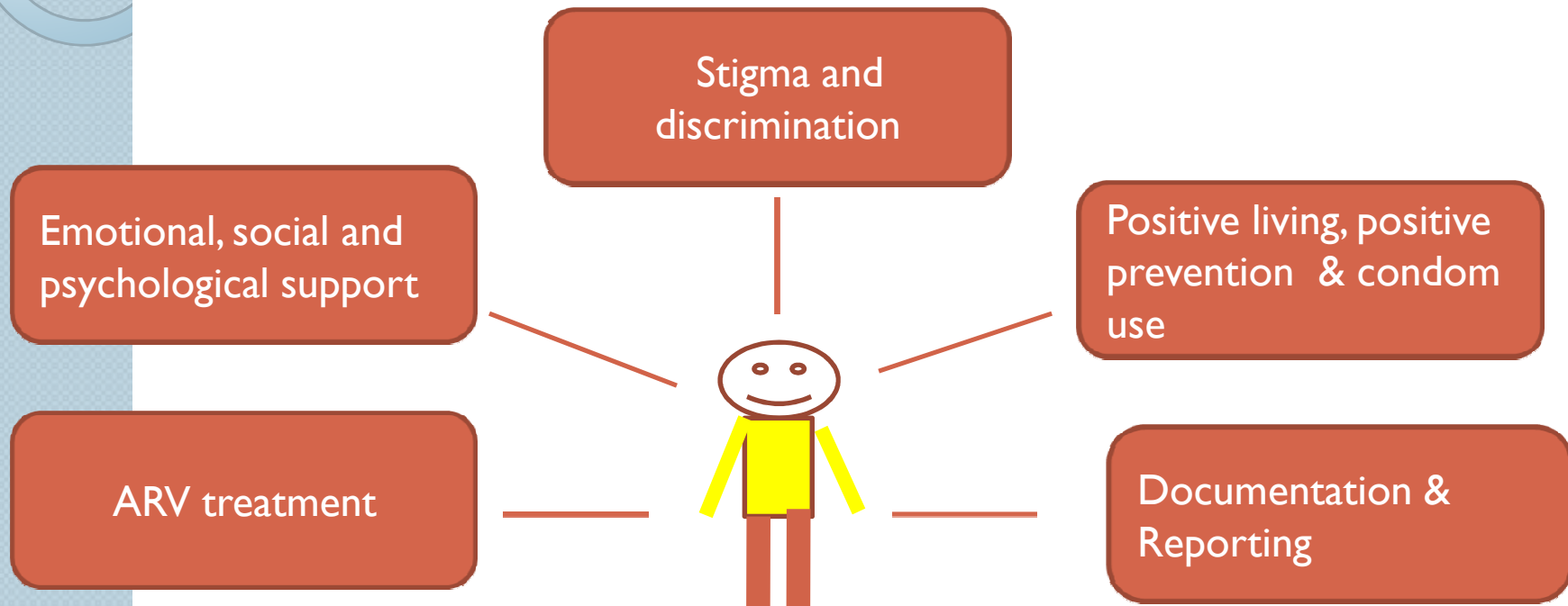
- State the needs of clients visiting the LAC
- Compare counselling at the LAC with counselling at the ICTC
- Describe the stages of counselling in relation to work at the LAC

# Functions of the LAC



**Slide from previous session:**  
Which are the counsellor's activities?

# Role of the LAC counsellor



# Positive Prevention

- Prevention efforts by PLHIV:
  - Actions to prevent HIV super-infection, STIs & OIs
  - Prevention of HIV transmission to others.
- Practice positive prevention through
  - Safer sex practices (also prevents STI)
  - Safe injection practices
  - Healthy lifestyle (proper diet, exercise & adequate rest) to prevent OIs
  - Seek medical care at onset of OI symptoms

# Activity: Brainstorm Counselling at the LAC

- How is counselling at the LAC different from counselling at the ICTC?
- How is it similar?



