

Government of Nepal Ministry of Health National Centre for AIDS and STD Control Teku, Kathmandu



Factsheet 4: Management of Sexually Transmitted Infections (STIs), as of Asar 2073 (July 2016)

Background about STIs in Nepal

- Key interventions for management of STI in Nepal are targeted Behavior Change Communication (BCC), condom promotion and distribution, diagnosis and treatment of STIs (both syndromic and etiological management) and referral services.
- STI management services are available from Government Health Facilities and NGOs for key population.
- >>> Nepal has been following WHO recommended approach for the management of STIs in patients with recognized signs and symptoms.
- The first National STI Case Management Guideline was developed in 1995 and revised in 2014.
- Repeated Integrated Biological and Behavioral Surveillance (IBBS) Surveys are the main source of information for STI prevalence among key population in Nepal.





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<u>Source:</u> Integrated Bio-Behavioural Surveillance (IBBS) Survey MSW: Male Sex Workers, Non- MSW: Non Male Sex Workers , MSM: Men who have sex with Men



<u>Source:</u> Integrated Bio-Behavioural Surveillance (IBBS) Survey CT: Chlamydia Trochomatis ; NG: Neisseria Gonorrhea







| | | - | Prevalence of Syphilis |
|---|-----------------------------------------|--------------------------------|------------------------|
| 1 | Female Injecting Drug Users | Kathmandu Valley (2016) | 7.5 |
| 2 | Men who have Sex with Men / Transgender | Terai Highway Districts (2016) | 9.4 |
| 3 | Truckers | Terai Highway Districts (2016) | 0.3 |

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