# Counselling: ICTC and LAC

Important  
slide

## ICTC

## LAC

Focus

- Testing and Related issues

Prevention  
messages

- ART Adherence
- Psycho-social support for living with HIV

Counselling  
experience  
for clients

- Therapy virgin

- Experienced through ICTC & ART experiences

Duration of  
counselling  
relationship

- Usually time-limited and brief

- Longer

# Activity

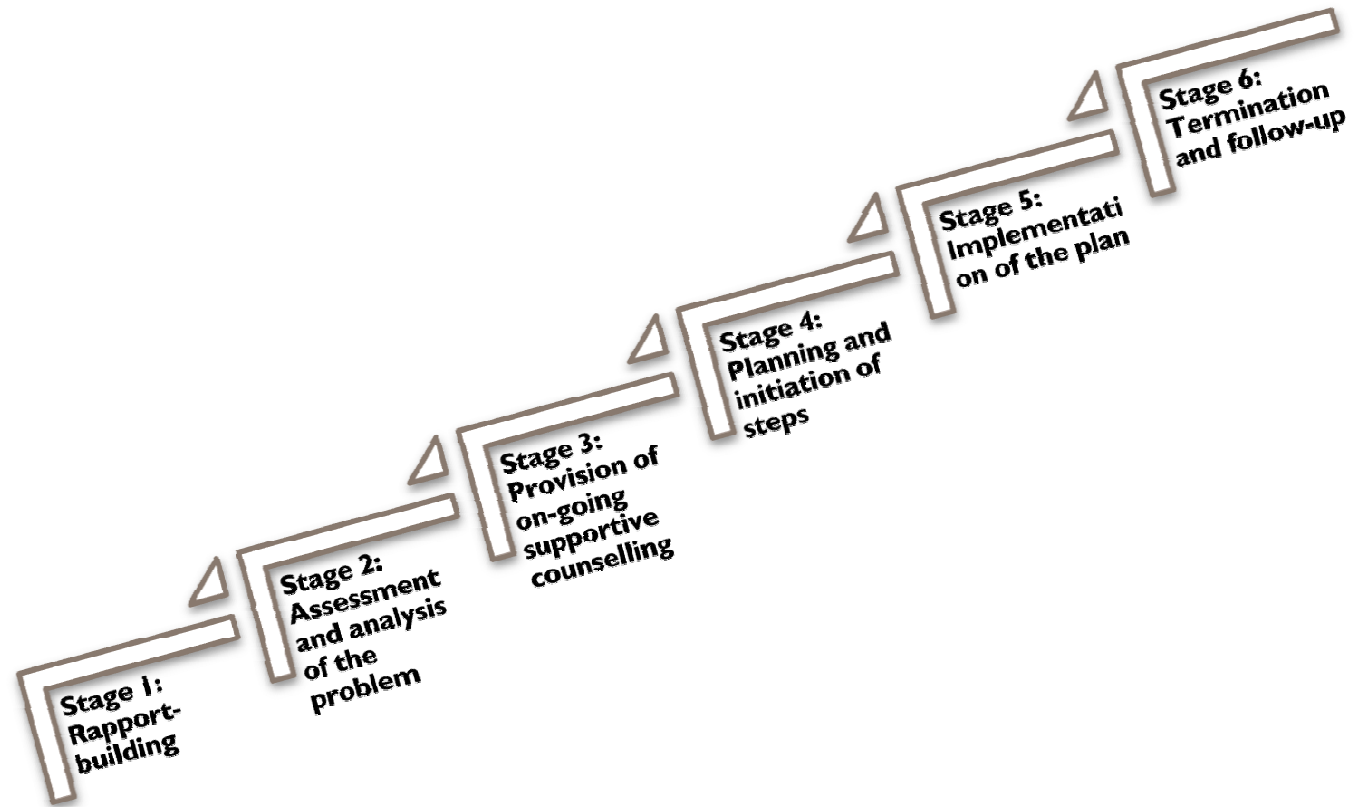
- Trainees please fill the table in your handouts on the Differences between LAC and ICTC





# Stages of Counselling

Important  
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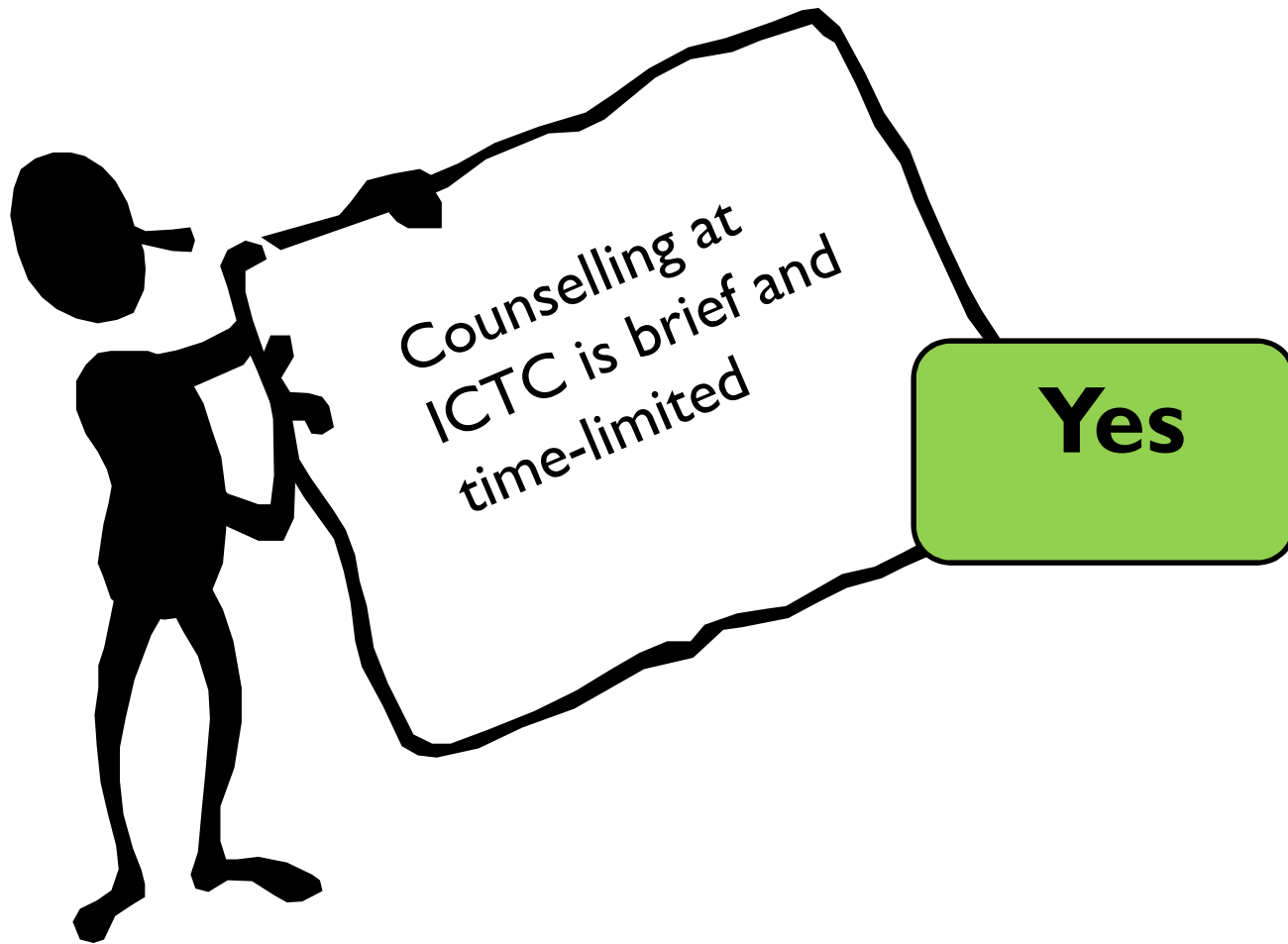


# Activity

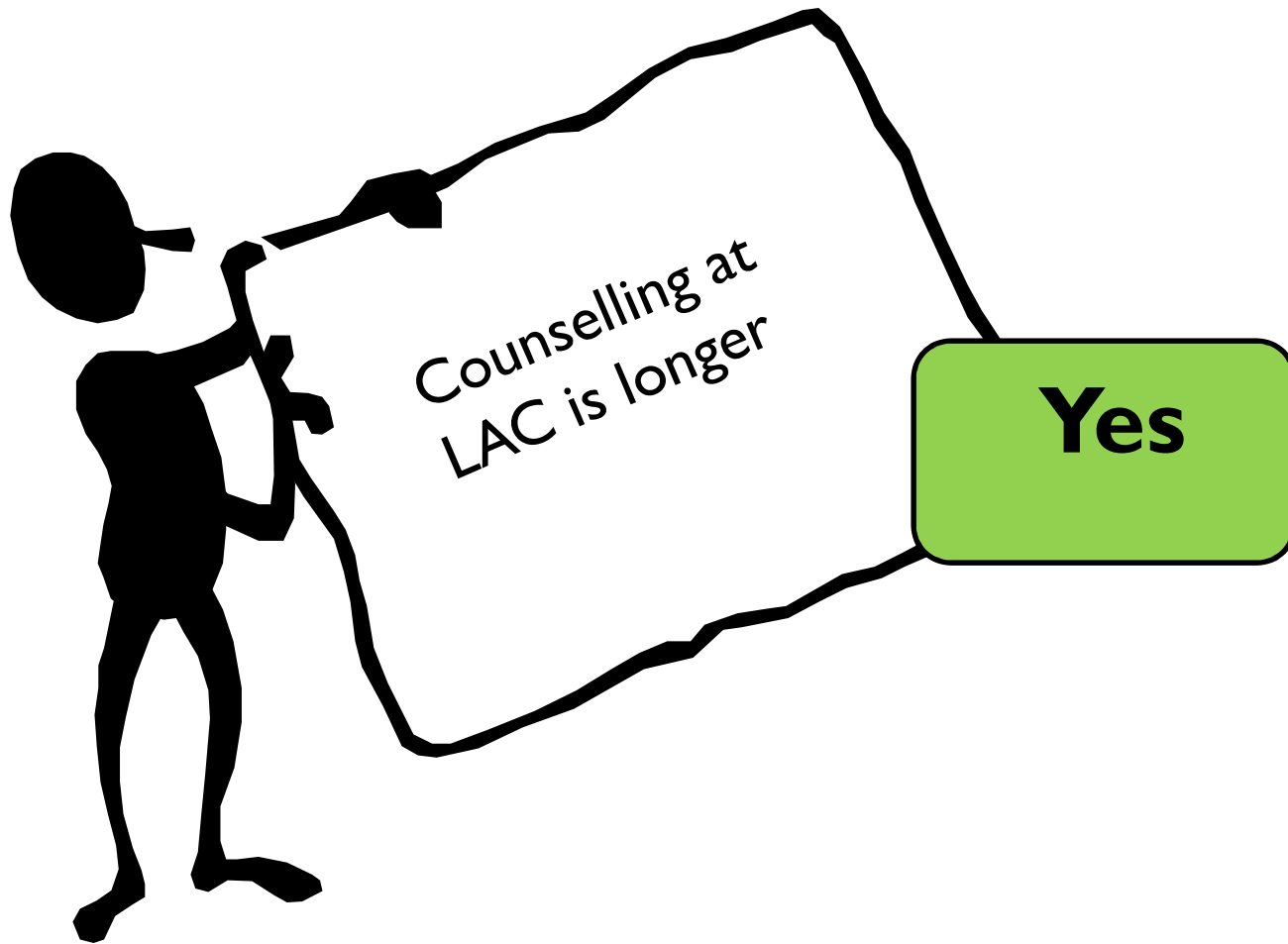
- Let us check our understanding of counselling at the LAC



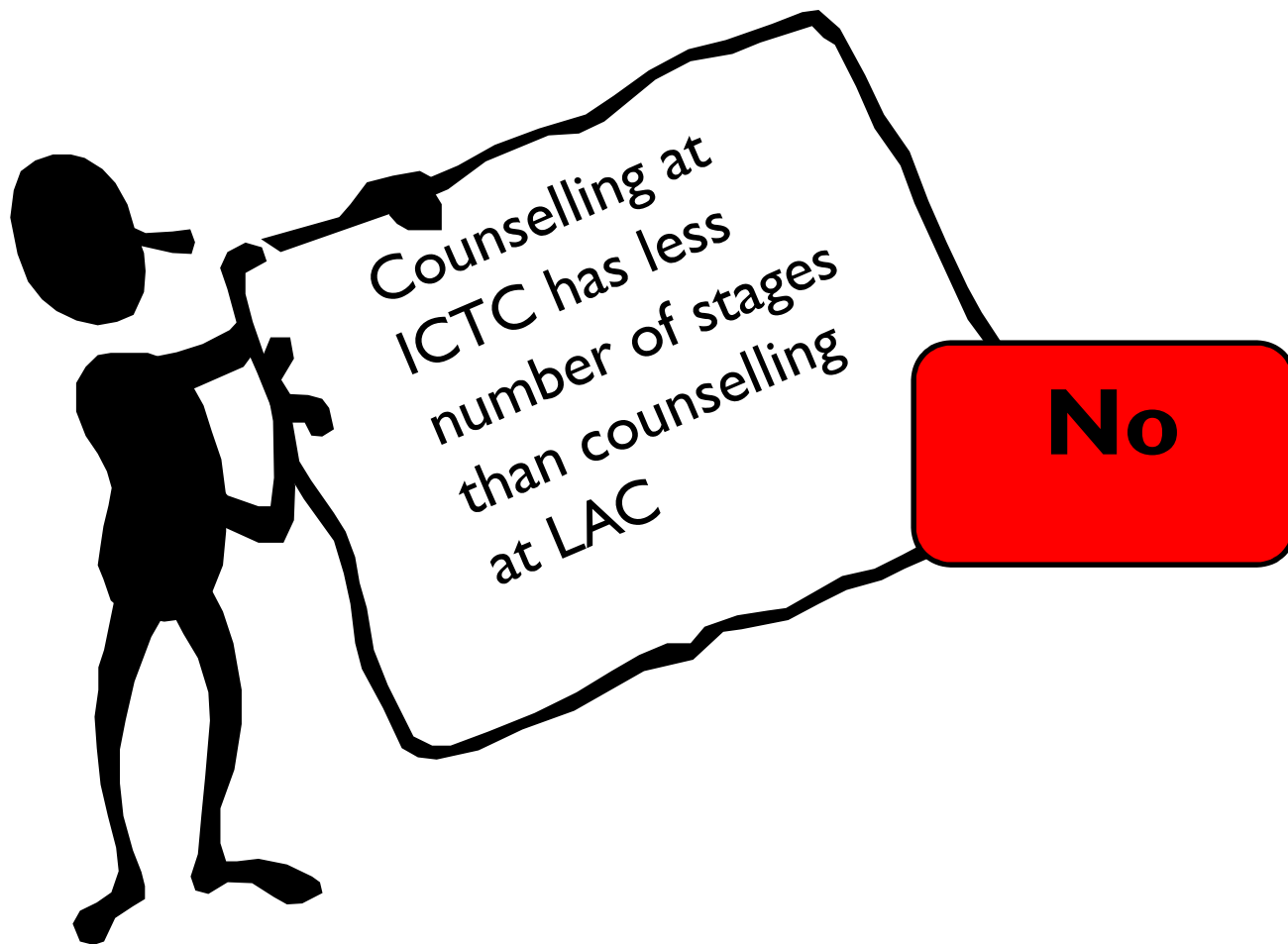
# Say Yes or No.



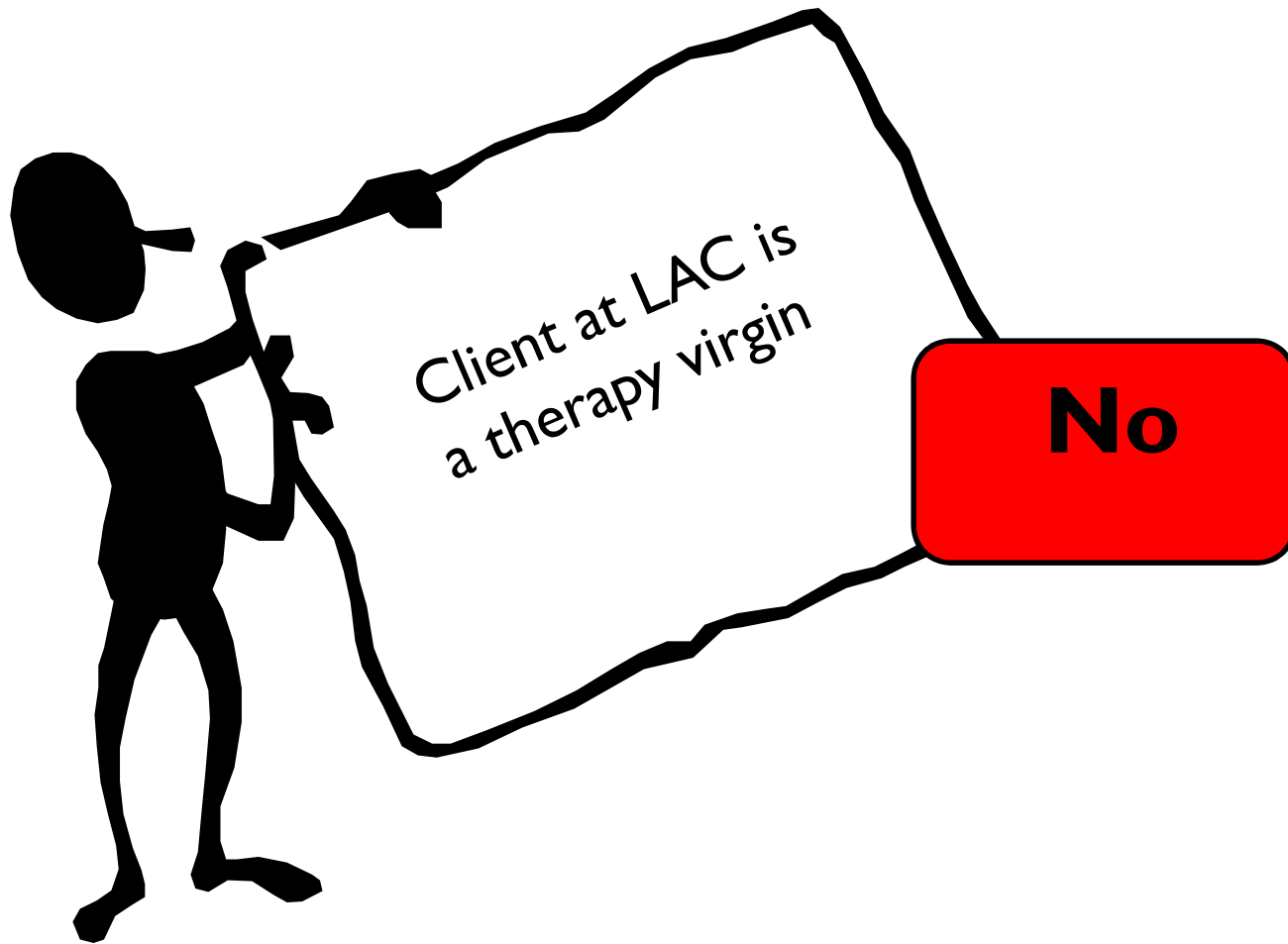
# Say Yes or No.



# Say Yes or No.



Say Yes or No.



# Say Yes or No.



# Say Yes or No.





# Activity: Group Discussion on Stages of Counselling at the LAC

- Let us check our understanding of counselling at the LAC

